

1 **Expanding the Clinical and Genetic Spectrum of *PCYT2*-related Disorders**

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FOXP2 Peer Review

1 Dear Sir,

2

3 Recently Vaz *et al.* reported four families with complex hereditary spastic paraplegia (cHSP)
4 and biallelic variants in *PCYT2* encoding CTP:phosphoethanolamine cytidylyltransferase
5 (ET), the rate-limiting enzyme for phosphatidylethanolamine biosynthesis. Patient-derived
6 fibroblasts and plasma had significant abnormalities in both neutral etherlipid and
7 etherphospholipid metabolism (Vaz, McDermott *et al.* 2019). We wish to broaden the
8 phenotypic and genetic spectrum of *PCYT2*-related disorders with two additional patients.
9 Clinical features are detailed in **Table 1**.

10

11 Case 1, a 46-year-old man, was born after a normal pregnancy from healthy first cousin
12 consanguineous Spanish parents. He had an older sister who died at the age of 2 years, due to
13 a severe progressive muscle weakness of unknown aetiology. His development was
14 considered as normal during childhood, until 12 years old, when he started to experience
15 frequent falls and difficulties to run and climb. Over the years, he reported weakness and
16 lower limb stiffness. At age 49, neurological examination showed increased tone with
17 proximal symmetrical weakness (MRC 4/5) of the lower limbs. Force and tone were normal
18 in upper limbs. Deep tendon reflexes were globally brisk in all four limbs, with clonus and
19 bilateral extensor plantar responses. He had hypopallesthesia of ankles with no other sensory
20 deficits. No clinical signs of cerebellar involvement were present. He complained of urinary
21 urge incontinence, was treated with baclofen, but improvement in leg spasticity was not clear
22 and urinary urge worsened. Brain MRI at age 46 was strictly normal. Electromyography and
23 nerve conduction studies were largely normal. Currently he is aged 59 years and walks with
24 ankle-foot orthosis braces and needs a walking aid (cane) for large distances. He finished
25 primary school without difficulties, and then he obtained a job as driver. Hitherto, there is no
26 evidence of cognitive impairment.

27

28 Case 2 is a 7 years old male born to healthy, nonconsanguineous African American parents.
29 He has two healthy younger sisters. Patient's mother had a positive group B strep test and she
30 was treated with antibiotics prior to delivery. She reported occasional cannabis consumption
31 during pregnancy. Patient was born at 38 weeks and 2 days via spontaneous vaginal delivery,
32 weighting 3.92 kg (44% using CDC charts), with a length of 51 cm (25%), and an
33 occipitofrontal circumference of 35 cm (13%). Apgar scores were 9 at 1 minute and 9 at 5
34 minutes. He was noted to be tachypneic at 24 hours of life, being admitted to the NICU.

1 Tachypnea resolved spontaneously and he was discharged home after 26 hours.
2 Ophthalmological assessment at birth showed congenital lateral gaze nystagmus, bilateral
3 cataracts and bilateral optic atrophy. A global developmental delay was noted very early. He
4 rolled over at 7 months and he did not achieve the ability to sit unsupported, at 3 years he was
5 able to hold a cup. A brain MRI at 7 months was normal, but follow-up MRI at the age of 2.2
6 years showed an abnormal increased T2/FLAIR signal within the bilateral periventricular
7 white matter, which was consistent with delayed myelination (**Figure 1E**). Epilepsy with
8 multifocal seizures started at 23 months of age. Failure to thrive was noted during infancy,
9 and a gastrostomy tube was placed. Most recent examination, at 7 years of age, shows
10 increased tone in all 4 extremities, globally brisk reflexes and upgoing plantar reflexes
11 bilaterally. His nystagmus improved over time, and he is followed closely for his optic
12 atrophy and cataracts (**Supplemental Figure 1**). He continues with growth restriction, with
13 his weight below 1% on the CDC growth charts with Z-score of -4.17. He has significant
14 intellectual disability/cognitive impairment and attends school in a special education
15 classroom.

16

17 Whole exome sequencing (WES) was performed in both patients (methods in **Supplemental**
18 **Material**). In Case 1 we identified an homozygous missense variant located at the last coding
19 base pair of exon 11, within the donor splice site
20 (NM_001184917.2:c.957G>C,p.(Lys319Asn)) (**Figure 1A, B**). This variant was not carried
21 by his healthy sibling. Copy number (CNV) analysis in patient's WES data excluded the
22 presence of deletions (father's sample was unavailable) (**Supplemental Figure 3**). This
23 variant was absent from gnomAD, strongly conserved, and is located within the second
24 cytidylyltransferase catalytic domain. *In silico* tools predicted an alteration of splicing
25 (Human Splicing Finder and MaxEntScan: -42%). Concordantly, cDNA analysis showed two
26 different transcripts: the first one carried the missense variant, while the second used an
27 alternative donor site in intron 11, resulting in the inclusion of 102 bp into the coding
28 sequence, leading to the insertion of 34 aminoacids (p.(Lys319Asn_Val320ins34)) (**Figure**
29 **1C**). This insertion may alter PCYT2 activity by altering active site structure or global
30 PCYT2 protein stability. In Case 2, we identified two compound heterozygous variants: a
31 nonsense variant in exon 11 (NM_001184917.2:c.907delG,p.(Val303Ter)) and a second
32 nonsense in exon 14 resulting into premature truncation of the PCYT2 protein, already
33 reported by Vaz *et al.* in 4 patients (NM_001184917.2:c.1129C>T, p.(Arg377Ter))
34 (**Supplemental Figure 2**).

1

2 To better understand the functional impact of the missense/splicing variant in Case 1, we used
3 lipidomics profiling to quantify the phospholipid content of plasma and peripheral blood
4 mononuclear cells (PBMC). Results showed a phospholipid and glycerolipid dysregulation
5 consistent with previous data from Vaz *et al.* (**Figure 1D**). While most phospholipid species
6 were significantly decreased in Case 1 compared to controls, in particular
7 phosphatidylethanolamine (PE), there was also a significant accumulation of PE[O], as well
8 as the glycerolipids DAG and TAG (diacylglycerol, triacylglycerol). This profile is highly
9 concordant with the lipidomics data reported in Vaz *et al.* 2019, thus providing evidence for
10 an impaired activity of PCYT2 in this patient.

11

12 Deleterious variants in *PCYT2* have been proposed by Vaz *et al.* as a new cause of cHSP,
13 defined by HSP combined with global developmental delay, intellectual disability, epilepsy
14 and progressive cerebral atrophy. Our cases broaden the phenotypic and genotypic spectrum
15 with one patient presenting with isolated mild pure HSP, in absence of all additional signs of
16 previously published cases, and a second patient with predominant visual impairment with
17 cataracts, nystagmus, and optic atrophy.

18

19 Case 1 shows a pure spastic paraplegia phenotype without any additional signs or abnormal
20 features in a recent brain MRI. The milder disease course may be explained by the phenotypic
21 variability associated to *PCYT2* variants, already reported in Vaz *et al.* For instance, Patient 5,
22 who developed a milder phenotype of cHSP with fine rotary nystagmus and mild intellectual
23 disability, had the same homozygous nonsense variant as Patients 2, 3 and her brother Patient
24 4, who were more seriously affected. This illustrates the classical phenotypic variability in
25 inborn errors of metabolism (Argmann, Houten *et al.* 2016). A second explanation concerns
26 the nature of the variant identified. Indeed, the homozygous variant c.957G>C found in Case
27 1 alters splicing and results into two different transcripts: one containing a missense variant
28 p.(Lys319Asn), and a second one containing in addition, an insertion that probably
29 destabilizes PCYT2 protein. The coexistence of these two transcripts may probably be linked
30 to a less severe effect on PCYT2's activity, although dysregulation of lipidic profiles
31 appeared on the same range.

32

33 Although visual impairment was reported in patients 2-5 of the cohort published by Vaz *et al.*,
34 who all harbor the p.(Arg377Ter) allele in homozygosis, only patient 3 was described to have

1 optic atrophy, thus our Case 2 argues for a higher penetrance of this sign than previously
2 anticipated. Cataracts have only been observed in Case 2 reported in this study, who also
3 harbors a p.(Arg377Ter) allele, and will need to be confirm in additional cases. Intriguingly,
4 through a systems biology approach based in a pairwise correlation with a seed network of
5 *Drosophila melanogaster* genes, *PCYT2* was identified as a candidate gene linked to mouse
6 retinal development (Serb, Orr *et al.* 2010). Moreover, mutations in other genes involved in
7 CDP-choline/CDP-ethanolamine synthesis (Wortmann, Espeel *et al.* 2015) such as *DDHD1*
8 (Bousslam, Benomar *et al.* 2005, Tesson, Nawara *et al.* 2012), *DDHD2* (Schuurs-Hoeijmakers,
9 Geraghty *et al.* 2012, Gonzalez, Nampoothiri *et al.* 2013), *SELENOI* (Ahmed, Al-Khayat *et*
10 *al.* 2017) and *PNPLA6* (Synofzik, Gonzalez *et al.* 2014) cause both pure and complex HSP
11 combined with eye abnormalities as a common denominator, highlighting the importance of
12 this metabolic pathway in motor neuron and retinal cellular processes (Rickman, Baple *et al.*
13 2019).

14
15 These cases illustrate the utility of WES to establish diagnosis of spastic paraplegias with
16 broad clinical spectrum. This not only ends the diagnostic odyssey, but may even open
17 therapeutic options in the metabolic disorders; for example, choline substitution has already
18 been successfully tested on a *Pcyt2* (+/-) mice with specifically reduced CDP-ethanolamine
19 pathway and metabolic disease (Schenkel, Sivanesan *et al.* 2015). In this animal model
20 choline supplementation improved the lipid profile, restoring fatty acid and triglycerides
21 homeostasis, and therefore assessing its effects on neurological function in human patients
22 would be warranted.

23

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25

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29

30 DATA AVAILABILITY

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32 The data that support the findings of this study are available from the corresponding author,
33 upon reasonable request.

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13 COMPETING INTERESTS

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1 LEGENDS

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3 Figure 1: Family trees and *PCYT2* mutation features.

4

5 A) Family trees. Square: male, circle: female, black symbols: affected individuals, white
6 symbols: unaffected carriers, WT: wild-type allele. Double line indicates consanguinity.

7

8 B) Gene structure of *PCYT2* and reported mutations. Blue boxes represent *PCYT2* exons.
9 Mutations in italics (above) represent mutations reported by Vaz *et al.*, 2019, and mutations in
10 bold (below) represent variants identified in this paper. Amino acid sequence alignments of
11 *PCYT2* across several species demonstrate conservation of the residues mutated by missense
12 variants.

13

14 C) cDNA analysis of *PCYT2* in Cases 1. Left, agarose gel electrophoresis showing the
15 presence of two transcript in Case 1. Right, Sanger sequence analysis of isolated bands from
16 agarose gels.

17

18 D) Lipid profile in human plasma and PBMC. CTL (n=5) and Case 1 (n=1). Data represented
19 as mean \pm SD (relative pmolequiv/ml in plasma and pmol eq/mg protein in PBMC) shown as
20 fold increase of the patient compared to that of control individuals, who were sex and age-
21 matched. * $P < 0,05$, ** $P < 0,01$, *** $P < 0,001$ (2-tailed Student's *t*-test). PE:
22 phosphatidylethanolamine. PC: phosphatidylcholine. PS: Phosphatidylserine. PE[O], PC[O]:
23 phosphatidylethanolamine and phosphatidylcholine etherphospholipids. LPE and LPC:
24 lysophosphatidylethanolamine and lysophosphatidylcholine. DAG, TAG: diacylglycerol,
25 triacylglycerol.

26

27 E) Brain MRI sequences of Case 2. Axial (left) and sagittal (right) fluid-attenuated inversion
28 recovery (FLAIR) shows increased signal within the bilateral periventricular white matter,
29 consistent with delayed myelination.

30

	Case 1	Case 2	Vaz <i>et al.</i> , 2019 (Patients 1, 2, 3, 4, 5 respectively)
General information			
Age at last assessment (years)	59	5	5.8, 20, 16.7, 9.9, 2.5
Gender	Male	Male	Male, Male, Male, Female, Male
Ethnicity	Spanish	African American	Hungarian, British, Turkish, US Caucasian, US Caucasian
Examination			
Dysmorphic features	No	High columella insertion with long appearing philtrum, broad nasal root, high arched palate	None of them
Spasticity	Yes	Yes, spastic quadriparesis	All patients
Hyperreflexia	Yes	Yes	All patients
Extensor Plantar Response	Yes	Yes	All patients
Other neurological features			
Developmental delay	No	Yes	All patients, ranging from mild to severe
Intellectual disability	No	Yes	All patients, ranging from mild to severe
Epileptic seizures	No	Multifocal epilepsy	All patients
Cerebellar ataxia	No	Yes	Patient 2
Hearing loss	No	No	Patient 3
Ophthalmological symptoms			
Cataracts	No	Yes, congenital cataracts	Not reported
Nystagmus	No	Yes, congenital nystagmus	Patients 2,3,4 and 5
Optic atrophy	No	Yes	Patient 3
Investigations			
Brain MRI	Normal	Abnormal increased T2/FLAIR signal within the bilateral periventricular white matter	Patients 1,2,3 and 4: Progressive atrophy with subtle symmetric hyperintensities in the cerebral white matter (Patient 5 not performed)

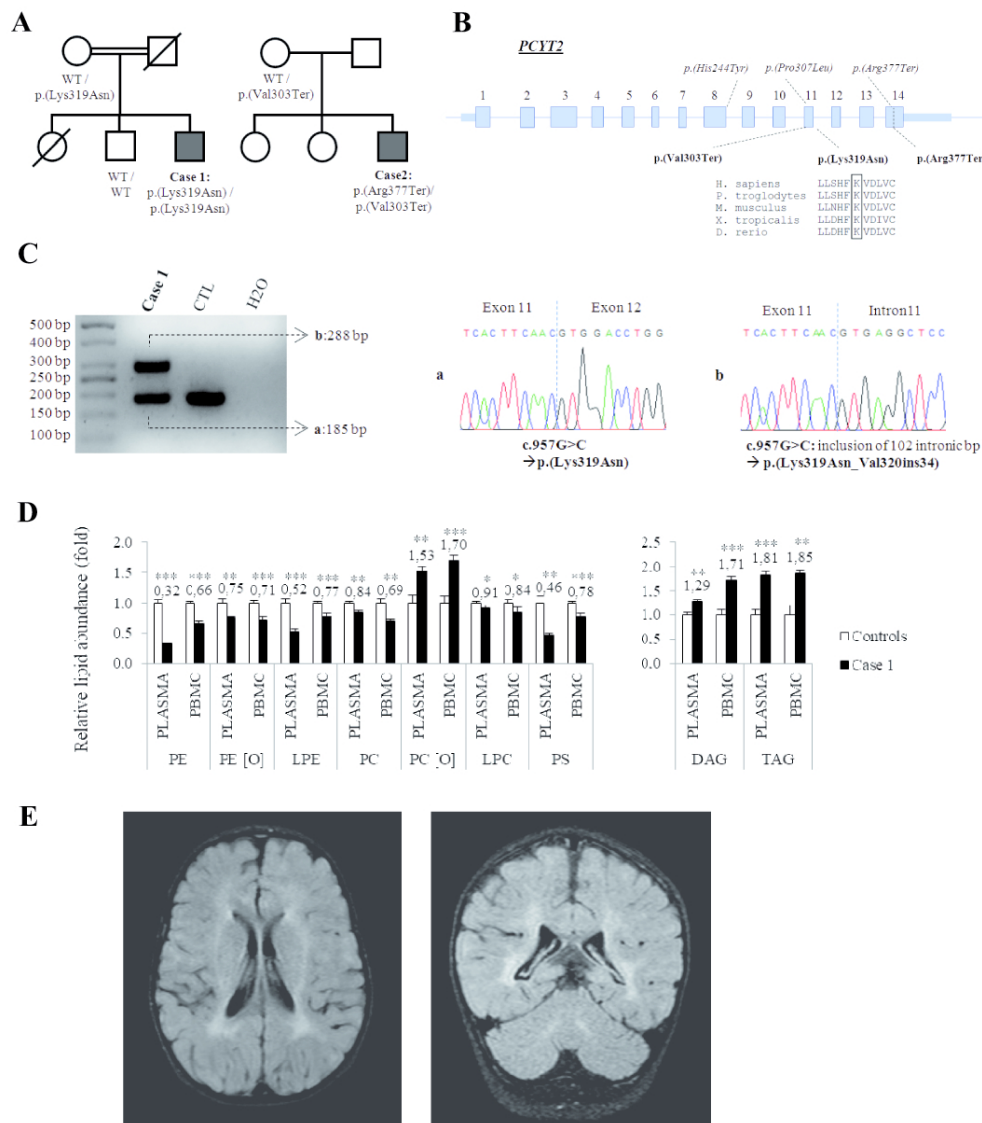
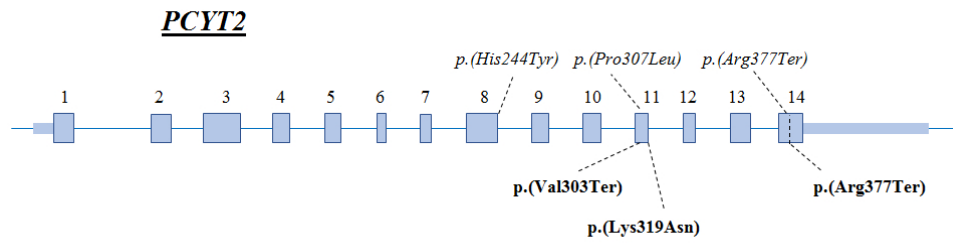


Figure 1: Family trees and PCYT2 mutation features. A) Family trees. Square: male, circle: female, black symbols: affected individuals, white symbols: unaffected carriers, WT: wild-type allele. Double line indicates consanguinity. B) Gene structure of PCYT2 and reported mutations. Blue boxes represent PCYT2 exons. Mutations in italics (above) represent mutations reported by Vaz et al., 2019, and mutations in bold (below) represent variants identified in this paper. Amino acid sequence alignments of PCYT2 across several species demonstrate conservation of the residues mutated by missense variants. C) cDNA analysis of PCYT2 in Cases 1. Left, agarose gel electrophoresis showing the presence of two transcript in Case 1. Right, Sanger sequence analysis of isolated bands from agarose gels. D) Lipid profile in human plasma and PBMC. CTL (n=5) and Case 1 (n=1). Data represented as mean \pm SD (relative pmolequiv/ml in plasma and pmol eq/mg protein in PBMC) shown as fold increase of the patient compared to that of control individuals, who were sex and age-matched. * $P < 0,05$, ** $P < 0,01$, *** $P < 0,001$ (2-tailed Student's t-test). PE: phosphatidylethanolamine. PC: phosphatidylcholine. PS: Phosphatidylserine. PE[O], PC[O]: phosphatidylethanolamine and phosphatidylcholine etherphospholipids. LPE and LPC: lysophosphatidylethanolamine and lysophosphatidylcholine. DAG, TAG: diacylglycerol, triacylglycerol. E) Brain MRI sequences of Case 2. Axial (left) and sagittal (right) fluid-attenuated inversion recovery (FLAIR) shows increased signal within the bilateral periventricular white matter, consistent with delayed myelination.

90x104mm (300 x 300 DPI)



262x80mm (96 x 96 DPI)

SUPPLEMENTARY METHODS

1. Clinical evaluation
2. Whole exome sequencing
3. RNA splicing analysis
4. Lipidomic analysis
5. Statistical analysis

Clinical evaluation

Patients gave written informed consent according to the Declaration of Helsinki for the collection and storage of clinical data, blood samples and publication. The study was approved by the local ethics committees. Detailed neurological examinations were performed on all members of the family. Blood samples and skin-derived fibroblast cell lines were obtained using standard methods.

Whole exome sequencing

Whole Exome Sequencing was carried out using the SeqCap Exome V3.0 64Mb kit (Nimblegen) and sequenced with 100-bp paired-end reads, generated on a HiSeq2000 Platform (Illumina, Inc. USA). Sequencing and variant analysis protocols followed the Genome Analysis Tool Kit (GATK) pipeline (McKenna, Hanna *et al.*, 2010). Variant prioritization was based on an autosomal recessive pattern of inheritance (MAF <0.1%). Initial analysis of WES data did not lead to a diagnosis. Reanalysis after publication of Vazet *al.*, was performed in combination with in-house phenotype-driven methods that rank the variants related to the patient's phenotype. *PCYT2* variants were confirmed via Sanger sequencing (primers available upon request).

RNA splicing analysis

Fibroblast cell lines from Case 1 and controls were cultured at 37°C and 5% CO₂ in Dulbecco's modified eagle medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 100U/ml penicillin + 100µl/ml streptomycin. RNA was extracted using the RNeasy Mini Kit (QIAGEN) and cDNA was synthesized using the

Superscript IV kit (Life Technologies) following manufacturer's instructions. cDNA was amplified by polymerase chain reaction (PCR) using primers targeting *PCYT2* exons followed by gel electrophoresis (3%), amplicon purification and Sanger sequencing.

185 bp

F: TGAATCTGCATGAACGGACT (exon 10)

R: TCTCTTGGGCTCCTGGTATG (exon 13)

Lipidomics analysis

Whole blood was centrifuged at 400xg for 30 min using a gradient of Histopaque(Sigma-Aldrich) to separate plasma, erythrocytes and peripheral blood mononuclear cells (PBMC) for Case 1. PBMC protein concentration was determined by BCA protein assay kit (Thermo Fisher Scientific). Lipids were analyzed as described^{1,2} with minor modifications. In detail, for phospholipids and neutral lipids a total of 750µl of a methanol-chloroform (1:2, vol/vol) solution containing internal standards (16:0 D31_18:1 phosphocholine, 16:0 D31_18:1 phosphoethanolamine, 16:0 D31-18:1 phosphoserine, 17:0 lyso-phosphocholine, 17:1 lyso-phosphoethanolamine, 17:1 lyso-phosphoserine, 17:0 D5_17:0 diacylglycerol, 17:0/17:0/17:0 triacylglycerol and C17:0 cholesteryl ester, 0.2nmol each, from Avanti Polar Lipids) were added to 0.002ml plasma of 0.2mg protein of PBMC lysate. Samples were vortexed and sonicated until they appeared dispersed and extracted at 48°C overnight. The samples were then evaporated and transferred to 1.5ml Eppendorf tubes after the addition of 0.5ml of methanol and let to evaporate to dryness. Before analysis, 150µl of methanol were added to the samples, centrifuged at 13000xg for 3 min, and 130µl of the supernatants were transferred to ultra-performance liquid chromatography (UPLC) vials for injection and analysis.

All lipids were analyzed by liquid chromatography-high resolution mass spectrometry (LC-HRMS) using an Acquity ultra high-performance liquid chromatography (UHPLC) system (Waters, USA) connected to a Time of Flight (LCT Premier XE) Detector. Full scan spectra from 50 to 1800Da were acquired, and individual spectra were summed to

produce data points each of 0.2sec. Mass accuracy at a resolving power of 10000 and reproducibility were maintained by using an independent reference spray via the LockSpray interference. Lipid extracts were injected onto an Acquity UHPLC BEH C8 column (1.7 μ m particle size, 100mm x 2.1mm, Waters, Ireland) at a flow rate of 0.3ml/min and a column temperature of 30°C. The mobile phases were methanol with 2mM ammonium formate and 0.2% formic acid (A)/water with 2mM ammonium formate and 0.2% formic acid (B).

Positive identification of compounds was based on the accurate mass measurement with an error ± 5 ppm and its LC retention time, compared with that of a standard (92%). Quantification was carried out using the extracted ion chromatogram of each compound, using 50mDa windows. The linear dynamic range was determined by injecting mixtures of internal and natural standards as indicated above. Since standards for all identified lipids were not available, the amounts of lipids are given as pmol equivalents relative to each specific standard.

Five plasma and PBMC samples from healthy individuals were used as controls. Two replicates were extracted for Case 2 samples.

Statistical analysis

Statistical significance was assessed using Student's *t*-test whenever two groups were compared and was considered meaningful at p -value $< 0,05$.

REFERENCES:

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2. Barbacini P, Casas J, Torretta E, Capitanio D, Maccallini G, Hirschler V, Gelfi C. Regulation of serum sphingolipids in Andean Children born and living at high altitude (3775 m). *Int J MolSci*, **2019**, 20(11), 2835

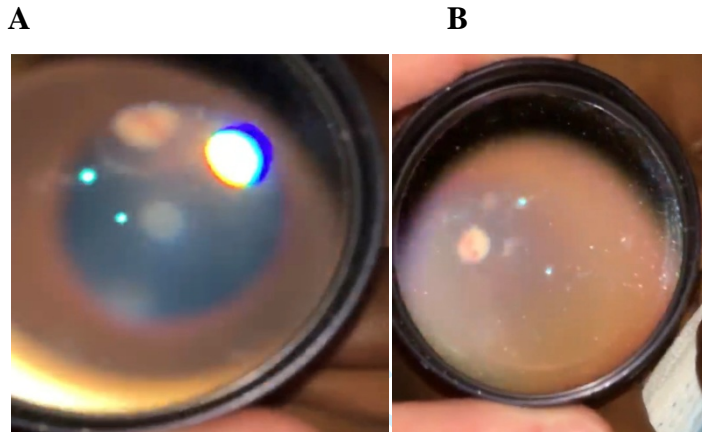
For Peer Review

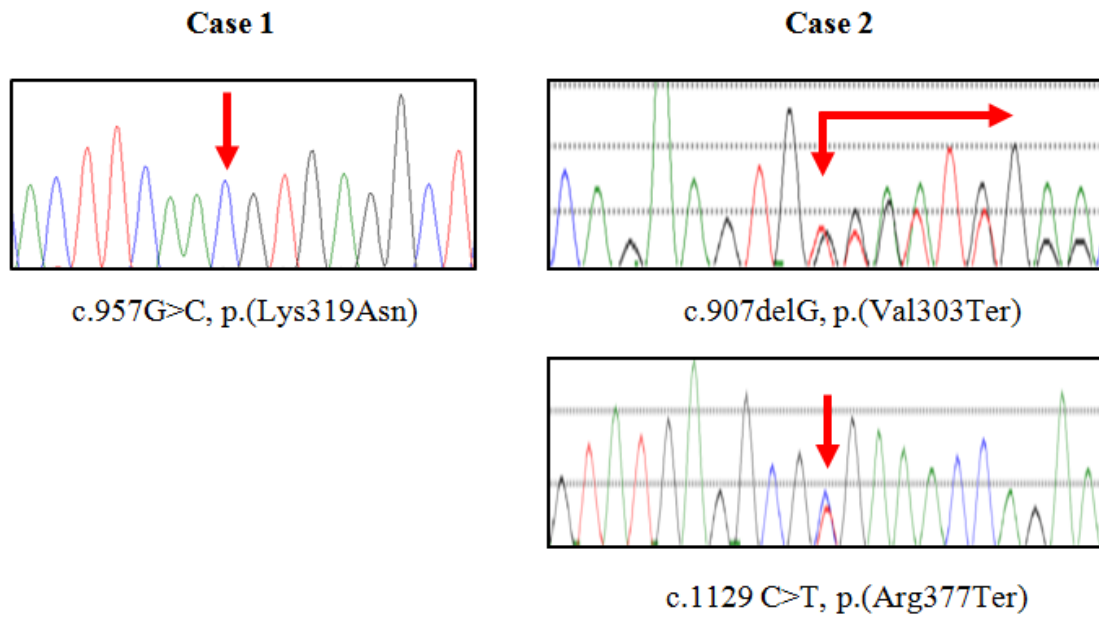
Supplemental Table 1:Patients' variant frequency.

Hg19	cDNA (NM_001184917.2)	Protein	gnomAD frequency
Chr17:79862804G>A	c.(1129C>T)	p.(Arg377Ter)	16 heterozygous carriers (279.032 alleles)
Chr17:79863546C>G	c.(957G>C)	p.(Lys319Asn)	Absent (250.856 alleles)
Chr17:79863596delC	c.(907delG)	p.(Val303Ter)	1 heterozygous carrier (31.312 alleles)

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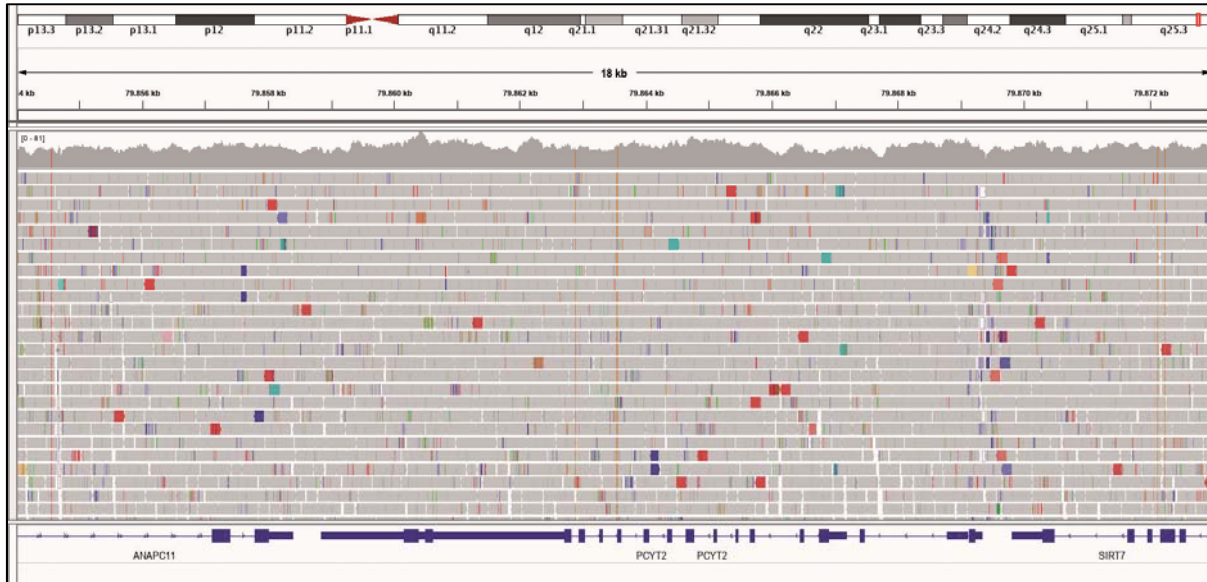
Supplemental Figure 1: Photographs of Case 2's eyes, showing congenital cataracts. A. Left eye B. Right eye.



Supplemental Figure 2: Sanger sequencing results.

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Supplemental Figure 3: Lack of deletions in Case 2's *PCYT2* region. Above: IGV screenshot of *PCYT2* region in Case 2's .bam file. Below: local coverage of *PCYT2* (Case 2 and a healthy control).



PCYT2 → chr17:79,858,834-79,869,275

