Unprecedented high catecholamine production causing hair pigmentation after urinary excretion in red deer

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35 Abstract

36 Hormones have not been found in concentrations of orders of magnitude higher than 37 ng/ml. Here we report urine concentrations of a catecholamine (norepinephrine) ranging from 0.05 to 0.5 g/l, and concentrations of its metabolite DL-3,4-dihydroxyphenyl glycol 38 39 (DOPEG) ranging from 1.0 to 44.5 g/l, in wild male red deer Cervus elaphus hispanicus 40 after LC-MS analyses. The dark ventral patch of male red deer, a recently described sexually selected signal, contains high amounts of DOPEG (0.9-266.9 mg/l) stuck in the 41 42 hairs, while DOPEG is not present in non-darkened hair. The formation of this dark patch is explained by the chemical structure of DOPEG, which is a catecholamine-derived o-43 diphenol susceptible to be oxidized by air and form allomelanins, nitrogen-free pigments 44 45 similar to cutaneous melanins; by its high concentration in urine; and by the urine spraying behavior of red deer by which urine is spread through the ventral body area. Accordingly, 46 the size of the dark ventral patch was positively correlated with the concentration of 47 48 DOPEG in urine, which was in turn correlated with DOPEG absorbed in ventral hair. These 49 findings represent catecholamine concentrations about one million higher than those 50 previously reported for any hormone in an organism. This may have favored the evolution 51 of the dark ventral patch of red deer by transferring information on fighting capacity to

rivals and mates. Physiological limits for hormone production in animals are thus
 considerably higher than previously thought. These results also unveil a novel mechanism
 of pigmentation based on the self-application of urine over the fur.

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56 **Keywords** Allomelanins · Catecholamines · Deer · Pigmentation · Urine hormones

57

58 Introduction

59 Hormones are molecules that are secreted into the circulatory system and affect physiology and behavior by binding to specific receptors of cells. This signaling role 60 probably makes that hormones are not produced in large amounts. Although concentration 61 62 in blood differs between hormone classes, no hormone is found in orders of magnitude 63 higher than ng/ml [1-4]. Catecholamines, particularly epinephrine and norepinephrine, are hormones that are secreted by adrenal glands and are involved in the fight-or-flight 64 65 response that prepares the cardiovascular and musculoskeletal systems for challenges 66 that require a rapid response [5] by inducing muscle cell contraction [6]. The order of magnitude of circulatory concentrations of epinephrine and norepinephrine, like other 67 68 hormones, is not higher than ng/ml in mammals [7], the maximum norepinephrine plasma concentration reported in humans being 1.8 ng/ml [8]. 69

70 Catecholamine hormones and their precursor dopamine are *ortho*-diphenols and as 71 such have the potential to produce nitrogen-free dark pigments similar to cutaneous 72 melanins (i.e., allomelanins) if oxidized to o-quinones and polymerized [9]. This hypothetical mechanism of pigmentation, however, has not been explored in any 73 74 organism. The catecholic structure is shared by other acidic (DL-3,4-dihydroxymandelic 75 acid; DHMA) and alcoholic (DL-3,4-dihydroxyphenyl glycol; DOPEG) compounds 76 produced after monoamine oxidases (MAO) catalyze the deamination of norepinephrine to 77 its aldehyde [10]. These o-diphenols are formed after oxidation or reduction in reactions

catalyzed respectively by aldehyde dehydrogenase or aldehyde reductase. These compounds and some of their methoxylated derivatives are then excreted in the urine, thus arising the possibility that urine generates pigmentation (Fig. 1). The reported concentrations of DHMA and DOPEG in urine, although higher than those of their precursor hormones, are still around the order of magnitude of ng/ml in both human [11] and mice [12].

84 Here we investigated a possible catecholamine-based mechanism of pigmentation 85 in wild Iberian male red deer Cervus elaphus hispanicus. During the mating season in 86 which male red deer compete to form harems and maximize the number of copulations, a 87 large and conspicuous dark ventral patch of hair appears associated to a urine spraving 88 behavior in which urine is spread through the ventral body area [13] (Figs. 2-3). 89 Catecholamines and their derived deaminated catechols are the only substances present 90 in the urine with the potential to form dark pigments if oxidized by air after their excretion [9]. We hypothesized that catecholamines in the urine of male red deer are responsible for 91 92 the generation of the dark ventral patch, as this patch is not composed of newly grown hair 93 (i.e., hair pigmentation in the ventral patch is caused by a exogenous agent). This 94 hypothesis implies, however, predicting unusually high concentrations of catechols in the 95 urine of male red deer. Such high concentrations are probably necessary to generate conspicuous pigmentation, as while urinary excretion of catecholamines occurs in all 96 mammals [14], pigmentation caused by urine has never been reported. It may also be 97 98 possible that the hair pigmentation is produced by a repeated application of urine 99 containing lower concentrations of catecholamines or deaminated catechols on the same 100 ventral patch, which should led to high accumulation of those melanin precursors 101 absorbed only in hair.

We thus investigated if the concentration of dopamine, epinephrine, norepinephrine,
 DHMA and DOPEG in urine explains the observed variability in the size of the dark ventral

fur patch among male red deer. We also investigated the composition of catechols in the constituent hair of the dark ventral patch and in non-darkened hair of the lateral part of the body, which served as control.

107

108 Materials and methods

109 Animals

110 In 2016-2017, 33 adult Iberian male red deer were sampled for urine and hair. The 111 animals were harvested in hunts in natural populations of Iberian red deer in southwestern 112 Spain. Three samples were taken in September, seven samples were taken in October, 113 five samples in November, 10 samples in December, five samples in January and three 114 samples in February. In wild red deer, mating tends to synchronize within a period of about 115 one month, which mostly coincides with September in our study area [15]. Thus, it can be 116 considered that the three samples taken in September were within the mating season of 117 red deer.

The age of male red deer was estimated, as in previous studies on this species in our study area [16], by counting cementum growth marks at the interradicular pad under the first molar [17] and checking by eruption patterns in younger animals. Seventeen males had an age of two years, three an age of three years, six an age of four years, two an age of five years, and four an age of six, seven, eight or nine years. One male could not be aged.

Within 1 h after death, 10 ml of urine was extracted directly from the urinary bladder using a syringe, after which 250 µl of 1 M HCl was immediately added. Urine samples were kept at -4 °C in the field, and stored at -80 °C within 4 h of extraction. Twenty hairs from the dark ventral patch (choosing the part with most intense pigmentation) and from brown non-darkened fur of the lateral part of the body (Fig. 2) were cut and stored at -80 °C until analyses. Lastly, the size of the ventral patch was determined by measuring its length with a ruler, from the penis to the end of the dark patch at the breast or the base ofthe neck (Fig. 1).

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133 Analytical methods

Dopamine, norepinephrine, epinephrine, DHMA, DOPEG and heptafluorobutyric acid were purchased from Sigma-Aldrich (St. Louis, MO, USA). These reagents were used as analytes. LC-MS grade methanol was used as mobile phase solvent, and purchased from Fisher Scientific (Loughborough, Leics, UK). Acetic acid/sodium acetate buffer and Triton X-100 were used for hair pigment extractions, and purchased from Sigma-Aldrich. Ultrapure water was obtained from a Milli-Q water instrument from Millipore (Merck KGaA, Darmstadt, Germany).

The stock solutions of all analytes were prepared at 1 mg ml⁻¹ in 0.5% acetic acid 141 142 and stored in absence of light at -20°C, and working standard solutions were prepared at 10 µg ml⁻¹ by appropriate dilution in water and stored at -20°C as well. The urine real 143 144 samples were stored at -80°C. The urine samples utilized for calibration were diluted with 145 water (1:10 v/v). The extraction of pigments from pelage was made by trimming 10 hairs 146 per animal and immersing the fragments in tubes containing 20 mM acetic acid/sodium 147 acetate buffer at pH 5 with 0.08% Triton X-100. The tubes were vigorously mixed, left in 148 orbital shaking for 1 h, then centrifuged and the supernatant was analyzed in HPLC-MS.

149

150 Instrumentation

We used high performance liquid chromatography (HPLC) in combination with quadrupole mass spectrometry (QMS) to quantify dopamine, epinephrine, norepinephrine, DHMA and DOPEG in the urine of wild male red deer. The equipment was a Chromatography System Agilent series 1200 (Waldbronn, Germany) and an Onyx Monolithic C18 (100 × 4.6 mm) column from Phenomenex® (Torrance, CA, USA) was utilized for the chromatographic

separation of the analytes. This system consists of a degasser (Agilent series 1200), a 156 157 liquid chromatographic pump (Agilent series 1200), an autosampler (Agilent series 1200), 158 a temperature-controlled column compartment (Agilent series 1200) and a diode array 159 detector (Agilent, 1260 infinity model). The detector is coupled to a system of data 160 acquisition and processing system (Agilent ChemStation HPLC). Detection was carried out 161 with a UV-Vis diode array detector equipped with a 2 µl flow cell coupled in series to an Agilent 6110 series MS detector (Waldbronn, Germany), equipped with an atmospheric 162 163 pressure ionization source electrospray (API-ES).

164

165 Liquid chromatography-MS

DAD detector was set at a wavelength of 210 nm, and MS detection of analytes was 166 carried out in positive ion mode under the following conditions: 12 I min⁻¹ of drying gas 167 168 flow, drying gas temperature at 300°C, a nebulizer pressure of 35 psi and a capillary 169 voltage of 2500 V. Single ion monitoring (SIM) was used to detect and quantify the target 170 analytes using external calibration. Previously, the analytes were qualitatively determined 171 at full scan mode and matching the retention time and mass spectra with standards. The m/z ions used for identification were: 137 (dopamine), 167 (DL-3,4-dihydroxymandelic 172 acid), 153 (DL-3,4-dihydroxyphenyl glycol), 152 (norepinephrine) and 166 (epinephrine). 173

174 Chromatographic analyses were carried out using a gradient formed by a solvent A consisted of 0.01% heptafluorobutyric acid in water and a solvent B which was formed by 175 176 a 0.01% heptafluorobutyric acid in methanol. The gradient was carried out at a flow-rate of 177 500 µl min⁻¹, starting from 10% B at 0.5 min, 20% B at 3 min, 60% B at 3.5 min, 85% B at 7 min, 90% of B at 8 min and 10% of B over 12 min. Injection volume was 1 µl and the 178 179 column was maintained at a temperature of 25°C. Re-equilibration of the column was done 180 in 20 min after each run. All solvents were filtered through a 0.45 µm nylon membranes 181 before their use.

182 The calibration data and validation parameters for this method are shown in Table 183 1. Calibration curves showed a linear range for catecholamine solutions from 1.0 to 10 µg ml⁻¹. The precision of the method for standard solutions (investigated after analyzing 11 184 185 series of 11 replicates) and the relative standard deviation (RSD) was calculated to be 3.03% at the 5 µg ml⁻¹ concentration of catecholamines. The limits of detection (LOD) and 186 187 quantification (LOQ) were found to be in the ranges 0.288 - 0.307 and 0.782 - 0.923, 188 respectively (Table 1). The developed method provides clear and good advantages in 189 terms of precision, accuracy and linearity in relation to a previously published method for 190 the determination of catecholamines in urine by liquid chromatography [18].

191

192 Statistical analyses

193 The dependency of ventral patch size on urine norepinephrine and DOPEG concentrations 194 was tested by means of general linear models (GLM) that included total body size and age as covariates. As norepinephrine and DOPEG concentrations were highly correlated (see 195 196 Results), a separate GLM's was tested for each response variable. Differences of mean 197 norepinephrine and DOPEG concentrations between mating and non-mating seasons 198 were tested with Student's t-tests. Pearson correlation tests were conducted to analyze 199 correlations between pairs of variables. Variables were log₁₀-transformed to achieve the 200 normality assumption of parametric tests.

201

202 **Results**

We did not find the precursor dopamine in the urine of any of the 33 wild male red deer that were sampled. In contrast, unusually high concentrations of norepinephrine were found in the urine of all animals (mean \pm SE: 0.18 \pm 0.02 g/l; range: 0.05-0.48 g/l; Fig. 4A). In congruence with the known metabolism of catecholamines (Fig. 1), the alcoholic derivative of norepinephrine (DOPEG) was detected in higher concentrations in all animals

208 (mean \pm SE: 8.90 \pm 1.42 g/l; range: 0.91-44.52 g/l; Fig. 4A). The acidic derivative (DHMA), 209 however, was only detected in four animals in considerably lower concentrations than 210 DOPEG (mean \pm SE: 0.15 \pm 0.05 g/l; range: 0.06-0.26 g/l). When the amount of creatinine 211 in urine is considered (mean ± SE: 0.35 ± 0.03 g/l; range: 0.05-1.00 g/l) to express 212 concentrations controlling for the rate of urine production in red deer, the resulting values are even higher (mean \pm SE: norepinephrine: 0.69 \pm 0.16 g/l; DOPEG: 31.92 \pm 8.48 g/l; 213 214 DHMA: 0.80 ± 0.34). The concentrations of norepinephrine and DOPEG in urine were 215 positively correlated (r = 0.56, p = 0.001).

216 The size of the dark ventral patch was highly variable among the 33 male red deer 217 (mean ± SE: 40.8 ± 4.4 cm; range: 5-73 cm; Fig. 2B). A high proportion (72.5 %) of this 218 variability was significantly explained by a GLM that included body length as a covariate to 219 control for the size of animals (age was removed from the model as its effect was not significant: $F_{1,28}$ = 1.99, p = 0.169). In this model, the effect of DOPEG urine concentration 220 221 was significant and positive (regression coefficient = 0.34, $F_{1.30}$ = 5.48, p = 0.026). This 222 indicates a size-independent effect of DOPEG concentration on the size of the dark ventral 223 patch. The positive relationship between urine DOPEG concentration and ventral patch 224 size remained significant when the effect of body size is not considered (r = 0.35, n = 33, p = 0.043) (Fig. 5). In contrast, the effect of norepinephrine urine concentration on ventral 225 patch size was not significant either controlling for body size ($F_{1,30}$ = 3.90, p = 0.057; age 226 227 was also removed from this model as its affect was not significant: $F_{1.28} = 2.38$, p = 0.134) 228 or not controlling for it (r = 0.11, n = 33, p = 0.541).

Three out of 33 male red deer included in this study were sampled within the mating season (September), when, according with a sexual signaling role [13], the dark ventral patch is expected to exhibit its maximum expression level (i.e., largest size). We found that the urine concentration of DOPEG in the three males sampled in the mating season were significantly higher (mean \pm SE: 20.32 \pm 12.38 g/l) than those in the rest of animals sampled outside the mating season (7.75 \pm 0.95 g/l; *t* = 2.80, df = 31, *p* = 0.009). The same was not observed in norepinephrine levels, which did not differ between the three samples in the mating season (0.13 \pm 0.03 g/l) and the others (0.19 \pm 0.02 g/l; *t* = 0.91, df = 31, *p* = 0.367).

Lastly, we found high concentrations of DOPEG stuck in the hairs of the dark ventral patch (mean \pm SE: 58.64 \pm 10.32 mg/l; range: 0.93-266.93 g/l), while only two animals had detectable concentrations of DOPEG (5.88 and 9.84 g/l) in lateral, nondarkened hair (Fig. 4B). The amount of DOPEG extracted from hair was positively correlated with DOPEG concentration in urine (*r* = 0.64, n = 33, *p* < 0.0001).

243

244 **Discussion**

245 The concentrations of norepinephrine and DOPEG that we found in the urine of wild male 246 red deer constitute the highest amounts of a hormone ever found in an organism. These 247 values are one million higher than those previously reported in any hormone, which had 248 never been in orders of magnitude above ng/ml [1-4, 7, 8]. The presence of 249 norepinephrine and the absence of epinephrine in the urine also denotes an unusual 250 physiological system in red deer, as this suggests that these animals do not express 251 significant amounts of phenylethanolamine N-methyltransferase (PNMT), the enzyme that 252 catalyzes the transfer of a methyl group to norepinephrine to convert it to epinephrine (Fig. 253 1) that is assumed to occur in all vertebrates [19]. It can be speculated that this lack of 254 epinephrine synthesis could be related to the unusually high levels of norepinephrine 255 found in red deer, as this may be the only physiological conditions favoring high 256 concentrations of the hormone, although this will have to be investigated by future studies. 257 The excretion of norepinephrine in red deer, however, apparently follows the expected 258 metabolic mechanism in which the reduction to glycol (DOPEG) represents a more 259 favorable pathway than the oxidation to acid (DHMA) [20], despite the opposite having

been assumed in the last three decades (see however ref. 14). The positive correlation between norepinephrine and DOPEG concentrations in urine actually reinforces the norepinephrine-derived nature of DOPEG. These findings suggest that the activity of aldehyde reductase is considerably higher than that of aldehyde dehydrogenase during the metabolism of catecholamines in red deer, as opposed to what seems to occur in human and model animal species [11, 12].

266 The fact that the size of the dark ventral patch was positively correlated with the 267 urine DOPEG concentration but not with the norepinephrine urine concentration supports 268 a urine DOPEG-based origin for the dark ventral patch of male red deer. Moreover, we 269 found an increased DOPEG production during the mating season in red deer, which 270 reinforces the role of DOPEG as responsible for the generation of the dark ventral patch. 271 Further evidence of the causative role of DOPEG in pigmentation was obtained after 272 analyzing hair extractions of red deer, as we found high concentrations of DOPEG stuck in the hairs of the dark ventral patch that were positively correlated with the DOPEG 273 274 concentration in urine.

275 Our findings have two main implications. First, it is expected that the unprecedented 276 high concentration of a hormone (norepinephrine) in male red deer is associated to an 277 unusually tight control of behavior in these animals. The fight-or-flight response that 278 norepinephrine regulates in vertebrates mainly consists in adjusting cell contraction and, as a consequence, muscular activity as a response to environmental challenges that 279 280 require fighting or escaping from a cause of risk such as predators [5, 6]. The change in 281 behavior that occurs during the mating season of red deer, when males shift from 282 exhibiting sociality to behave intensively aggressive toward other males, seems to respond 283 to an increase in testosterone levels as shown by castration experiments [21]. We did not find particularly high levels of norepinephrine in the urine of male red deer during the 284 285 mating season, which suggests that, while the seasonal change in behavior is regulated

286 by testosterone, norepinephrine may regulate a more constitutive (i.e., less labile) 287 characteristic of individual animals. This characteristic may be their intrinsic predisposition 288 to fight, or the permanent vigilance behavior that deer exhibit as because of constant 289 predation risk [22]. As an example of how norepinephrine controls muscular performance, 290 circulating levels of this hormone (but not those of epinephrine) have been observed to 291 peak during combats in human elite wrestlers [23], which is congruent with the apparent 292 absence of epinephrine synthesis in red deer if the hormone also has a role in fighting in 293 the animals. In human wrestlers, norepinephrine effects occur at plasma concentrations in 294 the order of magnitude of ng/l [23], more than one million lower than urine concentrations 295 in male red deer. Thus, irrespectively of the exact behavioral characteristic that 296 norepinephrine regulates in red deer, this might represent the most tightly controlled 297 behavior by a hormone in an animal.

298 On the other hand, our findings unveil a novel mechanism of pigmentation based on 299 the excretion of high amounts of DOPEG in the urine. The o-diphenol structure of DOPEG 300 makes it susceptible to be oxidized and form dark compounds similar to cutaneous 301 melanins [9]. The oxidation of DOPEG likely occurs when the urine of male red deer 302 contacts the air, while the spread of the urine through the ventral fur probably leads to the 303 polymerization of the oxidized intermediates and to the formation of relatively stable 304 pigments after generating complexes with the keratin of hairs. These pigments can thus be categorized into the group of allomelanins, a heterogeneous class of nitrogen-free 305 306 pigments derived from catechols and other polyphenols present in plants and fungi [24]. 307 To date, the dark ventral patch of male red deer is therefore the only animal trait produced 308 by allomelanins.

The DOPEG-mediated formation of the dark ventral patch may also contribute to understand its evolution. Data on volatile compounds also present in the ventral patch hair suggest that this trait acts as a sexual signal in red deer [13]. Our own preliminary

312 analyses actually show that males with larger patches achieve higher mating success (unpublished data). As we found that ventral patch size is indicative of DOPEG levels in 313 314 urine, and DOPEG is a metabolite of norepinephrine, it is likely that patch size can 315 contribute to rival assessment in intrasexual competition and that female red deer may 316 select males with larger patches because this reflects a high fighting capacity or a high 317 ability to escape from predators and thus achieve lifetime fitness. Thus, both components 318 of sexual selection may drive the evolution of the dark ventral patch in males, probably in 319 combination with selection for other male traits such as antler size [25]. Beyond opening 320 the door to exploring these possibilities, this study exemplifies how the study of wild, non-321 model species widen the knowledge on animal physiology [26].

322

323 Ethical standards

324 All experiments were performed in compliance with the relevant laws and institutional 325 guidelines in Spain.

326

327 Conflict interest

- 328 The authors declare that they have no conflict of interest.
- 329

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Table 1. Calibration data and validation parameters obtained for the determination of catecholamines in the urine of red deer.

| Analyte | Linear range (µg ml ⁻¹) | $Y = (A \pm S_A^{c})X + (B \pm S_B^{d})$ | R ² | S _{x/y} ^e | LOD [†] (µg ml ⁻¹) | LOQ ^g (µg ml⁻¹) |
|--------------------|--|--|----------------|-------------------------------|--|-------------------------------|
| DHMA ^a | 1.0-10 | Y = (114571 ± 1595.2)X - (40057.6 ± 9544.6) | 0.9994 | 11722.3 | 0.307 | 0.833 |
| DOPEG ^b | 1.0-10 | Y = (64535.6 ± 995.9)X - (286.7 ± 5959) | 0.9993 | 7318.6 | 0.340 | 0.923 |
| Norepinephrine | 1.0-10 | Y = (1713818.6 ± 23884.5)X - (119729 ± 142908.2) | 0.9994 | 175514.4 | 0.307 | 0.834 |
| Epinephrine | 1.0-10 | Y = (1323143.4 ± 18322.1)X + (389984.7 ± 109627) | 0.9994 | 134639.6 | 0.305 | 0.829 |
| Dopamine | 1.0-10 | Y = (487103.5 ± 6367.6)X - (174575 ± 38099.6) | 0.9995 | 46792.4 | 0.288 | 0.782 |

 ^a: DL-3,4-dihydroxymandelic acid.
 ^b: DL-3,4-dihydroxyphenyl glycol.
 ^c: SD of the slope.
 ^d: SD of intercept.
 ^e: SD of residuals.
 ^f: Limit of detection. 414

^g: Limit of quantification.

424 Legends to figures:

425

426 Fig. 1. Metabolic pathway of catecholamines from precursor dopamir 427 pigmentation after urinary excretion. The enzymes catalyzing the processes 428 in italics. Dopamine, norepinephrine and epinephrine are also degraded 429 derivatives by the action of catechol-O-methyl transferases (COMT), but thes 430 are not shown for simplicity. COMT can also catalyze the conversion c 431 DOPEG to vanillylmandelic acid (VMA) and 3-metoxy-4-hydroxyphenylet 432 (MOPEG), respectively, which are also excluded. The high concentration of I 433 urine of male red deer leads to the production of allomelanins when the u 434 through the hairs, thus producing the dark pigmentation of the ventral pela 435 photograph shows the section of a ventral patch of a wild lberian male i 436 measurement of the length of the patch from penis to neck is exemplified v 437 white arrow.

438

Fig. 2. Images of dark ventral patches in male red deer. A shows a wild lbe deer from Spain exhibiting the dark ventral patch in the field. B shows the section (from penis to base of the neck) of two male red deer that were harve illustrating the variability in the size of the dark patch among males. Photogra Palomo Santana (A) and Eva de la Peña (B).

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Fig. 3. Urine spraying behavior in a wild Iberian male red deer. The image s urine stream is oriented upwards and spreads over the entire belly fro onwards. It can be observed how the area of influence of the urine stream that corresponding to the dark ventral patch. Photograph by Rafael Palomo S 449 **Fig. 4.** Chromatogram traces of catecholamines. The blue curve in **A** corresponds to a 10 mg/l standard solution of dopamine, norepinephrine, epinephrine, DHMA and DOPEG. The red curve corresponds to a 1:100 diluted urine sample from a wild Iberian male red deer. **B** shows results of extracts from hair of the dark ventral patch (black curve) and from lateral undarkened hair (brown curve) of the same male red deer. Peaks in **B** different from that of DOPEG are of unknown origin.

456

457 Fig. 5. Dependency of dark ventral patch size on DOPEG concentration in the urine of458 male red deer. The line is the best-fit line.