

**Postprint of Food Chemistry, Volume 219, 15 March 2017, Pages 339–345**

**DOI: 10.1016/j.foodchem.2016.09.141**

**Influence of pH on the antioxidant phenols solubilised from hydrothermally treated olive oil by-product (alperujo).**

**FÁTIMA RUBIO-SENENT, JUAN FERNÁNDEZ-BOLAÑOS, ARÁNZAZU GARCÍA, ANTONIO LAMA-MUÑOZ, GUILLERMO RODRÍGUEZ-GUTIÉRREZ \*.**

Food Phytochemistry Department, Instituto de la Grasa. Spanish National Research Council (CSIC). Campus Universitario Pablo de Olavide - Edificio 46, Ctra. de Utrera, km. 1 - 41013, Seville, Spain.

\*Corresponding author: Tel: 34-954691550; Fax 34-954691262;

E-mail: [guirogu@cica.es](mailto:guirogu@cica.es)

1 **ABSTRACT**

2

3 The application of a novel industrial process based on the hydrothermal treatment of  
4 olive oil waste (alperujo) led to a final liquid phase that contained a high concentration  
5 of simple phenolic compounds. In this study the effect of pH on phenol extraction with  
6 ethyl acetate from the aqueous phase of hydrothermally treated alperujo at 160°C/60  
7 min (without modification, pH 4.5, and adjusted to pH 2.5) was evaluated, beside the  
8 increase of hydroxytyrosol during the storage. The variation of the concentration of  
9 phenolic compounds in each extract was analyzed by HPLC. The phenolic extract  
10 obtained at pH 4.5 presented a higher proportion of total and individual phenols and  
11 better antioxidant capacity *in vitro* than the extract obtained at pH 2.5. The use of lower  
12 pH values enhances the concentration of hydroxytyrosol in the liquid diminishing the  
13 storage times.

14

15

16

17

18

19

20

21

22 **Keywords:** alperujo; hydroxytyrosol, phenols; antioxidant; olive oil wastes; ethyl  
23 acetate extract.

24

25

26 **1. Introduction.**

27

28 The Mediterranean diet, characterized by a high consumption of olive oil, fruits,  
29 vegetables, grains and legumes, reduces the incidence of major cardiovascular events  
30 (Estruch et al., 2013; De Lorgeril, Salen, Martin, Monjaud, Delaye, & Mamelle, 1999)  
31 and is associated with a lower risk of peripheral artery disease (Ruíz-Canela, Estruch,  
32 Corella, Salas-Salvado & Martínez-González, 2014). High concentrations of free  
33 radical-scavenging like polyphenols and flavonoids have been attributed as an important  
34 contributory factor for the health benefits of the Mediterranean diet. Virgin olive oil is  
35 rich in unsaponifiable minor components such as sterols, tocopherols, and polyphenols.  
36 The polyphenols are natural antioxidants that not only contribute to the stability of the  
37 oil, but also have anti-inflammatory and anti-atherosclerotic properties (González-  
38 Santiago et al., 2006). After olive oil extraction, only a low percentage of the total  
39 phenolic compounds present in the olive fruits are found in the virgin olive oil. The  
40 remaining phenolics (98-99 %) end up in alperujo, a by-product of the modern two-  
41 phase processing technique used in olive oil production (Fernández-Bolaños,  
42 Rodríguez, Gómez, Guillén, Jiménez, Heredia, & Rodríguez, 2004). As such, this  
43 material should be considered as an important source of polyphenols. Several studies  
44 have evaluated the extraction capacity of different solvents to obtain phenolic extracts  
45 from olive oil by-products. Allouche, Fki, and Sayadi (2004) compared various polar  
46 solvents such as methyl isobutyl, acetone, methyl ethyl ketone, diethyl ether and ethyl  
47 acetate in the extraction of phenolic compounds from the alperujo by a continuous  
48 extraction system. The results showed that extraction with ethyl acetate yields more  
49 enriched extract phenols than the others solvents. Obied, Allen, Bedgood, Prenzler, and  
50 Robards (2005) conducted a study on different solvents to obtain an extract enriched in

51 phenols from the alperujo. Acetate ethyl and various aqueous mixtures of methanol,  
52 ethanol, n-propanol, acetonitrile, and acetone were tested, and the results showed that  
53 acetate ethyl extraction is selective for small and medium molecular weight phenols.

54 The pH of extraction with ethyl acetate used was highly variable among the  
55 different studies, with some studies utilising ethyl acetate acidified with HCl to pH 3 to  
56 extract phenols from olive oil solid residues (Lesage-Meessen et al., 2001; Obied, et al.,  
57 2005; Mulinacci et al., 2005), and others using ethyl acetate at pH 4.5 (Capasso,  
58 Cristinzio, Evidente, & Scognamiglio, 1992) and pH 2 (El-Abbassi, Kiai, & Hafidi,  
59 2012) to extract phenol from olive mill waste water.

60 A hydrothermal treatment has been developed at industrial scale (Patent N°  
61 ES2374675) to facilitate the extraction of valuable compounds and the liquid-solid  
62 separation into two phases (solid and liquid) from two-phase olive waste. This process  
63 produces a high solubilisation of simple phenolic compounds in the liquid phase due to  
64 their breakdown from complex molecules. Its industrial implementation will produce a  
65 considerable amount of liquid rich in sugars and phenols, making necessary studies to  
66 recover these valuable compounds. The liquid phase is industrially stored in evaporation  
67 ponds, in which hydrolysis reactions can release simple phenols like hydroxytyrosol  
68 from their conjugated forms, but during long storage undesirable compounds and  
69 odours are formed by fermentation. The use of lower pH values during the storage could  
70 help to prevent it, beside to enhance the concentration of simple phenols.

71 In previous work, the effect of the length of hydrothermal treatment on the  
72 composition of phenolic extracts and their properties was studied (Rubio-Senent,  
73 Rodríguez-Gutiérrez, Lama-Muñoz, & Fernández-Bolaños, 2012). In this work a study  
74 of the increase of hydroxytyrosol during the storage at lower pH and different  
75 temperatures was determined in the liquid after the thermal treatment. The influence of

76 the pH of the ethyl acetate extraction on the composition and antioxidant characteristics  
77 of phenolic extracts has been also evaluated, for two different pHs. These two different  
78 pHs have been selected considering the most employed by different authors. So  
79 usually two different actions were realized when an extraction with ethyl acetate was  
80 carried out, or the sample was acidified at pH 2-3 with HCl, or the pH is not modified  
81 leaving the sample with its original value of pH (4.5). Furthermore, we confirmed the  
82 reproducibility of the hydrothermal treatment together with the phenolic extraction.

83

84

## 85 **2. Materials and methods.**

86

### 87 2.1. Raw material.

88 The sample of alperujo (a semi-solid residue composed of olive peels, pulp, seeds,  
89 and ground stones) was obtained in February of 2011 (end of the olive oil season) from  
90 Picual olives processed at a Spanish oil mill (Experimental Mill, Instituto de la Grasa,  
91 Seville). The alperujo was processed in the pilot reactor without removal of the stones.

92

### 93 2.2. Standard compounds.

94 Hydroxymethylfurfural, protocatechuic acid, p-hydroxybenzoic acid, vanillic acid,  
95 4-methylcatechol, catechol, 3,4-dihydroxyhydrocinnamic acid, homovainillic acid and  
96 3,4-dihydroxyphenylglycol were obtained from Sigma-Aldrich (Deisenhofer,  
97 Germany). Tyrosol was obtained from Fluka (Buchs, Switzerland). Oleuropein,  
98 hydroxytyrosol acetate and hydroxytyrosol was obtained from Extrasynthese (Lyon  
99 Nord, Geney, France).

100 The compound (E)-3-(1-Oxobut-2-en-2-yl)glutaric acid that are not commercially  
101 available was purified on a silica gel preparative TLC (Merck 60F254) and eluted with a  
102 mixture of chloroform and methanol 8:2 (v/v). The different bands were identified by  
103 their absorption at 254 nm and 366 nm.

104

### 105 2.3. Thermal treatment.

106 The hydrothermal treatment (Patent N° ES2374675) was performed using a  
107 prototype designed by our research group at the Instituto de la Grasa (Seville, Spain). 10  
108 kg of fresh alperujo were treated for 60 min at 160 °C, and the wet material was  
109 centrifuged at 4700 g (Comteifa, S.L., Barcelona, Spain) to separate the solids and  
110 liquids. After centrifugation, 10 L of the liquid phase of each treatment was  
111 concentrated to 1 L by rotary evaporation in a vacuum at 30 °C. The process was  
112 realized in duplicate (termed process A and process B).

113

### 114 2.4. Phenol extraction.

115 The liquid portions obtained after treatment were washed with hexane to remove  
116 the lipid fraction. Half of the sample was subjected to extraction with ethyl acetate  
117 without modifying the pH (4.5), while the other half was acidified with HCl to pH 2.5.  
118 The same method was performed for the samples from process A and process B.  
119 Extraction of phenolic compounds was carried out with ethyl acetate (500 mL per 200  
120 mL of sample), following the process described by Rubio-Senent et al. (2012), where  
121 the aqueous and organic phase were separated.

122

### 123 2.5. Determination of the total phenolic content.

124 The phenolic content was measured according to the Folin-Ciocalteu method  
125 (Singleton & Rossi, 1965), and expressed as grams of gallic acid equivalents per  
126 kilograms of fresh alperujo.

127

128 2.6. Determination of hydroxytyrosol concentration during the storage.

129 Samples of the liquid fraction obtained after the thermal treatment (60 min at 160  
130 °C) were acidified with HCl to pH 2.5 and stored at four temperatures, 8, 25, 35 and 50  
131 °C. A sample without acidification was used as a control (pH 4.5) stored at room  
132 temperature. Aliquots of each sample were taken on different days over a period of 220  
133 days (close to the maximum time of storage in the industry pounds) and filtered through  
134 0.45µm for the analysis of the concentration of hydroxytyrosol by HLPC.

135

136 2.7. Chromatographic fractionation of the ethyl acetate extracts

137 For facility determination and quantification of phenols in each extract a  
138 fractionation had been realized. Each extract were passed through a column 3.5 cm in  
139 diameter and 40 cm in height filled with Amberlite® XAD16. The elution was  
140 performed with 1 L of H<sub>2</sub>O, 30% EtOH (v/v), 50% EtOH (v/v) and 95% EtOH (v/v).  
141 Ten fractions of 100 mL each were collected. Fractions were analyzed by HPLC, and  
142 those with similar compositions were mixed. In each fraction, the different phenols  
143 were identified and quantified by HPLC-DAD.

144

145 2.8. HPLC-DAD.

146 The method used was described by Rubio-Senent et al., (2012). The different  
147 phenols were quantified using a Hewlett-Packard 1100 liquid chromatograph system  
148 with a C-18 column (Teknokroma Tracer Extrasil ODS-2, 250 mm x 4.6 mm i.d. 5 µm).

149 The system was equipped with a diode array detector (DAD; the wavelengths used for  
150 quantification were 254, 280 and 340 nm) and Rheodyne injection valves (20 µL loop).  
151 The mobile phases were 0.01% trichloroacetic acid in water and acetonitrile utilizing  
152 the following gradient over a total run time of 55 min: 95 % A initially, 75 % A at 30  
153 min, 50 % A at 45 min, 0 % A at 47 min, 75 % A at 50 min, 95 % A at 52 min until the  
154 run was completed. Quantification was carried out by integration of peaks at different  
155 wavelengths with reference to calibrations made using external standards.

156

157 2.9. Antioxidant activities.

158

159 *2.9.1. Antiradical capacity: 2,2-diphenyl-1-picrylhydrazyl (DPPH).*

160 The free radical-scavenging capacity was measured using the DPPH method  
161 described in a previous study (Rubio-Senent et al., 2012) and expressed as EC50  
162 (effective concentration, mg/mL), calculated from a calibration curve using linear  
163 regression for each antioxidant.

164

165 *2.9.2. Reducing power*

166 The reducing power assay was performed according to the procedure described in  
167 a previous study (Rubio-Senent et al., 2012). The assay was calibrated using 6-hydroxy  
168 2,5,7,8- tetramethylchroman-2-carboxylic acid (Trolox), and the results were expressed  
169 in mg/mL TE (Trolox equivalent). To express the results, a calibration curve was  
170 created by plotting  $A_{490}$  against the known concentration of Trolox (0.059e0.56 mg/mL)  
171 [correlation coefficient (R)  $\frac{1}{4}$  0.9936].

172

173 2.10. Statistical analysis.

174

175 Results were expressed as mean values  $\pm$  standard deviations. To assess the  
176 differences between samples a comparison was performed using the Statgraphics Plus  
177 program version 2.1. Multivariate analysis of variance (ANOVA), followed by  
178 Duncan's comparison test was performed. Results were considered statistically  
179 significant for  $P < 0.05$ .

180

### 181 **3. Results and discussion.**

182

#### 183 3.1. Hydroxytyrosol increase during the storage.

184 The concentration of one of the most active simple phenol present in olive was  
185 measured at different days as **Figure 1** shows. Despite the initial concentration of HT  
186 was high (2.10 mg/mL) an increase of the HT content was observed for all the samples  
187 except for the higher storage temperature (50 °C). The acidification leads to increase  
188 fast the HT concentration up to a maximum value over 3.1 g/L for 25 and 35 °C and 126  
189 days, but not the final value at 220 days in comparison with the control. The  
190 concentration of HT increased slowly in the control without maximum, appearing only  
191 in this sample undesirable odours from the 126 days, approximately. A loss of HT  
192 concentration was observed using 50 °C or in the acidified samples after 126 storage  
193 days. The causes of the degradation of HT by chemical or biological oxidation are well  
194 known as the formation by the hydrolysis from its conjugated forms like oleuropein or  
195 their glycosides derivatives (Fernández-Bolaños et al., 2008). Beside the formation of  
196 HT by their precursors, some authors have been proposed the loss or the release of  
197 phenols like HT should be linked to condensation reactions or certain interactions

198 among phenols, polysaccharides, and glycoproteins during the malaxation of the olive  
199 paste (Fernández-Bolaños et al., 2002).

200

### 201 3.2. Hydrothermal treatment and phenolic extract.

202 The results obtained after hydrothermal treatment of fresh alperujo at 160°C/60  
203 min and extraction of the aqueous fraction with ethyl acetate at pH 4.5 or adjusted to 2.5  
204 are shown in **Table 1**. Double the amount of phenolic extract (organic fraction  
205 evaporated to dryness) per kg of fresh alperujo was obtained when the extraction was  
206 performed at pH 2.5 (30 g for pH 2.5 vs. 15 g for pH 4.5). However, the phenolic  
207 content in the extracts showed that at pH 4.5 the extracts contained 62% of phenol while  
208 at pH 2.5 only 46% of the extract had phenolic nature, and therefore contained many  
209 other compounds with no phenolic nature (16 g for pH 2.5 vs 6 g for pH 4.5). The total  
210 phenols determined by colorimetric method have been used to quantify the maximum  
211 quantity of phenols, the free ones and the phenols linked to other compounds.

212 Extraction with ethyl acetate at pH 4.5 caused a small increase of phenols in the  
213 aqueous fraction (g/ 100 g aqueous extract) compared to extraction at pH 2.5. Previous  
214 studies conducted by our research group have shown that in the aqueous fraction at pH  
215 4.5 the phenolic compounds present were bound to oligosaccharides, and others were  
216 identified as phenolic glycosides (i.e. glucosides of hydroxytyrosol and tyrosol),  
217 verbascoside and secoiridoids (Rubio-Senent, Rodríguez-Gutierrez, Lama-Muñoz, &  
218 Fernández-Bolaños 2013a).

219

### 220 3.3. Characterization of phenolic extract.

221 The compositions of phenolic extracts from the organic fraction were analyzed by  
222 chromatographic fractionation using Amberlite XAD-16 (Rubio-Senent et al., 2012),

223 and the different phenols identified and quantified by HPLC-DAD in each extract are  
224 listed in **Table 2** and show in a representative chromatogram at 280 nm in **Figure 2**.

225 Firstly the data show that there are not important differences between the two  
226 replicates for each of the treatments.

227 Some differences were found in the phenolic composition of extracts depending  
228 on the pH of extraction with ethyl acetate. Changing the pH did not cause a significant  
229 difference in the concentration of some compounds, such as protocatechuic acid, p-  
230 hydroxybenzoic acid, vainillic acid, oleuropein derivatives and the polymeric phenolic  
231 fraction (PPF). However, many other compounds quantified showed significant  
232 differences in concentration as a function of pH. The phenolic alcohols (3,4-  
233 dihydroxyphenylglycol, hydroxytyrosol, tyrosol), the phenolic acid 3,4-  
234 dihydroxyhydrocinnamic acid, oleuropein, and the elenolic acid derivatives, including  
235 the (E)-3-(1-Oxobut-2-en-2-yl)glutaric acid, showed a higher concentration in the  
236 extract obtained at pH 4.5 than at pH 2.5. This last compound, and the second most  
237 abundant, is a novel elenolic derivative whose structural determination and nature have  
238 been recently presented by our group (Rubio-Senent et al., 2015). Other species, such as  
239 catechol, 4-methylcatechol, hydroxytyrosol acetate and homovainillic acid were found  
240 in greater amounts in the extract obtained at pH 2.5 than at pH 4.5. In addition, the  
241 extract obtained at pH 2.5 had higher amounts of degradation products of sugars  
242 (hydroxymethylfurfural). These differences in concentration may be due to the  
243 instability of some compounds at the lower pH. Alternatively, the degradation of some  
244 compounds may cause the release of different units that form their structures, as for the  
245 case of oleuropein, which is more concentrated in the extract at pH 4.5 than at pH 2.5.  
246 The concentration of hydroxytyrosol acetate and hydroxytyrosol showed an inverse  
247 relationship between the two extracts at different pH, probably because the acetylation

248 for the formation of hydroxytyrosol acetate is favored in the presence of ethyl acetate at  
249 low pH (2.5).

250 With respect to the total balance, although the method of Folin-Ciocalteu  
251 quantified more total phenols in the extract obtained at pH 2.5 in comparison with the  
252 extract obtained at pH 4.5 (14 g or 11.5 g phenol per kg of fresh alperujo, respectively),  
253 a greater amount of individual phenols were identified and quantified by HPLC-DAD in  
254 the extract obtained at pH 4.5 (7.4 g vs. 5.9 phenol per kg of fresh alperujo).

255 In relation to PPFs, which were formed during the ethyl acetate extraction process  
256 and have been studied in a previous work (Rubio-Senent, Lama-Muñoz, Rodríguez-  
257 Gutiérrez & Fernández-Bolaños, 2013b), there were no significant differences between  
258 the amounts of PPF obtained at the different pHs of extraction. However, an important  
259 difference in the composition of PPF was detected. The PPF obtained at pH 2.5  
260 presented in their composition only 10.5% of total phenols, whereas the PPF obtained  
261 without modification of pH (4.5) presented in their composition 70 % of total phenols.  
262 Therefore, the extract obtained with modification of pH was enriched in other  
263 components different to phenols that affected the composition of the PPF fraction. This  
264 observation is consistent with the properties of adsorption of the phenol of PPF (Rubio-  
265 Senent et al., 2013b) that reaches its maximum at pH 4.5, or at least these phenols  
266 adsorbed are those quantitatively detectable.

267

268 3.4. Antiradical activity and reducing power.

269 The results obtained for the antiradical activity and reducing power of the organic  
270 and aqueous fractions from the liquid-liquid extraction with ethyl acetate at the two pH  
271 tested were related with phenol content. **Figure 3A** shows the antiradical capacity  
272 against DPPH radicals ( $EC_{50}$ ), and **Figure 3B** the reducing power (expressed as Trolox

273 equivalents in mg/mL) for the fractions from each hydrothermal treatment in duplicate  
274 (Treatment A and B).

275 Both the antiradical capacity (**Figure 3A**) and reducing power (**Figure 3B**)  
276 showed a positive relationship with the total phenolic content in the fractions studied.  
277 Interestingly, the organic fractions obtained at pH 4.5, which had a higher proportion of  
278 total and individual phenols (**Tables 1 and 2**) than at pH 2.5, presented an antiradical  
279 capacity similar to widely known natural antioxidants such as HT, DHPG and  $\alpha$ -  
280 tocopherol, as deduced from the EC<sub>50</sub> value. The reducing power values, expressed as  
281 Trolox equivalents in mg/mL, indicated that the organic extract obtained at pH 4.5  
282 exhibited higher activity than at pH 2.5, although they presented lower reducing power  
283 values than for HT and DHPG, although they were more effective than  $\alpha$ -tocopherol.

284 The results show that the aqueous fraction presented lower antioxidant properties  
285 than the organic fraction for both pHs tested. These low activities have been related  
286 with antioxidant phenols that remain in the aqueous fraction and are bound to  
287 oligosaccharides (Fernández-Bolaños, Rubio-Senent, Lama-Muñoz, García &  
288 Rodríguez-Gutiérrez, 2014). Furthermore, the aqueous fractions could act as antioxidant  
289 soluble fiber with bioactive properties assigned to a phenol moiety.

290 In addition, we confirmed that there were no significant differences in either the  
291 composition or activity of both the organic and aqueous extracts obtained from the two  
292 treatments at 160 °C/60 min (treatment A and B). Consequently, we can conclude that  
293 the hydrothermal treatment for the same raw material is reproducible.

294

295 4. Conclusions.

296

297 The acidification of the liquid phase after the thermal treatment helps to increase  
298 the concentration of hydroxytyrosol in free form and to prevent the formation of  
299 undesirable odours during the storage. By other hand, the results demonstrate that the  
300 pH at which the extraction is performed affects the phenolic extract obtained. The  
301 extract obtained at pH 4.5 presented a greater percentage of total phenols and it was  
302 composed mainly of hydroxytyrosol and an elenolic acid derivative. In the extract  
303 obtained at pH 2.5 however, other molecules such as 4-methylcatechol and  
304 hydroxytyrosol acetate were in greater proportion, followed by hydroxytyrosol and the  
305 elenolic acid derivative. Moreover, the phenolic extract obtained at pH 4.5 showed  
306 higher antioxidant/free radical-scavenging activity than the extract obtained at pH 2.5,  
307 with an activity similar to HT, DHPG and  $\alpha$ -tocopherol. The PPF isolated was also  
308 more enriched in phenolic compounds at pH 4.5. Therefore, this study reveals that the  
309 pH of the extraction with ethyl acetate is critical since it determines both the  
310 characteristics and the composition of the extract obtained. We also confirmed that the  
311 hydrothermal treatment of alperujo and the liquid-liquid solvent extraction process is  
312 reproducible, with no significant differences observed in the composition of the extracts  
313 obtained in duplicate in any of the tests performed. Thus, the production of phenolic  
314 extracts by organic solvent should be done avoiding long period of storage of the liquid  
315 phase or storing at lower pH, and correcting it to the initial one (pH 4.5) just before the  
316 extraction.

317

### 318 **Acknowledgments**

319 Funding was received from the Ministerio de Economía y Competitividad of Spain and  
320 co-funded by European Social Fund (ESF) (project AGL2013-48291-R). F.R.S.

321 received funding from the Spanish JAE-PRE program (CSIC-ESF) and the Ramon y  
322 Cajal Programme (RyC 2012-10456).

323

## 324 **References**

325

326 Allouche, N., Fki, I., & Sayadi, S. (2004). Toward a high yield recovery of antioxidants  
327 and purified hydroxytyrosol from olive mill wastewaters. *Journal of Agricultural*  
328 *and Food Chemistry*, 52, 267-273.

329 Capasso, R., Cristinzio, G., Evidente, A., & Scognamiglio, F. (1992). Isolation,  
330 spectroscopy and selective phytotoxic effects of polyphenols from vegetable waste  
331 waters. *Phytochemistry*, 12, 4125-4128.

332 De Lorgeril M., Salen, P., Martin, J.L., Monjaud, I., Delaye, J., & Mamelle, N. (1999).  
333 Mediterranean diet, traditional risk factors, and the rate of cardiovascular  
334 complications after myocardial infarction: final report of the Lyon Diet Heart study.  
335 *Circulation*, 99, 779-785.

336 Estruch, R., Ros, E., Salas-Salvado, J., Covas, M. I., Corella, D., Aros, F., Gomez-  
337 Gracia, E., Ruiz-Gutierrez, V., Fiol, M., Lapetra, J., Lamuela-Raventos, R. M.,  
338 Serra-Majem, L., Pinto, X., Basora, J., Munoz, M. A., Sorli, J. V., Martinez, J. A.,  
339 & Martinez-Gonzalez, M.A. (2013). Primary prevention of cardiovascular disease  
340 with a mediterranean diet. *The New England Journal of Medicine*, 368, 1279-1290.

341 El-Abbassi, A., Kiai, H., & Hafidi, A. (2012). Phenolic profile and antioxidant activities  
342 of olive mill wastewater. *Food Chemistry*, 132, 406-412.

343 Fernández-Bolaños, J. Rodríguez, G. Rodríguez, R. Heredia, A Guillén, R. & Jiménez,  
344 A. (2002). Production in large quantities of highly purified hydroxytyrosol from

345 liquid-solid waste of two-phase olive oil processing or Alperujo". *Journal of*  
346 *Agricultural and Food Chemistry*, 50, 6804-6811.

347 Fernández-Bolaños, J., Rodríguez, G., Gómez, E., Guillén, R., Jiménez, A., Heredia, A.,  
348 & Rodríguez, R. (2004). Total recovery of the waste of two-phase olive oil  
349 processing: isolation of added-value compounds. *Journal of Agricultural and Food*  
350 *Chemistry*, 52, 5849-5855.

351 Fernández-Bolaños, J., Rubio-Senent, F., Lama-Muñoz, A., García, A., & Rodríguez-  
352 Gutiérrez, G. (2014). Production of oligosaccharides with low molecular weights,  
353 secoiridoids and phenolic glycosides from thermally treated olive by-products. *In*  
354 *Oligosaccharides: Food Sources, Biological Roles and Health Implications*. Ed.  
355 L.S. Schweizer and S.J. Krebs, Nova Science Publisher, New York (pp 173-208).

356 Fernández-Bolaños, J.G., López, O., Fernández-Bolaños, J. & Rodríguez-Gutiérrez, G.  
357 (2008). Hydroxytyrosol and derivatives: isolation, synthesis, and biological  
358 properties. *Current Organic Chemistry*, 12, 442-463.

359 González-Santiago, M., Martín-Bautista, E., Carrero, J.J., Fonolla, J., Baro, L.,  
360 Bartolomé, M.V, Gil-Loyzaga, P., & López-Huertas, E. (2006). One-month  
361 administration of hidroxitirosol, a phenolic antioxidant present in olive oil, to  
362 hyperlipemic rabbits improve blood lipid profile, antioxidant status and reduces  
363 atherosclerosis development. *Atherosclerosis*, 188, 35-42.

364 Lesage-Meessen, L., Navarro, D., Maunier, S., Sigoillot, J-C., Lorquin, J., Delattre, M.,  
365 Simon, J-L., Asther, M., & Labat, M. (2001). Simple phenolic content in olive oil  
366 residues as a function of extraction systems. *Food Chemistry*, 75, 501-507.

367 Mulinacci, N., Innocenti, M., La Marca, G., Mercalli, E., Giaccherini, C., Romani, A.,  
368 Erica, S., & Vincieri, F.F. (2005). Solid olive residues: Insight into their phenolic  
369 composition. *Journal of Agricultural and Food Chemistry*, 53, 8963-8969.

370 Obied, H. K., Allen, M. S., Bedgood, D. R., Prenzler, Jr. P. D., & Robards, K. (2005).  
371 Investigation of Australian olive mill waste for recovery of biophenols. *Journal of*  
372 *Agricultural and Food Chemistry*, 53, 9911-9920.

373 Rubio-Senent, F., Rodríguez-Gutiérrez, G., Lama-Muñoz, A., & Fernández-Bolaños, J.  
374 (2012). New phenolic compounds hydrothermally extracted from the olive oil  
375 byproduct Alperujo and their antioxidative activities *Journal of Agricultural and*  
376 *Food Chemistry*, 60, 1175–1186.

377 Rubio-Senent, F., Rodríguez-Gutiérrez, G., Lama-Muñoz, A., & Fernández-Bolaños, J.  
378 (2013a). Chemical characterization and properties of a polymeric phenolic fraction  
379 obtained from olive oil waste. *Food Research Internacional*, 54, 2122–2129.

380 Rubio-Senent, F., Lama-Muñoz, A., Rodríguez-Gutiérrez, G., & Fernández-Bolaños, J.  
381 (2013b). Isolation and identification of phenolic glucosides from thermally treated  
382 olive oil byproducts. *Journal of Agricultural and Food Chemistry*, 61, 1235-1248.

383 Rubio-Senent, F., Martos, S., Lama-Muñoz, A., Fernández-Bolaños, J.G., Rodríguez-  
384 Gutiérrez, G. and Fernández-Bolaños. J. (2015). Isolation and characterization of a  
385 secoiridoid derivative from two-phase olive waste (alperujo). *Journal of*  
386 *Agricultural and Food Chemistry*, 63, 1151-1159.

387 Ruíz-Canela, M., Estruch, R., Corella, D., Salas-Salvado, J., & Martínez-González,  
388 MA. (2014). Association of Mediterranean diet with peripheral artery disease: The  
389 PREDIMED Randomized Trial. *The Journal of the American Medical Association*  
390 *(JAMA)*, 311, 415-417.

391 Singleton, V. L., & Rossi, J. A. Jr. (1965). Colorimetry of total phenolics with  
392 phosphomolybdic-phosphotungstic acid reagents. *American Journal of Enology*  
393 *and Viticulture*, 16, 144–158.

394

395

396

397

398 **Figure Captions.**

399

400 **Figure 1.** Concentration of hydroxytyrosol during the storage of the liquid phase  
401 obtained from alperujo thermally treated at two pHs (the original at pH 4.5 and the  
402 acidified one at pH 2.5) and four different temperatures. The data are presented as  
403 means  $\pm$  SD (Standard Deviation) of three determinations. \* Significantly different from  
404 control ( $p > 0.05$ ).

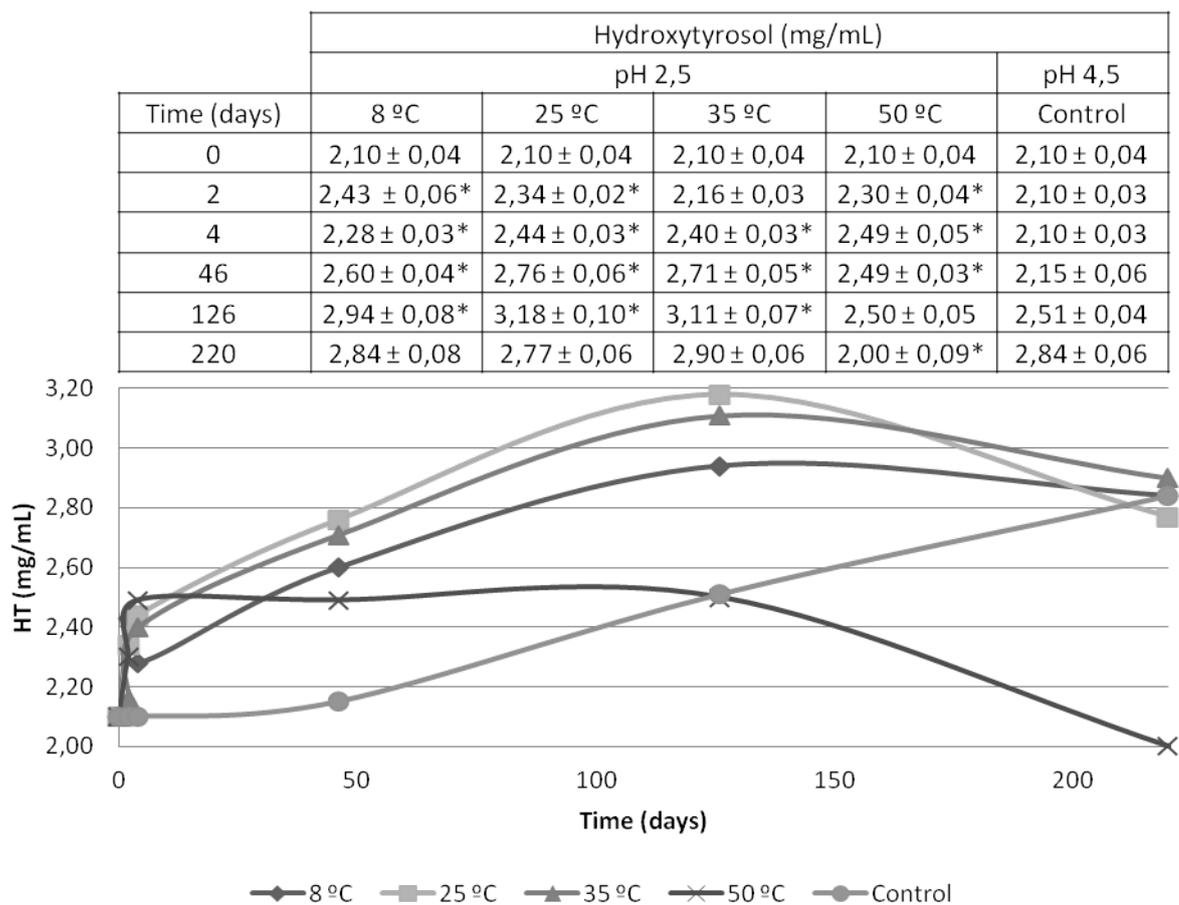
405

406 **Figure 2.** Phenolic profile at 280 nm of representative phenolic extract after the thermat  
407 treatment (160 °C, 60 min) at pH 2.5. The identified phenolic compounds are: 1). 3,4-  
408 dihydroxyphenylglycol, 2) hydroxymethylfurfural, 3) hydroxytyrosol, 4) (E)-3-(1-  
409 Oxobut-2-en-2-yl) glutaric acid, 5) tyrosol, 6) catechol, 7) 3,4-dihydroxyhydrocinnamic  
410 acid, 8) protocatechuic acid, 9) p-hydroxybenzoic acid, 10) homovainillic acid, 11)  
411 vainillic acid, 12) 4-methylcatechol, 13) hydroxytyrosol acetate, 14) oleuropein and 15)  
412 elenoic acid derivatives.

413

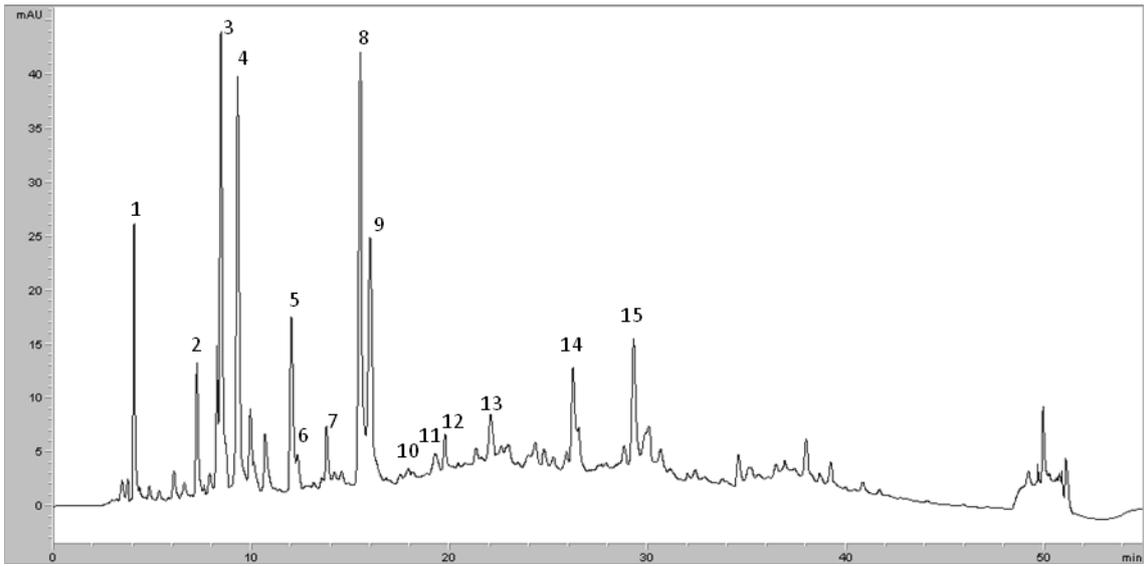
414 **Figure 3. A.** Radical scavenging capacity (DPPH radical) and **B.** reducing power of the  
415 extracts obtained from hydrothermally treated alperujo and extraction with ethyl acetate  
416 (organic and aqueous phases) using two different pHs (2.5 and 4.5) and standards (HT,  
417 DHFG, and  $\alpha$ -tocopherol). Antiradical activity DPPH is expressed as EC<sub>50</sub> (mg/mL)  
418 and reducing power in Trolox equivalent (mg/mL). The data are presented as means  $\pm$   
419 SD (Standard Deviation) of three determinations. The different letters indicate  
420 significantly different results ( $p < 0.05$ ). Faq, aqueous fraction; Forg, organic fraction.

421



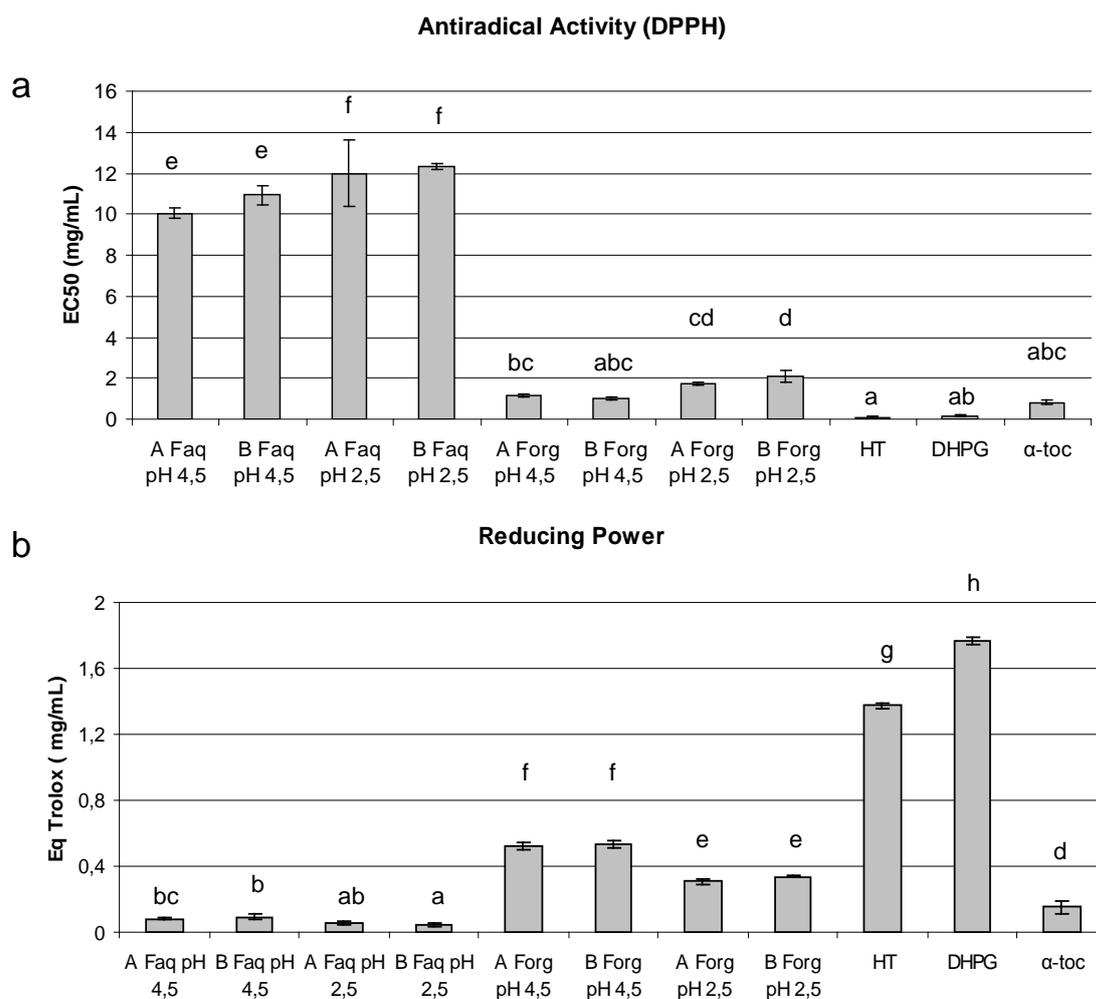
422  
423  
424  
425  
426  
427  
428  
429  
430  
431  
432  
433  
434  
435  
436  
437  
438

Figure 1.



439  
440  
441  
442  
443  
444  
445  
446  
447  
448  
449  
450  
451  
452  
453  
454  
455  
456

Figure 2



457

458

459

460

461

462

463

464

465

466

467

468 Figure 3

469

470 Table 1. Yield of phenolic extracts and phenolic content obtained by hydrothermal  
 471 treatment of alperujo at 160 °C/60 min and extracted with ethyl acetate with two  
 472 different pH (without modification, pH 4.5, and with acidification, pH 2.5).

473

pH	Replicate A		Replicate B	
	4.5	2.5	4.5	2.5
g of phenolic extract/kg fresh alperujo	13.99	29.58	15.67	30.92
g phenol in organic fraction <sup>a</sup> /100 g extract	60.41±2.43 <sup>b</sup>	44.26±3.44	64.20±5.71	47.43±2.24
g phenol in aqueous fraction <sup>a</sup> /100 g extract	10.70±0.01	8.01±0.59	8.79±0.76	9.09±0.15
g phenol in organic fraction <sup>a</sup> /kg fresh alperujo	11.45±0.34	13.68±1.61	11.63±1.32	14.66±1.31
g phenol in aqueous fraction <sup>a</sup> /kg fresh alperujo	7.66±0.04	5.26±0.14	6.7±0.58	5.25±0.12

474 <sup>a</sup> Determined by Folin-Ciocalteu's method as gallic acid equivalent.

475 <sup>b</sup> Mean ± SD (Standard deviation) of three determinations.

476

477

478

479

480

481

482

483

484

485

486

487

488

489

490

491

492

493

494

495

496

497

498

499 Table 2. Concentration of identified phenolic compounds in the extracts (replicate A  
 500 and B) from hydrothermally treated alperujo with ethyl acetate at different pHs by  
 501 HPLC-DAD.

pH	mg/Kg fresh alperujo				
	4.5		2.5		
Treatment	A	B	A	B	
<b><i>phenolic alcohol</i></b>					
3,4-dihydroxyphenylglycol <sup>b</sup>	20.16±1.44 <sup>a</sup>	19.43±0.89	*	9.73±0.98	7.50±1.47
Hydroxytyrosol <sup>b</sup>	1508.91±29.01	1412.55±88.22	*	799.82±16.37	832.69±35.60
Tyrosol <sup>b</sup>	196.74±4.33	149.41±1.21	*	115.43±13.23	69.56±4.43
Catechol <sup>b</sup>	39.90±2.55	40.65±3.13	*	66.60±3.60	63.77±1.81
4-methylcatechol <sup>b</sup>	268.26±0.72	222.46±2.26	*	978.44±80.18	936.85±17.48
hydroxytyrosol acetate <sup>b</sup>	686.43±13.75	562.31±22.68	*	866.34±16.37	764.85±4.80
<b><i>degradation product of sugar</i></b>					
Hydroxymethylfurfural <sup>b</sup>	36.34±2.42	48.20±0.97	*	59.56±2.31	49.79±6.36
<b><i>phenolic acid</i></b>					
protocatechuic acid <sup>b</sup>	40.49±1.83	40.44±1.20		44.38±1.39	38.36±2.32
3,4-dihydroxyhydrocinnamic acid <sup>b</sup>	40.24±1.16	38.78±5.17	*	n.d.	n.d.
homovainillic acid <sup>b</sup>	n.d.	n.d.	*	18.67±0.55	12.56±0.23
p-hydroxybenzoic acid <sup>b</sup>	13.80±0.11	10.29±0.41		7.35±0.58	6.86±0.25
vainillic acid <sup>b</sup>	25.15±0.26	20.56±0.10		23.97±0.26	21.62±0.78
<b><i>oleuropein derivatives</i></b>					
Oleuropein <sup>b</sup>	12.96±0.06	14.67±1.68	*	8.47±0.39	7.62±0.32
oleuropein derivatives <sup>c</sup>	36.99±4.55	27.58±2.24		38.12±4.82	39.20±7.41
<b><i>elenoic acid derivatives</i></b>					
(E)-3-(1-Oxobut-2-en-2-yl)glutaric acid <sup>b</sup>	1124.38±64.52	950.28±52.14	*	776.48±18.64	770.00±44.16
elenoic acid derivatives <sup>d</sup>	787.60±30.89	895.82±85.93	*	n.d.	n.d.
<b><i>polymeric phenolic fraction</i></b>					
polymeric phenolic fraction	2689.00±32.45	2855.00±35.48		2360.00±78.52	2056.00±87.52
<b>total</b>	<b>7127.36±123.82</b>	<b>7243.40±285.93</b>		<b>6112.88±238.18</b>	<b>5696.09±214.93</b>

502 <sup>a</sup> Mean ± SD (Standard deviation) of two determinations. <sup>b</sup> Compounds were identified  
503 and quantified with their corresponding standards. <sup>c</sup> Compounds was quantified with a  
504 calibration of oleuropein. <sup>d</sup> Compounds was quantified with a calibration of (E)-3-(1-Oxobut-2-  
505 en-2-yl)glutaric acid. <sup>e</sup> PPF was calculated by gravimetrically. n.d. not detected. \* Significantly  
506 different from control ( $p > 0.0$ )