

1 Olive oil mixtures. Part two: Detection of soft deodorized oil in extra
2 virgin olive oil through diacylglycerol determination. Relationship with
3 free acidity.

4
5 Raquel B. Gómez-Coca^{a,*}, María del Carmen Pérez-Camino^a, Alessandra Bendini^b, Tullia Gallina
6 Toschi^b, Wenceslao Moreda^a

7
8 ^a*Department of Characterization and Quality of Lipids, Instituto de la Grasa -CSIC-, Ctra. Utrera
9 km 1, E-41013, Sevilla, Spain.*

10 ^b*Department of Agricultural and Food Sciences, Università di Bologna, Piazza Goidanich 60,
11 47521, Cesena, Italy.*

12
13
14 *Corresponding author.

15 E-mail address: raquel.coca@ig.csic.es

16 Phone: +34 95461155

17
18
19
20 ABSTRACT

21 The detection of soft deodorized olive oils in extra virgin olive oil (EVOO) has become a challenging
22 task ever since it was demonstrated that: 1. The process does not form the typical refining markers,
23 e.g. stigmastadienes, and 2. The determination of the fatty acid alkyl esters renders useful only when
24 the deodorized matrix comes from oils with fermentative defects.

25 Recently researchers have developed strategies to detect such kind of blends, being one of them based
26 on the fact that both diacylglycerol (DAG) and free fatty acids are not interdependent after mild
27 refining activities.

28 Presently, we propose two factors to confirm the absence of soft deodorized oils in EVOO: R1 (10 x
29 free acidity/DAG_{exp}) \geq 0.23 and R2 (DAG_{exp}-DAG_{theor}) $<$ 0, in genuine EVOO. We demonstrate
30 that such approach is useful to detect the presence of soft deodorized olive oil when this is at least at
31 30 % in the mixture.

32
33 *Keywords:* Diacylglycerols, free acidity, OLEUM Project, olive oil fraud, olive oil illegal blends,
34 soft deodorization.

36

37 **1. Introduction**

38 According to the International Olive Council (IOC) statistics, the European Union has risen
39 as the most important producer and consumer of olive oil in the world since 1990. Besides, 25 other
40 countries have produced olive oil in the last six campaigns whereas there are 32 countries that are
41 olive oil consumers since season 2008/09 (IOC, 2019). This extended practice comes as a
42 consequence of the oil's high reputation due to its unique sensory profile, and to the general
43 understanding of its beneficial health properties. These remarks are enough to give us a glimpse of
44 the economic importance of the olive oil trade worldwide and its attractiveness as target for fakes. In
45 fact, the European Parliament pointed out that olive oil is included among foods most at risk of
46 suffering fraudulent practices (European Parliament, 2014). The impact that this situation could have
47 on consumer's confidence acted as a warning sign and the European Commission published a call on
48 olive oil authentication (European Commission, 2014) from which the so called OLEUM Project
49 emerged (Oleum, 2016).

50 In general terms, the assortment of analytical methods available to evaluate the authenticity
51 of high quality olive oils (i.e. EVOO) and to detect the presence of adulterants that can devalue it
52 is wide (Frankel, 2010). Such variability, the lack of normative harmonization among countries, the
53 need of special training to perform the analysis, the disproportionate dependence on sophisticated
54 statistical approaches, etc. create a number of opportunity windows for possible counterfeits.
55 Besides, olive oil authentication itself has become one of the most defiant analytical problems at
56 present, since the range of possible adulterants to be detected includes not only cheaper vegetable oils
57 other than olive oil, but also olive by-product (pomace) oils and defective olive oils. In fact, when
58 olive oil displays sensory defects can be the target of a series of fraudulent practices whose general
59 goal is to mask such unpleasant flavor. In respect to this latter situation, one has to keep in mind the
60 existence of sot deodorization. Whereas standard deodorization is carried out through pressurized
61 steam-distillation at 180-250 °C for 30-180 minutes (Pérez-Camino, Cert, Romero-Segura, Cert-

62 Trujillo, and Moreda, 2008), soft deodorization, preceded or not by chemical neutralization, passes
63 at low temperature and the resulting oil is then blended with genuine EVOO. Such practice is difficult
64 to detect due to: On the one hand, the fact that the soft deodorization conditions are tailored in such
65 a way that the typical refining markers like stigmastadienes, produced by thermal dehydration of
66 phytosterols (Paganuzzi, 1997; León-Camacho, Alvarez Serrano, and Graciani Constante, 2001), or
67 conjugated polyunsaturated fatty acids (Saba, Mazzini, Raffaelli, Mattei, and Salvadori, 2005), are
68 not conclusively detected. On the other hand, even if several analytical techniques have been
69 developed ad hoc, such as the measure of the diacylglycerol (DAG) profile and content (Pérez-
70 Camino, Moreda, and Cert, 2001) or the determination of the volatile pattern (Aparicio-Ruiz,
71 Romero, García-González, Oliver-Pozo, and Aparicio, 2017), there are a number of out-of-range
72 results that do not always have a unique origin. With the same means, also the determination of the
73 content of fatty acid alkyl esters (FAAE) was proposed (Pérez-Camino et al., 2008). However, it was
74 demonstrated that such parameter only evidenced the addition of soft deodorized oil when this had
75 been extracted from fruits with fermentative defects (i.e. fusty, musty, and winey-vinegary),
76 remaining unchanged in the cases of rancid (oxidized) oils or of oils obtained from frozen olives
77 (Gómez-Coca, Moreda, and Pérez-Camino, 2012).

78 Taking into account this overview, the OLEUM Project's main course of action placed a focus
79 on the development, validation and harmonization of reliable analytical methods and quality
80 parameters that purposely address technical authenticity issues. In this way, part one centers on legal
81 blends, i.e. on the verification of the percentage of olive oil in declared mixtures through the use of
82 decisional trees built through the combination four analytical parameters (Gómez-Coca, Pérez-
83 Camino, and Moreda, 2020), whereas this manuscript is particularly on the detection of illegal blends,
84 i.e. of illicit processing (deodorization) in EVOO. With this assignment in mind, on the one hand the
85 usefulness of the fatty acid ethyl ester (FAEE) determination to detect admixtures with soft
86 deodorized olive oils obtained from oils with fermentative defects has been reviewed and the method
87 improved; the manuscript is in preparation and we believe that its full content is not mandatory to

88 understand the present endeavor, however we have added some information about this as an small
89 introduction in the Result and Discussion Section itself. On the other hand, here we have focused
90 specifically on the utility of two new parameters (two factors) obtained as a result of combining the
91 DAG concentration and the free acidity value of the samples under suspicious, to detect the presence
92 of soft deodorized olive oil in genuine EVOO. We chose such approach following our trend of using
93 well-known, widely established routine parameters, avoiding in this way more complicated strategies,
94 e.g. chemometric methodologies, that although widely used in the field of olive oil authentication
95 (Bosque-Sendra, Cuadros-Rodríguez, Ruiz-Samblás, and de la Mata, 2012; De la Mata, Domínguez-
96 Vidal, Bosque-Sendra, Ruiz-Medina, Cuadros-Rodríguez, and Ayora-Cañada, 2012; Avramidou,
97 Doullis, and Petrakis, 2018; Gertz, Matthäus and Willenberg, 2020), normally requires a more
98 specific personnel training and laboratory equipment. Therefore, we hypothesize that, since there is
99 a relationship between free acidity and DAG concentration (both of them come from triacylglyceride
100 hydrolysis and/or biosynthesis), and that such relationship disappears once the oil has gone through
101 a refining process (free fatty acids are removed during the deodorization step), it will be possible to
102 detect the presence of soft deodorized oil in EVOO by using a mathematical combination of both
103 measurements at least to a certain extent.

104

105 **2. Materials and methods**

106 *2.1 Analytical materials and reagents*

107 All reagents and solvents were of recognized analytical quality and the water used was
108 ultrapure. Anhydrous pyridine (Py), chloroform (CHL), dichloromethane (DM), diethyl ether (DEE),
109 hexamethyldisilazane (HMDS), hexane (Hex), methanol (MeOH), and trimethylchlorosilane (TMC)
110 were purchased from VWR International, LLC (West Chester, Pennsylvania, USA). Phenolphthalein,
111 potassium hydroxide (titrated 0.1 mol/L KOH ethanolic solution), the internal standard (IS) 1,3-
112 dipalmitoyl-glycerol (1,3-PP), and the solid phase extraction (SPE) diol cartridges (3 mL) were
113 obtained at Sigma-Aldrich (Merck KGaA, Darmstadt, Germany).

114

115 *2.2 Determination of free fatty acids*

116 The content of free fatty acids was expressed as free acidity and calculated as the percentage
117 of oleic acid following the IOC Official Method, whose performance had been tested according to
118 the corresponding collaborative tests (IOC, 2017a).

119

120 *2.3 Isolation of the diacylglycerol fraction*

121 We carried out the determination of the DAG content observing an already validated method
122 (Pérez-Camino, Moreda, and Cert, 1996; ISO, 2009), although with some modifications. In short: we
123 added 250 μ L IS solution (1 mg/mL in CHL) to 200 μ g oil and after evaporating the solvent, we re-
124 dissolved the sample in 1 mL Hex. We conditioned the 3 mL SPE diol cartridge with 6 mL Hex and
125 subsequently we charged the sample, prepared as described, onto the column. We carried out the first
126 washing with 6 mL of a Hex:DM:DEE 89:10:1, v/v/v, mixture and discarded the eluate. Next, we
127 eluted the DAG fraction with 4 mL of a CHL:MeOH 2:1, v/v, blend. We evaporated this fraction
128 until dryness in a rotary evaporator under reduced pressure and then we added 250 μ L derivatization
129 solution. Such solution consisted of a HMDS:TMC:anhydrous Py 3:1:9, v/v/v, mixture. We let it
130 stand at room temperature for 20 min before taking it to the gas chromatograph.

131

132 *2.4 Instrumentation*

133 We analyzed the DAG as trimethylsilyl ethers by capillary column gas chromatography (GC)
134 with a flame ionization detector (FID). We carried out these analysis with an Agilent 6890N Gas
135 Chromatograph (Agilent Technologies, Santa Clara, California) equipped with an Agilent 7683B
136 Automatic Liquid Sampler). For data acquisition we used the Agilent ChemStation for GC System
137 program. The conditions for the GC assays were: RTX-65TG column (65% diphenyl-35%
138 dimethylpolysiloxane; 30 m x 0.25 mm ID x 0.10 μ m film; Teknokroma, Sant Cugat del Vallés,
139 Barcelona, Spain), 1.0 μ L injection volume (50:1 split injection), and hydrogen carrier gas at 15.6

140 psi. Injector temperature: 300 °C; detector temperature: 350 °C. Oven temperature program: 270 °C;
141 maintain for 4 min, heat at 1 °C/min to 295 °C; maintain for 1 min, heat at 10 °C/min to 325 °C;
142 maintain 7 min; total run time 40 min.

143

144 *2.5 Samples*

145 Fera Science Ltd (Sand Hutton, York) provided the samples within the frame of the OLEUM
146 Project. In July 2017 we got a set of 10 individual (not blended) oils (Table 1), mainly consisting of
147 high fruitiness EVOO (EVOO_H), highly suspected soft deodorization oil (DEO_SUSP), and a series
148 of flawed samples with specific sensory defects together with their soft deodorized counterparts:
149 rancid olive oil (ROO), soft deodorized olive oil from ROO (ROO_SD), fusty olive oil (FOO), soft
150 deodorized olive oil from FOO (FOO_SD), frostbitten olive oil (FBOO), soft deodorized olive oil
151 from FBOO (FBOO_SD), brine olive oil (BOO), and soft deodorized olive oil from BOO (BOO_SD).
152 Thereafter we prepared 16 blends (Table 2) according to the instructions depicted on the Project's
153 analytical plan which consisted of binary mixtures of the EVOO_H with each of the soft deodorized
154 oils at 70:30, 60:40, 50:50, and 40:60 proportions.

155 One year later (June 2018) we got a new batch of 20 samples (Table 1) from Institut des Corps
156 Gras (ITERG, Canéjan, France) consisting of high fruitiness EVOO (EVOO_H-2), low fruitiness
157 EVOO (EVOO_L), and a new set of defective oils and their matching soft deodorized equivalents.
158 The identities of these samples were: rancid olive oil (ROO-2), soft deodorized olive oil from ROO-
159 2 (ROO-2_SD), fusty olive oils (FOO-2 to FOO-5), soft deodorized olive oils from FOO-2 to FOO-
160 5 (FOO-2_SD to FOO-5), frostbitten olive oil (FBOO-2), soft deodorized olive oil from FBOO-2
161 (FBOO-2_SD), musty olive oils (MOO and MOO-2), soft deodorized olive oils from MOO and
162 MOO-2 (MOO_SD and MOO-2_SD), winey olive oil (WOO), and soft deodorized olive oil from
163 WOO (WOO_SD).

164 Simultaneously, ITERG also sent a series of 38 binary blind samples (Table 3) containing
165 either EVOO_H-2 or EVOO_L, mixed with one of the mentioned soft deodorized oils at 70:30, 50:50,

166 and 30:70 proportions. They revealed the actual composition of the mixtures (although not the
167 deodorization conditions) once delivered our results.

168 All samples came with a headspace of nitrogen to maximize their stability and were stored at
169 4 °C prior to their dispatch. Once in the laboratory we kept them in the dark and below 12 °C until we
170 were prepared to perform the experimental work. We took them from the cold storage and let them
171 equilibrate at least 6 hours before shaking then and opening the bottles to do the analyses.

172 We distributed the samples in groups of 6-8 and analyzed them accordingly. In each group we
173 included two in-house, fully characterized, control samples (EVOO and lampante olive oil -LOO), in
174 a way that when we had carried out all measurements, we had analyzed each reference at least ten
175 times (i.e. there were ten folds for both, free acidity and DAG determinations). From these
176 measurements we followed the performances of the methods and we calculated the related SD.

177

178 **3. Results and discussion.**

179 As it was pointed out above, there is a serious type of fraud in the market consisting of mixing
180 EVOO with defective olive oil which had been deodorized beforehand under mild conditions. The
181 exact deodorization settings are unknown on each case, but the fact of using low temperature and
182 vacuum reduces the unattractive odor of poor quality oils and, at the same time, avoids the formation
183 of the conventional refining markers (Paganuzzi, 1997; Saba et al., 2005). Therefore, when added to
184 EVOO they cannot be detected with the methods presently included in the Official Regulations
185 (European Commission, 1991; IOC, 2018a). However, this kind of practice is unable to eliminate the
186 FAEE, which are in high quantities in certain flawed oils (Gómez-Coca, et al., 2012). Truly, the fact
187 that the FAEE concentration could be out of the limits set for EVOO (European Commission, 2013;
188 IOC, 2018a) just in the cases of olive oil with, originally, fermentative defects, made it to be
189 considered as a quality indicator related to the sanitary conditions of the fruits and not as a purity
190 parameter (Gómez-Coca, et al., 2012). Nevertheless, the official request on the determination of the

191 FAEE in order to classify oils before bottling them has drastically reduced the raw material that can
192 be used to perform soft deodorization if one wants it to go unnoticed.

193 As far as the method itself is concern, the original proposal was based on the use of a 15 g
194 silica gel column chromatography for the initial analyte isolation (IOC, 2017b), which made it
195 solvent- and time-consuming. Even if the method was consequently optimized (IOC, 2012), in view
196 of the market situation and following the project's guideline we considered it worth to be reviewed
197 again. Therefore, we proposed a SPE protocol in which the need of solvents is much lower, which
198 works with selective retention of impurities and that uses GC-FID for the final analysis. The in-house
199 validation of the method has given promising results and, as we pointed out before, we will not show
200 these data here since they are out of the scope of the present paper.

201 In any case, the truth of the matter is that the limitations of the FAEE as markers for the
202 presence of soft deodorized oils in EVOO remain and therefore the need of new signals. So, the initial
203 intention was to look for indicators produced during the preparation of soft deodorized oils, in
204 concentrations below the LOD of the methods included in the Official Regulations (European
205 Commission, 1991; IOC, 2018a) and the detection of those oils in EVOO.

206 According to our experience, the acidity value, the determination of the DAG content, and the
207 relationship between them could be useful for intentions of the sort.

208 Table 1 shows the data corresponding to all individual samples, including results on rancid,
209 fusty, frostbitten, brine, musty and winey oil samples. Rancid samples (ROO notation) were from
210 rancid olive oil batches, i.e., flavor oils which have experienced an intense process of oxidation; fusty
211 oils (FOO notation) are oils whose distinctive flavor is extracted from olives piled under conditions
212 that have allowed an advanced stage of anaerobic fermentation, whereas frostbitten oils (FBOO
213 notation) are those whose characteristic flavor is due to their extraction from olives which have been
214 wounded by frost while on the tree; brine oils (BOO notation) are oils extracted from olives which
215 have been conserved in brine; musty olive oils (MOO notation) are oils whose characteristic flavor
216 is obtained from fruit in which large numbers of fungi and yeast have developed as a result of its

217 being stored in humid conditions for a long time; finally, winey oils (WOO notation) have a certain
218 essence reminiscent of wine (IOC, 2018b). Column 2 displays the free acidity values. The results for
219 the in house control samples, EVOO and LOO, were 0.22 ± 0.007 % and 0.52 ± 0.007 %, respectively.
220 These values were, within the error limits, identical to those obtained when characterizing those
221 samples, which confirms the performance of the method. Hence, rounding off we estimated an SD
222 applicable to each free acidity result of 0.01 %.

223 Regarding the samples themselves, except for ROO-2 and ROO-2_SD, all of them showed
224 acidity values well below the 0.8 % maximum limit established for EVOO when it is obtained from
225 mature fruits (European Commission, 1991; IOC, 2018a). Besides, in 77 % of the cases under study
226 the free acidity of the initial oil was slightly higher than that of its soft deodorized counterpart. Low
227 acidity levels in soft deodorized oils point out that, beside mild deodorization also neutralization was
228 carried out, as it is often the case with low quality virgin olive oils with sensory defects and high free
229 acidity (Pérez-Camino et al., 2008). That made us think that the ROO-2_SD sample had not been
230 neutralized prior deodorization. Other authors observed this effect too (Bernardini, 1983; Hui, 1996;
231 Bendini, Valli, Cerretani, Chiavaro, and Lercker, 2009; Caponio, Summo, Bilancia, Paradiso,
232 Sikorska, and Gomes, 2011)

233 As far as DAG are concerned, they are found in edible vegetable oils in low amounts and can
234 be formed either as intermediate products in the TAG biosynthesis (i.e. 1,2-DAG) or as result of
235 acidic and enzymatic hydrolysis of the TAG (i.e. 1,3-DAG) during extraction, refining and storage
236 (Pérez-Camino et al., 2001). So, at least initially knowledge of the overall quantity of DAG is of great
237 interest for the evaluation of the oil quality and of the treatments to which the oil is subjected. We
238 carried out such quantification starting with the separation of the polar fraction of the samples through
239 SPE using a bonded diol phase and then analyzing the silyl derivatives by capillary GC on a high-
240 polarity capillary column (see Section 2.4). We did not find any interferences by other components,
241 neither isomerization by passing the DAG through the cartridge, as was to be expected (Pérez-Camino
242 et al., 1996). The procedure was quick, straightforward, and reproducible, allowing the quantitation

243 of the DAG and their separation according to their carbon atom number, their isomeric structure (1,2-
244 and 1,3-DAG) and the degree of unsaturation (Pérez-Camino et al., 1996).

245 Table 1 shows the results obtained on the DAG determination in the cases of the initial (non-
246 mixed) oils. The results for the in house reference samples, EVOO and LOO, were 10.09 ± 0.60 mg/g
247 and 14.90 ± 0.56 mg/g, respectively. These values were, within the error limits, identical to those
248 obtained during the in-house characterization, which confirms the performance of our tests. Thus, we
249 concluded that the SD applicable to each individual result would equal 0.60 mg/g.

250 From the findings on the initial samples (column 3) one observed that the effect of soft
251 deodorization was erratic: On this particular set of samples it has no consequence in 46 % of the cases
252 since the DAG contents in the initial oils against the contents of the soft deodorized counterparts
253 remained the same within the error limits, whereas it decreased in 23 % of the samples, increasing in
254 31 % of them. Nonetheless, researchers demonstrated long ago the dependence of the DAG
255 composition and concentration on the characteristics of the raw oil (Pérez-Camino et al., 2001).
256 Likewise, results on the DAG content in soft deodorized oil are very much bonded to the global
257 deodorization conditions. Thus, there are authors that demonstrated that, when present, the alkaline
258 neutralization of the oil drives to a decrease of the total DAG up to 10 % (Leone, Santoro, Liuzzi, La
259 Notte, and Gambacorta, 1988), whereas others showed a total increase of about 10 % due to the TAG
260 hydrolysis caused by the deodorization temperature. All in all, the unsuitability to use DAG
261 themselves to detect soft deodorization is confirmed (Pérez-Camino et al., 2001). In our case the exact
262 deodorization conditions were unknown, preventing us from going further in our conclusions.

263 We calculated the theoretical DAG concentration (column 4) for each of the samples
264 according to the equation $DAG_{\text{theor}} = 17.6 \times (\text{free acidity} - 0.10) + 10$. The 17.6 constant value equaled
265 the DAG concentration (mg/g) that would correspond to the 0.8 % acidity value (0.8 g free oleic acid
266 in 100 g oil), assuming that: a) The free acidity increase comes only from the free fatty acids generated
267 from the TAG hydrolysis to DAG (e.g. 1 mole triolein would be hydrolyzed into 1 mole free oleic
268 acid (282.47 g) and 1 mole dioleoyl glycerol (620.99 g), therefore $(620.99/282.47) \times 0.8 \times 10 = 17.6$);

269 b) DAG are not further hydrolyzed to monoacylglycerides; c) Good quality oils obtained from mature
270 olive fruits maintained a minimum acidity value and a minimum total DAG content around 0.10 %
271 and 10 mg/g, respectively. Pérez-Camino and co-workers demonstrated the utility of such equation
272 some years ago, although by then the free acidity limit for EVOO was 1 % (Pérez-Camino et al.,
273 2001). In the present case we adapted the equation to take into account the 0.8 % current threshold
274 (European Commission, 2013).

275 In addition to the three parameters estimated above, we calculated two factors: the free
276 acidity/DAG_{exp} ratio (units handling made us multiply by 10) and the difference between
277 experimental and theoretical DAG values. We called these factors R1 and R2, respectively, and for a
278 matter of fact we decided to treat them as non-dimensional. From Table 1 (columns 5-6) it was evident
279 that: a) For genuine, high quality olive oils, $R1 \geq 0.23$ whereas $R2 < 0$. b) R1 for soft deodorized
280 olive oils and defective oils was normally lower than that for EVOO; in fact, it was below 0.23 in 92
281 % of the cases. Parallely, $R2 > 0$ in defective and soft deodorized oils.

282 Obviously, the high value for the R1 factor in the case of ROO-2 was due to its elevated free
283 acidity. However, the fact that for ROO-2_SD R1 was above 0.23 supported our hypothesis on the
284 non-neutralization of such oils during the deodorization procedure.

285 Table 2 shows the corresponding results in the cases of the blends of EVOO with four
286 distinctive soft deodorized olive oils obtained from oils with sensory defects (i.e. our own laboratory
287 mixtures prepared with DEO_SUSP, ROO_SD, FOO_SD, and BOO_SD), each of them at four
288 different proportions (i.e. EVOO was present at 40, 50, 60, or 70 %). Observing the data, it was
289 evident that the R1 factor was below 0.23 in all samples, and that R2 was positive in 69 % of the
290 cases. Therefore, we concluded that the application of R1 and R2 simultaneously allowed to evidence
291 the presence of soft deodorized oil in EVOO when the former one was at least at 30 %. Other
292 approaches have been developed to identify soft deodorized oil in this kind of blends: Some authors
293 could only detected if it was at least at 50 % (Aparicio et al., 2017), although others obtained

294 promising preliminary results applying (less straightforward) chemometric tools on samples mixed
295 at 30 % (Caponio et al., 2011).

296 Additionally, in order to verify the utility of this method we tested it in 38 blind mixtures
297 containing soft deodorized oil at 30, 50, or 70 %. Results are shown in Table 3. The identity,
298 composition and possible adulteration of these samples were initially unknown and they were
299 disclosed after the analysis. As one can observe, applying the R1 and R2 we could unequivocally
300 assert that something was amiss in all of them because even if R1 was below 0.23 in ‘just’ 87 % of
301 the cases, R2 was above zero in all of them. The fact that a so-called ‘genuine EVOO’ displayed R1
302 < 0.23 and/or $R2 > 0$, clearly indicated the presence of soft deodorized oil in our blind samples at a
303 certain proportion which at least would be of 30 %. Interestingly, the blends for which the R1 factor
304 was above 0.23, were those in which the ROO-2_SD sample was utilized, supporting our hypothesis
305 that that was a sample which has not been neutralized prior deodorization. In any case, R2 evidenced
306 the illegality and confirms the fact that the application of both factors is a must if one wants to detect
307 this kind of fraud.

308 It is a fact that other authors have proposed interesting approaches through which lower
309 percentages (20 %) of soft deodorized olive oils might be detected. Such is the case of Gerzt and
310 colleagues (Gertz, Matthäus, and Willenberg, 2020) who developed a statistical model based on
311 twelve analytical parameters to verify the authenticity of EVOO, including that mixed with soft
312 deodorized oil. The results are different equations combining the analyzed parameters, which can be
313 either determined by the Official Methods or by NIR. According to the authors, one of the advantages
314 of this approach lies on the fact of considering those parameters in parallel, whereas the Official
315 Method (European Commission, 2013) does it consecutively. Besides they also claim that twelve
316 parameter combined in a mathematical formula are not so effortlessly deceived. This is indeed a good
317 approach, but we do not agree completely with the author’s points of view. On the first place, the
318 European Commission specifies that an oil has to comply with *all* parameters listed in the Regulation,
319 regardless the order of determination, but that each parameter is a must. That means that more than

320 twenty parameters have to be tested and all those results considered *globally* in a way that not even
321 one can be left aside before declaring an oil, e.g., extra virgin (European Commission, 2013).

322 On a second place the authors propose the use of NIR instead of the Official Methods in order
323 to determine those parameters. We cannot agree with this approach since this is not a validated
324 strategy and, as the authors point out, ‘NIR spectra are generated by an optical measuring system,
325 which differs from manufacturer to manufacturer in the geometry of the measuring cell and the optics,
326 the scanning process and the processing of data from other units. Therefore, it is nearly impossible to
327 transfer methods that have been developed on one specific instrument to a unit of another
328 manufacturer’, what means that is it very difficult to compare results from one laboratory to another,
329 something that does not happen with the Official Methods.

330 Finally it catches our attention the fact that Gertz and colleagues deodorized EVOO instead
331 of real defective oils to prove their approach (i.e., to demonstrate they can detect soft deodorized olive
332 oil in EVOO being the former at 20 %). We think that this is important because soft deodorization
333 conditions are always unknown and at the same time adapted to the characteristics of the raw matter,
334 what mean that having actual defective oils is important to mimic any process and therefore to
335 determine how much soft deodorized oil can be detected in a fraudulent mixture.

336

337 **Conclusions**

338 Fraud detection in olive oil remains a critical point. Many researchers from the field are not really
339 conscious of the possibilities that analytical methods offer on this matter and rely too much on
340 complex statistical tactics, requiring the analysis of a very large number of samples to obtain usually
341 only qualitative or semiquantitative results (Frankel, 2010). In this work we use an innovative approach
342 consisting of the combination of just two routine, easy to perform, parameters -free acidity and DAG
343 content- to detect the presence of soft deodorized oil in EVOO.

344 In this preliminary research (we are aware that the number of samples must be increased for future
345 endeavors), beyond getting a new marker for soft deodorization detection, we hypothesized and

346 corroborated that the calculation of two new factors (R1 and R2), estimated from the free acidity
347 value and the DAG concentration will make possible the detection of at least 30 % soft deodorized
348 oil in EVOO. We advise the calculation of these two factors as regular practice for both food control
349 laboratories and oil industries working either as intermediates or as final bottlers, in order to force
350 fraudsters to be more demanding with the quality of the ‘soft deodorized-to-be’ raw material. In this
351 way, fraud will not be worth the trouble.

352 According to our results, R1 must be at least 0.23 if we are handling high quality virgin olive oils (i.e.
353 EVOO), whereas for soft deodorized olive oils, defective oils, and blends of EVOO with the former
354 ones it will normally lie below such value. Similarly, R2 will be over 0 in soft deodorized oils,
355 defective oils, and adulterated EVOO, and close to or below 0 in EVOO.

356 Further research will focus on lowering that 30 % limit for soft deodorized oil and on studying the
357 performance of this approach when applied to a wider variety of EVOO (e.g. EVOO in which the
358 acidity values ranged from 0.4 to 0.8). We would like to point out that this limit works for oils that
359 have been soft deodorized under certain conditions. Soft deodorization conditions are always
360 unknown and tailored according to the quality of the raw matter, therefore the detection limits may
361 vary accordingly.

362

363 **Acknowledgements**

364 The authors would like to thank Mrs. Marta Curiel for her assistance in the laboratory. They would
365 also like to thank Fera and ITERG for providing the samples for this study.

366

367 The authors have declared no conflict of interests. All authors contributed to manuscript revision,
368 read and approved the submitted version.

369

370 **Funding**

371 OLEUM “Advanced solutions for assuring the authenticity and quality of olive oil at a global scale”
372 has received funding from the EC within the Horizon 2020 Program (2014–2020), GA no. 635690.
373 The information expressed in this abstract reflects the authors’ views; the EC is not liable for the
374 information contained therein.

375

376 **References**

377 Aparicio-Ruiz, A., Romero, I., García-González, D. L., Oliver-Pozo, C., & Aparicio, R. (2017). Soft-
378 deodorization of virgin olive oil: study of the changes of quality and chemical composition. *Food*
379 *Chemistry*, 220, 42-50.

380 Avramidou, E. V., Doullis, A. G., & Petrakis, P. V. (2018). Chemometrical and molecular methods
381 in olive oil analysis: A review. *Food Processing and Preservation*, 42, 1-18.

382 Bendini, A., Valli, E., Cerretani, L., Chiavaro, E., & Lercker, G. (2009). Study on the effects of
383 heating of virging olive oil blended with mildly deodorized olive oil: focus on the hydrolytic and
384 oxidative state. *Journal of Agricultural and Food Chemistry*, 57, 10055-10062.

385 Bernardini, E. (1983). *Oilseeds, oils and fats* (Vol. 2). Roma: Publishing House.

386 Bosque-Sendra, J. M., Cuadros-Rodríguez, L., Ruiz-Samblás, C., & de la Mata, P. A. (2012).

387 Combining chromatography and chemometrics for the characterization and authentication of fats and
388 oils from triacylglycerol composition data-A review. *Analytica Chimica Acta*, 724, 1-11.

389 Caponio, F., Summo, C., Bilancia, M. T., Paradiso, V. M., Sikorska, E., & Gomes, T. (2011). High
390 performance size-exclusion chromatography analysis of polar compounds applied to refined, mild
391 deodorized, extra virgin olive oils and their blends: an approach to their differentiation. *LWT – Food*
392 *Science and Technology*, 44, 1726-1730.

393 De la Mata, P., Domínguez-Vidal, A., Bosque-Sendra, J. M., Ruiz-Medina, A., Cuadros-Rodríguez,
394 L., & Ayora-Cañada, M. J. (2012). Olive oil assessment in edible oil blends by means of ATR-
395 FTIR. *Food Control*, 23, 449-455.

396 European Commission (1991). Commission Regulation (EEC) No 2568/91 of 11 July 1991 on the
397 characteristics of olive oil and olive-residue oil and on the relevant methods of analysis, and
398 subsequent amendments. *Official Journal of the European Community*, L248, 1-102.

399 European Commission (2013). Commission Implementing Regulation (EU) No 1348/2013 of 16
400 December 2013 amending Regulation (EEC) No 2568/91 on the characteristics of olive oil and olive-
401 residue oil and on the relevant methods of analysis. *Official Journal of the European Union*, L338,
402 31-67.

403 European Commission (2014). EU Programs Horizon 2020, H2020-SFS-2014-2. Authentication of
404 olive oil. [https://ec.europa.eu/info/funding-tenders/opportunities/portal/screen/opportunities/topic-
405 details/sfs-14a-2014](https://ec.europa.eu/info/funding-tenders/opportunities/portal/screen/opportunities/topic-
405 details/sfs-14a-2014). Accessed 10.04.19

406 European Parliament (2014). Resolution of 14 January on the food crisis, fraud in the food chain and
407 the control thereof (2013/2091 (INI))

408 Frankel, E. N. (2010). Chemistry of extra virgin olive oil: adulteration, oxidative stability, and
409 antioxidants. *Journal of Agricultural and Food Chemistry*, 58, 5991-6006.

410 Gertz, C., Matthäus B., Willenberg I. (2020). Detection of Soft-deodorized Olive Oil and Refined
411 Vegetable Oils in Virgin Olive Oil Using Near Infrared Spectroscopy (NIR) and Traditional
412 Analytical Parameters. *European Journal of Lipid Science and Technology (in*
413 *press)* <https://doi.org/10.1002/ejlt.201900355>.

414 Gómez-Coca, R. G., Moreda, W., Pérez-Camino, M. C. (2012). Fatty acid alkyl esters presence in
415 olive oil vs. organoleptic assessment. *Food Chemistry*, 135, 1205-1209.

416 Gómez-Coca, R. G., Moreda, W., Pérez-Camino, M. C. (2020). Olive oil mixtures. Part one:
417 decisional trees or how to verify the olive oil percentage in declared blends. *Food Chemistry*, 315,
418 126235.

419 Hui, Y. H. (1996). *New York. In Edible oil & fat products: processing technology* (Vol. 4). Wiley-
420 Interscience.

421 International Olive Council (IOC) (2012). Determination of the content of waxes, fatty acid methyl
422 esters and fatty acid ethyl esters by capillary gas chromatography using 3 grams of silica.
423 COI/T.20/Doc. No 31.

424 International Olive Council (IOC) (2017a). Determination of free fatty acids, cold method.
425 COI/T.20/Doc. No 34/Rev. 1.

426 International Olive Council (IOC) (2017b). Determination of the content of waxes, fatty acid methyl
427 esters and fatty acid ethyl esters by capillary gas chromatography. COI/T.20/Doc. No 28/Rev. 2.

428 International Olive Council (IOC) (2018a). Trade standard applying to olive oils and olive pomace
429 oils. COI/T.15/NC No 3/Rev. 12.

430 International Olive Council (IOC) (2018b). Sensory analysis of olive oil. Method for the organoleptic
431 assessment of virgin olive oil. COI/T.20/Doc. No 15/Rev. 10.

432 International Olive Council (IOC) (2019). Data from: Economic area of activity. World olive oil
433 figure. <http://www.internationaloliveoil.org/estaticos/view/131-world-olive-oil-figures>. Accessed
434 26.04.19.

435 ISO (2009). Vegetable fats and oils -isomeric diacylglycerols- Determination of the content and
436 relative amounts of 1,2- and 1,3-diacylglycerols – Part 2: Isolation by SPE. ISO 29822:2009.

437 León-Camacho, M., Alvarez Serrano, M., & Graciani Constante, E. (2001). Formation of stigmasta-
438 3,5-diene in olive oil during deodorization and/or physical refining using nitrogen as stripping gas.
439 *International Journal of Fats and Oils*, 3, 227-232.

440 Leone, A. M., Santoro, M., Liuzzi, V. A., La Notte, E., & Gambacorta, G. (1988) Studio sulla
441 composizione e sulla struttura dei digliceridi dell'olio di oliva. Possibili contributo alla
442 caratterizzazione del prodoto di pregio. *Rivista Italiana delle Sostanze Grasse*, 65, 613-622.

443 OLEUM Project. From: Aims and Objectives. (2016) [http://www.oleumproject.eu/about-](http://www.oleumproject.eu/about-oleum/aims-and-objectives)
444 [oleum/aims-and-objectives](http://www.oleumproject.eu/about-oleum/aims-and-objectives). Accessed 26.04.19.

445 Paganuzzi, V. (1997). Sulle attuali possibili sofisticazioni dell'olio di oliva. *Rivista Italiana delle*
446 *Sostanze Grasse*, 74, 49-58.

447 Pérez-Camino, M. C., Moreda, W., & Cert, A. (1996). Determination of diacylglycerol isomers in
448 vegetable oils by solid-phase extraction followed by gas chromatography on a polar phase. *Journal*
449 *of Chromatography A.*, 721, 305-314.

450 Pérez-Camino, M. C., Moreda, W., & Cert, A. (2001). Effects of olive fruit quality and oil storage
451 practices on the diacylglycerol content of virgin olive oils. *Journal of Agricultural and Food*
452 *Chemistry*, 49, 699-704.

453 Pérez-Camino, M. C., Cert, A., Romero-Segura, A., Cert-Trujillo, R., & Moreda, W. (2008). Alkyl
454 esters of fatty acids a useful tool to detect soft deodorized olive oils. *Journal of Agricultural and Food*
455 *Chemistry*, 56, 6740-6744.

456 Saba, A., Mazzini, F., Raffaelli, A., Mattei, A., & Salvadori, P. (2005). Identification of 9(E),11(E)-
457 18:2 fatty acid methyl ester at trace level in thermal stressed olive oils by GC coupled to acetonitrile
458 CI-MS and CI-MS/MS, a possible marker for adulteration by addition of deodorized olive oil. *Journal*
459 *of Agricultural and Food Chemistry*, 53, 4867-4872.

460 Table 1. Free acidity values (percentage in oleic acid), together with the experimental and theoretical diacylglycerol concentrations (DAG_{exp} and DAG_{theor} , respectively) of the not
 461 blended oils: High fruitiness extra virgin olive oil (EVOO_H and EVOO_H-2), low fruitiness extra virgin olive oil (EVOO_L), highly suspected soft deodorization oil (DEO_SUSP),
 462 rancid olive oil (ROO and ROO-2), soft deodorized olive oil from rancid olive oil (ROO_SD and ROO-2_SD), fusty olive oil (FOO, and FOO-2 to FOO-5), soft deodorized olive oil
 463 from fusty olive oil (FOO_SD, and FOO-2_SD to FOO-5_SD), frostbitten olive oil (FBOO and FBOO-2), soft deodorized olive oil from frostbitten olive oil (FBOO_SD and FBOO-
 464 2_SD), brine olive oil (BOO), soft deodorized olive oil from brine olive oil (BOO_SD), musty olive oil (MOO and MOO-2), soft deodorized olive oil from musty olive oil (MOO_SD
 465 and MOO-2_SD), winy olive oil (WOO), and soft deodorized olive oil from winy olive oil (WOO_SD). Factors R1 and R2 have also been calculated.

Sample ^a	Free Acidity, % ^b	DAG_{exp} , mg/g ^c	DAG_{theor} , mg/g ^d	R1 ^e	R2 ^f
EVOO_H	0.28	9.65	13.17	0.29	-3.52
EVOO_H-2	0.33	13.20	14.05	0.25	-0.85
EVOO_L	0.23	10.10	12.29	0.23	-2.19
DEO_SUSP	0.14	14.41	10.70	0.10	3.71
ROO	0.38	22.12	14.93	0.17	7.19
ROO_SD	0.32	21.64	13.87	0.15	7.77
ROO-2	1.01	29.20	26.02	0.35	3.18
ROO-2_SD	0.93	28.70	24.61	0.32	4.09
FOO	0.54	31.06	17.74	0.17	13.32
FOO_SD	0.49	30.88	16.86	0.16	14.02
FOO-2	0.28	13.80	13.17	0.20	0.63
FOO-2_SD	0.28	14.40	13.17	0.19	1.23
FOO-3	0.52	25.50	17.39	0.20	8.11
FOO-3_SD	0.42	22.10	15.63	0.19	6.47
FOO-4	0.53	25.90	17.57	0.20	8.33
FOO-4_SD	0.45	25.20	16.16	0.18	9.04
FOO-5	0.31	15.90	13.70	0.19	2.20
FOO-5_SD	0.28	15.60	13.17	0.18	2.43

466

467 Table 1 (cont.)

FBOO	0.45	20.91	16.16	0.21	4.75
FBOO_SD	0.39	25.81	15.10	0.15	10.71
FBOO-2	0.38	20.50	14.93	0.19	5.57
FBOO-2_SD	0.33	17.50	14.05	0.19	3.45
BOO	0.22	15.81	12.11	0.14	3.70
BOO_SD	0.28	18.42	13.17	0.15	5.25
MOO	0.40	20.50	15.28	0.20	5.22
MOO_SD	0.34	17.80	14.22	0.19	3.58
MOO-2	0.86	42.10	23.38	0.20	18.72
MOO-2_SD	0.83	43.00	22.85	0.19	20.15
WOO	0.30	14.80	13.52	0.20	1.28
WOO_SD	0.31	16.30	13.70	0.19	2.60

468 ^aBolds are used to emphasize (suspected) soft deodorized oils. ^bThe standard deviation applicable to each individual result equals $\pm 0.01\%$ and is the result of eleven individual
 469 measurement of two in-house references. ^cThe standard deviation applicable to each individual result equals ± 0.60 mg/g and is the result of eleven individual measurement of two in-
 470 house references. ^d $DAG_{theor} = 17.6 \times (\text{free acidity} - 0.10) + 10$. ^e $R1 = 10 \times (\text{free acidity}/DAG_{exp})$. ^f $R2 = DAG_{exp} - DAG_{theor}$

471

472 Table 2. Free acidity values expressed as percentage in oleic acid, together with the experimental and theoretical diacylglycerol concentrations (DAG_{exp} and DAG_{theor}, respectively),
 473 of the blends under study: high fruitiness extra virgin olive oil (EVOO_H), highly suspected soft deodorization oil (DEO_SUSP), soft deodorized olive oil from rancid olive oil
 474 (ROO_SD), soft deodorized olive oil from fusty olive oil (FOO_SD), and soft deodorized olive oil from brine olive oil (BOO_SD). Factors R1 and R2 have also been calculated.

Defective oil	% EVOO_H	% Soft deodorized oil ^a	Free Acidity, % ^b	DAG _{exp} , mg/g ^c	DAG _{theor} , mg/g ^d	R1 ^e	R2 ^f
DEO_SUSP	70	30	0.24	11.08	12.46	0.21	-1.38
	60	40	0,22	11.55	12.11	0.19	-0.56
	50	50	0.21	12.03	11.94	0.17	0.09
	40	60	0.20	12.51	11.76	0.16	0.75
ROO_SD	70	30	0.29	13.25	13.34	0.22	-0.09
	60	40	0.30	14.45	13.52	0.21	0.93
	50	50	0.30	15.65	13.52	0.19	2.13
	40	60	0.30	16.84	13.52	0.18	3.32
FOO_SD	70	30	0.34	16.02	14.22	0.21	1.80
	60	40	0.36	18.14	14.58	0.20	3.56
	50	50	0.39	20.27	15.10	0.19	5.17
	40	60	0.41	22.39	15.46	0.18	6.93
BOO_SD	70	30	0.28	12.28	13.17	0.22	-0.89
	60	40	0.28	13.16	13.17	0.21	-0.01
	50	50	0.28	14.04	13.17	0.20	0.87
	40	60	0.28	14.91	13.17	0.19	1.74

475 ^aBolds are used to emphasize mixtures with at least 50 % soft deodorized oils. ^bThe standard deviation applicable to each individual result equals ±0.01 % and is the result of eleven
 476 individual measurement of two in-house references. ^cThe standard deviation applicable to each individual result equals ±0.60 mg/g and is the result of eleven individual measurement
 477 of two in-house references ^dDAG_{theor} = 17.6 x (free acidity – 0.10) + 10. ^eR1 = 10 x (free acidity/DAG_{exp}). ^fR2 = DAG_{exp} - DAG_{theor}

478

Table 3. Free acidity values expressed as percentage in oleic acid, together with the experimental and theoretical diacylglycerol concentrations (DAG_{exp} and $\text{DAG}_{\text{theor}}$, respectively), of blind mixtures (#1-#38), together with their actual composition: low fruitiness extra virgin olive oil (EVOO_L), high fruitiness extra virgin olive oil (EVOO_H-2), soft deodorized olive oil from musty olive oil (MOO_SD), soft deodorized olive oil from frost-bitten olive oil (FBOO-2_SD), soft deodorized olive oil from rancid olive oil (ROO-2_SD), soft deodorized olive oil from fusty olive oil (FOO-2_SD to FOO-5_SD). Factors R1 and R2 have also been calculated.

Mixture number	Mixture composition		% EVOO	% Soft deodorized oil	Acidity, % ^a	DAG_{exp} , mg/g ^b	$\text{DAG}_{\text{theor}}$, mg/g ^c	R1 ^d	R2 ^e
#1	EVOO_L	MOO_SD	30	70	0.33	18.70	14.05	0.18	4.65
#2	EVOO_L	MOO_SD	50	50	0.34	17.60	14.22	0.19	3.38
#3	EVOO_L	MOO_SD	70	30	0.35	19.40	14.40	0.18	5.00
#4	EVOO_H-2	MOO_SD	30	70	0.31	17.80	13.70	0.17	4.10
#5	EVOO_H-2	MOO_SD	50	50	0.28	18.50	13.17	0.15	5.33
#6	EVOO_H	MOO_SD	70	30	0.25	14.30	12.64	0.17	1.66
#7	EVOO_L	FBOO-2_SD	30	70	0.31	16.00	13.70	0.19	2.30
#8	EVOO_L	FBOO-2_SD	50	50	0.32	16.90	13.87	0.19	3.03
#9	EVOO_L	FBOO-2_SD	70	30	0.31	16.10	13.70	0.19	2.40
#10	EVOO_H-2	FBOO-2_SD	30	70	0.28	14.90	13.17	0.19	1.73
#11	EVOO_H-2	FBOO-2_SD	50	50	0.31	16.20	13.70	0.19	2.50
#12	EVOO_H	FBOO-2_SD	70	30	0.28	16.50	13.17	0.17	3.33
#13	EVOO_L	ROO-2_SD	30	70	0.78	24.70	21.97	0.32	2.73
#14	EVOO_L	ROO-2_SD	50	50	0.73	26.80	21.09	0.27	5.71
#15	EVOO_L	ROO-2_SD	70	30	0.69	26.40	20.38	0.26	6.02
#16	EVOO_H-2	ROO-2_SD	30	70	0.71	21.10	20.74	0.34	0.36
#17	EVOO_H-2	ROO-2_SD	50	50	0.62	21.50	19.15	0.29	2.35

Table 3 (cont.)

#18	EVOO_L	FOO-2_SD	30	70	0.30	15.70	13.52	0.19	2.18
#19	EVOO_L	FOO-2_SD	50	50	0.27	14.00	12.99	0.19	1.01
#20	EVOO_H-2	FOO-2_SD	30	70	0.25	14.10	12.64	0.18	1.46
#21	EVOO_H-2	FOO-2_SD	50	50	0.25	13.50	12.64	0.19	0.86
#22	EVOO_H-2	FOO-2_SD	70	30	0.22	13.20	12.11	0.17	1.09
#23	EVOO_L	FOO-3_SD	30	70	0.38	17.70	14.93	0.21	2.77
#24	EVOO_L	FOO-3_SD	50	50	0.36	19.70	14.58	0.18	5.12
#25	EVOO_L	FOO-3_SD	70	30	0.36	16.80	14.58	0.21	2.22
#26	EVOO_H-2	FOO-3_SD	30	70	0.42	19.10	15.63	0.22	3.47
#27	EVOO_H-2	FOO-3_SD	50	50	0.34	15.90	14.22	0.21	1.68
#28	EVOO_H	FOO-3_SD	70	30	0.28	14.50	13.17	0.19	1.33
#29	EVOO_L	FOO-4_SD	30	70	0.38	18.20	14.93	0.21	3.27
#30	EVOO_L	FOO-4_SD	50	50	0.31	15.90	13.70	0.19	2.20
#31	EVOO_L	FOO-4_SD	70	30	0.27	15.70	12.99	0.17	2.71
#32	EVOO_H-2	FOO-4_SD	30	70	0.36	19.60	14.58	0.18	5.02
#33	EVOO_H-2	FOO-4_SD	50	50	0.29	15.50	13.34	0.19	2.16
#34	EVOO_L	FOO-5_SD	30	70	0.34	16.20	14.22	0.21	1.98
#35	EVOO_L	FOO-5_SD	50	50	0.31	14.80	13.70	0.21	1.10
#36	EVOO_L	FOO-5_SD	70	30	0.28	14.40	13.17	0.19	1.23
#37	EVOO_H-2	FOO-5_SD	30	70	0.33	16.00	14.05	0.21	1.95
#38	EVOO_H-2	FOO-5_SD	50	50	0.28	14.70	13.17	0.19	1.53

^aThe standard deviation applicable to each individual result equals $\pm 0.01\%$ and is the result of eleven individual measurement of two in-house references. ^bThe standard deviation applicable to each individual result equals ± 0.60 mg/g and is the result of eleven individual measurement of two in-house references. ^cDAG_{theor} = $17.6 \times (\text{free acidity} - 0.10) + 10$.

^dR1 = $10 \times (\text{free acidity}/\text{DAG}_{\text{exp}})$. ^eR2 = $\text{DAG}_{\text{exp}} - \text{DAG}_{\text{theor}}$