

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43
44
45
46
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 1
3
4 2
5
6 3
7
8 4 **Transepithelial transport of dry-cured ham peptides with ACE**
9
10 5 **inhibitory activity through a Caco-2 cell monolayer**
11
12
13 6

14
15 7 Marta Gallego ^{a,b}, Charlotte Grootaert ^b, Leticia Mora ^a, M. Concepción Aristoy ^a, John
16
17 8 Van Camp ^b and Fidel Toldrá ^{a*}
18
19 9

20
21 10
22
23 11 *^a Instituto de Agroquímica y Tecnología de Alimentos (CSIC), Avenue Agustín Escardino 7, 46980,*
24
25 12 *Paterna (Valencia), Spain*

26
27 13 *^b Department of Food Safety and Food Quality, Faculty of Bioscience Engineering, Ghent*
28
29 14 *University, Coupure Links 653, 9000 Ghent, Belgium*
30
31 15

32 16
33
34 17
35
36 18
37
38 19
39
40 20
41
42 21
43
44 22
45
46 23
47
48 24
49
50 25
51 26 * Corresponding author: Tel: +34963900022 ext.2112; fax: +34963636301.
52 27

53 28 E-mail address: ftoldra@iata.csic.es
54 29

Field Code Changed

1
2 30 **Abstract**

3
4 31 ~~Angiotensin converting enzyme (ACE) inhibitory peptides are been extensively studied~~
5
6 32 ~~as an alternative to synthetic drugs for the treatment of hypertension. Recent studies~~
7
8 33 ~~have shown that dry-cured ham is an important source of naturally generated bioactive~~
9
10 34 ~~peptides, especially showing ACE inhibitory activity. However, due to their excessive~~
11
12 35 ~~degradation by digestive and brush border enzymes, it is not clear whether these~~
13
14 36 ~~peptides resist intestinal absorption and reach the blood stream where they may exert~~
15
16 37 ~~their antihypertensive effect. So, d~~Dry-cured ham extracts and specific pure peptides
17
18 38 naturally generated during the dry-curing process, showing ACE inhibitory activity,
19
20 39 have been studied for their stability during transepithelial transport in a Caco-2 cell
21
22 40 monolayer. The ACE inhibitory activity of transport samples was assayed, reaching the
23
24 41 highest values in apical samples after 15 min ~~of~~ incubation. In basal solutions, the
25
26 42 highest ACE inhibition was observed for peptides AAPLAP and KPVAAP after 60 min
27
28 43 of cellular transport. However, when basal samples were four times concentrated, a
29
30 44 considerable increased ACE inhibitory activity was observed ~~in these peptides from 15~~
31
32 45 ~~min of incubation~~. Fragments generated by cellular activity were detected by using
33
34 46 tandem mass spectrometry MS techniques, showing that AAATP, AAPLAP, and
35
36 47 KPVAAP were hydrolysed during the transport, although KPVAAP was also absorbed
37
38 48 intact~~ly~~. This study highlights the potential of intact dry-cured ham peptides as well as
39
40 49 their fragments to be absorbed across the intestinal epithelium and reach the blood
41
42 50 stream to exert an antihypertensive action.
43
44
45
46
47
48
49

50 53 *Keywords:* Dry-cured ham, ACE inhibitory peptides, Caco-2 cell monolayer, intestinal
51
52 54 transport, mass spectrometry.
53
54
55

1
2 56 **1. Introduction**

3
4 57 Angiotensin I converting enzyme (ACE) is a dipeptidyl carboxypeptidase which plays
5
6 58 an essential role as a regulator of blood pressure. ACE converts angiotensin I to the
7
8 59 potent vasoconstrictor angiotensin II, which also induces the release of aldosterone.
9
10 60 Moreover, ACE inactivates bradykinin, which has vasodilator activity. As a result, the
11
12 61 action of ACE on these two systems is responsible for hypertension, the most common
13
14 62 type of cardiovascular disease (Skeggs, Kahn, & Shumway, 1956; Ondetti, Rubin, &
15
16 63 Cushman, 1977; Unger, 2002). To exert effects on blood pressure, ACE-inhibitory
17
18 64 compounds ~~such as antihypertensive peptides~~ need to resist the degradation by
19
20 65 gastrointestinal proteases and brush border peptidases, be absorbed through the
21
22 66 intestinal epithelium, and finally reach the bloodstream in an active form (Vermeirssen,
23
24 67 Augustijns, Morel, Van Camp, Opsomer, & Verstraete, 2005).

25
26
27 68 Spanish dry-cured ham has recently been investigated as a natural source of
28
29 69 antihypertensive peptides, evaluating the ACE inhibitory activity of water soluble
30
31 70 fractions of dry-cured ham extracts (Escudero, Aristoy, Nishimura, Arihara, & Toldrá,
32
33 71 2012), and identifying some of the peptides responsible for this inhibitory effect
34
35 72 (Escudero, Mora, Fraser, Aristoy, Arihara, & Toldrá, 2013). Moreover, Escudero, Mora,
36
37 73 and Toldrá (2014) have recently reported that the ACE inhibitory activity of dry-cured
38
39 74 ham peptides persists after *in vitro* digestion with gastric proteases, which may be due
40
41 75 to ~~both resistance~~ the stability of the existing antihypertensive peptides to digestion ~~as~~
42
43 76 ~~well as~~ and the generation of small fragments ~~with~~ showing ACE inhibitory activity.
44
45
46 77 Furthermore, the *in vivo* antihypertensive activity of dry-cured ham extracts and peptide
47
48 78 AAATP has been studied, showing a decrease in systolic blood pressure after their oral
49
50 79 administration to spontaneously hypertensive rats (SHR) (Escudero et al., 2012;
51
52 80 Escudero et al., 2013).

1 81 Transport assays through Caco-2 cells, which is a cell line derived from human colon
2
3
4 82 adenocarcinoma, have been established as a model for small intestinal transport of drugs
5
6 83 and food compounds. Differentiated Caco-2 cells maintain the morphology and function
7
8 84 of mature enterocytes and express brush border ~~proteases-peptidases and transporters~~
9
10 85 ~~and peptidases~~ that may affect peptide stability and transport, being therefore utilised to
11
12 86 predict the absorption in the small intestine (Hidalgo, Raub, & Borchardt, 1989; Yee,
13
14 87 1997). In this ~~senseregard~~, several studies have been focused on studying the
15
16 88 transepithelial transport of antihypertensive peptides derived from different food
17
18 89 products such as egg or milk in a qualitative way (Miguel, Dávalos, Manso, De la Peña,
19
20 90 Lasunción, & López-Fandiño, 2004; Vermeirssen et al., 2005; Quirós, Dávalos,
21
22 91 Lasunción, Ramos, & Recio, 2008; Bejjani & Wu, 2013). However, to the best of our
23
24 92 knowledge, there are no transport studies based on peptides showing ACE inhibitory
25
26 93 activity derived from meat or meat products. In this work, the Caco-2 cell line was used
27
28 94 to study the brush border degradation and transepithelial transport of ACE inhibitory
29
30 95 peptides derived from dry-cured ham. In contrast with other studies focused on the
31
32 96 ACE-inhibitory activity of food peptides, this study investigates the ACE-inhibitory
33
34 97 effect of dry-cured ham peptides transported through the intestinal epithelium and hence
35
36 98 show their potential to exert an antihypertensive action *in vivo*.
37
38 99 ~~In addition, the ACE inhibitory activity of the transported peptides was measured to~~
39
40 100 ~~evaluate their final antihypertensive potential.~~
41
42
43
44 101

102 2. Materials and methods

103 2.1 Material and reagents

104 Dulbecco's Modified Eagle's Medium (DMEM), GlutaMAX™, phosphate buffered
105 saline (PBS), and nonessential amino acids were procured from Life Technologies

1
2 106 (Ghent, Belgium), whereas fetal bovine serum was from Greiner Bio-One (Vilvoorde,
3
4 107 Belgium). Angiotensin-converting enzyme (from rabbit lung) was purchased from
5
6 108 Sigma Chemical Co. (St. Louis, Mo., USA), and *o*-aminobenzoylglycyl-*p*-nitro-*L*-
7
8 109 *phenylalanyl-L-proline* (Abz-Gly-*p*-nitro-Phe-Pro-OH) trifluoroacetate salt was from
9
10 110 Bachem AG. (Bubendorf, Switzerland). Methanol HPLC grade was from Sharlab, S.L.
11
12 111 (Barcelona, Spain). All other chemicals and reagents used were of analytical grade.

14 112 **2.2 Dry-cured ham extracts and peptides**

16 113 The study was done using extracts from different types of dry-cured ham. Samples M1
17
18 114 and S1 were obtained from Spanish dry-cured hams with ten months of processing,
19
20 115 which were ~~submitted~~-subjected to extraction and deproteinisation according to the
21
22 116 methodology described by Escudero et al. (2012). In the case of sample S1, the extract
23
24 117 was fractionated by gel filtration chromatography using a Sephadex G-25 column (2.5 ×
25
26 118 65 cm), and fractions corresponding to elution volumes from 200 to 320 mL were
27
28 119 pooled together and ~~lyophilised~~dried. These fractions were selected because they have
29
30 120 shown the maximum ACE inhibitory activity, reaching values of 80% of inhibition in a
31
32 121 previous study (Escudero et al., 2012). In addition, Designation of Origin of Teruel
33
34 122 hams with a minimum time of ripening of fourteen months were used to obtain samples
35
36 123 M2 and M3. Peptide extraction was done according to the method described by
37
38 124 Escudero et al. (2014) for sample M2, while sample M3 was ~~submitted~~-subjected to
39
40 125 extraction and deproteinisation following the same procedure as described above for
41
42 126 sample M1 and S1. All dry-cured ham extracts were desalted by solid phase extraction
43
44 127 using an Oasis[®] hydrophilic-lipophilic balance (HLB) cartridge (35 cc, Waters, Ireland),
45
46 128 where peptides were retained and then eluted with 50% methanol. Finally, the eluates
47
48 129 were lyophilised for the transport experiment across Caco-2 cells.
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 130 Since dry-cured ham extract samples contain a complex mixture of peptides that
3
4 131 difficult a detailed study, three peptides (AAATP, AAPLAP, and KPVAAP) previously
5
6 132 identified as ACE inhibitors in dry-cured ham (Escudero et al., 2013; Escudero et al.,
7
8 133 2014) were selected. In fact, peptides AAPLAP and KPVAAP were chosen based on
9
10 134 their potent ACE inhibition, with IC₅₀ values of 14.38 and 12.37 μM, respectively.
11
12 135 Whereas, AAATP (IC₅₀ value of 100 μM) was selected for its good *in vivo*
13
14 136 antihypertensive action in the SHR model (Escudero et al., 2013). These three peptides
15
16 137 were synthesised by GenScript Corporation (Piscataway, NJ, USA) at the highest purity
17
18 138 certified using liquid chromatography - mass spectrometry (LC-MS) ~~LC-MS~~ analysis
19
20 139 for subsequent transport experiments.

22 140 **2.2 Caco-2 cell culture**

23 141 Caco-2 cells were obtained from the American Type Culture Collection (Rockville, MD,
24
25 142 USA). Cells were grown in DMEM containing 4.5 g/L glucose, supplemented with
26
27 143 GlutaMAX™, 10% fetal bovine serum and 1% nonessential amino acids, at 37 °C in a
28
29 144 humidified atmosphere containing 10% CO₂. The passage number of the cells used in
30
31 145 this study was between 30 and 35. For transport experiments, cells were seeded at a
32
33 146 density of 20,000 cells/well on high throughput screening (HTS) Transwell®-24 well
34
35 147 permeable supports (0.4 μm pore polyester membrane, 6.5 mm inserts, 0.33 cm² cell
36
37 148 growth area; Costar, Corning, Birmingham, UK). The culture medium was replaced
38
39 149 every 2-3 days and cells were allowed to differentiate for at least 21 days before
40
41 150 experiments. Cell monolayer integrity was checked visually by phase-contrast
42
43 151 microscopy, and the transepithelial electrical resistance (TEER) of Caco-2 cells of this
44
45 152 batch assessed with an automated tissue resistance measurement system (REMS, World
46
47 153 Precision Instruments, Hertfordshire, UK) was higher than 300 Ω*cm².
48
49
50
51

52 154 **2.3 Transport studies**

1
2 155 Differentiated Caco-2 cells were gently rinsed twice with PBS and then incubated with
3
4 156 PBS for 1 day at 37 °C in 10% CO₂ prior to the transport assays. After removing the
5
6 157 PBS from all wells, 1 mg/mL of the samples dissolved in PBS ~~were was~~ added to the
7
8 158 apical chambers (200 µL), whereas fresh PBS was added to the basolateral chambers (1
9
10 159 mL). A control sample, containing only PBS and no peptides, was included in the
11
12 160 experimental setup, and samples from apical and basolateral sides were taken before (0
13
14 161 min) and during incubation at different time points of 15, 30, and 60 min. The action of
15
16 162 cell proteases on samples after the transport study was immediately stopped by adding 9
17
18 163 volumes of methanol, centrifuged at 7500g for 10 min, and finally the supernatant
19
20 164 containing the peptides was taken and dried for the following analysis. All experiments
21
22 165 were ~~conducted done~~ in triplicate.

25 166 **2.4 ACE inhibitory activity**

26
27 167 Apical and basal samples taken from the transepithelial transport at different times were
28
29 168 analysed for ACE inhibitory activity. For this purpose, dried apical samples were
30
31 169 dissolved to the original volume in bidistilled water, whereas dried basal samples were
32
33 170 first dissolved in a volume four-fold smaller than the original one to determine the ACE
34
35 171 inhibition in concentrated samples, and then ~~redissolved diluted~~ to the original volume
36
37 172 to test again. Basal samples were concentrated in order to be comparable in terms of
38
39 173 peptide concentration with apical samples. Additionally, the ACE inhibitory activity of
40
41 174 several synthesised fragments derived from the degradation of AAATP, AAPLAP, and
42
43 175 KPVAAP through the cellular transport was evaluated. ~~In all studied cases, t~~The ACE
44
45 176 inhibitory activity was measured according to the method developed by [Sentandreu and](#)
46
47 177 [Toldrá \(2006\)](#), which is based on the ability of ACE to hydrolyse the internally
48
49 178 quenched fluorescent substrate ~~o-aminobenzoyl-glycyl-p-nitro-L-phenylalanyl-L-proline~~
50
51 179 (~~Abz-Gly-Phe(NO₂)-Pro~~). The assay was done in triplicate. ACE inhibition of samples
52
53
54
55
56
57
58
59
60
61
62
63
64
65

180 is ~~expressed~~showed as ACE inhibitory percentage and ~~as~~IC₅₀ value, which is the
181 peptide concentration that inhibits 50% of ACE activity in the reaction mixture.

182 **2.5 MALDI-ToF/ToF mass spectrometry**

183 Apical and basal samples taken after the transport of peptides AAATP, AAPLAP, and
184 KPVAAP across Caco-2 cells were analysed using matrix-assisted laser
185 desorption/ionisation time-of-flight/time-of-flight (MALDI-ToF/ToF) mass
186 spectrometry to determine the molecular mass of the peptide mixture and detect those
187 possible peptides resulting from the degradation of the precursor peptides. The analysis
188 was done in MS mode, and a total of 1 μ L of every sample was directly spotted on the
189 MALDI plate and allowed to air dry. Then, 0.5 μ L of matrix solution (which contains 5
190 mg/mL of α -cyano-4-hydroxycinnamic acid (HCCA; Bruker Daltonics, Germany) in
191 0.1% ~~TFA-ACN/H₂O~~trifluoroacetic acid - acetonitrile/water (7:3, v/v) was spotted. The
192 analysis was done in a 5800 MALDI ToF/ToF instrument (AB Sciex, MA, USA) in
193 positive reflectron mode (3000 shots every position) in the range from 150 to 800 Da
194 m/z range; the laser intensity was manually adjusted to maximize the S/N ratio. The
195 system was adjusted with voltages of 15 and 3 kV in the source and reflector detector,
196 respectively. Previously, the plate model and the acquisition methods were calibrated by
197 AB Sciex calibration mixture (1 fmol/ μ L des-Arg1-Bradykinin; 2 fmol/ μ L Angiotensin
198 I; 1.3 fmol/ μ L Glu1-Fibrinopeptide B; 2 fmol/ μ L Adrenocorticotropic hormone
199 (ACTH) (1–17 clip); 5 fmol/ μ L ACTH (18–39 clip); and 3 fmol/ μ L ACTH (7–38 clip))
200 in 13 positions.

201 The candidate precursors were then selected for every position in the MS/MS
202 (ToF/ToF) analysis in order to confirm their presence. In this senseregard, ten of the
203 most intense precursors according to the threshold criteria minimum signal-to-noise: 10,
204 minimum cluster area: 500, maximum precursor gap: 200 ppm, and maximum fraction

1
2 205 gap: 4, were selected. The MS/MS method was calibrated using Angiotensin I MS/MS
3
4 206 spectra in 13 positions, and data was acquired using the default 1kV MS/MS method.
5
6 207 Manual analysis of data was done using mMass – Open Source Mass Spectrometry Tool
7
8 208 Software v.5.5 (<http://www.mmass.org>) (Strohalm, Kavan, Novák, Volný, & Havlíček,
9
10 209 2010). The search of peptide sequences previously identified showing ACE inhibitory
11
12 210 activity was done using BIOPEP database
13
14 211 (<http://www.uwm.edu.pl/biochemia/index.php/en/biopep>).
15

Field Code Changed

Field Code Changed

16 212 **2.6 Statistical analysis**

17
18 213 Statistical analysis was done using Statgraphics Centurion XVI software. One-way
19
20 214 analysis of variance (ANOVA) was performed and ~~the~~ mean and standard deviation
21
22 215 were reported. Fisher's multiple range test was carried out to analyse significant
23
24 216 differences among mean values at $p < 0.05$.
25
26
27 217

28 218 **3. Results and discussion**

29 219 **3.1 Transepithelial transport of peptides across Caco-2 cell monolayer**

30
31 220 In order to simplify the study of dry-cured ham extracts which contain a complex
32
33 221 mixture of thousands of peptides, the apical to basal flux transport in Caco-2 cell
34
35 222 monolayers was mainly studied with the purified peptides (AAATP, AAPLAP, and
36
37 223 KPVAAP). For that, 1 mg/mL of every sample was added to the apical side, and
38
39 224 samples were taken from both apical and basal compartments at different times: 0, 15,
40
41 225 30, and 60 min.
42
43
44 226

45 227 The evolution of peptides AAATP, AAPLAP, and KPVAAP during their transcellular
46
47 228 transport was then monitored by using MALDI-ToF mass spectrometry to determine the
48
49 229 profile of peptides according to their molecular masses. As illustrated in [Figure 1](#), there
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 230 the apical ones, suggesting a partial degradation of the precursor peptides into smaller
3
4 231 fragments by the action of cell peptidases ~~as well as~~ and their absorption through the
5
6 232 Caco-2 cell monolayer. The size, amino acid sequence, charge, hydrogen-bonding
7
8 233 capacity, non-enzymatic glycosylation, and hydrophobicity of peptides are critical in
9
10 234 determining their susceptibility to peptidases and their permeability across the intestinal
11
12 235 epithelium (Pauletti, Okumu, & Borchardt, 1997; Shimizu, Tsunogai, & Arai, 1997;
13
14 236 Artursson, Palm, & Luthman, 2001).

16 237 **3.2 ACE inhibitory activity of samples taken from transport assays**

18 238 Dry-cured ham extracts and peptide solutions taken from the apical and basal
19
20 239 compartments at different transport times were analysed for ACE inhibitory activity ~~5~~
21
22 240 ~~directly after sampling and in basal samples also after concentrating four times~~ (Figure
23
24 241 2). In the case of dry-cured ham extracts, s Samples taken from the apical side showed
25
26 242 high ACE inhibition, ~~generally~~ reaching the maximum values at 15 min of cellular
27
28 243 transport except for sample S1, which presented slightly higher ACE inhibition before
29
30 244 incubation than during the cellular assay. in both types of samples, and with values very
31
32 245 close to 100% inhibition for the purified peptides. These high inhibition values at 15
33
34 246 min of the transport may be due to a strong action of cell peptidases on these peptides ~~at~~
35
36 247 ~~this time~~, whereby the modification of the peptide structure may affect its biological
37
38 248 activity and peptide fragments released can show even a higher degree of ACE
39
40 249 inhibitory activity ~~compared to~~ in comparison with the precursor peptides (Miguel,
41
42 250 Recio, Gómez-Ruiz, Ramos, & López-Fandiño, 2004). In fact, In the case of dry-cured
43
44 251 ham samples, samples M1 and S1 showed similar inhibition results even though sample
45
46 252 S1 contained only the fractions which showing the highest ACE inhibitory activity.
47
48 253 Meanwhile, the activity decreases more significantly after 30 min of transport for
49
50 254 samples M2 and M3, which come from dry-cured hams with longer curing process. The
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 255 ACE inhibition activity for sample M2 before the transport assay was very low (with a
3
4 256 value of 4.5%), which is in agreement with a previous study (Escudero et al., 2014); and
5
6 257 ~~which that~~ is probably ~~due owing~~ to this sample has not been deproteinised ~~compared~~
7
8 258 ~~to in comparison with~~ sample M3. Additionally, sample M2 did not show any ACE
9
10 259 inhibitory activity in the apical side after 60 min of cellular transport, indicating that
11
12 260 inhibitory peptides were either completely hydrolysed or transported to the basal side.
13
14 261 ~~On the other hand, little to no ACE inhibition was detected in the basal samples, so For~~
15
16 262 ~~this reason, all basal samples they~~ were concentrated four times to check if samples may
17
18 263 show ACE inhibitory activity at higher concentration. Under these conditions, dry-cured
19
20 264 ham extract samples showed activity although to a varying degree, obtaining values
21
22 265 around 30-40% at 15 min of transport and then decreasing during time.
23
24 266 ~~With regard to purified peptides, Figure 2 evidences ACE inhibition values very close~~
25
26 267 ~~to 100% in apical samples at 15 min of the transport. On the other hand, little to no~~
27
28 268 ~~ACE inhibition was detected in the basal samples, except significant results were only~~
29
30 269 ~~found~~ for peptides AAPLAP and KPVAAP after 60 min of transport, whereby ACE
31
32 270 inhibitory activity reached values of 42% and 30%, respectively. However, ~~for purified~~
33
34 271 ~~peptides in the case of concentrated basal samples,~~ the ACE inhibitory activity of
35
36 272 peptides AAATP and AAPLAP increased during incubation, reaching values up to 30%
37
38 273 for AAATP and 70% for AAPLAP at 60 min of the assay. ~~Also~~ high percentages of
39
40 274 inhibition (around 65%) were also observed for KPVAAP after 15 and 60 min of
41
42 275 cellular transport.
43
44 276 These results indicate that some peptides ~~as well as~~ along with small derived fragments
45
46 277 could be absorbed, maintaining their ACE inhibitory activity after cellular transport
47
48 278 although at low concentration in non-concentrated basal samples (Figure 2). Moreover,
49
50 279 synergic effects between antihypertensive peptides could explain higher values of ACE
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 280 inhibition for peptide mixtures in comparison to the individual activity of ~~individual~~
3
4 281 peptides. In addition, it should be ~~stressed-highlighted~~ that the concentration of peptides
5
6 282 in the basal and concentrated basal samples does not show a linear but exponential
7
8 283 response when ACE activity is plotted against the concentration of ~~an~~-ACE inhibitory
9
10 284 peptides, as previously described by [Sentandreu and Toldrà, \(2006\)](#).

11
12 285 Because angiotensin I converting enzyme is present in the brush border contributing to
13
14 286 hydrolysis of peptides ([Yoshioka, Erickson, Woodley, Gulli, Guan, & Kim, 1987](#)),
15
16 287 control samples containing only the Caco-2 cells and PBS were also analysed for ACE
17
18 288 inhibitory activity, showing non-significant effects (data not shown). Nevertheless,
19
20 289 these values were taken into account for determining the percentage of ACE inhibition
21
22 290 of the samples.

25 291 **3.3 Peptide degradation by epithelial peptidases**

26
27 292 As dry-cured ham samples contain a very complex mixture of peptides, only the
28
29 293 degradation of the purified peptides on the brush-border side was evaluated by MS-
30
31 294 based techniques in order to detect those peptides that were transcellularly transported.
32
33 295 [Table 1](#) shows the peptide sequences detected by MALDI-ToF/ToF MS in the apical
34
35 296 and basal compartments at the different assayed times.

36
37 297 The analysis revealed the degradation of the intact peptide AAATP after 15 min of
38
39 298 transport ~~with-and the~~ generation of smaller sized peptides, ~~some-of-which~~ ~~can-could~~
40
41 299 cross the intestinal barrier up to the basal side. On the other hand, AAPLAP was
42
43 300 detected in the apical chamber throughout the experiment, but analysis of the basal
44
45 301 solutions showed that it was not transported intact. In fact, several shorter fragments
46
47 302 were also detected in the apical and basal solutions, suggesting its partial degradation by
48
49 303 brush border peptidases. Furthermore, peptide KPVAAP was detected up to 60 min of
50
51 304 transport in both apical and basal samples, indicating that its chemical and structural
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1 305 properties allow it to be absorbed intact through the Caco-2 monolayer. However, it was
2
3
4 306 also susceptible to peptidases and different derived fragments were also detected in
5
6 307 apical and basal solutions. In this ~~senseregard~~, among all the fragments detected in
7
8 308 either apical or basal samples, several of them were previously reported as ACE
9
10 309 inhibitory peptides (Table 1 of Supplementary material2), ~~being LAP and VAA those~~
11
12 310 ~~with the lowest IC₅₀ values~~. The remaining peptides detected at different times of
13
14 311 incubation as shown in Table 1 (AATP, ATP, AAAT, APLA, PLAP, AAPL, VAAP,
15
16 312 KPV, AAA, and VA) were synthesised and assayed for the *in vitro* ACE inhibitory
17
18 313 activity in order to calculate their IC₅₀ values (Table 32). These results highlight the
19
20 314 potent inhibition of fragment VAAP resulting from KPVAAP degradation, and PLAP
21
22 315 from AAPLAP, which showed IC₅₀ values of 16.75 and 76.5 µM, respectively. This fact
23
24 316 could be explained by the presence of hydrophobic amino acids such as proline and
25
26 317 alanine close to the C-terminal position of the peptides that positively influence the
27
28 318 binding to ACE (Rohrbach, Williams, & Rolstad, 1981; Majumder, & Wu, 2009).
29
30 319 Hence, the ACE inhibitory activity shown by the peptide fragments could also explain
31
32 320 the inhibitory activity found previously in apical and basal samples (see Figure 2-b),
33
34 321 suggesting that those fragments transported across the monolayer could also reach the
35
36 322 blood stream to exert an antihypertensive activity. As such, brush border peptidases
37
38 323 play a key role in the formation and degradation of bioactive peptides and therefore, in
39
40 324 their bioavailability and physiological effect (Pihlanto-Leppälä, 2000; Vermeirssen, et
41
42 325 al., 2005; Miguel & Aleixandre, 2006).
43
44
45 326 The study done by Escudero et al. (2013) showed *in vivo* ACE inhibitory activity for the
46
47 327 peptide AAATP, although according to the present study it is not absorbed intact
48
49 328 through the intestinal barrier (Table 1). These results suggest that either the fragments
50
51 329 derived from its degradation are responsible for the decrease in blood pressure in the
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1 330 SHR model, or AAATP may exert antihypertensive activity through the interaction with
2
3
4 331 receptors expressed in the gastrointestinal epithelia (Yamada, Matoba, Usiu, Onishi, &
5
6 332 Yoshikawa, 2002), thereby inducing other mechanisms of blood pressure regulation
7
8 333 such as ~~through~~ nitric oxide or endothelin production (Lifton, Gharavi, & Geller, et al.,
9
10 334 2001).

11
12 335 The stability of peptides to enzymatic hydrolysis and absorption processes determine
13
14 336 their bioavailability and bioactivity, being the main cause of differences found between
15
16 337 *in vitro* and *in vivo* assays (Pihlanto-Leppälä, 2000; Vermeirssen, Van Camp, &
17
18 338 Verstraete, 2004; Bejjani, & Wu, 2013). In fact, the amount of peptides absorbed *in*
19
20 339 *vivo* could be higher than *in vitro* assays when Caco-2 cells are used as models, ~~due~~
21
22 340 owing to the lower expression of some intestinal transporters and tighter junctions in
23
24 341 Caco-2 cell monolayers ~~compared to~~ in comparison with *in vivo* intestinal tissues
25
26 342 (Lennernäs, Palm, Fagerholm, & Artursson, 1996; Boisset, Botham, Haegele, Lenfant,
27
28 343 & Pachot, 2000; Vermeirssen et al., 2005). Nevertheless, this study suggests a beneficial
29
30 344 impact of dry-cured ham peptides towards blood pressure due to their potential to exert
31
32 345 an *in vivo* antihypertensive action.
33
34
35
36 346

347 4. Conclusions

348 Previous studies reported the ACE inhibitory activity of some dry-cured ham peptides
349 and their stability to *in vitro* digestion. However, antihypertensive peptides need to
350 resist the complete hydrolysis by brush-border peptidases and be absorbed actively
351 across the intestinal epithelium to exert their activity. The transepithelial transport
352 through a Caco-2 cell monolayer has been studied in dry-cured ham extracts and
353 purified peptides, evaluating the degradation of peptides by mass spectrometry. Results
354 showed that peptides AAATP, AAPLAP, and KPVAAP are degraded throughout the

1
2 355 transport assay, although KPVAAP can also be absorbed intact through the intestinal
3
4 356 barrier. Moreover, this study evidences for the first time the absorption and generation
5
6 357 of ACE inhibitory peptide fragments originating from dry-cured ham by the Caco-2 cell
7
8 358 line. The antihypertensive action of the peptides or small fragments derived as well as
9
10 359 the synergic effect between them could explain the ACE inhibitory results obtained in
11
12 360 apical and basal samples, suggesting that dry-cured ham peptides could reach the
13
14 361 circulatory system to exert an antihypertensive action.
15

16 362

18 363 **Acknowledgements**

20 364 The research leading to these results received funding from the European Union 7th
21
22 365 Framework Programme (FP7/2007-2013) under Grant Agreement 312090 (BACCHUS).
23
24 366 This publication reflects only the author views and the Community is not liable for any
25
26 367 use made of the information contained therein. Grant AGL2013-47169-R from
27
28 368 MINECO and FEDER funds and [the](#) FPI Scholarship BES-2011-046096 from
29
30 369 MINECO (Spain) to M.G. are fully acknowledged. [The](#) JAEDOC-CSIC postdoctoral
31
32 370 contract to L.M. co-funded by [the](#) European Social Fund, and BOF (Special Research
33
34 371 Fund of Ghent University) for their financial support (project 01B04212) are also
35
36 372 acknowledged. The proteomic analysis was carried out in the SCSIE_University of
37
38 373 Valencia Proteomics Unit, a member of ISCIII ProteoRed Proteomics Platform.
39
40

41 374

43 375 **References**

45 376 Artursson, P., Palm, K., & Luthman, K. (2001). Caco-2 monolayers in experimental and
46
47 377 theoretical predictions of drug transport. *Advanced Drug Delivery Reviews*, 64, 280–289.
48
49
50
51
52
53
54
55

1 378 Bejjani, S., & Wu, J. (2013). Transport of IRW, an ovotransferrin-derived
2
3 379 antihypertensive peptide, in human intestinal epithelial Caco-2 cells. *Journal of*
4
5 380 *Agricultural and Food Chemistry*, 61 (7), 1487-1492.
6
7 381 Boisset, M., Botham, R.P., Haegele, K.D., Lenfant, B., & Pachot, J.I. (2000).
8
9 382 Absorption of angiotensin II antagonists in Ussing chambers, Caco-2, perfused jejunum
10
11 383 loop and in vivo: Importance of drug ionisation in the in vitro prediction of in vivo
12
13 384 absorption. *European Journal of Pharmaceutical Sciences*, 10 (3), 215-224.
14
15 385 Byun, H.G., & Kim, S.K. (2002). Structure and activity of angiotensin I converting
16
17 386 enzyme inhibitory peptides derived from Alaskan pollack skin. *Journal of Biochemistry*
18
19 387 *and Molecular Biology*, 35 (2), 239-243.
20
21 388 Cheung, H.S., Wang, F.L., Ondetti, M.A., Sabo, E.F., & Cushman, D.W. (1980).
22
23 389 Binding of peptide substrates and inhibitors of angiotensin-converting enzyme.
24
25 390 Importance of the COOH-terminal dipeptide sequence. *Journal of Biological Chemistry*,
26
27 391 255 (2), 401-407.
28
29 392 Cushman, D.W., Cheung, H.S., Sabo, E.F., & Ondetti, M.A. (1981). Angiotensin
30
31 393 converting enzyme inhibitors: Evaluation of a new class of antihypertensive drugs. In: Z.
32
33 394 P. Horovitz (Ed.). *Angiotensin Converting Enzyme Inhibitors: Mechanism of action and*
34
35 395 *clinical implications* (pp. 1-25). Urban and Schwarzenberg, Baltimore and Munich.
36
37 396 Escudero, E., Aristoy, M.C., Nishimura, H., Arihara, K., & Toldrá, F. (2012).
38
39 397 Antihypertensive effect and antioxidant activity of peptide fractions extracted from
40
41 398 Spanish dry-cured ham. *Meat Science*, 91 (3), 306-311.
42
43 399 Escudero, E., Mora, L., Fraser, P.D., Aristoy, M.C., Arihara, K., & Toldrá, F. (2013).
44
45 400 Purification and identification of antihypertensive peptides in Spanish dry-cured ham.
46
47 401 *Journal of Proteomics*, 78, 499-507.
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 402 Escudero, E., Mora, L., & Toldrá, F. (2014). Stability of ACE inhibitory ham peptides
3
4 403 against heat treatment and in vitro digestion. *Food Chemistry*, 161, 305-311.
5
6 404 ~~Fujita, H., Yokoyama, K., & Yoshikawa, M. (2000). Classification and antihypertensive~~
7
8 405 ~~activity of angiotensin I-converting enzyme inhibitory peptides derived from food~~
9
10 406 ~~proteins. *Journal of Food Science*, 65 (4), 564-569.~~
11
12 407 Hidalgo, I.J., Raub, T.J., & Borchardt, R.T. (1989). Characterization of the human colon
13
14 408 carcinoma cell line (Caco-2) as a model system for intestinal epithelial permeability.
15
16 409 *Gastroenterology*, 96 (3), 736-749.
17
18 410 Ichimura, T., Hu, J., Aita, D.Q., & Maruyama, S. (2003). Angiotensin I-converting
19
20 411 enzyme inhibitory activity and insulin secretion stimulative activity of fermented fish
21
22 412 sauce. *Journal of Bioscience and Bioengineering*, 96 (5), 96-499.
23
24 413 Lennernäs, H., Palm, K., Fagerholm, U., & Artursson, P. (1996). Comparison between
25
26 414 active and passive drug transport in human intestinal epithelial (Caco-2) cells in vitro
27
28 415 and human jejunum in vivo. *International Journal of Pharmaceutics*, 127 (1), 103-107.
29
30 416 Lifton, R.P., Gharavi, A.G., & Geller, D.S. (2001). Molecular mechanisms of human
31
32 417 hypertension. *Cell*, 104 (4), 545-556.
33
34 418 ~~Meisel, H. (1993). Casokinins as bioactive peptides in the primary structure of casein.~~
35
36 419 ~~In: K. D. Schwenke, & R. Mothes (Eds.). *Food proteins, structure and functionality* (pp.~~
37
38 420 ~~67-75). New York, Basel, Cambridge, Tokyo: VCh. Weinheim.~~
39
40 421 Miguel, M., Dávalos, A., Manso, M.A., De la Peña, G., Lasunción, M.A., & López-
41
42 422 Fandiño, R. (2004). Transepithelial transport across Caco-2 cell monolayers of
43
44 423 antihypertensive egg-derived peptides. PepT1-mediated flux of Tyr-Pro-Ile. *Molecular*
45
46 424 *Nutrition and Food Research*, 52 (12), 1507-1513.
47
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 425 [Majumder, K., & Wu, J. \(2009\). Angiotensin I converting enzyme inhibitory peptides](#)
3
4 426 [from simulated in vitro gastrointestinal digestion of cooked eggs. *Journal of*](#)
5
6 427 [*Agricultural and Food Chemistry*, 57 \(2\), 471-477.](#)
7
8 428 Miguel, M., Recio, I., Gómez-Ruiz, J.A., Ramos, M., & López-Fandiño, R. (2004).
9
10 429 Angiotensin I-converting enzyme inhibitory activity of peptides derived from egg white
11
12 430 proteins by enzymatic hydrolysis. *Journal of Food Protection*, 67 (9), 1914-1920.
13
14 431 Miguel, M., & Aleixandre, A. (2006). Antihypertensive peptides derived from egg
15
16 432 proteins. *Journal of Nutrition*, 136 (6), 1457-1460.
17
18 433 ~~Miyoshi, S., Ishikawa, H., Kaneko, T., Fukui, F., Tanaka, H., & Maruyama, S.(1991).~~
19
20 434 ~~Structures and activity of angiotensin converting enzyme inhibitors in an alpha zein~~
21
22 435 ~~hydrolysate. *Agricultural and Biological Chemistry*, 55 (5), 1313-1318.~~
23
24
25 436 Ondetti, M.A., Rubin, B., & Cushman, D.W. (1977). Design of specific inhibitors of
26
27 437 angiotensin-converting enzyme: New class of orally active antihypertensive agents.
28
29 438 *Science*, 196 (4288), 441-444.
30
31 439 Pauletti, G.M., Okumu, F.W., & Borchardt, R.T. (1997). Effect of size and charge on
32
33 440 the, passive diffusion of peptides across caco-2 cell monolayers via the paracellular
34
35 441 pathway. *Pharmaceutical Research*, 14 (2), 164-168.
36
37 442 Pihlanto-Leppälä, A. (2000). Bioactive peptides derived from bovine whey proteins:
38
39 443 Opioid and ace-inhibitory peptides. *Trends in Food Science and Technology*, 11 (9-10),
40
41 444 347-356.
42
43 445 Quirós, A., Dávalos, A., Lasunción, M.A., Ramos, M., & Recio, I. (2008).
44
45 446 Bioavailability of the antihypertensive peptide LHLPLP: Transepithelial flux of HLPLP.
46
47 447 *International Dairy Journal*, 18, 279-286.
48
49
50
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 448 [Rohrbach, M.S., Williams, E.B. Jr., & Rolstad, R.A. \(1981\). Purification and substrate](#)
3
4 449 [specificity of bovine angiotensin converting enzyme. *Journal of Biological Chemistry*,](#)
5
6 450 [256 \(1\), 225-230.](#)
7
8 451 Sentandreu, M.A., & Toldrá, F. (2006). A rapid, simple and sensitive fluorescence
9
10 452 method for the assay of angiotensin-I converting enzyme. *Food Chemistry*, 97 (3), 546-
11
12 453 554.
13
14 454 Shimizu, M., Tsunogai, M., & Arai, S. (1997). Transepithelial transport of oligopeptides
15
16 455 in the human intestinal cell, Caco-2. *Peptides*, 18 (5), 681-687.
17
18 456 Skeggs Jr., L.T., Kahn, J.R., & Shumway, N.P. (1956). The preparation and function of
19
20 457 the hypertensin-converting enzyme. *Journal of Experimental Medicine*, 103 (3), 295-
21
22 458 299.
23
24 459 Strohalm, M., Kavan, D., Novák, P., Volný, M., & Havlíček, V. (2010). mMass 3: A
25
26 460 cross-platform software environment for precise analysis of mass spectrometric data.
27
28 461 *Analytical Chemistry*, 82 (11), 4648–465.
29
30 462 Unger, T. (2002). The role of the renin–angiotensin system in the development of
31
32 463 cardiovascular disease. *American Journal of Cardiology*, 89, 3A–10A.
33
34 464 Vermeirssen, V., Van Camp, J., & Verstraete, W. (2004). Bioavailability of angiotensin
35
36 465 I converting enzyme inhibitory peptides. *British Journal of Nutrition*, 92 (3), 357-366.
37
38 466 Vermeirssen, V., Augustijns, P., Morel, N., Van Camp, J., Opsomer, A., & Verstraete,
39
40 467 W. (2005). In vitro intestinal transport and antihypertensive activity of ACE inhibitory
41
42 468 pea and whey digests. *International Journal of Food Sciences and Nutrition*, 56 (6),
43
44 469 415-430.
45
46 470 [Yamada, Y., Matoba, N., Usui, H., Onishi, K., & Yoshikawa, M. \(2002\). Design of a](#)
47
48 471 [highly potent anti-hypertensive peptide based on ovokinin\(2-7\). *Bioscience,*](#)
49
50 472 [*Biotechnology and Biochemistry*, 66 \(6\), 1213-1217.](#)
51
52
53
54
55
56
57
58
59
60
61
62
63
64
65

1
2 473 Yee, S. (1997). In vitro permeability across Caco-2 cells (colonic) can predict in vivo
3
4 474 (small intestinal) absorption in man--fact or myth. *Pharmaceutical Research*, 14 (6),
5
6 475 763-766.

7
8 476 Yoshioka, M., Erickson, R.H., Woodley, J.F., Gulli, R., Guan, D., & Kim, Y.S. (1987).
9
10 477 Role of rat intestinal brush-border membrane angiotensin-converting enzyme in dietary
11
12 478 protein digestion. *American Journal of Physiology - Gastrointestinal and Liver*
13
14 479 *Physiology*, 253 (6), 16/6.

15
16 480

17
18 481

19
20
21 482 **FIGURE CAPTIONS**

22
23 483 **Figure 1.** MALDI-ToF mass spectra of samples taken from the transepithelial transport
24
25 484 (apical and basal sides) through Caco-2 cell monolayer at different times (0, 15, 30, 60
26
27 485 min) after adding the purified peptides a) AAATP, b) AAPLAP, and c) KPVAAP.

28
29 486 **Figure 2.** ACE inhibitory activity (%) observed in the apical, basal, and four times
30
31 487 concentrated basal compartments obtained from the cellular transport after the
32
33 488 application of a) dry-cured ham extracts and b) purified peptides. ~~DifferentBar~~ letters ~~in~~
34
35 489 indicate significant differences at $p < 0.05$ (n=3) between different times of the cellular
36
37 490 transport (0, 15, 30, 60 min) in each compartment and sample (a = apical; a = basal 4x;
38
39 491 a = basal).
40
41 492 ~~sample and compartment indicate significant differences at $p < 0.05$ (n=3).~~

Table 1. Peptide sequences detected by using MALDI-ToF/ToF MS in the cellular transport assay.

Precursor peptide	Peptide fragments ^a	Monoisotopic mass (Da) ^b	Apical – times (min) ^c				Basal – times (r	
			0	15	30	60	15	30
AAATP*		429.22	x	x				
	AATP	358.19		x	x	x		
	AAAT	332.17						x
	ATP	287.15		x			x	x
	AAA	231.12						x
AAPLAP*		538.31	x	x	x	x		
	PLAP	396.24		x	x	x		
	APLA	370.44					x	x
	AAPL	370.22					x	x
	PL *	228.15					x	x
	LA *	202.13						
KPVAAP*		581.35	x	x	x	x	x	x
	VAAP	356.21			x		x	x
	KPV	342.23			x		x	x
	KP*	243.16		x		x		
	VA	188.12		x	x	x	x	x
	AP*	186.10		x	x	x		

*Sequences previously identified showing ACE inhibitory activity according to BIOPEP database (see [1]).

^a Possible fragments derived from the degradation of the precursor peptide.

^b Monoisotopic molecular mass in Daltons of the matched peptide.

^c Peptides detected in the apical compartment at different transport times.

^d Peptides detected in the basal compartment at different transport times.

Table 2. ACE inhibitory activity (IC_{50}) of synthetic peptides.

Peptides	IC_{50} (μ M)
VAAP	16.75
PLAP	76.50
AAA	111.47
AATP	300.74
ATP	406.56
AAAT	513.65
VA	607.96
KPV	> 1000
AAPL	> 1000
APLA	> 1000

Figure 1

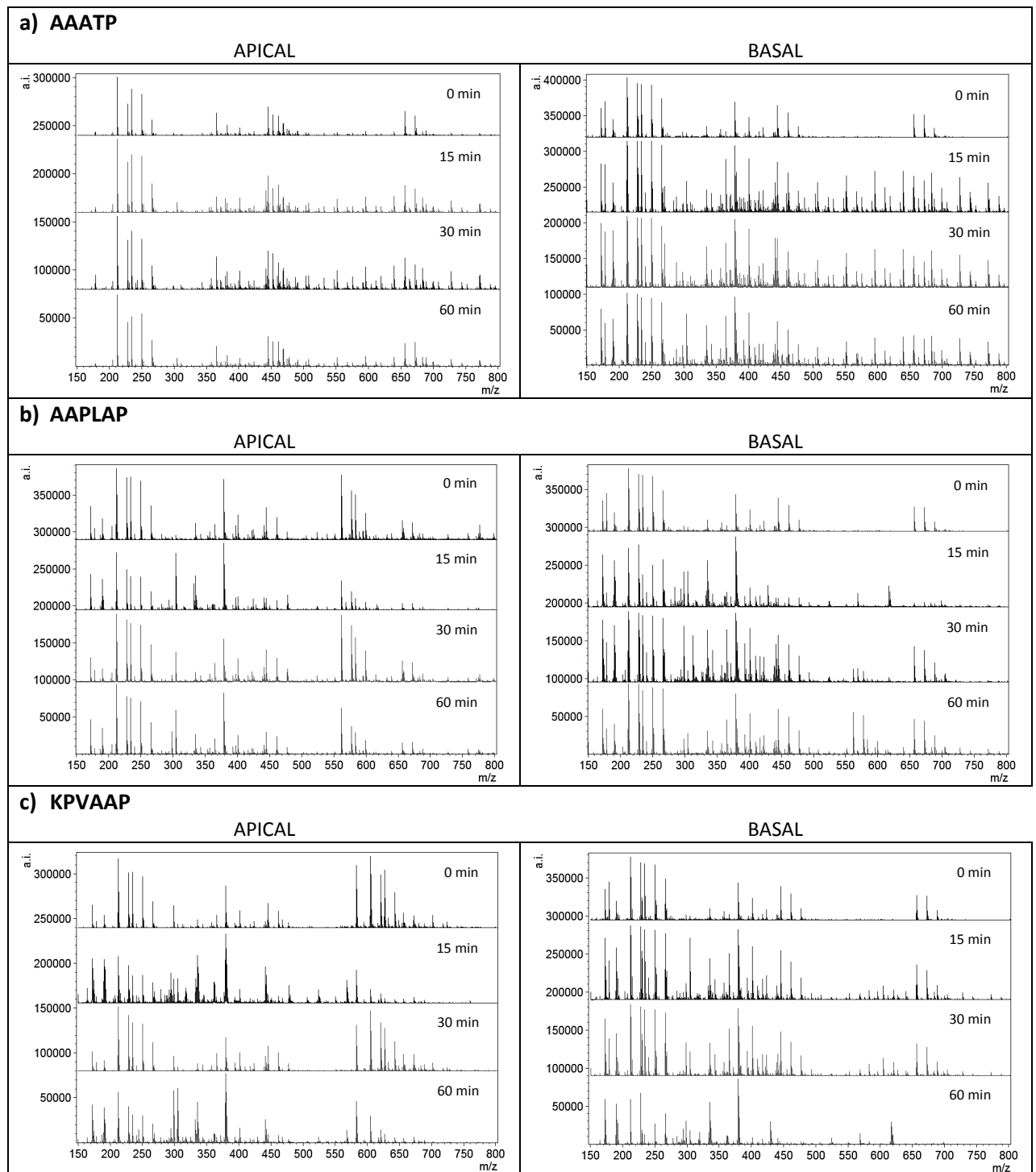


Figure 1.

Figure 2

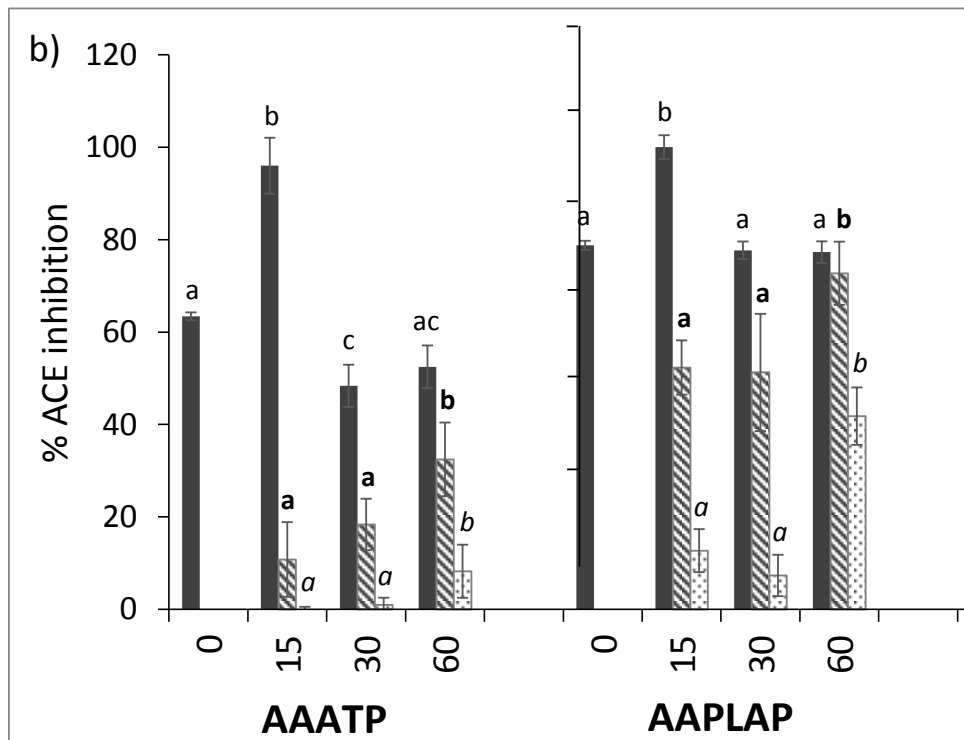
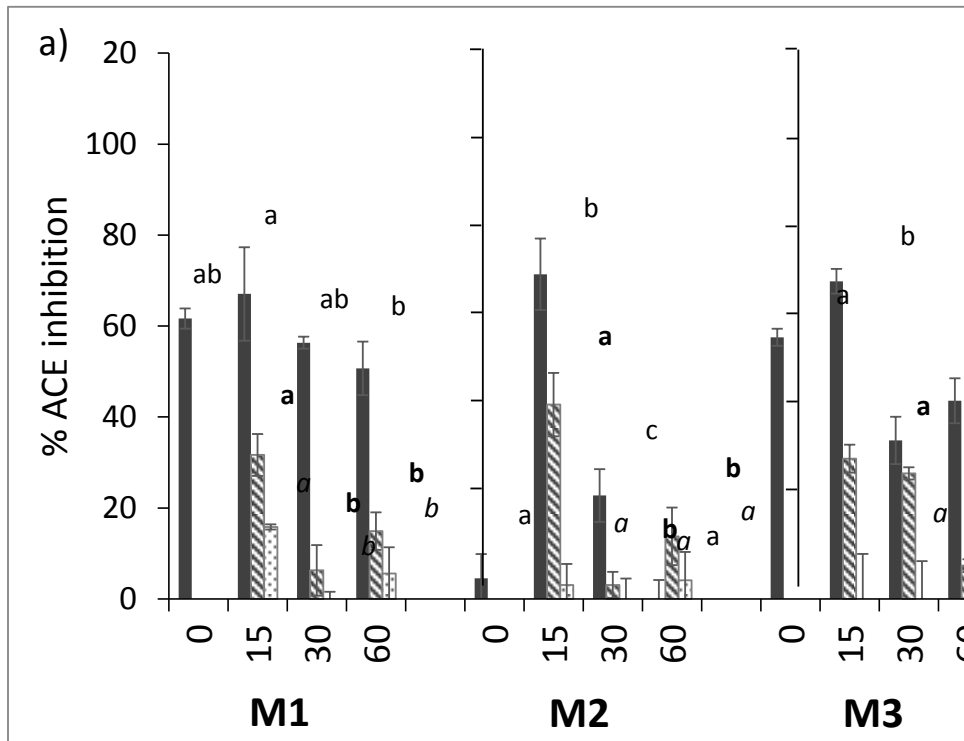


Figure 2.

Supplementary Table 1. Pep

Peptides	IC ₅₀ (μM)
KPVAAP	12.37
AAPLAP	14.38
KP	22
AAATP	100
AP	230
LA	310
PL	337.32