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## **Solid-phase microextraction method for the determination of volatile compounds associated to oxidation of fish muscle**

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12 **Abstract**

13 A procedure for the determination of volatile compounds derived from lipid oxidation of fish  
14 muscle samples is presented. Analytes are concentrated on a solid-phase microextraction fiber  
15 employed in headspace mode (HS-SPME), and selectively determined using gas chromatography in  
16 combination with mass spectrometry (GC-MS). The influence of several parameters on the  
17 efficiency of microextraction such as type of fiber, volume of sample, time, temperature, salting out  
18 effect and stirring was systematically investigated. A saline extraction of fish muscle followed by  
19 incubation on a CAR-PDMS fiber during 30 minutes at 60 °C gave the most effective and accurate  
20 extraction of the analytes. Quantification of them was performed by MS in selected ion monitoring  
21 mode (SIM) and by the internal standard method. Satisfactory linearity, repeatability and  
22 quantification limits were achieved under these conditions. The method was applied for determining  
23 the volatile compounds associated to oxidation of Atlantic Horse Mackerel (*Trauchurus*  
24 *trauchurus*) minced muscle and excellent correlations were obtained with chemical indexes for  
25 monitoring lipid oxidation as peroxide value and thiobarbituric acid reactive substances. This  
26 combined technique is fast, simple, sensitive, inexpensive and useful to monitor target compounds  
27 associated to fish rancidity as 1-penten-3-ol, 2,3-pentanedione or 1-octen-3-ol.

28  
29 Keywords: SPME, fish, volatiles, lipid oxidation, gas chromatography/mass spectrometry

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## 32 1. Introduction

33 Fatty fish is an important and nutritional seafood particularly owing to the high concentration of  
34 polyunsaturated fatty acids (PUFAs), eicosapentaenoic acid (20:5 $\omega$ -3) (EPA) and docosahexanoic  
35 acid (22:6 $\omega$ -3) (DHA) [1]. Degradation of PUFAs by auto or enzymatic oxidation during storage  
36 and processing of fatty fish, easily leads to the formation of volatiles associated with rancidity [2].  
37 For this, lipid oxidation has long been recognized as a leading cause of quality deterioration in fish  
38 muscle foods and is often the decisive factor in determining their shelf-life [3]. Most effort has been  
39 devoted to chemical methods aimed to measure oxidation. Peroxide value (PV) and the 2-  
40 thiobarbituric acid reactive substances assay (TBARS) are common measurements of lipid  
41 oxidation; however, because peroxides are decomposing to secondary products relatively quickly,  
42 and TBARS is not specific for malonaldehyde, the measurement of volatile compounds has become  
43 a well accepted indicator of lipid oxidation [4].

44 Several volatiles have been associated to the characteristic odors and flavors of oxidized fish,  
45 described as rancid, painty, fishy and cod-liver like [2]. Oxidation of unsaturated fatty acids in fish  
46 was related to the formation of *E*-2-pentenal, *E*-2-hexenal, *Z*-4-heptenal, (*E,E*)-2,4-heptadienal and  
47 2,4,7-decatrienal [1]. Other volatiles formed during oxidation of fish lipids are 1-penten-3-ol, 1-  
48 octen-3-ol, 1,5-octadien-3-one and 2,6 nonadienal, some of them having high odor impact [5, 6].  
49 Fish volatiles have been conventionally analyzed by gas chromatographic (GC) techniques. GC  
50 analyses for volatiles correlate with flavor scores by sensory analyses and detect low levels of  
51 oxidation in oils and foods [1]. Simultaneous steam distillation with solvent extraction has been  
52 employed for determining volatiles in fish muscle [7, 8] but is time- and solvent-consuming, which  
53 may result in the loss or degradation of some of the volatile compounds [9]. Analysis of volatiles in  
54 fish and seafood has been widely performed by several headspace techniques [10-15]. Both,  
55 dynamic head space and purge-and-trap (DHS techniques) coupled with gas chromatography have  
56 been extensively used for the analysis of aroma compounds in fish muscle and provided better  
57 sensitivity and efficacy than static head space. However, DHS techniques are more complex and  
58 expensive than other sample introduction systems and are not convenient for routine analysis [4].

59 Solid-phase microextraction (SPME) is an alternative extraction technique developed by Pawliszyn  
60 and co-workers in the early 90's that combines sampling and sample preparation in one step [16]. It  
61 is a solventless and economical method for sample preparation before gas chromatography and  
62 provides several advantages over other well established techniques for analyzing volatiles in foods  
63 in terms of sensitivity, selectivity and suitability for routine analysis [17]. This technique, used in  
64 the head space mode (HS-SPME), is particularly suitable for the analysis of volatiles and has been  
65 used for the analysis of flavor and freshness in several foodstuffs included seafood. The method has  
66 been applied to determine the concentration of aliphatic amines [18], volatiles of yellowfish tuna  
67 [19], differences in volatiles of raw and smoked fish species [20], the volatile composition of fish  
68 stored under controlled atmospheres and its relationship with the flavor [21] or the oxidative  
69 stability of microencapsulated fish oils [22].

70 SPME based techniques require careful optimization and selection of several parameters having  
71 significant influence in the analyses. Variables such as the type of fiber which determines the  
72 specificity of the extraction, the sample amount, the time and temperature of extraction, the  
73 salting-out effect or the desorption time of the fiber in the injector affect the preconcentration  
74 efficiency. In a recent paper, an optimization and detailed study of these parameters have been  
75 performed in order to propose a HS-SPME method for the analysis of oxidation products formed in  
76 fish oil enriched foods [23].

77 In this paper, a method based on HS-SPME coupled to GC-MS is proposed for the analysis of  
78 volatile compounds formed from lipid oxidation of fish muscle. The suitability of different fiber  
79 coatings has been determined. Then, the influence of the main factors affecting the microextraction  
80 has been extensively studied. The method has been carefully validated and was applied to  
81 determinate the lipid oxidation occurred in Atlantic Horse Mackerel minced muscle during chilled  
82 storage. The results obtained for volatiles were correlated with PV and TBARS indexes.

## 83 2. Experimental

### 84 2.1. Reagents

85 Acetaldehyde, propanal, butanal, pentanal, hexanal, heptanal, octanal, nonanal, 2-ethylfuran, 2-  
86 pentylfuran, *E*-2-pentenal, *E*-2-hexenal, *E*-2-heptenal, *Z*-4-heptenal, 1-penten-3-one, 1-penten-3-ol,  
87 1-octen-3-ol, 2,3-pentanedione, (*E,E*)-2,4-heptadienal and 3-methyl-3-buten-1-ol (internal standard)  
88 was obtained from Sigma-Aldrich (Steinheim, Germany). All chemicals and solvents used were  
89 either analytical or HPLC grade (Ridel-Haën, Seelze, Germany).

90

### 91 2.2. Materials

92 Four different coating fibers for HS-SPME were tested: 75µm Carboxen/polydimethylsiloxane  
93 coating (CAR-PDMS), 65µm polydimethylsiloxane/divinylbenzene coating (PDMS-DVB), 2 cm-  
94 50/30 µm Carboxen/polydimethylsiloxane/divinylbenzene (CAR-PDMS-DVB) and 65µm  
95 Carbowax/divinylbenzene coating fibers. These fibers were selected according to the different  
96 polarities and molecular weights of the studied analytes and since they were tested for  
97 determination of volatile compounds in several food matrixes [24-26]. They were obtained from  
98 Supelco (Bellefonte, PA, USA).

99 Oxidized Atlantic Horse Mackerel (*Trauchurus trauchurus*) muscle was used for method  
100 optimization. The oxidation was carried in our laboratory by holding it at -20 °C during 7 months. A  
101 PV of 18.7 mequivO<sub>2</sub>/kg lipid was achieved after this storage period. For the chilled experiments,  
102 fresh Atlantic Horse Mackerel, caught the night before of the study, was supplied by a local market  
103 (peroxide value of 0.45 mequivO<sub>2</sub>/kg lipid) and was composed by 2.3% of lipid. The lipid  
104 composition is indicated in Table 1.

### 105 2.3. HS-SPME-GC method.

106 The oxidized Atlantic Horse Mackerel muscle was used for studying the different parameters  
107 affecting the SPME.

108

#### 109 2.3.1. Extraction of volatile compounds.

110 For such purpose, 3 grams of oxidized minced muscle were homogenized for 2 minutes with a  
111 volume of 8 mL of ultrapure water or 8 mL of ultrapure water saturated in NaCl. The mixture was  
112 centrifuged (10 minutes, 3500 rpm) and a volume of supernatant, depending on the experiment, was  
113 successively analyzed.

114

#### 115 2.3.2. Fiber selection

116 The different fibers were exposed to the head space of 1 mL of the saline extract obtained from the  
117 oxidized fish homogenate during 15 minutes at 60 °C. The volatiles were desorbed in the GC  
118 injection port for 10 minutes at 300 °C for CAR-PDMS, at 250 °C for PDMS-DVB fiber, at 270 °C  
119 for CAR-PDMS-DVB fiber and at 220 °C for CW-DVB fiber according to technical  
120 recommendations. The absence of artifacts due to compounds remained into the fiber after  
121 desorption was also checked.

122

#### 123 2.3.3. Experimental conditions for CAR-PDMS fiber.

124 The influence of salting out and stirring on the yield of the volatile extraction from fish muscle was  
125 evaluated after the extraction of 3 grams of oxidized minced fish muscle according with the  
126 conditions described above. A volume of 6 mL was then extracted by CAR-PDMS fiber during 15  
127 minutes to 60 °C with and without stirring.

128 A factorial design was performed to evaluate other parameters affecting the HS-SPME extraction  
129 efficiency as temperature and time of extraction and sample amount. The experiments were  
130 performed with saline extracts from oxidized fish muscle and with stirring. A two-level factorial  
131 design (2<sup>3</sup>) was selected. This design was used to obtain the surface responses, fitting the data to a  
132 mathematical model, and to know what factors are statistically significant evaluating the effects of  
133 each factor and the interactions between factors. Two centerpoints were added and all the  
134 experiments were randomly performed. Corresponding experimental conditions studied are shown

135 in Table 2. The interval of sample amount was established between 0.5 and 6 mL. The upper limits  
136 of temperature and time (60 °C and 30 minutes) were established in order to keep the composition  
137 of the fish muscle extracts since are very susceptible to oxidation. In addition, 30 minutes of  
138 extraction time allows automate the analyses. Data analysis was performed by means of the  
139 statistical package Statgraphics Plus for Windows V. 5.1.

140 The optimization of sample volume was performed using 20 ml vials with the oxidised fish muscle  
141 saline extracts. Different volumes (1, 3, 5 and 6 mL), depending of the experiment, were placed and  
142 the analyses were performed extracting the volatiles with a CAR-PDMS fiber to 60 °C during 30  
143 minutes and with stirring.

144

#### 145 2.3.4. GC-MS analysis conditions

146 GC-MS analysis was performed in a Thermo Finnigan ThermoQuest (San Jose, CA, USA) gas  
147 chromatograph equipped with a split/splitless injector and coupled with a Trace quadrupole mass  
148 detector. Compounds were separated on a 30 m x 0.32 mm, 1 µm film thickness, fused silica DB-  
149 1701 (Folsom, CA, USA) capillary column. The GC oven temperature program was: 35 °C for 3  
150 minutes, followed by an increase of 3 °C/minute to 70 °C; then an increase of 10 °C/minute to 200  
151 °C and finally an increase of 20 °C/minute to a final temperature of 260 °C hold for 5 minutes.  
152 Helium was employed as carrier gas, with a constant flow of 1.5 mL/min. Injector was operated in  
153 the split mode and its temperature was set at 220, 260, 270 or 300 °C (depending on the type of  
154 fiber coating to be desorbed). Transfer line temperature was maintained at 265 °C. The quadrupole  
155 mass spectrometer was operated in the electron impact mode (EI) and the source temperature was  
156 set at 200 °C. Initially, full scan mode data were acquired to determine appropriate masses for the  
157 later acquisition in selected ion monitoring mode (SIM) under the following conditions: mass range:  
158 10-200 amu and scan rate: 0.220 s/scan. All the analyses were performed setting ionization energy  
159 at 70 eV, filament emission current at 150 µA and the electron multiplier voltage at 500 V.

160

#### 161 2.3.5. Qualitative and quantitative analyses

162 Identification of components was based on computer matching with the reference mass spectra of  
163 the Wiley 6, Mainlib and Replib libraries and standards. Semiquantitative determination of volatiles  
164 was performed by the method of internal standard using 3-methyl-3-buten-1-ol. Quantitative  
165 determination was carried out by using an internal calibration curve that was built using stock  
166 solutions of the compounds in ultrapure water saturated in salt and analyzing them by the optimized  
167 HS-SPME method. Quantification limits were calculated to a signal to noise (S/N) ratio of 10.  
168 Repeatability was evaluated by analyzing 6 replicates of oxidized fish muscle. The stability of the  
169 samples was evaluated by comparing the results obtained after analysis of the same oxidized fish  
170 muscle sample under storage during 6 months to -80 °C.

171

#### 172 2.4. Chilled storage of Atlantic Horse Mackerel minced muscle

173 8 kg of fresh Atlantic Horse Mackerel (*Trachurus trachurus*), 20-24 different fish, were deboned,  
174 eviscerated and the white muscle was separated and minced. Streptomycine sulfate (200 ppm) was  
175 added for inhibiting microbial growth. Portions of 8 g were placed into 50-ml Erlenmeyer flasks  
176 and were kept refrigerated at 4 °C on ice during 5 days. Triplicate samples were taken at different  
177 sampling times for performing the different analyses. Oxidation was calculated as the time (in days)  
178 required for a sudden change in the rate of the oxidation by the method of tangents to the two parts  
179 of the kinetic curve [27].

180

#### 181 2.4.1. Peroxide value

182 Peroxide value of fish muscle was determined by the ferric thiocyanate method [28] and was  
183 expressed as mmol oxygen/kg lipid.

184

#### 185 2.4.2. TBARS index

186 The thiobarbituric acid reactive substances index (TBARS) (mg malonaldehyde/kg muscle) was  
187 determined according to Vyncke [29].  
188

#### 189 2.4.3. Volatile analysis

190 Volatile compounds were analyzed by means of the optimized HS-SPME method described as  
191 follows: volatiles were extracted by homogenizing 3 g of fish muscle with 8 mL of saline ultrapure  
192 water solution and 6 mL of supernatant were placed in a 20 mL vial fitted with a silicone septum.  
193 The CAR-PDMS fiber was exposed to the headspace of extract by incubating to 60 °C during 30  
194 minutes under magnetic stirring. The fiber was immediately desorbed in the gas chromatograph  
195 injector to 300 °C during 10 minutes.  
196

#### 197 2.4.4. Statistical analysis

198 Analyses were performed in triplicate. The data were compared by one-way analysis of variance  
199 (ANOVA) [30], and the means were compared by a least squares difference method. Linear  
200 regressions were employed for the calibration graphs by Pearson coefficients. Significance was  
201 declared at  $p < 0.05$ . Statistical analyses were performed with the statistical package Statgraphics  
202 Plus for Windows V. 5.1.

### 203 3. Results and discussion

#### 204 3.1 HS-SPME-GC-MS methodology

205 A set of preliminary experiments were conducted to perform a good chromatographic separation of  
206 the volatiles associated to fish rancidity. Volatiles present in 3 g of oxidized Atlantic Horse  
207 Mackerel muscle were extracted with 8 mL of ultrapure water and then, 1 mL of the supernatant  
208 was incubated in a CAR-PDMS 75  $\mu\text{m}$  fiber (60 °C during 15 min). Fiber was desorbed in the  
209 injector of the gas chromatograph and volatile compounds were analyzed in full scan mode (Fig. 1).  
210 As a result, 79 compounds were identified (Table 3) and 16 of them selected (Table 4) as  
211 representatives of lipid oxidation in fish muscle according to previous studies [1, 14, 26, 31-33].  
212 The different mass spectra of the target compounds were carefully studied for selecting the correct  
213 ions for injection in SIM mode (Table 4), in order to improve the signal to noise ratio. The  
214 optimization of the SPME methodology and the subsequent quantification in the storage experiment  
215 were performed in SIM mode. Fiber coating has shown to determine qualitative and quantitative  
216 differences in fish volatile profiles obtained by SPME technique [34]. In order to avoid possible  
217 interferences, the memory effect of the different fibers was studied. A desorption of the fibers into  
218 the injector of the chromatograph during 2 minutes was performed and after that, the fibers were  
219 reinserted and blank analyses were run. Any of the selected compounds was observed in the blank  
220 chromatogram for any fiber. A desorption time of 10 min was selected in order to automatize the  
221 GC analysis and to assure the total clean of the fiber. The increment between 2 and 10 minutes  
222 didn't influence the resolution of the peaks.

223 The four coating fibers studied in this work gave different results in terms of sensitivity. Figure 2  
224 shows the analysis corresponding to volatiles extracted from oxidized Atlantic Horse Mackerel  
225 muscle using the different fibers. The results clearly showed that CAR-PDMS fiber enabled the  
226 detection of a wider range of compounds and produced higher signal intensities than CAR-PDMS-  
227 DVB, PDMS-DVB and CW-DVB fibers, especially for the smallest molecular weight analytes.  
228 Therefore, it was selected as the fiber for the HS-SPME method here proposed.

229 This fiber has been also used for determining volatile spoilage indicators in several fish species [21,  
230 33]. Guillen M. D. et al. [34] found that CAR-PDMS (100  $\mu\text{m}$  film thickness) was the most  
231 suitable fiber for the retention of the most volatile compounds in smoked fish. These authors [34]  
232 also tested the utility of polyacrilate (85  $\mu\text{m}$  film thickness) fiber which was suitable for  
233 determining the head space composition in a broader volatility range and PDMS (100  $\mu\text{m}$  film  
234 thickness) fiber which showed minor retention of the target compounds. CAR-PDMS (75  $\mu\text{m}$  film  
235 thickness) was also chosen by Duflos G. et al. [35] for analyzing the freshness of Whiting since it  
236 combined the best signal to noise ratio with maximum extraction of compounds. In a recent paper,

237 CAR-PDMS (75  $\mu\text{m}$  film thickness) has also demonstrated to provide the highest sensitivity and  
238 reproducibility in the analysis of volatiles associated to oxidation of fish oil enriched food  
239 emulsions [23]. In situ derivatization of volatiles on CAR-PDMS fiber coating surface has been  
240 recently proposed for quantifying the formation of formaldehyde in fish muscle [36]. This last  
241 technique allows to reach higher selectivity and sensitivity, but the methodology only determinates  
242 specific compounds.

243 As regards to the effect of the salting out effect and stirring, the highest sensitivity for almost all the  
244 target compounds was achieved by the extraction in ultrapure water saturated in NaCl and with  
245 stirring. The addition of salt increases the ionic strength of the water sample by lowering the  
246 solubility of analytes in the aqueous phase and stirring enhance the extraction efficiency in non-  
247 equilibrium situations increasing the sensitivity [37].

248 A selection of the microextracting conditions of CAR-PDMS was then performed by a factorial  
249 design to get information about the significance of the experimental parameters. Table 2 shows the  
250 corresponding experimental design matrix. Response was evaluated in terms of peak area for all  
251 compounds. As an example of the behavior of the target volatiles associated to fish lipid oxidation,  
252 Fig. 3 shows the Pareto chart for *E*-2-Hexenal. Results showed that all selected variables produced  
253 significant effects and that no significant interactions between factors were apparent. Sample  
254 amount, extraction temperature and extraction time were statistically significant factors and,  
255 therefore, the peak area of *E*-2-Hexenal increased when the three factors increased (positive effect).  
256 Factorial experimental design only explains what factors are significant but can not optimize the  
257 response because only evaluates 2 levels per factor. An extraction time of 30 min at 60  $^{\circ}\text{C}$  procured  
258 the best extraction of volatiles associated to oxidation. These values were the maximum in the  
259 experimental design and factors as time and temperature of incubation are positively correlated with  
260 the efficiency of the extraction [37]. In addition, these conditions are not able to provoke oxidation  
261 of the samples. Therefore, temperature and time were fixed in 60  $^{\circ}\text{C}$  and 30 min respectively.

262 The fiber efficiency in SPME is not always directly proportional to sample amount [37]. In the  
263 present study, the volume of the saline fish muscle extract was optimized by evaluating the  
264 responses obtained after the extraction of 1, 3, 5 and 6 mL. The highest signals (peak areas) were  
265 obtained extracting the maximum volume evaluated according to Górecki et al. [38], that  
266 established that the head space volume in the vial should be minimized to increase the extraction  
267 efficiency. Consequently, 6 mL was finally selected as the amount of sample.

268 The SIM chromatogram obtained after the analysis of an oxidized Atlantic Horse Mackerel muscle  
269 sample using the optimized conditions achieved during this study is shown in Figure 4.

270

### 271 3.2. Validation of the method

272 The method employed in the optimized conditions was validated for 16 of the 76 compounds  
273 detected (Table 5). Its linearity was evaluated by using samples of ultrapure water saturated in NaCl  
274 spiked with increasing concentrations of the analytes ranged between 0.2 to 500 ng/ml. A  
275 satisfactory linearity (correlation coefficients from 0.985 to 0.999) was obtained for all compounds.  
276 As for repeatability, relative standard deviations of peak areas between 0.6 and 13.9% were  
277 achieved (n=6). The results of the stability test indicated that during the storage period to -80  $^{\circ}\text{C}$  the  
278 volatile composition remained stable since relative standard deviations between 0.6 and 12.2% were  
279 achieved for almost all the target compounds. 2-ethylfuran (30.3%), *E*-2-pentenal (20.2%) and *E*-2-  
280 hexenal (28.3%) were the only compounds that didn't show satisfactory stability.

281 Quantification limits of the method, defined for a signal to noise ratio (S/N) of 10, ranged from 0.03  
282 to 0.34 ng per gram of fish muscle depending of compound. A potential shortcoming of SPME  
283 based methods is that the extraction yield can be matrix dependent. In such a case, quantification  
284 should be performed using the time consuming standard addition method. Possible matrix effects of  
285 the HS-SPME method here proposed were investigated by evaluating the recoveries of each  
286 volatile. For such purpose, extracts of samples of Atlantic Horse Mackerel muscle were spiked with  
287 100 ng/g of the selected compounds. The response corresponding to each compound was corrected

288 with that obtained for non-spiked aliquots of the same extract. Spiked and non-spiked samples were  
289 processed in triplicate. Obtained results suggest that the efficiency of the process is scarcely  
290 affected by the matrix for the most of compounds evaluated (Table 5). Few compounds, like 1-  
291 penten-3-one, *E*-2-hexenal or (*E,E*)-2,4-heptadienal showed a very poor recoveries, therefore,  
292 standard addition method should be use for their quantification.

### 293 294 3.3. Chilled storage of Atlantic Horse Mackerel minced muscle

295 The proposed methodology was employed to assess the oxidative deterioration in terms of volatile  
296 formation during the storage of Atlantic Horse Mackerel minced muscle at 4 °C. Propanal, 1-  
297 penten-3-ol, 2,3-pentanedione, hexanal and 1-octen-3-ol were the main volatile compounds formed  
298 during the storage. Other target volatiles formed in significant concentrations and closely related to  
299 lipid oxidation were 2-ethylfuran, *Z*-4-heptenal and 3,5-octadien-2-one.

300 Propanal is a product from 16-hydroperoxide formed by autoxidation of methyl linolenate and from  
301 15-hydroperoxide formed by photosensitized oxidation of methyl linolenate [1]. 1-penten-3-ol is  
302 formed by the action of 15-lipoxygenase on EPA (20:5 n-3) [13, 31]. Hexanal can be produced via  
303 linoleic acid 13-hydroperoxide and, in addition, a degradation of preformed volatiles as 2,4-  
304 decadial or 2-octenal has been considered responsible for the abundant occurrence of this  
305 compound in different lipid systems [32, 39]. 1-octen-3-ol is an important contributor to off-flavors  
306 due to its low odor score and it has been reported to be formed from oxidation of arachidonic acid  
307 by 12-lipoxygenase [2]. 2-ethylfuran can be produced via 12-hydroperoxide of linolenate (18:3 n-  
308 3), via 14-hydroperoxide EPA (20:5 n-3) or via 16-hydroperoxide DHA (22:6 n-3) [40]. *Z*-4-  
309 heptenal is produced via 2,6-nonadienal that is produced by the action of 12-lipoxygenase on EPA  
310 [14, 26]. An autoxidation of EPA to (*E,Z*)-2,4-heptadienal and (*E,Z*)-3,5-octadien-2-one has been  
311 also proposed [31, 41].

312 During the storage of fish muscle, a strong increase in the volatile formation was achieved after the  
313 second day of storage in agreement with a first detection of rancid off-flavors. This increment was  
314 especially important for 1-penten-3-ol and 2,3-pentanedione. The formation of these compounds  
315 showed induction periods of 1.9 and 1.9 days respectively (Fig. 5) and the levels achieved by the  
316 second and third days were:  $56.0 \pm 9.8$  and  $168.2 \pm 7.6$  ng/g for 1-penten-3-ol (increment of  
317 200.2%) and  $96.0 \pm 7.8$  and  $234.2 \pm 8.2$  ng/g for 2,3-pentanedione (increment of 144.0%).  
318 Formation of 1-octen-3-ol showed an induction period of 2.1 days and the levels achieved during  
319 the days 2 and 3 were  $61.7 \pm 0.8$  and  $65.8 \pm 0.3$  ng/g respectively (Fig. 5). This little increment  
320 (6.6%) was enough for correlating this analysis with the detection of rancid off-flavors since 1-  
321 octen-3-ol is a potent odorant of the unpleasant rancid flavor with a very low sensorial threshold  
322 value [1].

323 Analyses of volatile compounds were correlated with PV and TBARS since these indexes showed  
324 induction periods of 2 and 1.9 days respectively (Fig. 5). 1-penten-3-ol, 2,3-pentanedione and 1-  
325 octen-3-ol were the compounds showing the higher correlations (Fig. 5). Pearson coefficients  
326 obtained between the formation of 1-penten-3-ol and PV and TBARS indexes were 0.9832 and  
327 0.9970 respectively. Similar correlations were obtained for 2,3-pentanedione ( $R^2= 0.9834$  and  $R^2=$   
328  $0.9986$ ) and for 1-octen-3-ol ( $R^2= 0.9593$  and  $R^2= 0.9767$ ). According to these results, these  
329 volatiles were chosen the best markers of lipid oxidation.

330

## 331 4. Conclusions

332 The developed analytical method, simple and inexpensive, enables the simultaneous determination  
333 of volatile compounds associated to oxidation of fish muscle. The procedure exhibited several  
334 advantages over more conventional methods including the use of smaller amounts of sample (only 3  
335 grams of fish muscle were necessary), minimal sample handling, low cost, time consuming or  
336 suitability for routine analysis. Type of fiber, salting out effect, stirring, exposure temperature,  
337 exposure time and sample volume were parameters influencing SPME carefully studied and  
338 optimized. Validation showed satisfactory results in terms of linearity, sensitivity, repeatability,



339 accuracy and stability of the samples. Analysis of volatile compounds could be successfully applied  
340 to indicate the oxidative deterioration in fish muscle since Pearson coefficients higher than 0.97  
341 were achieved with PV and TBARS indexes. Because to the high levels of 1-penten-3-ol, 2,3-  
342 pentanedione and 1-octen-3-ol formed during the storage and the high correlations with the  
343 chemical indexes for assessing the extent of oxidation, they were preferred as potential markers to  
344 evaluate the lipid oxidation in fish muscle.

345

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352

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- 396

397 **Figure Captions**

398 Figure 1: Full scan chromatogram obtained after analysis of oxidized Atlantic Horse Mackerel  
399 muscle. Peaks are identified as in Table 4.

400  
401 Figure 2: Evaluation of extraction efficiencies from different fiber coatings.

402  
403 Figure 3: Standardized Pareto chart obtained for *E-2-hexenal*. Vertical line indicates the statistical  
404 significance bound for the different effects.

405  
406 Figure 4: SIM chromatogram obtained from oxidized Atlantic Horse Mackerel muscle in the  
407 optimized conditions.

408  
409 Figure 5: Time course of lipid oxidation of Atlantic Horse Mackerel muscle measured by headspace  
410 volatiles, and PV and TBARS indexes.

411

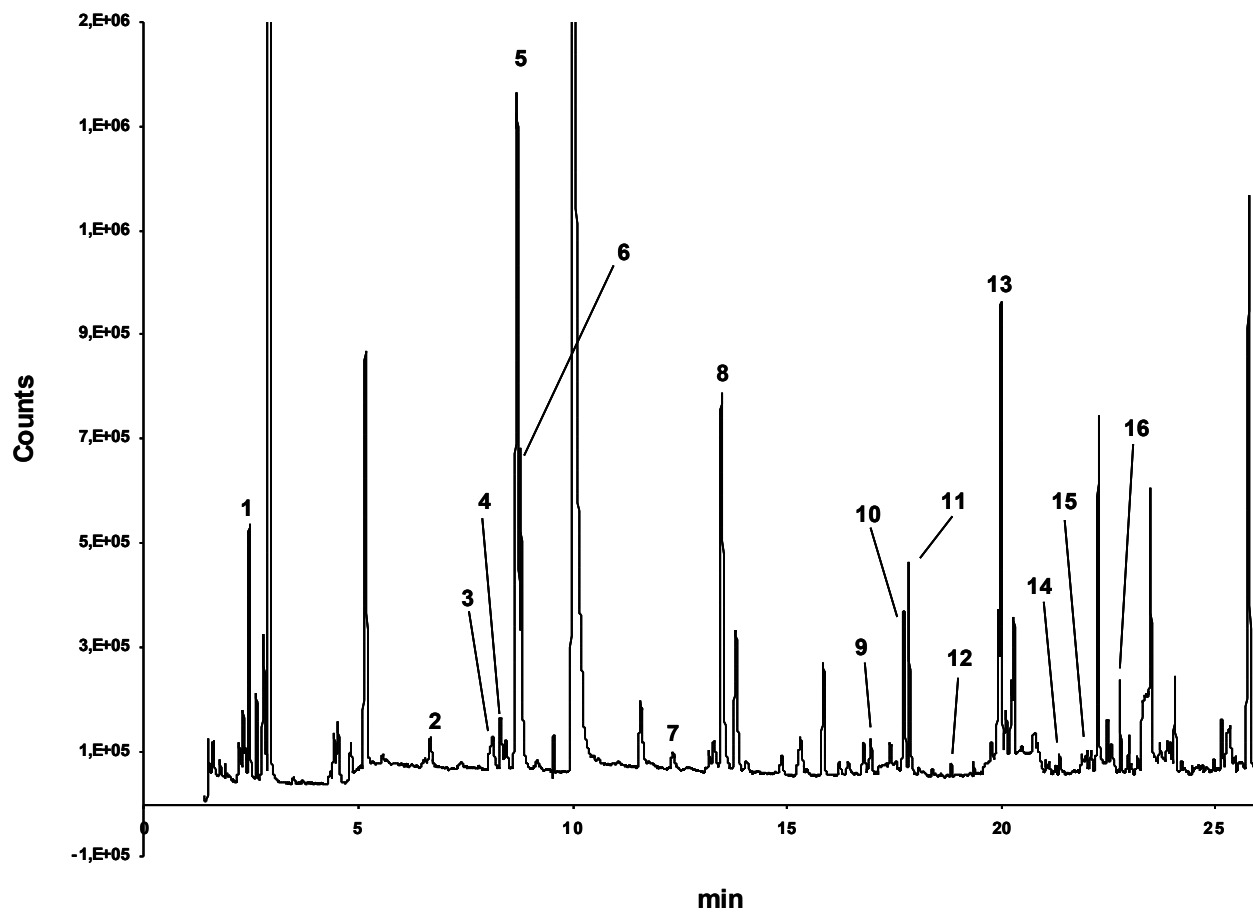
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413 Figure 1

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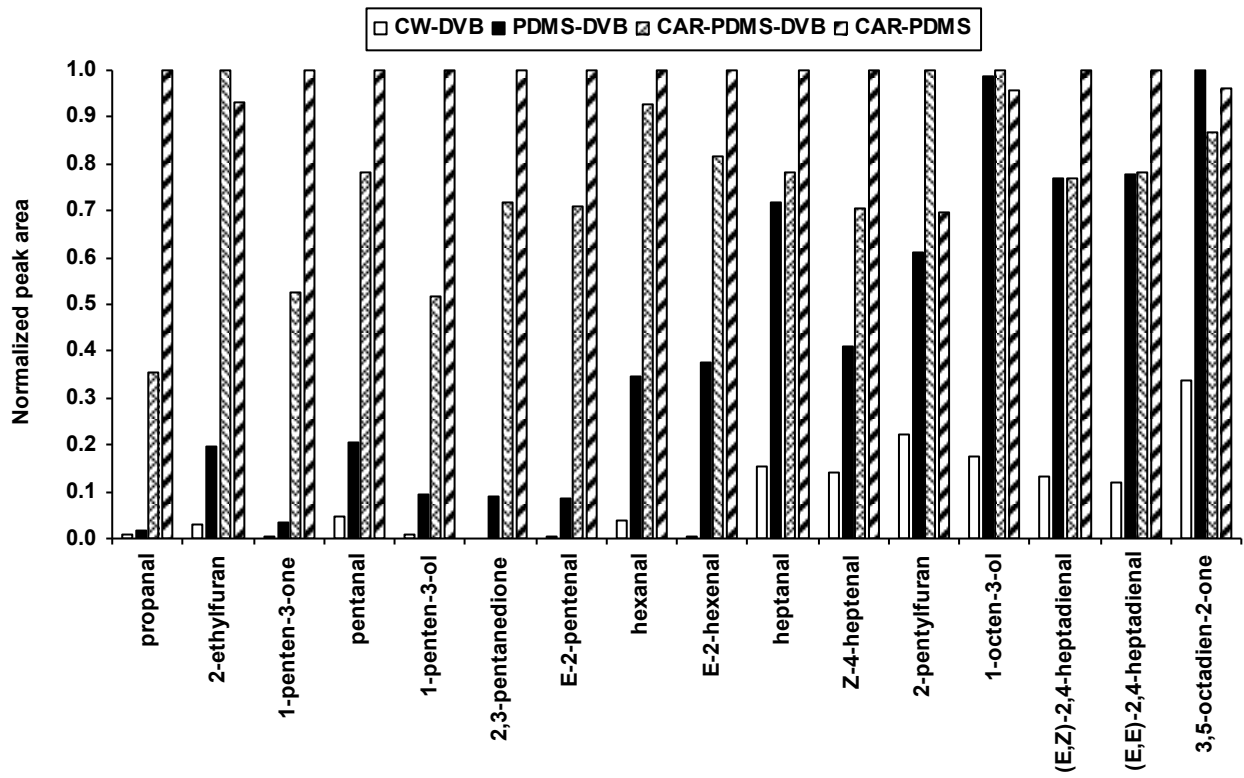
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417 Figure 2

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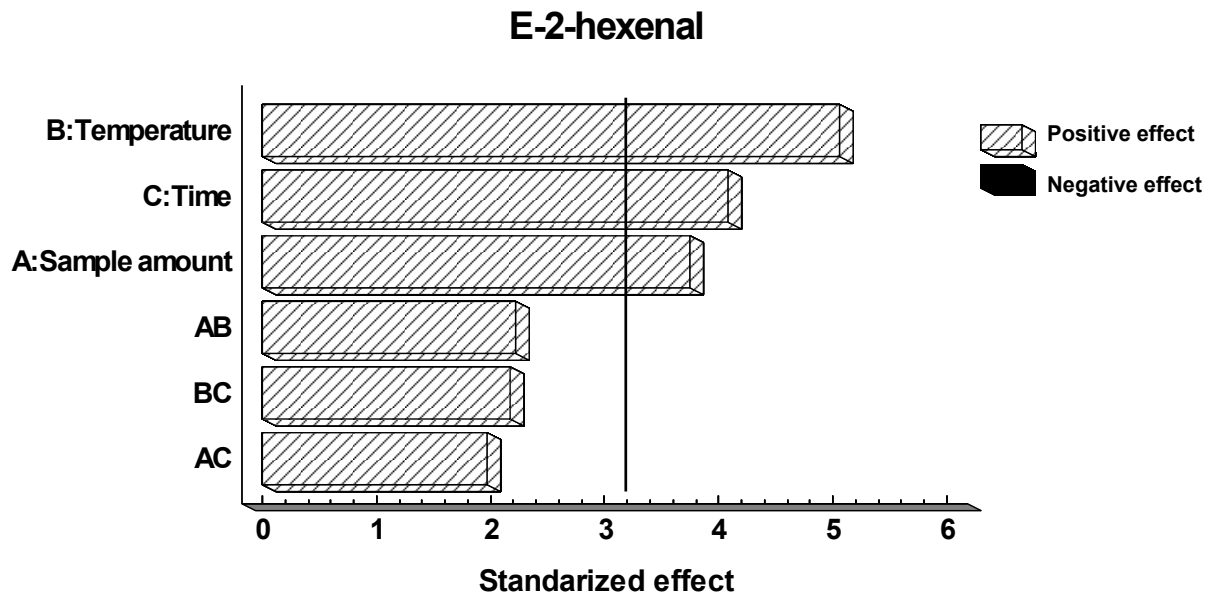
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426 Figure 3

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433 Figure 4

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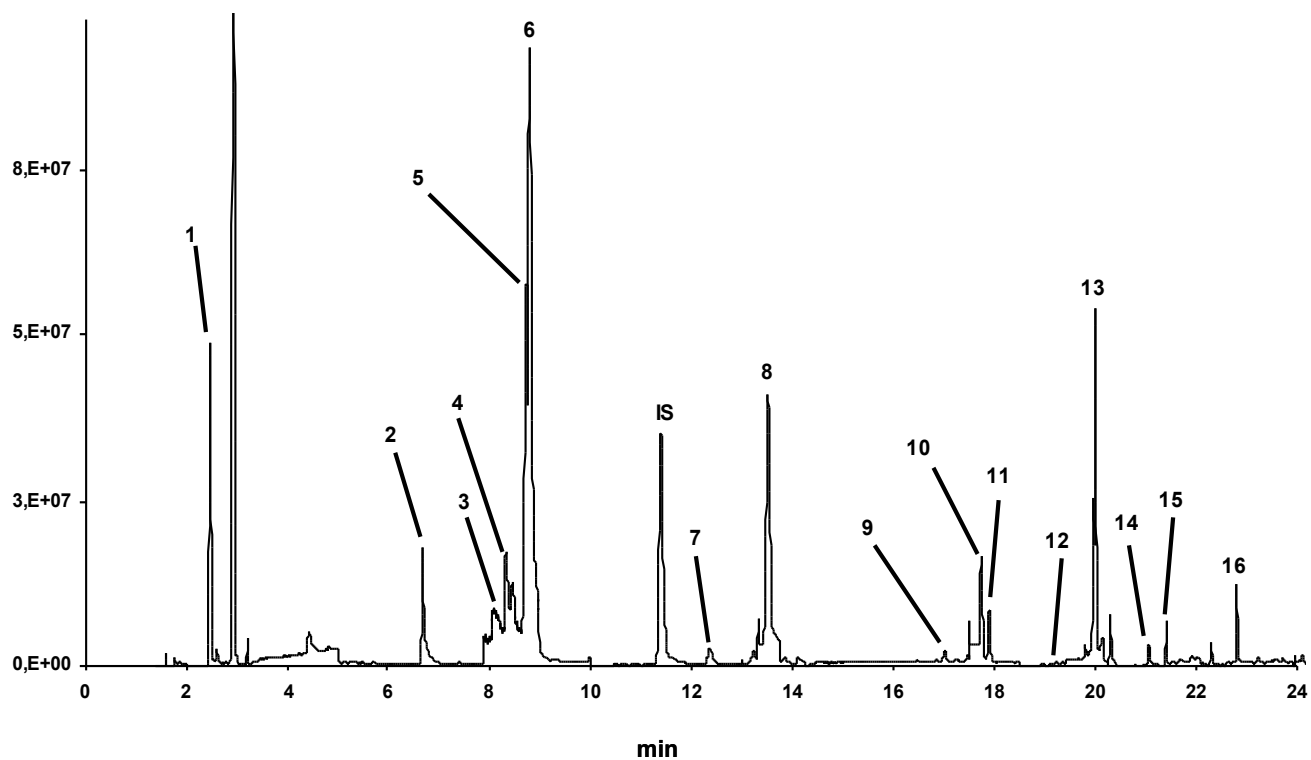
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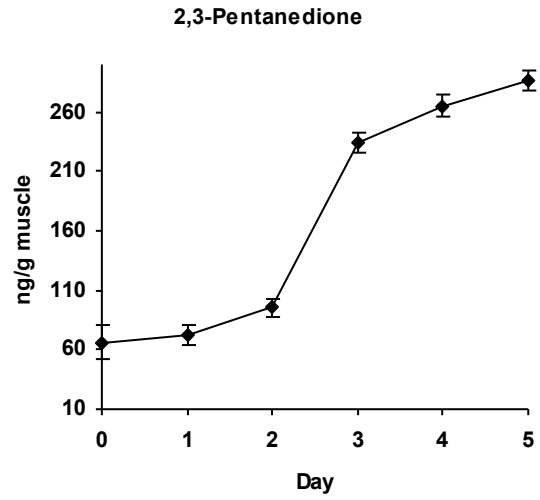
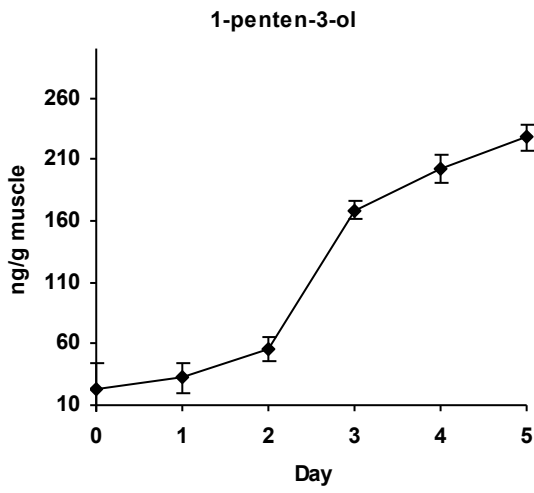
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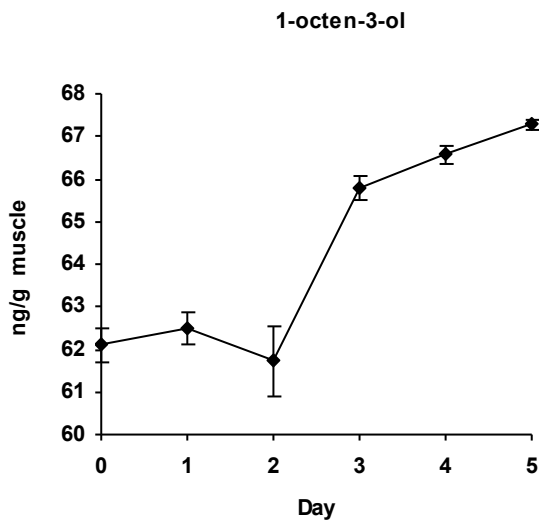


439 Figure 5

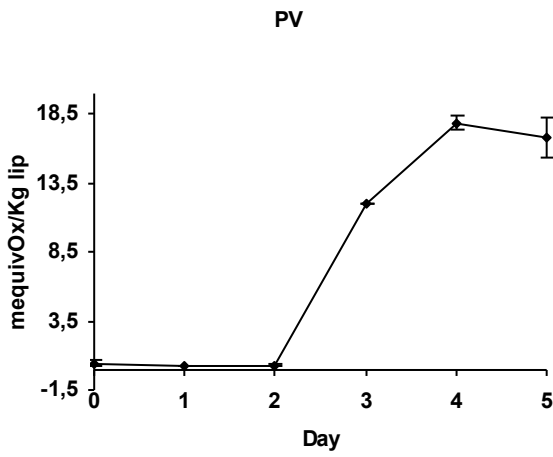
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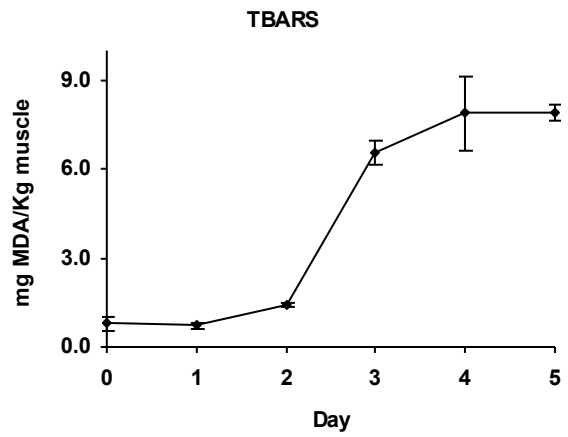
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445 Table 1: Fatty Acids (w/w % of Total Fatty Acids) of Atlantic Horse Mackerel muscle used for the  
446 chilled experiments.

447

<i>Fatty acid</i>	<i>% of total fatty acids</i>	<i>Fatty acid</i>	<i>% of total fatty acids</i>
14:0	5.3	20:1n-9	4.5
15:0	0.5	18:4n-3	1.4
16:0	19.6	20:2	0.3
16:1n-7	3.9	20:4 n- 6	1.1
17:0	0.6	22:1n-11	6.5
18:0	4.3	22:1n-9	0.6
18:1n-9	10.5	20:4n-3	0.8
18:1n-7	2.3	20:5n-3	8.4
19:0	11.9	24:1n-9	1.4
18:2n-6	1.1	22:5n-3	2.2
18:3n-3	1.1	22:6n-3	23.5

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449

450 Table 2: Experimental matrix and responses obtained in the factorial screening design.

451

<i>Experiment</i>	<i>Amount of sample (mL)</i>	<i>Temperature (°C)</i>	<i>Time (min)</i>	<i>Peak area<sup>a</sup> (counts)</i>
1	3.5	50	20	1 153 157
2	1	60	30	1 067 379
3	1	60	10	509 695
4	6	40	10	295 690
5	3.5	50	20	1 022 004
6	1	40	10	114 483
7	6	40	30	777 308
8	6	60	30	2 856 975
9	6	60	10	1 011 315
10	1	40	30	370 766

452 <sup>a</sup> Peak area values corresponding to *E*-2-hexenal.

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456 Table 3: Volatile compounds identified in an oxidized Atlantic Horse Mackerel muscle sample.

457

Compound	Identification <sup>a</sup>	Compound	Identification <sup>a</sup>
<u>Alcohols</u>		Propylbenzene	MS
Ethanol	MS	Trimethylbenzene	MS
1-Propanol	MS	<u>Esters</u>	
2-Methyl-1-propanol	MS	Ethylacetate	MS, STD
1-Penten-3-ol	MS, STD	<u>Furans</u>	
1-Pentanol	MS	2-Methylfuran	MS
2-Penten-1-ol	MS	2-Ethylfuran	MS, STD
2-Hepten-1-ol	MS	2-Pentylfuran	MS
3-Pentanol	MS	<u>Noncyclic hydrocarbons</u>	
3-Hexen-1-ol	MS	Pentane	MS
1-Hexanol	MS	3-Methyl-1-butene	MS
4-Heptanol	MS	2-Pentene	MS
1-Octen-3-ol	MS, STD	2-Methyl-1,3-pentadiene	MS
1-Octanol	MS	Hexane	MS
2-Octen-1-ol	MS	Octane	MS
2-Nonen-1-ol	MS	1-Octadecene	MS
Phenol	MS	Pentadecane	MS
Ethylalcohol	MS	Eicosane	MS
<u>Aldehydes</u>		5-Eicosene	MS
Acetaldehyde	MS, STD	5-Nonadecene	MS
Propanal	MS, STD	Nonadecane	MS
2-Methylpropanal	MS	Octadecane	MS
Butanal	MS, STD	<u>Ketones</u>	
Pentanal	MS, STD	Acetone	MS, STD
E-2-Pentenal	MS, STD	2,3-Butanedione	MS
Hexanal	MS, STD	2-Pentanone	MS
E-2-Hexenal	MS, STD	1-Penten-3-one	MS, STD
Heptanal	MS, STD	3-Pentanone	MS
Z-4-Heptenal	MS, STD	2,3-Pentanedione	MS, STD
E-2-Heptenal	MS, STD	3-Hydroxy-2-butanone	MS
Benzaldehyde	MS	3,3-Dimethyl-2-butanone	MS
Octanal	MS, STD	2-Hydroxy-3-pentanone	MS
(E,Z)-2,4-Heptadienal	MS	6-Methyl-2-heptanone	MS
(E,E)-2,4-Heptadienal	MS, STD	2,3-Octanedione	MS
Nonanal	MS, STD	6-Octen-2-one	MS
3,7-Dimethyl-6-octenal	MS	2-Nonanone	MS
Decanal	MS	Acetophenone	MS
<u>Amines</u>		3,5-Octadien-2-one	MS
Trimethylamine	MS	4-Methyl-ciclohexanone	MS
<u>Aromatics</u>		<u>Chlorinated compounds</u>	
Toluene	MS	Dichloromethane	MS, STD
Ethylbenzene	MS	Chloroform	MS, STD
Xilene (not identified)	MS	<u>Sulfur compounds</u>	
Styrene	MS	Carbon disulphide	MS

458 <sup>a</sup> Compounds were identified by comparison with reference substances on the basis of the following criteria: MS  
459 obtained from Mainlib, Wiley 6 and Replib libraries (MS) and retention time and spectra of authentic reference  
460 compounds (STD).  
461

462 Table 4: Selected compounds for optimization of HS-SPME method and selected mass in the SIM  
463 chromatograms.

464

Number	Compound name	Retention time (min)	SIM Mass
1	Propanal	2.51	29+57+58
2	2-Ethylfuran	6.75	53+81+96
3	1-Penten-3-one	8.30	27+55+84
4	Pentanal	8.40	29+41+44+57+58
5	1-Penten-3-ol	8.83	57+86
6	2,3-Pentanedione	8.85	43+100
7	<i>E</i> -2-Pentenal	12.34	55+83+84
8	Hexanal	13.46	44+56+72+82
9	<i>E</i> -2-Hexenal	17.04	41+55+69+83+98
10	Heptanal	17.78	44+55+70
11	<i>Z</i> -4-Heptenal	17.92	41+55+68
12	2-Pentylfuran	18.94	81+138
13	1-Octen-3-ol	20.04	52+72
14	( <i>E,E</i> )-2,4-Heptadienal	21.05	81+110
15	( <i>E,Z</i> )-2,4-Heptadienal	21.43	81+110
16	3,5-Octadien-2-one	22.80	81+95+124
IS	3-Methyl-3-buten-1-ol (IS)	11.46	43+55+69

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469 Table 5: Linearity, recovery, detection limits and precision of the optimized HS-SPME method.

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Compound	Correlation <sup>a</sup>	Recovery <sup>a</sup> (%)	LOQs <sup>a</sup> (ng/g fish muscle)	RSD (%) (n=6)
Propanal	0.999	77.5 ± 6.6	0.34	13.9
2-Ethylfuran	0.995	115.8 ± 12.2	0.04	10.5
1-Penten-3-one	0.996	31.6 ± 1.7	0.05	5.4
Pentanal	0.999	109.7 ± 7.7	0.05	7.0
1-Penten-3-ol	0.999	105.9 ± 7.3	0.13	6.9
2,3-Pentanedione	0.999	102.8 ± 11.2	0.10	10.9
<i>E</i> -2-Pentenal	0.998	116.9 ± 15.3	0.15	13.1
Hexanal	0.991	103.2 ± 11.3	0.06	11.0
<i>E</i> -2-Hexenal	0.996	66.0 ± 1.3	0.09	2.0
Heptanal	0.992	109.1 ± 5.7	0.04	5.3
<i>Z</i> -4-Heptenal	0.986	93.5 ± 5.0	0.04	5.4
2-Pentylfuran	0.987	93.6 ± 5.1	0.06	4.8
1-Octen-3-ol	0.987	103.3 ± 4.6	0.03	4.5
<i>(E,E)</i> -2,4-Heptadienal	0.987	59.3 ± 4.8	0.10	4.8
<i>(E,Z)</i> -2,4-Heptadienal	—	—	—	0.6
3,5-Octadien-2-one	—	—	—	8.7

471

472

<sup>a</sup> Values of correlation, recovery and LOQs for *(E,E)*-2,4-heptadienal and 3,5-octadien-3-one not showed because no availability of standards.

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