

1 The negative effect of dredging and dumping on shorebirds at a coastal wetland in  
2 northern Spain.

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Accepted Manuscript

## 14 ABSTRACT

15

16 Dredging and/or dumping actions at coastal environments are a common phenomenon  
17 worldwide. The re-working of dumped sediments from their disposal sites to places of  
18 great ecological value can have a very strong impact on the ecosystems through deep  
19 changes over the communities and the trophic web. Using a relevant dredging-dumping  
20 episode carried out in 2003 at Urdaibai, one the chief estuary areas in northern Iberia,  
21 we tested the consequence of this action on the subsequent use of the zone by  
22 shorebirds. The surface sediment characteristics before and after the dredging and  
23 dumping actions were also compared. The dredging at Urdaibai showed a negative  
24 effect on bird abundance in three out of the eight species tested overall (dunlin, grey  
25 plover, common ringed plover). Highest-ranked models supported a decrease in their  
26 population sizes two years after the event. In this scenario, local authorities should be  
27 appealed to take dredging and dumping effects into account in order to improve the  
28 estuary management.

29

## 30 KEYWORDS

31

32 Aquatic bird populations; conservation biology; mudflats; population trends; sandy  
33 areas; Urdaibai Biosphere Reserve.

34

34

35 INTRODUCTION

36

37 All ecosystems are subject to some degree of perturbation, and all organisms are well  
38 adapted to cope with predictable perturbations, such as those determined by seasonal  
39 events. However, extreme or unpredictable perturbations, either natural (e.g. hurricanes)  
40 or owing to human activity (e.g. fires), could cause severe effects on ecosystems, from  
41 which it might take decades to recover (Borja et al. 2010; Pons and Clavero 2010;  
42 Manning et al. 2011).

43

44 The conservation of intertidal coastal environments is today a major concern for  
45 ecologists, managers, and the society in general (Weller 1999; Ma et al. 2010). Habitat  
46 loss and degradation are part of a problem that affects many intertidal wetlands all over  
47 the world (Eddleman et al. 1988; Bildstein et al. 1991). For instance, the global annual  
48 loss rate of coastal salt marshes is calculated to be 1-2% per year (Duarte et al. 2008), a  
49 rate which is above of the 0.5% per year loss rate of tropical forests (Achard et al.  
50 2002).

51

52 Many intertidal coastal environments, mostly those linked to estuaries, have been  
53 historically used as natural harbors, an activity that is often associated with constant or  
54 periodic dredging in order to keep or increase the depth of these water bodies (Bary et  
55 al. 1997). The material (clay, sand or mud) extracted during such dredging is often  
56 dumped close to the dredging area to minimize the economical cost of the transport  
57 (Bary et al. 1997). One of the main consequences of dredging and dumping actions is  
58 habitat burial or destruction, with a negative impact on the ecosystem, especially on the  
59 macrobenthos that is situated in the bottom of the trophic network (Lindeman and  
60 Snyder 1999; Lewis et al. 2001; Boyd et al. 2005; Erftemeijer and Lewis 2006). Thus,  
61 any negative effect on such communities can alter the entire trophic structure related to  
62 the mudflats and, consequently, induce negative effects on upper trophic levels.

63

64 Clayey-muddy and sandy substrates do not host the same communities of macrobenthos  
65 that constitute the food of many shorebirds (Colwell 2010). In general, mudflats are  
66 commonly richer in shorebird food than sandy areas (Burger et al. 1997). Dredging and  
67 dumping actions carried out in estuary areas often cause habitat loss in very

68 ecologically-sensible habitats, such as mudflats (Monge-Ganuzas et al. 2013). Thus,  
69 dumping of sand in some sensitive estuarine areas where there is an active sediment  
70 transport could cause a coverage of the mudflats and, consequently, long-lasting  
71 negative effects on benthic communities, as well as severe negative consequences for  
72 shorebirds using these areas (Piersma et al. 2001).

73

74 Here, we used retrospective analyses of dredging episodes on shorebirds' abundance  
75 and diversity in a tidal marsh, which could help to identify the consequences of  
76 dredging on shorebirds using the marsh. We predicted that relevant dredging and  
77 dumping actions may lower the capacity for shorebird populations to recover. To test  
78 this we used long-term data of shorebird censuses conducted in a site (an intertidal  
79 coastal environment located at the Urdaibai Biosphere Reserve, northern Spain) affected  
80 by a very important dredging and dumping episode. Together with this analysis, we also  
81 compared induced surface grain size trend before and after the dredging and dumping  
82 episode. We also predicted that the effect of the dredging and subsequent dumping  
83 episode should have been more severe on those species that forage mostly or only on  
84 the mudflats.

85

## 86 MATERIAL AND METHODS

87

### 88 *Study area*

89

90 The Urdaibai estuary is a coastal wetland located in the North of Spain. It was declared  
91 Biosphere Reserve in 1984, included within the Ramsar list in 1992, and SPA  
92 (ES0000144) and SAC (ES213007) of Natura 2000 in 2014. With ca. 945 ha, Urdaibai  
93 is used by a remarkable amount of mostly northern Euro-Siberian waterbirds (including  
94 shorebirds) that use this area either as a stopover site during migration period or as a  
95 wintering area (Galarza 1984; Garaita 2012). Shorebirds constitute a group of birds with  
96 conservation interest within the region (Galarza and Domínguez 1989; Hidalgo and Del  
97 Villar 2004). Urdaibai has suffered periodic dredging and dumping actions for the last  
98 43 years (Monge-Ganuzas et al. 2013), with the last action occurring in 2003, when  
99 243,000 m<sup>3</sup> were extracted from the main channel of the estuary and dumped in a sandy  
100 area close to the mouth. In comparison with previous dredging episodes, this last was  
101 very much larger (e.g. ca. 310% higher than the previous dredging in 1998-1999). After

102 this dredging, wave winter storms together with tidal wave action progressively eroded  
103 the sediment and spread some sand towards upper estuary areas (Monge-Ganuzas et al.  
104 2008) over much of the existing intertidal mudflats, the main foraging area for  
105 shorebirds within the estuary (Hidalgo and Del Villar 2004).

106

#### 107 *Data collection*

108

109 In March 2003 (immediately before the dredging and dumping carried out at Urdaibai),  
110 24 surface sediment samples were collected either by hand all along the main intertidal  
111 mudflats or from a 4 m-long vessel by a Van Veen grab (this last used to take samples  
112 along the chief estuary channel). Overall, the sampling net consisted in a 200 m each  
113 side orthogonal grid (Fig. 1). This sampling protocol was repeated in July of 2016.  
114 Samples were stored until their analysis in a laboratory (UPV/EHU).

115

116 Using a Laser diffraction particle size analyzer (Beckman Coulter counter LS 13 320),  
117 three replica of each sediment sample were analyzed (Nayar et al. 2007) and statistically  
118 integrated in order to obtain the weight percentage grain size distribution for each  
119 sample (Udden 1914; Wentworth 1922).

120

121 Census data consisted in counts (species and numbers of shorebirds) conducted during a  
122 single survey day in mid-January, coordinated by Wetlands International. Here, we  
123 considered a period spanning from 1992 to 2011. Censuses were conducted using a  
124 fixed, standard protocol, consisting in counting always from the same points, covering  
125 the same survey area and, if possible, by a same observer from year to year, during high  
126 tide. In general, due to the characteristics of Urdaibai, where birds accumulate in  
127 relatively small areas easy to survey during high tide (J. Arizaga, pers. obs.), high tide-  
128 census are recommended for counting waterbirds (but see Navedo et al. 2007).

129

130 Meteorological data (mean value for the daily mean temperatures in January) were  
131 extracted from the NOAA website ([www.esrl.noaa.gov](http://www.esrl.noaa.gov)). We considered an effect of  
132 temperature because local numbers of waterbirds within the region can depend on  
133 climatic conditions at a local scale level (Navedo et al. 2007).

134

#### 135 *Data analyses*

136

137 Sediment characteristics (percentage of sand and silt-clay of each sample) before and  
138 after the dredging and dumping actions at Urdaibai were compared with a *t*-test for  
139 repeated measures.

140

141 With the aim of conducting models on counts we selected those species which showed a  
142 median  $\geq 10$  individuals/year for the period spanning from 1992 to 2003 (i.e., before the  
143 dredging and dumping episode of 2003). This provided us a list of only 8 species of  
144 shorebirds to be considered within statistical models: dunlin *Calidris alpina*, purple  
145 sandpiper *C. maritima*, common ringed plover *Charadrius hiaticula*, Eurasian curlew  
146 *Numenius arquata*, grey plover *Pluvialis squatarola*, green redshank *Tringa nebularia*,  
147 common redshank *T. totanus*, Northern lapwing *Vanellus vanellus* (Fig. 2). Because of  
148 their trophic ecology these shorebirds may not depend on the mudflats in the same way,  
149 since some of them also (or mostly) forage in other habitat types (e.g. Northern lapwing,  
150 Eurasian curlew), such as the prairies and pastures surrounding Urdaibai (Navedo et al.  
151 2013).

152

153 Moreover, we also calculated for each year the shorebird species diversity. We used for  
154 that the Shannon index ( $H'$ ). It accounts for both abundance and evenness of all  
155 recorded species, and was calculated as:  $H' = -\sum(p_i \times \ln p_i)$ , where  $p_i$  is the proportion of  
156 species  $i$  relative to the total number of species ( $R$ , richness) (Magurran and McGill  
157 2011).

158

159 Data were analysed using Generalized Linear Models (GLMs). Bird counts (abundance)  
160 of each species were used as object variable. We used the log-linear link function with  
161 negative binomial distribution errors for the GLMs due to the nature of the object  
162 variable (counts with over-dispersion). Additionally, we also conducted GLMs with  $H'$   
163 as an object variable. In this case we used a linear link function with Gaussian errors.  
164 Overall, we considered four possible different explanatory variables: year (considered  
165 as a linear variable to test for log-linear trends in shorebird abundance), temperature (as  
166 a linear variable) and two effects that correspond to different responses of the shorebirds  
167 to the dredging episodes (for details see Table 1).

168

169 All possible models were ranked according to their small-sample size corrected Akaike  
170 (AICc) values (Burnham and Anderson 1998). Models differing in less than 2 AICc  
171 values were considered to fit to the data equally well (Burnham and Anderson 1998). In  
172 these cases, model averaging was carried out.

173

174 All analyses were run with R (R Core Team 2014), and the “lme4” (Bates et al. 2014)  
175 and “MuMIn” (Barton 2014) packages. Package “lme4” allows us to run GLMMs and  
176 “MuMIn” is used to calculate AICc values and for the model averaging procedure.

177

## 178 RESULTS

179

180 The percentage of sand within the estuary was observed to increase very significantly  
181 (Table 2). Along a north-south gradient, the sediment was richer in sand in the north but  
182 note the difference before and after the dredging and dumping of 2003 (Fig. 3).

183

184 The null model was the model best fitting data in seven out of the eight species tested  
185 overall (Table 3). However, in two of such species (dunlin, common ringed plover),  
186 models assuming an impact of the dredging and dumping were equally well supported.  
187 In another species (grey plover), the top model was the one assuming an effect of the  
188 dredging two years after it occurred (Table 3). Thus, overall, there were three species  
189 for which the dredging and dumping episode had an impact on their population sizes  
190 (Fig. 4). In addition, Northern lapwing population numbers and the diversity index were  
191 found to be affected by temperature (Table 3), although this effect was non-significant  
192 after model averaging (Table 4).

193

194 In those species where there was an effect of the dredging the higher-ranked model was  
195 the one where the response was observed to occur two years after the dredging; Table  
196 3).

197

## 198 DISCUSSION

199

200 Dredging and dumping actions at coastal environments is a common phenomenon  
201 worldwide. The movement of sediments of different nature and its re-location in places  
202 of great ecological value can produce, however, a strong impact on the ecosystems

203 through deep changes in the communities and the trophic nets (Sarda et al. 2000;  
204 Vanaverbeke et al. 2007). Quite often, these activities have dramatic effects on benthic  
205 communities (Powileit et al. 2006), with consequences at upper trophic levels. Using a  
206 relevant dredging episode carried out at one the chief estuary areas from northern Iberia,  
207 we observed a decrease in population size of several shorebird species which depended  
208 on mudflats to forage just one or two years after this event.

209

210 Although dredging and dumping in Iberian estuaries is common, unfortunately we have  
211 no evidence of available local information about their impact on shorebird assemblages.  
212 In a broader context, however, it is well known that dredging can have a severe negative  
213 impact on shorebirds as population size of bivalves or other potential prey is reduced,  
214 either because direct sediment extraction at foraging places (Lewis et al. 2001; Piersma  
215 et al. 2001) or because these feeding grounds are covered with sediments re-worked  
216 from dumping sites that alter invertebrate populations, as surely occurred at Urdaibai.  
217 The fact that the diversity of shorebirds remained constant at Urdaibai despite changes  
218 in abundance after the dredging and dumping episode of 2003 suggests that the most  
219 abundant species were similarly affected.

220

221 Although food availability was not analysed at our study sites our results would support  
222 the idea that the sand covering of the mudflats had a dramatic change on the  
223 macrobenthos that should be transferred to upper trophic levels (Boyd et al. 2005). Our  
224 results also show that the effect was very fast: the population size of some of the species  
225 was observed to decrease just two years after the dredging and dumping actions (with  
226 some models even also supporting an affect just a single year after the event).

227

228 Interestingly, and as predicted, Northern lapwing numbers, as well as those from other  
229 species less-dependent on marshes to forage) at Urdaibai were independent from the  
230 dredging from 2003. Northern lapwings or Eurasian curlews feed mostly in the pastures  
231 and cultivations existing around the estuary and, therefore, are little affected by  
232 dredging episodes at these wetland sites. Some shorebirds, indeed, seem to benefit from  
233 foraging in farmland habitats (Navedo et al. 2013), even if these would be subject to  
234 intensive farming practices (Lindström et al. 2010). Model selection process supported  
235 that Northern lapwings showed strong inter-annual fluctuations associated to winter  
236 temperatures at a local scale, although this effect was non-significant after model



237 averaging, probably due to the high over-dispersion of data. The presence of this species  
238 in southern Europe is well reported to be highly stochastic (Tellería et al. 1996), and is  
239 mostly associated to dominant meteorological conditions during the winter in central  
240 Europe (SEO/BirdLife 2012). Presented results partly support the idea that the  
241 population that spends the winter in northern Iberia increases with decreasing  
242 temperatures.

243

244 The specific variable effect of temperature on bird abundances (with a positive effect in  
245 some shorebirds and a negative effect in others) along the coast of the Bay of Biscay  
246 was also reported by Navedo et al. (2007). A positive effect of temperatures on local  
247 numbers could be associated to better survival during warmer winters either due to  
248 higher food availability (Yasué et al. 2003) or to lower thermoregulation costs (Ketersen  
249 and Piersma 1987). However, local abundances of other species would be shaped by  
250 decreasing temperatures, probably associated to displacements to the coastal marshes of  
251 the Bay of Biscay from colder regions situated further north or inland (Galarza and  
252 Tellería 1985).

253

254 Resilience is the capacity of an ecosystem to tolerate perturbation without switching to  
255 an alternate state (Standish et al. 2014). Urdaibai has been subject to recurrent dredging  
256 during the last 43 years. It may be that dredged material is re-worked by the tide and  
257 wave induced currents, and this may allow the recovering of the system morphology  
258 after some years (Monge-Ganuzas et al. 2013). However, even if a system could recover  
259 after a perturbation, recurrent perturbations may lower its capacity for recovering over  
260 the long-term (Díaz-Delgado et al. 2002). Noteworthy, we observed that even in 2016,  
261 i.e. 13 years after the dredging and dumping actions carried out in 2003, the percentage  
262 of sand within the sediment have passed from a mean of 38% to 64%, with this  
263 percentage decreasing across a north-south axis (i.e., from the site where the sediment  
264 was dumped towards upper estuary areas). This result suggests that the estuary has been  
265 unable to come back to an original state before the dredging and dumping episode and it  
266 may be discussed to what extent this effect is reversible, at least short- to medium-term.  
267 The action of the waves and tide, together with the increase of the sea level (assessed to  
268 be 2 mm/year) (Leorri et al. 2013), will probably strengthen this covering of the existing  
269 mudflats by sand during next years, hence it is unlikely to expect a recovering of  
270 shorebird abundance at these areas in Urdaibai.

271

272 In this scenario, local authorities should be appealed to take the dredging and dumping  
273 effects into account in order to improve the Urdaibai estuary management because this  
274 wetland is, in fact, an important Ramsar and Natura 2000 site managed by a Governing  
275 Board composed by most regional public administrations (Basque Government, Bizkaia  
276 Council, municipalities...). Dredging activities at Urdaibai were authorized or reported  
277 by a number of public administrations, including the Basque Government (Environment  
278 Department), Bizkaia Council, Basque Water Agency and the Ministry of Environment  
279 of Spain, attending to their competences. As a part of the Urdaibai Governing Board, all  
280 such public authorities should take into consideration both the dredging and dumping  
281 effects and either promote alternative solutions or limitations to this activity if it is  
282 incompatible with the preservation of the mudflats and the occurrence of shorebirds  
283 within the area and, overall, the conservation and proper management of this wetland.

284

285 Given the sedimentary connection between the best disposal areas and the mudflats at  
286 Urdaibai probably the best decision may be to forbid both the dredging and dumping  
287 due to their dramatic consequences for the ecosystem. For instance, at Odiel estuary, in  
288 southern Iberia, dredging material is dumped in areas apart from intertidal mudflats,  
289 creating good conditions for the breeding of some species like the little tern *Sternula*  
290 *albifrons*, Kentish plover *Charadrius alexandrinus* and the collared pratincole *Glareola*  
291 *pratincola* (J. A. Amat, pers. obs.). Given the size and territory use at Urdaibai,  
292 however, these sites would be hardly available hence apparently there would be no  
293 place to dump the material extracted during dredging actions.

294

295 In conclusion, we obtained statistical data support that suggest that a strong dredging  
296 and dumping episode carried out at Urdaibai resulted in a covering of existing mudflats  
297 by sandy sediment which promoted a decrease of the population size of a number of  
298 shorebird species wintering in this area. This effect was much clearer in species more  
299 dependent on mudflats to feed, but had an apparent null impact in shorebirds that also or  
300 mainly forage in other habitat types. Thus, it is highlighted that the management of the  
301 dredging and dumping activities at Urdaibai should be improved by taking into  
302 consideration the conservation of shorebirds, among other waterbird species.

303

304 ACKNOWLEDGEMENTS

305

306 We are grateful to the people who conducted the censuses and the Basque Government  
307 that collected and provided the data. Two referees (J. Navedo and one anonymous  
308 reviewer) provided valuable comments that helped us to improve an earlier version of  
309 this work.

310

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433 Table 1. Biological meanings of the models run for each species. Abbreviations:

434

Models	Meaning
1. Null	Population size is constant (or fluctuates from year to year but without any particular non-random effect).
2. 2004-2011	The impact of the dredging one year after the event (i.e., from 2004 onwards) is expected to have an effect on shorebird abundance.
3. 2005-2011	The impact of the dredging two years after the event (i.e., from 2005 onwards) is expected to have an effect on shorebird abundance
4. Year	Population size co-varies log-linearly with year.
5. Temp	Population size co-varies with the mean winter (Jan.) temperature.

435 \*We also ran four additional models by adding “temp” (additive effect) to models 2 to

436 4. Overall, therefore, 8 models were tested.

437

437

438 Table 2. Mean ( $\pm 95\%$  confidence interval) percentage of sand and mud in 25 sampling  
439 points situated all along the mudflats at Urdaibai before and after the dredging and  
440 dumping episode carried out in 2003. The percentage of gravel was zero for all samples.  
441

<u>Type of sediment</u>	<u>2003 (before)</u>	<u>2016 (after)</u>	<u><i>t</i>-test (<i>P</i>)</u>
<u>Sand</u>	<u>38.3 <math>\pm</math> 9.9%</u>	<u>64.2 <math>\pm</math> 10.4%</u>	<u>4.814 (&lt;0.001)</u>
<u>Mud</u>	<u>61.5 <math>\pm</math> 10.1%</u>	<u>35.8 <math>\pm</math> 10.4%</u>	<u>4.704 (&lt;0.001)</u>

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 445 Table 3. Ranking of the top four best-ranked models obtained for each species and the  
 446 species diversity ( $H'$  index) in relation to their small sample size-corrected Akaike  
 447 values (AICc).  $\Delta$ AICc: difference in AICc values in relation to the top model. Model  
 448 abbreviations as in Table 1.  
 449

Models	AICc	$\Delta$ AICc	AICc weight
Dunlin			
...null	69.1	0.0	0.38
[2005-2011]	71.0	1.9	0.14
[2004-2011]	71.2	2.1	0.14
year	71.3	2.2	0.13
Northern lapwing			
...null	59.1	0.0	0.39
...temp	60.9	1.8	0.15
[2004-2011]	61.3	2.2	0.12
[2005-2011]	61.6	2.5	0.11
Eurasian curlew			
...null	66.3	0.0	0.41
[2005-2011]	68.7	2.4	0.13
[2004-2011]	68.7	2.4	0.12
...temp	68.7	2.4	0.12
Common greenshank			
...null	61.2	0.0	0.42
...year	63.6	2.4	0.13
[2004-2011]	63.7	2.5	0.12
[2005-2011]	63.7	2.5	0.12
Grey plover			
[2005-2011]	58.8	0.0	0.27
...year	59.4	0.6	0.20
[2004-2011]	59.6	0.7	0.18
...null	60.0	1.2	0.15
Common redshank			
...null	61.2	0.0	0.42
...year	63.6	2.4	0.13
[2004-2011]	63.7	2.5	0.12
[2005-2011]	63.7	2.5	0.12
Common ringed plover			
...null	59.5	0.0	0.32
[2005-2011]	60.8	1.3	0.17
...year	60.9	1.4	0.16
[2004-2011]	61.1	1.6	0.14
Purple sandpiper			
...null	54.5	0.0	0.43
...year	57.0	2.5	0.12
...temp	57.0	2.5	0.12
... [2005-2011]	57.0	2.5	0.12
Diversity index			
null	6.2	0.0	0.41
temp	8.1	1.9	0.16
[2004-2011]	8.8	2.6	0.12
[2005-2011]	8.8	2.6	0.11

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450

451 Table 4. Coefficients ( $B$ -parameter estimates  $\pm$  SE) of best models ( $\Delta\text{AICc} < 2$ ) from  
 452 Table 2. Abbreviations as in Table 1; (ns), non-significant coefficient. Model averaging  
 453 was carried out when there were two or more models with an  $\text{AICc} < 2$  in relation to the  
 454 top model (but see comments <sup>2</sup> and <sup>3</sup>).  
 455

Species	Intercept	[2005-2011] <sup>1</sup>	Temp
Dunlin	+0.888	-0.327	
Northern lapwing	+0.574		-0.187 (ns)
Eurasian curlew	+0.666		
Common greenshank	+0.381		
Grey plover <sup>2</sup>	+0.575	-1.318	
Common redshank	+0.275		
Common ringed plover <sup>3</sup>	+0.324	-0.706	
Purple sandpiper	-0.026		
Diversity index ( $H'$ )	+1.403		+0.040 (ns)

456 <sup>1</sup>Reference value ( $B = 0$ ): period 1992-2004.

457 <sup>2</sup>Coefficients only from the top model, since the other models included alternative (but  
 458 not additive) effects.

459 <sup>3</sup>Coefficients only after averaging model one and two, since the other models included  
 460 alternative (but not additive) effects.

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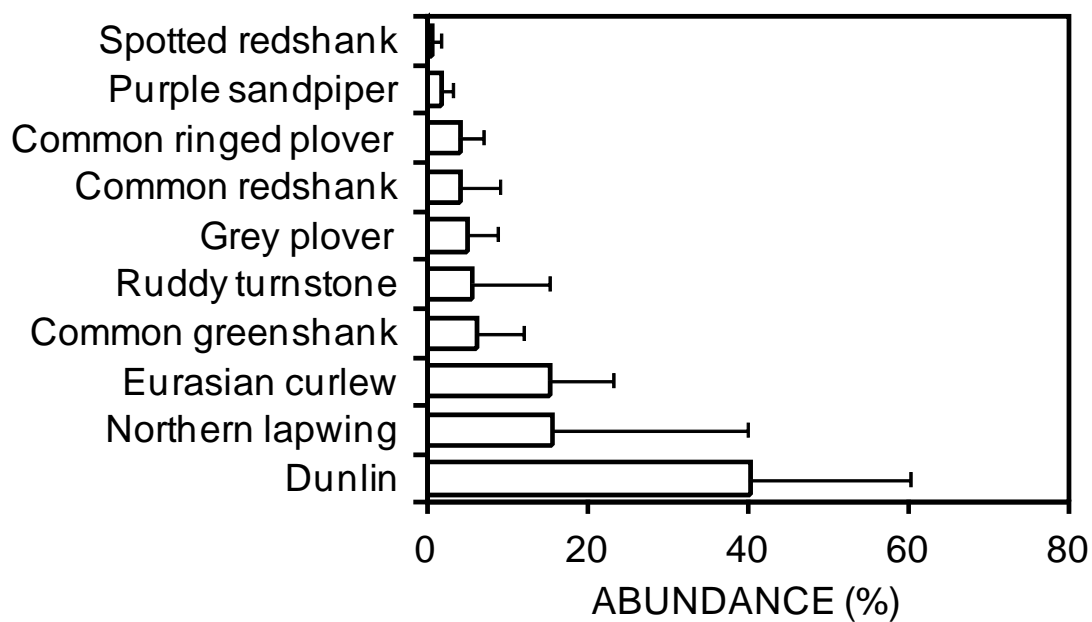
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Fig. 1. Location of the sampling points considered to sample sediment characteristics all along the intertidal mudflats at Urdaibai.



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468 Fig. 2. Relative abundance (mean  $\pm$  SD) of the ten most abundant shorebirds that  
469 overwinter at Urdaibai, period 1992-2011. Ruddy turnstones and spotted redshanks  
470 showed a median population size <10 individuals per winter for the period 1992-2003,  
471 and were not included in the analyses.  
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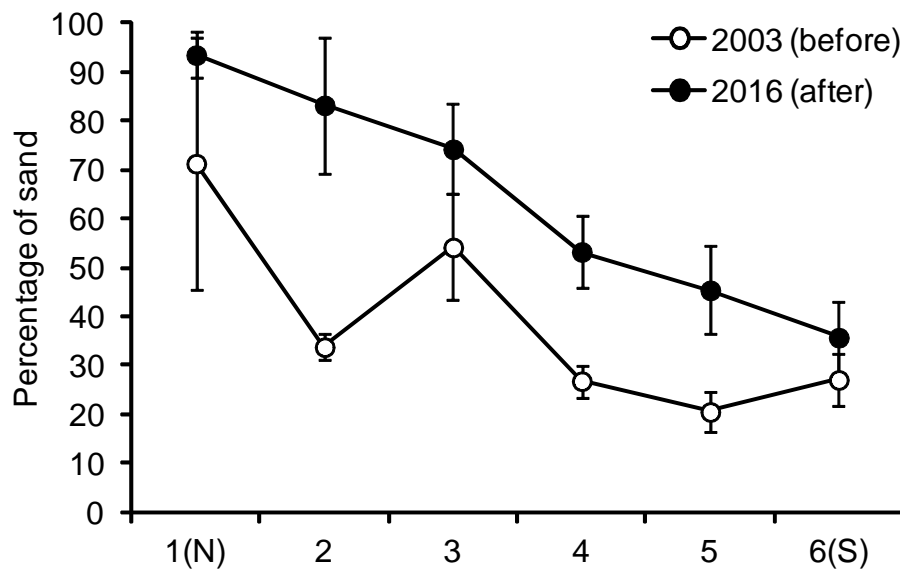
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475 Fig. 3. Mean ( $\pm$ SE) percentage of sand along a north-south axis (1 stands for the  
476 sampling points 635-835 in Fig. 3; 2 for the points 534-834, etc.) of those samples taken  
477 to characterize the sediment of the intertidal mudflats at Urdaibai.

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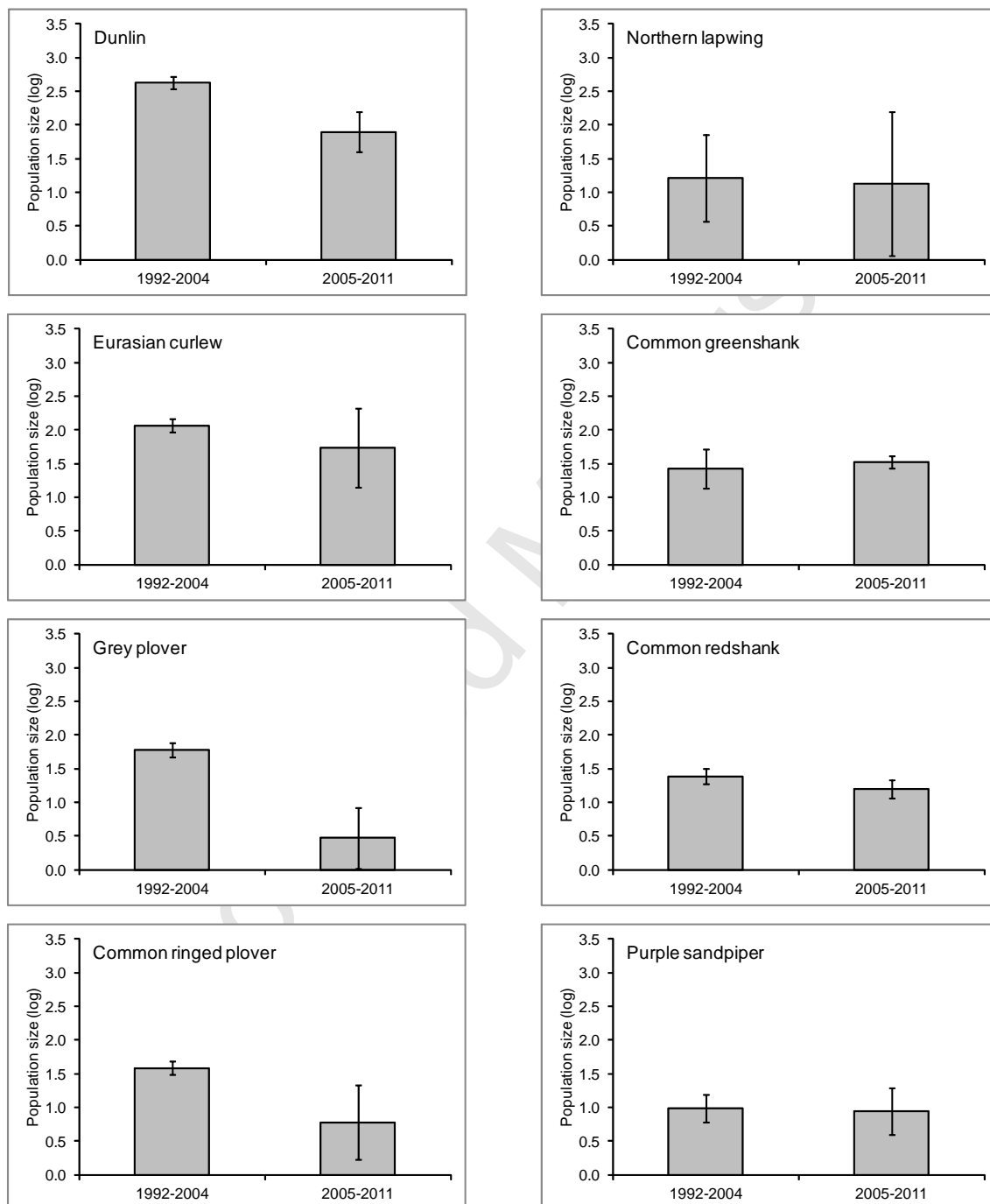


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482 Fig. 4. Mean ( $\pm 95\%$  confidence interval) population size (log-transformed) of  
483 shorebirds before and after the dredging and dumping actions of 2003 at Urdaibai, in  
484 northern Iberia.  
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