

1 **Skeletal muscle lipidomics as a new tool to determine altered lipid homeostasis in**  
2 **fish exposed to urban and industrial wastewaters**

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20

21 **Abstract**

22

23 This work applies ultra-high performance liquid chromatography coupled to high-  
24 resolution mass spectrometry (UPLC-HRMS) to characterize for the first time the  
25 lipidome of the skeletal muscle of two fish species (*Barbus meridionalis*, *Squalius*  
26 *laietanus*) collected in a Mediterranean River affected by urban and industrial  
27 wastewater outflows. The untargeted analysis allowed a clear separation of the lipidome  
28 of fish from polluted and reference sites; phosphatidylcholines (PCs),  
29 phosphatidylethanolamines (PEs) and their lyso and ether-linked forms were among the  
30 distinctive features. The targeted analysis consistently detected a decrease in PC-  
31 plasmalogens (36:4, 36:6, 38:6) and highly unsaturated PCs (36:5, 36:6, 38:6, 40:6,  
32 40:7), and an increase in plasmanyln-PCs (36:5, 38:5), lyso-PCs (16:1, 18:1, 22:4) and  
33 cholesteryl esters (CEs) (16:0, 18:0, 20:4) in fish from polluted sites. These lipid  
34 profiles were indicative of oxidative stress and dysregulation of cholesterol homeostasis  
35 in fish from polluted sites. This methodology represents a promising tool for the  
36 development of novel non-invasive diagnostic methods based on muscle tissue biopsies  
37 to assess the effects of water pollution in wildlife.

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39 *Keywords:* Pollution, fish, lipidomics, LC-MS, XCMS online, targeted, untargeted

40

## 41 INTRODUCTION

42

43 Recent advances on mass spectrometry have allowed the characterization of complex  
44 lipidomes of tissues, cells and biofluids, and have been applied successfully in the  
45 investigation of human diseases and in the development of biomarkers of cancer,  
46 inflammation and neuropathic diseases.<sup>1</sup> However, lipidomic profiling has rarely been  
47 applied to investigate environmental disturbances and the response to environmental  
48 stressors in aquatic organisms, where lipids are involved in many essential biological  
49 functions, including signal transduction, hormonal regulation, energy balance and cell-  
50 signalling.<sup>2,3</sup> Natural factors, including temperature, nutrition, aging, reproduction, but  
51 also exposure to pollutants (e.g. endocrine disrupters) may alter lipid metabolism and,  
52 consequently, lipid composition.<sup>4</sup> Indeed, Grün and Blumberg<sup>5</sup> pointed out at the  
53 existence of some chemicals, termed obesogens, which disregulated lipid metabolism  
54 and promoted adipogenesis in murine preadipocytes. Since then, the obesogenic  
55 properties of tributyltin (TBT), and the ability of phthalates, bisphenol A (BPA) and  
56 BPA analogues, among others, to interfere with lipid metabolism in fish have been  
57 described.<sup>6</sup> However, these studies were performed in captive-reared animals or isolated  
58 tissues and cells exposed to single compounds, while evidences of lipid disruption in  
59 wild organisms exposed to a combination of natural and anthropogenic stressors are still  
60 few.<sup>7</sup>

61 Freshwater scarcity affects two thirds of the world's population, and half a  
62 billion people face severe water shortages throughout the year.<sup>8</sup> Rivers from semi-arid  
63 regions, like many Mediterranean rivers, exemplify this problem by being aquatic  
64 ecosystems with low water flow and often, poor water quality. During the dry seasons,  
65 these rivers receive urban and industrial effluents with a very low dilution factor and

66 experience a significant reduction of water quality.<sup>9</sup> Fish, which are good indicators of  
67 river health, are among the most affected taxa. The decline of riverine fish diversity  
68 throughout the world, and the decrease of native cyprinids in the northeast of Spain in  
69 particular, are examples of this situation.<sup>10</sup> In a previous study, we investigated the  
70 health status of these two cyprinids (*Barbus meridionalis* and *Squalius laietanus*) in a  
71 Mediterranean river (Ripoll River) after a major investment in sewage treatment plants  
72 (STPs) and restoration policies. Although the water quality and ecological state of the  
73 river improved substantially, fish collected in areas affected by STP effluents showed  
74 exposure to metals, alkylphenols and other organic pollutants, along with induction of  
75 liver enzymes, endocrine alterations and genotoxic effects.<sup>9,11</sup> Certainly, urban and  
76 industrial wastewater effluents are a major source of endocrine disruptors in the aquatic  
77 environment; they cause significant alterations of the endocrine system in exposed  
78 organisms and, often reproductive impairment.<sup>12</sup> The endocrine system plays a  
79 fundamental role in the regulation of the metabolism of lipids, carbohydrates and  
80 proteins, and any alteration of the endocrine system can lead to an imbalance of these  
81 hormonally driven processes, including changes in the metabolome and lipidome of the  
82 exposed organisms.<sup>4,6</sup>

83         Thus, here we examine the lipid profile of a small portion of the white skeletal  
84 muscle of two native fish species (*B. meridionalis* and *S. laietanus*) collected along a  
85 highly impacted Mediterranean river by using both, untargeted and targeted lipidomic  
86 approaches. By building on a previous study,<sup>11</sup> our main objective was to investigate if  
87 it is possible to discriminate between the lipidome of fish exposed to STP effluents from  
88 those collected at reference sites and, if so, to discuss the potential that lipidomics has  
89 for environmental wildlife monitoring, through the development of new biomarkers of  
90 fish health status.

91 **MATERIAL AND METHODS**

92

93 **Chemicals.** LC-MS grade water ( $\geq 99\%$ ) and methanol ( $\geq 99\%$ ) were from Merck  
94 (Darmstadt, Germany). Nitrogen (purity  $> 99.999\%$ ) supplied by Air Liquide (Madrid,  
95 Spain) was used for the ESI source. Formic acid was purchased from J.T. Baker®  
96 (Deventer, Netherland) and ammonium formate ( $\geq 99.0\%$ ) was from Sigma Aldrich.  
97 Lipid standards, namely 16:0 D31-18:1 phosphatidylcholine (16:0 D31-18:1 PC), 17:0  
98 lyso-PC (17:0 LPC), 16:0 D31-18:1 phosphatidylethanolamine (16:0 D31-18:1 PE),  
99 16:0 D31-18:1 phosphatidylserine (16:0 D31-18:1 PS), 16:0 D31-18:1 phosphatidic  
100 acid (16:0 D31-18:1 PA), 16:0 D31-18:1 phosphatidylinositol (16:0 D31-18:1 PI), 16:0  
101 D31-18:1 phosphatidylglycerol (16:0 D31-18:1 PG), 1,2,3-17:0 triglyceride (1,2,3-17:0  
102 TG), 1,3-17:0 D5 diglyceride (1,3-17:0 D5 DG) and 17:0 cholesteryl ester (17:0 CE),  
103 were from Avanti Polar Lipids (Alabaster, AL, USA).

104

105 **Sample collection.** Sampling sites were selected following a pollution gradient to  
106 include upstream reference sites (R1, R2, R3), and downstream areas, affected by urban  
107 and industrial wastewater effluents (P1, P2, P3) in the Ripoll River. Two STP, treating  
108 approximately  $30,000 \text{ m}^3 \cdot \text{day}^{-1}$ , are located in P1 and P3 (Figure S1, supplementary  
109 information). The maximum flow of the river is of  $4,800 \text{ m}^3 \cdot \text{day}^{-1}$  in summer. Over the  
110 sampling period (July 2012), STP effluents mainly determined the river flow. Fish (*B.*  
111 *meridionalis* and *S. laietanus*) were sampled with a portable electrofishing unit by  
112 following an international standardized fish sampling method (CEN standards EN  
113 14962 and EN 14011). Immediately after collection, a small piece of the white skeletal  
114 muscle (0.2-0.3 g) was dissected below the dorsal fin, frozen in liquid nitrogen and  
115 stored at  $-80 \text{ }^\circ\text{C}$ .<sup>11</sup>

116

117 **Lipid analysis.** The muscle sample was homogenized and a subsample (20 mg) was  
118 taken per fish; four different individuals were pooled and freeze-dried. Three pools  
119 made of different fish were prepared per sampling site, so that 12 individuals per site  
120 were analyzed. Lipids were extracted (5 mg freeze-dried tissue) with  
121 methanol:chloroform (1:2) containing 0.01% of butylated hydroxytoluene (BHT) in an  
122 ultrasonic bath for 5 min (x2) after the addition of 200 pmol of the internal standard  
123 mix.<sup>13</sup>

124 To identify plasmanyln-PC (PC-O) and plasmalogen-PC (PC-P) isomeric species,  
125 a group of extracts were derivatized right before analysis as described in Lydic et al.<sup>14</sup>  
126 Briefly, a daily-prepared solution of 0.4 mM iodine in chloroform was mixed with 6  
127 mM ammonium bicarbonate in methanol (2:1); 500  $\mu$ L of the resulting mixture were  
128 added to the dry lipid extracts, and incubated for 5 minutes in an ice bath. The extracts  
129 were evaporated under nitrogen and reconstituted in methanol for injection. Under these  
130 conditions, the plasmalogen species containing an alkenyl double bond are hydrolyzed  
131 and only the alkyl forms are detected in the chromatograms of the derivatized samples.

132 Lipid extracts were injected in a ultrahigh performance liquid chromatography  
133 (UHPLC) Waters Acquity UHPLC system fitted with a 100 mm x 2.1 mm id, 1.7  $\mu$ m  
134 C8 Acquity UPLC BEH column (Waters, Ireland), which was coupled to a Waters LCT  
135 Premier XE Time of Flight Mass Spectrometer (Waters, Millford, MA), operated in  
136 positive electrospray ionization mode (ESI+)<sup>15</sup>. Full scan spectra from 200 to 1000 Da  
137 were obtained. Mass accuracy and reproducibility were maintained by using an  
138 independent reference spray via LockSpray. The mass resolving power of the ToF-  
139 HRMS (determined from the  $[M+H]^+$  ion of leucine at  $m/z$  556.2771) was 10,000  
140 FWHM (full width at half maximum). The capillary voltage was 3.0 kV, with a

141 desolvation temperature of 350°C and a desolvation gas flow of 600 L·h<sup>-1</sup>. The mobile  
142 phases were 1 mM ammonium formate in methanol (phase A) and 2 mM ammonium  
143 formate in H<sub>2</sub>O (phase B), both phases with 0.2% of formic acid. The programmed  
144 gradient was: 0 min, 80% A; 3 min, 90% A; 6 min, 90% A; 15 min, 99% A; 19 min,  
145 99% A; 21 min, 80% A held for 2 min. The flow rate was 0.3 mL/min and the injection  
146 volume was 8 µL.

147

148 **Untargeted analysis.** The data was processed with an untargeted approach using the  
149 XCMS online platform to detect the most dysregulated features between samples P and  
150 R. Raw data was converted to mzXML using MSConvert and further analyzed by using  
151 pairwise job on the web interface XCMS. *CentWave* was the algorithm used for feature  
152 detection using 30 ppm as the maximum *m/z* deviation tolerated, and a range of 2 to 25  
153 seconds for the chromatographic peak widths. As prefiltering, mass traces were only  
154 retained if they contained at least 3 peaks with intensities equal or greater than 1000,  
155 with a signal to noise threshold higher than 6. The *obiwarp* algorithm was chosen for  
156 retention time correction. For the alignment of the chromatograms, a deviation of 5  
157 seconds in the retention time was allowed, whilst 0.025 amu was selected as width of  
158 overlapping in *m/z* slices, and 0.5 was the minimum fraction of samples necessary  
159 within a sampling class (P or R) to be valid group.

160

161 **Targeted analysis.** Data was also analysed using suspected targeted screening. A  
162 home-made referential lipid database was built by obtaining theoretical exact masses  
163 using a spectrum simulation tool of MassLynx software and LIPID MAPS online  
164 database, obtaining an inventory of lipids, including PC, PC-O, PC-P, LPC, TG, DG,  
165 CE and, sphingomyelin (SM). Lipids were identified under the criteria of accurate mass

166 measurement (error < 5 ppm) and isotopic distribution. Individual peaks were isolated  
167 from full-scan MS spectra and a list of candidates for that specific exact mass was  
168 generated by formula determination tool (Micromass MassLynx software).  
169 Quantification was carried out using the corresponding extracted ion chromatograms;  
170 the linear dynamic range was determined by injection of standard mixtures. Lipid  
171 species belonging to a specific lipid subclass were referred to different internal  
172 standards. Thus, TGs were referred to 1,2,3-17:0 TG; DGs to 1,3-17:0 D5 DG; PCs,  
173 PC-Os, PC-Ps and SMs to 16:0 D31-18:1 PC; CEs to 17:0 CE; and LPCs to 17:0 LPC.  
174 Repeatability expressed as intra-day relative standard deviation (RSD) calculated for all  
175 lipid standards relative abundance in the samples, was lower than 30% in all cases (TG:  
176 26%, DG: 21%, PC: 13%, LPC: 12%).

177

178 **Statistical analysis.** A multivariate statistical analysis was performed using the XCMS  
179 online platform<sup>16</sup> to study whether the muscle of fish from polluted sites presented a  
180 differential signature in their lipid profile. A principal component analysis (PCA) was  
181 firstly performed, followed by the generation of a heatmap to show up/down regulation  
182 of the detected features. Finally, a cloud plot that shows data characteristics such as  
183 retention time, mass-to-charge ratio, signal intensity of features, fold change and *p*-  
184 value (Welch *t* test), was used to visualize the ion features causing the group  
185 segregation. For the targeted analysis, multivariate and univariate approaches were  
186 applied using the online software Metaboanalyst 4.0.<sup>17</sup> Data was normalized by sum and  
187 autoscaled. First, unsupervised principal component analysis (PCA) of the dataset was  
188 performed to explore differences of the lipid profiles between reference and polluted  
189 sampling sites. After, partial least square-discriminant analysis (PLS-DA) was  
190 performed in order to obtain the maximum segregation between lipid profiles of fish

191 collected in the different stations. Heatmap cluster analysis for the lipids of interest  
192 (variables important in projection (VIPs) > 1.0) was used to arrange lipids according to  
193 similarity and to retain the more contrasting variables. Finally, volcano plots were  
194 applied to visualize the significance and the magnitude of the changes detected in the  
195 lipidome of fish from P and R sites (fold change  $\geq 1.5/2.0$ ;  $p < 0.05$ , Student *t*-test).

196

197

## 198 **RESULTS AND DISCUSSION**

199

200 **Differential exposure.** Size, weight and condition factor of the sampled individuals of  
201 *B. meridionalis* and *S. laietanus* are summarized in Table S1 (Supporting Information,  
202 SI). Water parameters (dissolved oxygen, temperature) were consistent across all the  
203 sampling sites; although, higher conductivity was detected in P sites.<sup>11</sup> Biliary levels of  
204 organic pollutants (viz. naphthol, galaxolide, alkylphenols) and induction of the hepatic  
205 CYP1A and CYP3A catalysed activities were detected in *B. meridionalis* and *S.*  
206 *laietanus* collected downstream of STPs, indicating significant exposure to urban and  
207 industrial pollutants together with metabolic and endocrine alterations, and a differential  
208 exposure pattern in fish from P and R sites (Table S2, SI).

209 **Untargeted analysis.** The pre-processing of chromatograms of *B. meridionalis* and *S.*  
210 *laietanus* lipid extracts using XCMS online platform reported the detection of 659 and  
211 641 features, respectively. PCA scores plot explained up to 39 and 41% of the variance,  
212 with good segregation of polluted and reference site samples (Figure 1A-B). Some  
213 features clearly differentiated samples from R and P sites, indicating a specific  
214 lipidomic signature in the muscle of fish collected in those areas. The cloud plot  
215 highlighted 117 (*B. meridionalis*) and 104 (*S. laietanus*) features that were significantly  
216 different among the groups (fold change  $\geq 1.5$ ;  $p$ -value  $\leq 0.01$ ) (Figure 2). The major  
217 part of altered features were found between 3 and 12 minutes, area of the chromatogram  
218 where phospholipids and lyso-phospholipids are eluted For retention times between 14  
219 and 20 minutes (region of the chromatogram where TGs, DGs and CEs elute), the  
220 number of dysregulated features was comparatively low. Some up-regulated features  
221 were detected in *B. meridionalis* (Fig. 2A), while no features were observed in this  
222 region for *S. laietanus* (Fig. 2B). This may indicate a low sensitivity of the XCMS  
223 platform for sterol lipids and triglycerides (low intensity ions), but also no significant  
224 alteration of these lipid subclasses, particularly in *S. laietanus*.

225 For further filtering of the selected features, only the lipids formed by fatty  
226 acids with an even number of carbons and the most probable adducts formed during  
227 ionization ( $[M+H]^+$ ,  $[M+NH_4]^+$ ), detected after analysis of the internal standards, were  
228 kept. The tentative identification of the different dysregulated features indicated PCs,  
229 PEs, PIs, PSs, PAs, PGs, CEs, SM, Cer (ceramides) and ether and lyso forms of the  
230 mentioned phospholipids, as the compounds that allowed a significant differentiation of  
231 the skeletal muscle lipidome of fish from P and R sites (Excel,SI).

232

233 **Targeted analysis.** Individual lipid species unresolved in the total ion chromatogram  
234 were successfully isolated when selecting their exact masses. PC, PC-O, PC-P and SM  
235 were the first lipid subclasses to elute and appeared in the initial 10 min span of the  
236 chromatogram. These lipids were totally resolved from DG, TG and CE which eluted in  
237 the subsequent 15-20 min. TG, DG and CE were mainly detected as ammonium adducts  
238  $[M+NH_4]^+$ , whereas the rest of lipids were identified in the protonated form,  $[M+H]^+$ .  
239 About 119 lipids, including PC, PC-O, PC-P, LPC, CE, TG, DG and, SM were  
240 identified under the criteria of molecular formula, accurate mass with an error < 5 ppm,  
241 retention time and isotopic distribution (Table S3 SI). Quantitative analysis of the  
242 detected lipids evidenced that the most abundant lipids in muscle tissue of *B.*  
243 *meridionalis* from R sites were PCs representing 49% of the lipids analyzed, with PC  
244 34:1, 36:5, 38:6 as the most abundant species. LPCs represented 22% of the lipids  
245 analyzed, being LPC 20:5 almost half of the LPCs content. TGs were the third more  
246 abundant group (18%) being TG 50:2 the most abundant species.

247 Likewise, PCs were the most abundant lipids in *S. laietanus* from R sites  
248 representing 39% of the lipids analyzed; the most abundant PC species were similar to  
249 those reported for *B. meridionalis*. TGs were also very abundant (31% of lipids  
250 analyzed), particularly TGs 52:2, 50:2, 52:3 and 50:1; followed by LPCs (20%), being  
251 LPC 20:5 and 18:1 the predominant ones. The rest of lipid subclasses represented less  
252 than 5% of lipids analyzed in both species (SI Table S3).

253 The PCA score plot of the lipidomic profile of *B. meridionalis* collected in the  
254 different sampling sites, resulted in a model with 3 principal components, which  
255 explained 70% of the variance (SI, Figure S2A). The plot displayed a good separation  
256 between P and R sites by PC2, demonstrating the significant changes of lipids  
257 depending on the sampling site. Partial least squares-discriminant analysis (PLS-DA) of

258 *B. meridionalis* lipidome explained 47% of the covariance ( $R^2$ : 0.89,  $Q^2$ : 0.79) within  
259 sampling sites (Figure 3A). The scores plot differentiated P sites, with no evident  
260 segregation among them, from R sites. Within R sites, only R3, the most upstream  
261 station, was completely resolved. From the PLS-DA, 50 VIP scores  $> 1.0$  were  
262 generated. Among the up-regulated variables in P sites, PC-Os (30:0, 32:0/1, 34:1, 36:5,  
263 38:5/6), some saturated and poorly unsaturated PCs (32:0-1, 34:0/2/3, 38:0/2, 36:1), and  
264 CEs (16/18:0) were found, while a decrease of LPC 20:5, PC-P 34:1 and PC 36:6 was  
265 detected. The heatmap cluster analysis based on the selection of VIPs  $> 1.0$ , grouped  
266 reference and polluted sites separately, despite no clear clustering within the polluted  
267 stations (Figure 4A). High levels of unsaturated TGs were observed in the lipidome of  
268 *B. meridionalis* from R3, while LPCs 20:4,5, PC 36:6 and SM 24:2 were accumulated  
269 in all reference sites.

270 Similarly, PCA score plot explained 71% of the variance with 3 principal  
271 components and showed a segregation of the lipid profile of *S. laietanus* with sampling  
272 sites (SI, Figure S2B). P sites were located in the upper quadrant of PC2 while most of  
273 the R samples were located in the lower quadrant. PLS-DA explained up to 54% of the  
274 covariance ( $R^2$ : 0.89,  $Q^2$ : 0.60) (Figure 3B) for *S. laietanus*. It showed a segregation  
275 between P and R sites, although P sites were not resolved between them, while for R  
276 sites, only R1 was successfully segregated from R2 and R3. R1 corresponds to the  
277 reference site located closer to P sites along the river, being the closest to polluted sites  
278 in the PLS-DA. 41 VIP scores  $> 1.0$  were generated from PLS-DA, evidencing high  
279 levels of PC 30:0, LPCs with low number of double bonds (16:1, 18:1/2, 20:1/2), PC-Os  
280 (30:0, 32:1, 34:1, 36:1/5, 38:5), and a decrease of SM 16:1 and unsaturated PCs (34:3,  
281 36:4/5/6, 38:5/6, 40:5) in P stations. The heatmap cluster analysis allowed a clear

282 observation of the dysregulated lipids; most samples were grouped into two  
283 differentiated clusters corresponding to R and P sites.

284         Since for both fish species, the cluster analysis arranged separately polluted and  
285 reference areas, P and R sites were grouped for further analysis with a volcano plot  
286 (Figure 5). When setting a fold change  $\geq 2.0$  and  $p$ -value  $< 0.05$ , the lipidome of *B.*  
287 *meridionalis* from P sites was characterized by low levels of PC 40:5 and PC-P 36:2/4,  
288 and an accumulation of PC-O 32:0, 36:5, 38:5, LPC 18:2, 20:2, CE 18:0/2, 20:4 and PC  
289 34:0, 36:3. When a lower fold change was set (fold change  $\geq 1.5$ ), the lipid subclasses  
290 suffering dysregulation did not vary, but increased the number of lipid species.

291         In contrast, very few lipids showed a fold-change  $> 2.0$  ( $p$ -value  $< 0.05$ ) when  
292 comparing the lipidome of *S. laietanus* from P and R sites. Mainly, an accumulation of  
293 LPC 20:1/2, 22:4 and a reduction of PC 36:6 was observed in P sites. In order to  
294 observe the more subtle lipid changes, the fold change was set to  $\geq 1.5$ , an increment of  
295 the number of LPC species up-regulated was detected, together with an increase of PC-  
296 Os 32:0/1, 34:1, CEs 20:1/4 and TG 50:0, and a concomitant decrease of highly  
297 unsaturated PCs, DGs (34:3, 36:4/5) and SM 16:1.

298         The combined application of the untargeted and targeted approach to investigate  
299 the lipidome of the skeletal muscle of *B. meridionalis* and *S. laietanus* provided  
300 complementary information. The untargeted strategy evidenced a clear segregation of  
301 the lipidome of fish inhabiting areas impacted by wastewater effluents in comparison to  
302 individuals sampled at reference sites. Some of the down-regulated features were  
303 putatively identified as long chain highly unsaturated fatty acid phospholipids, whilst a  
304 number of features exhibiting up-regulation were identified as saturated or poorly  
305 unsaturated phospholipids (from one to four double bounds) (SI Excel). An alteration on  
306 the composition of the lipids conforming the cellular membranes can have harmful

307 consequences, since polyunsaturated phospholipids confer higher melting point and  
308 fluidity to the membranes than saturated phospholipids, altering their structure and  
309 functionality.<sup>18</sup> The targeted analysis confirmed a decrease of PCs with a high number  
310 of double bonds (5-9) in individuals collected in P sites; this decrease was more evident  
311 for *S. laietanus*. Reactive oxygen species (ROS), generated as subproducts of normal  
312 metabolism, increased after exposure to different xenobiotics, as pharmaceuticals,  
313 personal care products, and other contaminants often detected in wastewater treatment  
314 plant effluents, and induced oxidative stress in fish.<sup>19,20</sup> In our study, 100 to 1000-fold  
315 higher levels of 2-naphthol, galaxolide and alkylphenols were detected in fish collected  
316 in P sites in comparison to R sites (Table S2, SI). Thus, we hypothesize that a greater  
317 exposure to pollutants (urban/industrial origin) may lead to increased generation of ROS  
318 and consequently, a higher oxidation of phospholipids containing PUFAs, which are the  
319 most susceptible to peroxidation and ROS attack.<sup>21</sup> This hypothesis is further supported  
320 by previous results observed in-vitro, where a general depletion of polyunsaturated  
321 lipids, namely PCs (36:5, 38:5, 38:6), PC-Ps and PEs/PE-Ps were detected both, in  
322 PLHC-1 and JEG-3 cells exposed to compounds that significantly induced the  
323 generation of ROS.<sup>22</sup> However, other hypothesis like the reduced biosynthesis of highly  
324 unsaturated lipids in fish from polluted sites cannot be discarded.

325         Despite the comparatively lower exposure to xenobiotics of *Squalius laietanus*,<sup>11</sup>  
326 the decrease of highly unsaturated PCs (36:5,6; 38:5,6; 40:5) was more significant than  
327 in *B. mediterraneus* (PC 40:5). Interestingly, levels of PC-Ps were up to one order of  
328 magnitude higher in *B. meridionalis* than in *S. laietanus* (Fig. 6). Plasmalogens act as  
329 endogenous antioxidants because the vinyl-ether bond at the sn-1 position of the  
330 glycerol moiety makes them more susceptible to oxidative attack than other  
331 phospholipids.<sup>23</sup> Thus, plasmalogens function as scavengers by protecting other

332 phospholipids from oxidation,<sup>24</sup> and a deficiency of plasmalogens has been associated  
333 with increased lipid oxidation and an imbalance of the major lipid signaling pathways.<sup>23</sup>  
334 In consequence, the lower content of PC-Ps of *S. laietanus* would led to a higher  
335 susceptibility to oxidative stress and a comparatively higher depletion of highly  
336 unsaturated PCs in polluted sites.

337         Linked to the decrease of highly unsaturated PCs, a significant increase of LPCs  
338 was detected in the skeletal muscle of *S. laietanus*. Although no previous data has been  
339 obtained in fish, increased levels of LPCs are indicative of (a) increased hydrolysis of  
340 PCs by phospholipases in different vertebrate models<sup>25,26</sup>, and/or (b) increased activity  
341 of the enzyme lecithin:cholesterol acyltransferase, which catalyzes the transfer of the  
342 fatty acid of position sn-2 of phosphatidylcholine to free cholesterol, with formation of  
343 cholesterol esters and lysophosphatidylcholine.<sup>27</sup> Accordingly to these hypothesis,  
344 another characteristic feature of the fish collected at P sites was the enrichment of the  
345 skeletal muscle lipidome in cholesteryl esters. Cholesterol regulates cell membrane  
346 properties by maintaining sphingolipids rafts in a functional state, and it is a  
347 biosynthetic precursor of steroid hormones; therefore, levels of free cholesterol are  
348 tightly regulated through esterification and accumulation in cytosolic lipid droplets.<sup>28</sup>  
349 Exposure to metabolic disrupting compounds, including bisphenol A, phthalates and  
350 perfluoroalkyl substances, significantly altered cholesterol homeostasis in fish. Thus,  
351 bisphenol A upregulated mRNA expression of genes related to cholesterol metabolism,  
352 including acyl-coenzyme A cholesterol acyltransferase, in marine medaka and zebra  
353 fish.<sup>29,30</sup> Phthalates and flame retardants increased the concentration of total cholesterol  
354 and triglycerides in gilthead sea bream hepatocytes.<sup>31</sup> Similarly, transcripts involved in  
355 cholesterol metabolism and mitochondrial function were altered in fathead minnows  
356 exposed to perfluoro alkyl substances,<sup>32</sup> and exposure to perfluorononanoic acid

357 increased cholesterol levels in the liver of zebra fish.<sup>33</sup> Also, tributyltin induced lipid  
358 accumulation and an increase in total cholesterol and triglycerides in muscle of rare  
359 minnows.<sup>34</sup> Accordingly to these observations, the muscle lipidome of *B. meridionalis*  
360 and *S. laietanus* collected in sites affected by urban and industrial wastewater outflows,  
361 was enriched in CEs. This increment of CEs is often accompanied by an induction of  
362 the synthesis of TGs.<sup>30,31</sup> However, in fish, adipose tissue is located in the intra-  
363 abdominal region, and not widely distributed through the body as in mammals,<sup>6</sup> thus, no  
364 significant enrichment of TGs was observed in the skeletal muscle of fish collected in P  
365 sites.

366         Additionally, the muscle lipidome of both, *B. meridionalis* and *S. laietanus*  
367 collected in polluted areas was enriched in PC-Os. PC-Os and PC-Ps are isobaric  
368 species but, while the function of the latter has been widely described, the functional  
369 role of PC-Os is not well understood. Increased levels of PC-Os have been reported in  
370 human tumor tissues<sup>35</sup> While the accumulation of PC-O selected species was present in  
371 the lipidome of both fish species from polluted sites, the increment was greater for *B.*  
372 *meridionalis*.

373         Overall, the number of significantly altered lipids highlighted by the volcano  
374 plots was higher for *B. meridionalis* than *S. laietanus*, suggesting a higher sensitivity of  
375 the former to endocrine and metabolic disrupters. This tendency was confirmed by the  
376 untargeted analysis, where a greater number of up-regulated features in P sites were  
377 obtained for *B. meridionalis*, and it is in agreement with our previous study<sup>11</sup>, where *B.*  
378 *meridionalis* showed higher exposure to pollutants and higher sensitivity to estrogenic  
379 exposure than *S. laietanus*, an omnivorous water-column dweller, with greater  
380 resistance and adaptability to water pollution.<sup>36</sup>

381           Although the magnitude of the lipid changes was different for the two species  
382 examined, the fish collected at P sites showed some common alterations, which could  
383 be further investigated as potential biomarkers of exposure/impact of urban and  
384 industrial discharges, namely an enrichment in PC-Os, CEs and LPCs and a depletion of  
385 highly polyunsaturated PCs. Overall, this study demonstrates the potential of lipidomics  
386 approaches in toxicology and risk assessment studies to provide a specific signature of  
387 the impact of contaminants (e.g. oxidative stress, inflammation, metabolic disturbance).  
388 In addition, the applied methodology represents a promising tool for the development  
389 of novel non-invasive monitoring methods based on muscle tissue biopsies.

390

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392

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- 511

512 Figure 1. PCA scores plot of the skeletal muscle lipid extracts of A) *B. meridionalis* and  
513 B) *S. laietanus* obtained with XCMS online platform after pairwise analysis comparing  
514 polluted and reference sites.

515

516 Figure 2. Cloud plot for A) *B. meridionalis* and B) *S. laietanus* displaying the  
517 dysregulated features ( $p \leq 0.01$ , fold change  $\geq 1.5$ ) in the skeletal muscle of fish from  
518 polluted sites compared to reference sites. X axis represent retention time (min) while  
519  $m/z$  is displayed in the Y axis. Up-regulated features in polluted samples are shown in  
520 green, down-regulated features in red. The size of the circles corresponds to the log-fold  
521 change of that feature, while the shade of color is proportional to changes in  $p$  value  
522 (high contrast colors belong to lowest  $p$  and vice-versa). Obtained using XCMS online  
523 platform (pairwise analysis).

524

525 Figure 3. PLS-DA scores plot and first 25 highest ranked VIPs  $> 1.0$  for A) *B.*  
526 *meridionalis* and B) *S. laietanus* muscle lipidome comparing polluted sites (P1, P2, P3)  
527 from reference sites (R1, R2, R3).

528

529 Figure 4. Heatmap cluster analysis of the lipidome of A) *B. meridionalis* and B) *S.*  
530 *laietanus* from polluted sites (P1, P2, P3) vs. reference sites (R1, R2, R3). The color of  
531 each section is proportional to the significance of the lipid change (red, increased levels;  
532 green, decreased levels).

533

534 Figure 5. Volcano plots showing lipid significant differences between the lipidome of  
535 A) *B. meridionalis* and B) *S. laietanus* from P sites vs. R sites with a fold change  $\geq 2.0$   
536 and 1.5, and  $p < 0.05$   $t$ -test. Significantly altered lipids are coloured in red.

537

538 Figure 6. Boxplot of lipids selected as potential biomarkers of urban and industrial  
539 pollutants exposure for *B. meridionalis* and *S. laietanus* showing levels in reference and  
540 polluted sites. The box extends from 25th to 75th percentile; the horizontal bar within  
541 box is the median, whiskers represent 5-95th percentiles. \*Significantly altered lipids ( $p$   
542  $< 0.05$ ).

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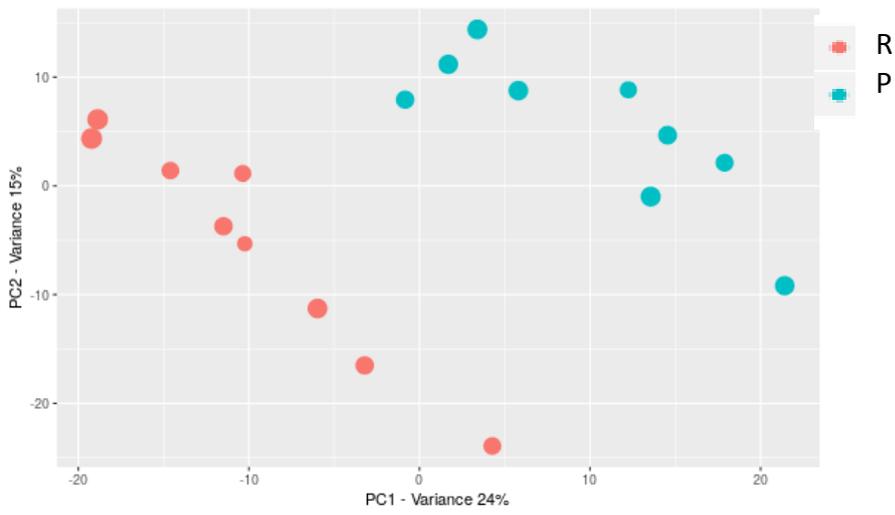
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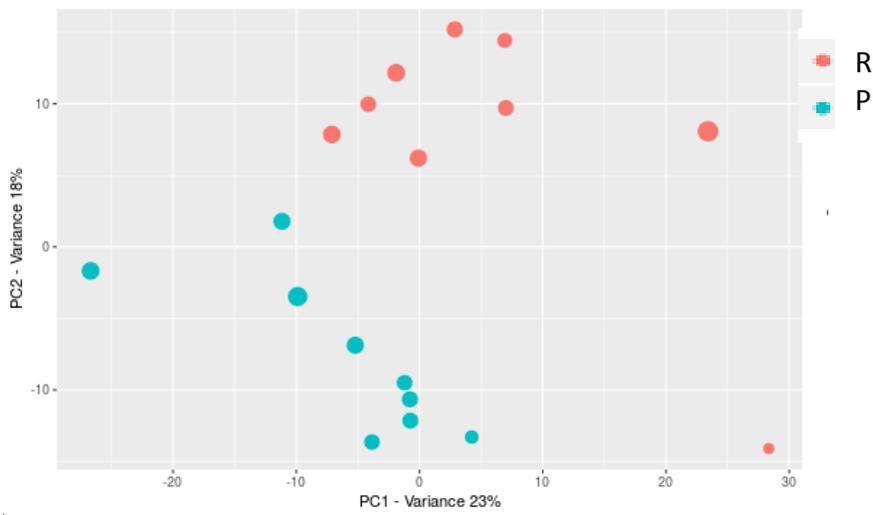
548 Figure 1.

549 A)



550

551 B)



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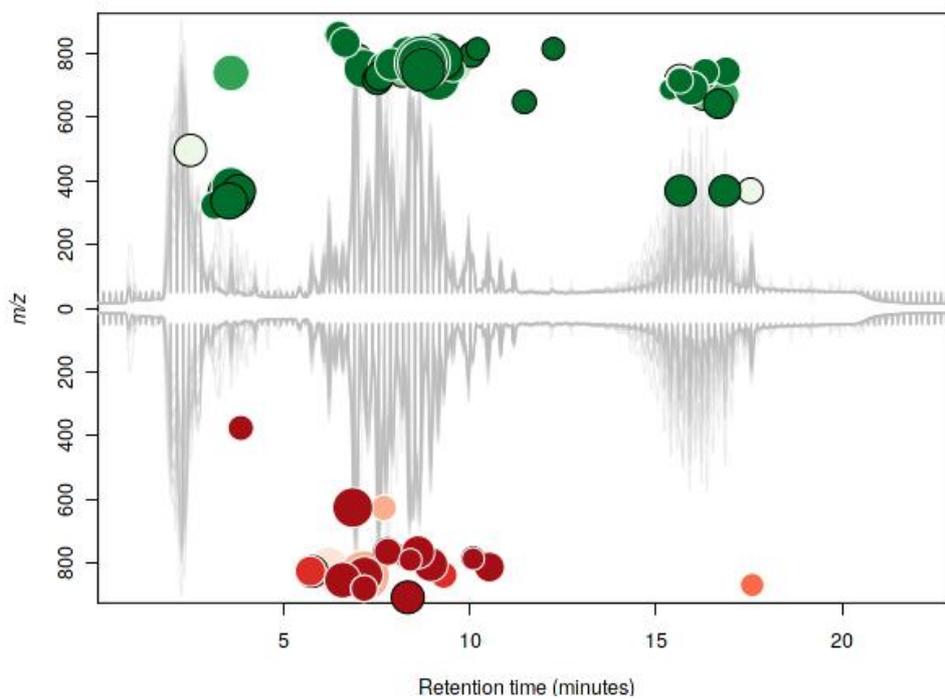
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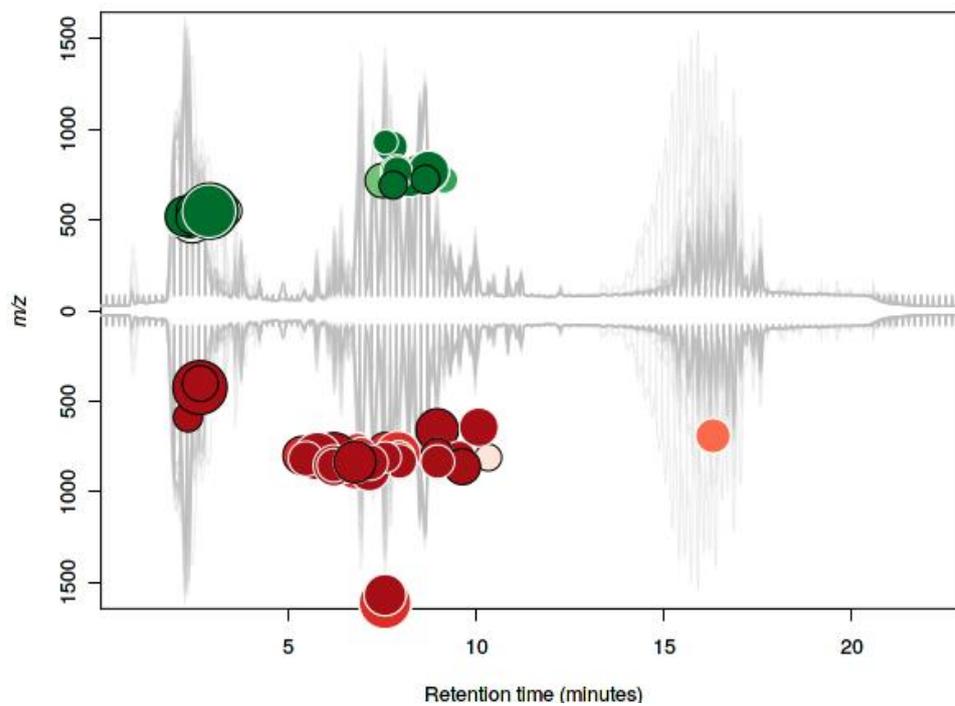
556 Figure 2.

557 A)



558

559 B)

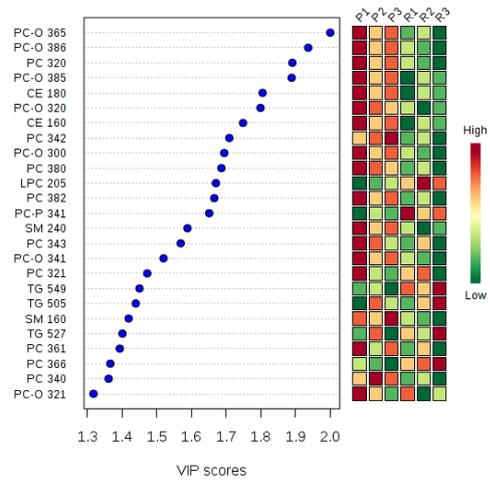
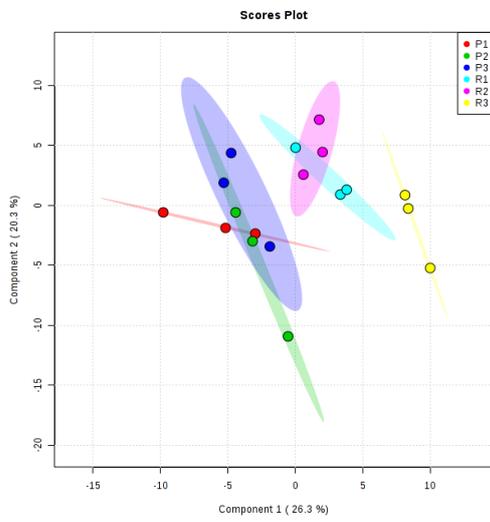


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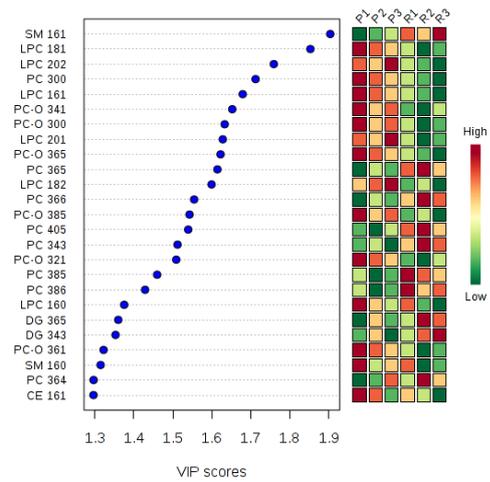
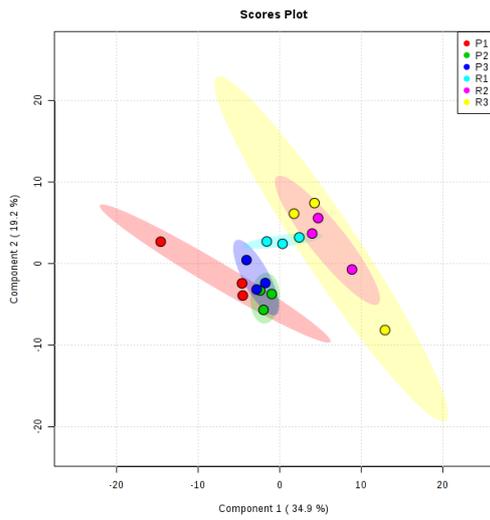
562 Figure 3.

563 A)



564

565 B)



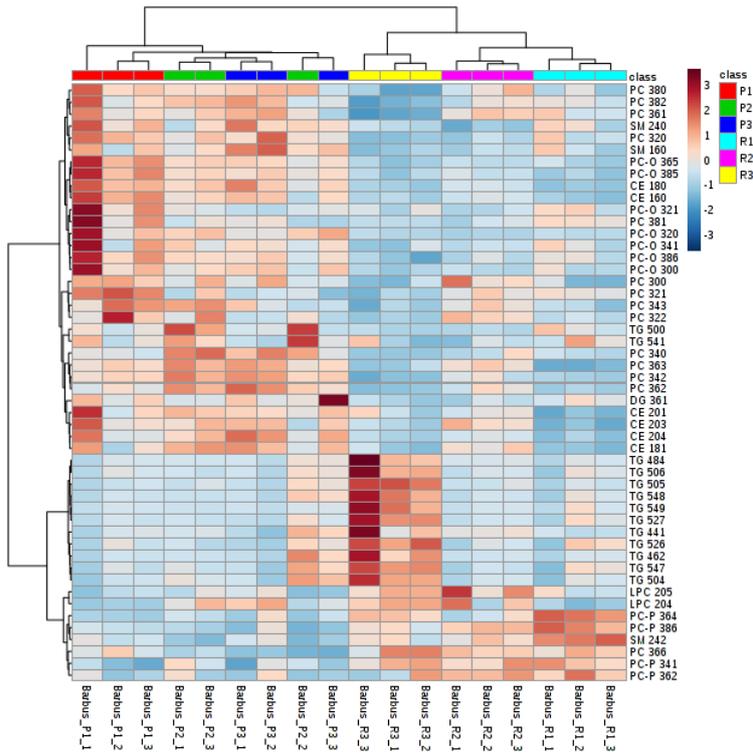
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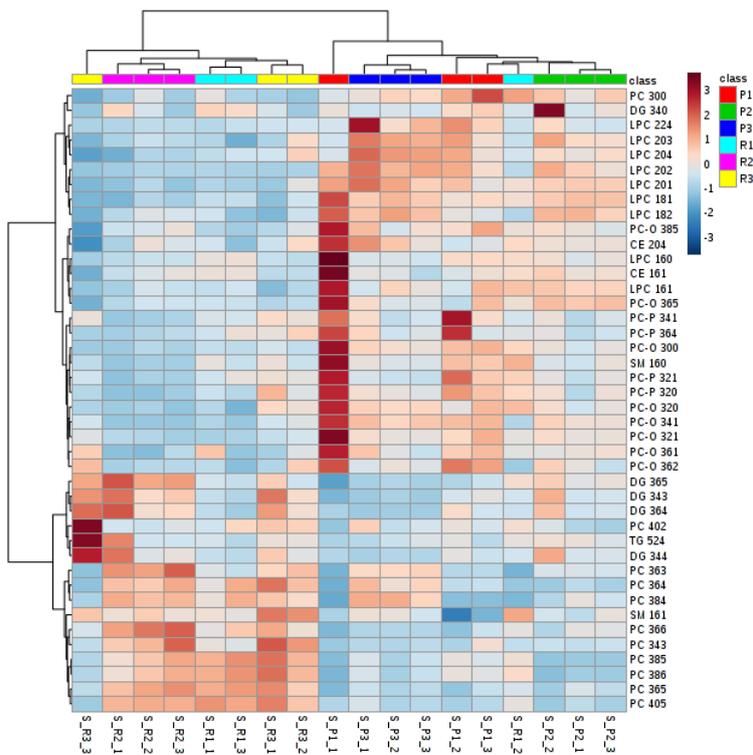
569 Figure 4.

570 A)



571

572 B)

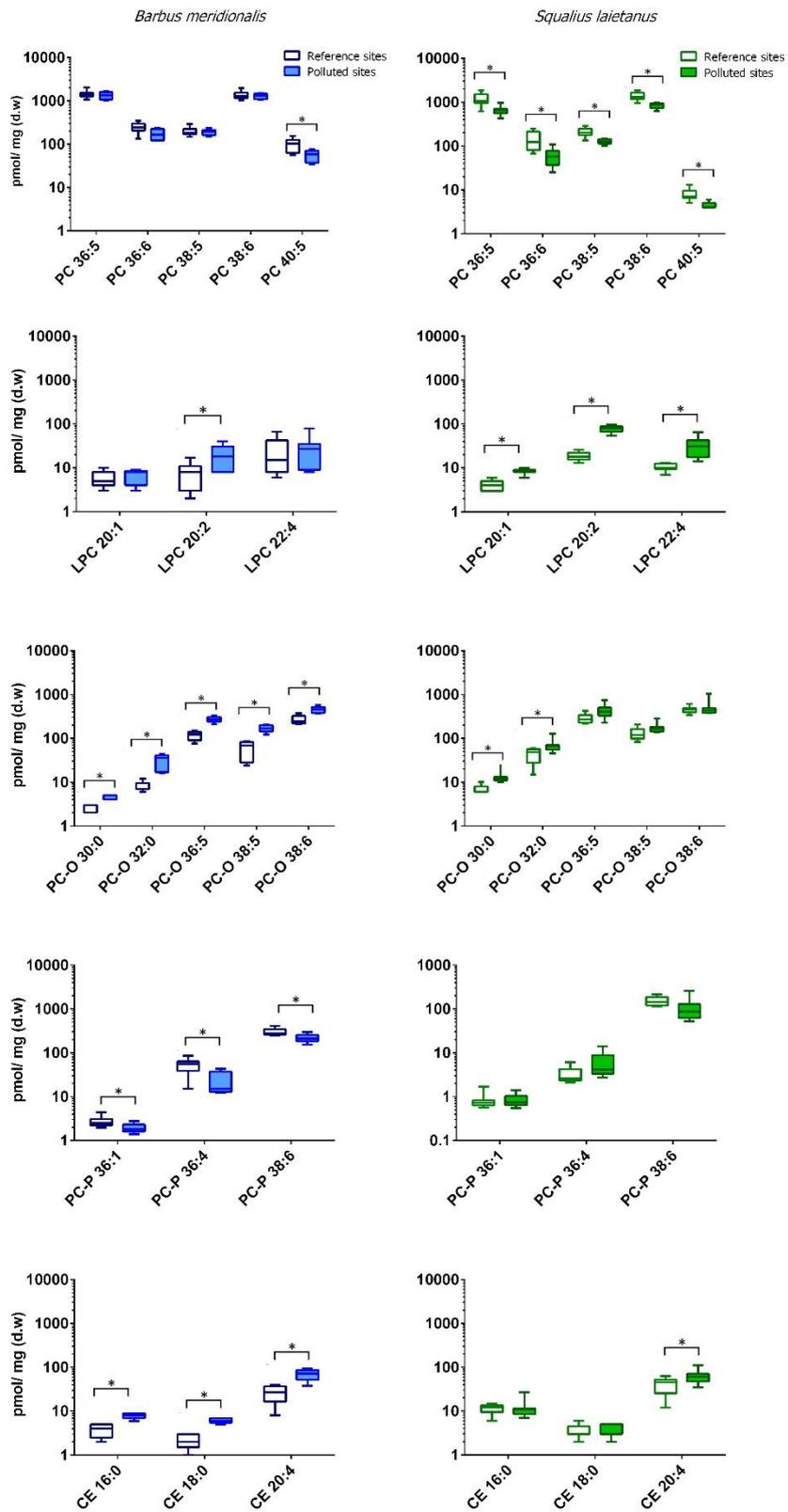


573

574



581 Figure 6.



582

583

584

585 Supporting Information: Additional information on sampling (location and individuals),  
586 biliary levels of pollutants, a list of the lipid molecules detected in the skeletal muscle,  
587 and PCA analysis. An excel file containing the putative identifications from the  
588 untargeted analysis is also provided.