

1 **2,4-Alkadienal trapping by phenolics**

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10 ABSTRACT

11 Phenolics can trap lipid-derived reactive carbonyls as a protective function that
12 diminishes the broadcasting of the lipid oxidative damage to food macromolecules. In
13 an attempt to clarify the trapping of 2,4-alkadienals by phenolics, this study analyzes the
14 reactions of 2,4-hexadienal, 2,4-heptadienal, and 2,4-decadienal with 2-
15 methylresorcinol. These reactions produced (*E*)-4-(alk-1-en-1-yl)-8-methyl-2,7-
16 bis(prop-1-en-2-yloxy)chromanes, which were isolated and characterized by 1D and 2D
17 NMR and MS. Carbonyl-phenol adduct formation was favored at pH >7 and moderated
18 temperatures (25-80 °C). Adducts were quantified and shown to be produced as a
19 mixture of diastereomers. Diastereomers 2*R*,4*S* plus 2*S*,4*R* were formed to a higher
20 extent than diastereomers 2*R*,4*R* plus 2*S*,4*S* under the different conditions assayed,
21 although activation energies (E_a) for the formation of all of them was mostly the same
22 ($\sim 62 \text{ kJ}\cdot\text{mol}^{-1}$). These results show that phenolics can trap 2,4-alkadienals and provide
23 the basis for the later detection of the formed adducts in food products.

24 *Keywords:*

25 Alka-2,4-dienals; Carbonyl-phenol reactions; Lipid oxidation; Maillard reaction;
26 Reactive carbonyls

27 *Chemical compounds studied in this article:*

28 (*2E,4E*)-Deca-2,4-dienal (PubChem ID: 5283349); 2-Methylresorcinol (PubChem ID:
29 11843); (*2E,4E*)-Hepta-2,4-dienal (PubChem ID: 5283321); (*2E,4E*)-Hexa-2,4-dienal
30 (PubChem ID: 637564)

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32 **1. Introduction**

33 Lipid oxidation is a common source of reactive carbonyls in foods (Bastos, Costa, &
34 Pereira, 2017; Concepcion et al., 2018). Once formed, these compounds have a great
35 relevance in food quality and safety because of their sensory properties (Rendon, Salva,
36 & Bragagnolo, 2014), their ability to modify food macromolecules (Lorenzo, Pateiro,
37 Fontan, & Carballo, 2014), and their tendency to produce nonenzymatic browning
38 (Potes, Kerry, & Roos, 2013). Because they are electrophiles, these carbonyls react
39 easily with the nucleophiles present in foods. Among them, a common sink for the most
40 reactive lipid-derived reactive carbonyls is their reaction with amine compounds,
41 including amines, amino acids, aminophospholipids, and proteins (Zamora & Hidalgo,
42 2005). In addition, phenolics have also been shown to exhibit enough nucleophilicity to
43 act as an alternative sink for lipid-derived reactive carbonyls (Zamora & Hidalgo,
44 2016). This reaction produces many different carbonyl-phenol adducts, whose structures
45 are related to the structures of the lipid-derived reactive carbonyls involved. At present,
46 the carbonyl-phenol adducts formed in the reaction of phenolics with alkanals (Hidalgo,
47 Aguilar, & Zamora, 2017), 2-alkenals (Hidalgo & Zamora, 2014), 4-oxo-2-alkenals
48 (Hidalgo, Aguilar, & Zamora, 2018), and 4,5-epoxy-2-alkenals (Zamora, Aguilar, &
49 Hidalgo, 2017) have been isolated and characterized. Furthermore, some of these
50 adducts have been detected in food products (Zamora, Aguilar, Granvogl, & Hidalgo,
51 2016).

52 In addition to these compounds, 2,4-alkadienals are also major lipid-derived reactive
53 carbonyls produced as a consequence of the lipid oxidation process (Chen, Cao, Li, Sun,
54 Wang, Li, & Liu, 2017). Moreover, they have been shown to be involved in the
55 formation of both foodborne toxicants and food flavors. Among foodborne toxicants,
56 their contribution to the formation of acrylamide (Hidalgo, Delgado, & Zamora, 2009),

57 biogenic amines (Hidalgo, Navarro, Delgado, & Zamora, 2013), and heterocyclic
58 aromatic amines (Zamora, Alcon, & Hidalgo, 2012) has been described. In addition,
59 they contribute to the formation of Strecker aldehydes among other food flavors
60 (Zamora, Gallardo, & Hidalgo, 2007; Zamora, Navarro, Aguilar, & Hidalgo, 2015).

61 In an attempt to determine the ability of phenolics to trap 2,4-alkadienals, to identify
62 the structures of the produced adducts, and to study the reaction conditions that favor
63 carbonyl-phenol adduct formation, this manuscript describes the reaction of 2,4-
64 alkadienals (2,4-hexadienal, 2,4-heptadienal, and 2,4-decadienal) with 2-
65 methylresorcinol. 2-Methylresorcinol was employed as a model [phenolic compound](#)
66 because of its small molecular weight, which facilitates the characterization of the
67 produced adducts, and its high carbonyl trapping potential (Hidalgo, Navarro, &
68 Zamora, 2018; Salazar, Arambula-Villa, Hidalgo, & Zamora, 2014).

69 **2. Materials and methods**

70 *2.1. Materials*

71 Three 2,4-alkadienals were employed in this study: 2,4-heptadienal, which is the
72 oxidation product of ω 3 fatty acyl chains; 2,4-decadienal, which is the oxidation
73 product of ω 6 fatty acyl chains; and 2,4-hexadienal, which has a small side chain and
74 helped in the characterization of the structures of the obtained adducts. These
75 compounds, as well as other chemicals employed in these studies, were purchased from
76 Sigma-Aldrich (St. Louis, MO), Merck (Darmstadt, Germany) or Fluka (Buchs,
77 Switzerland), and were of the highest available grade.

78 *2.2. Formation of carbonyl-phenol adducts in the reaction of alkadienals and phenolic* 79 *compounds*

80 For analytical purposes, mixtures containing the alkadienal and 2-methylresorcinol
81 (30 μmol of each in 500 μL of 0.3 M buffer) were heated at 60 $^{\circ}\text{C}$ for up to 24 h under
82 nitrogen. The employed buffers were: sodium phosphate, pH 6–8, and sodium borate,
83 pH 8–10. At the end of the heating, reactions were stopped by cooling at room
84 temperature for 10 min and removing the unreacted aldehyde by evaporation of the
85 reaction to dryness using a flow of nitrogen. This evaporation was facilitated by
86 addition of 1.2 mL of ethanol. Dried samples were then treated with 30 μL of internal
87 standard (a solution of 36.64 mg of *cis*-3-nonen-1-ol in 5 mL of anhydrous pyridine),
88 and acetylated with 1 mL of anhydrous pyridine and 0.5 mL of acetic anhydride. After
89 20 h at room temperature (22 $^{\circ}\text{C}$), 2 mL of dichloromethane and 2 mL of water were
90 added. Layers were separated and the organic layer was washed successively with 2 mL
91 of 5% hydrochloric acid (four times), and 2 mL of water. After centrifugation, the
92 organic layer was studied by gas chromatography coupled to mass spectrometry (GC-
93 MS).

94 For preparative purposes, the reaction was carried out analogously but mixtures
95 containing 2.5 mmol of each reactant were heated in 4 mL of 0.3 M sodium phosphate
96 buffer, pH 8. Acetylation was carried out with 80 mL of anhydrous pyridine and 40 mL
97 of acetic anhydride under the same reaction conditions described above. Acetylated
98 reaction mixtures were fractionated by column chromatography on silica gel 60 using
99 hexane:diethyl mixtures as eluent. Separation was controlled by GC-MS. The structures
100 of the adducts isolated and characterized in the assayed reactions are collected in Fig. 1.

101 *2.2.1. Compounds isolated and characterized in the reaction of 2,4-heptadienal and 2-* 102 *methylresorcinol*

103 Reactions were carried out in phosphate buffer, pH 8. As observed in the total ion
104 chromatogram of the reaction mixture (Fig. 1), two main adducts (**1,2**) were formed,

105 which were isolated and characterized. Both compounds were identified as two isomers
106 of (*E*)-4-(but-1-en-1-yl)-8-methyl-2,7-bis(prop-1-en-2-yloxy)chromane.

107 Spectroscopic and spectrometric data of compound **1**. ¹H NMR (CDCl₃): δ 1.06t (3H,
108 *J* = 7.5 Hz, H4'), 1.91 ddd (1H, *J* = 2.6 Hz, *J* = 12.1 Hz, *J* = 13.9 Hz, H3a), 2.02s (3H,
109 CH₃C8), 2.11s (3H, CH₃CO), 2.11m (3H, H3' and H3b), 2.33s (3H, CH₃CO), 3.59 ddd
110 (1H, *J* = 5.7 Hz, *J* = 8.9 Hz, *J* = 12.1 Hz, H4), 5.34 ddt (1H, *J* = 1.5 Hz, *J* = 8.9 Hz, *J* =
111 15.2 Hz, H1'), 5.77 dt (1H, *J* = 6.4 Hz, *J* = 15.2 Hz, H2'), 6.57t (1H, *J* = 2.6 Hz, H2),
112 6.65d (1H, *J* = 8.4 Hz, H6), and 7.05d (1H, *J* = 8.4 Hz, H5). ¹³C NMR (CDCl₃): δ 9.21
113 (CH₃C8), 13.80 (C4'), 20.80 (CH₃CO), 21.29 (CH₃CO), 25.50 (C3'), 32.08 (C3), 33.68
114 (C4), 89.90 (C2), 114.50 (C6), 118.66 (C8), 121.99 (C4a), 125.88 (C5), 129.81 (C1'),
115 135.73 (C2'), 148.53 (C7), 149.71 (C8a), 169.41 (CO), and 169.73 (CO). MS, *m/z* (%
116 ion structure): 318 (0.2, M⁺), 276 (0.2, M⁺ – CH₂CO), 258 (39, M⁺ – CH₃COOH), 234
117 (5, 276 – CH₂CO), 229 (26, 258 – CH₃CH₂), 216 (65, 258 – CH₂CO), 205 (15, 234 –
118 CHO), 191 (51, 234 – CH₂CHO), 187 (100, 216 – CH₃CH₂), and 161 (37, 216 –
119 CH₃CH₂CH=CH).

120 Spectroscopic and spectrometric data of compound **2**. ¹H NMR (CDCl₃): δ 1.04t (3H,
121 *J* = 7.5 Hz, H4'), 2.02m (1H, H3b), 2.03s (3H, CH₃C8), 2.11m (2H, H3'), 2.13s (3H,
122 CH₃CO), 2.27 ddd (1H, *J* = 2.9 Hz, *J* = 6.4 Hz, *J* = 13.7 Hz, H3a), 2.33s (3H, CH₃CO),
123 3.50 q,br (1H, *J* = 7.0 Hz, H4), 5.55 ddt (1H, *J* = 1.4 Hz, *J* = 8.7 Hz, *J* = 15.2 Hz, H1'),
124 5.69 dt (1H, *J* = 6.2 Hz, *J* = 15.2 Hz, H2'), 6.49dd (1H, *J* = 2.9 Hz, *J* = 6.1 Hz, H2),
125 6.65d (1H, *J* = 8.4 Hz, H6), and 6.99d (1H, *J* = 8.4 Hz, H5). ¹³C NMR (CDCl₃): δ 9.17
126 (CH₃C8), 13.67 (C4'), 20.80 (CH₃CO), 21.22 (CH₃CO), 25.35 (C3'), 32.58 (C3), 36.61
127 (C4), 91.43 (C2), 114.66 (C6), 118.82 (C8), 121.77 (C4a), 126.53 (C5), 131.29 (C1'),
128 133.78 (C2'), 148.50 (C7), 150.31 (C8a), 169.36 (CO), and 169.52 (CO). MS, *m/z* (%
129 ion structure): 318 (32, M⁺), 276 (312, M⁺ – CH₂CO), 258 (3, M⁺ – CH₃COOH), 234

130 (20, 276 – CH₂CO), 229 (13, 258 – CH₃CH₂), 216 (56, 258 – CH₂CO), 205 (28, 234 –
131 CHO), 191 (89, 234 – CH₂CHO), 187 (100, 216 – CH₃CH₂), and 161 (55, 216 –
132 CH₃CH₂CH=CH).

133 2.2.2. *Compounds isolated and characterized in the reaction of 2,4-decadienal and 2-*
134 *methylresorcinol*

135 Reactions were carried out in phosphate buffer, pH 8, and the total ion chromatogram
136 of the reaction mixture (data not shown) also showed two main adducts (**3,4**). These
137 compounds were isolated and characterized as two isomers of (*E*)-4-(hept-1-en-1-yl)-8-
138 methyl-2,7-bis(prop-1-en-2-yloxy)chromane.

139 Spectroscopic and spectrometric data of compound **3**. ¹H NMR (CDCl₃): δ 0.93t (3H,
140 *J* = 7.0 Hz, H7'), 1.28m (4H, H4' and H6'), 1.35m (2H, H5'), 1.43m (2H, H3'), 1.91
141 ddd (1H, *J* = 2.5 Hz, *J* = 12.1 Hz, *J* = 13.9 Hz, H3a), 2.03s (3H, CH₃C8), 2.11s (3H,
142 CH₃CO), 2.11m (1H, H3b), 2.33s (3H, CH₃CO), 3.59 ddd (1H, *J* = 5.5 Hz, *J* = 8.8 Hz, *J*
143 = 12.1 Hz, H4), 5.34 ddt (1H, *J* = 1.4 Hz, *J* = 8.8 Hz, *J* = 15.2 Hz, H1'), 5.72 dt (1H, *J* =
144 6.9 Hz, *J* = 15.2 Hz, H2'), 6.57t (1H, *J* = 2.5 Hz, H2), 6.65d (1H, *J* = 8.4 Hz, H6), and
145 7.04d (1H, *J* = 8.4 Hz, H5). ¹³C NMR (CDCl₃): δ 9.21 (CH₃C8), 14.07 (C7'), 20.79
146 (CH₃CO), 21.28 (CH₃CO), 22.51 (C6'), 29.07 (C3'), 29.72 (C4'), 31.40 (C5'), 32.11
147 (C3), 33.77 (C4), 89.90 (C2), 114.50 (C6), 118.66 (C8), 121.98 (C4a), 125.90 (C5),
148 130.75 (C1'), 134.28 (C2'), 148.53 (C7), 149.70 (C8a), 169.41 (CO), and 169.72 (CO).
149 MS, *m/z* (%), ion structure): 360 (0.4, M⁺), 318 (1, M⁺ – CH₂CO), 300 (28, M⁺ –
150 CH₃COOH), 276 (2, 318 – CH₂CO), 258 (37, 300 – CH₂CO), 233 (18, 276 –
151 CH₂CHO), 229 (42, 258 – CH₃CH₂), 187 (100, 258 – CH₃CH₂CH₂CH₂CH₂), and 161
152 (57, 258 – CH₃CH₂CH₂CH₂CH₂CH=CH).

153 Spectroscopic and spectrometric data of compound **4**. ¹H NMR (CDCl₃): δ 0.92t (3H,
154 *J* = 6.9 Hz, H7'), 1.28m (4H, H4' and H6'), 1.33m (2H, H5'), 1.43qu (2H, *J* = 7.2 Hz,
155 H3'), 2.02m (1H, H3b), 2.02s (3H, CH₃C8), 2.13s (3H, CH₃CO), 2.27 ddd (1H, *J* = 3.0
156 Hz, *J* = 6.4 Hz, *J* = 13.7 Hz, H3a), 2.33s (3H, CH₃CO), 3.52 q,br (1H, *J* = 7.0 Hz, H4),
157 5.54 ddt (1H, *J* = 1.2 Hz, *J* = 8.6 Hz, *J* = 15.2 Hz, H1'), 5.64 dt (1H, *J* = 6.6 Hz, *J* =
158 15.2 Hz, H2'), 6.48dd (1H, *J* = 3.0 Hz, *J* = 6.3 Hz, H2), 6.65d (1H, *J* = 8.4 Hz, H6), and
159 6.98d (1H, *J* = 8.4 Hz, H5). ¹³C NMR (CDCl₃): δ 9.17 (CH₃C8), 14.06 (C7'), 20.79
160 (CH₃CO), 21.23 (CH₃CO), 22.51 (C6'), 29.02 (C3'), 29.70 (C4'), 31.41 (C5'), 32.68
161 (C3), 36.76 (C4), 91.45 (C2), 114.66 (C6), 118.81 (C8), 121.80 (C4a), 126.49 (C5),
162 132.18 (C1'), 132.44 (C2'), 148.50 (C7), 150.33 (C8a), 169.37 (CO), and 169.53 (CO).
163 MS, *m/z* (%), ion structure): 360 (12, M⁺), 318 (12, M⁺ – CH₂CO), 300 (11, M⁺ –
164 CH₃COOH), 276 (5, 318 – CH₂CO), 258 (24, 300 – CH₂CO), 233 (20, 276 –
165 CH₂CHO), 229 (31, 258 – CH₃CH₂), 215 (27, 258 – CH₃CH₂CH₂), 201 (22, 258 –
166 CH₃CH₂CH₂CH₂), 187 (100, 258 – CH₃CH₂CH₂CH₂CH₂), and 161 (58, 258 –
167 CH₃CH₂CH₂CH₂CH₂CH=CH).

168 *2.2.3. Compounds isolated and characterized in the reaction of 2,4-hexadienal and 2-*
169 *methylresorcinol*

170 Reactions were carried out, analogously to previous assays, in phosphate buffer, pH
171 8, and the total ion chromatogram of the reaction mixture (data not shown) also showed
172 the formation of two adducts (**5,6**). These adducts were isolated and characterized, and
173 were identified as two isomers of (*E*)-8-methyl-4-(prop-1-en-1-yl)-2,7-bis(prop-1-en-2-
174 yloxy)chromane.

175 Spectroscopic and spectrometric data of compound **5**. ¹H NMR (CDCl₃): δ 1.79dd
176 (3H, *J* = 1.6 Hz, *J* = 6.4 Hz, H3'), 1.91 ddd (1H, *J* = 2.7 Hz, *J* = 12.0 Hz, *J* = 14.1 Hz,
177 H3a), 2.02s (3H, CH₃C8), 2.08 ddd (1H, *J* = 2.7 Hz, *J* = 5.6 Hz, *J* = 14.1 Hz, H3b),

178 2.10s (3H, CH₃CO), 2.33s (3H, CH₃CO), 3.60 ddd (1H, $J = 5.6$ Hz, $J = 8.9$ Hz, $J = 12.0$
179 Hz, H4), 5.37 ddq (1H, $J = 1.6$ Hz, $J = 8.9$ Hz, $J = 15.0$ Hz, H1'), 5.73 dq (1H, $J = 6.4$
180 Hz, $J = 15.0$ Hz, H2'), 6.57t (1H, $J = 2.7$ Hz, H2), 6.65d (1H, $J = 8.4$ Hz, H6), and
181 7.04d (1H, $J = 8.4$ Hz, H5). ¹³C NMR (CDCl₃): δ 9.20 (CH₃C8), 17.88 (C3'), 20.79
182 (CH₃CO), 21.28 (CH₃CO), 32.08 (C3), 33.79 (C4), 89.89 (C2), 114.50 (C6), 118.66
183 (C8), 121.92 (C4a), 125.92 (C5), 128.55 (C2'), 132.06 (C1'), 148.54 (C7), 149.71
184 (C8a), 169.40 (CO), and 169.72 (CO). MS, m/z (%), ion structure): 304 (1, M⁺), 262 (1,
185 M⁺ – CH₂CO), 244 (45, M⁺ – CH₃COOH), 229 (10, 244 – CH₃), 220 (7, 262 – CH₂CO),
186 202 (100, 244 – CH₂CO), 187 (91, 202 – CH₃), 177 (64, 220 – CH₂CHO), and 161 (41,
187 202 – CH₃CH=CH).

188 Spectroscopic and spectrometric data of compound **6**. ¹H NMR (CDCl₃): δ 1.74dd
189 (3H, $J = 1.1$ Hz, $J = 6.1$ Hz, H3'), 2.02m (1H, H3b), 2.02s (3H, CH₃C8), 2.13s (3H,
190 CH₃CO), 2.26 ddd (1H, $J = 2.9$ Hz, $J = 6.5$ Hz, $J = 13.7$ Hz, H3a), 2.33s (3H, CH₃CO),
191 3.52 q,br (1H, $J = 7.2$ Hz, H4), 5.57 ddq (1H, $J = 1.1$ Hz, $J = 8.3$ Hz, $J = 15.1$ Hz, H1'),
192 5.64 dq (1H, $J = 6.1$ Hz, $J = 15.1$ Hz, H2'), 6.48dd (1H, $J = 2.9$ Hz, $J = 6.1$ Hz, H2),
193 6.65d (1H, $J = 8.4$ Hz, H6), and 6.98d (1H, $J = 8.4$ Hz, H5). ¹³C NMR (CDCl₃): δ 9.17
194 (CH₃C8), 17.80 (C3'), 20.79 (CH₃CO), 21.21 (CH₃CO), 32.48 (C3), 36.65 (C4), 91.42
195 (C2), 114.67 (C6), 118.83 (C8), 121.68 (C4a), 126.54 (C5), 126.69 (C2'), 133.53 (C1'),
196 148.52 (C7), 150.30 (C8a), 169.34 (CO), and 169.52 (CO). MS, m/z (%), ion structure):
197 304 (35, M⁺), 262 (35, M⁺ – CH₂CO), 244 (5, M⁺ – CH₃COOH), 229 (5, 244 – CH₃),
198 220 (22, 262 – CH₂CO), 202 (86, 244 – CH₂CO), 201 (23, 220 – CHO), 187 (84, 202 –
199 CH₃), 177 (100, 220 – CH₂CHO), and 161 (54, 202 – CH₃CH=CH).

200 2.3. GC-MS analyses

201 GC-MS analyses were carried out as described previously (Zamora et al., 2017).

202 2.4. Alkadienal-phenol adduct determination

203 Formed adducts were determined by GC-MS. These compounds were quantified by
204 preparing standard curves of the isolated adducts. Six concentration levels were used.
205 Adduct content was directly proportional to adduct/internal standard area ratio ($r > 0.99$,
206 $p < 0.001$). RSD was always $< 10\%$.

207 2.5. NMR spectroscopy

208 1D and 2D NMR spectra were obtained in a Bruker Advance III spectrometer
209 operating at 500 MHz for protons. Experiments were performed at 24 °C and acquisition
210 parameters were described previously (Zamora et al., 2016).

211 2.6. Statistical analysis

212 All quantitative data are mean \pm SD values of, at least, three independent
213 experiments. Analysis of variance was employed to compare different groups. When F
214 values were significantly different, group differences were evaluated by the Tukey test
215 (Snedecor & Cochran, 1980). Statistical comparisons were carried out using Origin[®] v.
216 7.0 (OriginLab Corporation, Northampton, MA). The significance level is $p < 0.05$
217 unless otherwise indicated.

218 3. Results

219 3.1. Characterization of the adducts produced in the reaction between alkadienals and 220 phenolic compounds

221 As observed in Fig. 1, the reaction between 2,4-heptadienal and 2-methylresorcinol
222 produced two main reaction products (compounds **1** and **2**). Analogous results were
223 obtained when the reaction was carried out by using either 2,4-decadienal or 2,4-
224 hexadienal (data not shown). Both compounds exhibited similar NMR spectra and mass
225 fragmentation patterns. In addition, the molecular ion of both adducts had an m/z that

226 corresponded to the addition of the molecular masses of the phenol and the aldehyde
227 involved. However, some coupling constants in the ^1H NMR spectra and fragment
228 intensities in MS were different for the two adducts (see Material and Methods section).
229 These results **indicated** that both, the reaction was produced by reacting one molecule of
230 phenol with one molecule of aldehyde, and the two adducts formed had similar
231 structures. Their structures were determined by using 1D and 2D NMR experiments.
232 The ^1H NMR spectra showed that only two of the phenolic carbons and one of the
233 hydroxyl groups remained **unreacted** in the phenolic part of the adducts after the
234 reaction. In addition, the carbonyl group and the α,β carbon-carbon double bond of the
235 aldehyde were not present in the adduct, but the γ,δ -unsaturation remained unchanged.
236 Furthermore, obtained spectra showed that the reaction produced a six-membered ring
237 involving the hydroxyl group and its contiguous carbon of the 2-methylresorcinol, and
238 the carbonyl carbon and the α,β carbon-carbon double bond of the aldehyde. HMQC
239 and HMBC experiments allowed the unequivocal assignment of the produced
240 structures. Thus, each adduct was produced as a mixture of diastereomers because two
241 chiral centers were created in the reaction: carbons C2 and C4 in the adducts. Both
242 diastereomers mostly differed in the coupling constants of the involved chiral centers.
243 Thus, the first adducts (compounds **1**, **3**, and **5**) had $J_{2,3a} \approx 2.6$ Hz, $J_{2,3b} \approx 2.6$ Hz, $J_{3a,4} \approx$
244 12.1 Hz, and $J_{3b,4} \approx 5.6$ Hz. The coupling constants of the second adducts (compounds
245 **2**, **4**, and **6**) were more **difficult to determine** because proton H4 appeared as a broad
246 quartet in these diastereomers. Their approximate coupling constants were $J_{2,3a} \approx 2.9$
247 Hz, $J_{2,3b} \approx 6.2$ Hz, $J_{3a,4} \approx 6.4$ Hz, and $J_{3b,4} \approx 7$ Hz. The differences observed in these
248 coupling constants confirmed the different spatial distribution of the involved atoms.
249 These differences between both adducts were also observed in the relative intensities of
250 mass fragments. Thus, for example, the molecular ion of the first adducts (compounds

251 **1**, **3**, and **5**) was almost inexistent (0.2-1% of the base peak), but the molecular ion of
252 the second adducts (compounds **2**, **4**, and **6**) had a relatively high intensity (12-35% of
253 the base peak).

254 3.2. Effect of reaction conditions on the formation of carbonyl-phenol adducts in the 255 reaction of 2,4-heptadienal and 2-methylresorcinol

256 Formation of adducts between alkadienals and 2-methylresorcinol depended on the
257 reaction conditions, including pH, amount of reactants, time and temperature. Fig. 2
258 shows the effect of pH value on the disappearance of 2-methylresorcinol (Fig. 2A) and
259 on the formation of adducts **1** and **2** (Fig. 2B). As observed in the figure, the amount of
260 2-methylresorcinol decreased slightly between pH 6 and pH 7. However, it decreased
261 rapidly at higher pH values and 2-methylresorcinol was mainly absent at pH 10. This
262 disappearance of the phenolic was correlated ($r < -0.98$, $p < 0.005$) with the appearance
263 of the adducts. Thus, adducts were mostly not produced at pH 6–7 and, then, their
264 concentration increased linearly between pH 7 and 10. Both adducts exhibited an
265 analogous behavior, but adduct **1** was produced to a higher extent than adduct **2** (adduct
266 **1**/adduct **2** ratio was about 2, and this ratio was mostly constant at the different assayed
267 pH values and the different reactions conditions tested).

268 The amount of produced adducts depended on the concentration on both 2-
269 methylresorcinol and 2,4-heptadienal. Fig. 3 shows the effect of increasing
270 concentrations of 2-methylresorcinol on both the remaining 2-methylresorcinol at the
271 end of the incubation (Fig. 3A) and the produced adducts (Fig. 3B). Reaction mixtures
272 were incubated at two pH values: 8 and 10. At pH 8, the remaining 2-methylresorcinol
273 mostly remained unchanged between 10 and 30 μmol of 2-methylresorcinol and, then,
274 increased as a function of the amount of 2-methylresorcinol added (Fig. 3A). On the
275 contrary, when reaction mixtures were incubated at pH 10, 2-methylresorcinol was

276 mostly absent at the end of the incubation period, more likely because, in addition to its
277 reaction with the aldehyde, its decomposition was preferred. Differently to 2-
278 methylresorcinol, adduct concentration increased when concentration of 2-
279 methylresorcinol increased at the two assayed pH values. This increase was linear at pH
280 8 between 0 and 50 μmol of 2-methylresorcinol ($r > 0.97$, $p < 0.001$), and also at pH 10
281 between 10 and 50 μmol of 2-methylresorcinol ($r > 0.997$, $p < 0.0002$).

282 Differently to the observed when increasing amounts of 2-methylresorcinol were
283 added, increasing amounts of 2,4-heptadienal did not cause substantial increase of
284 amounts of adducts or decrease of amounts of 2-methylresorcinol at the different
285 concentrations of the added aldehyde (Fig. 4). As observed in Fig. 4A, at pH 8,
286 increasing amounts of 2,4-heptadienal produced decreasing amounts of 2-
287 methylresorcinol in the range 0–30 μmol of 2,4-heptadienal, but then, the amount of
288 remaining 2-methylresorcinol did not change significantly ($p < 0.05$). At pH 10,
289 addition of any amount of 2,4-heptadienal produced the complete disappearance of 2-
290 methylresorcinol. Addition of 2,4-heptadienal also produced the formation of the
291 adducts, but this increase was not linear (Fig. 4B). Thus, additions of a small amounts
292 (10–20 μmol) of 2,4-heptadienal produced high amounts of the adducts. However,
293 additions of more than 20 μmol of 2,4-heptadienal did not produce any significant
294 increase in the concentration of the adducts.

295 2-Methylresorcinol disappearance and adduct formation also depended on time and
296 temperature. 2-Methylresorcinol disappeared linearly as a function of time between 25
297 and 80 $^{\circ}\text{C}$ (Fig. S-1). Disappearance rates at the different temperatures were calculated
298 by using the equation:

299 $[2\text{-methylresorcinol}] = 100 - kt$

300 where k is the rate constant and t is the time. Rate constants were used in an Arrhenius
301 plot to calculate the activation energy (E_a) for this disappearance. Fig. S-2 shows the
302 obtained plot. The corresponding E_a was obtained from the slope of the line of best fit.
303 The E_a determined was $46.5 \pm 5.3 \text{ kJ}\cdot\text{mol}^{-1}$.

304 Analogously, adduct formation increased linearly as a function of time between 25
305 and 80 °C (Fig. 5). Formation rates were also determined at the different temperatures
306 by using the equation:

$$307 \quad [\text{adduct}] = kt$$

308 where k is the rate constant and t is the time. Rate constants were used in an Arrhenius
309 plot to calculate the activation energy (E_a) of adduct formation (Fig. S-2). The E_a
310 determined from the slopes of the lines of best fit were $63.5 \pm 3.4 \text{ kJ}\cdot\text{mol}^{-1}$ for adduct **1**
311 and $60.7 \pm 3.0 \text{ kJ}\cdot\text{mol}^{-1}$ for adduct **2**.

312

313 **4. Discussion**

314 Previous studies have shown that phenolics are able to trap a wide range of lipid
315 oxidation products (Zamora & Hidalgo, 2018). 2,4-Alkadienals are not an exception and
316 they are also easily trapped by phenolics. The produced reaction implies the
317 deactivation of the carbonyl group and the disappearance of the α,β carbon-carbon-
318 double bond of the aldehyde, which should decrease the reactivity of these compounds.
319 The reaction pathway can be suggested to take place as shown in Fig. 6. The first step
320 would be the addition of the aromatic carbon to the α,β carbon-carbon-double bond of
321 the aldehyde. This step produces an adduct with a chiral carbon, which is later stabilized
322 by formation of the corresponding hemiacetal between the hydroxyl and the carbonyl
323 groups. This stabilization is responsible for the [formation](#) of the second chiral carbon.

324 To avoid that these reactions can be reversed or the adduct can suffer further reactions
325 (including its racemization), the structure of the produced adducts was stabilized by
326 acetylation.

327 Reaction pathway described in Fig. 6 is quite similar to that described for other α,β -
328 unsaturated carbonyl compounds such as 2-alkenals (Hidalgo & Zamora, 2014) and 4-
329 oxo-2-alkenals (Hidalgo et al, 2018). The only difference is that the addition of the
330 hydroxyl group of the phenolics to the carbon-carbon double bond of the aldehyde,
331 previously observed for 2-alkenals and 4-oxo-2-alkenals, was not observed for 2,4-
332 alkadienals. This behavior might be related to the extended conjugation existing in these
333 last aldehydes. In addition, the reaction is produced in the α,β carbon-carbon double
334 bond of 2,4-alkadienals and not in the γ,δ unsaturation. This might be a consequence of
335 a later stabilization of the firstly produced adduct by formation of a hemiacetal. This
336 stabilization cannot be produced when the reaction takes place at the γ,δ carbon-carbon
337 double bond. Although it has not been observed, the addition to the γ,δ carbon-carbon
338 double bond might also be occurring but either the reaction is reversed because of the
339 lack of the stabilization of the formed adduct or the formed adduct suffers further
340 reactions because it has a free carbonyl group. These reactions might be involved in the
341 browning development observed in these reactions (data not shown), which could be a
342 consequence of polymerizations.

343 Adducts were always produced as a mixture of diastereomers because two chiral
344 centers were created. Because of the presence of the benzene ring in the adducts and the
345 existence of large substituents (acetyl and alkenyl groups), the ideal half-chair
346 conformations of the six-membered ring were distorted. The most favored conformation
347 for the different diastereomers were calculated by employing Chem3D (CambridgeSoft
348 Corporation, PerkinElmer Inc., Waltham, MA). Fig. S-3 shows the Newman projections

349 determined for C2–C3 and C4–C3 bonds of diastereomer *2R,4S*. As can be observed
350 proton H2 has an angle of about 60° with both protons H3a and H3b. This suggests that
351 $J_{2,3a}$ should be similar to $J_{2,3b}$, and its value should be small according to Karplus
352 equation (Haasnoot, De Leeuw, & Altona, 1980). This is in agreement with the
353 observed for isomers **1**, **3**, and **5**. As described above, $J_{2,3a} = J_{2,3b} \approx 2.6$ Hz. In addition,
354 the projection of C4 shows that $J_{3b,4}$ is smaller than 60° and $J_{3a,4}$ is smaller than 180°.
355 This would also be in agreement with the observed coupling constants of 5.6 and 12.1
356 Hz, respectively. According to these results, adducts **1**, **3**, and **5** should be the mixture
357 of diastereomers *2R,4S* plus *2S,4R*. Differently to these adducts, the assignment of the
358 other pair of diastereomers (adducts **2**, **4**, and **6**) could not be achieved because proton
359 H4 always appeared as a broad quartet and coupling constants could not be determined
360 with accuracy. Nevertheless, these adducts should correspond to the mixture of
361 diastereomers *2R,4R* plus *2S,4S*.

362 Both pairs of diastereomers were not produced to the same extent. Obtained results
363 showed that adduct **1**/adduct **2** ratio was ~2 under the different reaction conditions
364 assayed (similar results were also obtained for the other studied adducts). This suggests
365 that stability of adduct **1** should be higher than stability of adduct **2**, most likely because
366 of the spatial distribution of the different groups.

367 Adducts were produced under different reaction conditions, although some of them
368 favored their formation more than other reaction conditions. Thus, adducts were
369 produced to a small extent at neutral pH, but their yields increased rapidly to higher pH
370 values. This behavior is likely related to the increase of nucleophilicity of phenolic
371 carbons, also observed in the reaction of phenolics with other aldehydes (Zamora et al.,
372 2017). This high nucleophilicity is needed for the first step of the reaction pathway
373 proposed in Fig. 6. In addition, adduct formation also increased as a function of time

374 and temperature between 25 and 80 °C, which is in agreement with the E_a determined
375 for adduct formation (E_a 60.7–63.5 kJ·mol⁻¹). However, when samples were heated to a
376 much higher temperature, adducts could not be isolated (data not shown). This is likely
377 a consequence of the decomposition observed for 2,4-alkadienals at a high temperature
378 and in the presence of aqueous solvents (Zamora et al., 2015). These results suggest
379 that, different to carbonyl-phenol adducts derived from 2-alkenals which have been
380 detected in fried foods (Zamora et al., 2016), carbonyl-phenol adducts derived from 2,4-
381 alkadienals should be expected to be present in foods submitted to a softer heating.

382 All above results confirm that phenolic compounds are able to trap a wide array of
383 lipid oxidation products, including, alkanals, 2-alkenals, 4-oxo-2-alkenals, 4,5-epoxy-2-
384 alkenals, and also 2,4-alkadienals. The reaction always produces the modification and,
385 therefore, the deactivation of the most reactive groups of the carbonyl compounds.
386 Thus, it produces the disappearance of: the carbonyl group in alkanals; the carbonyl
387 group and the conjugated carbon-carbon double bond in 2-alkenals; the carbonyl group
388 and the α,β carbon-carbon double bond in 2,4-alkadienals; one of the carbonyl groups
389 and the conjugated carbon-carbon double bond in 4-oxo-2-alkenals; and the epoxy, the
390 carbonyl group and the conjugated carbon-carbon double bond in 4,5-epoxy-2-alkenals.
391 Although the disappearance of the carbonyl group cannot be considered complete
392 because, in most cases, it is forming part of a hemiacetal that can be easily reversed and
393 the carbonyl group recovered, this reaction decreases the reactivity of the carbonyl
394 compound [towards other nucleophiles](#). Thus, for example, phenolics have been shown
395 to protect [amino acids](#) from degradation caused by carbonyl compounds by effective
396 carbonyl trapping (Hidalgo, Delgado, & Zamora, 2017). The above described results
397 provide the basis for the detection of the carbonyl-phenol adducts derived from 2,4-
398 alkadienals in food products.

399 **Conflict of interest**

400 The authors declare no conflicts of interest.

401 **Acknowledgments**

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405 R).

406 **Appendix A. Supplementary data**

407 Supplementary data associated with this article can be found, in the online version, at

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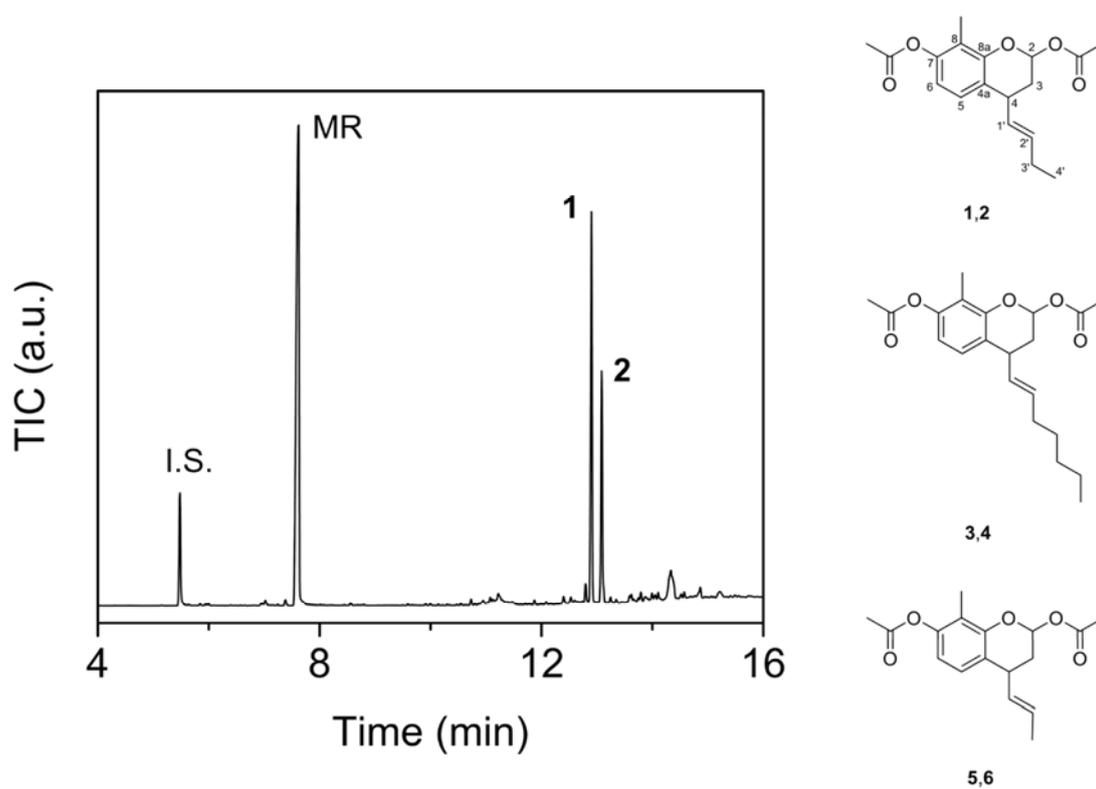


Fig. 1. Total ion chromatogram (TIC) of the reaction between 2,4-heptadienal and 2-methylresorcinol (MR) after 20 h at 60 °C and later acetylation. Formed adducts are identified as compounds **1** and **2**. Structures for these adducts and the adducts formed in the other studied reactions are also shown. I.S. corresponds to the peak of the internal standard.

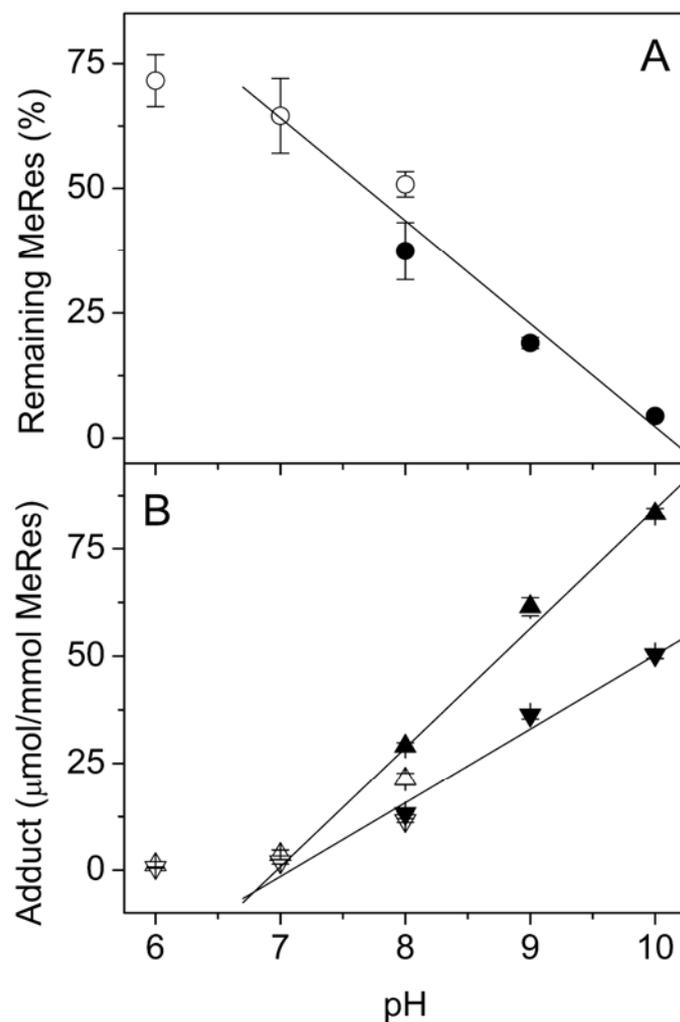


Fig. 2. Effect of reaction pH on: A, 2-methylresorcinol (MeRes) disappearance; and B, carbonyl-phenol formation, in the reaction between 2-methylresorcinol and 2,4-heptadienal after 20 h at 60 °C. Assayed buffers were 0.3 M sodium phosphate (open symbols) and 0.3 M sodium borate (closed symbols). Determined compounds were 2-methylresorcinol (○,●), adduct 1 (△,▲), and adduct 2 (▽,▼).

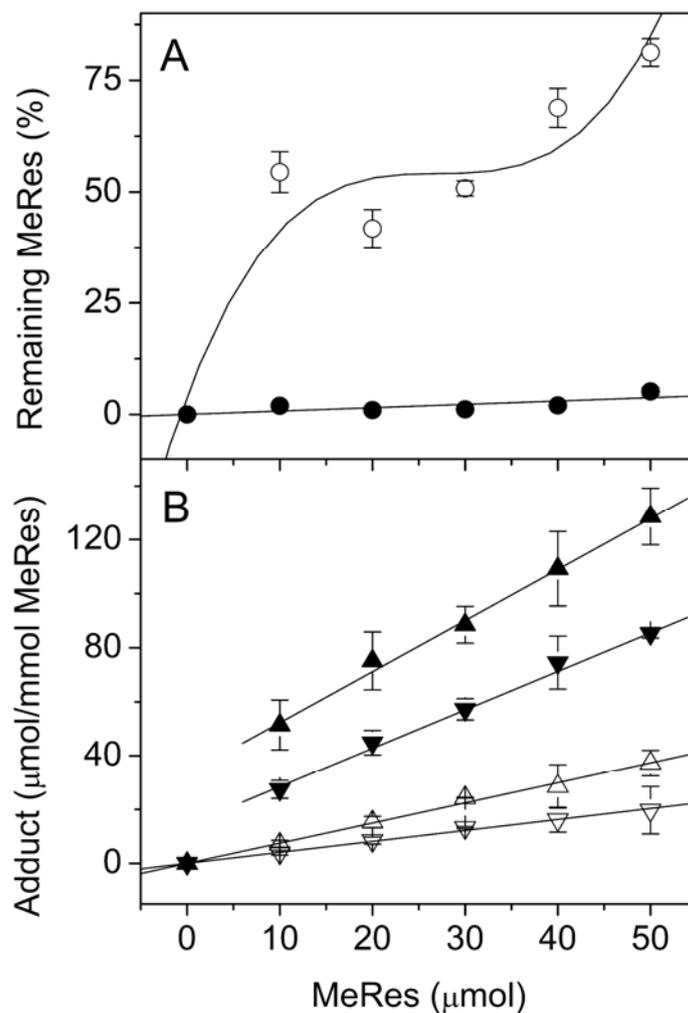


Fig. 3. Effect of the concentration of 2-methylresorcinol (MeRes) on: A, 2-methylresorcinol disappearance; and B, carbonyl-phenol formation, in the reaction between 2-methylresorcinol and 2,4-heptadienal in 0.3 M sodium phosphate, pH 8 (open symbols), and 0.3 M sodium borate, pH 10 (closed symbols), after 20 h at 60 °C. Determined compounds were 2-methylresorcinol (○,●), adduct 1 (△,▲), and adduct 2 (▽,▼).

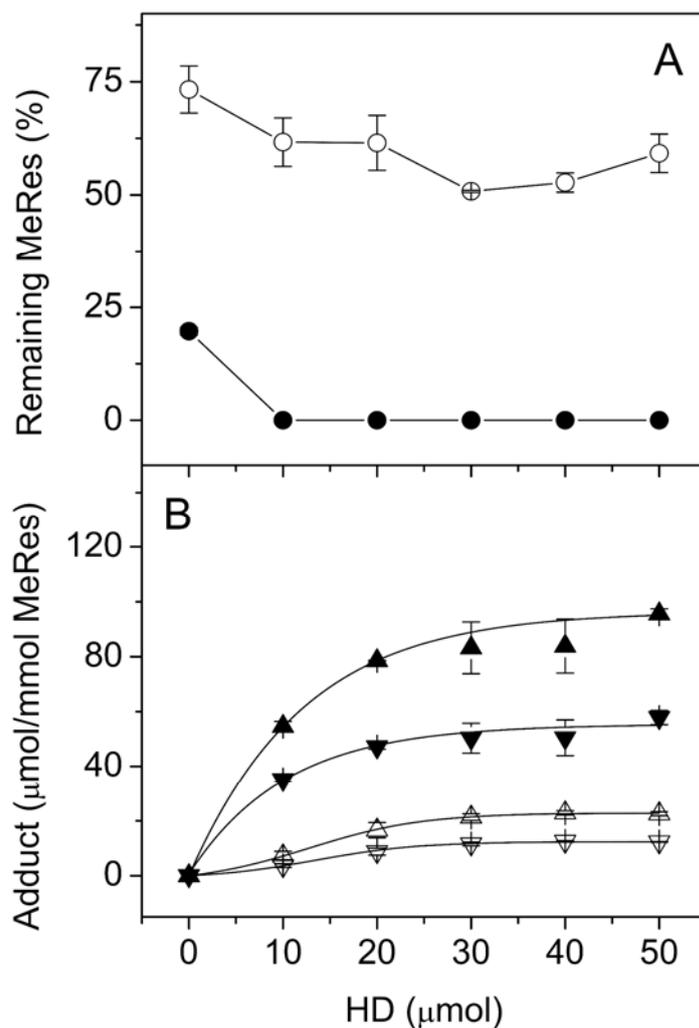


Fig. 4. Effect of the concentration of 2,4-heptadienal on: A, 2-methylresorcinol (MeRes) disappearance; and B, carbonyl-phenol formation, in the reaction between 2-methylresorcinol and 2,4-heptadienal in 0.3 M sodium phosphate, pH 8 (open symbols), and 0.3 M sodium borate, pH 10 (closed symbols), after 20 h at 60 °C. Determined compounds were 2-methylresorcinol (\circ, \bullet), adduct 1 ($\triangle, \blacktriangle$), and adduct 2 ($\nabla, \blacktriangledown$).

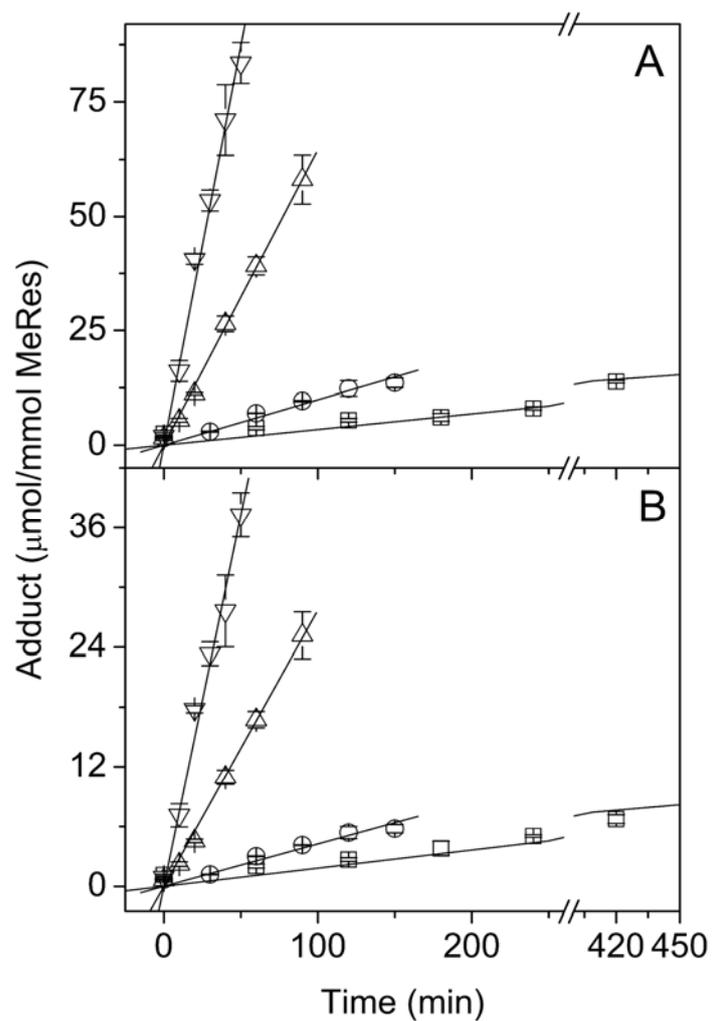


Fig. 5. Time-course of the formation of: A, adduct **1**; and B, adduct **2**, in the reaction between 2-methylresorcinol (MeRes) and 2,4-heptadienal in 0.3 M sodium borate, pH 10). Assayed temperatures were: 25 (□), 37 (○), 60 (△), and 80 °C (▽).

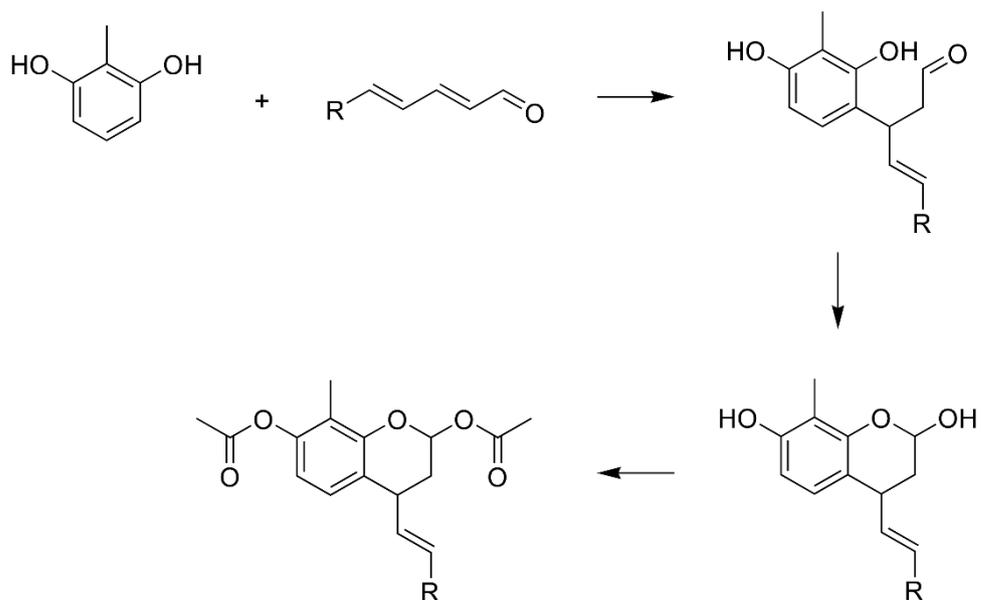


Fig. 6. Proposed reaction pathway for the formation of carbonyl-phenol adducts in the reaction between 2-methylresorcinol and 2,4-alkadienals.

Supplementary Figures

2,4-Alkadienal trapping by phenolics

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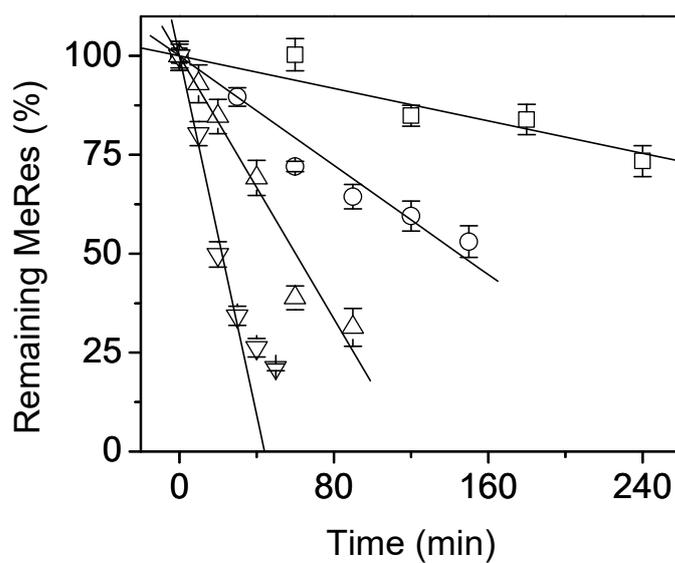


Fig. S-1. Time-course of 2-methylresorcinol (MeRes) disappearance in the reaction between 2-methylresorcinol and 2,4-heptadienal in 0.3 M sodium borate, pH 10.

Assayed temperatures were: 25 (□), 37 (○), 60 (△), and 80 °C (▽).

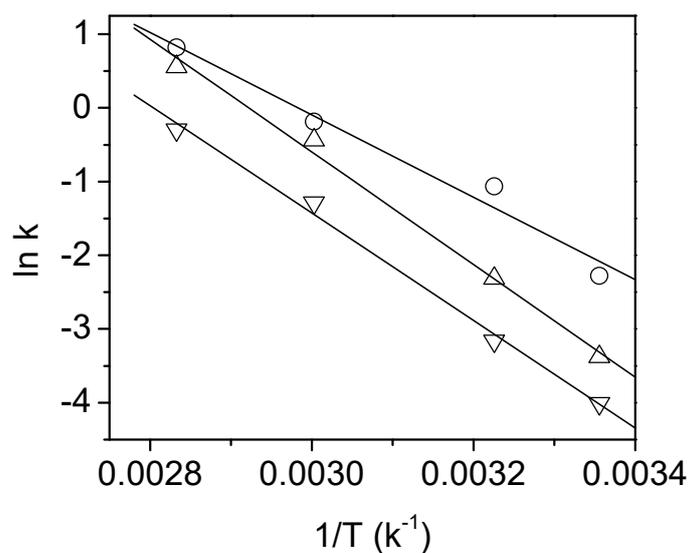


Fig. S-2. Arrhenius plot for 2-methylresorcinol disappearance (○) and adduct **1** (△) and adduct **2** (▽) formation in the reaction between 2-methylresorcinol and 2,4-heptadienal.

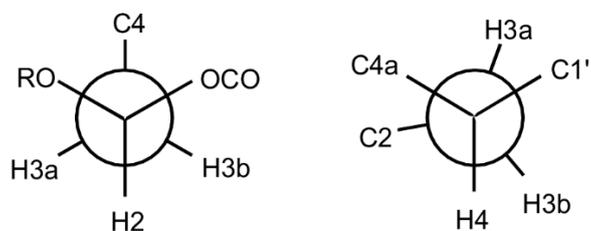


Fig. S-3. Newman projections for C2–C3 and C4–C3 bonds of diastereomer *2R,4S* of adducts **1**, **3**, and **5**. These adducts were isolated as a mixture of diastereomers *2R,4S* and *2S,4R*. The represented projections correspond to the most favored conformation calculated by employing Chem3D (CambridgeSoft Corporation, PerkinElmer Inc., Waltham, MA).