

Cite this: *J. Mater. Chem. C*, 2023, 11, 14826

The statistical probability factor in triplet mediated photon upconversion: a case study with perylene†

Lukas Naimovičius,^{a,b} Edvinas Radiunas,^b Manvydas Dapkevičius,^b Pankaj Bharmoria,^a Kasper Moth-Poulsen^{*acde} and Karolis Kazlauskas^{ib*bd}

Triplet–triplet annihilation photon upconversion (TTA-UC) is a process where two low-energy photons are converted into one higher-energy photon. A crucial component for an efficient upconversion process is the statistical probability factor (f), defined as the probability of the formation of a high-energy singlet state upon coupling of two low-energy triplet states. Theoretically, f depends on the energy level distribution, molecular orientation, inter-triplet exchange coupling of triplet dyads, and spin-mixing of resulting spin states (singlet, triplet, and quintet). However, experimental values of f for acene-based annihilators have been subject to large variations due to many factors that have resulted in the reporting of different f values for the same molecule. In this work, we discuss these factors by studying perylene as a case study annihilator, for which by far the largest variation in $f = 16$ to 100% has been reported. We systematically investigated the TTA-UC of PdTPBP:perylene, as a sensitizer–annihilator pair and obtained the experimental $f = 17.9 \pm 2.1\%$ for perylene in THF solution. This limits the maximum TTA-UC quantum yield to 9.0% (out of 50%) for this annihilator. We found that such a low f value for perylene is largely governed by the energy-gap law where higher non-radiative losses due to the small energy gap between $2 \times T_1$ and T_2 affect the probability of singlet formation. Interestingly, we found this observation true for other acene-based annihilators whose emission ranges from the UV to the yellow region, thus providing a blueprint for future design of efficient TTA-UC systems

Received 31st August 2023,
Accepted 29th September 2023

DOI: 10.1039/d3tc03158f

rsc.li/materials-c

Introduction

Photon upconversion (UC) is a non-linear optical process that transforms low-energy photons into high-energy photons.¹ Triplet–triplet annihilation photon upconversion (TTA-UC) is a sensitized UC process that converts two low-energy photons *via* triplet states to one high-energy photon emitted from the singlet state.^{2,3} TTA-UC is advantageous to other UC processes¹ due to its ability to function upon incoherent low-density excitation at flexible spectral ranges.⁴ Hence, it is increasingly being applied in photovoltaics, bioimaging, photocatalysis,

photodynamic therapy, sensing, optogenetics, and 3-D printing.^{5–13} A typical TTA-UC occurs in an ensemble of sensitizer and annihilator chromophores, where an excited triplet-state of the sensitizer after absorbing low energy photons sensitizes the annihilator triplets *via* Dexter energy transfer (DET), which then undergo TTA to produce a high f energy emissive singlet state. This process of the formation of a higher energy singlet state upon coupling of two low energy triplet states is described by the statistical probability factor (f) as shown in Fig. 1. However, there is a lot of ambiguity about the calculated f of various annihilators and their dependence on different photochemical and energetic parameters. In this work, we experimentally assess the f of the perylene annihilator and discuss the dependence of f on the energy gap law to optimize a suitable energetic design for annihilators with high f factor.

The strong exchange coupling of triplet states can result in nine possible triplet-pair spin eigen states with three spin multiplicities (1 singlet, 3 triplets, and 5 quintets) according to the Glebsch–Gordan series.¹⁴ Triplet coupling can be simply defined by Heisenberg's spin only Hamiltonian, eqn (1).^{15,16}

$$\hat{H} = -2J\hat{S}_1 \cdot \hat{S}_2 \quad (1)$$

where \hat{S}_1 and \hat{S}_2 are individual spin operators of the two individual interacting triplets and J is the magnetic exchange

^a Institute of Materials Science of Barcelona, ICMAB-CSIC, Bellaterra, Barcelona, 08193, Spain

^b Institute of Photonics and Nanotechnology, Vilnius University, Saulėtekio Av. 3, LT-10257 Vilnius, Lithuania. E-mail: karolis.kazlauskas@ff.vu.lt

^c Catalan Institution for Research & Advanced Studies, ICREA, Pg. Lluís Companys 23, Barcelona, Spain

^d Department of Chemical Engineering, Universitat Politècnica de Catalunya, EEBE, Eduard Maristany 10–14, 08019 Barcelona, Spain.

E-mail: kasper.moth-poulsen@upc.edu

^e Department of Chemistry and Chemical Engineering, Chalmers University of Technology, Kemivägen 4, Gothenburg 412 96, Sweden

† Electronic supplementary information (ESI) available. See DOI: <https://doi.org/10.1039/d3tc03158f>



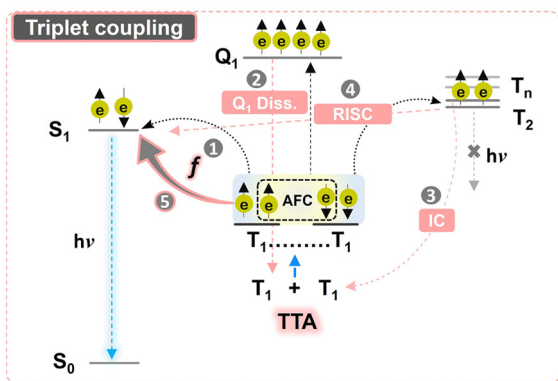


Fig. 1 Schematic view of the processes contributing towards statistical probability factor f after triplet coupling post-TTA. The TTA results in the formation of a triplet exchange coupled pair ($T_1 \dots T_1$) that can form 1 singlet-pair state (S_1), 3 triplet-pair states (T_2), and 5 quintet-pair states (Q_1) in case of strong exchange coupling. The singlet-pair state contributes towards f directly via route 1, supported by Q_1 dissociation (route 2). In case of weak exchange coupling, f can further be increased (route 5) if supported by internal conversion (IC, route 3) and reverse intersystem crossing (RISC, route 4).

parameter that also defines the strength of inter-triplet exchange interactions.

J contains all the spatial information of the wave function through-space and through-bond interactions which determine the ground-state spin preferences upon coupling. Due to anti-ferromagnetic coupling (AFC), the energetic order of spin multiplicities reverses against Hund's rule as per eqn (2) (Fig. 1).

$$E_s = -J(S(S+1) - 4) \quad (2)$$

where E_s is the energy of the excited state and S is the total angular momentum of the coupling triplets.

Since the fate of eventual singlet emission after triplet coupling is decided by the f factor, it is imperative to understand its relevance with regard to calculations. One key ambiguity about f in TTA-UC is the obtained experimental values being higher than that of the spin-statistical limit of 1/9.^{17–19} This ambiguity is attributed to the dissociation of the quintet-pair state to individual triplets, reverse inter-system crossing (RISC) of the T_n state to the photo-emissive S_1 state, and internal conversion of the triplet-pair state to individual triplets (Fig. 1).²⁰ The quintet-pair state dissociates back to individual triplets because the quintet state is energetically inaccessible in a single chromophore.²¹ Hence, only 1 singlet-pair state and 3 triplet-pair states are directly involved in the spin statistics in the case of strong-exchange coupling. However, mixed spin states with singlet character can be formed in case of weak exchange coupling that can increase the f factor beyond 1/9.²⁰

As discussed below, several other factors have a strong influence on the f value such as the chemical structure and energetics of a molecule. The chemical structure of a molecule can play an important role in determining the f value since it influences the molecular orientations (anisotropic interactions), Dexter distance,²² and transition dipole moment densities during

inter-triplet exchange coupling.^{23,24} Hence, substitution can alter the triplet-pair wavefunction for an effective or ineffective coupling leading to a low or high f factor and ϕ_{UC} .^{17–19,23,24}

Besides these factors, the excited state energy level distribution is one of the most important factors since it has an impact on the energy transfer processes occurring within the system such as triplet recycling or losses to higher energy states via non-radiative decay. In the case of weak coupling, the rate of non-radiative decay (k_{nr}) of the excited state can be understood from the energy gap law using eqn (3) and (4).^{25,26}

$$k_{nr} \sim \exp\left(\frac{-\gamma|\Delta E|}{\hbar\omega_M}\right) \quad (3)$$

$$\gamma = \log\left(\frac{|\Delta E|}{d_{eM}}\right) - 1 \quad (4)$$

where $\hbar\omega$ is a single vibrational frequency, M is the average displacement mode of the maximum frequency, and $|\Delta E|$ is the energy gap between electronic states. Hence, k_{nr} decreases exponentially with increasing ΔE and $1/\hbar\omega_M$.

For TTA to occur, the combined energy of the first two triplet states ($2 \times T_1$) of an annihilator is required to be higher than that of the first singlet state ($E_{2T_1} \geq E_{S_1}$). However, if the higher energy T_n states ($T_2, T_3 \dots etc.$) are close enough to $2 \times T_1$, it may lead to enhanced non-radiative losses that will hinder the generation of emissive S_1 . Therefore, the $\Delta E_{2T_1-S_1}$ and $\Delta E_{2T_1-T_2}$ energy gaps have a strong influence on f ,^{27–29} which is discussed in this work.

The variations in the reported f value are common for some acene-based annihilators emitting from the UV to the yellow region of the spectrum (Fig. 2 and Table S2, ESI[†]). In particular, large variations of $f = 16$ –100% for perylene were reported in the literature.^{30,31} (Fig. 2, see Table S2 with ref., ESI[†]). This leads to ϕ_{UC} from low ($\phi_{UC} = 2$ –9%)^{30,32–37} to high values up to $\phi_{UC} = 38\%$ ³¹ in deaerated organic solution. ϕ_{UC} was reported to increase even further to 42% in dimerized perylene as an annihilator.³⁸ Hence, we assess this difference of f by performing

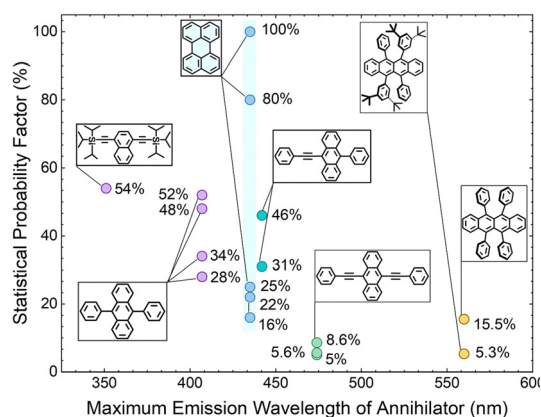


Fig. 2 Variations in the reported experimental f values of various acene-based annihilators emitting from the UV to the yellow region of the spectrum (data with ref. no are provided in Table S2, ESI[†]). Asterisk (*) marks indicate the values determined by us from the available data as in the example represented in Table S3 and Fig. S5 (ESI[†]).



a systematic experimental and excited state modeling study to understand its relationship with the energy gap law.^{25,26}

Results and discussion

For experimental analysis, a systematic TTA study of perylene as an annihilator with palladium(II) *meso*-tetraphenyl-tetrabenzoporphyrin (PdTPBP) as a sensitizer (ISC approaching unity³⁹) is performed (Fig. 3a), to determine the key photophysical parameters and loss channels leading to the accurate calculation of the f value.

In general, f is calculated from eqn (5), considering the quantum yield of every single photophysical process within the system.

$$\phi_{UC} = \frac{1}{2} f \phi_{ISC} \phi_{TET} \phi_{TTA} \phi_{FL} \quad (5)$$

where ϕ_{UC} , ϕ_{ISC} , ϕ_{TET} , ϕ_{TTA} and ϕ_{FL} are quantum yields of upconversion, intersystem crossing, triplet energy transfer from sensitizer to annihilator, triplet-triplet annihilation, and fluorescence of annihilator, respectively.

Due to the aggregation challenges of perylene above a certain concentration in organic solution ($\approx 1 \times 10^{-3}$ M),^{32,34} we carried out photophysical characterization and TTA-UC experiments at a concentration, where perylene shows only monomeric emission in tetrahydrofuran (THF). The experimental absorption and emission spectrum of perylene and PdTPBP are shown in Fig. 3b. The absorption maximum of perylene was observed at 436 nm (S_0-S_1) with accompanying vibronic bands at 410 and 388 nm, whereas the monomeric emission maximum was observed at 441 nm along with the shoulder peaks at 469 and 502 nm. The absorption spectrum of PdTPBP showed a characteristic Soret band at 440 nm and a Q-band at 626 nm, while the phosphorescence emission maximum was observed at 801 nm (1.55 eV). Due to the overlap of the absorption/emission spectra, perylene is prone to strong reabsorption effects at high concentrations that can affect the ϕ_{UC} and eventually the calculated f . Additionally, the overlap of

its emission spectrum with the PdTPBP Soret absorption band can affect ϕ_{UC} due to back energy transfer *via* Förster resonance energy transfer (FRET).

For TTA-UC measurements, perylene: PdTPBP UC solution was prepared at 1×10^{-4} M and 1×10^{-5} M concentrations, respectively. The selected concentrations were reported^{31,34} to be optimal for TTA-UC investigation of perylene: PdTPBP solution. At the studied concentration of perylene in THF (1×10^{-4} M), a $\phi_{FL} = 96\% \pm 5\%$ was determined without PdTPBP. The deaerated TTA-UC solution showed a UC emission maximum at 446 nm upon 640 nm laser excitation with $\phi_{UC} = 3.9\%$ at ~ 100 W cm⁻² of excitation density (Fig. S1, ESI†). ϕ_{UC} was evaluated using two methods: the absolute quantum yield method, which utilizes an integrating sphere and the widely used relative method. The latter method tends to be more sensitive to the measurement configuration and reference standard. However, both methods produced consistent results, yielding a similar ϕ_{UC} of 3.9% (see Fig. S2 and Table S1, ESI†). The UC emission spectrum in our system is red-shifted by 0.04 eV compared to the emission maximum of the fluorescence spectrum without sensitizer. This is consistent with the decrease in ϕ_{FL} from 96% to 50% due to the reabsorption of the original emission maximum by the Soret band of the sensitizer *via* FRET (Fig. S3, ESI†). The maximum UC quantum yield (ϕ_{UC}^∞) needed for the determination of f was obtained only at high I_{ex} values where ϕ_{TTA} approaches unity according to eqn (6) proposed by Murakami *et al.*⁴⁰ using threshold excitation intensity (I_{th}) data (Fig. 4).

$$\phi_{UC} = \phi_{UC}^\infty \left(1 + \frac{1 - \sqrt{1 + 4(I_{ex}/I_{th})}}{2(I_{ex}/I_{th})} \right) \quad (6)$$

The quadratic/linear dependence of UC emission and the linear dependence of perylene fluorescence were obtained by the excitation of the UC solution at 640 nm and 420 nm, respectively (Fig. 4). To accurately evaluate ϕ_{UC}^∞ and I_{th} values, the laser excitation

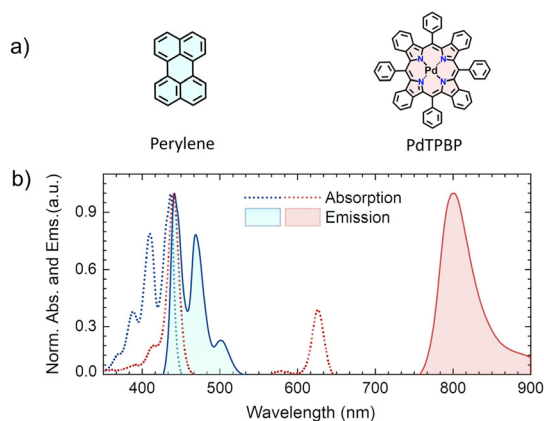


Fig. 3 (a) Molecular structures of perylene (annihilator) and PdTPBP (sensitizer). (b) Absorption and emission spectra of perylene (20 μ M), and PdTPBP (1 μ M) in THF. Emission spectra were obtained upon excitation of perylene at 420 nm and PdTPBP at 640 nm CW lasers.

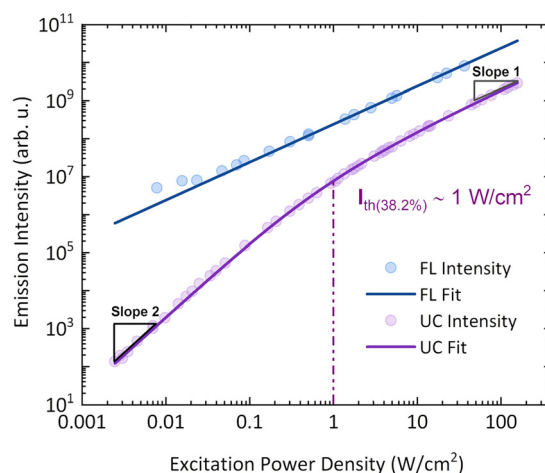


Fig. 4 Linear dependence of perylene fluorescence emission (blue circles, $\lambda_{ex} = 420$ nm CW laser) and quadratic/linear dependence of perylene UC emission (violet circles, $\lambda_{ex} = 640$ nm CW laser) on the excitation power density in the UC solution. The I_{th} value was obtained by fitting the UC emission intensity using eqn (6).



spot sizes for 420 nm and 640 nm lasers were recorded before each measurement (Fig. S4). Using eqn (6), $\phi_{UC}^{\infty} = 4.1\%$ and $I_{th} \sim 1 \text{ W cm}^{-2}$ were obtained. The obtained ϕ_{UC}^{∞} value is close to that reported by the majority of research groups (Table S4, ESI†).

Further, to reliably estimate ϕ_{TET} , three independent methods were employed, which are based on (1) the quenching of the sensitizer's phosphorescence lifetime (τ_P), (2) the quenching of the sensitizer's quantum yield (ϕ_P) by the annihilator, and (3) the rise-time of delayed fluorescence transients due to upconversion (τ_{rise}).

From the phosphorescence transients of PdTPBP, the intrinsic τ_P was determined to be 175.5 μs (Fig. 5a), which is in accordance with the values reported elsewhere.^{35,36}

In the TTA-UC solution, the phosphorescence of PdTPBP showed fast and slow decay components (Fig. 5b). The fast component showed a quenched phosphorescence lifetime ($\tau_{P(UC)}$) of 8.3 μs compared to 175.5 μs observed without an annihilator. This is due to the triplet energy transfer (TET) to perylene, resulting in $\phi_{TET} \sim 95.2\%$ according to eqn (7).

$$\phi_{TET} = 1 - \frac{\tau_{P(UC)}}{\tau_P} \quad (7)$$

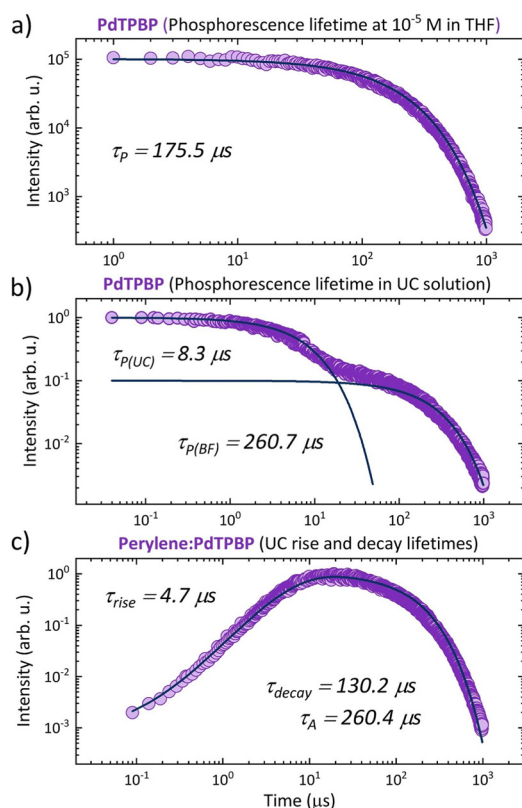


Fig. 5 Transient rise or decay profiles of PdTPBP and perylene in deaerated THF solution. (a) Phosphorescence decay profile of PdTPBP in deaerated THF ($1 \times 10^{-5} \text{ M}$, $\lambda_{em} = 800 \text{ nm}$); (b) Phosphorescence decay profile of PdTPBP in the TTA-UC solution ($\lambda_{em} = 800 \text{ nm}$), and (c) rise and decay profile of the perylene UC emission in the TTA-UC solution ($\lambda_{em} = 446 \text{ nm}$). All sample solutions were excited with a 640 nm laser at a 1 kHz repetition frequency. The blue lines indicate exponential fits of the rise or decay profiles according to the method reported elsewhere.⁴²

The slow decay component with a lifetime of 260.7 μs can be attributed to the back-FRET of upconverted singlets to the sensitizer (Fig. 3b) since it has a similar decay time to that of perylene's triplet state lifetime $\tau_A = 2 \times \tau_{decay} = 260.4 \mu\text{s}$ (Fig. 5c).^{32,41} The ϕ_{TET} was also determined from delayed fluorescence transients resulting from TTA.

The UC rise time (τ_{rise}) was determined to be $\sim 4.7 \mu\text{s}$ (Fig. 5c), therefore leading to $\phi_{TET} \sim 94.6\%$ following eqn (8).

$$\phi_{TET} = 1 - \frac{2 \times \tau_{rise}}{\tau_P} \quad (8)$$

A high $\phi_{TET} = 88.2\%$ was also confirmed by the decrease in phosphorescence quantum yield of PdTPBP ($\phi_P = 8.5\%$) without perylene to $\phi_{P(UC)} = 1\%$ in the UC solution as per eqn (9).

$$\phi_{TET} = 1 - \frac{\phi_{P(UC)}}{\phi_P} \quad (9)$$

Finally, the average ϕ_{TET} from three methods was calculated to be $91.7\% \pm 3.5\%$ which we use for the estimation of f value in this work.

All the determined photophysical parameters that lead to the eventual calculation of the f factor of perylene according to eqn (5) are tabulated in Table 1.

To accurately determine the f and avoid any ambiguities regarding the excitation density, we used ϕ_{UC}^{∞} when the ϕ_{TTA} approaches unity, instead of using ϕ_{UC} . As follows, we calculated $f = 17.9\% \pm 2.1\%$ for perylene according to eqn (5), which is a 5-fold lower value than the one reported elsewhere³¹ at the same annihilator and sensitizer concentrations. Therefore, our calculated f value limits the maximal attainable UC yield (ϕ_{UC}^{∞}) of perylene-based TTA-UC systems to $\frac{1}{2} \times f = 9.0\% \pm 2.1\%$, which is 4-fold lower as compared to $38 \pm 3\%$ ³¹ but in quantitative agreement with other reports^{30,32–37} (Table S4, ESI†).

To better understand the possible loss or augmentation channel of f during triplet-coupling in perylene, we explored its relationship with the energy gap law.²⁵ For that, we optimized the molecular geometry and calculated the excited state energies for different acene-based chromophores from the UV to the yellow region using density functional theory (Fig. 6) at the B3LYP/6-31(d)^{43–45} level. For perylene, the calculated first singlet state energy ($S_1 = 2.95 \text{ eV}$) is in accordance with the 0–0 absorption peak whereas the first triplet state (T_1) was found to be at 1.48 eV and hence $2 \times T_1$ is at 2.96 eV. The positive $\Delta E_{2T_1-S_1} = 10 \text{ meV}$ supports the feasibility of TTA.^{46,47} Since $2 \times T_1$ to T_2 non-radiative decay is a possible loss channel for f , we analyzed it for perylene in comparison to other acene chromophores. In the case of perylene, we calculated T_2 at 3.04 eV that leads to a small negative $\Delta E_{2T_1-T_2} = -80 \text{ meV}$,

Table 1 Calculated values of the photophysical parameters of the PdTPBP:perylene UC system in deaerated THF

ϕ_{ISC}	ϕ_{TET}^a	ϕ_{TTA}	ϕ_{FL}	ϕ_{UC}^{∞}	f
100%	$91.7 \pm 3.5\%$	100%	$50 \pm 5\%$	$4.1 \pm 0.2\%$	$17.9 \pm 2.1\%$

^a ϕ_{TET} is provided as the average result of three independent methods.



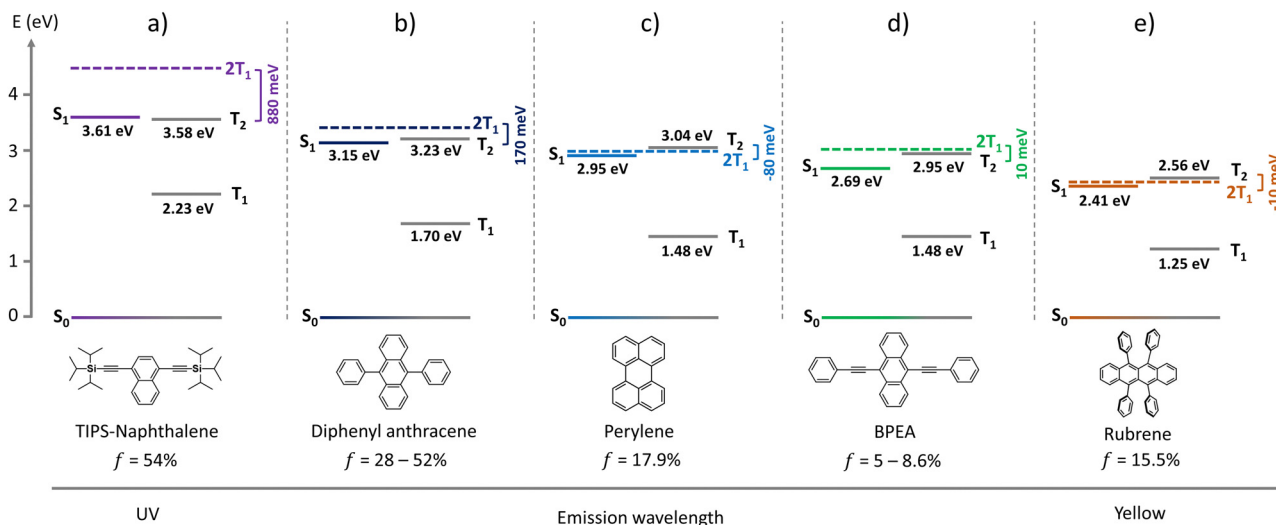


Fig. 6 Calculated energy states of different acene-based annihilator chromophores emitting from the UV to the yellow region of solar spectrum. (a) TIPS-naphthalene; (b) diphenyl anthracene; (c) perylene; (d) BPEA; (e) rubrene. For comparison with experimental values see Fig. S6 and Table S5 (ESI[†]).

which is achievable with thermal energy at room temperature ($k_B T$).^{48–50} Hence, it could be the possible non-radiative loss channel that negatively impacts f (Fig. 6c). Comparing it with those of TIPS-naphthalene ($f = 54\%$) and DPA ($f = 28\text{--}52\%$), high $\Delta E_{2T_1-T_2}$ values of 880 meV and 170 meV, respectively, were obtained (Fig. 6a and b). Such a high $\Delta E_{2T_1-T_2}$ in these cases seems to be the reason of lower k_{nr} and hence higher f factor. A similar conclusion can be drawn from eqn (3), for the lower f factor of BPEA ($f = 5\text{--}8.6\%$), and rubrene ($f = 15.5\%$) having $\Delta E_{2T_1-T_2} = 10$ meV and $\Delta E_{2T_1-T_2} = -10$ meV (Fig. 6d and e), respectively, which supports a higher k_{nr} due to the low ΔE , achievable with $k_B T$. Hence, the energy gap law is indeed one of the key factors contributing to the low f value of perylene, BPEA, and rubrene due to non-radiative loss. Similarly, recently reported⁵¹ novel diketopyrrolopyrrole-based annihilators exhibit the same pattern when decreasing $\Delta E_{2T_1-T_2}$ hinders the f , thus pointing to the dependence on the energy gap law and hence generalizing this notion.

Conclusions

In summary, we performed a systematic study of a perylene:PtTPBP upconversion system and quantitatively evaluated all energy transfer processes occurring within this system for reliable determination of the statistical probability factor ($f = 17.9\% \pm 2.1\%$) of perylene in solution. The low f value sets the upper limit of ϕ_{UC} for perylene-based TTA-UC systems to $\frac{1}{2} \times f = 9.0\% \pm 2.1\%$. We note that the erroneous evaluation of the f factor occasionally happens, which in the case of perylene has led to a reported 5-fold higher value suggesting it to be an ideal TTA annihilator. However, this can be attributed to inaccurate determination of other contributing processes, subsequently resulting in the large variation of the f value for the same molecule. We find that the low f value of perylene originates from higher non-radiative losses of the $2 \times$

T_1 to T_2 states due to their proximity (the energy-gap law). Interestingly, we also discover a generalized trend of decreasing f for acene-based annihilators emitting from the UV to the yellow region, that is governed by this law. This confirms that the energy-level distribution of different annihilators is the prime reason for their diverse f factor and emphasizes the relevance of the energy gap law in understanding the probability of singlet state formation *via* TTA. Finally, the work provides a blueprint to design future annihilator molecules with a higher f factor for practical applications.

Experimental

Materials

Tetrahydrofuran (THF) solvent, perylene, and PtTPBP were purchased from Sigma-Aldrich.

Preparation of solutions

All solutions studied were prepared using the THF solvent. The perylene compound was dissolved to produce a concentrated stock solution of 1 mM, while the sensitizer PtTPBP solution of 0.1 mM was prepared. The concentrated emitter stock solution of 1 mM was diluted to 2×10^{-5} M to perform photophysical measurements. Further on, the TTA-UC solution containing 10^{-4} M of perylene and 10^{-5} M of PtTPBP was prepared. All the samples were prepared in a glovebox under a nitrogen atmosphere with O_2 and H_2O concentrations < 0.1 ppm. The two-millimeter width cuvette with a screw cap containing the investigated solution was sealed. This ensured necessary protection from triplet quenching by reactive oxygen species.⁵²

Optical techniques

The absorption spectra of the samples were recorded using a spectrophotometer FLS980 (Edinburgh Instruments). For sample excitation at 420 nm (30 mW) or 640 nm (50 mW),



continuous-wave semiconductor lasers (Picoquant) were used. The steady-state FL and UC emission spectra were measured using a back-thinned CCD spectrometer PMA-12 (Hamamatsu). The long-lasting delayed FL and UC transients were measured with a time-gated iCCD camera New iStar DH340T (Andor) after exciting the samples with the emission of a tunable-wavelength optical amplifier (Ekspla) pumped by a nanosecond Nd³⁺:YAG laser (wavelength – 640 nm, pulse duration – 5 ns, repetition rate – 1 kHz). FL and UC quantum yields were determined by utilizing an integrating sphere (Sphere Optics) coupled with the CCD spectrometer PMA-12 *via* an optical fiber and carrying out the procedure described by Mello *et al.*⁵³ The UC quantum yield is defined as the ratio of emitted UC photons to total absorbed photons. Thus, the UC yield can utmost reach 50%.

DFT calculations

Molecular geometry and singlet and triplet state energies of acene-based annihilators were modeled using the quantum chemistry program ORCA.⁵⁴ DFT geometry optimization for each molecule was performed at the B3LYP/6-31G(d)^{43–45} level in a vacuum. Later, time-dependent density functional theory (TD-DFT) calculations were performed to extract singlet and triplet state energies.

Author contributions

LN, ER, PB, KMP, and KK conceptualized the idea of this work. ER and MD led the experimental work. LN and ER performed DFT calculations. LN, PB, and KMP wrote the first draft of the manuscript and revised it after consulting with all authors. All authors contributed to the analysis of the results.

Conflicts of interest

There are no conflicts to declare.

Acknowledgements

L. N. acknowledges Erasmus+ Traineeship Program, and P. B. acknowledges La-Caixa junior research leadership-post doctoral program (ID: 100010434, fellowship code: LCF/BQ/P122/11910023). K. M. P. acknowledges funding from the European Research Council (No. 101002131), the Swedish Energy Agency, the Göran Gustafsson Foundation, the Swedish Research Council, Swedish Research Council Formas, the European Research Council (ERC) under grant agreement CoG, PHOTHERM – 101002131, the Catalan Institute of Advanced Studies (ICREA), and the European Union's Horizon 2020 Framework Programme under grant agreement no. 951801. The research at Vilnius University was funded under the “Universities' Excellence Initiative” program.

Notes and references

1 F. Auzel, *Chem. Rev.*, 2004, **104**, 139–174.

- P. Bharmoria, H. Bildirir and K. Moth-Poulsen, *Chem. Soc. Rev.*, 2020, **49**, 6529–6554.
- Y. Zhou, F. N. Castellano, T. W. Schmidt and K. Hanson, *ACS Energy Lett.*, 2020, **5**, 2322–2326.
- S. Balushev, T. Miteva, V. Yakutkin, G. Nelles, A. Yasuda and G. Wegner, *Phys. Rev. Lett.*, 2006, **97**, 143903.
- T. F. Schulze, J. Czolk, Y. Y. Cheng, B. Fückel, R. W. MacQueen, T. Khoury, M. J. Crossley, B. Stannowski, K. Lips, U. Lemmer, A. Colsmann and T. W. Schmidt, *J. Phys. Chem. C*, 2012, **116**, 22794–22801.
- A. Nattestad, Y. Y. Cheng, R. W. MacQueen, T. F. Schulze, F. W. Thompson, A. J. Mozer, B. Fückel, T. Khoury, M. J. Crossley, K. Lips, G. G. Wallace and T. W. Schmidt, *J. Phys. Chem. Lett.*, 2013, **4**, 2073–2078.
- V. Gray, D. Dzebo, M. Abrahamsson, B. Albinsson and K. Moth-Poulsen, *Phys. Chem. Chem. Phys.*, 2014, **16**, 10345–10352.
- B. D. Ravetz, A. B. Pun, E. M. Churchill, D. N. Congreve, T. Rovis and L. M. Campos, *Nature*, 2019, **565**, 343–346.
- Q. Liu, M. Xu, T. Yang, B. Tian, X. Zhang and F. Li, *ACS Appl. Mater. Interfaces*, 2018, **10**, 9883–9888.
- Y. Sasaki, M. Oshikawa, P. Bharmoria, H. Kouno, A. Hayashi-Takagi, M. Sato, I. Ajioka, N. Yanai and N. Kimizuka, *Angew. Chem., Int. Ed.*, 2019, **58**, 17827–17833.
- S. N. Sanders, T. H. Schloemer, M. K. Gangishetty, D. Anderson, M. Seitz, A. O. Gallegos, R. C. Stokes and D. N. Congreve, *Nature*, 2022, **604**, 474–478.
- D. K. Limberg, J.-H. Kang and R. C. Hayward, *J. Am. Chem. Soc.*, 2022, **144**, 5226–5232.
- T. Schloemer, P. Narayanan, Q. Zhou, E. Belliveau, M. Seitz and D. N. Congreve, *ACS Nano*, 2023, **17**, 3259–3288.
- A. Köhler and H. Bassler, *Related Titles Physics of Organic Self-Organized Organic OLED displays fundamentals The Photophysics behind Photovoltaics and Photonics*, 2015.
- Y. Luo, K. Zhang, Z. Ding, P. Chen, X. Peng, Y. Zhao, K. Chen, C. Li, X. Zheng, Y. Huang, X. Pu, Y. Liu, S.-J. Su, X. Hou and Z. Lu, *Nat. Commun.*, 2022, **13**, 6892.
- K. Itoh, *Pure Appl. Chem.*, 1978, **50**, 1251–1259.
- A. Olesund, J. Johnsson, F. Edhborg, S. Ghasemi, K. Moth-Poulsen and B. Albinsson, *J. Am. Chem. Soc.*, 2022, **144**, 3706–3716.
- E. Radiunas, L. Naimovičius, S. Raišys, A. Jozeliūnaitė, E. Orentas and K. Kazlauskas, *J. Mater. Chem. C*, 2022, **10**, 6314–6322.
- V. Gray, A. Dreos, P. Erhart, B. Albinsson, K. Moth-Poulsen and M. Abrahamsson, *Phys. Chem. Chem. Phys.*, 2017, **19**, 10931–10939.
- D. G. Bossanyi, Y. Sasaki, S. Wang, D. Chekulaev, N. Kimizuka, N. Yanai and J. Clark, *JACS Au*, 2021, **1**, 2188–2201.
- B. Dick and B. Nickel, *Chem. Phys.*, 1983, **78**, 1–16.
- P. Baronas, G. Kreiza, L. Naimovičius, E. Radiunas, K. Kazlauskas, E. Orentas and S. Juršėnas, *J. Phys. Chem. C*, 2022, **126**, 15327–15335.
- E. Radiunas, S. Raišys, S. Juršėnas, A. Jozeliūnaitė, T. Javorskis, U. Šinkevičiute, E. Orentas and K. Kazlauskas, *J. Mater. Chem. C*, 2020, **8**, 5525–5534.
- A. J. Carrod, A. Cravenceno, C. Ye and K. Börjesson, *J. Mater. Chem. C*, 2022, **10**, 4923–4928.
- J. Jortner, *Pure Appl. Chem.*, 1971, **27**, 389–420.



- 26 J. S. Wilson, N. Chawdhury, M. R. A. Al-mandhary, M. Younus, M. S. Khan, P. R. Raithby, A. Ko and R. H. Friend, *J. Am. Chem. Soc.*, 2003, **125**, 9412–9417.
- 27 X. Wang, R. Tom, X. Liu, D. N. Congreve and N. Marom, *J. Mater. Chem. C*, 2020, **1**, 10816–10824.
- 28 X. Wang and N. Marom, *Mol. Syst. Des. Eng.*, 2022, **1**, 11–13.
- 29 L. Naimovičius, E. Radiunas, B. Chatinowska, A. Jozeliūnaitė, E. Orentas and K. Kazlauskas, *J. Mater. Chem. C*, 2023, **11**, 698–704.
- 30 Q. Zhou, M. Zhou, Y. Wei, X. Zhou, S. Liu, S. Zhang and B. Zhang, *Phys. Chem. Chem. Phys.*, 2017, **19**, 1516–1525.
- 31 S. Hoseinkhani, R. Tubino, F. Meinardi and A. Monguzzi, *Phys. Chem. Chem. Phys.*, 2015, **17**, 4020–4024.
- 32 C. Ye, V. Gray, K. Kushwaha, S. Kumar Singh, P. Erhart and K. Börjesson, *Phys. Chem. Chem. Phys.*, 2020, **22**, 1715–1720.
- 33 A. J. Carrod, A. Cravencoc, C. Ye and K. Börjesson, *J. Mater. Chem. C*, 2022, **10**, 4923–4928.
- 34 C. Ye, V. Gray, J. Mårtensson and K. Börjesson, *J. Am. Chem. Soc.*, 2019, **141**, 9578–9584.
- 35 A. Vasilev, R. Dimitrova, M. Kandinska, K. Landfester and S. Balushev, *J. Mater. Chem. C*, 2021, **9**, 7119–7126.
- 36 L. Zeng, L. Huang, W. Lin, L. H. Jiang and G. Han, *Nat. Commun.*, 2023, **14**, 1102.
- 37 O. S. Kwon, J. H. Kim, J. K. Cho and J. H. Kim, *ACS Appl. Mater. Interfaces*, 2015, **7**, 318–325.
- 38 W. Sun, A. Ronchi, T. Zhao, J. Han, A. Monguzzi and P. Duan, *J. Mater. Chem. C*, 2021, **9**, 14201–14208.
- 39 J. E. Rogers, K. A. Nguyen, D. C. Hufnagle, D. G. McLean, W. Su, K. M. Gossett, A. R. Burke, S. A. Vinogradov, R. Pachter and P. A. Fleitz, *J. Phys. Chem. A*, 2003, **107**, 11331–11339.
- 40 Y. Murakami and K. Kamada, *Phys. Chem. Chem. Phys.*, 2021, **23**, 18268–18282.
- 41 X. Cui, A. Charaf-Eddin, J. Wang, B. Le Guennic, J. Zhao and D. Jacquemin, *J. Org. Chem.*, 2014, **79**, 2038–2048.
- 42 E. M. Gholizadeh, S. K. K. Prasad, Z. L. Teh, T. Ishwara, S. Norman, A. J. Petty, J. H. Cole, S. Cheong, R. D. Tilley, J. E. Anthony, S. Huang and T. W. Schmidt, *Nat. Photonics*, 2020, **14**, 585–590.
- 43 A. D. Becke, *J. Chem. Phys.*, 1993, **98**, 5648–5652.
- 44 P. J. Stephens, F. J. Devlin, C. F. Chabalowski and M. J. Frisch, *J. Phys. Chem.*, 1994, **98**, 11623–11627.
- 45 W. J. Hehre, R. Ditchfield and J. A. Pople, *J. Chem. Phys.*, 1972, **56**, 2257–2261.
- 46 F. Edhborg, A. Olesund and B. Albinsson, *Photochem. Photobiol. Sci.*, 2022, **21**, 1143–1158.
- 47 X. Wang, R. Tom, X. Liu, D. N. Congreve and N. Marom, *J. Mater. Chem. C*, 2020, **8**, 10816–10824.
- 48 P. Bharmoria, S. Ghasemi, F. Edhborg, R. Losantos, Z. Wang, A. Mårtensson, M. Morikawa, N. Kimizuka, Ü. İşci, F. Dumoulin, B. Albinsson and K. Moth-Poulsen, *Chem. Sci.*, 2022, **13**, 11904–11911.
- 49 K. Sandros and H. L. J. Bäckström, *Acta Chem. Scand.*, 1962, **16**, 958–968.
- 50 K. Sandros, *Acta Chem. Scand.*, 1964, **18**, 2355–2374.
- 51 L. Naimovičius, E. Radiunas, B. Chatinowska, A. Jozeliūnaitė, E. Orentas and K. Kazlauskas, *J. Mater. Chem. C*, 2023, **11**, 698–704.
- 52 T. N. Singh-Rachford and F. N. Castellano, *J. Phys. Chem. A*, 2008, **112**, 3550–3556.
- 53 J. C. De Mello, H. F. Wittmann and R. H. Friend, *Adv. Mater.*, 1997, **9**, 230–232.
- 54 F. Neese, *Wiley Interdiscip. Rev.: Comput. Mol. Sci.*, 2012, **2**, 73–78.

