

1 **Oligomerization of reactive carbonyls in the presence of ammonia-**
2 **producing compounds: A route for the production of pyridines in**
3 **foods**

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11 Running title: Formation of pyridines from reactive carbonyls

12 ABSTRACT

13 The reactions of different lipid-derived reactive carbonyls with ammonia-producing
14 compounds were studied to investigate the formation of pyridines in foods. 2-Alkyl, 3-
15 alkyl-, and 2,5-dialkylpyridines were produced by oligomerization of short-chain
16 aldehydes in the presence of ammonia. Thus, acetaldehyde/crotonaldehyde mixtures and
17 2,4-alkadienals were the main responsible for the formation of 2-alkylpyridines;
18 acrolein or 2,4-alkadienals were needed for the formation of 3-alkylpyridines; and 2-
19 alkenals were responsible for the formation of 2,5-dialkylpyridines. On the contrary,
20 2,6-dialkylpyridines were produced by cyclization of unsaturated ketones. Reactions
21 pathways for formation of these pyridines are proposed, and confirmed by isotopic
22 labelling experiments. Aldehydes and ketones required for their formation are produced
23 in the course of lipid oxidation. Therefore, pyridine formation seems to be an additional
24 consequence of the lipid oxidation pathway. This new knowledge can be employed for the
25 optimization of reactions to achieve the desired targeted flavor generation during food
26 processing.

27

28 *Keywords:* Carbonyl-amine reactions; Food flavors; Lipid Oxidation; Maillard reaction;
29 Pyridines; Reactive carbonyls

30

31 *Chemical compounds studied in this article:* Acrolein (PubChem ID: 7847);
32 Crotonaldehyde (PubChem ID: 447466); 2,5-Dimethylpyridine (PubChem ID: 11526);
33 2,6-Dimethylpyridine (PubChem ID: 7937); 2,4-Heptadienal (PubChem ID: 5283321);
34 2-Methylpyridine (PubChem ID: 7975); 3-Methylpyridine (PubChem ID: 7970); 2-
35 Pentenal (PubChem ID: 5364752)

36 **1. Introduction**

37 Carbonyl-amine reactions are responsible for the formation of numerous food flavors
38 during processing (Liu, Yang, Yang, Ayed, Linforth, & Fisk, 2019; Zhao, Wang, Xie,
39 Xiao, Du, Wang, Cheng, & Wang, 2019). Among them, Maillard reaction is recognized
40 as the most important route for the formation of these compounds (Adams & De Kimpe,
41 2006; Cui, Yu, Xia, Duhoranimana, Huang, & Zhang, 2019; Scalone, Lamichhane,
42 Cucu, De Kimpe, & De Meulenaer, 2019). Nevertheless, reactive carbonyls in foods are
43 not only produced from carbohydrates. Other major food components also produce
44 carbonyl compounds and, therefore, contribute to flavor generation by carbonyl-amine
45 reactions (Hidalgo & Zamora, 2019). Thus, for example, lipid-derived reactive
46 carbonyls have been shown to convert amino acids into Strecker aldehydes, α -oxoacids,
47 and amine compounds, among other flavor-contributing substances (Hidalgo & Zamora,
48 2016), and quinones have been shown to promote Strecker degradation of amino acids
49 (Delgado, Zamora, & Hidalgo, 2015). On the other hand, polyphenols, from which
50 quinones are formed, have been shown to trap carbonyl compounds and inhibit, in this
51 way, carbonyl-amine reactions and flavor production (Ou, Wang, Zheng, & Ou, 2019;
52 Zamora & Hidalgo, 2016).

53 Because of this variety of origins, it is frequently difficult to know the carbonyl
54 compound responsible for the formation of a specific flavor. Therefore, it is difficult the
55 optimization of reactions to achieve the desired flavors during food processing
56 (Paravisini & Peterson, 2019). This is especially right in the case of pyridines. These
57 compounds, which are produced to a lower extent than pyrazines in most foods (Maga,
58 1981), have been found in a wide range of processed foods and their concentration has
59 been shown to increase with temperature. In particular, they have been shown to be the
60 best markers for evaluation of the temperature exposure in heated fish powders (Mjøs &

61 Solvang, 2006). These compounds have different flavor properties, including green,
62 bitter, astringent, roasted, or burnt, although some have more pleasant and characteristic
63 sensations (Maga, 1981).

64 In spite of their contribution to overall food flavors, their formation pathways are
65 unclear, and the role of both carbohydrates (Paravisini & Peterson, 2019) and lipids
66 (Farmer & Mottram, 1990; Horiuchi, Umamo, & Shibamoto, 1998) has been suggested.
67 The hypothesis of this study was both that pyridines are produced as a consequence of
68 oligomerization of reactive carbonyls in the presence of ammonia, and that the origin
69 (and the structure) of the involved reactive carbonyl will determine the kind of pyridine
70 produced. Thus, depending on food composition and reaction conditions, some
71 pyridines would be favored over others. Hence, the objective of this research was to
72 study comparatively the ability of different reactive carbonyls to produce some of the
73 pyridines most commonly found in foods.

74 The pyridines most frequently found in food products are collected in Table S-1 of
75 the Supporting Information. As can be observed, most of them have small alkyl groups
76 at positions 2 or 3, and, when two substituents are present, positions 2 and 5, or
77 positions 2 and 6 are the preferred. This should be a consequence of both the kind of
78 compound responsible for its formation and the reaction mechanism involved. The
79 identification of the carbonyl compounds responsible for the formation of 2-alkyl, 3-
80 alkyl, 2,5-alkyl-, and 2,6-dialkylpyridines, as well as the formation pathways involved,
81 has been carried out in this study.

82 **2. Materials and methods**

83 *2.1. Materials*

84 As reactive carbonyls, 2-alkenals (acrolein [2-propenal], crotonaldehyde [2-butenal],
85 2-pentenal, 2-hexenal, 2-heptenal, and 2-octenal) and 2,4-alkadienals (2,4-hexadienal,
86 2,4-heptadienal, 2,4-octadienal, 2,4-nonadienal, and 2,4-decadienal) were employed. In
87 addition, other compounds were also tested as carbonyl compounds or precursors of
88 carbonyl compounds, including menhaden oil, acetaldehyde (ethanal), propionaldehyde
89 (propanal), butyraldehyde (butanal), 3,5-heptadien-2-one, 6-methyl-5-hepten-2-one, and
90 alanine. Also, different compounds were tested as ammonia producers, including
91 ammonia, ammonium chloride, glutamine, urea, and creatinine.

92 The following standard pyridines were purchased for identification and
93 quantification purposes: 2-methylpyridine, 3-methylpyridine, 4-methylpyridine, 2-
94 ethylpyridine, 3-ethylpyridine, 2-pentylpyridine, 2,5-dimethylpyridine, 2,6-
95 dimethylpyridine, 5-ethyl-2-methylpyridine, 3-acetylpyridine, and 3-hydroxy-2-
96 methylpyridine.

97 All these compounds, as well as other chemicals used in this research were of the
98 highest available grade and were purchased from reliable commercial sources including:
99 Sigma-Aldrich (St. Louis, MO), Merck (Darmstadt, Germany), Alfa Aesar (Haverhill,
100 Massachusetts), or TCI (Tokyo, Japan).

101 *2.2. Oligomerization of reactive carbonyls in the presence of ammonia-producing* 102 *compounds*

103 Mixtures of the reactive carbonyl(s) (50 μmol in 50 μL of methanol) and the
104 ammonia-producing compound (10 μmol in 45 μL of water) were singly homogenized
105 with 0.063–0.20 mm silica gel (300 mg) (Macherey-Nagel, Düren, Germany), which
106 was employed as a support (Hidalgo, Delgado, & Zamora, 2009), 30 μL of 0.3 mol/L
107 sodium phosphate, pH 6.5, and 50 μL of water. Samples were heated at 180 $^{\circ}\text{C}$ in closed

108 test tubes for 1 h. After cooling, 700 μL of methanol and 30 μL of the internal standard
109 solution (19 μmol of methyl heptanoate per mL of methanol) were added. Suspensions
110 were stirred for 1 min and centrifuged for 5 min at 2000 g. The supernatant was studied
111 by gas chromatography coupled to mass spectrometry (GC-MS).

112 When mixtures of two reactive carbonyls were studied, 50 μmol of each one was
113 dissolved in the 50 μL of methanol. When alanine was added in addition to the
114 ammonia producing compound, this amino acid was dissolved in the 50 μL of water.
115 Therefore, all studied samples had always the same amount of solvents.

116 Reactions involving menhaden oil were carried out similarly, although some
117 modifications were required. Briefly, mixtures of the oil (1 g), glutamine (30 μmol in
118 150 μL of water), 25 μL of methanol, and 30 μL of 0.3 mol/L sodium phosphate, pH
119 6.5, were heated at 180 $^{\circ}\text{C}$ in closed test tubes for 1 h. After cooling, 700 μL of
120 acetonitrile and 30 μL of the internal standard solution (19 μmol of methyl heptanoate
121 per mL of methanol) were added. Suspensions were stirred for 1 min and centrifuged
122 for 5 min at 2000 g. The supernatant was studied by gas chromatography coupled to
123 mass spectrometry (GC-MS).

124 *2.3. Isotopic labelling*

125 Deuteration experiments were carried out to obtain further insight into reaction
126 pathways. In these experiments, deuterated water (D_2O) was employed in the place of
127 water and produced pyridines were studied by GC-MS.

128 *2.4. GC-MS analyses*

129 The equipment employed for GC-MS analyses was an Agilent 7820A gas
130 chromatograph coupled with an Agilent 5977 mass selective detector, quadrupole type

131 (Agilent Technologies, Santa Clara, CA). The pulsed splitless mode was used to inject
132 one microliter of sample, which was fractionated on a fused-silica HP-5MS UI capillary
133 column (30 m length, 0.25 mm inner diameter, 0.25 μm coating thickness). The
134 conditions employed were: carrier gas, helium (1 mL/min at constant flow); injector,
135 250 $^{\circ}\text{C}$; transfer line to mass selective detector, 280 $^{\circ}\text{C}$; electron ionization (EI), 70 eV;
136 ion source temperature, 230 $^{\circ}\text{C}$; and mass range, 28-550 amu. The oven was
137 programmed from 40 $^{\circ}\text{C}$ (3 min) to 200 $^{\circ}\text{C}$ at 20 $^{\circ}\text{C}/\text{min}$, and then held at 200 $^{\circ}\text{C}$ for 1
138 min.

139 *2.5. Determination of pyridines*

140 Pyridines were quantified by preparing standard curves of 2-methylpyridine, 3-
141 methylpyridine, 2-ethylpyridine, 3-ethylpyridine, 2-pentylpyridine, 2,5-
142 dimethylpyridine, 2,6-dimethylpyridine, 5-ethyl-2-methylpyridine, 3-acetylpyridine,
143 and 3-hydroxy-2-methylpyridine, which were determined after being added to 300 mg
144 of silica gel and following the same procedure described above (without heating). Seven
145 amounts of pyridines (0–10 μmol) were used for each compound. Compound content
146 was directly proportional to compound/internal standard area ratio ($r > 0.99$, $p < 0.001$).
147 RSD was always $< 10\%$.

148 In addition to the employed standards, other pyridines were also determined. Because
149 standards were not available for these pyridines and calibration curves could not be
150 prepared, their concentration was estimated by using the calibration curve of the
151 compound with the closest chemical structure. Thus, for example, the calibration curve
152 of 2-ethylpyridine was employed for determining 2-propylpyridine, and the calibration
153 curve of 2-pentylpyridine was employed for determining 2-butylpyridine.

154 *2.6. Statistical analysis*

155 All data are mean \pm SD values of, at least, three independent experiments. For
156 comparison of the mean values obtained, analysis of variance was employed. When F
157 values were significantly different, group differences were evaluated by the Tukey test
158 (Snedecor & Cochran, 1980). Statistical comparisons were carried out using Origin[®] v.
159 7.0 (OriginLab Corporation, Northampton, MA). The significance level is $p < 0.05$
160 unless otherwise indicated.

161 **3. Results and Discussion**

162 *3.1. Formation of pyridines by oligomerization of crotonaldehyde in the presence of* 163 *ammonia-producing compounds*

164 Preliminary experiments showed that the heating of lipid-derived reactive carbonyls
165 in the presence of amine compounds produced pyridines (data not shown). Pyridines
166 were formed to different extents depending on the amine and carbonyl compounds
167 involved. This formation was hypothesized to be produced by oligomerization of the
168 reactive carbonyl in the presence of amine compounds, analogously to the previously
169 described formation of pyrrole derivatives (Hidalgo & Zamora, 2004).

170 The role of ammonia as the compound responsible for this oligomerization was
171 firstly confirmed. Thus, crotonaldehyde (a lipid oxidation product) was heated in the
172 presence of ammonia and different ammonia-producing compounds. As observed in
173 Table 1, the same four pyridines (2-methyl, 3-methyl-, 2,5-dimethyl, and 5-ethyl-2-
174 methylpyridine) were always produced for the different amine compounds assayed.
175 These pyridines have been found in processed foods (Table S-1 of the Supplementary
176 Material) and, to the best of our knowledge, their formation has not been clearly linked
177 to the lipid oxidation pathway.

178 Obtained results suggested that ammonia was the responsible for crotonaldehyde
179 oligomerization. Thus, all assayed compounds produce ammonia upon heating (Chen,
180 Xing, Chin, & Ho, 2000; Riha, Izzo, Zhang, & Ho, 1996; Zamora, Alcon, & Hidalgo,
181 2014). In addition, crotonaldehyde oligomerization was not produced in the absence of
182 the amine compound. Moreover, with the exception of the nitrogen atom, the
183 incorporation of other parts of the amine compound into the structure of the produced
184 pyridine was not observed because the same pyridines were always produced in spite of
185 the structural differences among the different amino compounds assayed.

186 Although the same pyridines were always produced, their amounts and the
187 proportions among them were different for the different amino compounds. Thus, the
188 highest amount of pyridines was produced in the presence of ammonia (almost 50% of
189 the initial nitrogen was incorporated into the produced pyridines). A similar amount of
190 pyridines was produced in the presence of urea. In addition, pyridines were also
191 produced to a high extent in the presence of glutamine or ammonium chloride. On the
192 other hand, heating of crotonaldehyde in the presence of creatinine produced the lowest
193 amount of pyridines among the assayed amino compounds (Table 1). Because pyridines
194 were produced to a high extent in the presence of glutamine and this is a common food
195 component, this amino acid was selected for the rest of this study.

196 *3.2. Formation of 2-alkylpyridines by oligomerization of reactive carbonyls in the* 197 *presence of glutamine*

198 Different 2-alkylpyridines were produced when reactive carbonyls and their mixtures
199 were heated in the presence of glutamine (Table 2). The produced 2-alkylpyridine and
200 the reaction yield depended on the reactive carbonyl compound involved. However, all
201 2-alkylpyridines were produced similarly (see below).

202 Table 2 shows that 2-methylpyridine was produced by many reactive carbonyls (and
203 their mixtures) in the presence of glutamine. However, the presence of any of three
204 reactive carbonyls (hexadienal, acetaldehyde, or crotonaldehyde) was required for its
205 formation, and the main reaction yield ($50.21 \pm 1.66 \mu\text{mol}/\text{mmol}$ of glutamine) was
206 obtained when a mixture of acetaldehyde and crotonaldehyde was employed as reactive
207 carbonyl compounds. The reason for this behavior is related to the formation pathways.

208 Figure 1 shows a possible reaction pathway for the formation of 2-methylpyridine.
209 As can be observed, acetaldehyde, crotonaldehyde, and hexadienal are, all of them,
210 precursors of 2-methylpyridine because these carbonyls are interconverted among them.
211 Thus, aldol condensation of acetaldehyde produces crotonaldehyde in a first step and
212 then hexadienal (this last compound was always observed in the chromatogram when
213 acetaldehyde or crotonaldehyde was heated under the reaction conditions described in
214 the Materials and Methods section). In addition, previous studies showed that 2,4-
215 alkdienals are degraded into 2-alkenals and alkanals, and 2-alkenals into alkanals
216 (Zamora, Navarro, Aguilar & Hidalgo, 2015). The higher reactivity of the mixture
217 between crotonaldehyde and acetaldehyde is explained because ammonia is likely to be
218 added to crotonaldehyde and the formed amine reacts with acetaldehyde. A cyclization
219 of the formed adduct is responsible for the formation of 2-methylpyridine. A proof of
220 this reaction pathway was obtained when water was replaced by deuterated water in the
221 reaction mixture. In this case, a di-deuterated 2-methylpyridine was obtained. As shown
222 in Figure 1, formation of this pyridine is explained by deuteration of interchangeable
223 protons during ring formation.

224 In addition to this main mechanism, an alternative mechanism can be suggested for
225 2,4-hexadienal (Figure 1). In this case, the formation of the corresponding imine is

226 followed by the formation of the pyridine ring. This last reaction pathway was already
227 previously proposed (Kim & Ho, 1998).

228 Similar reaction mechanisms can be suggested for the formation of other 2-
229 alkylpyridines. Thus, 2-ethylpyridine ($30.95 \pm 0.34 \mu\text{mol}/\text{mmol Gln}$) was produced
230 from 2,4-heptadienal, 2-propylpyridine ($27.15 \pm 1.82 \mu\text{mol}/\text{mmol Gln}$) was produced
231 from 2,4-octadienal, 2-butylpyridine ($22.42 \pm 1.03 \mu\text{mol}/\text{mmol Gln}$) was produced from
232 2,4-nonadienal, and 2-pentylpyridine ($14.68 \pm 0.58 \mu\text{mol}/\text{mmol Gln}$) was produced
233 from 2,4-decadienal. As observed, there was a decrease of the amount of pyridine
234 produced when the chain length of the reactive carbonyl increased.

235 Analogously, 2-alkylpyridines were also produced when mixtures of 2-alkenals and
236 acetaldehyde were heated in the presence of glutamine. Thus, the mixture of 2-pentenal
237 and acetaldehyde produced 2-ethylpyridine ($8.81 \pm 1.54 \mu\text{mol}/\text{mmol Gln}$), and the
238 mixture of 2-hexenal and acetaldehyde produced 2-propylpyridine (15.61 ± 1.04
239 $\mu\text{mol}/\text{mmol Gln}$).

240 Finally, acetaldehyde precursors, such as alanine, also produced 2-alkylpyridines, but
241 usually to a much lower extent (Table 2).

242 *3.3. Formation of 3-alkylpyridines by oligomerization of reactive carbonyls in the* 243 *presence of glutamine*

244 Analogously to the formation of 2-alkylpyridines, different 3-alkylpyridines were
245 also produced in the reaction of reactive carbonyls and glutamine, and the kind of 3-
246 alkylamine produced and the reaction yield also depended on the reactive carbonyl
247 involved.

248 Differently to the formation of 2-methylpyridine, the main carbonyl compound
249 responsible for the formation of 3-methylpyridine was acrolein. In fact, the mixture of

250 acrolein and propanal produced $67.02 \pm 4.18 \mu\text{mol}/\text{mmol Gln}$, followed by the mixture
251 of acrolein and acetaldehyde ($45.05 \pm 0.82 \mu\text{mol}/\text{mmol Gln}$) and the mixture of acrolein
252 and alanine ($30.06 \pm 0.65 \mu\text{mol}/\text{mmol Gln}$). Acrolein alone also produced 3-
253 methylpyridine, but to a lower extent ($17.46 \pm 1.47 \mu\text{mol}/\text{mmol Gln}$). Finally, 2,4-
254 hexadienal also produced 3-methylpyridine to a significant extent (12.06 ± 1.40
255 $\mu\text{mol}/\text{mmol Gln}$), although to a lower extent than 2-methylpyridine. This ability of 2,4-
256 hexadienal to produce 3-methylpyridine might be related to the described
257 decomposition of the 2,4-alkadienal into acetaldehyde (Zamora, Navarro, Aguilar, &
258 Hidalgo, 2015) and acrolein (Ewert, Granvolg, & Schieberle, 2014).

259 A reaction pathway that explains the formation of 3-methylpyridine by heating
260 acrolein and propanal in the presence of glutamine is shown in Figure 2. The reaction
261 would be initiated by the addition of ammonia to acrolein and the later formation of an
262 imine with propanal. The cyclization of the produced adduct would be the origin of the
263 3-methylpyridine. Analogously to the above described for 2-methylpyridine, this
264 pathway was confirmed by carrying out the reaction in the presence of deuterated water.
265 In this case, the mono-deuterated pyridine was mainly produced.

266 Differently to the mixture acrolein/propanal, the formation of 3-methylpyridine in
267 mixtures of acrolein/acetaldehyde or acrolein/alanine (alanine is a precursor of
268 acetaldehyde, Hofmann, Münch, & Schieberle, 2000) is not so clear because one
269 additional carbon is required. One possibility is the dimerization of acetaldehyde
270 followed by the loss of one carbon (perhaps as formaldehyde or formic acid), and this
271 product would then react with acrolein or the adduct acrolein/ammonia. Further studies
272 are required to explain this result, which is also likely related to the formation of 3-
273 alkylpyridines from 2,4-alkadienals. Thus, in addition to the formation of 3-
274 methylpyridine from 2,4-hexadienal, 3-ethylpyridine was produced from 2,4-

275 heptadienal, 3-propylpyridine was produced from 2,4-octadienal, 3-butylpyridine was
276 produced from 2,4-nonadienal, and 3-pentylpyridine was produced from 2,4-decadienal.
277 As described above, this formation is likely a consequence of being the alkadienal the
278 origin of both alkanals and acrolein.

279 *3.4. Formation of 2,5-dialkylpyridines by oligomerization of reactive carbonyls in the*
280 *presence of glutamine*

281 Although 2,5-dimethylpyridine was produced in the presence of only one reactive
282 carbonyl (acetaldehyde or crotonaldehyde), much higher contents of this pyridine were
283 found when a couple of reactive carbonyls were present, in particular the mixture of
284 propanal and crotonaldehyde. The formation of 2,5-dimethylpyridine in the presence of
285 propanal and crotonaldehyde is suggested to take place as shown in Figure 3. The
286 reaction would be initiated by addition of ammonia to crotonaldehyde to produce 3-
287 aminopropanal, which would then react with propanal. The later cyclization of the
288 produced adduct would be the origin of 2,5-dimethylpyridine, analogously to that
289 described for other pyridines. A proof of this pathway was the formation of the mono-
290 deuterated pyridine when the reaction was carried out in the presence of deuterated
291 water.

292 This pathway is also valid for the formation of 2,5-dimethylpyridine from other
293 reactive carbonyls. Thus, for example, thermal decomposition of 2,4-heptadienal
294 produces propanal (Zamora, Navarro, Aguilar, & Hidalgo, 2015). Therefore, the
295 mixture of 2,4-heptadienal and crotonaldehyde should be a source of 2,5-
296 dimethylpyridine (as observed). Acetaldehyde produced 2,5-dimethylpyridine because
297 of its conversion into crotonaldehyde. In addition, as described in the previous section,
298 acetaldehyde should be able to be converted into a three-carbon aldehyde to some extent
299 and 2,5-dimethylpyridine should be produced in that way.

300 This pathway is also valid for the formation of other 2,5-dialkylpyridines. Thus,
301 when propanal was substituted by 2-pentenal, the mixture 2-pentenal/crotonaldehyde
302 produced 2,5-diethylpyridine to a significant extent ($19.09 \pm 2.13 \mu\text{mol}/\text{mmol Gln}$). In
303 this case, the ammonia is firstly added to 2-pentenal and the amine produced reacts then
304 with crotonaldehyde producing the corresponding imine in a first step and, after
305 cyclization, the 2,5-diethylpyridine.

306 Finally, this pathway is also valid for the formation of 2,5-dialkylpyridines with
307 different substituents. These compounds are produced by oligomerization of 2-alkenals
308 in the absence of other reactive carbonyls. This kind of pyridines were produced to a
309 high extent. Thus, 5-ethyl-2-methylpyridine ($321.6 \pm 11.9 \mu\text{mol}/\text{mmol Gln}$) was
310 produced by oligomerization of crotonaldehyde, 2-ethyl-5-propylpyridine (101.9 ± 12.5
311 $\mu\text{mol}/\text{mmol Gln}$) was produced by oligomerization of 2-pentenal, 5-butyl-2-
312 propylpyridine ($156.9 \pm 18.0 \mu\text{mol}/\text{mmol Gln}$) was produced by oligomerization of 2-
313 hexenal, 2-butyl-5-pentylpyridine ($257.8 \pm 9.3 \mu\text{mol}/\text{mmol Gln}$) was produced by
314 oligomerization of 2-heptenal, and 5-hexyl-2-pentylpyridine ($336.6 \pm 43.9 \mu\text{mol}/\text{mmol}$
315 Gln) was produced by oligomerization of 2-octenal.

316 The oligomerization pathway of 2-alkenals to produce 2,5-dialkylpyridines is shown
317 in Figure S-1 (Supplementary Material). The mechanism is analogous to that collected
318 in Figure 3, but there are significant differences that can explain the much higher yield
319 obtained for these pyridines. The first one is the existence of an additional double bond
320 that facilitates the formation of the extended conjugated system before the cyclization of
321 the molecule. The second one is that the oxidation step is not required. The consequence
322 is that the observed yields for this kind of pyridines were 10–34%, and the best yield
323 obtained for 2,5-dimethylpyridine was 8%.

324 3.5. Formation of 2,6-dialkylpyridines by oligomerization of reactive carbonyls in the
325 presence of glutamine

326 Differently to the other determined pyridines, 2,6-dialkylpyridines were not produced
327 by oligomerization reactions of short-chain aldehydes but by cyclization of ketones. As
328 collected in Table 2, 2,6-dimethylpyridine was mainly produced from 3,5-heptadien-2-
329 one in the presence of glutamine, although it was also produced by the heating of 6-
330 methyl-5-hepten-2-one in the presence of glutamine. A reaction pathway for the
331 formation of 2,6-dimethylpyridine from 2,4-heptadien-6-one is shown in Figure 4. The
332 reaction can be initiated either by formation of the corresponding imine with ammonia
333 and then cyclization, or by addition of ammonia to the γ,δ carbon-carbon double bond
334 and then the formation of the imine. In any case, a later oxidation of the cyclic
335 intermediate would produce the corresponding 2,6-dimethylpyridine.

336 Analogously to other pyridines, the proposed reaction pathway was tested by
337 carrying out the reaction in the presence of deuterated water. Although Figure 4 only
338 shows one mono-deuterated pyridine, the existence of other poly-deuterated derivatives
339 is also possible because the methyl group can interchange until three protons. In
340 addition, deuteration of aromatic protons at position 3 and 5 can also occur. Thus, when
341 the reaction was carried out in the presence of deuterated water, mono- and di-
342 deuterated 2,6-dimethylpyridines were detected to a high extent. Also, small amounts of
343 tri-deuterated 2,6-dimethylpyridine were also produced.

344 This reaction pathway can also be valid for the formation of 2,6-dimethylpyridine
345 from 6-methyl-5-hepten-2-one, but in this case the formation of the pyridine ring
346 implied the exit of the methyl group at position 6 of the alkyl chain of the ketone. The
347 fate of this methyl group was not investigated.

348 3.6. Lipid oxidation as an origin of 2-alkyl-, 3-alkyl-, 2,5-dialkyl-, and 2,6-
349 dialkylpyridines in foods

350 As described previously, the reactive carbonyls that play a major role in the
351 formation of 2-alkyl-, 3-alkyl-, 2,5-dialkyl-, and 2,6-dialkylpyridines are reactive
352 carbonyls commonly produced in the course of the lipid oxidation pathway. Thus, 2-
353 alkylpyridines are mostly produced by acetaldehyde/crotonaldehyde mixtures or
354 alkadienals; 3-alkylpyridines are mostly produced by mixtures involving acrolein; 2,5-
355 dialkylpyridines are mostly produced by 2-alkenals or mixtures between 2-alkenals and
356 alkanals; and 2,6-dialkylpyridines are produced by cyclization of unsaturated ketones.
357 All of these reactive carbonyls are produced by oxidative degradation of fatty acyl
358 chains. Thus, for example, acrolein is a major oxidation product formed during oil
359 frying (Sordini, Veneziani, Servili, Esposto, Selvaggini, Loreface, & Taticchi, 2019);
360 crotonaldehyde is present in heat-processed edible fats and oils as well as food
361 (Granvogl, 2014); 2,4-alkadienals play a major role in the overall aroma of chicken
362 broth (Feng, Cai, Fu, Zheng, Xiao, & Zhao, 2018); and 6-methyl-5-hepten-2-one has
363 been related to the light-induced off-flavor development in cloudy apple juice
364 (Hashizume, Gordon, & Mottram, 2007). Therefore, lipid oxidation should have been
365 produced in foods where alkylpyridines have been detected. As shown in Table S-1 of
366 the Supporting Information, most of foods where alkylpyridines appeared are
367 susceptible to oxidation. Furthermore, most of these foods are rich in polyunsaturated
368 fatty acids prone to be oxidized. Moreover, pyridines have been suggested as chemical
369 markers for evaluation of the temperature exposure of heated fish powders where ω 3
370 fatty acyl chains can be easily oxidized (Mjøs & Solvang, 2006)

371 To confirm the involvement of lipid oxidation in the formation of alkylpyridines,
372 menhaden oil was heated in the presence of glutamine. The appearance of hexanal in the

373 oil was parallel to the formation of pyridines. Among them, 3-methylpyridine ($34.13 \pm$
374 $6.61 \mu\text{mol}/\text{mmol}$ of amine compound) was the main pyridine detected, most likely
375 because of the high amount of acrolein produced as a consequence of lipid oxidation
376 (Shibata, Uemura, Hosokawa, & Miyashita, 2018). 2-Ethylpyridine (4.34 ± 0.45
377 $\mu\text{mol}/\text{mmol}$ of amine compound) was also detected to a significant extent, most likely
378 because of the formation of 2,4-heptadienal as a consequence of ω 3 fatty acyl chain
379 breakage (Nogueira, Scolaro, Milne, & Castro, 2019).

380 **4. Conclusions**

381 Obtained results have confirmed that pyridines are produced as a consequence of
382 oligomerization of reactive carbonyls in the presence of ammonia. Therefore, the origin
383 (and the structure) of the involved reactive carbonyl will determine the kind of pyridine
384 produced. Thus, acetaldehyde/crotonaldehyde mixtures and alkadienals are mainly
385 responsible for the formation of 2-alkylpyridines; acrolein or alkadienals are needed for
386 the formation of 3-alkylpyridines; 2-alkenals are mostly responsible for the formation of
387 2,5-dialkylpyridines; and unsaturated ketones are responsible for the formation of 2,6-
388 dialkylpyridines. All these carbonyl compounds are produced in the course of lipid
389 oxidation. Therefore, formation of 2-alkyl, 3-alkyl, 2,5-dialkyl, and 2,6-dialkylpyridines
390 seems to be an additional consequence of the lipid oxidation pathway. Because phenolic
391 compounds have been shown to have lipid-derived reactive carbonyl-trapping abilities
392 (Zamora & Hidalgo, 2016), these compounds might be employed to modulate the
393 formation of pyridines in foods.

394 **Conflict of interest**

395 The authors declare no conflicts of interest.

396 **Acknowledgments**

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400 and the Programa Estatal de I+D+I of the Ministerio de Ciencia, Innovación y
401 Universidades of Spain (project RTI2018-096632-B-100).

402

403 **Appendix A. Supplementary data**

404 Supplementary data associated with this article can be found, in the online version, at

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497

498 **Table 1**

499 Pyridines produced by crotonaldehyde oligomerization in the presence of ammonia and
 500 ammonia-producing compounds

ammonia-producing compound	pyridine ($\mu\text{mol}/\text{mmol}$ of amine compound)			
	2-methyl pyridine	3-methyl pyridine	2,5-dimethyl pyridine	5-ethyl-2-methyl pyridine
ammonia	22.89 \pm 7.01 a	1.10 \pm 0.13 a	4.44 \pm 0.96 a,b	463.3 \pm 81.1 a
ammonium chloride	9.56 \pm 1.52 b,c	4.41 \pm 0.98 b	2.04 \pm 0.66 c,d	258.1 \pm 37.4 b
glutamine	14.96 \pm 0.33 c	3.34 \pm 0.66 b	3.66 \pm 0.70 b,d	321.6 \pm 11.9 b,d
creatinine	7.59 \pm 2.34 b,c	1.11 \pm 0.31 a	2.09 \pm 0.39 c,d	119.8 \pm 6.9 c
urea	27.51 \pm 4.10 a	1.82 \pm 0.28 a	5.70 \pm 1.10 a,b	388.9 \pm 59.0 a,d

501 Values are mean \pm standard deviation (SD) for, at least, three independent experiments.

502 Means in the same column with a different letter are significantly different ($p < 0.05$).

503 **Table 2**

504 Pyridines produced by reactive carbonyl oligomerization in the presence of glutamine

Pyridine	RI	Identification	Amount ($\mu\text{mol}/\text{mmol}$ glutamine)	Carbonyl compound or precursor
2-methyl	814	RI, MS, ST	9.93 ± 1.35 a	CROT
			34.07 ± 1.33 b	HxD
			13.90 ± 2.79 a,c	ACET
			16.58 ± 1.04 c	CROT/HxD
			1.55 ± 0.26 d	ACET/ACR
			50.21 ± 1.66 e	ACET/CROT
			2.46 ± 0.59 d	PROP/CROT
			1.59 ± 0.51 d	ACR/Ala
3-methyl	863	RI, MS, ST	17.46 ± 1.47 a	ACR
			12.06 ± 1.40 a,b	HxD
			2.37 ± 0.82 c,d	ACET
			3.56 ± 0.46 c,d	PROP
			0.71 ± 0.08 c,d	Ala
			11.04 ± 3.81 a,b	ACR/CROT
			4.92 ± 1.03 b,d	ACR/PENT
			7.08 ± 1.05 b,d	ACR/HxD
			5.49 ± 1.44 b,d	CROT/HxD
			45.05 ± 0.82 e	ACET/ACR
			1.40 ± 0.04 c,d	ACET/CROT
			67.02 ± 4.18 f	PROP/ACR
			1.70 ± 0.36 c,d	PROP/CROT
30.06 ± 0.65 g	ACR/Ala			
5.23 ± 1.79 b,d	BUT/ACR			
2,6-dimethyl	889	RI, MS, ST	26.93 ± 1.38 a	HDO
			3.48 ± 0.47 b	MHDO
2-ethyl	909	RI, MS, ST	30.95 ± 0.34 a	HpD
			1.85 ± 0.33 b	ACR/HpD
			19.01 ± 0.50 c	CROT/HpD
			8.81 ± 1.54 d	ACE/PENT
2,5-dimethyl	938	RI, MS, ST	8.61 ± 1.43 a	ACET
			0.75 ± 0.04 b	PROP
			5.13 ± 0.56 c	ACR/CROT
			3.66 ± 0.39 d	CROT/HpD
			1.35 ± 0.47 b	ACET/ACR

			7.22 ± 0.31 a	ACET/CROT
			82.82 ± 0.75 e	PROP/CROT
			0.85 ± 0.08 b	ACR/Ala
3-ethyl	965	RI, MS, ST	17.85 ± 0.59 a	HpD
			15.93 ± 4.43 a,b	ACET
			4.89 ± 1.69 c,d	ACR/CROT
			8.60 ± 0.80 c,e	CROT/HpD
			5.91 ± 0.66 c,d	ACET/ACR
			1.92 ± 0.08 d	ACET/CROT
			2.63 ± 0.31 d	ACR/Ala
			10.99 ± 2.05 b,e	BUT/ACR
2-propyl	1003	MS	27.15 ± 1.82 a	OD
			15.61 ± 1.04 b	ACE/HEX
5-ethyl-2-methyl	1034	RI, MS, ST	321.6 ± 11.9 a	CROT
			32.63 ± 1.51 b,c	ACET
			2.55 ± 0.96 d	ACR/CROT
			24.33 ± 2.14 b	CROT/PENT
			63.77 ± 3.05 e	CROT/HxD
			43.58 ± 3.79 c	CROT/HpD
			171.5 ± 12.5 f	ACET/CROT
			33.32 ± 8.76 b,c	PROP/CROT
3-propyl	1060	MS	12.12 ± 1.38	OD
2-butyl	1102	MS	22.42 ± 1.03	ND
2,5-diethyl	1123	MS	19.09 ± 2.13	CROT/PENT
3-butyl	1163	MS	12.18 ± 0.33	ND
2-pentyl	1205	RI, MS, ST	14.68 ± 0.58	DD
2-ethyl-5-propyl	1211	MS	101.9 ± 12.5 a	PENT
			1.83 ± 0.25 b	ACR/PENT
			29.95 ± 8.44 c	CROT/PENT
			1.34 ± 0.06 b	ACR/CROT/ PENT
3-pentyl	1263	MS	8.42 ± 0.53	DD
5-butyl-2-propyl	1398	MS	156.9 ± 18.0 a	HEX
			82.24 ± 10.94 b	ACE/HEX
2-butyl-5-pentyl	1599	MS	257.8 ± 9.3	HEP
5-hexyl-2-pentyl	1806	MS	336.6 ± 43.9	OCT

505 Values are mean \pm standard deviation (SD) for, at least, three independent experiments.
506 For each pyridine, means in the same column with a different letter are significantly
507 different ($p < 0.05$). Methods employed for identification: RI, retention index; MS, mass
508 spectrum; ST, co-elution with a reference compound. Identifications carried out

509 exclusively on the basis of MS should be considered only tentative. Abbreviations:
510 ACET, acetaldehyde; ACR, acrolein; Ala, alanine; BUT, butyraldehyde; CROT,
511 crotonaldehyde; DD, 2,4-decadienal; HDO, 3,5-heptadien-2-one; HEP, 2-heptenal;
512 HEX, 2-hexenal; HpD, 2,4-heptadienal; HxD, 2,4-hexadienal; MHDO, 6-methyl-3,5-
513 heptadien-2-one; ND, 2,4-nonadienal; OCT, 2-octenal; OD, 2,4-octadienal; PENT, 2-
514 pentenal; PROP, propanal.

515

Figure legends

Fig. 1. Proposed pathways for the formation of 2-methylpyridine from crotonaldehyde and its precursors (alanine and acetaldehyde) or from 2,4-hexadienal in the presence of ammonia (or ammonia-producing compounds). When the reaction is carried out in the presence of D₂O, the corresponding di-deuterated pyridine is produced. The stereochemistry of aldimines should be *E*. They have been drawn in the *Z* form to better understand the reaction mechanism.

Fig. 2. Proposed pathway for the formation of 3-methylpyridine from acrolein and propanal. When the reaction is carried out in the presence of D₂O, the corresponding mono-deuterated pyridine is produced. The stereochemistry of aldimines should be *E*. They have been drawn in the *Z* form to better understand the reaction mechanism.

Fig. 3. Proposed pathway for the formation of 2,5-dimethylpyridine from crotonaldehyde and propanal. When the reaction is carried out in the presence of D₂O, the corresponding mono-deuterated pyridine is produced. The stereochemistry of aldimines should be *E*. They have been drawn in the *Z* form to better understand the reaction mechanism.

Fig. 4. Proposed pathway for the formation of 2,6-methylpyridine from 3,5-heptadien-2-one. When the reaction is carried out in the presence of D₂O, several pyridines with different degree of deuteration were produced. In the figure, the mono-deuterated pyridine in one of the methyl groups is shown. Deuteration of positions 3 and 5 of the pyridine ring is also possible as shown in Figures 1–3.

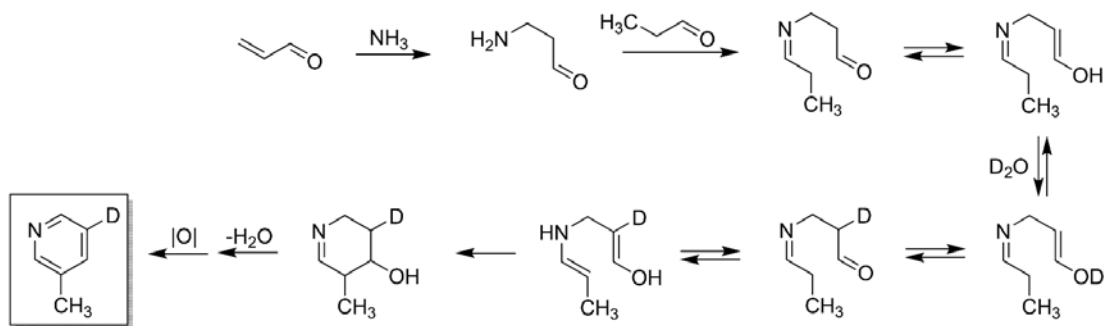


Figure 2

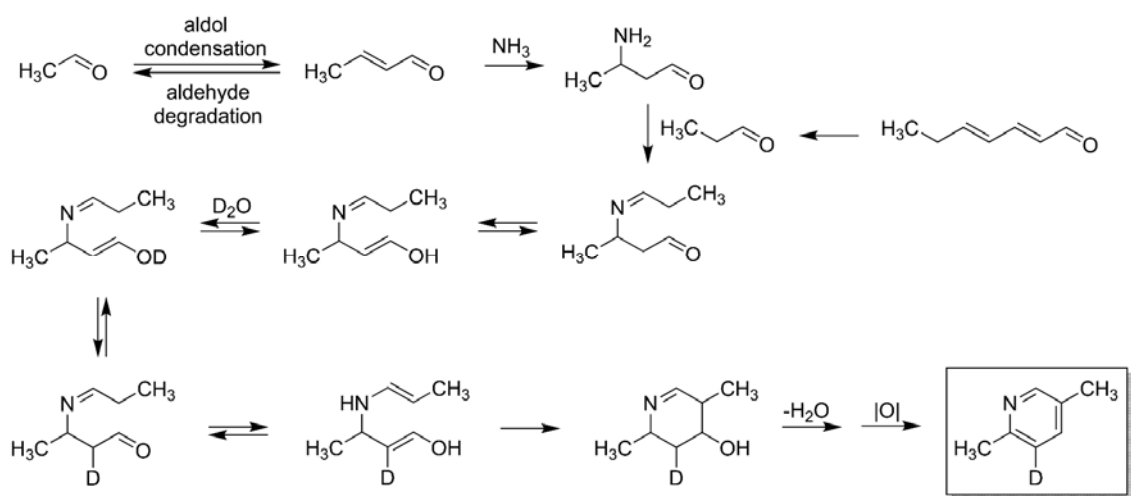


Figure 3

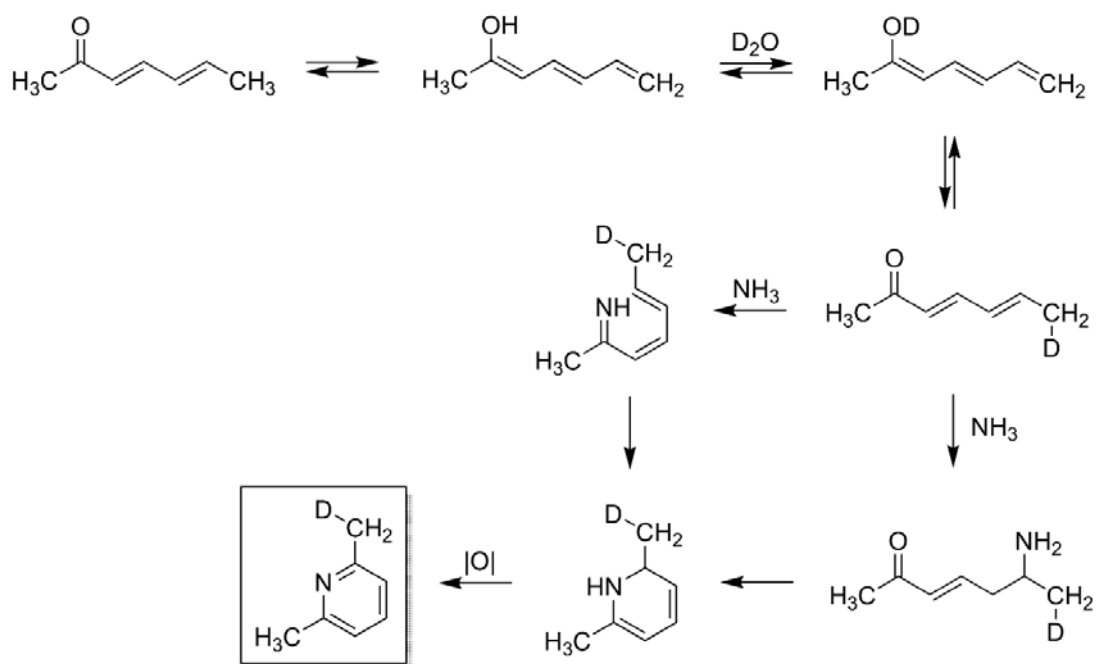


Figure 4

Supporting Information

Oligomerization of reactive carbonyls in the presence of ammonia-producing compounds: A route for the production of pyridines in foods

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Table 1

Pyridines found in foods

Pyridine	Food	References
2-methyl	broiled pork	Biller, Boselli, Obiedzinski, Karpinski, & Waszkiewicz-Robak, 2016
	coffee	Amanpour, & Selli, 2016; Sanz, Maeztu, Zapelena, Bello, & Cid, 2002; Moon & Shibamoto, 2009.
	chocolate	Afoakwa, Paterson, Fowler, & Ryan, 2009.
	goat meat	Madruga, Elmore, Dobson, & Mottram, 2009.
	fish powder	Mjøs & Solvang, 2006.
	scallops	Chung, Yung, & Kim, 2001; Chung, Yung, Ma, & Kim, 2002.
	rice	Cho, Nuijten, Shewfelt, & Kays, 2014.
2-ethyl	fish powder	Mjøs & Solvang, 2006.
	black pepper oil	Clery, Hammond, & Wright, 2006.
2-butyl	black pepper oil	Clery, Hammond, & Wright, 2006.
2-pentyl	roasted peanuts	Wang, Adhikari, & Hung, 2017.
	roasted <i>Pistacia t.</i>	Gogus, Ozel, Kocak, Hamilton, & Lewis, 2011
2-heptyl	black pepper oil	Clery, Hammond, & Wright, 2006.
2-isopropyl	black pepper oil	Clery, Hammond, & Wright, 2006.
2-acetyl	coffee	Amanpour, & Selli, 2016; Sanz, Maeztu, Zapelena, Bello, & Cid, 2002.
	black pepper oil	Clery, Hammond, & Wright, 2006.
3-methyl	coffee	Sanz, Maeztu, Zapelena, Bello, & Cid, 2002.
	fish powder	Mjøs & Solvang, 2006.
	scallops	Chung, Yung, & Kim, 2001; Chung, Yung, Ma, & Kim, 2002.
	roasted hazelnuts	Nicolotti, Cordero, Bicchi, Rubiolo, Sgorbini, & Liberto, 2013.
3-ethyl	coffee	Amanpour, & Selli, 2016
	scallops	Chung, Yung, & Kim, 2001; Chung, Yung, Ma, & Kim, 2002.
	table olives	Sansone-Land, Takeoka, & Shoemaker, 2014.
	fried bacon	Timon, Carrapiso, Jurado, & van de Lagemaat, 2004.
3-ethenyl	table olives	Sansone-Land, Takeoka, & Shoemaker, 2014.
3-hydroxy	Coffee	Amanpour, & Selli, 2016; Moon & Shibamoto, 2009
4-methyl	fried bacon	Timon, Carrapiso, Jurado, & van de Lagemaat, 2004.
	smoked salmon	Varlet, Serot, Cardinal, Knockaert, & Prost, 2007.
2,5-dimethyl	fish powder	Mjøs & Solvang, 2006.
2,5-diethyl	Coffee	Rocha, Maeztu, Barros, Cid, & Coimbra, 2003.
5-ethyl- 2-methyl	fish powder	Mjøs & Solvang, 2006.
	black pepper oil	Clery, Hammond, & Wright, 2006.
	cheese	Qian, & Reineccius, 2002.
2,6-dimethyl	rice	Cho, Nuijten, Shewfelt, & Kays, 2014.
	black pepper oil	Clery, Hammond, & Wright, 2006.
	smoked salmon	Varlet, Serot, Cardinal, Knockaert, & Prost, 2007.
2-ethyl-6-methyl	fish powder	Mjøs & Solvang, 2006.
3,4-dimethyl	roasted bacon	Timon, Carrapiso, Jurado, & van de Lagemaat, 2004.
3-ethyl-4-methyl	table olives	Sansone-Land, Takeoka, & Shoemaker, 2014.
6-methyl-3-hydroxy	Coffee	Moon & Shibamoto, 2009

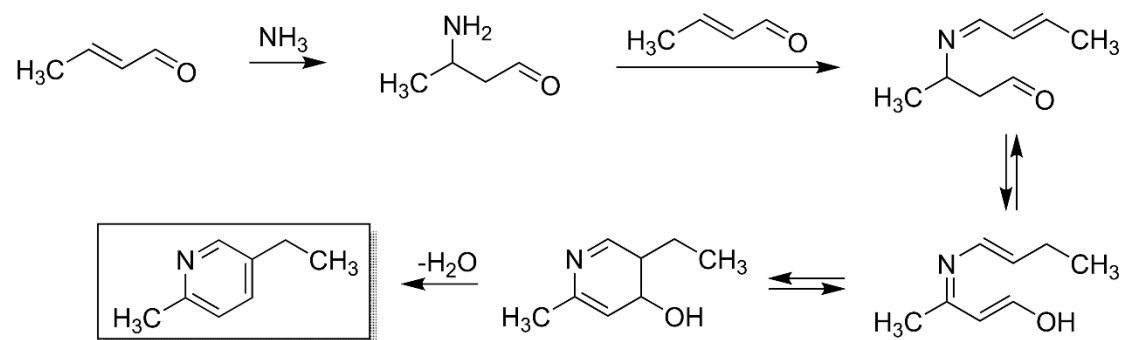


Figure S-1. Proposed pathway for the formation of 5-ethyl-2-methylpyridine by oligomerization of crotonaldehyde in the presence of glutamine. This pathway is also valid for the formation of 2,5-dialkylpyridines from other 2-alkenals, including 2-ethyl-5-propylpyridine, 5-butyl-2-propylpyridine, 2-butyl-5-pentylpyridine, and 5-hexyl-2-pentylpyridine.

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