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4	EFFECT OF SEED PASSAGE THROUGH BIRDS AND LIZARDS ON
5	EMERGENCE RATE OF MEDITERRANEAN SPECIES: DIFFERENCE
6	BETWEEN NATURAL AND CONTROLLED CONDITIONS
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24	Running headline: Effect of seed passage through birds and lizards on emergence

Summary

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this type of studies.

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3 1. The ingestion of fruits by vertebrate frugivores produces great variation on seed 4 germination responses which depend on (1) the frugivorous species, (2) several factors 5 intrinsic to the plant species and (3) the conditions under which germination tests are 6 conducted. Most studies on this topic have used only one or a few disperser species, and 7 have been performed under controlled conditions. 8 2. The main goals of this study were to determine (1) the effect that birds (*Turdus* 9 merula) and lizards (*Podarcis pityusensis*) have on seed emergence patterns of a group 10 of common Mediterranean plants, and (2) whether such patterns differ between field 11 and common garden conditions. For over two years, we compared seed emergence time, 12 with those of controls (pulp-removed seeds). 13 3. Emergence patterns were inconsistent for most plant species when comparing field 14 vs. common garden conditions. In some cases, results were even contradictory: for 15 instance, lizards accelerated the emergence time of Rubus seeds in the field, but delayed 16 it in the experimental garden; likewise, Rubia seeds ingested by blackbirds emerged 17 more slowly than controls in the field but faster than those in the garden. The two 18 frugivorous species had also inconsistent effects on the same plant species. 19 **4.** Significant changes in seed weight after passage through the animals' digestive tracts 20 were observed in most species. However, seed weight did not explain differences in 21 seed emergence patterns between ingested and non-ingested seeds. 22 **5.** This study demonstrates the great heterogeneity in seed emergence responses of the 23 different plant species to ingestion by different types of frugivores, and to the different 24 experimental conditions, and thus caution is needed when making generalizations from

Introduction

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Despite it has been assumed for a long time that one of the advantages of endozoochory is germination enhancement –i.e., that seeds ingested by frugivores germinate in greater proportions or faster than non-ingested ones- (Traveset & Verdú 2002, and references therein), an increasing number of studies have shown that such enhancement is far from universal and that a variety of factors, both biotic and abiotic, may affect the outcome of seed treatment in the frugivores' digestive tracts (e.g. Traveset *et al.* 2001; Santamaría *et al.* 2003; Espinar *et al.* 2004; Verdú & Traveset in press). This is of crucial importance to determine the quality of a particular disperser for a plant.

The conditions under which germination tests are performed are known to influence germination success (e.g. Bustamante *et al.* 1993, Figueiredo & Perin 1995; Traveset *et al.* 2001). It is thus important that seed responses to dispersers' gut treatment are examined in the field, as it is in natural environments where we can test if a germination enhancement is adaptive or not. So far, most reported information comes from studies carried out under controlled (and thus favourable) circumstances, usually in the laboratory (see review in Traveset & Verdú 2002), yet this may often obscure significant differences between treatments (Herrera 2000, Traveset *et al.* 2001).

On the other hand, most studies which experimentally test the effect of gut passage on seed germination have been performed with only one or a few dispersers of all those available for the plant. Birds and non-flying mammals are the frugivorous taxa for which most data are available, as they are important dispersers for a great variety of plants (see review in Traveset 1998); in contrast, little is known about the effect of reptiles (but see Liu *et al.* 2004, and references therein), despite they are also effective dispersers in some ecosystems, mainly in islands (Olesen & Valido 2003). Studies that compare the effect of different groups of dispersers on germination are scarce and have shown either consistent (e.g. Krefting & Roe 1949, Lieberman & Lieberman 1986,

1 Mandujano et al. 1994, Traveset & Willson 1997) or inconsistent results (e.g.

2 Lieberman & Lieberman 1986, Figueiredo & Perin 1995, Engel 1997, Nogales et al.

3 1998, Nogales et al., submitted). The latter are often attributed to the different retention

4 times in the animals' guts (e.g., Izhaki & Safriel 1990, Barnea et al. 1991, Murphy et al.

5 1993, but see Barnea et al. 1990, Traveset et al. 2000, 2001), although other factors

6 such as type of food ingested along with the fruits (with variable water content, pH,

proportion of plant material, etc.) are likely to influence the level of mechanical or

8 chemical scarification of the ingested seeds (e.g., Traveset 1998, Traveset et al. 2001,

Figuerola et al. 2002).

In the present study, we chose fleshy-fruited plant species common in the Mediterranean Basin, plus one endemic to the Balearic Islands, to examine the effect of seed passage through frugivores' digestive tracts on emergence rate (speed at which seeds emerge), simultaneously examining both in the field and in an experimental garden during two years. Hereafter, we will indiscriminately use the terms germination and emergence time, even though what we did measure was the time at which the seedling emerges. For five of the species known to be dispersed both by birds and lizards (Sáez & Traveset 1995) we compared the effect of these two types of dispersers. Given the much longer time seeds are retained within the digestive tract of lizards (2-4 days) compared to birds (usually 20-30 min.), we hypothesized that the former were more likely to have a significant effect on germination patterns. We further predicted that differences in such patterns would not be similarly detected in the field than in the experimental garden, mainly due to the more favourable conditions -mainly temperature and humidity- in the latter.

Material and methods

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STUDY PLANT SPECIES

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5 From August 2000 to January 2001, we collected fruits from 11 fleshy-fruited species

common in the western Mediterranean flora, plus one endemic species from the

7 Balearic Islands. Fruits of each species were obtained from a minimum of 10

8 individuals, simultaneously and from the same site to avoid any effect of seed age or

source on germination. The species were: Crataegus monogyna (Rosaceae), Ephedra

10 fragilis (Ephedraceae), Juniperus phoenicea (Cupressaceae), Osyris alba (Santalaceae),

11 Pistacia lentiscus (Anarcadiaceae), Rhamnus alaternus and R. ludovici-salvatoris

12 (Rhamnaceae; the latter endemic to the Balearic Islands), *Rubus ulmifolius* (Rosaceae),

Rubia peregrina (Rubiaceae), Solanum luteum and S. nigrum (Solanaceae), and Smilax

aspera (Smilaceae). Hereafter we will refer to them by their generic names only, except

for the two Rhamnus and two Solanum species. The main fruit characteristics of all

these species are given in Table 1.

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FRUGIVOROUS SPECIES

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The bird species chosen for the study was the blackbird (*Turdus merula*; Turdidae), one of the most important dispersers of fleshy-fruited plants in the Balearic Islands; it is sedentary and relatively abundant in these islands. We captured three individuals during summer 2000 and two during summer 2001 with mist-nets at several sites from an orchard site (this last year, this species was especially rare due to a fungus infection that killed many individuals). Captured birds were kept in an indoor aviary, and housed separately in cages (size: 60 x 60 x 60 cm) until the end of the experiment, when they were released at their sites of origin. They were maintained on a mixed diet of beetle

1 larvae (*Tenebrio molitor*), commercial food for insectivorous birds and wild fleshy

fruits. Blackbirds swallowed entire fruits of all tested species.

The lizard species used for the experiments was *Podarcis pityusensis*

4 (Lacertidae), endemic to the Pithyusic Islands (Balearic Archipelago, Western

Mediterranean). This lizard (snout-vent-length: c. 10 cm) is omnivorous, including an

important fraction of plant material in its diet (Riera, unpub. data). Twenty individuals

were captured during the spring 2000 in Formentera Island and transported to our lab in

Esporles (Mallorca). They were kept in two indoor terraria (size: 30 x 70 x 40 cm) and

were fed with a diet consisting of beetle larvae, tomatoes, and commercial cat food.

During the frugivore ingestion experiments, fresh fruits of each species were collected as they became available in the field. They were given to each individual bird or lizard with an interval period of 24 h and 36 h, respectively, to avoid any seed-mixing effects.

SEED GERMINATION EXPERIMENTS

Seeds from bird droppings were collected from cages while still fresh and cleaned by means of towel paper. A similar sample of seeds was extracted and cleaned from fruits which were randomly chosen from the same source used for bird and lizard feeding. All seeds were individually weighted to the nearest 0.1 mg in order to determine if passage through the digestive tract of birds modified seed weight, as found in other studies (Traveset *et al.* 2001; Paulsen & Högstedt 2002). Seeds from lizard droppings were collected from the terraria and also cleaned, but they were not weighted as they were not considered to be fresh enough at the time of collection. All seeds were kept in paper bags, in dark and dry conditions, until the date of sowing. A total of 200 seeds of each species were used as controls (with the exception of *Osyris* and *Rubus*, with only 195

1 and 197 seeds, respectively). We also obtained 200 seeds of each species ingested by 2 either birds or lizards, except in the case of *Rubia*, for which we could obtain only 100 3 seeds of the lizard treatment. Five of the species (Crataegus, Juniperus, Osyris, Pistacia 4 and *Smilax*) were fed only to birds as they were too large to be swallowed for lizards. 5 For *Ephedra* and *R. alaternus* we could only gather a limited amount of fruits and we 6 thus decided to test these species on a single disperser (birds for *Ephedra* and lizards for 7 R. alaternus); the effect of ingestion by Turdus merula on germination patterns of R. 8 alaternus had already been tested by Barnea et al. (1991). All seeds selected for sowing 9 were apparently viable; aborted seeds (usually of a smaller size and/or different colour) 10 were previously discarded. 11 12 In the field 13 The area used to test seed germination was a Mediterranean scrubland located about one 14 km from our laboratory, where the experimental garden is located. Seeds of *Crataegus*, 15 Osyris and the two Solanum species were planted near a temporary stream, as these 16 species are usually found in relatively humid conditions, whereas the rest of species 17 were sown in an open site where shrubs of *Pistacia lentiscus*, *Olea europea*, *Rhamnus* 18 alaternus, Rubus ulmifolius, Ceratonia siliqua and Smilax aspera are relatively 19 abundant. At each location (open site and near stream), we divided the area in five 20 quadrats (stations, hereafter) and planted the seeds of all species and treatments in them. 21 Before planting seeds, superficial land and weeds were removed in order to prevent 22 germinations from the seed bank. In each station we planted groups of 20 seeds of each 23 treatment and species, equally spaced and separated 5 cm from each other. Seeds were 24 planted at a depth of 0.5-1 cm, and each group was protected with a cage (30 x 20 x 2.5) 25 cm) made of wire mesh to prevent rodent predation. Stations were separated by at least 26

5 m from each other. Feeding experiments were performed at different times depending

- 1 upon fruit availability in the field, and thus seed sowing was not simultaneous for all
- 2 species either: seeds of *Rubus*, *Rubia*, *Smilax*, *Osyris*, *Crataegus* were planted on 1-5th
- 3 December 2000, *Pistacia* on 9th February 2001, *Juniperus* and the two *Solanum* species
- 4 on 7th March 2001 and *Ephedra* and the two *Rhamnus* species on 28th November 2001.
- 5 Germination and seedling survival was monitored weekly or every two weeks,
- 6 depending of seed germination rate, until 27th December 2002 when no new seedlings
- 7 had germinated for 7 months.

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- In the experimental garden
- 10 Simultaneously to the plantation in the field, seeds of each species and treatment were
- sown in the experimental garden. They were individually planted in trays of 60 pots (4 x
- 12 4 cm) each, filled with horticultural mixture, at a depth of about 0.5 cm. Trays were
- 13 periodically watered to ensure permanent humidity and seed germination was monitored
- every 7-10 days until 9th September 2002, when no seedlings had germinated for about
- 15 five months.

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DATA ANALYSIS

- Differences in seed weight between treatments were tested by means of General
- 19 Linear Model, after logarithmically transforming the data to reach normality. These
- 20 analyses were performed using the GENMOD procedure of SAS 8.02 package for
- 21 Windows (SAS Institute, 2001).
- 22 The effect of seed ingestion on seed emergence time was tested separately for
- 23 each plant species using failure-time analysis. A Cox proportional hazard regression
- 24 model was fitted to the number of days between sowing and emergence for each seed.
- 25 Using the parametric accelerated failure-time model, results were identical. Non-
- 26 germinated seeds were modelled as right non-censored data points due to the

- 1 uncertainty that they could eventually germinate after the study period; for such seeds,
- 2 we thus considered the failure time as the number of days until the end of the
- 3 experiment. Actually, species such as *Crataegus* and *Juniperus* are known to have
- 4 physiological dormancy (Baskin & Baskin 1998); *Smilax* is also likely to have such
- 5 dormancy, given the low germination found in this study and elsewhere (Izhaki &
- 6 Safriel 1990; Traveset et al. 2001). Other species like the two Solanum, Rubus, Rubia
- 7 and R. alaternus might not have seed dormancy; however, we decided to use a
- 8 consistent model for all species used in the study. For the field data, station was added
- 9 as a random or 'frailty' effect in the model as all treatments were applied to each
- station. Ties were estimated using the efron method, using the program S-Plus 2000
- 11 (Mathsoft 1999).

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Results

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GERMINATION IN THE FIELD

- Out of the 12 tested species, we found that seed ingestion by dispersers (either birds,
- lizards or both) affected seed germination rate in four species: Rubus, Rubia, R.
- 19 ludovici-salvatoris, and S. nigrum (Fig. 1 & 2). No seeds of Pistacia germinated in the
- 20 field during the study period, and thus this species was excluded from the analysis.
- 21 Differences between treatments were only marginally significant in the case of *Rubus*
- 22 (between lizards and control seeds) and in the case of *Rubia* and *R. ludovici-salvatoris*
- 23 (between blackbirds and control seeds): blackbirds appeared to marginally delay seed
- germination in R. ludovici-salvatoris ($\chi^2 = 3.47$, df = 1, P = 0.063) and Rubia ($\chi^2 = 3.80$,
- df = 1, P = 0.051). However, lizards significantly accelerated germination in Rubia ($\chi^2 =$
- 26 5.87, df = 1, P = 0.015) and Rubus ($\chi^2 = 3.03$, df = 1, P = 0.082). The two Solanum

- species responded differently to ingestion by dispersers: while seeds of *S. nigrum*
- 2 ingested by either disperser significantly advanced germination (blackbirds: $\chi^2 = 4.97$,
- 3 df = 1, P = 0.026; lizards: $\chi^2 = 4.20$, df = 1, P = 0.040), in the case of S. luteum, no
- 4 difference was observed between ingested and non-ingested seeds (Fig. 2).

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GERMINATION IN THE EXPERIMENTAL GARDEN

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- 8 Results obtained in the garden were rather different from those in the field (Fig. 1 & 2).
- 9 Under controlled conditions, we detected a significant effect of seed passage through
- 10 frugivores on seed germination rate in Rubus, Rubia, S. luteum, and Pistacia. In contrast
- to field results, *Rubus* seeds ingested by either birds or lizards delayed germination
- 12 compared to control seeds (blackbirds: $\chi^2 = 6.97$, df = 1, P = 0.009; *Podarcis*: $\chi^2 = 6.86$,
- df = 1, P = 0.008; Fig. 2). For *Pistacia*, despite seeds ingested by blackbirds showed a
- reduction of germination time, only 8 control seeds germinated in front of one from the
- bird treatment (Fig. 1), and thus the statistical difference observed has not much
- biological sense. In contrast to field results, the seeds of *Rubia* and *S. luteum* ingested
- by blackbirds germinated faster than control seeds (*Rubia*: $\chi^2 = 4.55$, df = 1, P = 0.023;
- 18 S. luteum: $\chi^2 = 4.17$, df = 1, P = 0.037; Fig. 2), but ingestion by lizards had no
- 19 significant effect (*Rubia*: $\chi^2 = 0.55$, df = 1, P = 0.780; *S. luteum*: $\chi^2 = 0.06$, df = 1, P = 0.780
- 20 0.980).

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CHANGES IN SEED WEIGHT AFTER INGESTION

- 24 Seed passage through the digestive tract of blackbirds influenced seed weight in most
- 25 plant species, although not consistently in the same direction. Most species suffered a
- slight loss of seed weight after ingestion by blackbirds, whereas defecated seeds of three
- 27 species (Ephedra, Rubus and Smilax) were heavier after being ingested (Table 2). Such

- differences in seed weight were not related to seed size; the correlation between
- 2 maximum mean diameter and proportional mean weight change between ingested and
- 3 non ingested seeds was not significant ($r^2 = 0.042$, n = 10 species, P = 0.561). All fruits
- 4 we gave to birds in the cages were eaten, and thus the possibility that birds had selected
- 5 larger or smaller fruits than controls is also discarded.

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Discussion

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Seed passage through the digestive tract of frugivores has long been found to affect the germinability and/or the germination rate in many plant species, which together with the seed shadow and the quantity of 'intact' dispersed seeds are essential factors that determine plant reproductive and regeneration success (e.g. Schupp 1993). However, only a low fraction of studies have performed germination tests in the field and they have used either one or a few dispersers (Traveset & Verdú 2002). There are also a few studies showing that experimental conditions under which tests are carried out may lead to different responses in germination, and that such differences do not consistently go in the same direction. One group of studies shows that differences in seed germination between treatments are usually magnified under harsh (field) conditions; for example, Herrera (2000) only detected germination differences between seeds from two pollination regimes when planted in the field, but not in the greenhouse. Similarly, Traveset et al. (2001) detected a positive effect of bird ingestion on seed germination in outdoor conditions but not in a growth chamber or in a greenhouse. Another group of studies shows the opposite direction, with a greater effect in laboratory compared to field experiments (Bustamante et al., 1992, 1993; Figueiredo & Perin 1995; Yagihashi et al. 1998). Finally, a third group of studies finds similar results between the two conditions (Figueiredo & Perin 1995; Figueiredo & Longatti 1997). The present study

further confirms, with a larger number of species, that a species may show germination enhancement/inhibition in the field but not in controlled conditions (in the laboratory or greenhouse) and vice versa, that a significant effect of ingestion detected in controlled conditions may be screened-off in the field. For Rubia, Rubus and Solanum, results were inconsistent and showed an inverse trend depending on seed germination conditions (Fig. 2). This demonstrates the caution needed when interpreting germination experiments that aim to evaluate the influence of frugivores on the quality of dispersal they provide to plants. Our suggestion is that future studies examining the quality of dispersal only in laboratory or garden conditions should also be carried out in the field, in conditions as natural as possible to the particular plant. However, under field conditions, results may also depend on environmental and temporal stochasticity. The present study also evidences the inconsistencies in germination responses depending upon frugivore species. The effect of blackbirds and lizards on germination rate was consistently significant only for S. nigrum in the field (germination was accelerated in the two treatments compared to controls) and for *Rubus* in the garden (seeds ingested by either frugivore germinated more slowly than controls). A previous study on S. nigrum that tested the effect of blackbirds and Sardinian warblers (Sylvia melanocephala) on germination in a common garden (Mas & Traveset 1999) had shown a similar non-significant effect of the two bird species. Similar results to these (and also including a third bird species, *Pycnonotus xanthopygos*) had been found also by Barnea et al. (1990), although in that case the test was done in laboratory conditions. In both of these previous studies, a significantly positive effect was found for S. luteum, which is also consistent with the effect of blackbirds we found in the experimental garden in the present study. In another previous study, seeds of Rubia ingested by blackbirds had shown to germinate more slowly than if ingested by Sardinian warblers (Traveset et al.

2001); in such study, *Rubus* seeds passed through warblers germinated more slowly

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1 than those passed through blackbirds, although neither frugivore affected germinability. 2 One possible explanation for the contrasting results between studies may be that seeds 3 come from different populations, and it is thus possible that they differ in traits related 4 to germination, such as seed coat structure, coat thickness, or seed size. The different 5 source of seeds might be also responsible for the contrasting results found for Osyris 6 (that previous study had shown an important germination enhancement in blackbird-7 ingested seeds compared to controls). These inconsistencies have been reported in a 8 variety of species (e.g. Lombardi & Motta 1995; Nogales et al. 1999; Nogales et al. 9 2001). Even seeds of the same population but of different age have given different 10 germination responses to the same treatment (see references in Traveset 1998). 11 Differences among frugivores have often been attributed to different retention 12 time in the guts (e.g., Barnea et al. 1991, Murphy et al. 1993, but see Barnea et al. 13 1990; Traveset et al. 2001). Gut passage time reported for passerine birds usually range 14 between 20 and 60 min (see review in Traveset 1998) whereas for lizards it usually 15 varies from 32 h to 96 h (Santamaría, unpubl. data). However, our results do not 16 evidence any consistent effect of retention time on germination responses, as all 17 possibilities of enhancement, inhibition or neutral effect of ingestion by lizards relative 18 to the effect of blackbirds were found. This implies that other factors, probably 19 interacting with seed retention time, are also important determining germination speed 20 and success. Significant effects of ingestion on germination have often been attributed 21 to the degree of seed coat scarification, associated to morphological and physiological 22 characteristics of the frugivores' digestive tracts (Jordano 1992; Traveset 1998). In 23 addition, differences in the chemical composition of food ingested along with seeds can 24 produce great differences in both seed retention time (e.g. Murray et al. 1994; Witmer 25 1996; Charalambidou et al., unpublished) and in mechanical or chemical abrasion of the

1 ingested seeds (Clench & Mathias 1992) with direct consequences on germination 2 behaviour.

3 Seeds of most plants species tended to lose weight after passing through 4 blackbirds' digestive tract, a result consistent with that of Traveset et al. (2001). The 5 outcome probably depends on seed coat structure, not examined in this study. 6 Interestingly, results for the common species (Rubus, Rubia and Osyris) in that previous 7 study and the present one were consistent only for Rubia; in contrast, seed weight of 8 Rubus and Osyris in Traveset et al. (2001) did not change or significantly decreased, 9 respectively, after bird ingestion. These inconsistencies may again be attributed to the 10 particular seed traits of each species and population. Moreover, even the gut structure and food composition of each individual frugivore probably affects changes in seed 12 weight. Ongoing research that examines the effect of individual plant and frugivore 13 differences is expected to shed more light on this issue. In the recent review by Traveset & Verdú (2002), seed ingestion by birds was 15 found to have a significantly greater positive effect on germination than either non-16 flying mammals or reptiles, which was mainly attributed to the shorter gut-passage time 17 of the former. The results found in the present study actually do not follow such trend 18 for most tested species. It is thus clear that a great heterogeneity of results exists, and 19 that we are still far from being able to predict what are going to be the consequences for 20 a given species, with particular seed traits, and in a particular environment. Moreover, it is important to note that even if seed treatment in frugivores' guts enhances germination, this does not necessarily imply a positive effect on performance of the future plant, more specifically, seedling fitness, growth and plant fecundity (Verdú & Traveset, in press).

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The microhabitat where the defecated seed is deposited may determine the ultimate success of the seedling and future plant (e.g., Rey & Alcántara 2000, Traveset et al. 2003), perhaps even more important than the effect of seed treatment in the gut
 itself. For this reason, to know the quality of a disperser for a given plant, we should

combine the effect of ingestion on seed germination change with that of depositing the

seeds in different microhabitats. A particular microhabitat may be more suitable for

germination and seedling establishment than others, but in turn, may enhance

6 germination of an ingested seed more than others. This possible effect of abiotic

conditions has been recently tested with two helophytes (Scirpus littoralis and S.

8 maritimus); seeds ingested by ducks show a higher germination rate than control seeds

in low salinity conditions but not in high salinity ones (Espinar et al., 2004). Further

research on how the abiotic environment influences seed germination responses to

ingestion by frugivorous species is certainly necessary in order to clarify the qualitative

12 importance that seed dispersers have on plant reproduction.

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FIGURE CAPTIONS

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- 3 **Fig. 1.** Final seed germination obtained for each plant species at the end of the study
- 4 period, both in field and experimental garden conditions. Standard error bars are only
- 5 shown in the first case as different stations were used as replicates (see details in text).
- 6 Note that in some cases (such as the blackbird treatment in *Rubia* in), final seed
- 7 germination was higher despite germination rate (speed) was lower.

8

- 9 Fig. 2. Index of germination rate of each species in the experimental garden and in field
- 10 conditions, calculated from the parameter estimates and obtained from separate Cox
- regressions (Mean \pm SE). Data are expressed setting control treatments to zero. Data
- above and below zero indicate a higher or a lower, respectively, germination probability
- than the control treatment. Data from different species are not directly comparable, as
- estimates come from different regression curves. Differences between treatments were
- assessed using Chi-square test.; ** P < 0.01; * P < 0.05; † P < 0.1.

16

Table 1. Main fruit characteristics for each study species (Mean \pm SD). Numbers in parentheses represent sample sizes. We consider fruit and

2 seed length as the maximum size of fruit and seed. Fruit and seed width were the perpendicular measure of fruit and seed length.

Species	Fruit length (mm)	Fruit width (mm)	Fruit weight (mg)	N seed per fruit	Seed length (mm)	Seed diameter (mm)	Seed weight (mg)	% Pulp water content
Crataegus monogyna	8.9 ± 0.6	8.1 ± 1.1	416.9 ± 142.8	1.1 ± 0.2	6.6 ± 0.8	4.9 ± 0.7	111.2 ± 46.5	66.56
	(50)	(50)	(50)	(50)	(53)	(53)	(53)	
Ephedra fragilis	6.6 ± 0.5	4.0 ± 0.6	55.5 ± 11.0	1.0 ± 0.0	6.0 ± 0.4	2.2 ± 0.2	16.7 ± 4.0	58.8
	(50)	(50)	(50)	(50)	(50)	(50)	(50)	
Juniperus phoenicea	10.0 ± 1.2	9.4 ± 0.9	653.7 ± 182.4	5.6 ± 1.4	5.6 ± 0.5	2.8 ± 0.3	27.3 ± 7.1	18.5
	(50)	(50)	(50)	(50)	(150)	(150)	(150)	
Osyris alba	9.8 ± 0.8	8.5 ± 0.8	633.0 ± 139.5	1.0 ± 0.0	6.7 ± 0.9	6.0 ± 0.9	149.9 ± 23.5	64.9
	(50)	(50)	(50)	(50)	(50)	(50)	(50)	
Pistacia lentiscus	4.8 ± 0.7	4.4 ± 0.4	56.4 ± 17.9	1.0 ± 0.0	4.4 ± 0.6	3.7 ± 0.5	16.3 ± 5.6	20.7
	(50)	(50)	(50)	(50)	(50)	(50)	(50)	
Rhamnus alaternus	6.3 ± 0.5	5.5 ± 0.6	129.2 ± 39.1	2.1 ± 0.1	4.6 ± 0.3	2.4 ± 0.3	9.5 ± 1.3	
	(50)	(50)	(50)	(50)	(68)	(68)	(68)	
Rhamnus ludovici-	5.4 ± 0.7	4.2 ± 0.6	84.9 ± 0.1	2.0 ± 0.4	3.8 ± 0.4	2.6 ± 0.2	14.2 ± 0.1	94.6
salvatoris	(210)	(210)	(210)	(210)	(210)	(210)	(210)	
Rubia peregrina	4.9 ± 0.7	4.4 ± 0.7	105.8 ± 49.2	1.3 ± 0.5	3.8 ± 0.5	2.8 ± 0.3	31.1 ± 8.2	68.5
	(50)	(50)	(50)	(50)	(62)	(62)	(62)	
Rubus ulmifolius	11.5 ± 1.1	11.0 ± 1.6	993.2 ± 320.4	27.5 ± 10.3	2.7 ± 0.2	1.8 ± 0.2	4.2 ± 0.7	76.8
· ·	(50)	(50)	(50)	(50)	(180)	(180)	(180)	
Smilax aspera	6.7 ± 0.7	5.9 ± 0.6	193.4 ± 43.7	2.4 ± 0.7	3.7 ± 0.3	3.4 ± 0.4	26.1 ± 8.9	70.7
	(50)	(50)	(50)	(50)	(117)	(117)	(117)	
Solanum luteum	9.5 ± 13.1	7.4 ± 0.5	258.8 ± 47.0	36.6 ± 8.2	1.9 ± 0.1	1.4 ± 0.1	34.8 ± 7.9	83.2
	(50)	(50)	(50)	(50)	(250)	(250)	(48)*	
Solanum nigrum	6.7 ± 0.6	6.7 ± 0.5	244.8 ± 41.8	38.8 ± 9.4	2.0 ± 0.1	1.5 ± 0.1	36.1 ± 6.2	83.6
	(50)	(50)	(50)	(50)	(50)	(50)	(50)*	
(46)				0.00				

^{3 (*)} seed weight measurements were obtained by weighing groups of 20 seeds, due to the small seed size.

- 1 **Table 2.** Weight of seeds (mg; Mean \pm SE) in the two treatments (defected by *Turdus*
- 2 merula and control seeds, collected directly from the plant) for each tested species (data
- 3 for R. ludovici-salvatoris not available) and percentage of seed mass increase of
- 4 ingested treatment relative to control seeds. Numbers in parentheses are sample sizes.
- 5 For the two species of *Solanum*, seed weight was obtained by weighing groups of 20
- 6 seeds due to the small seed size.

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Species	Control	Defecated	% Mass increase	F values
Crataegus monogyna	111.21 ± 6.38	92.83 ± 3.0	-16.5	F _{1,234} =4.47 *
Ephedra fragilis	(53) 15.02 ± 0.34	(183) 15.65 ± 0.24	4.2	F _{1,310} =4.47 *
	(140)	(172)	167	E 00 01 destate
Juniperus phoenicea	27.25 ± 0.68 (150)	22.71 ± 0.54 (150)	-16.7	$F_{1,298}=22.31$ ***
Osyris alba	149.89 ± 3.32	144.22 ± 1.70	-3.8	$F_{1,217}$ =2.10 n.s.
Pistacia lentiscus	$(50) \\ 14.65 \pm 0.43$	(169) 12.91 ± 0.33	-11.9	F _{1,291} =10.24 ***
Rubia peregrina	(145) 30.86 ± 0.99 (65)	(148) 23.88 ± 0.61 (150)	-22.6	F _{1,213} =33.20 ***
Rubus ulmifolius	4.18 ± 0.05 (251)	4.48 ± 0.07 (149)	7.2	F _{1,398} =11.28 ***
Smilax aspera	26.08 ± 0.82 (117)	30.28 ± 0.83 (150)	16.1	F _{1,256} =15.97 ***
Solanum luteum	34.33 ± 1.12	27.52 ± 0.45	-19.9	F _{1,70} =14.70 ***
Solanum nigrum	(50) 36.06 ± 0.88 (50)	$(22) \\ 24.75 \pm 0.53 \\ (22)$	-31.4	F _{1,70} =67.24 ***

^{***} *P* < 0.001; * *P* < 0.05.