

**UV radiation and phosphorus interact to influence the biochemical composition of  
phytoplankton**

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1 SUMMARY

- 2 1. Numerous laboratory studies have shown that food quality is suboptimal for  
3 zooplankton growth. However, little is know about how food quality is affected  
4 by the interaction of potential global change factors in natural conditions. Using  
5 field enclosures in a high altitude Spanish lake, seston was exposed to increasing  
6 phosphorus (P) concentrations in the absence and presence of UV radiation  
7 (UVR) to test the hypothesis that interactions between these factors affected the  
8 biochemical and stoichiometric composition of seston in ways not easily  
9 predicted from studies of single factors.
- 10 2. Phosphorus enrichment increased the content of total fatty acids (TFA),  $\omega$ 3-  
11 polyunsaturated fatty acids ( $\omega$ 3-PUFA) and Chlorophyll a:carbon (Chl a:C) and  
12 C:N ratios in seston. The pronounced increase in  $\omega$ 3-PUFA was largely  
13 explained by the enhancement of 18:3n-3 ( $\alpha$ -linolenic acid, ALA). In contrast, P  
14 enrichment lowered the content of highly unsaturated fatty acids (HUFA), the  
15 HUFA:PUFA ratio and, at high P loads, seston C:P ratio. Although  
16 phytoplankton assemblages dominated by Chlorophytes were not rich in HUFA,  
17 seston in the control had substantially higher 20:4n-6 (arachidonic acid, ARA)  
18 content (79% of HUFA) than did P-enriched enclosures.
- 19 3. UVR increased the content of  $\omega$ 3-PUFA and TFA in seston at the two ends of  
20 the trophic gradient generated at ambient and high concentrations of P, but  
21 decreased seston C:P and HUFA at all points on this gradient. ARA was not  
22 detected in the presence of UVR.
- 23 4. The interaction between P and UVR was significant for seston HUFA and C:P  
24 ratios, indicating that the effect of UVR in reducing HUFA (decreased food  
25 quality) and C:P ratios (enhanced food quality) was most pronounced at the low

1           nutrient concentrations characteristic of oligotrophic conditions and disappeared  
2           as P increased. Therefore, any future increase in UVR fluxes will probably affect  
3           most strongly the food quality of algae inhabiting oligotrophic pristine waters  
4           although, at least in the Mediterranean region, these effects could be offset by  
5           greater deposition of P from the atmosphere.

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## 1 INTRODUCTION

2           Light and nutrients are among the most important variables regulating the  
3 composition of autotrophs, which in turn affects that of herbivores via the quality of  
4 their food (Urabe & Sterner, 1996; Paul & Gwynn-Jones, 2003) and, hence, the  
5 efficiency at which energy is transferred through the food web (Sterner & Elser, 2002).  
6 Though the role of photosynthetic active radiation (PAR) on autotroph biochemical  
7 composition has received considerable attention, the indirect role of UVR is unclear.  
8 While there are reports that UVR enhances the food quality of herbivores, many data  
9 support the opposite conclusion. For example, decreased C:P ratios (enhanced  
10 nutritional quality) have been found after exposing autotrophs to UVR (Xenopoulos *et*  
11 *al.*, 2002; Carrillo *et al.*, 2008), but also in epilithon in the absence of ambient UVR  
12 (Watkins *et al.*, 2001). Similarly, the effect of UVR on the quality of algae in terms of  
13 fatty acid composition remains unclear. Thus, some studies have reported a decrease in  
14 certain polyunsaturated fatty acids (PUFAs) under UVR (Goes *et al.*, 1994; Skerratt *et*  
15 *al.*, 1998), whereas others show no influence or an increase in certain types of PUFA  
16 (Skerratt *et al.*, 1998; Leu *et al.*, 2006a).

17           Perhaps, the species-specific response of biochemical composition to the stress  
18 of UVR or the relatively short-term nature of most of these studies underlies these  
19 conflicting results. However, other stressors such as nutrient availability (either in  
20 shortage or in excess) need also to be considered when studying the impact of UVR on  
21 the elemental and biochemical composition of autotrophs (Davison *et al.*, 2007). This is  
22 crucial given that the effects of UVR on the growth and somatic content of organisms  
23 are related to the availability of limiting mineral nutrients (Medina-Sánchez *et al.*,  
24 2006). In the context of global change, understanding and predicting the simultaneous  
25 effects of multiple stressors, such as increasing UVR and nutrient concentrations, on

1 species and food web interactions is a current challenge for ecosystem research and  
2 management. To achieve this goal, experiments that combine multiple stressors in the  
3 field are important, as they may have interdependent effects (not easily assessed from  
4 single-factor experiments) on food quality at the base of food webs.

5 Our aim was to examine the joint role of UV radiation and P enrichment in the  
6 cellular stoichiometry and biochemical composition (fatty acids and Chl a:C ratio) of  
7 autotrophs. Our task was thus, firstly to elucidate the single role of each factor (P or  
8 UVR) on the biochemical composition of seston and, secondly, to study their joint  
9 effect (i.e. whether their single effects on seston interact). We used relatively long term  
10 experiments (over many generations of algae) which may have enabled the beneficial  
11 photorepair and/or photoprotective UVR mechanisms that ultimately determined the  
12 biochemical composition of algae.

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## 15 METHODS

16 *Experimental set-up.* The experiment was performed using field mesocosms to  
17 manipulate the supply of P and light quality (presence and absence of UVR) in La  
18 Caldera, an ultraoligotrophic fishless mountain lake in the National Park of Sierra  
19 Nevada (Southern Spain, 36°55'–37°15'N, 2°31'–3°40'W; 3050 m a.s.l.). The strong  
20 incidence of UV radiation at this latitude and altitude (Carrillo *et al.*, 2002), and the  
21 scarcity of nutrients (Villar-Argaiz *et al.*, 2001), make of La Caldera lake an ideal site at  
22 which to test the effects of nutrients and sunlight on seston. The experiment started on 1  
23 August 2003. Unscreened lake water was pumped from 5 m depth into ten polyethylene  
24 cylindrical enclosures, closed at their lower end, and each with diameter of 1 m, depth  
25 of 7 m and volume of 2.7 m<sup>3</sup>. Five of the enclosures, with polyethylene lid, received the

1 full spectrum of solar radiation (+UVR treatment) and the other five (-UVR treatment)  
2 were covered with Plexiglas UF3 (Atohaas North America) sheets that blocked direct  
3 and refractory exposure to UV radiation. The optical properties of the filters used in the  
4 light treatments were verified before the experiments using a double-beam  
5 spectrophotometer (Perkin Elmer Lambda 40, Perkin Elmer Corporation, Norwalk,  
6 USA). The polyethylene plastic used in the +UVR treatment transmitted 90% of PAR,  
7 60% of UVB and 75% of UVA, while the long-wave-pass Plexiglass transmitted 90%  
8 of PAR but completely blocked UV radiation (<390 nm). In both series of enclosures,  
9 phosphate ( $\text{NaH}_2\text{PO}_4$ ) was added at the start to create an increasing P gradient of four  
10 concentrations (20, 30, 40 and 60  $\mu\text{g P L}^{-1}$ ), and inorganic nitrogen ( $\text{NH}_4\text{NO}_3$ ) was  
11 added to give a final N:P molar ratio of 30 according to concentrations of inorganic  
12 nutrients ( $\text{NO}_2^-$ ,  $\text{NO}_3^-$ ,  $\text{NH}_4^+$  and total dissolved phosphorus, TDP) measured in the lake  
13 the day before the experiment. For each light treatment, one enclosure received no  
14 phosphate and served as a control to give a two (light) x five (P) factorial design with  
15 one replicate of each. Enclosures were sampled periodically (days 1, 3, 10 and 20 of  
16 incubations) for soluble reactive phosphorus determinations. After soluble reactive  
17 phosphorus (SRP) became depleted on day 20 of incubations, enclosures were sampled  
18 three times every two days (days 30, 32 and 34 of incubations) for phytoplankton  
19 abundance and seston (suspended particulate matter > 1.0  $\mu\text{m}$ ) elemental and  
20 biochemical determinations, using a plastic bucket and after gently mixing the entire  
21 length of the enclosure (total number of samples per enclosure = 3).

22 *Biological and biochemical analyses.* Phytoplankton samples were fixed with Lugol's  
23 solution. A 50-ml aliquot from the phytoplankton was counted at 1000X magnification  
24 using an inverted microscope (Leitz Fluovert FS, Leica, Wetzlar, Germany) to estimate  
25 cell abundance.

1           Seston (pre-screened through a 40 µm mesh to remove macrozooplankton) was  
2 collected onto pre-combusted (24 h at 500°C) 1-µm glass-fibre filters (Whatman GF/B)  
3 at low pressure (100 mm of Hg). Samples were analysed for C and N using a CHN  
4 analyser (Perkin-Elmer Model 2400) or for P content by colorimetric means after  
5 persulphate oxidation (APHA, 1992). All C:P ratios were calculated on a molar basis.  
6 Filters for Chl a were extracted in acetone and concentrations determined by  
7 fluorometry (APHA, 1992). A Chl a standard (Fluka Chlorophyll a from algae) was  
8 used to transform the fluorescence data into Chl a concentrations.

9           Fatty acids in seston were analysed after extraction and transmethylation  
10 (Christie, 1982) using a gas chromatograph (Fisons Instruments GC 8000 Series,  
11 Thermo Electron Co., Rodano, Italy) equipped with a fused silica open tubular column  
12 (Tracer, TR-WAX, Tecknokroma, Spain) and a cold on-column injection system. We  
13 defined PUFA as polyunsaturated fatty acids with a chain length of 18 or more carbon  
14 atoms, and HUFA as a subset of PUFA molecules with 20 or more atoms of carbon.  
15 Units for fatty acids in this study are µg per mg of carbon in the seston.

16 *Statistical analysis.* The effects of P enrichment for each light treatment on seston  
17 elemental and biochemical variables were assessed by regression analysis of mean  
18 values for the three sampling dates against P-enrichment level. It was checked that data  
19 fulfilled criteria for regression analysis. When no linearity was observed, differences  
20 between each level of P enrichment and the control with no P added were assessed by  
21 dependent paired *t*-tests. For the effects of UVR, differences in biochemical and  
22 elemental composition at each P level were assessed by dependent paired *t*-tests.  
23 For the analysis of the interactive UVR x P effects on seston composition ANOVA  
24 could not be performed, due to the unreplicated design of the experiment. Alternatively,  
25 interactive UVR x P effects on food quality variables were specifically tested depending

1 on whether variables adjusted or not to linear trends when regressed against P-  
2 enrichment. When regressions were significant for the two light treatments, effects of  
3 UVR were tested by analysis of covariance. Statistically different slopes were indicative  
4 of an interaction between UVR and P, whereas homogeneous slopes indicated no  
5 interaction between UVR and P. In contrast, when no linearity was observed, analysis  
6 of covariance was precluded, and seston variables were relativized to the control  
7 (dividing the observation for each P level in +UVR by the respective control treatment  
8 replicate in -UVR) and regressed against P-enrichment. The existence of a linear trend  
9 between the UVR-relativized variable across the P gradient would indicate a significant  
10 UVR x P effect on the biochemical constituent. To aid in the visualization of these  
11 results, and regardless of the method used to test for interactive effects, variables were  
12 relativized to the control before being represented graphically. The statistical analyses  
13 were performed using Statistica 7.0 for Windows software (StatSoft, 1997).

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## 16 RESULTS

17 The abundance of phytoplankton in the control enclosures without added  
18 phosphorus (Fig. 1) was within the range of those previously reported for lake La  
19 Caldera (Villar-Argaiz *et al.*, 2001). Algal growth is strongly limited by phosphorus in  
20 this lake, as reflected by the low concentration of soluble reactive phosphorus (SRP) in  
21 lake water ( $0.34\text{-}2.86\ \mu\text{gP L}^{-1}$ ) during the experiment and the dissolved inorganic  
22 nitrogen : total phosphorus ratio (DIN:TP) between 61 of 12 (Villar-Argaiz *et al.*,  
23 2002), largely higher than the threshold of 12 proposed for P limitation by Morris &  
24 Lewis (1988). P enrichment enhanced phytoplankton abundance by two orders of  
25 magnitude (Fig. 1) and the Chlorophyta *Dyctiosphaerium chlorelloides* (Nauman;

1 Komárek & Perman) dominated in all experimental conditions. Variations in algal  
2 biochemical or stoichiometric content should, therefore, not be attributed to differences  
3 in algal communities among enclosures. Sampling for seston biochemical and elemental  
4 determinations was initiated after P (measured as SRP) became depleted after thirty  
5 days of incubation in the most enriched enclosures (Fig. 2) and clear differences in  
6 seston C:P ratio were detected.

7 Algal fatty acid content was more sensitive to P manipulation than to UVR (Fig.  
8 3). Thus, P increased the fatty acid content linearly in terms of TFA and  $\omega$ 3-PUFA (Fig.  
9 3a, c). The strength of this stimulation, however, varied between constituents, being  
10 much more pronounced for the  $\omega$ 3-PUFA [as shown by the over eight fold increase  
11 relative to the control (Fig. 3c) or the high slope of the regression between  $\omega$ 3-PUFA  
12 and P enrichment (Table 1)]. For example, the absolute content of  $\omega$ 3-PUFA increased  
13 from 14 to 124  $\mu\text{gFA mgC}^{-1}$  in +UVR enclosures and from 7 to 81  $\mu\text{gFA mgC}^{-1}$  in the –  
14 UVR enclosures (data not shown). The strongest increases in FAs as a consequence of  
15 the enrichment with P were found in the concentrations of  $\omega$ 3-PUFA 18:3n-3 ( $\alpha$ -  
16 linolenic acid, ALA) and 18:2n-6 (linoleic acid, LIN) which were 249-809% and 37-  
17 123% higher in the enriched treatments, respectively (Table 2; Fig. 4). The most  
18 abundant FA, however, was the saturated fatty acid (SFA) 16:0 that accounted for >25%  
19 of TFA in all enclosures or up to 123  $\mu\text{gFA mgC}^{-1}$  in the 60  $\mu\text{gP L}^{-1}$  enclosure (Fig. 4).  
20 The SFA 18:0 was found in high concentrations in the control treatments, although it  
21 decreased after the addition of P and particularly in the 20  $\mu\text{gP L}^{-1}$  and 30  $\mu\text{gP L}^{-1}$   
22 enclosures.

23 Most seston FAs (16:0, 16:4, 18:1n-9, 18:2n-6 and 18:3n-3) were also  
24 significantly enhanced by UVR although to a lesser extent than by P, particularly at the  
25 ends of the P gradient, i.e. in the controls with no P added and the most enriched

1 enclosures (Fig. 4; Table 3). The strongest differences between UVR treatments were  
2 found in the concentrations of 18:1n-9 and 18:2n-6, which were over 200% higher in  
3 +UVR relative to -UVR in the 60  $\mu\text{gP L}^{-1}$  enclosures (Table 3; Fig. 4). In contrast,  
4 HUFA was negatively affected by UVR and the addition of P. Thus, arachidonic acid  
5 (ARA [20:4n6]) reached 79% of HUFA and >5% of TFA only in the control in -UVR,  
6 but was not detected in the presence of UVR or after the addition of P (Fig. 4). Such a  
7 decline, together with the general increase in  $\omega$ 3-PUFA (Fig. 3c), was responsible for  
8 the strong decline in the HUFA:PUFA ratios with P (all *t*-test,  $P < 0.01$ ; Table 2; Fig.  
9 3e). Significant UVR x P effects were found on HUFA content (slope of the regression  
10 line:  $F_{1,6} = 7.87$ ,  $P = 0.031$ ; Table 4). These effects were antagonistic, with a  
11 diminished effect of UVR as the enrichment with P increased (Fig. 3b).

12 Phosphorus enrichment did not cause a decrease in seston C:P at a linear rate in  
13 +UVR enclosures (Table 1; Fig. 5a). The relatively low C:P of 273 in the control and  
14 the post-bloom depletion of P in the least P-enriched enclosures were responsible for  
15 this result. Thus, seston C:P ratio was 360 in the 20  $\mu\text{gP L}^{-1}$  (~30% higher relative to the  
16 control), decreased progressively with increasing P concentration, and achieved values  
17 below the control of 180 exclusively in the 60  $\mu\text{gP L}^{-1}$  enclosure (Table 2; Fig. 5; note  
18 that only relativized response variables are shown). In contrast, UVR reduced mean  
19 seston C:P in all treatments and, particularly, in enclosures receiving  $\leq 30 \mu\text{gP L}^{-1}$ ,  
20 where seston C:P in the control was 34% lower in the +UVR enclosure than in the -  
21 UVR enclosure (Table 3; Fig. 5b). In addition, UVR and P showed an interactive effect  
22 on seston C:P (Table 4) which resulted in a reduced effect of UVR decreasing seston  
23 C:P at high P concentrations (Fig. 5b). Phosphorus and UVR effects on P cell quota  
24 differed. While P enrichment strongly decreased P cell quota (Table 3; Fig. 5c), the  
25 effect of UVR on P cell quota was significant and positive only in the control with no P

1 added (Table 3; Fig. 5d). As a consequence, a significant UVR x P effect was found on  
2 P cell quota indicating a stimulatory effect of UVR on P uptake that attenuated at high P  
3 enrichment levels (Table 4).

4 Seston C:N ratios generally increased due to enrichment with P, and only  
5 remained unaltered relative to the control in the 60  $\mu\text{gP L}^{-1}$  (Fig. 5e; Table 2). Also,  
6 seston C:N was not affected by UVR, except for the 20  $\mu\text{gP L}^{-1}$  enclosure where this  
7 ratio was lower under UVR (from  $9.9 \pm 0.1$  to  $8.7 \pm 0.3$  in -UVR vs. +UVR enclosures;  
8 Table 3; Fig. 5f).

9 Chl a:C ratios strongly increased across the P gradient (Fig. 5g; Table 1), and  
10 was generally higher in the enclosures receiving UVR (Fig. 5h), and particularly in the  
11 control where UVR increased mean Chl a:C by >25% (Table 3).

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## 14 DISCUSSION

15 In this study we examined how a prolonged exposure to UVR affected  
16 phytoplankton biochemical and elemental composition with increasing pulses of  
17 phosphorus, the latter resembling natural inputs to this lake carried by winds from the  
18 Sahara (Morales-Baquero *et al.*, 2006). Our results contribute to our knowledge of the  
19 simultaneous effects of multiple stressors on the biochemical composition of primary  
20 producers. We found that P and UVR are important determinants of seston elemental  
21 and biochemical composition. While P was the main driver for most seston biochemical  
22 parameters, however, the precise effect of UVR depended strongly on the availability of  
23 P. Thus, consistently with an interactive UVR x P effect, the role of UVR in reducing  
24 HUFA and C:P ratios was most pronounced under oligotrophic conditions but vanished  
25 as P concentration increased.

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*Single and interactive P x UVR effects on fatty acid composition*

A seston fatty acid profile dominated by palmitic acid (16:0), as well as by the monounsaturated oleic acid (18:1n-9) and  $\alpha$ -linolenic acid (18:3n-3), agrees well with expectations for a Chlorophyte dominated phytoplankton community (Brett *et al.*, 2006). However, seston fatty acid composition varied as a consequence of experimental manipulation. Thus, we found strong effects of P enrichment on algal fatty acid composition, whereas the effects of UVR *per se* and its interaction with P were generally less pronounced. Notably,  $\omega$ 3-PUFA increased eight-fold in response to P enrichment which corroborates observations for high arctic systems (Elser *et al.*, 2001; Leu *et al.*, 2006b). In particular, the higher concentration of  $\omega$ 3-PUFA was largely explained by the synthesis of C18 PUFAs and, particularly, of ALA. As discussed by Leu *et al.* 2006a, the pathway for the biosynthesis of C18 PUFAs starts at the SFA 18:0. Probably the enrichment with P caused the activation of this biosynthetic pathway towards the formation of 18C PUFAs (after the insertion of double bonds) at the expenses of the precursor 18:0.

Interestingly, the content of  $\omega$ 3-PUFA was also enhanced by UVR, although only at the ends of the experimental P gradient. Similar increments in  $\omega$ 3-PUFA due to UVR have been reported previously, but observations have not always being consistent among studies (Goes *et al.*, 1994; Skerratt *et al.*, 1998). Although the proximate reasons for the increase in PUFA synthesis due to UVR are not obvious, it has been suggested that UVR could induce gene expression of desaturase enzymes responsible of the biosynthesis of C18 PUFAs (Leu *et al.*, 2006a). Ultimately, the increase in structural lipids could indicate enhanced cell growth and metabolism, benefiting the acclimation of UVR-stressed cells.

1           The fact that the HUFA ARA was found in substantial amounts in the control  
2 enclosure with no UVR, but disappeared when enclosures were P enriched, agrees with  
3 previous findings reporting an active accumulation of carbon in the form of ARA  
4 deposited in triacylglycerols under nutrient deprivation in unicellular chlorophytes  
5 (Merzlyak *et al.*, 2007). Further, it is generally accepted that algae acclimate to stressful  
6 environments by alteration of their lipid composition and some species actively  
7 synthesize triacylglycerols (TGA) as an efficient carbon sink (Guschina & Harwood,  
8 2006). The inhibition of ARA by UVR in the control enclosure can be explained by the  
9 detrimental effect of UVR in peroxidating HUFA rather than the more resistant short-  
10 chain PUFAs (Girotti, 2001). This view is supported by the finding of a higher content  
11 of 16:0, 16:4 or 18:1n-9 in the control in +UVR relative to –UVR enclosures.

12           As expected, the finding of an interactive antagonistic effect of UVR and P on  
13 the content of HUFA indicated that the detrimental effect of UVR in reducing HUFA  
14 and HUFA:PUFA was more intense at low P concentration. This is characteristic of  
15 oligotrophic conditions, under which UVR can penetrate deeper before extinction and  
16 less algae-shading effect is expected.

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#### 18 *Single and interactive P x UVR effects on stoichiometric composition*

19           The finding of higher seston C:P ratios in the low P enrichment enclosures  
20 relative to the control after thirty days of incubations was not surprising given: (1) the  
21 intensive depletion of P in P-enriched enclosures after the algal bloom (as reflected by  
22 the mark reduction in P cell quota; Fig. 5c), and (2) the low seston C:P ratio in the  
23 unenriched +UVR treatment, which resembles those of lake La Caldera under natural  
24 conditions (181 and 115 are average seston C:P ratios for 30 samples dates during 1996  
25 and 1997; data from (Villar-Argaiz *et al.*, 2002). The results of Xenopoulos *et al.* (2002)

1 and, more recently, Carrillo *et al.* (2008) and Hessen *et al.* (2008) suggest that UVR has  
2 a key role in reducing seston C:P ratios. The finding in this study of a higher P cell  
3 quota in the control in +UVR relative to –UVR is consistent with previous work that  
4 relates the decrease in seston C:P in the presence of UVR with the increased P  
5 acquisition by algae (Leu *et al.*, 2006a; Carrillo *et al.*, 2008, Hessen *et al.*, 2008),  
6 although enhanced photosynthetic carbon release by algae can also have an important  
7 effect (Carrillo *et al.* 2008). The extra demands for P could be due to the high energetic  
8 cost (and consequently demand for ATP) associated with the bioconversion of ALA and  
9 other PUFAs to HUFA through the elongation and desaturation processes (Kanawaza *et*  
10 *al.*, 1979; Brett & Müller-Navarra, 1997), or with other beneficial photo-mediated  
11 mechanisms such as nucleotide repair or enhanced protein biosynthesis (Hessen *et al.*,  
12 2008). Together these observations are in line with previous work reporting that  
13 phytoplankton sensitivity to UVR is modulated by their P nutritional deficiency  
14 (Aubriot *et al.*, 2004).

15 As for HUFA, the fact that the effect of UVR in decreasing seston C:P was  
16 manifest at low P concentration and vanished as P load increased implied an interactive  
17 UVR x P effect, a result previously shown in three of five bioassays performed in two  
18 lakes at the Experimental Lake Area in Canada (Xenopoulos *et al.*, 2002). Therefore, P  
19 and UVR affected phytoplankton elemental composition by simultaneously decreasing  
20 C:P ratios (at least at the high P loads in this study). Thus, UVR might be of prime  
21 importance for phytoplankton elemental and biochemical composition in pristine waters  
22 where UVR penetrates more deeply (Fleischmann, 1989), and could help to explain  
23 deviations from the Redfield ratio towards lower C:P (Medina-Sanchez *et al.*, 2006).

24

25 *Single and interactive P x UVR effects on Chl a:C ratio*

1           Our observation that Chl a:C ratio strongly increased across the P gradient is  
2 supported by previous findings for green algae cultures (Hessen *et al.*, 2002). Further,  
3 UVR enhanced Chl a:C ratios, particularly in the controls, a result consistent with  
4 observations of strong C:Chl a disruptions caused by UVR (Xenopoulos *et al.*, 2002).  
5 Previous work has clearly shown that chlorophyll and carbon content depends strongly  
6 on the growth of the autotroph concerned (Healey & Hendzel, 1979), for which solar  
7 radiation and nutrients are essential factors. Therefore, responses to UVR and P could  
8 lead to multiple effects on photosynthetic C fixation/release (Carrillo *et al.*, 2008) and  
9 pigment synthesis/photolysis processes, by operating at different rates, could lead to  
10 variable Chl a:C ratios. It is logical to assume that a high Chl a per unit C is  
11 characteristic of healthy algae and makes then a better food quality for consumers.  
12 Although chlorophyll is chiefly used as an indicator of food quantity, the pronounced  
13 changes in Chl a:C observed in this study suggest that this factor may have pronounced  
14 consequences for zooplankton growth.

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#### 16 *Implications for food quality*

17           It is widely accepted that food quantity places the largest constraint on the  
18 growth of zooplankters in oligotrophic systems, and that food quality is more important  
19 as systems become more productive (Sterner, 1997; Persson *et al.*, 2007), but see  
20 Becker & Boersma (2003). This indeed might be the case in the present experiment,  
21 where food was well below the incipient limiting level (ILL) for most zooplankters in  
22 control enclosures, but well above these thresholds (Villar-Argaiz *et al.*, 2002) in the  
23 enriched enclosures.

24           With respect to the biochemical composition of seston, the strong synthesis of  
25 ALA due to P enrichment may have implications for food quality, due to the known

1 ability of herbivores to convert this fatty acid to long-chain polyunsaturated fatty acids  
2 (HUFAs) through elongation and desaturation processes (Brett & Müller-Navarra,  
3 1997). Further, the relevance of ALA content in seston for zooplankton growth has been  
4 suggested based on field correlations between seston and zooplankton FA content  
5 (Sushchik *et al.*, 2003) or bioassays using natural seston or ALA-enriched algae as a  
6 food source for zooplankton growth (Wacker & Von Elert, 2001; Park *et al.*, 2003; Von  
7 Elert, 2002). However, simply because P and also UVR stimulated the content of  $\omega$ 3-  
8 PUFA, it may not be safe to conclude that these factors enhance food quality for  
9 zooplankton (Leu *et al.*, 2006a). In fact, our results indicate that the addition of P was  
10 detrimental to the content of HUFA, a well known essential group of biochemicals in  
11 animals (Müller-Navarra *et al.*, 2000). This is consistent with observations by Müller-  
12 Navarra *et al.* (2004) of more nutritious algae for zooplankton at low P concentration,  
13 due to their higher HUFA content per unit carbon.

14         The question then rises as to which factor exerts the most relevant role  
15 determining food quality for herbivore consumers? Whether changes in the potential  
16 food quality of autotrophs, due to the simultaneous effect of P and UVR, add or offset  
17 each other is not a trivial question. For example, the beneficial effect of UVR or P in  
18 increasing  $\omega$ 3-PUFA and decreasing C:P could be offset by the detrimental effect of  
19 UVR peroxidating HUFA. Further, the diversity of potentially limiting substances to  
20 zooplankton is still highly debated (Sterner & Schulz, 1998; Ferrao *et al.*, 2007), and  
21 particularly since different zooplankton taxa might be limited by different  
22 characteristics of the food (Boersma & Stelzer, 2000). The strength of this food  
23 limitation may also vary greatly with zooplankton ontogeny (DeMott *et al.*, 2001) and  
24 lake trophic state (Persson *et al.*, 2007). Finally, there is covariation among seston food  
25 quality variables, making discrimination among the key food traits responsible for

1 zooplankton nutritional limitation in nature far from straightforward. For example, a  
2 tight correlation between Chl a:C and  $\omega$ 3-PUFA ( $r^2 = 0.82$ ,  $P < 0.001$ ,  $df = 1, 8$ ) was  
3 found in this study.

4 In summary, P addition had a positive effect on the nutritional quality of algae in  
5 terms of TFA,  $\omega$ 3-PUFA and Chl a:C ratios, negative effects on HUFA, HUFA:PUFA  
6 and C:N ratios, and effects on seston C:P that were specific to the concentration of P.  
7 Considering the magnitude of the responses and the ability of zooplankton to convert  
8  $\omega$ 3-PUFA to HUFA, we suggest that the strong stimulation of  $\omega$ 3-PUFA may be the  
9 most relevant enrichment effect improving the nutritional quality of seston as food  
10 source for consumers in this study. The response to UVR depended, however, on the  
11 degree of P enrichment. Overall, UVR had minor effects enhancing food quality in  
12 terms of PUFA at both ends of the P gradient applied, but adversely affected HUFA  
13 content by lowering, as a consequence, the HUFA:PUFA ratio. Nonetheless, this  
14 potentially detrimental effect of UVR could be counteracted by the simultaneously  
15 beneficial effect of decreasing seston C:P.

16 Global change has strong effects, not only on the amount of UV reaching the  
17 Earth (Shindell *et al.*, 1998; McKenzie *et al.*, 2007) including mid-latitudes (Seckmeyer  
18 & McKenzie, 1992; KeilJakson & Hort, 2007), but also on the frequency and intensity  
19 of P inputs from the atmosphere reaching the Mediterranean region (Morales-Baquero  
20 *et al.*, 2006). Our results show interdependent and contradictory effects of UVR and P  
21 on the quality of algae for herbivore consumers. UVR has a predominant role in  
22 lowering seston C:P ratios (enhanced food quality) and HUFA content (decreased food  
23 quality) in low nutrient waters, but this effect vanishes as P load increases. This, in  
24 addition to food quantitative effects, could have consequences for the efficiency with  
25 which mass is transferred up the food web, particularly in highly oligotrophic systems.

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- 24

1 **Table 1.** Effects of P enrichment, tested via regression analysis, on the biochemical and  
2 elemental composition of seston for each light treatment. Significant predictors are  
3 shown in bold. TFA, total fatty acids; SFA, saturated fatty acids;  $\omega$ 3-PUFA,  $\omega$ 3-  
4 polyunsaturated fatty acids; HUFA, highly unsaturated fatty acids.

		Linear regression			
		Slope	Y-intercept	$r^2$	<i>P</i>
TFA ( $\mu\text{gFA mgC}^{-1}$ )	+UVR	<b>3.63</b>	<b>204.21</b>	<b>0.775</b>	<b>0.046</b>
	-UVR	1.29	196.91	0.335	0.306
SFA ( $\mu\text{gFA mgC}^{-1}$ )	+UVR	0.743	112.71	0.212	0.435
	-UVR	-0.30	110.31	0.269	0.370
$\omega$ 3-PUFA ( $\mu\text{gFA mgC}^{-1}$ )	+UVR	<b>2.00</b>	<b>13.81</b>	<b>0.932</b>	<b>0.008</b>
	-UVR	<b>1.351</b>	<b>16.120</b>	<b>0.791</b>	<b>0.044</b>
HUFA ( $\mu\text{gFA mgC}^{-1}$ )	+UVR	<b>-0.05</b>	<b>6.847</b>	<b>0.792</b>	<b>0.043</b>
	-UVR	<b>-0.15</b>	<b>11.26</b>	<b>0.888</b>	<b>0.016</b>
HUFA : PUFA	+UVR	-0.318	17.476	0.719	0.069
	-UVR	-0.754	37.543	0.653	0.098
C : P	+UVR	-1.822	338.03	0.363	0.283
	-UVR	<b>-3.929</b>	<b>452.18</b>	<b>0.886</b>	<b>0.017</b>
pgP per cell	+UVR	-0.003	0.166	0.499	0.182
	-UVR	-0.002	0.158	0.489	0.189
C : N	+UVR	0.007	7.551	0.023	0.809
	-UVR	0.012	7.752	0.033	0.769
Chl a : C ( $\mu\text{gChl a mgC}^{-1}$ )	+UVR	<b>0.679</b>	<b>32.130</b>	<b>0.956</b>	<b>0.004</b>
	-UVR	<b>0.767</b>	<b>28.684</b>	<b>0.863</b>	<b>0.022</b>

**Table 2.** Effects of the enrichment with P on seston biochemical and elemental composition for each light treatment. Numbers give the magnitude (%) and sign (-, inhibition; +, stimulation) of each P concentration relative to the control (no P added). Only food quality variables that did not show a linear response to the enrichment with P (see Table 1) are shown here. Asterisks indicate the results of paired dependent *t*-test between the enriched treatments and the controls with no P added (n.s., not significant; \*,  $P<0.05$ ; \*\*,  $P<0.01$ ; \*\*\*,  $P<0.001$ ; n.a., not applicable). Abbreviations as in Table 1.

Factor ( $\mu\text{gP L}^{-1}$ )	20		30		40		60	
	+UVR	-UVR	+UVR	-UVR	+UVR	-UVR	+UVR	-UVR
SFA ( $\mu\text{gFA mg C}^{-1}$ )	-37 (n.s.)	-22 (n.s.)	-31 (n.s.)	-19*	7 (n.s.)	-4 (n.s.)	17 (n.s.)	-23*
HUFA:PUFA	-74**	-82**	-74**	-88**	-86**	-93**	-90**	-94**
16 : 0	-23 (n.s.)	14 (n.s.)	-10 (n.s.)	17 (n.s.)	17 (n.s.)	43 (n.s.)	48*	6 (n.s.)
16 : 4	234**	(n.a.)	322***	(n.a.)	253**	(n.a.)	624**	(n.a.)
18 : 0	-52*	-36 (n.s.)	-53*	-50*	-21 (n.s.)	-41*	-25*	-52*
18 : 1n-9	1 (n.s.)	219***	-0.2 (n.s.)	168**	-5 (n.s.)	135*	22 (n.s.)	17 (n.s.)
18 : 2n-6	30 (n.s.)	156***	37*	162**	126*	143*	123**	17 (n.s.)

18 : 3n-3	249**	537**	378***	671**	487**	1302**	809*	1050**
20 : 4n-6	(n.a.)	(n.a.)	(n.a.)	(n.a.)	(n.a.)	(n.a.)	(n.a.)	-94*
C : P	51*	18 (n.s.)	13 (n.s.)	-10 (n.s.)	4 (n.s.)	-26 (n.s.)	-31**	-49***
pgP per cell	-91**	-89***	-92***	-90***	-91**	-89***	-87***	-84***
C : N	38*	63***	38*	47**	28*	33**	11 (n.s.)	24*

**Table 3.** Effect of UVR on seston biochemical and elemental composition. Numbers give the magnitude (%) and sign (-, inhibition; +, stimulation) of the UVR effects. Asterisks indicate the results of paired dependent *t*-test between +UVR and -UVR treatments for each P level (n.s., not significant; \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ; \*\*\*,  $P < 0.001$ ). Abbreviations as in Table 1.

Factor ( $\mu\text{gP L}^{-1}$ )	Control	20	30	40	60
TFA ( $\mu\text{gFA mgC}^{-1}$ )	50*	3 (n.s.)	11 (n.s.)	25 (n.s.)	90**
SFA ( $\mu\text{gFA mgC}^{-1}$ )	26*	8 (n.s.)	8 (n.s.)	41*	93**
$\omega$ 3-PUFA ( $\mu\text{gFA mgC}^{-1}$ )	96*	9 (n.s.)	19*	22*	54*
HUFA ( $\mu\text{gFA mgC}^{-1}$ )	-42*	-35**	-15 (n.s.)	-11 (n.s.)	12 (n.s.)
HUFA:PUFA	-57**	-36**	-8 (n.s.)	-20 (n.s.)	-28*
16: 0	48*	3 (n.s.)	14 (n.s.)	22 (n.s.)	108**
16 : 4	(n.a.)	4 (n.s.)	23*	-37 (n.s.)	67**
18 : 0	13 (n.s.)	-15 (n.s.)	6 (n.s.)	53 (n.s.)	77 (n.s.)
18 : 1n-9	196*	-6 (n.s.)	10 (n.s.)	19 (n.s.)	208*
18 : 2n-6	94*	-2 (n.s.)	2 (n.s.)	81 (n.s.)	269**

18 : 3n-3	97**	8 (n.s.)	22**	-18 (n.s.)	55 (n.s.)
20 : 4n-6	(n.a.)	(n.a.)	(n.a.)	(n.a.)	(n.a.)
C : P	-34*	-12 (n.s.)	-7 (n.s.)	0.4 (n.s.)	-8 (n.s.)
pgP per cell	27*	4 (n.s.)	3 (n.s.)	-2 (n.s.)	0.4 (n.s.)
C : N	4 (n.s.)	-12*	-2 (n.s.)	0.3 (n.s.)	-7 (n.s.)
Chl a : C	27**	4*	-1 (n.s.)	-10*	5 (n.s.)

**Table 4.** Interactive UVR x P effects on seston biochemical and elemental composition. Interactive effects in variables showing linearity with P-enrichment for each light treatment were assessed by analysis of covariance, while variables not showing linearity were tested via regression analysis between UVR-relativized variables and P-enrichment (see Methods for further explanation). Significant predictors are shown in bold.

	Interactive UVR x P effects					
	Analysis of covariance		Linear regression			
	$F_{1,6}$	$P$	(UVR-relativized variables)			
			Slope	Y-Intercept	$r^2$	$P$
TFA ( $\mu\text{gFA mgC}^{-1}$ )	–	–	0.007	1.130	0.202	0.447
SFA ( $\mu\text{gFA mgC}^{-1}$ )	–	–	0.012	0.980	0.541	0.157
$\omega$ 3-PUFA ( $\mu\text{gFA mgC}^{-1}$ )	1.633	0.249	–	–	–	–
HUFA ( $\mu\text{gFA mgC}^{-1}$ )	<b>7.867</b>	<b>0.031</b>	–	–	–	–
HUFA : PUFA	–	–	0.005	0.552	0.360	0.285
C : P	–	–	<b>0.005</b>	<b>0.732</b>	<b>0.870</b>	<b>0.050</b>
pgP per cell	–	–	<b>-0.004</b>	<b>1.173</b>	<b>0.678</b>	<b>0.045</b>

C : N	-	-	-0.001	0.992	0.103	0.600
Chl a : C ( $\mu\text{gChl a mgC}^{-1}$ )	0.202	0.669	-	-	-	-

## Figure legends

**Figure 1.** Taxonomic phytoplankton abundance in unenriched (control) and P-enriched enclosures under –UVR and +UVR after 30 days of incubation.

**Figure 2.** Changes in Soluble Reactive Phosphorus as a function of the P-enrichment in the two UVR treatments. Solid symbols represent –UVR enclosures and open symbols represent +UVR enclosures. Data show means of three laboratory measurements.

**Figure 3.** Effects of P (left) and UVR x P (right) manipulations on seston in terms of (a, b) total, saturated and highly unsaturated fatty acids, (c, d)  $\omega$ 3- PUFA, and (e, f) HUFA:PUFA ratio in experimental enclosures. Response variables were specifically relativized to show P and UVR x P effects. P-relativized variables were calculated by dividing the replicate for each P treatment by the control replica (no P added) in +UVR enclosures. For the UVR x P effect, variables were first UVR-relativized by dividing the observation for each P level in +UVR by the respective control treatment replicate in –UVR and then regressed against P-enrichment (see Table 4 for linear regression parameters and Methods for further detail). A positive response was interpreted as stimulating the constituent production or ratio and a negative response as inhibiting the constituent production or ratio. Values represent the mean and standard deviation of three sampling dates.

**Figure 4.** Effects of UV radiation and P manipulations on seston fatty acid composition. Values represent means from the three sampling dates. Fatty acids accounting for less than 5% of TFA in all treatments were not included.

**Figure 5.** Effects of P (left) and UVR x P (right) manipulations on seston in terms of (a, b) seston C:P ratio, (c, d) P cell quota, (e, f) seston C:N ratio, and (g, h) Chl a:C in experimental enclosures. See Fig. 3 text for further details.