1 2	Thermal Conductivity of Ice Prepared Under Different Conditions
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11 12 13	ABSTRACT
14	Although the thermal conductivity of liquid water is well established, many conflicting
15	values for the thermal conductivity of ice have been reported in the literature. This work
16	demonstrates that the significant differences in the reported ice thermal conductivities
17	can be attributed to differences in the freezing conditions and measurement procedures.
18	In this study, the thermal conductivity of ice was measured over the temperature range
19	of -5 to -40 °C using a commercial needle probe. The heating time and data fitting
20	method were first optimized. Then, the effects of the freezing rate, presence of dissolved
21	gasses in the water and presence of a magnetic field during freezing on the thermal
22	conductivity of ice were determined.
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25	<i>Keywords</i> : Thermal conductivity, ice, foods, processes, electromagnetic freezing 1

28 INTRODUCTION

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30 In food engineering, the thermal properties of a food, such as the thermal conductivity k, 31 must be known to calculate the heat transfer during heating and cooling processes. 32 Despite its importance, thermal conductivity data are not readily available and must be 33 inferred from different models. Many researchers have developed mathematical models 34 for predicting the k value from the thermal conductivities of the pure components and composition of a given material^[1]. These models assume the form of the k dependence 35 36 on the temperature. Because water is usually a major component in food products, its 37 thermal conductivity is extensively used and therefore well established. In contrast, Rabin^[2] noted that many conflicting values for the thermal conductivity of ice have 38 39 been reported in the literature. For clarity, Table 1 lists only some of the equations for 40 the thermal conductivity of ice as a function of temperature published by different researchers^[3-7]. In addition, Jakob and Erk (1929)^[8] and Dean and Timmerhaus (1963)^[9] 41 obtained similar results to those of Ratcliffe^[4] (the latter work reported the thermal 42 43 conductivity obtained from measurements at lower temperatures, *i.e.*, at 80, 150 and 200 44 K).

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46 The discrepancies in the thermal conductivity data might be due to differences in the i) 47 freezing procedures, ii) complex measurement protocols and iii) concentrations of 48 impurities, such as salts, trace elements or dissolved gas, in the water before freezing. 49 All of these factors might affect the thermal properties of the resulting ice.

51 The particular procedure used to freeze water in food science is important because of 52 the many relevant freezing processes (RFP) currently available. These processes were studied to determine suitable strategies for controlling ice nucleation^[10]. One of the 53 54 most common RFPs is the individual quick frozen (IQF) procedure. It is well known that the freezing rate plays an important role in food guality^[11]. Small ice crystals are 55 56 associated with good food quality and are obtained using fast freezing rates, whereas 57 poor food quality results when large ice crystals are formed at low freezing rates. Songsaeng *et al.*^[12] noted the changes in the quality of ovster (*Crassostrea belcheri*) 58 59 meat stored at -20 °C for 12 months after freezing at a fast rate (IQF) and at a lower rate 60 (contact plate freezing, CPF). The noticeable drip losses were lower for the IQF oyster 61 than for the CPF oyster, because the IQF process resulted in less tissue damage than the 62 CPF process.

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64 Another RFP involves the use of a static and/or alternating magnetic field (AMF). 65 Although its mechanism is not completely understood, this freezing process is assumed 66 to rely on the potential effects of the magnetic field on water molecules or their 67 hydrogen atoms, which cause them to rotate, vibrate and/or orientate in such a way as to 68 promote hydrogen-bond formation (rupture), thus facilitating (hindering) ice nucleation^[10,13,14]. Because a wide range of field strengths and frequencies can be 69 70 employed, magnetic fields can be applied in many different ways, giving rise to 71 different patented electromagnetic freezers. Perhaps the most common commercial 72 electromagnetic freezers are the CAS (Cells Alive System) freezers marketed by ABI 73 Co., Ltd. (Chiba, Japan). These freezers use different types of magnetic fields to 74 improve the quality of frozen food. In particular, static and oscillating magnetic fields 75 are combined in these systems. Furthermore, Ryoho Freeze Systems Co., Ltd. (Nara,

Japan) commercialized "Proton freezers", which use static magnetic fields and electromagnetic waves (ABI Co., 2007; Ryoho 36 Freeze Systems Co., 2011). As previously indicated, another source of the discrepancies in the reported thermal conductivities of ice might be related to problems with the experimental measurements and the large number of complex protocols used for them.

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82 The most commonly used measurement techniques for bulk materials can be divided 83 into two categories: steady-state and non-steady or transient methods. Steady-state 84 techniques are employed to measure the equilibrium thermal conductivity, whereas nonsteady state or transient techniques involve measuring this property during heating^[15]. 85 86 Steady-state methods for bulk materials include the absolute, comparative, radial heat 87 flow and parallel conductance methods. Some transient methods include the pulsed 88 power (frequency domain), hot-wire or needle probe, laser flash and transient plane 89 source (time domain) methods. Steady-state methods involve simple mathematical 90 models and a small number of test samples and are suitable for liquids and dehydrated 91 foods in powdered, granular or solid form. However, these methods do not provide 92 satisfactory results for semi-solid foods with a moisture content at least 10 percent. 93 Furthermore, they are time-intensive (require several hours) and difficult to apply to 94 irregularly shaped samples, their errors cannot be measured due to contact resistance, and heat is lost from the test apparatus^[16,17]. Therefore, these techniques are only 95 96 suitable for a limited number of materials, depending on their thermal properties, the 97 sample configuration, and the temperature measurement protocol. To determine the thermal conductivities of food products, steady-state^[18-23] and transient^[24, 26] methods 98 are both $applicable^{[27]}$. 99

As previously mentioned, the presence of small amounts of impurities, such as dissolved gasses, in the water affects the thermal conductivity. It is well known that adding salts or gasses to form a two-phase system, *e.g.*, as in ice cream^[16], influences the conductivity significantly. Nevertheless, to our knowledge, the effects of dissolved gasses on the thermal conductivity have not yet been investigated.

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In this work, the thermal conductivity k of ice was measured at different temperatures in the range of -5 to -40 °C using a commercial needle probe. The effects of the heating time and data fitting method on the obtained thermal conductivity of ice were studied, and the optimal temperature and fitting method were then selected for further studies. The effects of the freezing rate, water aeration and presence of a magnetic field during freezing were subsequently analyzed.

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115 MATERIALS AND METHODS

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117 *Hot-wire probe*

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The TR-1 probe of the KD2 Pro thermal properties analyzer (Decagon Devices, Inc., Pullman, WA, USA) was used to measure the thermal conductivity k of ice. The main components of this device, which is based on the hot-wire probe method, are a needle probe with a hot wire and a temperature sensor. The sensor can measure temperatures in the range of -50 °C to 150 °C with a precision of 0.001 °C. The probe is a single needle designed primarily for use with soils and other granular or porous materials. It consists of a 100 mm × 2.5 mm tube containing a current hot wire. Its large size minimizes the errors due to the contact resistance in granular or solid samples. The measurement range of this device is $0.2-4.0 \pm 0.02$ W/(m·K). It should be noted that the TR-1 sensor dimensions comply with the lab probe specifications in IEEE 442 ("Guide for Soil Thermal Resistivity Measurements") and ASTM D5334 ("Standard Test Method for Determination of Thermal Conductivity of Soil and Soft Rock by Thermal Needle Probe Procedure").

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133 Freezing processes

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To study the effects of different freezing processes on the thermal conductivity of ice at different temperatures, the k values were determined for ice prepared: i) at different freezing rates, ii) from aerated and non-aerated water and iii) in the presence of a magnetic field.

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140 Deionized water (Type I, Milli-Q system, Millipore, Billerica, MA, USA) was used to 141 prepare all the ice samples. All measurements were performed in triplicate after the 142 samples were equilibrated overnight.

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144 Ice prepared at different freezing rates

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To study the effect of the freezing rate on the thermal conductivity of the resulting ice, water was frozen by both slow and fast traditional freezing processes. For the slow freezing method, a $40 \times 40 \times 15$ cm³ thermostatic bath (HAAKE, Germany) controlled by a classical mechanical compression system was used. For the fast freezing method, liquid N₂ was poured directly onto the sample in a Dewar flask. The liquid N₂ volume 151 was more than three times the sample volume. In both cases, when the sample 152 temperature reached the working temperature, the sample was transferred to another 153 identical thermostatic bath that was also thermoregulated. The obtained ice was 154 maintained at a given temperature overnight before the conductivity measurements. The 155 sample temperature was monitored during the heating process using a T-type 156 thermocouple.

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158 Ice prepared from aerated and non-aerated water

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160 To obtain the aerated/non-aerated ice samples, gas was added to/removed from the 161 samples before slow freezing. The fact that the gas solubility decreases with increasing 162 temperature was exploited to degas the water sample. Specifically, water was boiled 163 under stirring for approximately 5 hours. Likewise, gas was dissolved in the water by 164 decreasing the temperature to increase its solubility. Accordingly, an air current flowed 165 through the sample for 10 hours at 5.5 °C and a pressure of approximately 1.2 atm. In 166 both cases, the sample was kept in a closed container until it reached room temperature. 167 Then, the sample was transferred to a thermoregulated bath and kept at the desired 168 temperature overnight before the conductivity measurements.

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170 Ice prepared in the presence of a magnetic field

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An air-blast freezer from ABI Co., Ltd. (Chiba, Japan) was used to freeze water in the presence of a static magnetic field and AMF. The sample was placed in the center of a tray situated at the geometrical center of the usable freezer volume (approximately $0.6 \times$ $0.7 \times 1.52 \text{ m}^3$). The chamber and final freezing temperatures were -50 °C and -29 °C.

176	respectively. The magnetic field strength inside the freezer was determined using a
177	GM07 teslameter from Hirst Magnetic Instruments Ltd. (Falmouth, UK). The AMF
178	frequency was determined using a TDS3012B oscilloscope from Tektronix, Inc.
179	(Beaverton, OR, USA). Two different freezing processes were used: i) application of a
180	static magnetic field of 0.14 mT (0 % CAS) and ii) simultaneous application of an AMF
181	of 0.79 mT at 30.1 Hz (50 % CAS) and the static magnetic field. For each condition, the
182	thermal conductivity was determined in quintuplicate at the final freezing temperature.
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185	RESULTS AND DISCUSSION
186 187 188 189	Effects of the fitting method and heating time on the thermal conductivity of ice
190	The thermal conductivity was measured by applying heat to the needle for a fixed
191	heating time t_h and then tempering the sample for the same amount of time. The needle
192	temperature was monitored during the heating and tempering processes. The change in
193	the temperature over time was then analyzed. To determine the effect of t_h on the
194	thermal conductivity of ice, different t_h values (the corresponding power inputs per unit
195	length q are given below) were used during the measurements for the ice produced by
196	slow freezing ($t_h = 1 \min (q = 3.56 \text{ W/m}), t_h = 2 \min (q = 3.54 \text{ W/m}), t_h = 5 \min (q = 3.54 \text{ W/m})$
197	3.51 W/m) and $t_h = 10 \text{ min } (q = 3.46 \text{ W/m}))$. The obtained temperature vs. time data
198	were fitted by two different methods. As an example, the temperature vs. time plot for t_h
199	= 1 min and $q = 3.56$ W/m starting at $T_i = -10$ °C is shown in Fig. 1. The temperature
200	during the heating time was modeled by the following equation:

$$T = m_0 + m_2 t + m_3 \ln(t) \tag{1}$$

where m_0 is the ambient temperature during heating, which could be influenced by the contact resistance and heating elements adjacent to the temperature sensor inside the needle; m_2 is the background temperature drift rate; m_3 is the slope of the linear relationship between the temperature and the logarithm of the time; and *t* is the time. The following model was applied to the tempering process:

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$$T = m_1 + m_2 t + m_3 \ln(t / (t - t_h))$$
(2)

208 The thermal conductivity was calculated using the following equation:

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$$k = q / (4\pi m_3)$$
 (3)

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211 *Effect of the fitting method*

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Fig. 1a shows the best nonlinear least squares analysis (NLLSA) fits of Eqs. (1) (red) and (2) (blue) to the data, whereas Figs. 1b and 1c show the linear least squares analysis (LLSA) fits obtained for Eq. (1), by modeling with the $\Delta T = T_i - T vs. ln(t)$ data with ΔT = A + B ln(t), and for Eq. (2), by modeling the $T vs. ln(t / (t - t_h))$ data with T = A + B $ln(t / (t - t_h))$, respectively.

It should be noted that in this work, the initial time data were ignored, and only the final 2/3 of the data collected during heating and tempering were used because Eqs. (1) and (2) are long-term approximations of exponential integral equations. Furthermore, undesirable contact resistance effects mainly appear in the initial data. It should also be noted that neglecting the initial time data during fitting results in correlation coefficients (R^2) of greater than 0.9997 for Eq. (1) and 0.9995 for Eq. (2) for all t_h values studied.

Table 2 lists the *k* values for the different t_h values estimated by both the NLLSA and LLSA methods. For a given heating time t_h , the *k* values obtained by the two fitting methods are similar. Because LLSA generally gives reliable results, whereas NLLSA can give a wide range of results depending on the initial estimates used to solve Eqs. (1) and (2), the thermal conductivities were calculated using the LLSA method in the following sections.

- 231
- 232 *Effect of the heating time*
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234 For each ice temperature, different heating times were employed in the following order: $t_h = 1, 2, 3, 5, 10, 5, 2$ and 1 min. The obtained k values are listed in Table 3. Over the 235 236 entire temperature range studied, the thermal conductivity increases as t_h is increased 237 from 1 to 5 min and then remains nearly constant within the error as t_h is increased from 238 5 min to 10 min. Furthermore, a significant hysteresis between the k values obtained 239 before and after heating for 10 min is observed, *i.e.*, the k values determined after the t_h 240 = 10 min measurement are always higher than those determined before that 241 measurement. Table 3 also shows the error for each measurement. The k-error decreases 242 with increasing t_h . However, the *k*-errors of the measurements at -40 °C are high (k-243 *error* > 0.01), as is the *k*-error of the measurement at -30 °C with $t_h = 1$ min. These high 244 errors might be due to the lower accuracy of the detection device at very low temperatures. Figure 2 shows the temperature vs. time data for ice at -40 °C with $t_h = 2$ 245 246 min. The temperature accuracy for this sample is higher than that for the sample at -10 247 °C with $t_h = 2$ min during the last two-thirds of the heating and tempering processes (see 248 Fig. 1a). The error in the measurements performed at -5 °C is also quite high, possibly 249 due to the concave shape of the temperature vs. time data curves when the heating time

was short (data not shown). Therefore, a heating time of 5 min is determined to be theoptimal heating time for this system.

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253 Thermal conductivity of ice prepared by different freezing processes as a function of
254 temperature

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Figure 3 shows the thermal conductivities of the ice prepared by slow freezing at -5 °C, 256 -10 °C, -20 °C, -30 °C and -40 °C obtained using a heating time of 5 min and LLSA to 257 258 solve both Eqs. (1) and (2). The results show that k decreases with increasing 259 temperature, in agreement with the findings of Klinbun and Rattanadecho's study of 260 frozen food^[28]. In this work, k depends linearly on the temperature, increasing by 261 approximately 24 % as the temperature is increased from -10 °C to -40 °C. The data can 262 be fitted by the following equation: k = -0.0176 + 2.0526 T, which is consistent with the results of Choi and Okos^[1] but differs significantly from those of other researchers^[2-9] 263 264 (see Table 1).

Figure 3 also compares the thermal conductivities of the ice prepared by fast and slow freezing measured at -20 °C ($2.64 \pm 0.06 \text{ W/(m·K)} vs. 2.41 \pm 0.03 \text{ W/(m·K)}$). Clearly, as the freezing rate increases, the *k* value increases significantly, by approximately 10 %. To appreciate the significance of this difference in the thermal conductivity, it should be noted that it is equivalent to the difference observed when the thermal conductivity is measured at temperatures varying by nearly 15 °C (see Fig. 3).

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272 Because the thermal conductivity measured at a given temperature depends on the 273 freezing rate, this property could be used to distinguish between high-quality (fast) and 274 low-quality (slow) freezing processes. Therefore, thermal conductivity measurements 275 might be a promising method for ascertaining how quickly a food product was frozen,

although this property must be evaluated for each food^[29] to extend its application.

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278 *Ice prepared from aerated and non-aerated water*

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The thermal conductivities of the ice samples prepared from aerated and non-aerated water measured at $-20 \text{ °C} (2.39 \pm 0.08 \text{ W/(m·K)} vs. 2.48 \pm 0.06 \text{ W/(m·K)})$ are the same within the error (see Fig. 3), indicating that the dissolved gas concentration of the water does not affect the thermal conductivity of ice.

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285 Ice prepared in the presence of a magnetic field

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287 The thermal conductivities of the ice samples prepared by the 0 % CAS and 50 % CAS 288 air-blast freezing methods measured at -29 °C are both 2.75 ± 0.03 W/(m·K) (see Fig. 289 3). These results reveal that freezing water in the presence of an AMF does not affect 290 the thermal conductivity of the resulting ice. It should be noted that the k values of the 291 ice prepared in the presence of an AMF are higher than those of the samples prepared 292 by slow freezing. These results can be explained by the fact that the freezing rate was 293 higher in the AMF experiments because the temperature of the air-blast freezer was -50 294 °C during the freezing process.

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To our knowledge, the thermal conductivity of ice prepared in the presence of an AMF has not been previously reported. Instead, other related thermal properties of ice or other systems have been measured and used to validate the results, leading to conflicting reports of the effects of AMF freezing in the literature. Zhao *et al.*^[30] measured the

300 freezing curves of deionized water under a static magnetic field and found that applying a low field intensity ($|\vec{B}| < 50$ mT) did not significantly affect the nucleation 301 temperature and phase transition time. Watanabe et al.^[29] used differential thermal 302 303 analysis to demonstrate that a weak AMF did not influence the temperature history 304 during pure water freezing. Similar results were reported in studies of several food products^[31,32] that were frozen in the presence and absence of an AMF (0.5 mT/50 Hz) 305 306 or under nuclear magnetic resonance conditions (static magnetic field of 20 mT, 307 electromagnetic wave frequency of 1 MHz, AMF of 0.12 mT). In these studies, no 308 significant effects of the applied AMF on the degree of supercooling or the freezing times were observed. Furthermore, James *et al.*^[33] found that varying the AMF ($|\vec{B}| \leq$ 309 310 0.418 mT) had little effect on the freezing curve characteristics for garlic bulbs. These results are consistent with those presented in this work. In contrast, Ehrlich et al.^[34] 311 312 showed that the k value directly impacts the heat transfer in frozen solutions. Moreover, Mok et al.^[35] treated chicken breast samples with a combination of pulsed electric fields 313 and an AMF to achieve a supercooled state at -6.5 °C, in contrast to the partially frozen 314 315 state of the control samples at this temperature.

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318 CONCLUSIONS

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In this work, a commercial needle probe was used to measure the thermal conductivity kof ice in the temperature range of -5 to -40 °C. The results indicate that the measurement protocol affects the k value and therefore could be a source of the conflicting k values of ice reported in the literature. Accordingly, the measurement parameters, such as the heating time and data fitting method, must be optimized to obtain reliable results. These parameters were optimized in this work and then used to
determine the thermal conductivities of ice samples prepared by slow freezing at -5, -10,
-20 -30 and -40 °C. The results are consistent with those of Chio and Okos^[1] but differ
from those reported by other researchers^[2-9].

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In addition, the effects of different factors, including the freezing rate, presence of
dissolved gasses in the water and presence of a magnetic field during freezing, on the
thermal conductivity of ice were studied.

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334 The results show that the presence of dissolved gasses in the water (*i.e.*, impurities) and 335 the presence of an AMF during freezing do not affect the thermal conductivity of ice. 336 However, the freezing rate can significantly affect the k value and could therefore be a 337 source of the discrepancies in the literature values. Moreover, the significant difference 338 in the k values of the ice prepared at different freezing rates indicates that thermal 339 conductivity measurements could be a valuable tool for traceability purposes. However, 340 additional work is necessary to extend this research to real frozen foods, in which 341 factors such as the composition and structure play an important role. Furthermore, to 342 our knowledge, the k value of a material frozen in the presence of an electromagnetic 343 field is reported for the first time in this work, and the results shed light on some of the 344 conflicting data in the literature.

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436		and oscillating magnetic field (OMF) combination technology on the extension of
437		supercooling for chicken breasts J. Food Eng. 2017, 196, 27-35.
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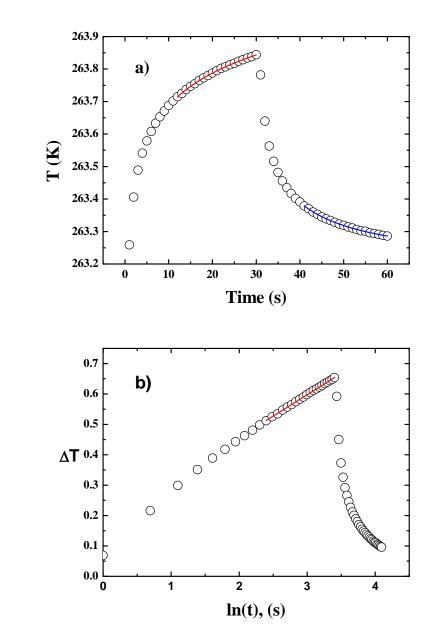
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441 Figure Captions

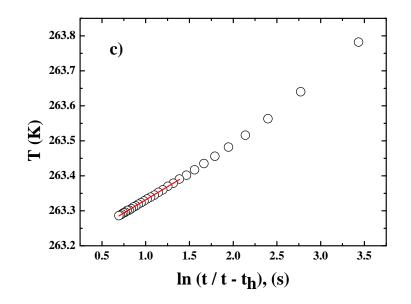
- 442
- 443 FIGURE 1. a) Temperature vs. time, b) ΔT vs. ln(t) and c) T vs. $ln(t/(t-t_h))$ data obtained
- 444 at -10 °C with $t_h = 1$ min.
- 445 FIGURE 2. Temperature vs. time data obtained at -40 °C with $t_h = 2$ min.
- 446 FIGURE 3. Experimental thermal conductivities of ice reported in the literature and
- 447 obtained for the different freezing processes in this study.
- 448
- 449 <u>Table Titles</u>
- 450
- 451 Table 1. Thermal conductivity k of ice as a function of temperature from literature
- 452 reports^[3-7].
- 453 Table 2. Thermal conductivities *k* obtained from the NLLSA and LLSA fits of Eqs. (1)
- 454 and (2) for different heating times t_h .
- 455 Table 3. Thermal conductivity k as a function of the heating time t_h .

458 459 Figure 1













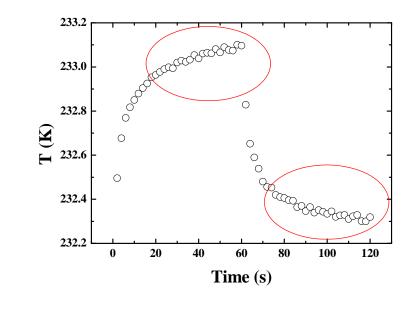
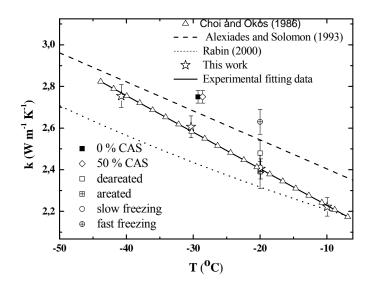


Figure 3



470

-5 °C	-10 °C	-20 °C	-30 °C	-40 °C	Ref.	<i>Ec. k</i> =
2.077	2.125	2.161	2.196	2.232	Van Duser (1929)*	2.09(1-0.0017 T(°C))
2.140	2.190	2.297	2.414	2.543	Ratcliffe (1962)*	2135 T(K) ^{-1.235}
2.253	2.292	2.385	2.198	2.632	Choi & Okos (1956)*	2.2199 - 6.248 10 ⁻³ T + 1.0154 10 ⁻⁴ T ²
2.248	2.316	2.453	2.590	2.726	Alexiades & Solomon (1993)	2.18 – 0.01365 T(K)**
2.156	2.223	2.358	2.493	2.627	Lunardini (1981)	2.09 -0.01349 T (°C)**
2.123	2.196	2.341	2.486	2.632	Waite <i>et</i> <i>al</i> .(2006)	2.05-0.01455 T (°C)**

*Data obtained for the corresponding published equation. ** Equation obtained from published data fitted as a linear behavior.

					504
Heating	k	k	k	k	505
time					506
	(NLLSA	(LLSA	(NLLSA	(LLSA	507
	eq.1)	eq.1)	eq.2)	eq.2)	508
1	1.81 ± 0.03	2.009±0.04	1.80 ± 0.02	1.777±0	.905
2	2.06 ± 0.01	2.113±0.002	1.903 ± 0.03	2.0281±	05006
5	2.13±0.02	2.271±0.02	$2.20{\pm}0.02$	2.155±0	0.004
10	2.39 ± 0.03	2.372 ± 0.02	2.31±0.02	2.024±0	.6007

515	Table 3	Heating rate	k	k-error
516 517			-5°C	
		1	1.932	0.0096
518		2	2.076	0.107
519		5	2.25	0.0077
520		10	2.197	0.0044
520		5	2.198	0.0051
		2	2.077	0.0051
			-10°C	
		1	1.962	0.0046
		2	2.077	0.0036
		5	2.222	0.0037
		10	2.217	0.0027
		5	2.219	0.0031
		2	2.091	0.0043
		1	1.973	0.0043
			-30°C	
		1	1.514	0.12
		2	2.278	0.0089
		5	2.606	0.0079
		10	2.578	0.0073
		5	2.537	0.0096
		2	2.291	0.0089
		1	2.038	0.0573
			-40°C	
		1	1.919	0.013
		2	2.412	0.0688
		5	2.754	0.0388
		10	2.591	0.0388
		5	2.663	0.359
		2	2.469	0.219
		1	2.342	0.0573