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**Statement of novelty of the manuscript****Comparison of MRM<sup>HR</sup> and SWATH acquisition modes for the quantitation of 48 wastewater-borne pollutants in lettuce leaves using a modified QuEChERS method**

The presence of anthropogenic contaminants in crops for human consumption is a topic of great interest because their presence encompasses a potential risk for humans. However, there is a lack of analytical methods for detecting wastewater-borne pollutants in crops. One of the major efforts of recent years is to try to develop rapid, simple, robust and sensitive analytical methods for the analysis of wastewater-borne pollutants in plant tissues.

Here, first we evaluated the best mode using high resolution mass spectrometry (HRMS) of wastewater-borne pollutants in lettuce leaves irrigated with treated wastewater. Also quick and simple QuEChERS-based method was developed for the extraction of these pollutants in field samples. The developed method will improve the understanding on environmental exposure of wastewater-borne pollutants in crops.

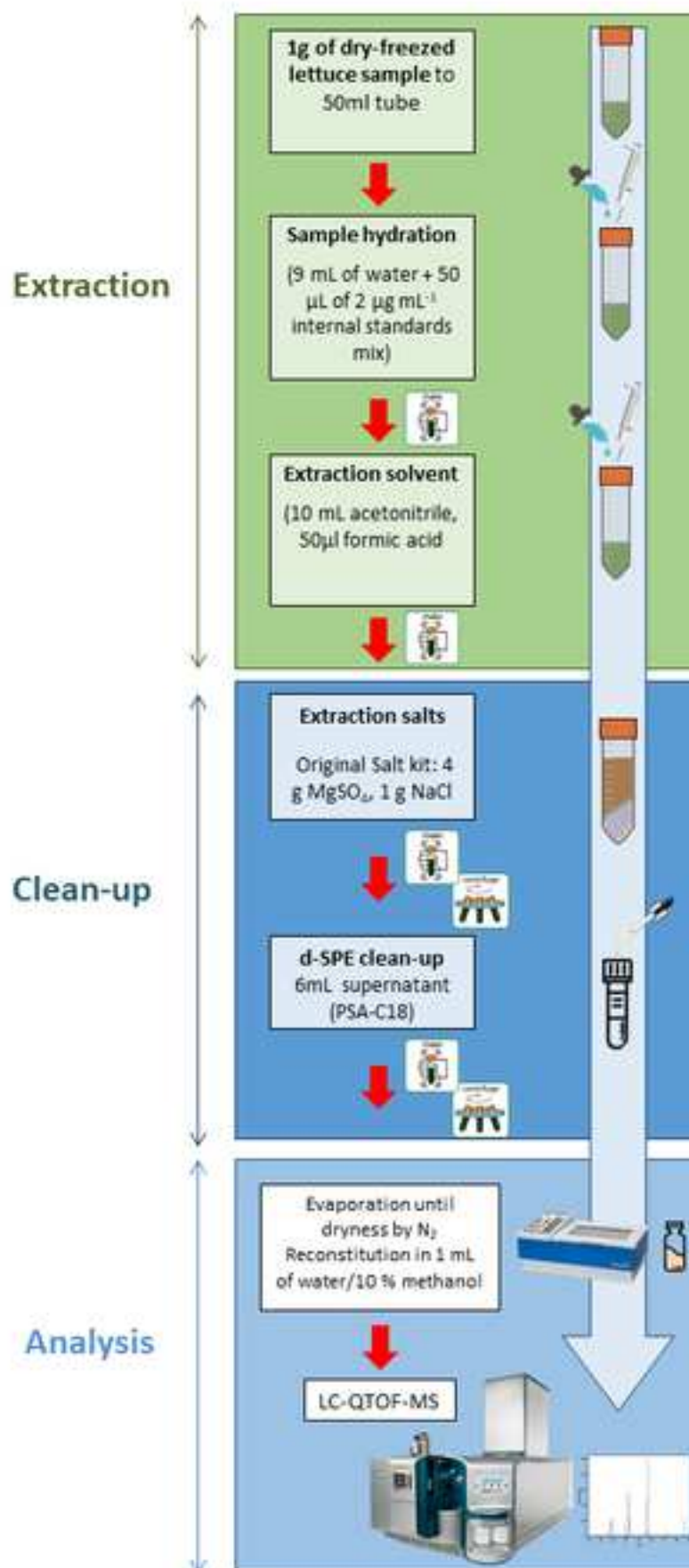
### **Highlights**

Comparison of high resolution multiple reaction monitoring and SWATH acquisition MS modes

Development of a modified QuEChERS-based method for the determination of 48 PhACs in lettuce

Efficient analyte recoveries and low matrix effects using two-step cleanup

14 out of 48 studied compounds were detected in field samples



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4 **1 Comparison of MRM<sup>HR</sup> and SWATH acquisition modes for the**  
5 **2 quantitation of 48 wastewater-borne pollutants in lettuce leaves using a**  
6 **3 modified QuEChERS method**  
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4 **28 ABSTRACT**  
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7 29 Screening of a large number of chemicals of emerging concern is highly desirable for the  
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9 30 control of crops irrigated with reclaimed water since it is considered an alternative water  
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11 31 source of great value. This study describes a high resolution mass spectrometry approach for  
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13 32 developing methods for quantification in lettuce leaves of 48 different wastewater-borne  
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15 33 pollutants (including analgesics and anti-inflammatories, anti-hypertensives, antifungal  
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17 34 agents, lipid regulators, psychiatric drugs and stimulants,  $\beta$ -blockers, antibiotics,  
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19 35 antimycotics, and sweeteners) frequently found in water resources. In this respect, a simple  
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21 36 and fast QuEChERS-based method for the determination of contaminants in lettuce has been  
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23 37 developed. During extraction, the use of formic acid was adopted to further improve the  
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25 38 results of some problematic compounds (e.g., fenofibrate, furosemide, metronidazole,  
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27 39 oxcarbazepine, sulfanilamide). High resolution multiple reaction monitoring (MRM<sup>HR</sup>) and  
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29 40 SWATH acquisition were compared in term of accuracy, repeatability, sensitivity, linearity  
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31 41 and matrix effect. Both methods provided similar recoveries between 80 and 120% in lettuce  
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33 42 leaves, although sulfanilamide, ciprofloxacin, and sulfamethazine presenting values of 26.8,  
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35 43 27.8, and 28.4% in MRM<sup>HR</sup> and 25, 33.9, and 35% in SWATH, respectively. The  
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37 44 effectiveness of a two-step cleanup on analyte recovery was also assessed and matrix effects  
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39 45 were also taken into consideration during the method validation. The developed method  
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41 46 allows the simultaneous quantitative analysis of 48 compounds (drug residues and  
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43 47 metabolites) in lettuce leaves irrigated with treated wastewater for human consumption.  
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45 48 Application of the present method to lettuce crops growth in controlled conditions showed  
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47 49 the presence of 14 out 48 studied compounds with concentrations ranging from 2.9 ng g<sup>-1</sup>  
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49 50 (metoprolol) to 196.3 ng g<sup>-1</sup> (citalopram). Drug residues such as sulfamethazine (33.2 ng g<sup>-1</sup>)  
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51 51 <sup>1</sup>), and carbamazepine (6.0 ng g<sup>-1</sup>), and its metabolite carbamazepine epoxide (18.1 ng g<sup>-1</sup>),  
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53 52 frequently found in wastewater effluents, were also detected.  
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4 54 **1. Introduction:**

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7 55 In communities where water is a limited commodity, traditional water resources such as  
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9 56 surface and ground water cannot meet their demands. Therefore, to address present and future  
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11 57 water shortages, alternative water sources are considered. The use of reclaimed water is of a  
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13 58 great interest as a response to the high water demand in urban and rural areas, and, in fact  
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15 59 this practice is already well established in agriculture which accounts for about 70% of  
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17 60 freshwater consumption. However, reclaimed wastewater can contain salts, inorganic  
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19 61 nitrogen and pathogens, heavy metals and organic contaminants such as pharmaceuticals  
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21 62 which can present a potential risk not only to soil and the groundwater underneath but  
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23 63 particularly to the crops. When pollutants are taken up into these plants during the growth  
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25 64 phase but are not eliminated by the time of harvest, they enter the food chain ultimately  
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27 65 leading to undesired exposure of humans and animals to inherently bioactive substances.  
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29 66 Consequently, there is growing concern about the human health impact of crops irrigated  
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31 67 with reused water.

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33 68 Lettuce is one of the fresh crops most consumed raw around the world [1] and as a leafy  
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35 69 vegetable has a very high ability to take up pharmaceuticals in its edible tissues [2]. However,  
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37 70 few studies have evaluated the presence of wastewater-borne in lettuce because of the lack  
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39 71 of suitable analytical methods [1]. The development of multi-analyte extraction methods for  
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41 72 the determination of trace levels of wastewater-borne in lettuce is challenging for two major  
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43 73 reasons: on the one hand, drugs differ widely in their structures and consequently in their  
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45 74 physicochemical properties, and thus behave differently in extraction and clean-up processes.  
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47 75 On the other hand, plant tissues are of complex composition containing numerous  
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49 76 endogenous components, such as pigments, fat, cellulose and wax, which are prone to  
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51 77 interfere with the sample extraction and subsequent measurement of the analytes, if not  
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53 78 removed during sample treatment [3-7].

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55 79 In recent years, several analytical methods have been developed to extract wastewater-borne  
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57 80 pollutants from plant tissues using traditional approaches such as solid-liquid extraction [8,  
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59 81 9], accelerated solvent extraction [7], and ultrasound extraction [1, 5, 10-13]. However, in  
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61 82 order to assess the food quality and safety with respect to the presence of microcontaminants,  
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63 83 a quick, selective, and sensitive analytical protocol is needed for its quantification in  
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4 84 harvested vegetables. For an innovative, rapid, simple, robust and sensitive method only few  
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6 85 publications proposed the use of a quick, easy, cheap, effective, rugged and safe  
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8 86 (QuEChERS)-based method for the determination of pharmaceuticals in lettuce or other  
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10 87 vegetable commodities [7, 9, 14-18]. Chuang et al. compared the performance of accelerated  
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12 88 solvent extraction and QuEChERS for the suitability to extract eleven drugs spiked in lettuce  
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14 89 from a local supermarket [7]. Both optimized methods provided satisfactory extraction  
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16 90 recovery and precision to allow for quantification of the pharmaceuticals in vegetable tissues.  
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18 91 Compared to the accelerated solvent extraction method, the QuEChERS method provided  
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20 92 better performance for the determination of drugs in vegetables in terms of ease, speed, and  
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22 93 solvent consumption [7]. In contrast, the comparison of solid-liquid extraction with  
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24 94 QuEChERS for the analysis of 28 wastewater-borne contaminants and their potential  
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26 95 metabolites in lettuce reported better performance parameters for the former method [9]. In  
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28 96 a recent study with a broader range of analytes [14], covering as many as 74 micro-  
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30 97 contaminants, some of which were not previously investigated, extraction with QuEChERS  
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32 98 yielded to satisfactory results. Up to 84 % of the compounds were recovered within a 70 to  
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34 99 120 % range.

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36 100 The detection of the analytes in the aforementioned studies was accomplished with  
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38 101 compound-specific acquisition on triple-quadrupole mass spectrometers (QqQ-MS) operated  
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40 102 in a targeted mode. Recently, the development of very fast data acquisition modes in high  
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42 103 resolution-mass spectrometry (HR-MS) on quadrupole-time of flight (Q-TOF) instruments  
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44 104 has enabled novel approaches offering rapid and reliable results for a large number of  
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46 105 compounds in a target acquisition mode. The so-called high resolution multiple reaction  
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48 106 monitoring (MRM<sup>HR</sup>) is a robust targeted quantitation mode through two stages of mass  
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50 107 selection, to provide high data richness and excellent specificity and sensitivity. First-, the  
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52 108 quadrupole mass filter selects a given precursor ion, fragments it by collision-induced  
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54 109 dissociation, and then the user chooses among the products ions one that provides the best  
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56 110 combination of sensitivity and selectivity for quantification. As for all of the analytes, full  
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58 111 HR-MS<sup>2</sup> spectra are recorded, their identities can be confirmed by checking them for the  
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60 112 presence of additional fragment ions of diagnostic value. Conversely, some new Q-TOF  
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62 113 hybrid systems have gained wide acceptance thanks to the Sequential Window Acquisition  
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64 114 of All Theoretical Fragment-Ion Spectra (SWATH mode) providing high quality MS/MS  
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115 data that can be used for quantitation with fast acquisition speed and excellent mass accuracy  
116 [19, 20] SWATH is a data-independent acquisition technique, separating into fixed or  
117 variable size m/z windows stepped across the entire m/z range of interest. In this way,  
118 fragment ions formed in a given window cause more easily associated to their precursor ion,  
119 resulting in high specific MS and MS/MS spectra [21]. Although the main applications are  
120 proteomics and metabolomics [22-24], SWATH acquisition generates comprehensive and  
121 high-quality MS/MS spectra comparable to “MRM-like” fragments that can be used to  
122 confirm unequivocally the detection of specific compounds after comparing the SWATH  
123 data with pre-assembled MS/MS spectral libraries [23, 25].

124 Under this scenario, the main objective of the present study was to compare the performance  
125 of two high resolution mass spectrometry modes namely MRM<sup>HR</sup> and SWATH using LC-  
126 QToF-MS for the determination of 48 wastewater-borne pollutants (including analgesics,  
127 antibiotics anti-inflammatories, antifungal agents anti-hypertensives, antimycotics, β-  
128 blockers, industrial pollutants, lipid regulators, psychiatric drugs and stimulants and  
129 sweeteners) in lettuce. Moreover, we also developed and validated an analytical method  
130 based on the QuEChERS extraction of lettuce leaves for the final determination of  
131 wastewater-borne pollutants of widespread use and commonly present in reclaimed water.  
132 The performance of 16 different modified QuEChERS procedures (with formic acid and PSA  
133 clean up step) to extract the selected analytes from this matrix were compared. After  
134 validation, the optimized analytical method was applied to the analysis of the selected  
135 compounds in lettuce plants grown in soil pots under controlled conditions and irrigated with  
136 treated wastewater for the whole crop cycle. Both HRM<sup>HR</sup> and SWATH acquisition were  
137 achieved using a hybrid QTOF mass spectrometer

## 138 **2. Materials and methods**

### 139 *2.1 Chemicals and reagents*

140 Analytical reference standards (Acesulfame, acetaminophen, acridone, benzotriazole, 5-  
141 methyl-2H-benzotriazole, bezafibrate, bisphenol A, caffeine, carbamazepine,  
142 carbamazepine-10,11-epoxide, chloramphenicol, ciprofloxacin, citalopram, clarithromycin,  
143 climbazole, clofibrac acid, diclofenac, 4'-hydroxydiclofenac, diltiazem, fenofibrate, fipronil,  
144 fipronil desulfinyl, fipronil sulfone, fluconazole, furosemide, gemfibrozil,



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145 hydrochlorothiazide, ibuprofen, indomethacin, irbesartan, lamotrigine, lamotrigine N2-  
146 oxide, 5-desamino 5-oxo-2,5-dihydro lamotrigine, metoprolol, metronidazole, N2-methyl-  
147 lamotrigine, N-acetyl-sulfamethoxazole, 4-nitro-sulfamethoxazole, oxcarbazepine,  
148 propranolol, sucralose, sulfamethazine, sulfamethoxazole, sulfanilamide, sulfanilic acid,  
149 valsartan, valsartan acid, and verapamil) were of high purity and were acquired from Sigma  
150 Aldrich (St. Louis, MO, U.S).

151 Isotope-labelled compounds (acetaminophen-d4, acesulfame-d4, benzotriazole-d4,  
152 bezafibrate-d4, bisphenol A-d8, caffeine-13C3, carbamazepine-d10, ciprofloxacin-d8,  
153 citalopram-d6, climbazole-d4, diclofenac-13C6, fenofibrate-d6, fluconazole-13C3,  
154 furosemide-d5, gemfibrozil-d6, hydrochlorothiazide-d2, ibuprofen-d3, indomethacin-d4,  
155 irbesartan-d6, lamotrigine-13C3, metoprolol-d7, metronidazole-d4, naproxen-d3, sucralose-  
156 d6, sulfamethazine-d4, sulfamethoxazole-d4, valsartan acid-d4, valsartan-d3) were  
157 purchased from Cerilliant (Sigma Aldrich, St. Louis, MO, U.S), Alsachim (Illkirch-  
158 Graffenstaden, France), Santa Cruz Biotechnology (Dallas, TX, US.), or Toronto Research  
159 Chemicals (Toronto, ON, Canada).

160 CAS numbers, molecular formulas, molecular weight, and other relevant properties of all  
161 target compounds are reported in Table A.1, (Appendix).

162 For standards and samples preparation, LC-MS grade acetonitrile ( $\geq 99.9\%$ ), methanol  
163 ( $\geq 99.9\%$ ), ethyl acetate ( $\geq 99.9\%$ ), dimethyl sulfoxide ( $\geq 99.9\%$ ), and HPLC water were  
164 purchased from Merck (Darmstadt, Germany). Formic acid ( $\geq 96\%$ , ACS reagent),  
165 ammonium acetate ( $\text{NH}_4\text{CH}_3\text{CO}_2$ ), and ammonium formate ( $\text{NH}_4\text{HCO}_2$ ) were supplied by  
166 Sigma-Aldrich while ammonium fluoride was bought from Fisher Chemical (Fisher  
167 Scientific SL, Madrid, Spain). For high purity mobile phase solutions, acetonitrile and water  
168 (Optima™ LCMS Grade) were purchased from Fisher Chemical (Fisher Scientific SL,  
169 Madrid, Spain).

170 QuEChERS extraction salts and dispersive solid phase extraction (dSPE) were obtained from  
171 BEKOlut GmbH & Co. KG (Hauptstuhl, Germany). The Original non-buffered kit was  
172 composed by 4 g  $\text{MgSO}_4$  and 1 g NaCl, while the buffered European EN 15662 kit was  
173 constituted by 4 g  $\text{MgSO}_4$ ; 1 g NaCl; 1 g sodium citrate; 0.5 g disodium citrate sesquihydrate.

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4 174 The dSPE clean-up mixture was made of 150 mg PSA (primary secondary amine), 150 mg  
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6 175 of C18-bonded silica, and 900 mg MgSO<sub>4</sub>.

### 176 *2.2 Preparation of standard solutions*

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11 177 Stock solutions (1000 µg mL<sup>-1</sup>) of individual pharmaceuticals standards were prepared in  
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13 178 either acetonitrile, methanol, dimethylsulfoxide, or HPLC water depending on the solubility  
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15 179 of each compound and stored in the dark at -20 °C. Working mixtures of pharmaceuticals  
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17 180 and the isotopically labeled compounds (2 µg mL<sup>-1</sup>), used for spiking the lettuce blank  
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19 181 samples during the method development, in the validation studies, and for calibration  
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21 182 purposes were prepared by diluting an appropriate volumes of the stock solutions in  
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23 183 methanol.

### 24 184 *2.3 LC-MS/MS analysis*

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27 185 Samples were analyzed on a SCIEX X500R QTOF system (Sciex, Redwood City, CA, U.S.)  
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29 186 equipped with Turbo V™ Electrospray Ionization (ESI) source. Depending of the analytes,  
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31 187 they were detected in negative or positive polarity mode. The total chromatographic run time  
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33 188 for each injection was 12 min for positive or negative acquisition and the separation of the  
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35 189 analytes was achieved on a Hibar HR Purospher STAR RP- C18 column (100 mm × 2.1 mm  
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37 190 i.d., 2-µm particle size, Merck, Darmstadt, Germany), maintained at 40 °C. The fast elution  
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39 191 was carried out using as mobile phases consisting of aqueous mobile phase (A), either 5 mM  
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41 192 ammonium acetate + 0.1% formic acid (positive ion mode) or 2 mM ammonium fluoride  
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43 193 (negative mode), and (B) acetonitrile. The flow rate was 0.5 mL/min, the injection volume  
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45 194 was 10 µL, and the auto-sampler temperature was 8 °C. The elution gradient is reported in  
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47 195 Table A.5.

48 196 Any possible drift in the mass accuracy of the SCIEX Q-TOF-MS was automatically  
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50 197 corrected during batch acquisition by infusing a reserpine solution (C<sub>33</sub>H<sub>40</sub>N<sub>2</sub>O<sub>9</sub>, m/z  
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52 198 609.28066) for positive mode, and a cluster of trifluoroacetic acid ([CF<sub>3</sub>COONa]<sup>5+</sup>  
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54 199 CF<sub>3</sub>COO]<sup>-</sup>, m/z 792.85963) for negative mode. The instrument provided a typical resolving  
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56 200 power (FWHM) of 31,000 to 44,000 at m/z 132.9049 and 829.5395, respectively with a mass  
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58 201 error of 0.2 ppm. Calibration was performed before or after a control vial in the batch  
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60 202 sequence making use of the Calibrant Delivery System (CDS).  
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203 All HR-MS data were acquired using either MRM<sup>HR</sup> or SWATH modes. Quantitation was  
204 performed in the MRM<sup>HR</sup> fragment scanning mode which provides the noise in the  
205 chromatogram to the minimum due to the selection of specific ions at specific collision  
206 energies (CE), decluttering potentials (DP), and fragmentation voltages (V). The SWATH  
207 acquisition in turn, lacked the selectivity of MRM<sup>HR</sup> but the MS data set could be used for  
208 retrospective analysis.

209 Both modes consisted of a single TOF-MS experiment over a range from m/z 100 to 950  
210 with an accumulation time (AT) of 120 ms; DP and CE were set to 80 V and 10 V and -80 V  
211 and -10 V, for positive and negative, respectively). The source conditions were as follows:  
212 source temperature and nitrogen gas flows (Atomizing gas, GS1 and Auxiliary gas, GS2)  
213 were set to 550° C, 55, and 55 psi, respectively. Ion Spray Voltage was set to 5500 V (-4500  
214 V for negative); Collision gas (CAD) was set to 7, while Curtain gas was set to 30 psi. The  
215 MRM<sup>HR</sup> experiments were acquired in fragment scanning mode. The Guided MRM<sup>HR</sup> tool  
216 from SCIEX was used for the optimization of transitions. The selected ionization mode, the  
217 optimized CEs and Vs for each compound have been reported in electronic supplementary  
218 material (Table S2). The SWATH acquisition consisted of 10 MS/MS experiments with  
219 variable Q1 window widths (m/z 100 to 950, 40 ms AT) using a CE of 35V with ±15V spread.  
220 The variable Q1 windows were generated using the SCIEX SWATH variable window  
221 calculator (Ver. 1.1). The MS survey scan obtained for lettuce extract spiked with all the  
222 compounds was run in the window calculator to generate the variable window widths, for  
223 positive and negative acquisition. The outcomes are reported in Figure A.1.

224 Qualitative analysis was performed using SCIEX OS™ Software version 1.6 (Sciex,  
225 Redwood City, CA, USA). Two ions were used for each compound, the most abundant  
226 product ion for the quantification and the precursor ion for the confirmation (Table S2, ESM).  
227 Only the accurate mass of molecular ion obtained from the TOF-MS experiment was used  
228 for the isotopically labeled compounds. For SWATH acquisition, high confidence  
229 identification was based on unique fragment ions and their ion ratios as well as HR-MS/MS  
230 library searching using high resolution spectral libraries supplied by SCIEX.

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233                    *2.4 Sample preparation*

234    Lettuce (*Lactuca sativa* L. “Maravilla de Verano-Canasta”) was selected as the matrix of this  
235    study for its fast growth, its high cultivation and consumption worldwide, its ability to grow  
236    easily in greenhouse conditions, and its extensive root system that can facilitate the uptake  
237    of organic contaminants from soil. Furthermore, it is usually consumed without being cooked  
238    and its vegetative part consists of green leaves, making the sample preparation easier [1]. To  
239    produce sufficient of contaminant-free matrix for method optimization and validation,  
240    several lettuce seedlings at the four leaf stage were grown for 60 days using organic potting  
241    soil purchased from a local garden store (Barcelona, Spain) [26]. At the harvest, lettuce plants  
242    were carefully hand washed with tap water and then rinsed with purified water. The heads  
243    then, were separated from the roots and blotted dry with a paper tissue and stored at -20°C  
244    for at least 48 h. The lettuce leaves were freeze-dried, using a LyoAlfa 6 system (Telstar  
245    Technologies, Terrassa, Spain) and ground to a fine powder with a knife mill with a stainless  
246    steel grinding chamber (Grindomix GM 200, Retsch GmbH, Haan, Germany) and stored at  
247    -20°C until extraction.

248                    *2.5 Extraction and clean up*

249    The recovery studies were performed using a modified QuEChERS approach which was  
250    optimized by evaluating different extraction and clean-up conditions. The Original non-  
251    buffered (OR) and the European EN 15662 method (EN) QuEChERS extraction salts kits  
252    were compared. To assess the influence of acidification (formic acid) in the extraction  
253    efficiency, different concentrations were added to the extraction solvent (0.5 and 1%). To  
254    avoid the risk of base-catalyzed degradation following the use of PSA, acidification was also  
255    evaluated after the cleaning phase by adding 0.05% formic acid [27]. The efficiency of  
256    removal of undesirable co-eluent by the use of dSPE PSA-C18 clean-up was also tested.  
257    Finally, the alternative use of ammonium acetate and ammonium formate solutions instead  
258    of water during hydration step was also evaluated to improve the recoveries of challenging  
259    compounds. Protocols of the different extraction procedures are reported in Table 1 and  
260    described in details in the electronic supplementary material (Table A.6 and Table A.7) and  
261    discussed in Results section.

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263 **Table 1.** Different procedures of modified QuEChERS performed, including all variants tested during the study.

	Type of salt		Hydration			Formic acid		Cleanup	
	ORIGIN AL	EN 15662	HPLC water	Ammonium acetate	Ammonium formate	0.5 %	1 %	PSA-C18	PSA-C18 0.05 % Formic acid
Protocol 1									
Protocol 2									
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 265 The streamlined procedure provided below which was adopted for extraction and clean-up  
 266 in the final method. Briefly, 1 g freeze-dried blank lettuce was placed in 50-mL disposable  
 267 polypropylene centrifuge tube and 9 mL HPLC water, (90% hydration). The tubes were  
 268 vortexed for 2 min at 2500 rpm using a BenchMixer XLQ QuEChERS Vortexer (Benchmark  
 269 Scientific, Sayreville NJ, US). After a 1-hour hydration phase, the sample was spiked with  
 270 50  $\mu\text{L}$  of standard solution containing all target compounds ( $2 \mu\text{g mL}^{-1}$  in methanol) to  
 271 achieve a final concentration in the lettuce of  $100 \text{ ng g}^{-1}$  dry weight (d.w.), corresponding to  
 272  $10 \text{ ng g}^{-1}$  of fresh weight (f.w.) after hydration step. The tube was vortexed again and the  
 273 sample was allowed to stand for 30 min. Then 10 mL acetonitrile and 50  $\mu\text{L}$  of concentrated  
 274 formic acid were added followed by a vortex. The OR extraction salts were added directly  
 275 into the tube and the mixture was instantly shaken in order to prevent the formation of

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276 crystalline agglomerates owing to MgSO<sub>4</sub> hydration. The sample was vortexed again and  
277 centrifuged (4000 rpm, 10 min, 4 ° C). The resulting supernatant (organic phase) was  
278 transferred into a glass tube and left overnight at -20°C, enabling the precipitation of fatty  
279 acids and waxes, co-extracted from the lettuce leaves. The following day, the d-SPE clean-  
280 up took place. While avoiding to re-suspend the material deposited on the bottom, 6 ml of  
281 the organic phase were transferred into the PSA tube (150 mg PSA, 150 mg C18, 900 mg  
282 MgSO<sub>4</sub>) and the mixture was shaken for 1 min manually, vortexed for 2 min, and centrifuged  
283 at 4000 rpm for 5 min, 4°C. Then, 1 mL of the supernatant was evaporated until dryness  
284 under a gentle stream of nitrogen at room temperature and then reconstituted with 1 mL of  
285 water/10 % methanol solution and injected for LC-MS/MS analysis.

### 286 *2.6 Method performance*

287 The analytical method was validated for specificity, accuracy, intraday precision, linearity,  
288 limits of detection (MDLs) and quantification (MQLs), and matrix effect (ME) using spiked  
289 lettuce samples.

290 To ensure the quality of the results, the specificity of the method was evaluated by analyzing  
291 untreated lettuce samples. The absence of signal above signal-to-noise ratio (S/N) of 3 at the  
292 retention time of the analytes of interest eliminates a false positive by contamination in the  
293 extraction process. The accuracy was determined with spiking the matrix at concentrations  
294 of 2, 5, 10, 50, and 200 ng g<sup>-1</sup> f.w. Relative recoveries (R%) were calculated by comparing  
295 the peak areas obtained in samples spiked before the extraction (n=3) and after the extraction  
296 (n=3) at five concentration levels, according to equation 1:

$$297 \quad R\% = 100 \times (\text{Area spiked pre extraction}) / (\text{Area spiked post extraction}) \quad (1)$$

298 The precision of the assay expressed by repeatability (intra-day) was calculated as relative  
299 standard deviation (RSD %) obtained from the relative recoveries of the recovery study for  
300 each concentration level. Values were considered Acceptable when recoveries were ranged  
301 between 70-120% and RSDs ≤ 20%. Both MRM<sup>HR</sup> and SWATH acquisition were compared  
302 in term of accuracy and precision. Mean values of accuracy and precision for MRM<sup>HR</sup> and  
303 SWATH are reported in Table 2.

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4 304 In order to assess the ME extracts of untreated lettuce samples (n=3 replicates) were spiked  
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6 305 with the mix of the target compounds at the same concentration levels as used in the recovery  
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8 306 study (2, 5, 10, 50, and 200 ng g<sup>-1</sup> f.w.), before LC-MS/MS analysis. The peak areas produced  
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10 307 by these samples were compared with those obtained the solvent (water/10 % methanol,  
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12 308 spiked at equivalent concentrations. ME (%), were expressed according to the following  
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14 309 equation 2:

$$ME (\%) = 100 \times [(Area \text{ in spiked extract} / Area \text{ in spiked solvent}) - 1] \quad (2)$$

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18 311 Hereinafter, ME values of  $\pm 40$  % were considered acceptable, whereas ME values outside  
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20 312 this range indicated significant matrix effect.

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23 313 To compensate for ME and to evaluate the linearity of the method, a matrix-matched  
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25 314 calibration curve approach was employed. An 11-point calibration curve was prepared by  
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27 315 spiking blank lettuce extracts with proper amounts of standard solution are a ranged 0.05 to  
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29 316 300 ng mL<sup>-1</sup>, corresponding to 0.5 and 3000 ng g<sup>-1</sup> d.w. in lettuce leaves. Each concentration  
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31 317 was injected three times on the same day and the calibration curve was constructed by  
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33 318 plotting the ratio of the analyte signal to its surrogate standard signal against the analyte  
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35 319 concentration. Calibration curve was constructed by linear weighted least-squares regression  
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37 320 (1/x as weighting factor). For the majority of the compounds, at least 8 calibration points  
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39 321 were considered. Linearity was evaluated by calculating the coefficient of determination ( $r^2$ )  
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41 322 for each analyte. The acceptance criterion was that the coefficient of correlation  $\geq 0.99$ .  
42  
43 323 Surrogate standards used in each case are shown in Table A.2.

44  
45 324 Method detection limit (MDL) was defined as the lowest concentration of an analyte that  
46  
47 325 could be distinguished of the matrix signal with a S/N greater than 3. Method quantification  
48  
49 326 limit (MQL) was defined as the lowest concentration of a given compound giving a response  
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51 327 that could be quantified, with a S/N greater than 10 and a RSD  $\leq 20$  %. MDL and MQL were  
52  
53 328 estimated from the matrix-matched calibration curves based on the following equations  
54  
55 329 according to [28]:

$$MDL = 3 \times S_b / slope \quad (3); \quad MQL = 10 \times S_b / slope \quad (4).$$

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58 331 where  $S_b$  is the standard deviation of the intercept.

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333                    *2.7 Clean-up efficiency*

334        To determine the amount of co-extracts removed in the matrix through the 2-step cleanup, a  
335        gravimetric measurement was conducted according to [29]. Nine 50-mL Falcon tubes were  
336        prepared weighting 1 g of blank lettuce matrix in each tube. Three samples were extracted  
337        using only the OR QuEChERS kit according to optimized protocol. Then, 5 mL of the organic  
338        supernatant layer (5 g equivalent) was transferred into three previously weighted test tubes.  
339        Three more samples were extracted in the same way but they were left overnight at -20°C,  
340        to enable the precipitation of fatty acids or waxes. The following day, taking care not to pick  
341        up the material deposited on the bottom, 5 mL of the organic phase (5 g equivalent) were  
342        transferred into 3 other pre-weighed glass test tubes. 5 mL (5 g equivalent) of each extract  
343        after freezing out and clean-up (150 mg PSA, 150mg C18, 900 mg MgSO<sub>4</sub>) were transferred  
344        to pre-weighed test tubes. All nine test tubes were then evaporated until total dryness under  
345        a gentle stream of nitrogen at room temperature until constant weight. The difference in  
346        weight was recorded to estimate the amount of matrix co-extracts in the initial and final  
347        extracts. The results are reported in Figure A.2.

348

349                    **3. Results and discussion**

350        Aiming to optimise the extraction of target compounds contaminants from lettuce leaves, the  
351        Original QuEChERS protocol developed by Anastassiades et al. for pesticide residues in  
352        food commodities [27] now involves the extraction of wastewater-borne compounds with  
353        acetonitrile containing 0.5 % of formic acid and simultaneous liquid–liquid partitioning  
354        formed by adding anhydrous MgSO<sub>4</sub> and NaCl. A two-step clean-up including dSPE was  
355        performed. The acquisition of HRMHR and SWATH were compared and, therefore, the  
356        optimal conditions were selected. Finally, some parameters were studied that influence the  
357        performance and efficiency of the extraction including the matrix effect.

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359                    *3.1 Method performance: Optimization of LC-MS/MS conditions*

360        In the present study, 3 replicates, each at 5 spiking levels (2, 5, 10, 50, and 200 ng g<sup>-1</sup> f.w.),  
361        in lettuce leaves were prepared using the selected QuEChERS protocol and analyzed by LC-



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362 QToF-MS. The best chromatographic separation of molecules of interest was performed with  
363 a Merck Hibar HR Purospher STAR RP-C18 column. Separation of all studied target analytes  
364 was successfully performed, and this column was chosen for further analysis. To achieve the  
365 optimal separation and high sensitivity for MS detection gradient elution based on mobile  
366 phase consisting of acetonitrile and water (5 mM ammonium acetate + 0.1% formic acid) for  
367 the positive electrospray ionization and acetonitrile and water (2 mM ammonium fluoride)  
368 for the negative ionization, at a flow rate of 0.5 mL min<sup>-1</sup>. For development and comparison  
369 experiments, only the MRM<sup>HR</sup> approach was used by acquiring data in fragment scanning  
370 mode. The Guided MRM<sup>HR</sup> tool from SCIEX was used for the optimization of high resolution  
371 transitions. High resolution MRM parameters including ionization mode, CEs and Vs were  
372 carefully studied for each compound to provide the best possible sensitivity. Both  
373 electrospray ionization ESI+ and ESI- modes were tested. According to SANTE European  
374 Commission guideline for pesticides (SANTE/11813) [30], two ions with mass accuracy  
375 equal or mass difference lower than 5 ppm are necessary for confirming a positive finding  
376 for the identification in HR-QToF-MS analysis. In the present study, each compound was  
377 confirmed by comparing the signal of two high resolution ions, the most abundant product  
378 ion with the best signal intensity for the quantitation while the precursor ion for the  
379 confirmation. Results of the optimized mass spectrometric conditions in MRM<sup>HR</sup> for each  
380 compound are shown in Table A.2. In contrast, for SWATH acquisition a fixed value of DP  
381 of 80 V and -80 V, for positive and negative, respectively with a CE of 35 V with a collision  
382 energy spread of ±15V was employed since they are essential for comparison with the high  
383 resolution spectral libraries supplied by SCIEX. In order to estimate its sensitivity, the  
384 validation of targeted compounds was also performed acquiring data with SWATH  
385 acquisition and afterwards both modalities were compared. For an accurate quantitation, the  
386 MRM<sup>HR</sup> fragment scanning mode provided high selectivity and sensitivity of product ion  
387 transitions, decreasing the noise in the chromatogram to the minimum due to the use of  
388 specific DPs and CEs. On the other hand, the information acquired through the SWATH  
389 mode can always be useful at a later time for querying the data to identify new unidentified  
390 metabolites through a retrospective analysis. In fact, SWATH mode combines in the same  
391 run high quality HR-MS and HR-MS/MS data that can be used for quantitation or for a  
392 retrospective analysis. To enhance the selectivity [25], the SWATH Variable Window

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393 Calculator was used to optimize the Q1 isolation window pattern for the matrix of interest,  
394 in this case lettuce, to achieve the right balance of compound coverage and specificity. Ten  
395 sequential Q1 variable windows were generated by injecting a lettuce matrix sample fortified  
396 with all target compounds in full-scan. The obtained MS survey scan contains the list of the  
397 m/z values of all precursors and the intensities from all the peaks detected in the spectrum  
398 within the same retention time window of the chromatographic gradient. Variable windows  
399 were generated by computing the number of precursor ions and taking into account their  
400 intensities as a weighting factor. The generated windows based on the precursor ion  
401 distribution within the retention time of the LC gradient for both positive and negative  
402 SWATH acquisition were reported in supplementary material (Figure A.1).

403 Instrumental and method performances were assessed by considering accuracy, intra-day  
404 precision linearity, and limits of detection and quantitation. Data can be found in Table 2.  
405 Both MRM<sup>HR</sup> and SWATH acquisition were compared in term of recoveries and precision.  
406 In term of accuracy, most of the compounds exhibited similar relative recoveries between 80  
407 and 120 % for both methods. However, not all compounds were adequately recovered. In  
408 fact, few compounds showed poor recoveries such as sulfanilamide, ciprofloxacin, and  
409 sulfamethazine presenting values of 26.8, 27.8, and 28.4 % in MRM<sup>HR</sup> and 25, 33.9, and 35  
410 % in SWATH, respectively. Moreover, indomethacin was recovered only at 50 and 200 ng  
411 g<sup>-1</sup> in SWATH acquisition (Table A.3). The intra-day precision expressed by repeatability  
412 was calculated as relative standard deviation (RSD%) obtained from the relative recoveries  
413 studied for each concentration level. Most of compounds are very precise with a deviation  
414 less than 10%, below the recommended 20 % for both acquisition methods. Only one  
415 compound was >20 % (acetaminophen, 22.3 %) for MRM<sup>HR</sup>, while in SWATH just three  
416 compounds presented an inaccuracy higher than 20 % (Gemfibrozil 20.3 %, irbesartan 20.8  
417 % and ibuprofen 24.4 %). Individual values of relative recoveries and precision for each  
418 concentration for MRM<sup>HR</sup> and SWATH are reported in Table A.3. Recovery values are in  
419 line with values reported elsewhere in similar methods [14, 31]. Interestingly, although the  
420 recoveries are quite similar between the two acquisition modes, some differences are  
421 observable in terms of linearity and correlation coefficient. The linearity of the method was  
422 assessed using the matrix-matched calibration approach with a calibration curve constructed  
423 between 0.05 and 300 µg L<sup>-1</sup> (equivalent to 0.5-3000 ng g<sup>-1</sup> d.w. of lettuce leaves) taking into

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424 account at least eight calibration points. Calibration curves were constructed using linear  
425 weighted least-squares regression ( $1/x$  as weighting factor) by plotting the ratio of the analyte  
426 peak area to that of its corresponding IS. In MRM<sup>HR</sup>, the chromatographic response was  
427 linear up to 2000 ng g<sup>-1</sup> for most compounds covering several order of magnitude with  
428 correlation coefficients ( $r^2$ ) above 0.99 for most compounds (Table 2). Only ibuprofen and  
429 fipronil desulfinil presented  $r^2 < 0.98$ , with values of 0.9628 and 0.9669, respectively. Despite  
430 the reliable results of MRM<sup>HR</sup>, SWATH acquisition provided an overall shorter linearity  
431 response for all compounds with values up to 500 ng g<sup>-1</sup> for most compounds. This may be  
432 due to the detector which in this case must manage a multitude of ions at the same time and  
433 for this reason it is saturated. Furthermore, due to a reduction in orders of magnitude,  $r^2$  was  
434 also affected. More in details,  $r^2$  ranged from 0.9699 to 0.9995 for all compounds except for  
435 fipronil sulfone, N2-Methyl-Lamotrigine, and fipronil desulfinyl presenting  $r^2$  of 0.9258,  
436 0.9472, and 0.9542, respectively. In addition, linearity and  $r^2$  for ibuprofen could not be  
437 calculated, given that this compound generally requires a quite large accumulation time that  
438 was possible only working in MRM<sup>HR</sup>.

439 Regarding sensitivity, the Method Detection Limits (MDLs) and Method Quantification  
440 Limits (MQLs) were estimated from the matrix-matched calibration curves using linear  
441 regression analysis. As the Table 2 shows, both methods reported overlapping limits between  
442 them for the majority of compounds. For MRM<sup>HR</sup>, MDLs and MQLs ranged from 0.01 to  
443 0.12 ng g<sup>-1</sup> and 0.04 to 0.38 ng g<sup>-1</sup>, respectively. Unfortunately, for SWATH, despite most of  
444 the compounds presented acceptable MDLs and MQLs ranging between 0.01 to 0.16 and  
445 0.04 to 0.50 ng g<sup>-1</sup>, respectively, eight compounds (sucralose, benzotriazole, sulfanilic acid,  
446 hydrochlorothiazide, acetaminophen, citalopram, fenofibrate, and metronidazole) have  
447 provided higher values (MDLs and MQLs ranging between 0.17 to 1.74 and 0.52 to 5.28 ng  
448 g<sup>-1</sup>, respectively).

449

### 3.2 Evaluation of matrix effect

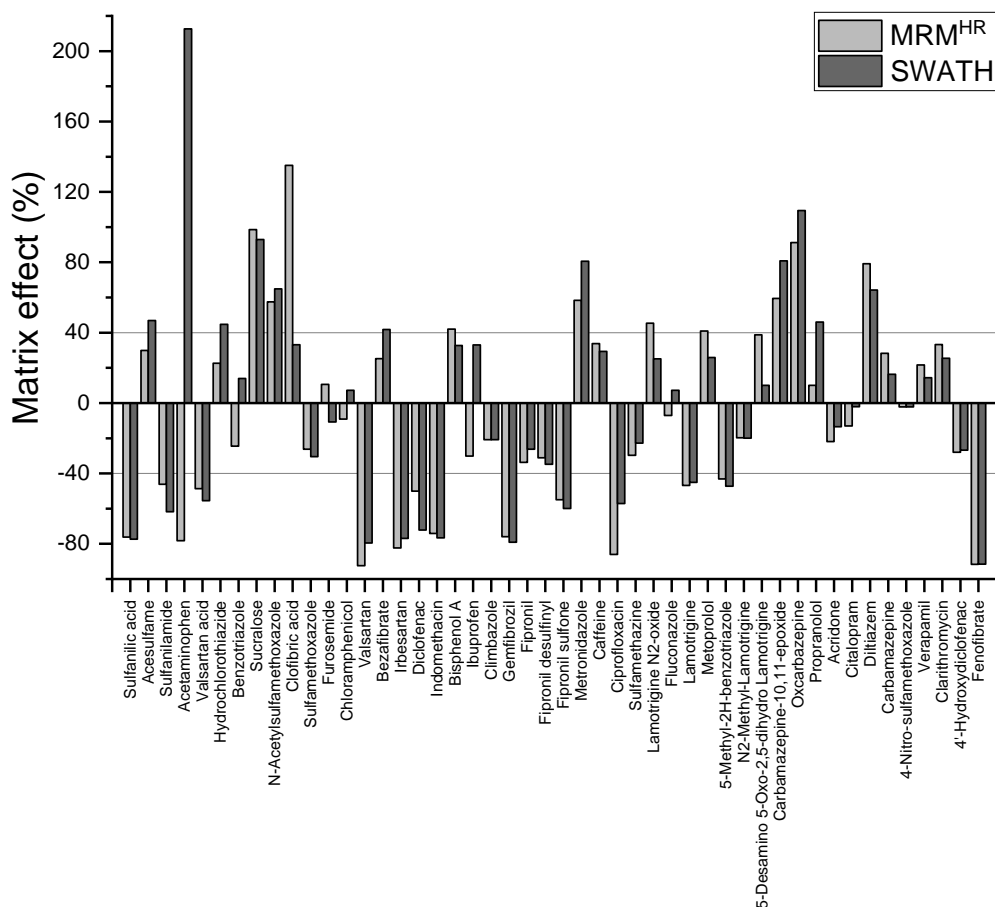
451 Lettuce leaves are a very complex matrix, and its extraction by aqueous organic solvent  
452 mixtures often leads to the presence of co-extracted matrix components in the final extracts  
453 [1, 32-34]. Although it is necessary to extract a wide range of analytes as efficiently as

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454 possible, these co-extractive components of the matrix are not desired and may alter the  
455 ionization efficiency of the analytes in the ionization source influencing the signal intensity  
456 due to competition for available charged ions [35]. In fact, co-extractives can dramatically  
457 influence analysis performance causing suppression or improvement of the analyte response  
458 by decreasing or increasing the instrumental response factors of the target analytes, compared  
459 to those observed in the solvent [33, 34]. In the quantitative analysis, ME can negatively  
460 influence an accurate quantification especially according to the type of sample and the  
461 properties of the analyte [36]. The mean ME of the five spiking levels for all compounds  
462 comparing both acquisition modes (MRM<sup>HR</sup> and SWATH) are reported in Figure 1 whereas  
463 they are well detailed in Table A.4.

464 To reduce the number of co-extracts and decrease the effects of the matrix, the use of a  
465 cleaning phase during sample preparation is often indispensable. [1, 37-39]. As a result,  
466 besides recoveries, the impact of matrix effect (ME) was also assessed to evaluate the effect  
467 on the response of the analytes. The extent of matrix effects was measured by comparing the  
468 response in blank lettuce extracts and in solvent spiked at the same concentration levels used  
469 for recovery study (2, 5, 10, 50, 200 ng g<sup>-1</sup>), before LC-MS/MS analysis. The extent of the  
470 effects due to the components of the matrix classified according to the average ME% for each  
471 compound is shown in Figure 1 and is well detailed for each level in Table A.4. Both MRM<sup>HR</sup>  
472 and SWATH acquisition have given similar effects matrix between them regardless of the  
473 instrumental conditions used. In fact, as reported in Figure 1, the patterns observed are quite  
474 overlapping with respect to the matrix, indicating low effect (from -40 to 40 %) for the 50 %  
475 of the investigated compounds. ME values outside the acceptable range of |40| % denote  
476 strong signal suppression or enhancement with a consequent impact on method performance.  
477 For instance, the most susceptible are compounds with acidic groups (i.e. valsartan,  
478 fenofibrate, gemfibrozil, and sulfanilic acid) resulted the compounds more affected by the  
479 ion suppression close to -90 % for both MRM<sup>HR</sup> and SWATH. In contrast, sucralose and  
480 clofibrac acid showed substantial enhancement for MRM<sup>HR</sup> (98.6 and 135 %, respectively)  
481 while oxcarbazepine and acetaminophen for SWATH (109.4 and 212.6 %, respectively).  
482 Curiously, acetaminophen shows an opposite performance depending on acquisition method  
483 used (-78.3 % for MRM<sup>HR</sup> and 212.6 % for SWATH). Since co-eluted substances of the  
484 matrix may reduce the ion intensity of the target compounds, the use of a matrix-matched

485 calibration curve combined with the internal standard approach should solve this problem,  
 486 improving the accuracy of the quantification and reducing the signal  
 487 suppression/enhancement of the analyte.



488  
 489 **Figure 1.** Comparison of Matrix effect (%) for target compounds in different acquisition modes (MRM<sup>HR</sup> and  
 490 SWATH) at five different spiking levels. Bars refer to the mean values of the five concentrations. Compounds  
 491 are ordered by retention time and ionization mode. From sulfanilic acid to fipronil sulfone for negative  
 492 ionization, and from metronidazole to fenofibrate for positive ionization.

493  
 494 *3.3 Optimization of the sample extraction procedure: comparison of different*  
 495 *methods*

496 Freeze drying process prolong the stability of compounds of interest in commodities with a  
 497 high amount of water without causing a sensible reduction in their amount [40]. For this  
 498 reason, we decide to use freeze-dried lettuce with a low residual water for the development  
 499 of the present method. However, the original QuEChERS method was designed for fresh

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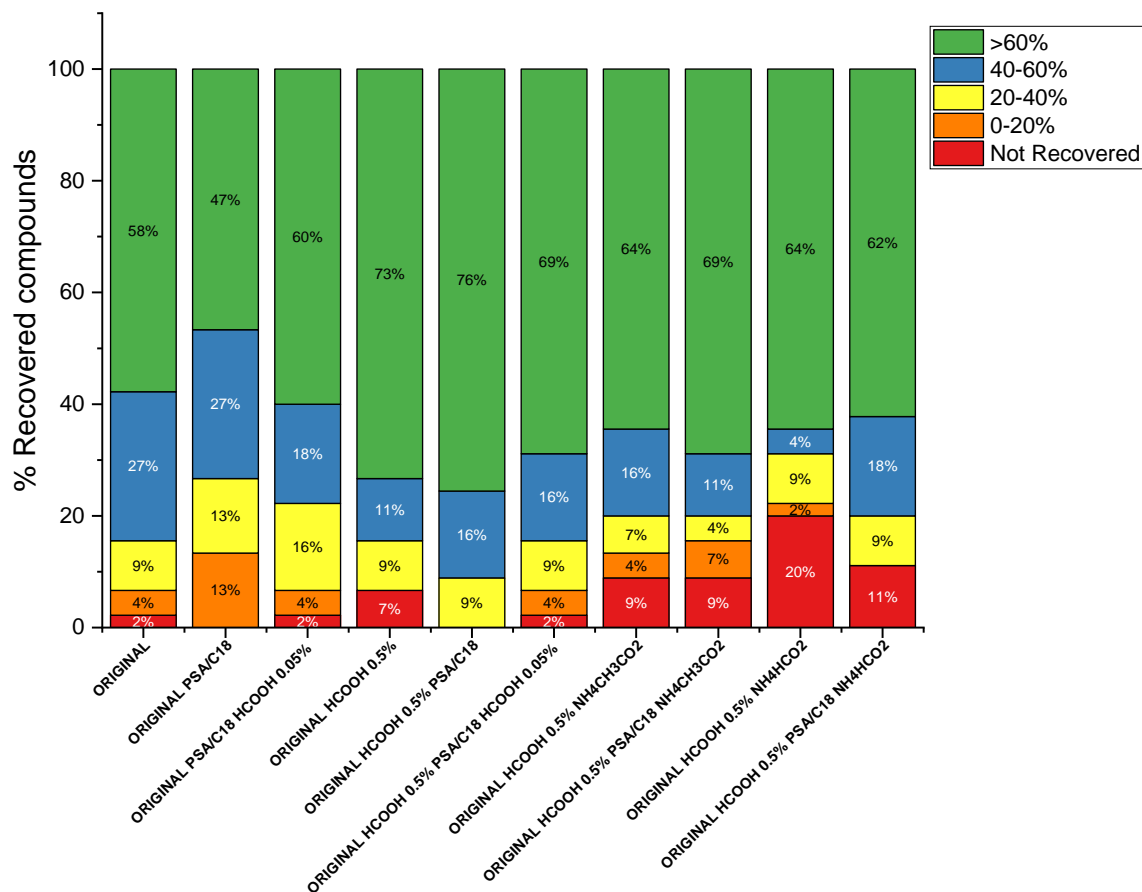
500 samples of 10 g with more than 80 % water [27]. To keep the salting out as similar as possible  
501 to the original method with the use of 10 g of fresh plant tissue and due to the normal water  
502 content of a lettuce greater than 90%, we have chosen to use 1 g of freeze-dried lettuce leaves  
503 and fix the hydration volume to 9 ml of water (ammonium acetate or ammonium formate).

504 The effect of salt and buffer addition, on the partitioning of the compounds was preliminary  
505 evaluated comparing two commercially available kits (OR and EN). In this first screening, a  
506 dispersive SPE clean-up using PSA/C18 and/or the addition of 1 % of formic acid were also  
507 evaluated (Table A.6). The OR kit resulted more effective allowing the recovery of the 62 %  
508 of the compounds (R% >60 %) compared to EN (only 55 %) (Figure A.3). The addition of  
509 formic acid prior to the cleanup step seems to slightly reduce the overall recoveries. For  
510 example, benzotriazole, caffeine, carbamazepine-10,11-epoxide, and furosemide resulted  
511 significantly influenced by the use of the acid (Table A.6). Since the pka of these compounds  
512 is > 7.5, in an acidic pH, it would already be positive charged and the extraction in the organic  
513 solvent is less efficient [41]. Also the clean-up step tends to reduce the recovery of some  
514 analytes. In particular, the PSA, being a weak anion exchanger, could affects the recovery of  
515 more polar organic compounds due to hydrophilic interactions. [31]. The combined use of 1  
516 % HCOOH and PSA/C18 leads to a slightly increase in recoveries especially in the case of  
517 OR protocol (67 %). The EN buffer seems to mitigate this effect (55 %). In this first  
518 evaluation OR 1 % HCOOH PSA/C18 appeared the best choice.

519 In follow-up experiments, the efficiency of the selected QuEChERS method (OR) was  
520 assessed by comparing the addition of a proper amount of HCOOH in combination of PSA  
521 and alternative hydration solvents. In this second phase, three new compounds, of which the  
522 analytical standards were not available at the beginning, were added (5-desamino 5-oxo-2,5-  
523 dihydro Lamotrigine, lamotrigine N2-oxide, and N2-methyl-lamotrigine). Suitable  
524 modifications of the OR method were compared in Figure 2. The Original QuEChERS and  
525 Original PSA/C18 were compared against the addition of 50 µL formic acid (0.5 %). Due to  
526 the prolonged contact with PSA [27], the pH of the extracts could increase compromising the  
527 stability of some pharmaceuticals with acidic groups (e.g. fenofibrate, ibuprofen,  
528 indomethacin) and reduce the overall recoveries. Hence, the possible degradation of such  
529 basic compounds was also tested by an immediate acidification of the extracts after the

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530 PSA/C18 step by adding 10  $\mu$ L of a 5 % formic acid solution in acetonitrile per mL  
531 (corresponding to a final concentration of 0.05 % HCOOH). This step was tested with or  
532 without the initial acidification (Figure 2). The addition of acid after the cleanup step seems  
533 to adversely affect some compounds such as ciprofloxacin, indomethacin, and valsartan  
534 (Table S7, ESM). The addition of ammonium formate or ammonium acetate were also tested  
535 to enhance the extraction efficiency. Both solutions were prepared by adding 200 mg in 9  
536 mL of pure water with a final pH of 6.6 and 6.7, respectively. These ammonium salts, when  
537 added during the hydration of the sample, are supposed to compete with the target compounds  
538 improving the absorption of interfering substances on the sorbent. As a result, the pure water  
539 replacement should induce phase separation and extraction due to a lower adsorption of the  
540 target analytes to the matrix [42]. However, the addition of ammonium salts during the  
541 hydration showed that no relevant improvement was observed when we used ammonium  
542 acetate. About 9 % of compounds were not recovered in presence of ammonium acetate,  
543 whether or not PSA is employed (Figure 2). On the other hand, when we used ammonium  
544 formate a significant decrease of the average recoveries was indeed observed. In fact, about  
545 20 % of the compounds have not been recovered at all when OR is used without PSA. This  
546 percentage is reduced to 11 % in the presence of PSA, however insufficient to justify its use.  
547 Also in this case, the most susceptible compounds are ciprofloxacin and some drugs with  
548 acidic groups (fenofibrate, ibuprofen, indomethacin) (Table A.7). Finally, the addition of 50  
549  $\mu$ L formic acid (0.5 %) to the Original QuEChERS following by a PSA/C18 clean-up step  
550 seems to provide significant benefits to justify the change of our initial addition of 1% formic  
551 acid. The use of 0.5% HCOOH led to improvement in recoveries enabling the highest  
552 recoveries of all compounds. In this way, this combination was more effective given that all  
553 the compounds were effectively recovered reporting values above 20 %. In particular, 76 %  
554 of the compounds presented values higher than 60 %. (Figure 2 and Table A.7). Only 4  
555 compounds presented values below 40 % (ciprofloxacin 21.8 %, sulfamethazine 20.5 %,  
556 sulfamethoxazole 23.9 %, and sulphanilamide 38.7 %). Based on the results of the  
557 experiments described in Figure 2, Original HCOOH 0.5 % PSA/C18 was selected for the  
558 further validation study.



559

560 **Figure 2.** Comparison of recoveries (%) of target analytes in lettuce spiked at 10 ng g<sup>-1</sup> using the Original  
 561 QuEChERS extraction salts kit and different modifications of the Standard method including the hydration of  
 562 the sample, and/or the clean-up step.

563

### 564 *3.4 Effect of 2-step clean-up on co-extractives*

565 The amounts of undesirable co-extractives from lettuce leaves samples were determined by  
 566 weighting after evaporation of the extracts to dryness in pre-weighted test tubes, according  
 567 to optimized protocol. In general, the use of acetonitrile in the partitioning step minimized  
 568 only the fat co-extractives [19, 27]. The dSPE clean-up with PSA was not initially developed  
 569 to remove chlorophyll and sterols from vegetable extracts [43]. In fact, the PSA can only  
 570 retain fatty acids and other polar compounds in the matrix due to the presence of the primary  
 571 and secondary amine moieties. Furthermore, the reverse phase absorbent C18 is able to  
 572 effectively remove starch and sugar from samples by trapping them [44]. A dispersive SPE

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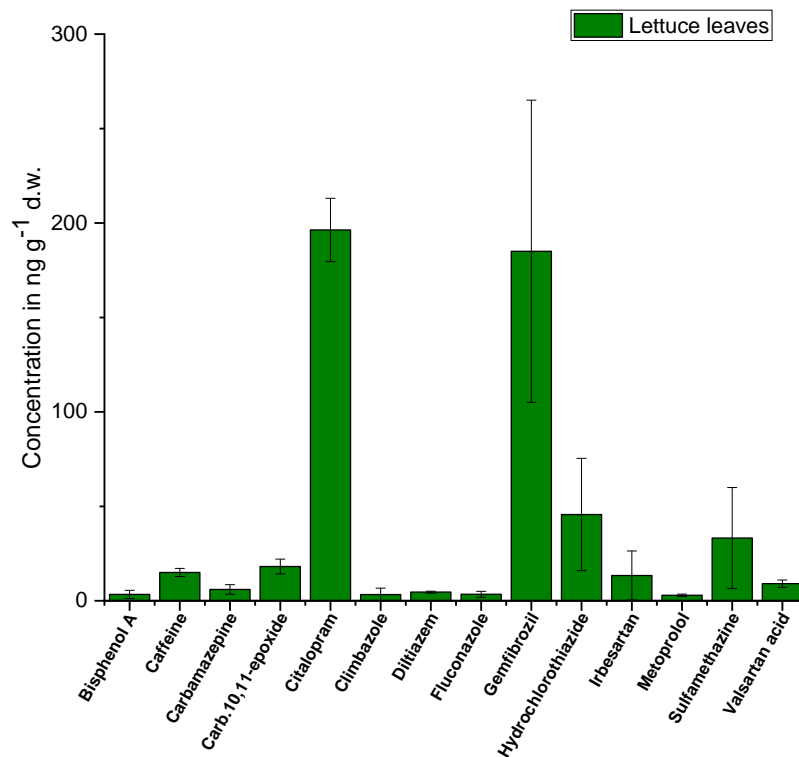
573 formed of a combination of PSA and GCB (Graphitized Carbon Black) is generally used to  
574 remove chlorophyll from samples with a high content of pigments [27]. To prevent the  
575 compounds of interest from being absorbed by the GCB, we opted for an additional simple  
576 and inexpensive cleaning procedure which consists in leaving the extracts overnight at -20 °  
577 C (freezing-out) before the following clean-up step with dispersive PSA. This approach that  
578 does not require extra solvents such as hexane [1], which is generally used to promote the  
579 precipitation of fats at to the low temperature [19], and can be used to remove co-extractives  
580 in bulk from aqueous solvents or other relatively polar solvents [45]. Figure A.2.A shows the  
581 amount of co-extractives in the acetonitrile extracts using only OR protocol, the effect of  
582 temperature, and the reduction of co-extractives in presence of the 2-step clean-up. The  
583 gravimetric results demonstrated the reduction of the amount of co-extractives in acetonitrile  
584 extracts by almost 60 % by weight using the freezing-out step. In addition, after the  
585 dispersive-SPE clean-up, another large part of co-extractives was removed from extracts. The  
586 freezing procedure together with the dispersive clean-up led to a rather substantial reduction  
587 of co-extractives (-83.5 %) corresponding to a residual amount of 5 mg in the final extract.  
588 Although it has not been evaluated, the addition of formic acid seems to favour the  
589 precipitation of chlorophyll during freezing-out, as shown in Figure A.2.B. Another  
590 important advantage of the freezing-out is that part of the residual water that MgSO<sub>4</sub> was  
591 unable to remove during the salting out, is deposited on the bottom of the tube, frozen  
592 together with the co-extractives.

### 593 *3.5 Application to Real Samples*

594 In order to evaluate the presence of pharmaceuticals in lettuce leaves, the validated method  
595 was applied to lettuce plants growth in controlled condition (greenhouse experiment). During  
596 the study, 12 lettuce seedlings (*Lactuca sativa* L.) cv. Maravilla de Verano-Canasta at the  
597 approximately four-leaf stage were transplanted in 12 plastic pots (22 cm diameter) filled  
598 with 3 kg of pristine soil collected from the Parc Agrari of El Prat de Llobregat (Barcelona,  
599 Spain). For the first five days after transplant, all plants were irrigated with tap water.  
600 Afterwards, eight plants were irrigated with 100 mL of treated wastewater effluent provided  
601 by the wastewater treatment plant EDAR of El Prat de Llobregat (Barcelona, Spain) each  
602 two days for the entire growing period. The remaining four pots were used as controls and

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603 were irrigated with 100 mL of tap water each two days. After 60 days, all plants were  
604 harvested, washed with deionized water to remove any soil residues, and gently blot dried  
605 with paper towel. Then, the samples were extracted according to the optimized procedure.  
606 Due to less trustworthy results of SWATH, quantification of the target analytes in plant  
607 samples was based on MRM<sup>HR</sup> and was performed by the internal standard method. Each  
608 analyte was quantified by using its corresponding deuterated standard. An isotopically  
609 labelled compounds with similar retention time or from the same group was used only for  
610 the quantification or those compounds in which isotopically analogues compounds were not  
611 available (Table A.2). Only 14 out of 48 studied compounds were detected and were reported  
612 in Figure 3. Most of detected compounds presented concentrations up to 10 ng g<sup>-1</sup>, such as  
613 metoprolol (2.9 ng g<sup>-1</sup>), bisphenol A (3.4 ng g<sup>-1</sup>), climbazole (3.3 ng g<sup>-1</sup>), fluconazole (3.4 ng  
614 g<sup>-1</sup>), diltiazem (4.6 ng g<sup>-1</sup>), carbamazepine (6.0 ng g<sup>-1</sup>), and valsartan acid (9.1 ng g<sup>-1</sup>). Five  
615 compounds were detected in the leaves at concentrations close to 50 ng g<sup>-1</sup>, like irbesartan  
616 (13.4 ng g<sup>-1</sup>), caffeine (15.0 ng g<sup>-1</sup>), carbamazepine epoxide (18.1 ng g<sup>-1</sup>), sulfamethazine  
617 (33.2 ng g<sup>-1</sup>), and hydrochlorothiazide (45.6 ng g<sup>-1</sup>). Only two analytes were found at very  
618 high concentration: gemfibrozil (185 ng g<sup>-1</sup>) and citalopram (196 ng g<sup>-1</sup>), although the former  
619 has a rather important variability. These results are comparable with those previously  
620 reported by other authors working with the same matrix [5, 7, 9, 46]. Irrigation with reclaimed  
621 water or contaminated water containing trace levels of pharmaceuticals could lead to uptake  
622 and the consequent accumulation of pharmaceuticals in green parts of lettuce crops, posing  
623 potential risks to human health.



**Figure 3.** Presence of target compounds in lettuce samples irrigated with treated wastewater effluent.

#### 4. Conclusions

Based on the results of this study, we concluded that the simple changes made to the classic QuEChERS method provided good possibilities to achieve our goals and simultaneously improve the overall recoveries for a large number of compounds without sacrificing the performance of a multi-residual method. Method performances were also studied by comparing two different acquisition techniques provided by the same instrument. Although the two techniques provide quite similar results in term of accuracy and limits of detection, higher and more consistent results for a greater number of analytes were achieved using MRM<sup>HR</sup> acquisition. However, we reserve to discover in a future study the full potential of SWATH mode not only to quantify small molecules but also to explore its capabilities in suspect screening and non-target analysis in a so complex matrix like lettuce, taking full advantage of high resolution and high resolution spectral libraries.

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**Table 2.** Method performance parameters for target analytes in MRM<sup>HR</sup> and SWATH acquisition including Retention time (RT), Linearity range, Coefficient of determination ( $r^2$ ), Accuracy (%), Precision (RSD, %), and Method detection limits (MDL) and Method quantitation limits (MQL).

Analyte	RT (min.)	MRM <sup>HR</sup> Linearity		SWATH Linearity		MRM <sup>HR</sup> Intraday performance		SWATH Intraday performance		MRM <sup>HR</sup>		SWATH	
		Range (ng g <sup>-1</sup> )	$r^2$	Range (ng g <sup>-1</sup> )	$r^2$	Accuracy <sup>a</sup> (%)	Precision <sup>b</sup> (RSD, %)	Accuracy <sup>a</sup> (%)	Precision <sup>b</sup> (RSD, %)	MDL <sup>c</sup> (ng g <sup>-1</sup> )	MQL <sup>d</sup> (ng g <sup>-1</sup> )	MDL <sup>c</sup> (ng g <sup>-1</sup> )	MQL <sup>d</sup> (ng g <sup>-1</sup> )
4'-Hydroxydiclofenac	7.54	2.5 - 2000	0.9921	5 - 3000	0.9935	83.3	17.5	78.9	13.7	0.09	0.26	0.05	0.15
4-Nitro-sulfamethoxazole	6.86	2.5 - 2000	0.991	1 - 500	0.9958	92.6	10.8	90.9	5.4	0.06	0.18	0.06	0.18
5-Desamino 5-Oxo-2,5-dihydro Lamotrigine	4.64	5 - 2000	0.984	2.5 - 1000	0.997	80.8	19.0	80.1	6.9	0.08	0.25	0.04	0.12
5-Methyl-2H-benzotriazole	4.41	2.5 - 2000	0.9927	2.5 - 2000	0.9972	100.	14.5	89.6	13.0	0.05	0.16	0.04	0.12
Acesulfame	1.18	2.5 - 3000	0.9873	2.5 - 1000	0.9955	65.6	9.0	72.4	7.6	0.12	0.38	0.08	0.25
Acetaminophen	2.01	5 - 3000	0.9954	5 - 2000	0.9985	84.6	22.3	85.8	7.0	0.04	0.13	0.67	2.04
Acridone	5.82	0.5 - 1000	0.9886	5 - 500	0.987	96.5	11.4	93.6	2.9	0.02	0.05	0.08	0.25
Benzotriazole	3.23	0.5 - 3000	0.9953	0.5 - 1000	0.993	91.1	10.7	95.6	16.4	0.06	0.18	0.18	0.54
Bezafibrate	5.38	1 - 1000	0.9866	1 - 500	0.9946	90.8	4.9	91.6	6.5	0.03	0.09	0.05	0.15
Bisphenol A	7.39	1 - 3000	0.9904	2.5 - 2000	0.9914	90.9	6.1	89.8	3.4	0.08	0.26	0.05	0.16
Caffeine	2.82	1 - 3000	0.9956	10 - 2000	0.9954	87.6	9.9	90.4	5.4	0.02	0.07	0.10	0.29
Carbamazepine	6.42	5 - 1000	0.9988	0.5 - 500	0.9958	99.3	4.1	96.8	1.9	0.06	0.18	0.02	0.06
Carbamazepine-10,11-epoxide	5.32	0.5 - 2000	0.9947	1 - 500	0.9995	97.2	10.2	97.8	4.9	0.04	0.11	0.02	0.06
Chloramphenicol	5.18	0.5 - 1000	0.9938	0.5 - 500	0.9913	90.4	9.4	94.8	3.2	0.02	0.06	0.02	0.06
Ciprofloxacin	3.54	2.5 - 2000	0.9914	2.5 - 2000	0.9797	27.8	9.2	33.9	12.4	0.01	0.04	0.07	0.22
Citalopram	6.22	1 - 1000	0.9935	1 - 1000	0.9818	89.1	7.2	90.2	4.4	0.07	0.21	0.68	2.05
Clarithromycin	7.22	2.5 - 2000	0.9963	2.5 - 1000	0.982	88.8	4.1	90.6	3.2	0.01	0.04	0.04	0.12
Climbazole	8.39	1 - 1000	0.9917	1 - 500	0.9746	86.7	10.4	85.8	8.8	0.05	0.14	0.08	0.25
Clofibric acid	4.07	2.5 - 3000	0.9911	1 - 1000	0.9951	90.3	9.5	89.0	4.8	0.02	0.05	0.06	0.18
Diclofenac	6.95	5 - 2000	0.9917	2.5 - 1000	0.9894	87.0	14.6	90.6	14.5	0.05	0.17	0.08	0.23
Diltiazem	6.37	2.5 - 2000	0.9945	2.5 - 1000	0.9917	93.9	4.7	94.7	4.1	0.04	0.11	0.04	0.11
Fenofibrate	9.89	1 - 1000	0.9956	2.5 - 1000	0.9946	83.7	18.4	90.4	16.0	0.06	0.20	1.63	4.93
Fipronil	8.92	0.5 - 100	0.9988	0.5 - 100	0.9706	95.7	6.4	95.1	5.8	0.03	0.08	0.04	0.14
Fipronil desulfinyl	9.05	2.5 - 100	0.9669	0.5 - 50	0.9542	94.9	4.1	94.6	4.3	0.02	0.05	0.02	0.07
Fipronil sulfone	9.22	1 - 100	0.9888	0.5 - 50	0.9258	93.3	6.1	93.1	7.7	0.01	0.04	0.02	0.05
Fluconazole	4.02	2.5 - 3000	0.9957	2.5 - 2000	0.9947	90.3	5.6	92.3	3.6	0.02	0.07	0.03	0.10
Furosemide	4.42	1 - 3000	0.999	5 - 1000	0.9974	64.1	7.9	68.9	5.3	0.11	0.32	0.16	0.50

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<b>Gemfibrozil</b>	8.78	1 - 3000	0.9937	2.5 - 500	0.9699	87.6	11.2	96.0	20.3	0.08	0.26	0.08	0.23
<b>Hydrochlorothiazide</b>	2.77	2.5 - 1000	0.9867	2.5 - 500	0.9864	87.5	9.1	99.5	11.8	0.06	0.18	0.44	1.33
<b>Ibuprofen</b>	7.68	10 - 2000	0.9628			106.0	16.6	101.7	24.3	0.07	0.22		
<b>Indomethacin</b>	7.24	2.5 - 2000	0.9888	5 - 2000	0.9858	92.6	8.3	105.6*	12.7*	0.10	0.31	0.12	0.37
<b>Irbesartan</b>	6.49	1 - 1000	0.9902	1 - 500	0.9865	79.3	16.5	81.0	20.8	0.03	0.08	0.03	0.09
<b>Lamotrigine</b>	4.02	2.5 - 1000	0.9926	2.5 - 500	0.9912	65.5	4.5	66.7	7.8	0.05	0.14	0.01	0.04
<b>Lamotrigine N2-oxide</b>	3.91	5 - 1000	0.9835	2.5 - 1000	0.999	81.3	9.3	79.9	5.9	0.03	0.09	0.05	0.14
<b>Metoprolol</b>	4.17	2.5 - 2000	0.9989	0.5 - 1000	0.9986	86.2	5.3	87.6	6.9	0.09	0.27	0.10	0.29
<b>Metronidazole</b>	2.16	5 - 2000	0.9953	1 - 1000	0.9913	86.6	14.0	92.3	10.2	0.10	0.32	1.74	5.28
<b>N2-Methyl-Lamotrigine</b>	4.62	2.5 - 1000	0.9945	5 - 500	0.9472	87.1	5.1	87.3	7.9	0.03	0.09	0.09	0.28
<b>N-Acetyl-sulfamethoxazole</b>	3.72	1 - 1000	0.9945	2.5 - 1000	0.9945	86.5	4.8	89.1	7.2	0.04	0.12	0.11	0.35
<b>Oxcarbazepine</b>	5.6	5 - 2000	0.9905	5 - 1000	0.9968	55.5	6.6	62.2	4.5	0.04	0.11	0.07	0.22
<b>Propranolol</b>	5.64	2.5 - 2000	0.9951	1 - 1000	0.9984	92.9	7.1	103.1	8.9	0.08	0.24	0.04	0.13
<b>Sucralose</b>	3.35	5 - 3000	0.9809	10 - 3000	0.9718	78.9	7.7	77.2	5.4	0.10	0.30	0.17	0.52
<b>Sulfamethazine</b>	3.62	2.5 - 2000	0.9918	2.5 - 3000	0.9993	28.4	7.5	35.0	7.2	0.07	0.22	0.05	0.16
<b>Sulfamethoxazole</b>	4.16	1 - 2000	0.9928	1 - 1000	0.9957	40.5	8.3	46.3	7.7	0.04	0.11	0.07	0.20
<b>Sulfanilamide</b>	1.28	5 - 3000	0.9951	2.5 - 2000	0.9987	26.8	9.4	25.0	9.9	0.04	0.13	0.04	0.11
<b>Sulfanilic acid</b>	0.47	5 - 3000	0.9946	10 - 2000	0.9789	60.9	10.3	52.7	9.9	0.08	0.25	0.25	0.76
<b>Valsartan</b>	5.37	2.5 - 2000	0.9952	5 - 2000	0.9962	81.1	17.2	73.5	18.7	0.05	0.15	0.09	0.27
<b>Valsartan acid</b>	2.54	5 - 2000	0.9928	2.5 - 1000	0.9991	40.7	14.5	44.0	14.3	0.03	0.08	0.06	0.17
<b>Verapamil</b>	7.1	1 - 1000	0.9933	0.5 - 500	0.9888	92.8	7.9	94.6	4.9	0.03	0.09	0.02	0.06

<sup>a</sup> Accuracy was expressed as mean of relative recoveries calculated from the five studied levels.

<sup>b</sup> Precision was calculated as average relative standard deviation (RSD %) obtained from the relative recoveries at each concentration level.

<sup>c</sup> MDLs were estimated from the matrix-matched calibration curves using linear regression analysis.

<sup>d</sup> MQLs were estimated from the matrix-matched calibration curves using linear regression analysis.

\* Indomethacin was recovered only at 50 and 200 ng g<sup>-1</sup> in SWATH acquisition.

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She is expert in the development of analysis methods, screening of emerging pollutants in water and other environmental matrices and the use of high resolution mass spectrometry.

2. Ana Lozano, PhD,  
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She is expert in development of extraction and acquisition methods, method validation and quality control procedures for the analysis of pesticide residues in fruits and vegetables by LC and GC coupled to QqQ-MS/MS and HRMS. Her knowledge also includes SWATH acquisition technique.

3. Ya-Hui Chuang, Assistant Professor,  
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Her studies focus on the fate and transport of chemicals of emerging concern, in particular pharmaceutical products, in agricultural systems. She developed analytical methods for pharmaceutical residues in environmental samples using QuEChERS and mass spectrometry in liquid tandem chromatography (LC-MS/MS).

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:



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**Supplementary Material**

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# CRedit author statement

**Nicola Montemurro\***: Conceptualization, Methodology, Writing - Original Draft, Validation, Data analysis

**Anastasia Orfanoti**: Experimental work, Writing - Original Draft

**Rayana Manasfi**: Experimental work, Writing - Original Draft, Software

**Nikolaos S. Thomaidis**: Revision & Editing

**Sandra Pérez**: Conceptualization, Supervision, Project administration, Writing - Revision & Editing, Funding acquisition

## CHECKLIST

This submission compiles the next files:

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5. Manuscript
6. List of Three Potential Reviewers
7. Declaration of Interest Statement
8. Supplementary Material
9. Authors contribution CRediT author statement
10. Checklist