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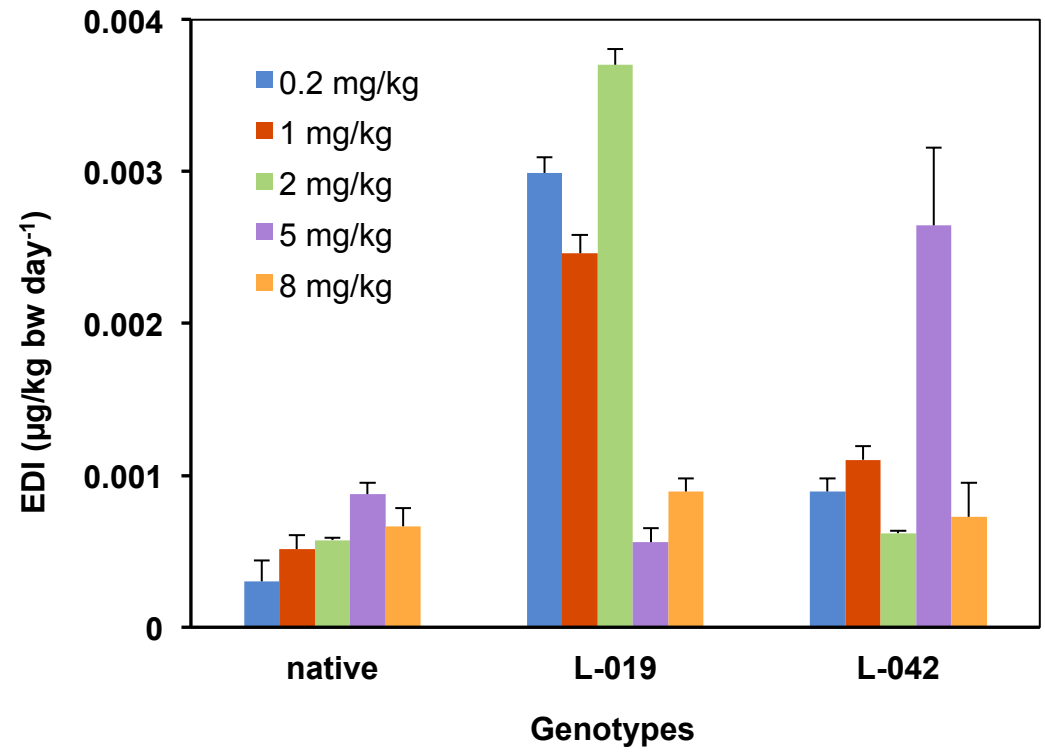
**Jose Marrugo-Negrete:** Conceptualization, Project administration, Funding acquisition **J. Durango-Hernández:** Supervision and Investigation **L. Díaz-Fernández:** Investigation and Supervision **I. Urango-Cardenas:** Validation **H. Araméndiz-Tatis:** Resources (Provision of study materials) **V. Vergara-Flores:** Methodology **Andrea G. Bravo:** Writing - Review & Editing **S. Díez:** Conceptualization, Supervision, Writing - Review & Editing

Journal Pre-proof

# Cowpea



EDI  $\lll$  Limit FAO/WHO:  $0.57 \mu\text{g Hg/kg bw day}^{-1}$



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**Transfer and bioaccumulation of mercury from soil in cowpea in  
gold mining sites**

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28 **Abstract**

29 In this study, we evaluated the phytoremediation ability of three different genotypes  
30 of cowpea grown on mercury-contaminated soils from gold mining areas. In  
31 particular we compared a native genotype with two commercial lines L-019 and L-  
32 042. The plants were cultivated in soils amended at different concentrations of Hg  
33 (i.e. 0.2, 1, 2, 5 and 8 mg kg<sup>-1</sup>). After three months exposure, we determined plant  
34 growth, seed production, and Hg accumulation in different plant tissues (root, leaf,  
35 seed and stem). Indices of soil-plant metal transfer such as translocation,  
36 bioconcentration and bioaccumulation factors were calculated. Results showed  
37 that the native variety presented the highest seed production (3.8 g), however the  
38 highest plant biomass (7.9 g) was observed in line L-019, both on Hg-contaminated  
39 soil of 1 mg kg<sup>-1</sup>. The different plant tissues differed in terms of Hg concentration  
40 (root > leaf > stem). In the highest treated soil, the line L-042 accumulates higher  
41 Hg in both roots and leaves, while line L-019 accumulates more metal in stems. In  
42 line L-019, Hg concentrations in the fruit showed significant differences being  
43 higher in the valves than in the seeds. The transfer factors were generally lower  
44 than 1 and indicates the low accumulation of Hg by cowpeas. The estimated daily  
45 Hg intake through cowpea consumption showed values far below the threshold of  
46 0.57 µg/kg dw day<sup>-1</sup> recommended by the World Health Organization. Our results  
47 show cowpea *V. unguiculata* as a good protein-rich food substitute of Hg-  
48 contaminated fish for populations living near gold mining sites.

49 **Keywords:** Cowpea; Phytoextraction; Mercury; health risk; *Vigna unguiculata* L.  
50 Walp; healthy food

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## 56 1. Introduction

57 The growth of the world population and the continuous expansion of industrial  
58 production, agriculture, mining and industrial activities have generated serious  
59 problems of contamination in the environment (Wang et al., 2017). In soils,  
60 particularly in agricultural ones, the presence of considerable amounts of metals  
61 such as mercury (Hg), poses a significant threat to human health (Tóth et al., 2016;  
62 Sierra et al., 2017). Thus, there is an increasing interest in the transfer of metals  
63 from soils to terrestrial food webs (Gall et al., 2015), because the intake of plants  
64 (e.g. vegetable) can be a direct route for human exposure to metals (Song et al.,  
65 2009).

66 The specie *V. unguiculata* L. Walp grows in tropical areas characterized by high  
67 temperatures and drought periods and is well known for making symbiotic  
68 associations to fix nitrogen (Nonnoi et al., 2012). This legume represents one of  
69 the first colonizers of poor or degraded soils and thus has been successfully used  
70 for restoration of arid and degraded ecosystems (Forti et al., 2006; de Andres et  
71 al., 2017). This specie is also known by its use for the phytoremediation of metal  
72 contaminated soils (Bezerril et al., 2017; Kopittke et al., 2007a; Kopitthe et al.,  
73 2007b), and for the restoration of ecosystems degraded by mining activities (Dary  
74 et al., 2010, Moreno-Jiménez et al., 2011). In Colombia, it is primarily grown in the  
75 Caribbean region by small producers with economic and technological limitations,  
76 because cowpea has the ability to adapt very easily to the different production  
77 systems of the region (Araméndiz-Tatis et al., 2011). Some of these soils are  
78 highly impacted by artisanal and small-scale gold mining (ASGM) (Marrugo-

79 Negrete et al., 2017), which is the largest anthropogenic source of Hg  
80 contamination worldwide (Salazar-Camacho et al., 2017).

81 The objective of this study was to evaluate the phytoremediation ability of cowpea  
82 (*V. unguiculata* L. Walp) to accumulate Hg from soils. To this end, three genotypes  
83 grown in soils amended with different Hg concentrations were analysed in order to  
84 simulate soils from ASGM. We determined bulk Hg content in soils, roots, stems  
85 and leaves, and the amount of bioavailable Hg in soils. Moreover, we evaluated  
86 different indices of soil-plant metal transfer translocation (TF) and bioconcentration  
87 factors (BCF) in the plants. Because its low Hg accumulation in plants, this study  
88 explored the possibility to use cowpea as a safe protein-rich food alternative to  
89 reduce the intake of Hg-contaminated fish in populations living near gold mining  
90 sites. Therefore, we calculated the estimated daily intake (EDI) in order to assess  
91 the risk to human health posed by Hg exposure due to the consumption of cowpea.  
92 The results of this study could be a pioneer contribution determining the risk of  
93 human exposure to Hg through cowpeas consumption and unveiling the important  
94 role of this plant in contaminated soils near areas impacted by ASGM.

95

## 96 **2. Materials and methods**

### 97 *2.1 Soil collection*

98 Soil samples (0-30 cm depth) were collected from agricultural areas located in the  
99 Mojana region (8°33'49.6" N, 75°05'55.4" W) (Smol inska and Cedzynska, 2007).

100 The samples were packed in plastic bags for their transport to the laboratory. Once  
101 in the laboratory, the soil samples were dried at room temperature to constant



102 weight. Then, the soil aggregates were crushed, homogenized and sieved through  
103 2 mm mesh size device (Reis et al., 2010).

104

## 105 *2.2 Soil Analysis*

106 The soil chemical characterization was carried out in the soil laboratory of the  
107 University of Córdoba, according to the Colombian technical standard (NTC) and  
108 the methodologies from IGAC (IGAC, 2006). The pH was characterized through  
109 the potentiometric method (NTC 5264, 2008) based on ISO 10390:2005. Organic  
110 matter (OM) was characterized using Walkey-Black method (NTC 5403) (Walkey  
111 and Black, 1934) and minor elements Cu, Fe, Zn, Mn with modified Olsen method.  
112 Available boron was determined through HCl 0.05M (Li and Gupta, 1991),  
113 available sulfur was determined through calcium monophosphate 0.008M (Hermida  
114 et al, 2013), and available phosphorus through Bray II (Yan et al, 1995). For the  
115 characterization of major elements, such as Ca, Mg, K, Na, we used 1.0 M  
116 ammonium acetate at pH 7, and the effective cation exchange capacity (CICe) was  
117 determined following Reeuwij (2002).

118

## 119 *2.3 Experimental design*

120 Based in previous studies on stability and adaptability in different agronomic  
121 tropical environments influenced by the drastic climatic changes (Araméndiz-Tatis  
122 et al., 2011; 2016; 2017), three types cowpea beans were selected: the native  
123 (genotype V1) and commercial genotypes L-019 (genotype V2) and L-042  
124 (genotype V3) of *V. unguiculata* L. Walp, that were acquired in the Germplasm  
125 Bank of the University of Córdoba. Some of their good agronomic attributes are



126 described in Table S1 (reported as Supplementary Information), whereas their  
127 nutritional content and quality could be found in previous studies (Aramendiz-Tatis  
128 et al., 2016). Each genotype was cultivated in soil amended with  $\text{Hg}(\text{NO}_3)_2$  solution  
129 of  $50 \text{ g L}^{-1}$  to give four different Hg soil concentrations:  $\text{C1} = 1.0 \pm 0.18 \text{ mg kg}^{-1}$ ,  $\text{C2}$   
130  $= 2.0 \pm 0.29 \text{ mg kg}^{-1}$ ,  $\text{C3} = 5.0 \pm 0.35 \text{ mg kg}^{-1}$  and  $\text{C4} = 8.0 \text{ mg kg}^{-1}$  and were  
131 incubated for a period of 3 months. Amendments were successfully maintained  
132 (Fig. S1) (reported as Supplementary Information). The soils background level of  
133 Hg ( $\text{C}_0$ ) was  $0.2 \pm 0.08 \text{ mg kg}^{-1}$ . Each treatment was evaluated in triplicate, the  
134 culture was carried out in plastic containers of 2L capacity, for a total of 45  
135 experimental units.

136

#### 137 *2.4 Implementation and monitoring of the crop*

138 Prior to planting the seeds in the soil, a disinfection process was performed. The  
139 seeds were rinsed with 10% of sodium hypochlorite, and then washed with distilled  
140 water according to Finten et al. (2017). A single plant was manually planted at the  
141 different containers holding altered soil concentration. In order to maintain soil  
142 moisture at field capacity, the greenhouse conditions were  $28^\circ\text{C}$  and 6 hours  
143 average of solar brightness (Marrugo-Negrete et al., 2015). Samples were  
144 collected after 90 days when 95% of the dried pods showed a cream colour  
145 appearance (TJAI, 2010). Once the seeds were sown, the germination time was  
146 monitored every 6 hours during a week. Periodic water irrigation was carried out  
147 attending to the water needs of the crop. Accordingly and attending the growth rate  
148 of the plant and the environmental temperature conditions, the volume and  
149 frequency of irrigation was adapted, keeping the soil at three quarters of its field

150 capacity (Marrugo-Negrete et al., 2015). During the development of the experiment  
151 the presence of chlorosis and necrosis in leaves was monitored. At the end of the  
152 experiment, the plants were harvested, later divided into roots, stems, leaves,  
153 valves and seeds. The different parts of the plant were dried in a Binder stove at  
154 40°C for 72 hours, and afterward the weight was determined using an analytical  
155 balance OHAUS Corp. Adventure, model AP2140. Therefore, values are presented  
156 as dry weight (dw).

157

### 158 *2.5 Determination of Hg in plants and soils*

159 Total mercury (THg) in roots, stems, leaves, valves, seeds and soil was determined  
160 using a Direct Mercury Analyzer® (DMA-80 TRICELL; Milestone Inc., Italy) through  
161 the EPA 7473 method (EPA, 1998). The quality control in the determination of THg  
162 content in the samples was carried out with the certified reference material CRM  
163 1573a "tomato leaves" of  $34 \pm 4 \text{ ng g}^{-1}$  of the NIST, and "Loam Soil" of  $0.083 \pm 0.017$   
164  $\text{mg kg}^{-1}$  of ERM®- CC141; the triplicate analysis showed recovery percentages for  
165 NIST tomato and ERM soil of  $98.3 \pm 0.4\%$  and  $96.4 \pm 0.4\%$ , respectively. The  
166 detection limit for THg was  $0.1 \mu\text{g g}^{-1}$  dw in both plants and soil, calculated as three  
167 times the standard deviation of the blanks ( $n=10$ ). The bioavailable Hg in the soil  
168 samples was determined in triplicate according to Bloom et al. 2003, and it is  
169 equivalent to that extracted in Step 1 of the BCR procedure (Rauret et al., 2000).

170

### 171 *2.6 Indices of soil-plant metal transfer*

172 The translocation factor (TF) was calculated by the ratio of the metal concentration  
173 in the aerial parts of the plants (shoots) and the concentration of metal in the roots

174 (Chandra et al., 2017). The bioconcentration factor (BCF) was determined as the  
175 ratio of the metal concentration in the roots and the metal concentration in the soil  
176 (Chandra et al., 2017). Finally, the bioaccumulation factor (BAF) was calculated as  
177 the ratio of the metal concentration in the harvestable part of the plant (i.e. shoots)  
178 and the concentration of the metal in the soil (Marrugo-Negrete et al., 2016b).

179

### 180 *2.7 Human health risk assessment*

181 The determination of the estimated daily intake (EDI) of THg through the cowpea  
182 consumption was calculated using the following equation:  $EDI=[THg] \times R/Bw$ , where  
183 THg is the total mercury concentration in the seed; R is the consumption rate of  
184 cowpea, and Bw is the adult average body weight (Jia et al., 2017). The average  
185 consumption of cowpea in Colombia is 3.86 kg/person/year (10.6 g/person/day)  
186 (Tofiño et al. 2011). A value of 70 kg was used as the average adults body weight  
187 (WHO, 1993).

188

### 189 *2.8 Statistic analysis*

190 The results are expressed as the mean  $\pm$  the standard deviation of the triplicate  
191 determinations. A factorial ANOVA was performed to compare the means between  
192 the different treatments; multiple comparisons were made using Fisher's Least  
193 Significant Difference (LSD) procedure, a  $p < 0.05$  was considered significant. The  
194 analysis was carried out with the statistical package Statgraphics Centurion XVI.

195

196

### 197 3. Results

#### 198 3.1 Physicochemical characteristics of the soil

199 Table 1 shows the physicochemical characteristics of the studied soils. The soils  
200 have a silty loamy texture and an abundant content of elements needed for crop  
201 growth, except for K. Although, the OM showed a slight deficiency and the pH was  
202 moderately acidic. The CEC is well above the range of 8-10 cmol+ kg<sup>-1</sup>, which is  
203 generally considered acceptable minimum values to obtain a satisfactory  
204 performance if the rest of the parameters are adequate (Sierra et al., 2008).  
205 According to Araméndiz-Tatis et al., (2016), we can conclude that the studied soils  
206 were suitable for agricultural use in general, and in particular, for the cultivation of  
207 *V. unguiculata*.

#### 208 3.2 Effects of Hg amendments on growth

209 The plants germinated entirely between the third and fourth day after the sowings.  
210 The cowpea plants showed a normal development during their growth in  
211 treatments C<sub>0</sub>, C<sub>1</sub>, and C<sub>2</sub>; while in treatments C<sub>3</sub> and C<sub>4</sub>, moderate and high  
212 symptoms of chlorosis and necrosis in the leaves were clearly evidenced. In  
213 addition, convex epinasty was presented on the leaves, indicating that at  
214 concentrations equal to or greater than 5 mg kg<sup>-1</sup> of Hg in the soil, symptoms of  
215 visible toxicity appear in the foliar tissues.

216 We saw significant differences ( $p < 0.05$ ) in biomass growth (Fig. 1a) and seed  
217 production (Fig. 1b) between the different amendments and genotypes. While the  
218 biomass of the native genotype (V1) at C<sub>1</sub> increased, it progressively decreased  
219 above a soils Hg concentration of 2 mg kg<sup>-1</sup>. The same pattern was observed for

220 the commercial genotype V2 and V3, although the response was more pronounced  
221 in genotype V2. Thus, the maximum values of biomass were recorded at  
222 concentrations of  $1 \text{ mg kg}^{-1}$  (C1) in all the evaluated genotypes, with V2 being the  
223 highest content ( $7.9 \pm 1.0 \text{ g}$ ). Noteworthy to mention a 50% decrease of the plant  
224 biomass between plants grown in soils amended with  $1 \text{ mg kg}^{-1}$  (C1) vs.  $8 \text{ mg kg}^{-1}$   
225 (C4).

226 Regarding the seed production, the native genotype (V1) stood out as the best one  
227 with  $3.8 \pm 0.1 \text{ g/plant}$  at C1. It should be noted that the genotype V3 exhibited a  
228 similar behavior than the native one, and surprisingly the genotype V2 exhibited a  
229 much lower production. However, the best performance for genotype V2 was  
230 obtained at the control (Co). The order of seed production was higher for native  
231 cowpea  $> V3 > V2$ , showing significant differences among the evaluated genotypes  
232 ( $p < 0.05$ ). Therefore our results suggest that these cowpea species can tolerate  
233 and adapt to soils moderately contaminated with Hg.

234

### 235 *3.3 Concentrations of mercury in plants*

236 Figure 2 shows the accumulation of THg in the tissues of the plant with the order:  
237 root  $>$  leaf  $>$  stem, showing highly significant differences among treatments ( $p <$   
238  $0.05$ ). For all the evaluated varieties of cowpea the levels increased as Hg soil  
239 concentrations increased, however it is emphasized that the commercial genotypes  
240 V2 and V3 showed higher concentrations than the native genotype V1. Easily  
241 bioavailable Hg concentrations in the evaluated soils remained at very low levels  
242 with values of  $0.016 \pm 0.1 \text{ mg kg}^{-1}$ , indicating that in these samples, Hg was mainly  
243 in a very stable mineral form.

244 THg levels in the fruit of *V. unguiculata* was discriminated in seed and valves (Fig  
245 3). For all treatments there were significant differences ( $p < 0.05$ ) among the Hg  
246 content in the different parts of the fruit (Fig. 3). The results show that V1 reach the  
247 lowest THg concentration in seed for almost all the treatments, being lower than  
248 the recommended by the Chinese national food standards agency  $10 \mu\text{g kg}^{-1}$  for  
249 foods of vegetable origin (Jia et al., 2017). While the commercial genotypes (V2  
250 and V3) showed higher concentrations, with the genotype V2 being a more  
251 enriched for Hg in the seeds than V3 in all the treatments (except C3); thus,  
252 reaching maximum difference in the soils  $\geq 2 \text{ mg kg}^{-1}$  of Hg. Similar to the seed  
253 results, Hg concentrations in the valves showed statistically significant differences  
254 among treatments ( $p < 0.05$ ). Concentrations of Hg in the valves tend to be lower  
255 for the native genotype than in commercial ones.

256

#### 257 *3.4 Translocation, bioconcentration and bioaccumulation factors*

258 The results of the translocation, bioconcentration and bioaccumulation factors are  
259 shown in Table 2. In general, the increase of the soil Hg concentration decreases  
260 the TF. However, at the lowest Hg soils concentration ( $C_0$ ), the commercial  
261 genotype V2 stands out. Similarly, the TF leaf/root, with values greater than 1, was  
262 high for the commercial genotypes V2 and V3 in  $C_0$ . This demonstrates the higher  
263 transfer of Hg from soils to leaves of cowpea in commercial genotypes with respect  
264 to native. The results of the BCF root/soil showed the commercial genotypes V2  
265 and V3 as the ones that are closer to the unit in soil of  $5 \text{ mg Hg kg}^{-1}$  (see bold  
266 numbers in Table 2). Maximum BCF values for the seed/soil ratio correspond to  
267 genotype V2 in  $C_0$ , however these values are low (Table 2). The highest BAF for

268 the leaf/soil (0.374) was observed in genotype V3 at the lowest dose of Hg. In  
269 contrast, very low BAF for stem/soil values were observed in any amendment.

270

### 271 *3.5 Determination of estimated daily intake*

272 The estimated daily intake (EDI) of Hg through cowpea consumption (Fig. 4) did  
273 not exceed the maximum limit established by the WHO/FAO Expert Committee on  
274 Food Additives that established a provisional tolerable daily intake (PTDI) of 0.57  
275  $\mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$  (JECFA, 2010). In particular the native genotype V1 presented the  
276 lowest EDI values (average  $0.0006 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$ ). The commercial genotypes  
277 show similar average EDI values between them (V1:  $0.0017 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$  vs. V2:  
278  $0.0010 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$ ), with the highest value of  $0.004 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$  for V2  
279 genotype at C2.

280

## 281 **4. Discussion**

### 282 *4.1 Soil characteristics: an important regulator of Hg transfer to cowpea*

283 As mention above, the soil characterization (Table 1) showed that the studied soils  
284 were suitable for the cultivation of cowpea (Aramendiz-Tatis et al. 2016). Low OM  
285 and moderately acidic pH facilitate metals solubility, mobility and thus its  
286 bioavailability (Olaniran et al., 2013; Sandrin and Hoffman, 2007), which might  
287 therefore enhance metal plant absorption. In particular, it has been shown that the  
288 maximum absorption of  $\text{Hg}^{2+}$  occurs in pH between 4 and 5 (McLaughlin et al.,  
289 1999), which is similar to measured values in the studied soils. However, the  
290 observed low transfer and absorption of soil Hg to the roots and aerial parts (Fig. 2)



291 suggest an underlying mechanism of the plant to protect against metals (Patra and  
292 Sarma, 2000, Moreno-Jiménez et al., 2006).

293

#### 294 4.2 Effects of Hg on growth and seed production

295 The observed adverse effects on the development of the studied plants, especially  
296 for higher Hg concentrations (5 and 8 mg kg<sup>-1</sup>) in soils, are in agreement with  
297 previous work of Cho and Park (2000), and confirm a reduction on plant biomass  
298 and chlorophyll content in the leaves (Azevedo and Rodriguez, 2012). Also, Shiyab  
299 et al. (2009) observed a reduction in the biomass and in the relative content of  
300 water in leaves, as well as densely stained areas that surround the vascular  
301 bundles of the leaves, in *Brassica juncea* crops exposed to Hg. The same behavior  
302 was also evidenced in the present study for *V. unguiculata* at Hg concentrations  
303 higher than 5 mg kg<sup>-1</sup>. Moreover, other studies conducted with metals in *V.*  
304 *unguiculata* cowpea reported that even low concentrations of Pb are highly toxic to  
305 plants and can reduce their development by more than 10% to 0.4 mg L<sup>-1</sup> (Kopittke  
306 et al., 2007). It is noteworthy that inhibition of growth and reduction of biomass  
307 production are frequent phenomena observed in plants exposed to toxic levels of  
308 Hg and other metals (Patra and Sharma, 2000).

309 The production of seeds was also reduced at concentrations higher than 5 mg kg<sup>-1</sup>  
310 (Fig. 1). At lower concentrations, the average production remains around 300 kg  
311 ha<sup>-1</sup> (Table 3) for all the varieties, which is lower than the average yield of 521 kg  
312 ha<sup>-1</sup> estimated by the FAO (2013) for standard conditions worldwide. Cowpea seed  
313 production in Colombia is centralized basically in the Caribbean region and it is  
314 slightly higher (600 kg ha<sup>-1</sup>) than the global average (Araméndiz-Tatis et al., 2011).

315 In the present study, the native variety stands out presenting an average yield of  
316 667 kg ha<sup>-1</sup> at low Hg soil concentration (e.g. 1 mg kg<sup>-1</sup>) showing that this variety  
317 maintains a good production in soils moderately contaminated.

318

#### 319 4.3 Mercury concentrations in soils and tissues

320 The three evaluated genotypes showed higher concentrations of Hg in the roots  
321 followed by the leaves and stems, increasing as the contaminant increases in the  
322 amendments (Fig. 2). These results are similar to those obtained under field  
323 conditions with native plants such as *Jatropha curcas* (Marrugo et al., 2016b).  
324 Several authors have reported that most plants tend to accumulate Hg in the roots,  
325 followed by the aerial part of the plant (Moreno-Jiménez et al., 2006; Cargnelutti et  
326 al., 2006, Azevedo & Rodriguez, 2012, Marrugo-Negrete et al., 2015, Marrugo-  
327 Negrete et al., 2016b). This is due to the absorption of nutrients and dissolved salts  
328 by the root, and by being in direct contact with the contaminated medium, as well  
329 as acting as a barrier to prevent the metal from reaching the aerial parts of the  
330 plant (Patra and Sarma, 2000, Moreno-Jiménez et al., 2006). It should be noted  
331 that at lower concentrations of Hg (e.g. Co) the improved varieties accumulated  
332 more Hg in the leaves than in the other tissues, this may be due to the influence of  
333 the volatilized Hg<sup>0</sup> in the air that can be captured by the stomata of the leaves  
334 (Frescholtz et al. 2003, Marrugo-Negrete et al., 2016b).

335 Accumulation of Hg in seeds of commercial plants has been studied by Kabata-  
336 Pendias (2000), who revealed some ranges of the Hg content in different species  
337 of plants of economic interest such as wheat seeds *T. aestivum* (0.2 – 33.0 µg kg<sup>-1</sup>)  
338 <sup>1</sup>), barley *H. vulgare* (5.0 – 82.0 µg kg<sup>-1</sup>), oats *A. sativa* (<4.0 – 45.0 µg kg<sup>-1</sup>), rye *S.*

339 *cereale* (3.0 -18.0  $\mu\text{g kg}^{-1}$ ), corn *Z. mays* (3.0 – 4.6  $\mu\text{g kg}^{-1}$ ), and beans *P. vulgaris*  
340 (3.0 – 11.0  $\mu\text{g kg}^{-1}$ ). All those, presented higher THg concentrations than those  
341 found in the present study (Fig. 3) for the native cowpea. In contrast, the studied  
342 commercial genotypes V2 and V3 showed a higher Hg concentration range. Our  
343 results thus suggest that the studied native cowpea has more efficient mechanisms  
344 to restrict the translocation of contaminants from the soils to the seeds in  
345 comparison with the modified varieties (Fig. 3a).

346

#### 347 *4.4 Accumulation factors for mercury*

348 In the native cowpea, TF, BCF and BAF factors values were less than 1, indicating  
349 that *V. unguiculata* is not a good bioaccumulator of Hg (Raskin and Ensley, 2000,  
350 Tu et. al., 2003). Some plants have developed strategies to restrict the entry of  
351 metal into the root and its transport to the shoots (Sun et al., 2016). Few examples  
352 with other metals are *T. mongolicum* for Zn, *C. communis* for Cd, *O. biennis* for Cd  
353 and Cu, and *R. chinensis* for Cu (Wei et al., 2015). In contrast, genotypes V2 and  
354 V3 showed transfer values higher than or equal to 1 but only at the lowest  
355 concentrations (Co), indicating that commercial genotypes presented a stronger  
356 capacity to store Hg in their aerial parts, even at the lowest tested concentrations.  
357 Moreover, these genotypes are not capable of preserving the incorporation of toxic  
358 Hg to fruits (Andres et al., 2010). BAF and BCF were less than 1, which indicates  
359 that none of the tested genotypes of *V. unguiculata* evaluated in the study could  
360 not be used for the phytoextraction of Hg (Chandra et al., 2017).

361

#### 362 *4.5 Risk assessment*

363 Figure 4 shows the EDI values of Hg for the consumption of the studied cowpea  
364 seeds by adults. The average EDI ( $0.001 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$ ) considering all the  
365 genotypes was over 57 times the PTDI threshold limit of  $0.57 \mu\text{g}/\text{kg}\cdot\text{bw}\cdot\text{day}^{-1}$   
366 considered safe by the JECFA. However, it should be noted that in risk  
367 assessment this threshold limit is considered for a whole diet, not only restricted to  
368 some specific food items. Thus, in our discussion it is actually mentioned that  
369 cowpea is a good food alternative that can replace the consumption of fish. In any  
370 case, for practical purposes, it is hopeless to consider the possibility of completely  
371 replacing fish from the diet of these populations. Therefore, more detailed studies  
372 on risk should be carried out considering the consumption of both cowpea and fish.  
373 Considering previous argument, several studies in the Caribbean (Marrugo-  
374 Negrete et al., 2013, Fuentes-Gandara et al., 2018, Carranza-López et al., 2019)  
375 indicate that according to Hg in fish and consumption rate, the EDI values in these  
376 populations are very much higher than PTDI. In fact, EDI values based in fish  
377 consumption of contaminated species in the Caribbean region are 1-3 orders of  
378 magnitude higher than those EDI values in cowpea.

379

#### 380 4.6. Nutritional facts and diet custom of local people

381 From a nutritional point of view, cowpea is a particular food that provides protein,  
382 calories, fiber, minerals and vitamins (Kabas et al., 2007). Indeed, cowpea is a  
383 good source of iron, zinc, calories, fiber, vitamins, protein (24%), carbohydrates  
384 (53%) and fats (2%) (De-Paula et al., 2018; FAO, 2016). A study has revealed that  
385 the genotypes evaluated here have a high content of protein, vitamins and  
386 minerals as (Araméndiz-Tatis, 2016). Therefore, these genotypic lines have

387 significant economic, social, and cultural importance for low-income people in the  
388 Caribbean region (Cardona-Ayala et al., 2013; Araméndiz et al., 2011). On the  
389 other hand, if we pretend to include this food in the diet of local people their dietary  
390 customs should also be considered. In fact, the dietary habits of people living near  
391 ASGM areas have a marked preference of fish consumption, and thus, fish is their  
392 main source of animal protein. Unfortunately, fish caught near ASGM is usually Hg-  
393 contaminated and its high consumption may become a serious health problem for  
394 consumers. Therefore, cowpea may represent a good substitute to replace protein-  
395 rich foods as fish, but with lower levels of Hg. In this sense, since no regulation on  
396 Hg content in foods (except for fish) exists in Colombia, it should be interesting to  
397 compare cowpea Hg contents with other worldwide regulations. The native cowpea  
398 genotype transfers the contaminant to the seed in Hg concentrations lower than  
399 the reference value of  $10 \mu\text{g kg}^{-1}$  established by China for foods of plant origin (Jia  
400 et al., 2017), and also it is lower than reference value of  $100 \mu\text{g kg}^{-1}$  stated by  
401 Europe for food (EU, 2015).

402

## 403 **5. Conclusions**

404 The evaluated cowpea plants showed differences in the accumulation of Hg in their  
405 tissues. It should be highlighted that of the three varieties evaluated, the native  
406 cowpea adapted very well in soils with Hg levels of  $2 \mu\text{g kg}^{-1}$  leading to a  
407 production of biomass and seeds that is within the normal limits for cultivation in  
408 tropical areas. However, in all the evaluated varieties subjected to soils with Hg  
409 concentrations higher than  $2 \mu\text{g kg}^{-1}$ , both the biomass and the production  
410 decreased more than the 50%. The native variety showed resistance to translocate

411 Hg to seed, demonstrating that it can be grown in soils with high metal content.  
412 This is of paramount importance in populations with high fish consumption in their  
413 dietary habits and inhabiting areas close to ASGM. Cowpea is considered a  
414 protein-rich food and our study can ensure good yield and harmlessness food in  
415 terms of Hg concentrations, and it can thus replace several fishmeals. Cowpea  
416 could be a substitute of fish without losing nutritional properties and decreasing the  
417 amount of Hg in their body burden. We conclude that it should be considered as an  
418 economic and agri-food alternative to fish in ASGM areas.

419

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**Figure 1.** a) Biomass of the plant and b) seed production (g) of three different cowpeas genotypes (V1: native genotype; V2: genotype L-019 and V3: genotype L-042) grew at different concentrations of total Hg: Co: 0.2 mg kg<sup>-1</sup> (control); C1: 1 mg kg<sup>-1</sup>; C2: 2 mg kg<sup>-1</sup>; C3: 5 mg kg<sup>-1</sup>; C4: 8 mg kg<sup>-1</sup>. Different letters indicate significant statistical differences  $p < 0.05$  among treatments.

**Figure 2.** Concentrations of total mercury (THg in  $\mu\text{g kg}^{-1}$ ) in a) root, b) stem, and c) leaf of the studied cowpeas genotypes (V1: native genotype; V2: genotype L-019 and V3: genotype L-042) evaluated in the different amended soils (Co: 0.2 mg kg<sup>-1</sup> (control); C1: 1 mg kg<sup>-1</sup>; C2: 2 mg kg<sup>-1</sup>; C3: 5 mg kg<sup>-1</sup>; C4: 8 mg kg<sup>-1</sup>). Different letters indicate significant statistical differences  $p < 0.05$ . Phytotoxic traits observed in leaf, moderate (\*), high (\*\*).

**Figure 3.** Concentration of total mercury (THg in  $\mu\text{g kg}^{-1}$ ) in seed a) and valves b) of *Vigna unguiculata* L genotypes (V1: native genotype; V2: genotype L-019 and V3: genotype L-042) exposed to different soil THg concentrations (Co: 0.2 mg kg<sup>-1</sup> (control); C1: 1 mg kg<sup>-1</sup>; C2: 2 mg kg<sup>-1</sup>; C3: 5 mg kg<sup>-1</sup>; C4: 8 mg kg<sup>-1</sup>). The letters mean significant statistical differences ( $p < 0.05$ ).

**Figure 4.** Provisional Daily Intake (PTDI,  $\mu\text{g/kg.bw.day}^{-1}$ ) for total mercury according to the consumption of the cowpea seeds (V1: native genotype; V2: genotype L-019 and V3: genotype L-042) evaluated at the different THg soil concentrations (Co: 0.2 mg kg<sup>-1</sup> (control); C1: 1 mg kg<sup>-1</sup>; C2: 2 mg kg<sup>-1</sup>; C3: 5 mg kg<sup>-1</sup>; C4: 8 mg kg<sup>-1</sup>). Letters mean significant statistical differences ( $p < 0.05$ ).

**Table 1.** Physicochemical characterization of the soil (n=3)

pH	4.86±0.03
%OM	0.85±0.04
%Clay	20.3
%Silt	73.8
%Sand	5.8
Texture	Silty loam
Elements (mg kg <sup>-1</sup> )	
Cu	37.9±0.1
Fe	56.5±0.9
Mn	109.7±2.5
S	78.5±3.3
P	107.1±6.1
B	0.32±0.01
Zn	24.6±2.0
Total Hg	0.2±0.08
Hg bioavailable	0.016 ± 0.1
CEC (cmol <sup>+</sup> kg <sup>-1</sup> )	
Na	0.70±0.02
Ca	17.5±1.2
Mg	13.4±0.8
K	0.18±0.02



**Table 2.** Translocation factor (TF), bioaccumulation factor (BAF) and bioconcentration factor (BCF) for native and commercial lines L-019 and L-042 genotypes.

Genotypes	Treatments (mg kg <sup>-1</sup> )				
	0.2	1	2	5	8
<b>TF (Seed/Root)</b>					
V1:native	0.046	0.012	0.012	0.015	0.002
V2:L-019	<b>0.832</b>	0.285	0.051	0.001	0.003
V3: L-042	0.195	0.017	0.008	0.006	0.001
<b>TF (Leaf/Root)</b>					
V1:native	0.982	0.154	0.183	0.463	0.100
V2:L-019	<b>1.542</b>	0.879	0.116	0.174	0.026
V3: L-042	<b>2.083</b>	0.091	0.111	0.034	0.217
<b>BAF (Stem/Soil)</b>					
V1:native	0.047	0.010	0.005	0.005	0.017
V2:L-019	0.041	0.013	0.007	0.005	0.004
V3: L-042	0.039	0.045	0.010	0.008	0.011
<b>BAF (Leaf/Soil)</b>					
V1:native	0.255	0.050	0.031	0.039	0.032
V2:L-019	0.217	0.057	0.030	0.132	0.008
V3: L-042	<b>0.374</b>	0.045	0.033	0.022	0.108
<b>BCF (Root/Soil)</b>					
V1:native	0.260	0.323	0.170	0.083	0.320
V2:L-019	0.140	0.065	0.261	<b>0.762</b>	0.302
V3: L-042	0.179	0.491	0.301	<b>0.635</b>	0.495
<b>BCF (Seed/Soil)</b>					
V1:native	0.012	0.004	0.002	0.001	0.001
V2:L-019	0.117	0.019	0.013	0.001	0.001
V3: L-042	0.035	0.008	0.002	0.004	0.001

**Table 3.** Seed production and standard deviation (SD) by hectare for each of the amendments (Co: no amendment  $\sim 0.2 \text{ mg kg}^{-1}$ , C1:  $1 \text{ mg kg}^{-1}$ ; C2:  $2 \text{ mg kg}^{-1}$ ; C3:  $5 \text{ mg kg}^{-1}$ ; C4:  $8 \text{ mg kg}^{-1}$ , and the studied genotypes (V1: native; V2: L-019; V3: L-042).

Genotype	Amendments	Seed production (kg. ha <sup>-1</sup> )	SD
V1	Co	439	18
	C1	667	18
	C2	219	26
	C3	167	9
	C4	13	4
V2	Co	332	11
	C1	164	27
	C2	89	11
	C3	66	4
	C4	45	6
V3	Co	237	26
	C1	562	70
	C2	263	88
	C3	298	18
	C4	18	4

Figure 1.

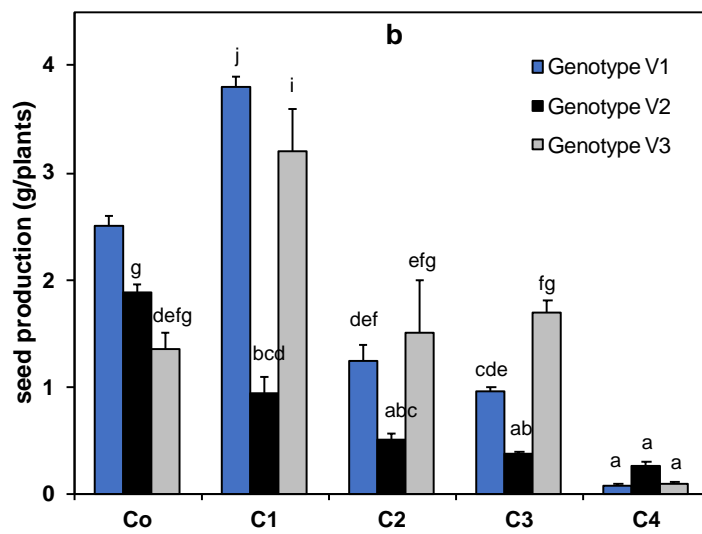
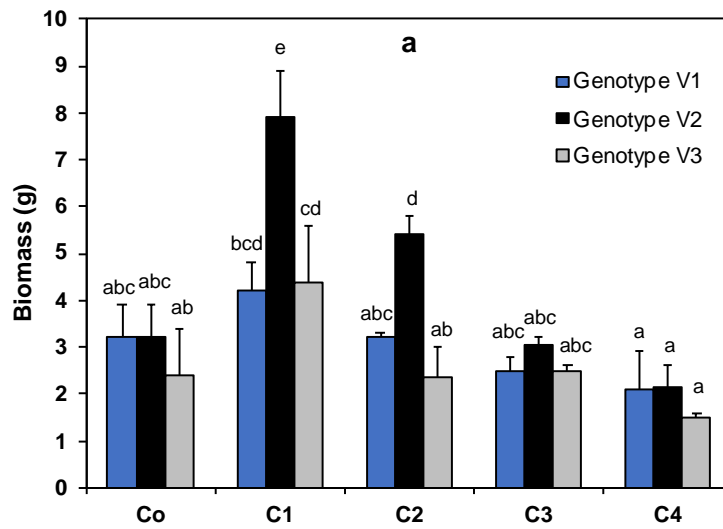


Figure 2.

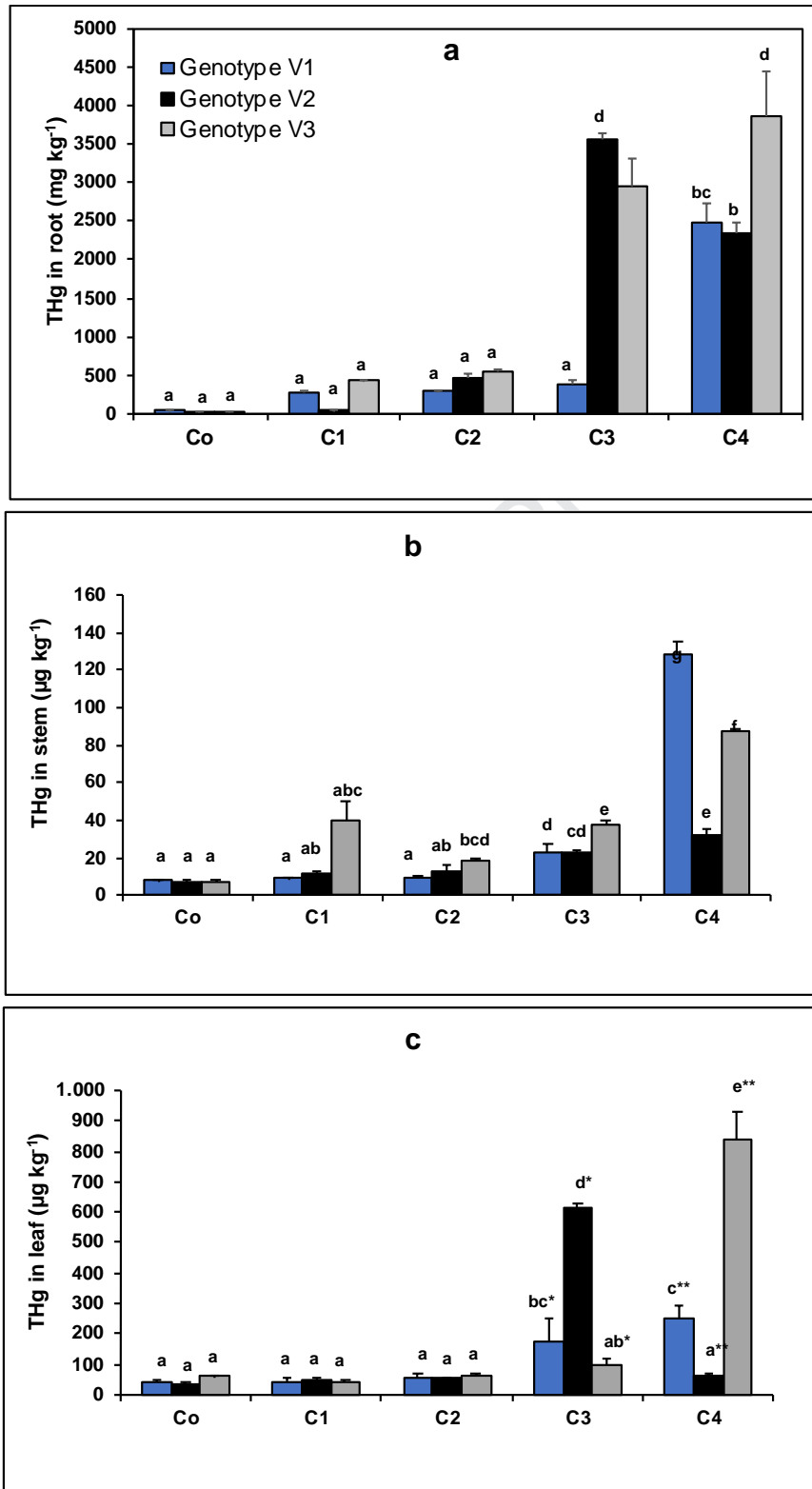


Figure 3.

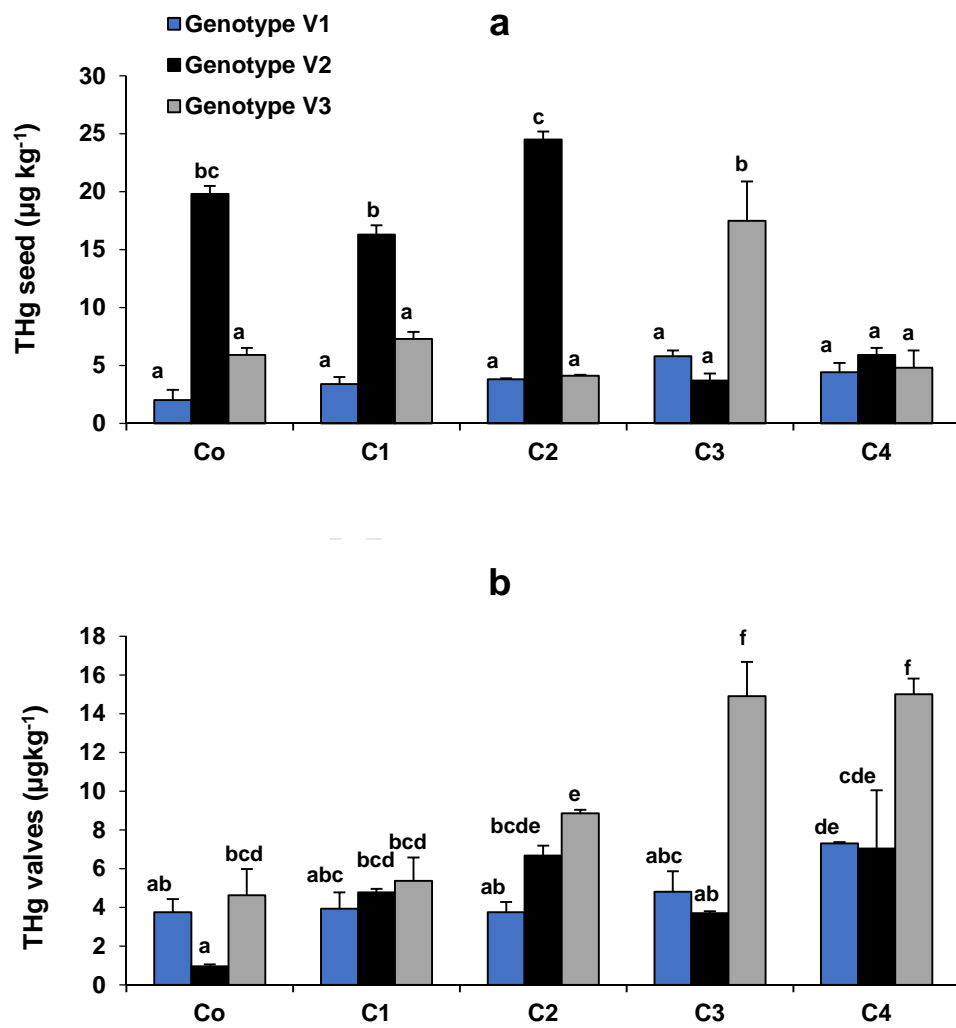
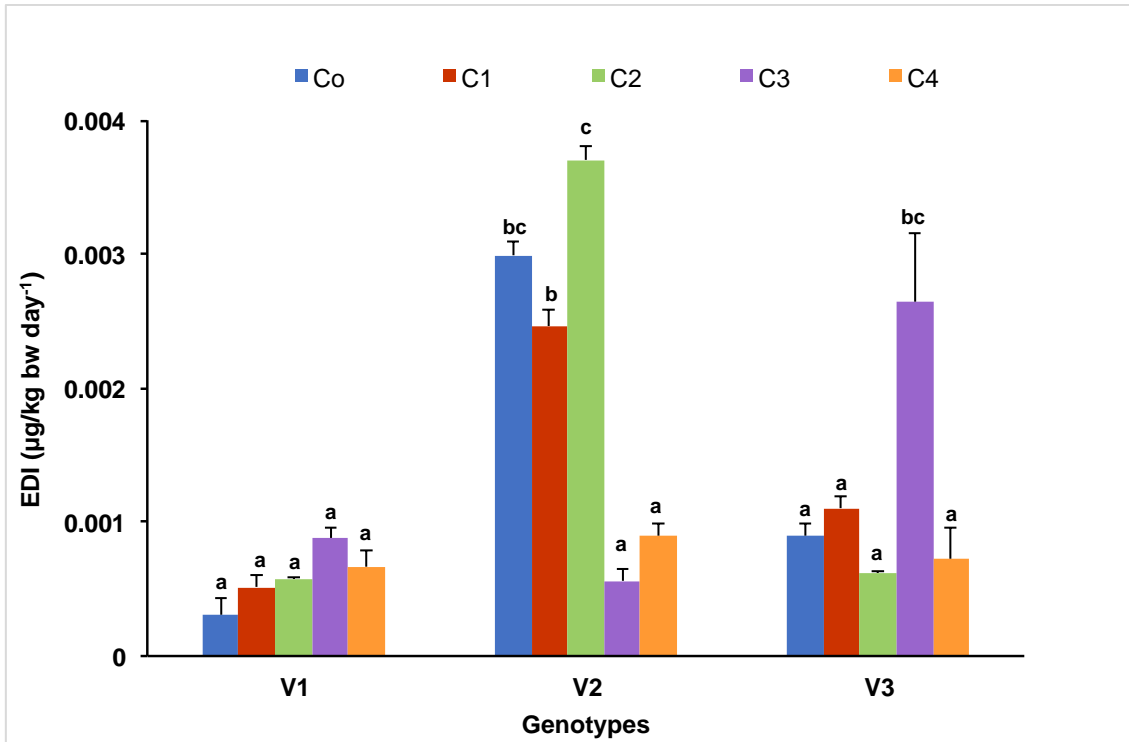


Figure 4.



### Highlights

- Mercury uptake in cowpea was determined in three genotypes using polluted soil
- In all the lines, Hg levels in plant tissues followed this order root> leaf> stem
- Native variety showed resistance to translocate Hg to the fruit vs commercial lines
- The daily Hg intake through cowpea are far below the health risk according to WHO
- Cowpea is a protein-rich food that can reduce the high intake of contaminated fish

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