Xenobiotic metabolism modulation after long-term temperature acclimation in juveniles of *Solea senegalensis*

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Abstract

The Senegalese sole, *Solea senegalensis*, originates from subtropical waters and displays a great adaptability to environmental factors such as~~like~~ temperature. A comprehensive study on the effect of long-term temperature acclimation on xenobiotic metabolism, along with the assessment of other parameters related ~~to~~with the physiological status, was designed to characterize the response of this species to temperature fluctuations within a realistic range. *S. senegalensis* juveniles were acclimated for a period of 60 days to two different ambient temperatures, 15°C and 20°C. Several hepatic, gill, muscular and plasmatic parameters were measured over time at the two temperatures. The lower temperature triggered, over time, the synthesis of hepatic microsomal cytochrome P450 (CYP) related enzymes (e.g. 7-ethoxyresorufin *O*-deethylase-EROD), carboxylesterases (CbEs), and the conjugating enzyme uridine diphosphate glucuronosyltransferase (UDPGT) and, more significantly, EROD activity in gills. The antioxidant enzyme activities: catalase (CAT) and glutathione reductase (GR) in liver were positively correlated to temperature. Plasmatic parameters (glucose, lactate, triglycerides and osmolality) were consistent with a good physiological status of the experimental fish. The expression of heat shock proteins (HSP70) in muscle did not significantly change in the two temperature groups. The results evidenced that the subtropical species *S. Senegalensis* also uses the temperature compensation strategy to different degrees for most biotransformation enzymes, ~~and at different extent, the temperature compensation strategy~~; this response was more intense and faster in gills than in liver. This compensatory strategy did not apply to antioxidant enzymes and GST. The present findings highlight ~~s~~ the need to consider the thermal history of the fish when using *S. senegalensis* as a sentinel in a biomarker based pollution monitoring study. The fish plasticity on its strategy of physiological adaptation to temperature

41 changes could contribute to explain the success in the geographical expansion of this
42 species.

43

44 **Keywords:** Temperature, biotransformation enzymes, antioxidant defences, plasmatic
45 parameters, HSPs, sub-tropical fish.

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Introduction

Temperature is a crucial abiotic factor that has a major impact on the physiological processes of ectothermic species, including fish. Although adaptation in their metabolism and physiology, to compensate for environmental temperature fluctuations has been long described, it ~~has become~~~~became~~ especially relevant in terms of climate change (Pörtner 2002; Pörtner et al. 2005; Somero 2010; 2012). Temperature driven changes trigger many regulatory processes in order to maintain homeostasis. One of the best known mechanisms involved in biochemical adaptation to lower temperatures is the enhancement in protein synthesis. Several studies have already demonstrated that under a fixed assay temperature, organisms acclimated to lower temperatures display higher enzymatic activities to compensate for lower reaction rates occurring as a consequence of the Arrhenius' law. This is achieved by increasing enzyme synthesis and it ~~also~~ embraces ~~also~~ enzymes involved in xenobiotic metabolism (Carpenter et al. 1990; Fitzsimmons et al. 2007; West et al. 1999 and references within).

Senegalese sole (*Solea senegalensis*, Kaup 1858) displays a great environmental adaptability as it originates from sub-tropical waters but ~~it~~ has expanded to more temperate northern latitudes and into the Mediterranean (Zenetos et al. 2012). In addition to temperature adaptation, it also tolerates wide salinity variations as it inhabits marine and estuarine areas (Vinagre et al. 2006; 2013). All these characteristics and its high economic value ~~favour its use~~~~make it favourable~~ for aquaculture purposes in Southern Europe (Dinis et al. 1999). Moreover, it has ~~recently~~ been used ~~recently~~ as a sentinel for pollution assessment in laboratory experiments and field monitoring in the Iberian Peninsula (Costa et al. 2012; Fonseca et al. 2011a; b; Gonçalves et al., 2013; Lopez-Galindo et al. 2010a; b; Oliva et al. 2010; 2012; Siscar et al. 2013). ~~To date~~~~Up to~~ ~~now~~, most studies on temperature acclimation have been carried out in fish from higher

latitudes where ambient temperatures are usually low. Only recently, *S. senegalensis* has been used as a model sub-tropical species to study (1) the influence of rearing temperature, together with diet composition, on oxidative stress parameters (Castro et al. 2012), (2) the influence of acclimation temperature alone on the osmoregulatory capacity and thyroidal system (Arjona et al. 2010) and (3) the effect of temperature on plasmatic metabolites and aminoacid composition (Costas et al. 2012).

As a subtropical species, *S. senegalensis* is expected to display an ample temperature window in which it can operate at high performance. Thermal tolerance encompasses adjustments at several biological levels from systemic to molecular (Pörtner 2002; Pörtner et al. 2005). At the systemic level, plasmatic metabolite values such as glucose, lactate, triglycerides and lactate dehydrogenase activity (LDH) are indicative of energetic metabolism (Bonga 1997) and osmolality values are indicative of osmoregulation capacity (McCormick 2001). Changes in water temperature can also generate modifications at the cellular and molecular level that can be assessed by the measurement of biochemical responses. They include hepatic enzymes involved in the phase I step of xenobiotic metabolism such as activities of 7-ethoxyresorufin O-deethylase (EROD), 3-cyano-7-ethoxycoumarin O-deethylase (CECOD) and carboxylesterase (CbE), the phase II conjugation step of uridine diphosphate glucuronosyltransferase(UDPGT) and glutathione S-transferase(GST) activities (van der Oost et al. 2003). Although most enzymes involved in xenobiotic metabolism are more represented in liver than in gills, in some cases the magnitude of the change is similar or higher in gills (López-Galindo et al. 2010a; b; Regoli et al. 2011).

Additionally, the expression of heat shock proteins (HSP) is associated with temperature variations. HSP70 are ubiquitous and highly conserved, they are involved in the protection and repair of the cells in response to stress and harmful conditions to

ensure the proper folding and cell compartmentation of proteins (Tomanek and Somero 1999).

The aim of the study was to evaluate in a model sub-tropical species, *S. senegalensis*, the effect of long-term temperature acclimation (15° and 20°C) on a comprehensive set of parameters involved either in xenobiotic biotransformation, neural transmission, antioxidant defences and other metabolic processes, in order to characterize the response of this species to temperature fluctuations within a realistic range. The promptness and magnitude of the changes are of ~~particular~~ special interest as they can be indicative of biochemical and physiological plasticity which, in turn, can be of relevance for predicting the performance of this species in a changing anthropogenic environment, as well as for explaining its geographical expansion.

Materials and methods

Fish obtaining and maintenance

Senegalese sole juveniles were hatched and reared under aquaculture conditions by Stolt Sea Farm SA (La Coruña, Spain). Specimens of about 150-200 g wet weight were transported and maintained in the University of Valencia facilities. To ensure adaptation after ~~the~~ transport and to the new laboratory conditions, the temperature acclimation experiment started 2 months after arrival. Twenty-four fish at each temperature regime either 15°C or 20°C were distributed into 4 round tanks of 3 m³ each. Physical water conditions were checked daily and maintained at the targeted temperatures. Ambient temperature was 20°C and the desired 15°C was reached by lowering the temperature at a rate of about 1°C/day. The water parameters ~~from~~ since the start of the experiment (t_0) and for a period up to 60 days (t_{60}) for the 15°C group were: T^a 15.8 ± 1.8 °C; salinity 29.0 ± 0.9 p.s.u and O_2 98.3 ± 1.7 % and for the 20°C group: T^a 19.1 ± 0.6 °C; salinity

29.6 ± 1.2 p.s.u and O₂ 97.8 ± 1.3 %. An intermediate sampling was ~~conducted~~
~~done~~ ~~on~~ day 30 (t₃₀). The light regime was 12L:12D and fish were fed daily *ad libitum* by
hand with commercial Le-5-Elite trout pellet (Skretting, UK), but fasted for 24 hours
~~prior to~~ ~~previous~~ the sampling of eight fish (2 from each 4 replicate tanks) for each time
and temperature condition. No lower temperatures (<15°C) were attempted as *S.*
senegalensis stopped feeding at about 12°C (Arjona et al. 2010), and at higher
temperatures (>20°C) there was higher risk of bacterial infection under long-term
confinement conditions.

Fish sampling

Before sacrifice, biometrics such as total length and weight were recorded and ~~blood~~
was withdrawn from the caudal vein using a 1 mL heparinised syringe and ~~plasma was~~
~~obtained after 3,000g x 15 min centrifugation at 4°C. Fish were sacrificed by~~ ~~Sacrifice of~~
~~the fish was made by~~ spinal cord severing, ~~following which~~ ~~and~~ the fish ~~were~~ dissected
and their organs flash frozen in liquid nitrogen. Livers and gonads were also weighed
to calculate gross morphometric indexes. Tissues were stored at -80°C until analysis.
Handling of the fish was done according to national and institutional regulations of the
Spanish Council for Scientific Research (CSIC) and the European Directive
2010/63/EU.

Hepatic, gill and muscle S10 and liver microsomes preparation

Livers (≈1g) or gills (≈0.3g) were homogenised in ice-cold buffer phosphate (100 mM
pH 7.4) containing 150 mM KCl, 1 mM dithiothreitol (DTT), 0.1 mM phenatroline,
0.1mg/mL trypsin inhibitor and 1 mM ethylenediaminetetraacetic acid (EDTA) in a 1:4

(w:v) ratio using a polytron® blender. A portion of muscle (≈ 0.3 g) was homogenised in ice-cold buffer phosphate (50 mM pH 7.4) alone. The ~~obtained~~ homogenates obtained were centrifuged at 10,000 g x 30 min (S10). In the case of liver, to further obtain microsomes another step of 100,000 g x 60 min at 4°C was ~~required~~needed. The microsomal pellet obtained was dissolved in the ~~above~~former homogenization buffer which also contained ~~ed~~ing also 20% glycerol in a 2:1 (w:v) ratio (Koenig et al. 2013).

Liver, gill and muscle biomarkers

Assay conditions were as individually described and only the sample volume was changed in order to maintain linearity in the enzymatic measurements. All assays were carried out in triplicate at 25°C or 30°C in 96-wellplate using a TECAN Infinite M200 microplate reader, as individually indicated.

7-ethoxyresorufin (EROD) and 3-cyano-ethoxycoumarin (CECOD) O-deethylase activities. Fifty microliters (μ L) of undiluted liver or gill S10 samples were used for EROD measurements and 10 μ L of microsomes for EROD and CECOD measures. All samples were incubated at 30°C with a reaction mixture containing: 0.2 mM NADPH, 3.3 μ M 7-ethoxyresorufin (ER) or 10 μ M 3-cyano-7-ethoxycoumarin (CEC) in 100mM phosphate buffer pH 7.4 (Smith and Wilson 2010). The reaction was followed over resorufin or 3-cyano-7-hydroxy-4-methylcoumarin (metabolites) formation for 10min with a 96-well plate using the fluorescence mode. EROD was measured at 537 nm EX/583 nm EM and CECOD at 408 nm EX/455 nm EM. In both cases a six-point standard of the respective metabolites (0-160nM) was used to relate activity in pmol/min/mg protein.

Carboxylesterase (CbE) activity was measured in gill (5-fold diluted), liver S10 (20-fold diluted) and microsomes (40-fold diluted). Briefly, 25µL of sample and 200µL of αNA as substrate (250 µM final concentration in well) were measured during 5 min at 235nm as described elsewhere (Mastropaolo and Yourno1981). Activity was expressed in nmol/min/mg protein.

Uridine diphosphate glucuronosyltransferasa(UDPGT) determination was performed in the microsomal fraction according to the published method (Collier et al. 2000). Assay conditions were 10 µL of microsomes and 0.1 mM 4-methyl umbelliferone (MU) in 100 mM Tris buffer pH 7.4 (containing 5 mM MgCl₂ and 0.05 % BSA) and 2 mM 5'-diphospho-glucuronic acid (UDPGA). The decrease in fluorescence was recorded over 10 min at 30°C and an eight point MU standard (0-16 µM) was used to relate the activity. Fluorimeter conditions were 355 nm EX/460nm EM. Results were expressed in nmol/min/mg prot.

Glutathione S-transferase (GST) activity was measured using 25µL of 5-fold diluted gill and 20-fold diluted liver S10 using 1-chloro-2,4-dinitrobenzene (CDNB) as substrate. The final reaction mixture contained 1mM CDNB and 1mM reduced glutathione (GSH). The activity rate was measured for 5min at 340nm (Habig et al. 1974), and expressed as nmol/min/mg protein.

Antioxidant enzyme activities: Catalase (CAT), total glutathione peroxidase (t-GPX) and glutathione reductase (GR) were determined in the S10 fraction of the liver according to the methodology described previously (Koenig and Sole 2012). CAT was also measured in gills (S10) and quantified as a decreases in absorbance at 240 nm using H₂O₂ (50 mM) as substrate, t-GPX and GR as decreases at 340 nM using cumene hydroperoxide (CHP; 0.625 mM) and oxidised glutathione (GSSG; 0.9 mM) as

respective substrates and NADPH as cofactor in both assays. Activity was expressed as $\mu\text{mol}/\text{min}/\text{mg prot}$ (CAT) or $\text{nmol}/\text{min}/\text{mg prot}$ (t-GPX and GR).

Lactate dehydrogenase (LDH) activity was measured in liver S10 according to the method developed by Vassault (1983), modified to 96-well microplate format. A 25 μL aliquot of S10 was mixed with 150 μL NADH (300 μM) and 50 μL pyruvate (4.5 mM) and the decrease in absorbance measured over 3 min at 340 nm. Activity was expressed as $\text{nmol}/\text{min}/\text{mg prot}$.

Acetylcholinesterase (AChE) activity was measured in undiluted S10 muscle and gills tissue. In each microplate well, 25 μL of sample were mixed with 150 μL of 5,5'-dithio-bis-2-nitrobenzoate (DTNB; 270 μM) and after 2 min of pre-incubation, the reaction was started by adding 50 μL of the substrate acetylthiocholine (ASCh; 1 mM final concentration). Reading was performed in kinetic mode at 405 nm for 5 min following the Ellman et al. (1961) protocol. Activity was expressed in $\text{nmol}/\text{min}/\text{mg protein}$.

Total protein content of the samples for all enzymatic assay calculations was determined by the Bradford method (1976) adapted to microplate, using Bradford Bio-Rad Protein Assay reagent and bovine serum albumin (BSA) as standard. Absorbance was read at 595 nm.

Protein yield (PY) was expressed as the total protein content per gram of wet weight tissue.

Lipid peroxidation (LP) was determined using 200 μL of muscle S10 and mixed with 650 μL of 1-methyl-2-phenylindole in methanol:acetonitrile (1:3) and 150 μL of 37% HCl. Incubation was performed at 45°C for 40 min, the reaction was stopped in ice and further centrifuged at 13,000 $\text{g} \times 10$ min to precipitate proteins. Absorbance was read at 586 nm versus a standard solution of 1,1,3,3-tetramethoxypropane (MDA) treated in the same manner. LP content was expressed as $\text{nmol MDA}/\text{g w.w.}$

Heat shock proteins (HSP70) were measured in muscle. Tissues were homogenized, using a polytron blender, in 1:10 (w:v) cold calcium-magnesium free saline buffer containing 20 mM Hepes, 500 mM NaCl, 12.5 mM KCl (pH=7.3), freshly complemented with 1mM DTT, 1mM phenylmethanesulfonylfluoride (PMSF), Igepal (1%) and 1% protease inhibitor cocktail (Complete-Mini, EDTA-free ROCHE). Samples were centrifuged at 15,000g for 15 min (4°C) and the supernatant was kept at -80°C. Total soluble protein contents were determined using Lowry BioRad DC-Protein Assay kit with BSA as standard, and absorbance was read at 750nm. Equal amounts of protein (21 µg) from each sample were separated by 1D-SDS-PAGE using a Mini-Protean Tetra cell system (Bio-Rad), for 50 min at 200 V, transferred to a PVDF membranes at 1.3 A for 40 min in a Trans-Blot R Turbo TM Blotting System (Bio-Rad). ~~The~~ Immunodetection was performed using HSP70 mouse monoclonal antibody (Sigma, H5147), and anti-mouse IgG secondary antibody conjugated with peroxidase (Sigma, A4416). Blots were visualized on a VERSADOC Imaging system (Bio-Rad) using ELC-PRIME reagent (Amersham), and quantified by densitometry using the Quantity One software (Bio-Rad). The density of each band was normalized to the density of the HSP70 band of a commercial standard (Sigma, H9776) in each blot, and HSP70 levels were expressed as arbitrary units HSP70/ng protein (Varo et al. 2007).

Plasmatic parameters

Glucose and *lactate* content in plasma were analysed using the SPINREACT commercial kits Ref: 41011 and 1001330, respectively, following manufacturer instructions and using 2.5 µL of plasma in a final volume in well of 250 µL. Absorbance was measured at 550 nm using a TECAN plate reader SpectraFluor model. *Plasma triglycerides* were quantified using the commercial kit SPINREACT Ref:

1001312. Sample volume and final volume were as for glucose and lactate but reading was at 490 nm in the Victor2 V plate reader. All results were reported in mmol/L.

Osmolality was measured using the Fiske®, 210 Micro-Sample Osmometer. Instrument calibration was done using a standard solution at a concentration of 290 mOsm/kg H₂O.

Statistical analysis

Data were tested for normality (Kolmogorov-Smirnov's test) and homogeneous variance (Levene's test) and were log₁₀ (X)-transformed when suitable to comply with normality and homoscedasticity assumptions. Sex or size ~~were~~ not seen as variables to influence the enzymatic activities or HSP70 levels (p>0.05).

In search of differences among acclimation time groups (0, 30 and 60 days), one-way ANOVA followed by Student-Newman-Keuls (SNK) multi-comparison test was applied. Student's t test was used to contrast temperature groups (15 and 20°C). Plasma parameters, except triglycerides, were analyzed by one-way ANOVA with the Welch transformation, followed by the Games-Howel's test for post-hoc multi-comparison, in the case of variance heteroscedasticity.

Results were presented as means ± S.E.M (standard error). Pearson product moment correlation was used to test pairwise associations between parameters (n=48). All statistical analyses were carried out using SPSS Systems (SPSS Inc., v19) and the significance level was always set at α=0.05.

Results

Biological and gross morphometric parameters

Fish gained in length/weight at a similar rate under both temperature regimes during the experience. The condition factor (CF) was maintained during the 2 months but the hepatosomatic index (HSI) gradually and significantly decreased in the fish group kept at 20°C, whereas it transitorily increased in the 15°C acclimated group. The gonadosomatic index (GSI) of males and females differed, as expected, but it was not related to the temperature of acclimation. Biological traits and gross morphometric markers are presented in table 1.

Liver, gill, muscle and plasma responses

EROD activities in liver S10 and in liver microsomal fractions and in gill S10 are presented in Fig. 1. Liver UDPGT, CECOD and CbE activities are shown in Fig. 2, while the remaining enzyme activities determined in the S10 fraction of liver, gill, muscle and in plasma are displayed in Fig. 3.

In table 2, the two-way ANOVA results (F-values) for the above mentioned parameters to test the effect of temperature, acclimation time and their interaction are presented. In the S10 fraction of the liver, EROD and CbE are significantly affected by temperature, so that lower temperature resulted in an increase of enzyme activities (t-test; $p < 0.01$). The activities of CAT and GR were also influenced by temperature but in the opposite way. Time of acclimation also had also an effect on enzymatic activities: GST and CAT increased while t-GPX and EROD decreased over time (one-way ANOVA; $p < 0.05$). LDH was not dependent on either factor. In the microsomal fraction EROD, CECOD and UDPGT were affected by temperature and UDPGT by temperature but also by with the acclimation time. Microsomal CbE activity differed in relation to temperature only after 60 days acclimation. Of the five parameters measured in gill,

EROD and GST activities were dependent on temperature while CAT varied over time. Muscular AChE varied over time being higher at the end of the experiment. It should also be noted that a positive correlation between AChE and fish size was found ($r=0.459$; $p=0.001$). Neither LP nor HSP70 levels varied depending on the rearing temperature or exposure time.

EROD activity was highly responsive to temperature but it also changed over time and this trend was observed in the two liver subcellular fractions analysed (S10 and microsomes) and in the S10 of gills (Fig. 1). In the microsomal fraction, UDPGT, CECOD and CbE activities were also influenced by temperature (Fig. 2) and this was already evidenced after 30 days in UDPGT while for CECOD and CbE this was not evidenced until day 60. In all cases, activities at 15°C were higher than at 20°C. The temporal variation of the remaining parameters analysed, in relation to the two temperatures is given in Fig. 3.

As opposed to most hepatic and gill parameters, plasmatic markers were mostly dependent on time of acclimation (Table 2). Glucose and lactate evolved similarly at both temperature regimes ($r=0.458$; $p=0.001$) reaching a stable condition after 30 days whereas osmolality showed a sustained decrease over time. Glucose and lactate were lower after 30 days while triglycerides increased at the intermediate time period ($p<0.05$). Osmolality decreased significantly ($p<0.05$) over time (Fig. 3). Moreover, glucose and osmolality followed an opposite trend ($r=-0.296$; $p=0.041$).

Correlations between hepatic and gill parameters.

~~In~~ Table 3 presents the correlation coefficients between the different parameters tested in the two liver fractions and gills ~~is presented~~ ($n=48$). There was a good correlation

between hepatic S10 and microsomal parameters representative of phase I reactions (from $r=0.350$; $p<0.05$ to $r=0.767$; $p<0.001$), and also between microsomal EROD, CECOD and CbE ($r=0.547-0.826$; $p<0.001$). Also, between phase I parameters and the phase II UDPGT activity ($r=0.392-0.505$; $p<0.01$). On the contrary, the liver antioxidant enzyme CAT was negatively related to EROD ($r=-0.502$; $p<0.001$); but hepatic CAT was also negatively correlated to EROD and GST activities in gill ($r=-0.428$; $p<0.01$ and $r=-0.369$; $p<0.05$). Similarly, the antioxidant GR also was negatively related to most of phase I and II enzymatic activities (r value from -0.362 to -0.556 ; $p<0.05$). Conversely, LDH was positively related to GR and GPX ($r=0.412-0.577$; $p<0.05$).

Discussion

The similar growth rates observed under the two temperature regimes and the maintenance of a stable CF ~~throughout~~^{along} the experience suggest fish were in good physiological condition. Confinement conditions alone are ~~by themselves~~ a stressing factor that can be evaluated by measuring plasmatic metabolites such as glucose and lactate levels and osmolality. The steady levels reached after 30 days of acclimation for glucose and lactate were not mirrored in osmolality, as it continued decreasing at day 60. Nonetheless, in fish, the natural influence of hormonal factors during fish growth and maturation on the physiological osmoregulatory process (McCormick 2001) cannot be disregarded. All the ~~aboveformer~~ parameters are suggestive of a good adaptation process in *S. senegalensis*. In addition, plasmatic metabolite levels (glucose, lactate and triglycerides) and the gross morphometric marker HSI, fall within those reported in similar experiences studying temperature effects on juveniles of *S. senegalensis* (Arjona et al. 2010; Costas et al. 2012). Similarly, LDH activity in liver and HSP70 levels in

muscle remained similar throughout the experience, suggesting that *S. Senegalensis* was well adapted to temperatures ranging between 15° and 20°C in the Mediterranean (Salat and Pascual 2002). Previous work showed that, in fish, ~~the~~ threshold temperatures inducing HSP70 expression depended on ~~the~~ acclimation temperatures (Feidantsis et al. 2009; 2013). In *Sparusaurata*, lab studies found that expression of HSP70 was induced below 13°C (Kyprianou et al. 2010); and over 22-24°C (Feidantsis et al. 2009). It is likely that the response in HSP70 to temperature ~~in this present experience~~ had already occurred during the time taken to reach the ~~targeted aimed~~ 15°C temperature, before the onset of the experiment (t_0). Although, HSP production in animals preferentially responds to short-term temperature challenges (Pörtner 2002), variations in HSP levels were also found after long-term exposures but when exposed to greater temperature gradients (Feidantsis et al. 2009).

Temperature had a clear effect on enzymes involved in phase I metabolism. More significantly in gills and liver EROD activity and with temperature-driven differences up to 5 fold after 60 days acclimation. A similar trend, although with more moderate differences, was seen in CECOD and CbE activities in liver. As far as we are aware, no comparable data of similar acclimation studies are available for *S. senegalensis* or any other sub-tropical species. ~~Previous or mer~~ Previous studies, focussed on temperate fish, also reported higher basal hepatic EROD activity in those acclimated to lower temperatures (Lange et al. 1998; Jorgensen and Wolkers 1999; Sleiderink et al. 1995) as well as in branchial EROD (Abrahamson et al. 2008). All these findings in fish agree with the accepted strategy of enzymatic activity compensation during temperature acclimation that also embraces biotransformation enzymes (Fitzsimons et al. 2007). The main mechanism proposed for the above mentioned responses is an increase in protein synthesis at lower temperatures. Recent transcriptional studies with Atlantic salmon,

give support to an up regulation on genes encoding for CYP1A as temperature decreases (Olsvik et al. 2013). The 5-fold increase in branchial EROD activity as a consequence of an acclimation to 5°C temperature decrease was unexpected, as it would account for a full temperature compensation of an activity with a Q_{10} of 25, while the Q_{10} reported for most enzymatic activities is about 2. Other mechanisms, such as temperature-driven membrane fluidity changes in membrane-bound enzymes (homeoviscous adaptation) during temperature acclimation as CYP1A-linked EROD activity cannot be ruled out (Jorgensen and Wolkers 1999).

Despite the well-known effect of temperature on EROD activity, less is known on its modulation of other phase I enzymes or phase II biotransformation reactions in fish. To the best of our knowledge, this is the first study on fish to show a temperature-driven effect on CECOD and CbE activities. It is likely that in *Solea spp.*, the substrates ER (CYP1A1) and CEC (representing CYP1A2 and CYP2C9 and 2C19 in mammals) are metabolised by the same isoform. This is because the CYP1A2 isoform seems to be absent in these species (Koenig et al. 2013) and the CYP2 family in fish greatly differs from that in mammals (Arellano-Aguilar et al. 2009). In any case, as the magnitude of change after temperature acclimation, when using CEC as substrate, was lower. In this case, ~~it seems possible~~ the existence of other unknown CYP isoforms seems possible, which are also responsible for CEC metabolism, but less influenced by temperature. CbE activity measured using the α NA as substrate, showed that temperature compensation also affects enzymes involved in pesticide protection in fish (Wheelock et al. 2008) including *S. senegalensis* (Solé et al. 2012). In relation to phase II enzymes, microsomal UDPGT activity also showed temperature acclimation, reaching a 2 fold increase after 60 days at the lowest temperature that would account for temperature compensation. GST activity showed a tissue dependent response pattern. Gill GST also

showed temperature compensation whereas the hepatic form did not. Neither was GST activity in liver altered in rainbow trout reared at the physiological temperatures of 10°C and 18°C for 28 days despite ~~the~~ microsomal related activity (aryl hydrocarbon hydroxylase) ~~being~~was higher at the lowest acclimation temperature (Carpenter et al. 1990).

Antioxidant enzyme (GR and CAT) activities in liver also responded to temperature of acclimation but, in this case, enzyme activities were lower in the fish acclimated to the lowest temperature. In a Portuguese field study with *S. senegalensis*, CAT activity was also positively related to environmental temperature (Fonseca et al. 2011b). On the contrary, Castro et al. (2012) reported contradictory responses in *S. senegalensis* in the antioxidant enzymes response to temperature (12°C and 18°C) over a 2 month²s period; however, in this latter study, ~~whereas the~~ diet was also considered, this was a potential confounding factor. In our lab acclimation experience, food administration and the abiotic factors (O₂, pressure and salinity) were constant and only temperature was variable; therefore the present experimental conditions allow for unequivocally testing the influence of temperature alone. It is well-known that reactive oxygen species (ROS) production raises as a consequence of increased aerobic metabolism in ectotherms subjected to higher temperatures. Although the temperature regime selected for th~~is~~is ~~present~~ study was within the physiological range for this species in the Atlantic and the Mediterranean waters of the Iberian Peninsula (Vinagre et al. 2013; Salat and Pascual 2002), the response observed in the antioxidant enzymes was indicative of their role in preventing the occurrence of oxidative stress damage. In fact, no variation in LP levels was observed as a consequence of temperature variations.

AChE activity in muscle increased, regardless of temperature, ~~during at~~ the longest period of acclimation. The influence of temperature acclimation ~~on~~ver AChE

activity is controversial. While some fish studies have reported a positive effect (Durieux et al. 2011), in others it was negative (Botte et al. 2013) or not significant (Beauvais et al. 2002). The increase in AChE activity at the end of the experience, when the fish are bigger, contradicts the general trend of lower AChE activity in bigger specimens, also ~~previously~~~~formerly~~ described for *S. Senegalensis* (Solé et al. 2012), although the size range in the reported study was wider.

According to correlation analysis, membrane bound enzymes activities EROD, CECOD, UDPGT and CbE were all positively correlated among themselves in liver microsomes. Also, as expected, microsomal phase I and phase II activities evolved similarly as they represent consecutive steps in biotransformation processes in liver. In a *S. senegalensis* field survey in the Tejo estuary of Portugal, a good agreement between phase I (EROD) and phase II (GST) was also seen (Fonseca et al. 2011b). ~~Also w~~Worth noting is ~~also~~ the good correlation in gills, between EROD and GST and between EROD and CbE, as it is a target tissue not so ~~widely~~~~largely~~ considered. Furthermore, hepatic EROD activity in the S10 fraction and in microsomes was well correlated ($r=0.767$; $p<0.001$) which further supports the use of the S10 fraction as a good estimate of EROD activity in this species as ~~previously~~~~formerly~~ suggested (Sánchez-Nogué et al. 2013; Solé et al. 2012). The opposite influence of temperature acclimation ~~on~~~~ver~~ the antioxidant enzymes (CAT and GR) and EROD activity in liver and gills, ~~expressed~~ as a negative correlation between the two groups of enzymes, suggests separate regulatory pathways for these two groups of enzymes in which ROS and hypoxia may have a role (Regoli and Giuliani 2014).

The magnitude of the changes after long-term acclimation to a 5°C decrease in temperature in *S. Senegalensis* supports the great adaptability of this species to moderate temperature fluctuations. The variations ~~affected~~ mainly ~~affected~~ enzymes

implied in biotransformation but also entailed modifications in antioxidant defences in order to maintain homeostasis. In fact, the extent of the variations in xenobiotic metabolism enzymatic activities in *S. senegalensis* in ~~thise-present~~ study is in general higher ~~than~~ those described under field situations, where seasonal and pollution-driven fluctuations acted simultaneously. That is, enzyme activities usually experienced changes ~~usually~~ between 2-3 fold (Fonseca et al. 2011a; b; Oliva et al. 2010; 2012; Gonçalves et al. 2013). Nonetheless, the biological characteristics of the fish, such as age, and the combination of ~~variable~~ physical and chemical factors have to be taken into consideration. The significance of our findings could contribute to explain the success of this species in its biogeographical expansion (Zenetos et al. 2012). There is no data on the relative abundance of *S. senegalensis* and other sympatric, but more temperate soles, in the NW Mediterranean. However, a study conducted in a warm-adapted species *Sardinellaaurita* in the Mediterranean reports on the expansion of this species s to more northern latitudes due to climate change (Sabatés et al. 2006). Unfortunately, no data on species abundances ~~s~~ is available for *S. Senegalensis* to conduct a similar type of study, but we ~~believe~~~~reckon~~ a ~~similar~~~~n-akin~~ phenomenon would be likely to occur. Due to the increasing use of this species as a sentinel in marine pollution monitoring, our findings could be of significance to ecotoxicologists. Moreover, in aquaculture, the ability of this species to cope with the predicted temperature variations due to climate change could be of some economic interest.

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Abstract

The Senegalese sole, *Solea senegalensis*, originates from subtropical waters and displays great adaptability to environmental factors such as temperature. A comprehensive study on the effect of long-term temperature acclimation on xenobiotic metabolism, along with the assessment of other parameters related to physiological status, was designed to characterize the response of this species to temperature fluctuations within a realistic range. *S. senegalensis* juveniles were acclimated for a period of 60 days to two different ambient temperatures, 15°C and 20°C. Several hepatic, gill, muscular and plasmatic parameters were measured over time at the two temperatures. The lower temperature triggered, over time, the synthesis of hepatic microsomal cytochrome P450 (CYP) related enzymes (e.g. 7-ethoxyresorufin *O*-deethylase-EROD), carboxylesterases (CbEs), and the conjugating enzyme uridine diphosphate glucuronosyltransferase (UDPGT) and, more significantly, EROD activity in gills. The antioxidant enzyme activities: catalase (CAT) and glutathione reductase (GR) in liver were positively correlated to temperature. Plasmatic parameters (glucose, lactate, triglycerides and osmolality) were consistent with a good physiological status of the experimental fish. The expression of heat shock proteins (HSP70) in muscle did not significantly change in the two temperature groups. The results evidenced that the subtropical species *S. Senegalensis* also uses the temperature compensation strategy to different degrees for most biotransformation enzymes; this response was more intense and faster in gills than in liver. This compensatory strategy did not apply to antioxidant enzymes and GST. The present findings highlight the need to consider the thermal history of the fish when using *S. senegalensis* as a sentinel in a biomarker based pollution monitoring study. The fish plasticity on its strategy of physiological

40 adaptation to temperature changes could contribute to explain the success in the
41 geographical expansion of this species.

42

43 **Keywords:** Temperature, biotransformation enzymes, antioxidant defences, plasmatic
44 parameters, HSPs, sub-tropical fish.

45

Introduction

Temperature is a crucial abiotic factor that has a major impact on the physiological processes of ectothermic species, including fish. Although adaptation in their metabolism and physiology, to compensate for environmental temperature fluctuations has been long described, it has become especially relevant in terms of climate change (Pörtner 2002; Pörtner et al. 2005; Somero 2010, 2012). Temperature driven changes trigger many regulatory processes in order to maintain homeostasis. One of the best known mechanisms involved in biochemical adaptation to lower temperatures is the enhancement in protein synthesis. Several studies have already demonstrated that under a fixed assay temperature, organisms acclimated to lower temperatures display higher enzymatic activities to compensate for lower reaction rates occurring as a consequence of the Arrhenius' law. This is achieved by increasing enzyme synthesis and it also embraces enzymes involved in xenobiotic metabolism (Carpenter et al. 1990; Fitzsimmons et al. 2007; West et al. 1999 and references within).

Senegalese sole (*Solea senegalensis*, Kaup 1858) displays a great environmental adaptability as it originates from sub-tropical waters but has expanded to more temperate northern latitudes and into the Mediterranean (Zenetos et al. 2012). In addition to temperature adaptation, it also tolerates wide salinity variations as it inhabits marine and estuarine areas (Vinagre et al. 2006, 2013). All these characteristics and its high economic value favour its use for aquaculture purposes in Southern Europe (Dinis et al. 1999). Moreover, it has recently been used as a sentinel for pollution assessment in laboratory experiments and field monitoring in the Iberian Peninsula (Costa et al. 2012; Fonseca et al. 2011a, b; Gonçalves et al., 2013; Lopez-Galindo et al. 2010a, b; Oliva et al. 2010; 2012; Siscar et al. 2013). To date, most studies on temperature acclimation have been carried out in fish from higher latitudes where ambient

temperatures are usually low. Only recently, *S. senegalensis* has been used as a model sub-tropical species to study (1) the influence of rearing temperature, together with diet composition, on oxidative stress parameters (Castro et al. 2012), (2) the influence of acclimation temperature alone on the osmoregulatory capacity and thyroidal system (Arjona et al. 2010) and (3) the effect of temperature on plasmatic metabolites and amino acid composition (Costas et al. 2012).

As a subtropical species, *S. senegalensis* is expected to display an ample temperature window in which it can operate at high performance. Thermal tolerance encompasses adjustments at several biological levels from systemic to molecular (Pörtner 2002; Pörtner et al. 2005). At the systemic level, plasmatic metabolite values such as glucose, lactate, triglycerides and lactate dehydrogenase activity (LDH) are indicative of energetic metabolism (Bonga 1997) and osmolality values are indicative of osmoregulation capacity (McCormick 2001). Changes in water temperature can also generate modifications at the cellular and molecular level that can be assessed by the measurement of biochemical responses. They include hepatic enzymes involved in the phase I step of xenobiotic metabolism such as activities of 7-ethoxyresorufin O-deethylase (EROD), 3-cyano-7-ethoxycoumarin O-deethylase (CECOD) and carboxylesterase (CbE), the phase II conjugation step of uridine diphosphate glucuronosyltransferase (UDPGT) and glutathione *S*-transferase (GST) activities (van der Oost et al. 2003). Although most enzymes involved in xenobiotic metabolism are more represented in liver than in gills, in some cases the magnitude of the change is similar or higher in gills (López-Galindo et al. 2010a, b; Regoli et al. 2011).

Additionally, the expression of heat shock proteins (HSP) is associated with temperature variations. HSP70 are ubiquitous and highly conserved, they are involved in the protection and repair of the cells in response to stress and harmful conditions to

ensure the proper folding and cell compartmentation of proteins (Tomanek and Somero 1999).

The aim of the study was to evaluate in a model sub-tropical species, *S. senegalensis*, the effect of long-term temperature acclimation (15° and 20°C) on a comprehensive set of parameters involved either in xenobiotic biotransformation, neural transmission, antioxidant defences and other metabolic processes, in order to characterize the response of this species to temperature fluctuations within a realistic range. The promptness and magnitude of the changes are of particular interest as they can be indicative of biochemical and physiological plasticity which, in turn, can be of relevance for predicting the performance of this species in a changing anthropogenic environment, as well as for explaining its geographical expansion.

Materials and methods

Fish obtaining and maintenance

Senegalese sole juveniles were hatched and reared under aquaculture conditions by Stolt Sea Farm SA (La Coruña, Spain). Specimens of about 150-200 g wet weight were transported and maintained in the University of Valencia facilities. To ensure adaptation after transport and to the new laboratory conditions, the temperature acclimation experiment started 2 months after arrival. Twenty-four fish at each temperature regime either 15°C or 20°C were distributed into 4 round tanks of 3 m³ each. Physical water conditions were checked daily and maintained at the targeted temperatures. Ambient temperature was 20°C and the desired 15°C was reached by lowering the temperature at a rate of about 1°C/day. The water parameters from the start of the experiment (t_0) and for a period up to 60 days (t_{60}) for the 15°C group were: T^a 15.8 ± 1.8 °C; salinity 29.0 ± 0.9 p.s.u and O_2 98.3 ± 1.7 % and for the 20°C group: T^a 19.1 ± 0.6 °C; salinity $29.6 \pm$

1.2 p.s.u and O₂ 97.8 ± 1.3 %. An intermediate sampling was conducted on day 30 (t₃₀). The light regime was 12L:12D and fish were fed daily *ad libitum* by hand with commercial Le-5-Elite trout pellet (Skretting, UK), but fasted for 24 hours prior to the sampling of eight fish (2 from each 4 replicate tanks) for each time and temperature condition. No lower temperatures (<15°C) were attempted as *S. senegalensis* stopped feeding at about 12°C (Arjona et al. 2010), and at higher temperatures (>20°C) there was higher risk of bacterial infection under long-term confinement conditions.

Fish sampling

Before sacrifice, biometrics such as total length and weight were recorded and blood was withdrawn from the caudal vein using a 1 mL heparinised syringe. Plasma was obtained after 3,000g x 15 min centrifugation at 4°C. Fish were sacrificed by spinal cord severing, following which the fish were dissected and their organs flash frozen in liquid nitrogen. Livers and gonads were also weighed to calculate gross morphometric indexes. Tissues were stored at -80°C until analysis. Handling of the fish was done according to national and institutional regulations of the Spanish Council for Scientific Research (CSIC) and the European Directive 2010/63/EU.

Hepatic, gill and muscle S10 and liver microsomes preparation

Livers (≈1 g) or gills (≈0.3 g) were homogenised in ice-cold buffer phosphate (100 mM pH 7.4) containing 150 mM KCl, 1 mM dithiothreitol (DTT), 0.1 mM phenantroline, 0.1mg/mL trypsin inhibitor and 1 mM ethylenediaminetetraacetic acid (EDTA) in a 1:4 (w:v) ratio using a polytron® blender. A portion of muscle (≈0.3 g) was homogenised in ice-cold buffer phosphate (50 mM pH 7.4) alone. The homogenates obtained were

centrifuged at 10,000g x 30 min (S10). In the case of liver, to further obtain microsomes another step of 100,000g x 60 min at 4°C was required. The microsomal pellet obtained was dissolved in the above homogenization buffer which also contained 20% glycerol in a 2:1 (w:v) ratio (Koenig et al. 2013).

Liver, gill and muscle biomarkers

Assay conditions were as individually described and only the sample volume was changed in order to maintain linearity in the enzymatic measurements. All assays were carried out in triplicate at 25°C or 30°C in 96-wellplates using a TECAN Infinite M200 microplate reader, as individually indicated.

7-ethoxyresorufin (EROD) and 3-cyano-ethoxycoumarin (CECOD) O-deethylase activities. Fifty microliters (µL) of undiluted liver or gill S10 samples were used for EROD measurements and 10 µL of microsomes for EROD and CECOD measures. All samples were incubated at 30°C with a reaction mixture containing: 0.2 mM NADPH, 3.3 µM 7-ethoxyresorufin (ER) or 10 µM 3-cyano-7-ethoxycoumarin (CEC) in 100 mM phosphate buffer pH 7.4 (Smith and Wilson 2010). The reaction was followed over resorufin or 3-cyano-7-hydroxy-4-methylcoumarin (metabolites) formation for 10 min with a 96-well plate using the fluorescence mode. EROD was measured at 537 nm EX/583 nm EM and CECOD at 408 nm EX/455 nm EM. In both cases a six-point standard of the respective metabolites (0-160 nM) was used to relate activity in pmol/min/mg protein.

Carboxylesterase (CbE) activity was measured in gill (5-fold diluted), liver S10 (20-fold diluted) and microsomes (40-fold diluted). Briefly, 25 µL of sample and 200 µL of αNA as substrate (250 µM final concentration in well) were measured during 5 min at

235 nm as described elsewhere (Mastropaolo and Yourno 1981). Activity was expressed in nmol/min/mg protein.

Uridine diphosphate glucuronosyltransferase (UDPGT) determination was performed in the microsomal fraction according to the published method (Collier et al. 2000). Assay conditions were 10 µL of microsomes and 0.1 mM 4-methyl umbelliferone (MU) in 100 mM Tris buffer pH 7.4 (containing 5 mM MgCl₂ and 0.05% BSA) and 2 mM 5'-diphospho-glucuronic acid (UDPGA). The decrease in fluorescence was recorded over 10 min at 30°C and an eight point MU standard (0-16 µM) was used to relate the activity. Fluorimeter conditions were 355 nm EX/460 nm EM. Results were expressed in nmol/min/mg prot.

Glutathione S-transferase (GST) activity was measured using 25 µL of 5-fold diluted gill and 20-fold diluted liver S10 using 1-chloro-2,4-dinitrobenzene (CDNB) as substrate. The final reaction mixture contained 1 mM CDNB and 1 mM reduced glutathione (GSH). The activity rate was measured for 5 min at 340 nm (Habig et al. 1974), and expressed as nmol/min/mg protein.

Antioxidant enzyme activities: Catalase (CAT), total glutathione peroxidase (t-GPX) and glutathione reductase (GR) were determined in the S10 fraction of the liver according to the methodology described previously (Koenig and Sole 2012). CAT was also measured in gills (S10) and quantified as a decrease in absorbance at 240 nm using H₂O₂ (50 mM) as substrate, t-GPX and GR as decreases at 340 nM using cumene hydroperoxide (CHP; 0.625 mM) and oxidised glutathione (GSSG; 0.9 mM) as respective substrates and NADPH as cofactor in both assays. Activity was expressed as µmol/min/mg prot (CAT) or nmol/min/mg prot (t-GPX and GR).

Lactate dehydrogenase (LDH) activity was measured in liver S10 according to the method developed by Vassault (1983), modified to 96-well microplate format. A 25 µL

aliquot of S10 was mixed with 150 μ L NADH (300 μ M) and 50 μ L pyruvate (4.5 mM) and the decrease in absorbance measured over 3 min at 340 nm. Activity was expressed as nmol/min/mg prot.

Acetylcholinesterase (AChE) activity was measured in undiluted S10 muscle and gills tissue. In each microplate well, 25 μ L of sample were mixed with 150 μ L of 5,5'-dithio-bis-2-nitrobenzoate (DTNB; 270 μ M) and after 2 min of pre-incubation, the reaction was started by adding 50 μ L of the substrate acetylthiocholine (ASCh; 1 mM final concentration). Reading was performed in kinetic mode at 405 nm for 5 min following the Ellman et al. (1961) protocol. Activity was expressed in nmol/min/mg protein.

Total protein content of the samples for all enzymatic assay calculations was determined by the Bradford method (1976) adapted to microplate, using Bradford Bio-Rad Protein Assay reagent and bovine serum albumin (BSA) as standard. Absorbance was read at 595 nm.

Protein yield (PY) was expressed as the total protein content per gram of wet weight tissue.

Lipid peroxidation (LP) was determined using 200 μ L of muscle S10 and mixed with 650 μ L of 1-methyl-2-phenylindole in methanol:acetonitrile (1:3) and 150 μ L of 37% HCl. Incubation was performed at 45°C for 40 min, the reaction was stopped in ice and further centrifuged at 13,000g x 10 min to precipitate proteins. Absorbance was read at 586nm versus a standard solution of 1,1,3,3-tetramethoxypropane (MDA) treated in the same manner. LP content was expressed as nmol MDA/g w.w.

Heat shock proteins (HSP70) were measured in muscle. Tissues were homogenized, using a polytron blender, in 1:10 (w:v) cold calcium-magnesium free saline buffer containing 20 mM Hepes, 500 mM NaCl, 12.5 mM KCl (pH=7.3), freshly complemented with 1 mM DTT, 1 mM phenylmethanesulfonylfluoride (PMSF), Igepal

(1%) and 1% protease inhibitor cocktail (Complete-Mini, EDTA-free ROCHE). Samples were centrifuged at 15,000g for 15 min (4°C) and the supernatant was kept at -80°C. Total soluble protein contents were determined using Lowry BioRad DC-Protein Assay kit with BSA as standard, and absorbance was read at 750nm. Equal amounts of protein (21 µg) from each sample were separated by 1D-SDS-PAGE using a Mini-Protean Tetra cell system (Bio-Rad), for 50 min at 200 V, transferred to a PVDF membrane at 1.3 A for 40 min in a Trans-Blot R Turbo TM Blotting System (Bio-Rad). Immunodetection was performed using HSP70 mouse monoclonal antibody (Sigma, H5147), and anti-mouse IgG secondary antibody conjugated with peroxidase (Sigma, A4416). Blots were visualized on a VERSADOC Imaging system (Bio-Rad) using ELC-PRIME reagent (Amersham), and quantified by densitometry using the Quantity One software (Bio-Rad). The density of each band was normalized to the density of the HSP70 band of a commercial standard (Sigma, H9776) in each blot, and HSP70 levels were expressed as arbitrary units HSP70/ng protein (Varo et al. 2007).

Plasmatic parameters

Glucose and *lactate* content in plasma were analysed using the SPINREACT commercial kits Ref: 41011 and 1001330, respectively, following manufacturer instructions and using 2.5 µL of plasma in a final volume in well of 250 µL. Absorbance was measured at 550 nm using a TECAN plate reader SpectraFluor model. *Plasma triglycerides* were quantified using the commercial kit SPINREACT Ref: 1001312. Sample volume and final volume were as for glucose and lactate but reading was at 490 nm in the Victor2 V plate reader. All results were reported in mmol/L. *Osmolality* was measured using the Fiske®, 210 Micro-Sample Osmometer. Instrument calibration was done using a standard solution at a concentration of 290 mOsm/kg H₂O.

Statistical analysis

Data were tested for normality (Kolmogorov-Smirnov's test) and homogeneous variance (Levene's test) and were $\log_{10}$ (X)-transformed when suitable to comply with normality and homoscedasticity assumptions. Sex or size were not seen as variables to influence the enzymatic activities or HSP70 levels ($p>0.05$).

In search of differences among acclimation time groups (0, 30 and 60 days), one-way ANOVA followed by Student-Newman-Keuls (SNK) multi-comparison test was applied. Student's t test was used to contrast temperature groups (15 and 20°C). Plasma parameters, except triglycerides, were analysed by one-way ANOVA with the Welch transformation, followed by the Games-Howel's test for post-hoc multi-comparison, in the case of variance heteroscedasticity.

Results were presented as means $\pm$ S.E.M (standard error). Pearson product moment correlation was used to test pairwise associations between parameters ($n=48$). All statistical analyses were carried out using SPSS Systems (SPSS Inc., v19) and the significance level was always set at $\alpha=0.05$.

Results

Biological and gross morphometric parameters

Fish gained in length/weight at a similar rate under both temperature regimes during the experience. The condition factor (CF) was maintained during the 2 months but the hepatosomatic index (HSI) gradually and significantly decreased in the fish group kept at 20°C, whereas it transitorily increased in the 15°C acclimated group. The gonadosomatic index (GSI) of males and females differed, as expected, but it was not

related to the temperature of acclimation. Biological traits and gross morphometric markers are presented in table 1.

Liver, gill, muscle and plasma responses

EROD activities in liver S10 and in liver microsomal fractions and in gill S10 are presented in Fig. 1. Liver UDPGT, CECOD and CbE activities are shown in Fig. 2, while the remaining enzyme activities determined in the S10 fraction of liver, gill, muscle and in plasma are displayed in Fig. 3.

In table 2, the two-way ANOVA results (F-values) for the above mentioned parameters to test the effect of temperature, acclimation time and their interaction are presented. In the S10 fraction of the liver, EROD and CbE are significantly affected by temperature, so that lower temperature resulted in an increase of enzyme activities (t-test; $p < 0.01$). The activities of CAT and GR were also influenced by temperature but in the opposite way. Time of acclimation also had an effect on enzymatic activities: GST and CAT increased while t-GPX and EROD decreased over time (one-way ANOVA; $p < 0.05$). LDH was not dependent on either factor. In the microsomal fraction EROD, CECOD and UDPGT were affected by temperature and UDPGT by temperature but also by the acclimation time. Microsomal CbE activity differed in relation to temperature only after 60 days acclimation. Of the five parameters measured in gill, EROD and GST activities were dependent on temperature while CAT varied over time. Muscular AChE varied over time being higher at the end of the experiment. It should also be noted that a positive correlation between AChE and fish size was found ($r = 0.459$; $p = 0.001$). Neither LP nor HSP70 levels varied depending on the rearing temperature or exposure time.

EROD activity was highly responsive to temperature but it also changed over time and this trend was observed in the two liver subcellular fractions analysed (S10 and microsomes) and in the S10 of gills (Fig. 1). In the microsomal fraction, UDPGT, CECOD and CbE activities were also influenced by temperature (Fig. 2) and this was already evidenced after 30 days in UDPGT while for CECOD and CbE this was not evidenced until day 60. In all cases, activities at 15°C were higher than at 20°C. The temporal variation of the remaining parameters analysed, in relation to the two temperatures is given in Fig. 3.

As opposed to most hepatic and gill parameters, plasmatic markers were mostly dependent on time of acclimation (Table 2). Glucose and lactate evolved similarly at both temperature regimes ($r=0.458$; $p=0.001$) reaching a stable condition after 30 days whereas osmolality showed a sustained decrease over time. Glucose and lactate were lower after 30 days while triglycerides increased at the intermediate time period ($p<0.05$). Osmolality decreased significantly ($p<0.05$) over time (Fig. 3). Moreover, glucose and osmolality followed an opposite trend ($r=-0.296$; $p=0.041$).

Correlations between hepatic and gill parameters.

Table 3 presents the correlation coefficients between the different parameters tested in the two liver fractions and gills ($n=48$). There was a good correlation between hepatic S10 and microsomal parameters representative of phase I reactions (from $r=0.350$; $p<0.05$ to $r=0.767$; $p<0.001$), and also between microsomal EROD, CECOD and CbE ($r=0.547-0.826$; $p<0.001$). Also, between phase I parameters and phase II UDPGT activity ($r=0.392-0.505$; $p<0.01$). On the contrary, the liver antioxidant enzyme CAT was negatively related to EROD ($r=-0.502$; $p<0.001$); but hepatic CAT was also

negatively correlated to EROD and GST activities in gill ($r=-0.428$; $p<0.01$ and $r=-0.369$; $p<0.05$). Similarly, the antioxidant GR also was negatively related to most of phase I and II enzymatic activities (r value from -0.362 to -0.556 ; $p<0.05$). Conversely, LDH was positively related to GR and GPX ($r=0.412-0.577$; $p<0.05$).

Discussion

The similar growth rates observed under the two temperature regimes and the maintenance of a stable CF throughout the experience suggest fish were in good physiological condition. Confinement conditions alone are a stressing factor that can be evaluated by measuring plasmatic metabolites such as glucose and lactate levels and osmolality. The steady levels reached after 30 days of acclimation for glucose and lactate were not mirrored in osmolality, as it continued decreasing at day 60. Nonetheless, in fish, the natural influence of hormonal factors during fish growth and maturation on the physiological osmoregulatory process (McCormick 2001) cannot be disregarded. All the above parameters are suggestive of a good adaptation process in *S. senegalensis*. In addition, plasmatic metabolite levels (glucose, lactate and triglycerides) and the gross morphometric marker HSI, fall within those reported in similar experiences studying temperature effects on juveniles of *S. senegalensis* (Arjona et al. 2010; Costas et al. 2012). Similarly, LDH activity in liver and HSP70 levels in muscle remained similar throughout the experience, suggesting that *S. Senegalensis* was well adapted to temperatures ranging between 15° and 20°C in the Mediterranean (Salat and Pascual 2002). Previous work showed that, in fish, threshold temperatures inducing HSP70 expression depended on acclimation temperatures (Feidantsis et al. 2009; 2013). In *Sparus aurata*, lab studies found that expression of HSP70 was induced below 13°C

(Kyprianou et al. 2010); and over 22-24°C (Feidantsis et al. 2009). It is likely that the response in HSP70 to temperature in this experience had already occurred during the time taken to reach the targeted 15°C temperature, before the onset of the experiment (t_0). Although, HSP production in animals preferentially responds to short-term temperature challenges (Pörtner 2002), variations in HSP levels were also found after long-term exposures but, when exposed to greater temperature gradients (Feidantsis et al. 2009).

Temperature had a clear effect on enzymes involved in phase I metabolism. More significantly in gills and liver EROD activity and with temperature-driven differences up to 5 fold after 60 days acclimation. A similar trend, although with more moderate differences, was seen in CECOD and CbE activities in liver. As far as we are aware, no comparable data of similar acclimation studies are available for *S. senegalensis* or any other sub-tropical species. Previous studies, focussed on temperate fish, also reported higher basal hepatic EROD activity in those acclimated to lower temperatures (Lange et al. 1998; Jorgensen and Wolkers 1999; Sleiderink et al. 1995) as well as in gill EROD (Abrahamson et al. 2008). All these findings in fish agree with the accepted strategy of enzymatic activity compensation during temperature acclimation that also embraces biotransformation enzymes (Fitzsimons et al. 2007). The main mechanism proposed for the above mentioned responses is an increase in protein synthesis at lower temperatures. Recent transcriptional studies with Atlantic salmon, give support to an up regulation on genes encoding for CYP1A as temperature decreases (Olsvik et al. 2013). The 5-fold increase in gill EROD activity as a consequence of an acclimation to 5°C temperature decrease was unexpected, as it would account for a full temperature compensation of an activity with a Q_{10} of 25, while the Q_{10} reported for most enzymatic activities is about 2. Other mechanisms, such as

temperature-driven membrane fluidity changes in membrane-bound enzymes (homeoviscous adaptation) during temperature acclimation, such as CYP1A-linked EROD activity, cannot be ruled out (Jorgensen and Wolkers 1999).

Despite the well-known effect of temperature on EROD activity, less is known on its modulation of other phase I enzymes or phase II biotransformation reactions in fish. To the best of our knowledge, this is the first study on fish to show a temperature-driven effect on CECOD and CbE activities. It is likely that in *Solea spp.*, the substrates ER (CYP1A1) and CEC (representing CYP1A2 and CYP2C9 and 2C19 in mammals) are metabolised by the same isoform. This is because the CYP1A2 isoform seems to be absent in these species (Koenig et al. 2013) and the CYP2 family in fish greatly differs from that in mammals (Arellano-Aguilar et al. 2009). In any case, the magnitude of change after temperature acclimation when using CEC as substrate was lower. In this case, the existence of other unknown CYP isoforms seems possible, which are also responsible for CEC metabolism, but less influenced by temperature. CbE activity measured using the α NA as substrate, showed that temperature compensation also affects enzymes involved in pesticide protection in fish (Wheelock et al. 2008) including *S. senegalensis* (Solé et al. 2012). In relation to phase II enzymes, microsomal UDPGT activity also showed temperature acclimation, reaching a 2 fold increase after 60 days at the lowest temperature that would account for temperature compensation. GST activity showed a tissue dependent response pattern. Gill GST also showed temperature compensation whereas the hepatic form did not. Neither was GST activity in liver altered in rainbow trout reared at the physiological temperatures of 10°C and 18°C for 28 days despite microsomal related activity (aryl hydrocarbon hydroxylase) being higher at the lowest acclimation temperature (Carpenter et al. 1990).

Antioxidant enzyme (GR and CAT) activities in liver also responded to temperature of acclimation but, in this case, enzyme activities were lower in the fish acclimated to the lowest temperature. In a Portuguese field study with *S. senegalensis*, CAT activity was also positively related to environmental temperature (Fonseca et al. 2011b). On the contrary, Castro et al. (2012) reported contradictory responses in *S. senegalensis* in the antioxidant enzymes response to temperature (12°C and 18°C) over a 2 month period; however, in this latter study, where diet was also considered, this was a potential confounding factor. In our lab acclimation experience, food administration and the abiotic factors (O₂, pressure and salinity) were constant and only temperature was variable; therefore the present experimental conditions allow for unequivocally testing the influence of temperature alone. It is well-known that reactive oxygen species (ROS) production raises as a consequence of increased aerobic metabolism in ectotherms subjected to higher temperatures. Although the temperature regime selected for this study was within the physiological range for this species in the Atlantic and the Mediterranean waters of the Iberian Peninsula (Vinagre et al. 2013; Salat and Pascual 2002), the response observed in the antioxidant enzymes was indicative of their role in preventing the occurrence of oxidative stress damage. In fact, no variation in LP levels was observed as a consequence of temperature variations.

AChE activity in muscle increased, regardless of temperature, during the longest period of acclimation. The influence of temperature acclimation on AChE activity is controversial. While some fish studies have reported a positive effect (Durieux et al. 2011), in others it was negative (Botte et al. 2013) or not significant (Beauvais et al. 2002). The increase in AChE activity at the end of the experience, when the fish are bigger, contradicts the general trend of lower AChE activity in bigger specimens, also

previously described for *S. Senegalensis* (Solé et al. 2012), although the size range in the reported study was wider.

According to correlation analysis, membrane bound enzymes activities EROD, CECOD, UDPGT and CbE were all positively correlated among themselves in liver microsomes. Also, as expected, microsomal phase I and phase II activities evolved similarly as they represent consecutive steps in biotransformation processes in liver. In a *S. senegalensis* field survey in the Tejo estuary of Portugal, a good agreement between phase I (EROD) and phase II (GST) was also seen (Fonseca et al. 2011b). Also worth noting is the good correlation in gills between EROD and GST and between EROD and CbE, as it is a target tissue not so widely considered. Furthermore, hepatic EROD activity in the S10 fraction and in microsomes was well correlated ($r=0.767$; $p<0.001$) which further supports the use of the S10 fraction as a good estimate of EROD activity in this species as previously suggested (Sánchez-Nogué et al. 2013; Solé et al. 2012). The opposite influence of temperature acclimation on the antioxidant enzymes (CAT and GR) and EROD activity (in liver and gills), expressed as a negative correlation between the two groups of enzymes, suggests separate regulatory pathways for these two groups of enzymes in which ROS and hypoxia may have a role (Regoli and Giuliani 2014).

The magnitude of the changes after long-term acclimation to a 5°C decrease in temperature in *S. Senegalensis* supports the great adaptability of this species to moderate temperature fluctuations. The variations mainly affected enzymes implied in biotransformation but also entailed modifications in antioxidant defences in order to maintain homeostasis. In fact, the extent of the variations in xenobiotic metabolism enzymatic activities in *S. senegalensis* in this study is, in general, higher than those described under field situations, where seasonal and pollution-driven fluctuations acted

simultaneously. That is, enzyme activities usually experienced changes between 2-3 fold (Fonseca et al. 2011a, b; Oliva et al. 2010, 2012; Gonçalves et al. 2013). Nonetheless, the biological characteristics of the fish, such as age, and the combination of variable physical and chemical factors have to be taken into consideration. The significance of our findings could contribute to explain the success of this species in its biogeographical expansion (Zenetos et al. 2012). There is no data on the relative abundance of *S. senegalensis* and other sympatric, but more temperate soles, in the NW Mediterranean. However, a study conducted in a warm-adapted species *Sardinella aurita* in the Mediterranean reports on the expansion of this species to more northern latitudes due to climate change (Sabatés et al. 2006). Unfortunately, no data on species abundance is available for *S. Senegalensis* to conduct a similar type of study, but we believe a similar phenomenon would be likely to occur. Due to the increasing use of this species as a sentinel in marine pollution monitoring, our findings could be of significance to ecotoxicologists. Moreover, in aquaculture, the ability of this species to cope with the predicted temperature variations due to climate change could be of some economic interest.

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Figure legends.

Fig. 1. 7-ethoxyresorufin *O*-deethylase (EROD) activity in gill S10 and in liver S10 and microsomal fractions of the juvenile *S. senegalensis* acclimated to two temperatures (15 and 20°C) over two months. Contrasts between the six groups were made after one-way ANOVA with SNK post-hoc test and differences indicated by different letters (significance set at $p < 0.05$). Data are expressed as mean $\pm$ SEM.

Fig. 2. Microsomal uridine diphosphate glucuronosyltransferase (UDPGT), 3-cyano-7-ethoxycoumarin *O*-deethylase (CECOD) and carboxylesterase (CbE) activities of the liver in juvenile *S. senegalensis* acclimated to two temperatures (15 and 20°C) over two months. Contrasts between the six groups were made after one-way ANOVA with SNK post-hoc test and differences indicated by different letters (significance set at $p < 0.05$). Data are expressed as mean $\pm$ SEM.

Fig. 3. Enzyme activities in the S10 fraction of liver, gill, muscle and plasma. Different letters denote statistical differences ($p < 0.05$) between groups after one-way ANOVA and SNK post-hoc test for each parameter (except glucose, lactate and osmolality done with the Games-Howell post-hoc test) between the 6 groups presented in two independent figures of 15°C and 20 °C. Beside the legend of the parameter measured, the units are indicated in brackets: (1) nmol/min/mg prot, (2) μ mol/min/mg prot, (3) nmol malondialdehyde (MDA)/g w.w, (4) arbitrary units/ng prot, (5) mmol/l and (6) mOsm/kg H₂O). Data are expressed as mean $\pm$ SEM.

Figure 1

Figure 2

Figure 3

Table 1. Biological parameters and gross morphometric markers of *Solea senegalensis* kept at two temperature regimes up to 60 days. Condition factor (CF) as: total length/total (weight)³, hepatosomatic index (HSI) as: (liver weight/total weight)x100, gonadosomatic index (GSI) as: (gonad weight/total weight)x100 and protein yield (PY). One-way ANOVA followed by *Post-hoc* SNK test for the six group contrasts. Different letters denote statistical significance. GSI differed between sexes in each group but not within groups. n.a. not available. Data are expressed as mean $\pm$ SEM.

Time (days)	t0		t30		t60	
Temperature (°C)	T15	T20	T15	T20	T15	T20
N(M:F)	8 (6:2)	8 (3:5)	8 (5:3)	8 (5:3)	8 (4:4)	8 (5:3)
Length (cm)	23.6 $\pm$ 0.5a	23.8 $\pm$ 0.8ab	24.7 $\pm$ 0.3bc	24.6 $\pm$ 0.3bc	25.8 $\pm$ 0.6cd	26.6 $\pm$ 0.4d
Weight (g)	198.3 $\pm$ 10.2a	216.4 $\pm$ 11.1ab	241.5 $\pm$ 7.0abc	237.9 $\pm$ 9.3abc	268.8 $\pm$ 15.9bc	288.4 $\pm$ 12.1c
CF	1.50 $\pm$ 0.05	1.63 $\pm$ 0.18	1.61 $\pm$ 0.06	1.60 $\pm$ 0.04	1.58 $\pm$ 0.08	1.55 $\pm$ 0.08
HSI	0.99 $\pm$ 0.05b	0.91 $\pm$ 0.06b	1.17 $\pm$ 0.05c	0.83 $\pm$ 0.06a	1.01 $\pm$ 0.06b	0.70 $\pm$ 0.04a
GSI males	n.a.	n.a.	0.05 $\pm$ 0.01	0.05 $\pm$ 0.01	0.04 $\pm$ 0.01	0.05 $\pm$ 0.01
GSI Females	n.a.	n.a.	1.08 $\pm$ 0.24	1.07 $\pm$ 0.62	1.09 $\pm$ 0.55	1.02 $\pm$ 0.59
PY microsomes	27.7 $\pm$ 2.5	30.3 $\pm$ 2.6	39.5 $\pm$ 2.5	29.2 $\pm$ 5.4	37.5 $\pm$ 3.5	30.2 $\pm$ 4.7

Table 2. Results (F-values) of two-way analysis of variance (ANOVA) for selected variables to test the influence of the two factors (temperature and time) and their interaction. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. n.s.=non- significant. Besides the F value the results of the effect of temperature and time are indicated after Student's t-test and One-way ANOVA test followed by SNK multi-comparison test, respectively.

Tissue	Variable	Temperature (df=1) F	Time (df=2) F	Temp x Time (df=2) F
Liver S10	CbE	11.057** T15>T20	n.s	n.s
	EROD	27.976*** T15>T20	4.042* t0>t30>t60	n.s
	CAT	18.124*** T15<T20	3.530* t0=t30<t60	7.996**
	GST	ns	5.483** t0<t30=t60	ns
	t-GPX	ns	10.199*** t0>t60>t30	ns
	GR	66.411*** T15<T20	ns	
	LDH	ns	ns	ns
Liver microsomes	CbE	n.s	n.s	4.150*
	EROD	11.077** T15>T20	n.s	n.s
	CECOD	6.755* T15>T20	n.s	4.741*
	UDPGT	26.773*** T15>T20	7.770** t0=t60<t30	4.445*
Gills	AChE	n.s	n.s	n.s
	CbE	n.s	n.s	n.s
	EROD	59.399*** T15>T20	n.s	5.759**
	CAT	n.s	6.192** t0=t30>t60	4.130*
	GST	10.186** T15>T20	n.s	n.s
Muscle	AChE	n.s	14.570*** t0=t30<t60	n.s
	LP	n.s	n.s	n.s
	HSP70	n.s	n.s	n.s
Plasma	Glucose	n.s	5.229* t0>t30=t60	3.760*
	Osmolality	5.274* T15>T20	13.462* t0>t30>t60	n.s
	Lactate	n.s	5.473* t0>t30=t60	n.s
	Triglycerides	n.s	12.710* t0=t60<t30	12.656*

Table 3. Pearson correlation coefficient (r) between biomarkers at the different fractions of the liver (S10 and microsomes) and gill (S10) of *S. senegalensis* juveniles reared at two environmental temperatures (15 and 20°C) over two months (n=number of individual fish). *p<0.05; **p<0.01, ***p<0.001. n.s non significant p>0.05.

[illegible]