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1 **A regulated deficit irrigation strategy for hedgerow olive orchards with** 2 **high plant density**

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26 **Running title:** RDI strategy for olive

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33

34 **Abstract**

35

36 Background & Aims. There is not a consensus on the best irrigation approach for super-
37 high density (SHD) olive orchards. Our aim was to design and test a regulated deficit
38 irrigation (RDI) strategy for a sustainable balance between water saving, tree vigour and
39 oil production.

40 Methods. We tested our RDI strategy for three years in an ‘Arbequina’ orchard with 1667
41 trees ha⁻¹. Two levels of irrigation reduction were applied, 60RDI and 30RDI, scaled to
42 replacing 60% and 30%, respectively, of the of irrigation needs (IN). We also had a full
43 irrigation (FI) treatment as control, with IN totalling 4701 m³ ha⁻¹

44 Results. The 30RDI treatment showed the best balance between water saving, tree vigour
45 and oil production. With a yearly irrigation amount (IA) of 1366 m³ ha⁻¹, which meant
46 72% water saving as compared to FI, the reduction in oil yield was 26% only.

47 Conclusions. Our results, together with recent knowledge on the effect of water stress on
48 fruit development, allowed us to suggest a potentially improved RDI strategy for which a
49 total IA of ca. 2100 m³ ha⁻¹ was calculated. Both some management details and the
50 benefits of this suggested RDI strategy are still to be tested.

51

52 **Keywords** Fruit development; irrigation efficiency; olive oil; super-high density; water
53 productivity

54

55 **Introduction**

56

57 Hedgerow olive orchards with high plant density, also called super-high density (SHD)
58 olive orchards (Vossen et al., 2004), were first tested in Italy (Morettini 1972). The surface
59 covered by these orchards has increased exponentially since the early 1990’s, being
60 currently over 100,000 ha worldwide (Rius and Lacarte 2010). Current evidence suggests
61 that a deficit irrigation (DI) strategy could be the best option for SHD olive orchards, since
62 problems derived from excessive tree vigour, common in this type of orchards, can be
63 minimized by reduced irrigation. Thus, controlling growth may lead to a regular
64 distribution of the incident solar radiation into the canopy (Connor, 2006), and helps to
65 keep the trees at a suitable size for the vineyard type straddle-harvesters commonly used in
66 these orchards (León et al., 2007). Substantial water savings can be achieved when a DI

67 strategy is properly chosen and applied, without penalizing yield and sometimes improving
68 quality (Moriana et al., 2003; Tognetti et al., 2006, 2008). A wrong, badly managed DI
69 strategy, however, may cause severe water deficit at stages when the crop is most sensitive
70 to water stress, reducing both the yield of the current year and the productive life of the
71 orchard (Fereres and Evans, 2006).

72 Both sustained deficit irrigation (SDI) and regulated deficit irrigation (RDI) are
73 recommended for olive orchards (Moriana et al., 2003; Iniesta et al., 2009; Ramos and
74 Santos 2009). SDI is based on supplying a fixed fraction of the water needed to replace the
75 crop evapotranspiration (ET_c) all throughout the irrigation season (Goldhamer et al., 2006).
76 RDI consists on replacing ET_c in the phases of the growing cycle when the crop is more
77 sensitive to water stress, and reducing or even withholding irrigation for the rest of the
78 cycle (Chalmers et al., 1981). For olive orchards with plant densities ranging from ca. 400
79 to 600 trees ha^{-1} , full irrigation (FI) (Testi et al., 2006), SDI (Gucci et al., 2012) and RDI
80 (Patumi et al., 2002; d'Andria et al., 2004) have been tested. It is not clear, however,
81 whether SDI or RDI is the best option for SHD olive orchards, and, if a RDI strategy is
82 chosen, which criteria must be followed for adjusting the irrigation supplies on different
83 phenological stages. Thus, the olive tree is considered to be sensitive to water stress at
84 bloom, beginning of pit hardening and from 2-3 weeks before ripening (Lavee and
85 Wodner, 1991; Moriana et al., 2003; Tognetti et al., 2005). Findings on both the length of
86 the midsummer, low-sensitive period to water stress (Tognetti et al., 2009) and the level of
87 irrigation reduction on that period (Goldhamer 1999; Motilva et al., 2000; Fregapane et al.,
88 2010) have also been published. There is not, however, a consensus on these crucial
89 aspects of irrigation management. In addition, and despite some work on the matter (Gucci
90 et al., 2009; Gómez-del-Campo et al., 2011) there is still a lack of information on how to
91 manage irrigation on the first weeks of fruit development. orchards. Trees in SHD orchards
92 have usually small root zones, i.e. the buffer capacity of the soil is low (Diaz-Espejo et al.,
93 2012). This means that errors on irrigation management could have greater consequences
94 in SHD orchards than in orchards with lower tree densities.

95 There are examples of a variety of irrigation strategies applied to olive orchards
96 with high plant densities, from supplementary irrigation (Proietti et al., 2012) to full
97 irrigation (Pastor et al., 2007). The works by Grattan et al. (2006) and Berenguer et al.
98 (2006) explored the convenience of SDI with different levels of irrigation reduction. For
99 RDI we found just two papers. In one of them, made with 'Arbequina' trees, the authors

100 reported that the reduction in irrigation from the end of fruit drop to the beginning of oil
101 synthesis had little effect on oil production (Gómez-del-Campo, 2011). This does not agree
102 with the need of avoiding water deficit on the first weeks of pit hardening, when active
103 cellular division occurs in the fruits, reported by Gucci et al. (2009), among others. In the
104 other paper, irrigation supplies for ‘Cornicabra’ olive trees were reduced from mid-August
105 to late September, according to measurements of soil water potential. The phenological
106 stages of the trees were not taken into account for adjusting irrigation (Gómez-del-Campo,
107 2010). Current knowledge, therefore, is not enough for the management of irrigation in
108 SHD olive orchards. We hypothesized that a properly designed RDI strategy in SHD olive
109 orchards would lead to a controlled tree water stress, which would not unacceptably
110 penalize oil production, but would lead to a more reduced canopy, beneficial for a long
111 productive life of the orchard.

112 Our aim was to design and test a RDI strategy for a sustainable balance between
113 water saving, tree vigour and oil production when applied to a SHD olive orchard. Our
114 strategy was intended to achieve high water productivity values at the same time than the
115 risk for shortening the productive life of the orchard, derived from excessive plant vigour,
116 was minimized. We designed the RDI strategy based on knowledge on the sensitivity of
117 the olive tree to water stress at different phenological stages available at the beginning of
118 2010, when this work began. The RDI strategy was applied with two levels of irrigation
119 reduction in a fully productive SHD ‘Arbequina’ olive orchard. After three years of testing,
120 our results were compared with recent knowledge on the effect of water stress on olive
121 fruit development. This allowed us to suggest some improvements for the RDI strategy.
122 This work is part of a research project in which aspects related both to the use of plant-
123 based indicators for irrigation scheduling (Fernández et al., 2011; Cuevas et al., 2012;
124 Rodríguez-Dominguez et al., 2012) and the development of a mechanistic model to assess
125 water needs in SHD olive orchards (Díaz-Espejo et al., 2012) are being also considered.

126

127 **Materials and Methods**

128

129 Orchard characteristics

130

131 The experiments were made from 2010 to 2012, in a commercial SHD olive orchard near
132 Seville, southwest Spain (37° 15' N, -5° 48' W). Trees were 4-year-old in 2010. They were

133 ‘Arbequina’ trees planted at 4 m × 1.5 m (1667 trees ha⁻¹), in rows oriented N-NE to S-
134 SW. The trees, with a single trunk and branches from 0.6 to 0.7 m above ground, were
135 manually pruned in December-January each year. Lateral branches with excessive growth
136 were cut close to their insertion point in the main trunk, and vertical branches at the top of
137 the trees were cut to keep a maximum size of the canopy compatible with the mechanical
138 harvester (ca. 2.10 m wide and ca. 2.5 m high). Weeds below the trees were controlled
139 with nonresidual herbicides. Grass cover was kept among tree rows, with several cuts
140 during the dry seasons. The orchard soil (*Arenic Albaqualf*, USDA 2010) had a sandy loam
141 top layer (Table 1) and a sandy clay layer downwards. The trees were planted at the top of
142 ca. 0.4 m high ridges. The average depth from the highest part of the ridges to the clayey
143 soil layer was 0.6 m. Diaz-Espejo et al. (2012) found an average root area per tree of 2.65
144 m² and 0.45 m maximum depth of the root systems. The average soil volume wetted by
145 irrigation was 0.12 m³ per tree. The soil below the top sandy soil layer had clayey texture
146 (60.9% sand, 37.1% clay and 2.0% silt), high dry bulk density ($\rho = 1.82 \text{ Mg m}^{-3}$) and low
147 soil hydraulic conductivity in the range near saturation ($K_{\text{sat}} = 3.54 \pm 1.09 \text{ cm day}^{-1}$). These
148 characteristics favoured waterlogging conditions during the rainy season and high
149 resistance to penetration during the dry season (Cuevas et al., 2012). Consequently, the
150 subsoil layer was not explored by the roots (Diaz-Espejo et al., 2012).

151 Climate in the area is Mediterranean, with mild rainy winters and hot, dry summers.
152 Most of the annual rainfall occurs between late September and May. Average values in the
153 area of potential evapotranspiration (ET_0) and precipitation (P) were 1541.5 mm and 534.0
154 mm, respectively, for the 2002-2012 period. For that period, average maximum ($T_{a,\text{max}}$) and
155 minimum ($T_{a,\text{min}}$) air temperature were 24.9 °C and 10.7 °C, respectively. The hottest
156 months are July and August. $T_{a,\text{max}}$ values over 40 °C are recorded nearly every year, with
157 peak values rarely over 45 °C. The coolest months are December and January.
158 Temperatures below 0 °C are recorded every year, with minimum values rarely below -5
159 °C.

160

161 The RDI strategy

162

163 We considered three periods along the olive growing cycle on which the crop is more
164 sensitive to water stress (Fig. 1). Period 1 goes from the last stages of floral development to
165 full bloom. Enough water supply on these days favours flower fertilization (Rapoport and

166 Rallo, 1991). In the area, period 1 usually occurs in mid-April, when rainfall is usually
167 enough to replace ET_c , so irrigation is rarely needed. Period 2 occurs at the end of the first
168 phase of fruit development, i.e. on the week ca. 6 to 10 after full bloom (AFB) (Rallo and
169 Rapoport 2001). In our area this usually occurs in June. Water deficit at this period has
170 been reported to reduce fruit size (Rapoport et al., 2004). Period 3 refers to a period of ca.
171 3 weeks prior to ripening, when a marked increase in oil accumulation occurs, after the
172 midsummer period of high atmospheric demand. Period 3 occurs in the area from late
173 August to mid-September. At this period 3 the olive tree is very sensitive to water stress
174 (Lavee and Wodner, 1991; Moriana et al., 2003; Tognetti et al., 2005). As shown in Fig. 1,
175 with our RDI strategy irrigation supplies must replace or be close to the crop water needs
176 at periods 1, 2 and 3. From late June to late August, i.e. between periods 2 and 3, the olive
177 tree is highly resistant to drought, so irrigation supplies can be markedly reduced (Alegre
178 et al., 2002; Moriana et al., 2003; Iniesta et al., 2009). A severe water restriction at this
179 time of the year can highly affect fruit growth (Gucci et al. 2009), but the olive tree has an
180 outstanding capacity for recovering from water stress provided that enough water is
181 supplied on period 3 (Lavee et al., 1990; Moriana et al., 2007). The rainy season in the area
182 starts usually on late September, so irrigation from the end of period 3 to harvesting, on late
183 October or early November, will depend on rainfall.

184

185 Irrigation treatments

186

187 In 2010 we started the irrigation season on May 18, day of year (DOY) 138. From that day
188 to May 31 we irrigated all trees in the orchard to replace 100% of the irrigation needs (IN),
189 calculated as $IN = ET_c - P_e$, being ET_c the maximum potential crop evapotranspiration
190 calculated with the crop coefficient approach (Allen et al., 1998) and P_e the effective
191 precipitation calculated as 75% of the precipitation recorded in the orchard (Orgaz and
192 Fereres, 2001). Details on the ET_c calculations are given by Fernández et al. (2011). Two
193 RDI treatments, named 60RDI and 30RDI, were established in the orchard from June 1
194 (DOY 152) to November 2 (DOY 306), the harvesting day. They followed the timing of
195 irrigation detailed in Fig. 1. The treatments were scaled to a total IA of 60% (60RDI) and
196 30% of IN (30RDI). Rainfall in 2010 was enough to replace ET_c in period 1 (mid-April,
197 data not shown). In period 2 we irrigated daily, with water supplies that amounted to 80%
198 of IN in 60RDI and 60% of IN in 30RDI. In July and August we irrigated just two days per

199 week in 60RDI and one day per week in 30RDI. In total, the IA on that period amounted to
200 20-30% of IN in 60RDI and 10-15% of IN in 30RDI. In period 3 the 60RDI trees were
201 irrigated daily to replace IN, and the 30RDI trees were irrigated twice per week with IA
202 amounting to 30% of IN.

203 For the RDI treatments we used a randomized block design with four 12 m × 16 m
204 plots per treatment. Each plot contained 8 central trees surrounded by 24 border trees. All
205 measurements were made in central trees. We also had an FI treatment in an additional
206 plot, as a control treatment, in which the trees were daily irrigated to replace IN, all along
207 the irrigation season. In all plots the irrigation system consisted of one drip line per tree
208 row with a 2 L h⁻¹ dripper every 0.5 m. The time and frequency of irrigation was input in
209 an irrigation controller (Agronic 2000, Sistemes Electrònics PROGRÉS, S.A., Lleida,
210 Spain), which activated the irrigation pump and the electrovalves to supply the calculated
211 IA. The irrigation system had one caudalimeter per treatment, which recorded the applied
212 IA on each irrigation event.

213 In 2011 and 2012 we applied the same treatments as in 2010, but with four plots for
214 all treatments, including the FI treatment, distributed in a randomized block design. In
215 2011 the irrigation season extended from June 7 (DOY 158) to October 24 (DOY 297),
216 two days before harvesting. In 2012 the irrigation season began on June 5 (DOY 156) and
217 ended on October 22 (DOY 295). The harvesting was made on November 13 (DOY 387),
218 but irrigation was not needed from DOY 295 because rainfall was enough to replace ET_c.
219 All trees were fertilized in the same way. We injected an 8N-3P-8K + 0.05 % B + 0.05 %
220 Fe solution into the irrigation system once per week, throughout the three irrigation
221 seasons. The amount of fertilizer was changed every month to match the crop needs
222 (Troncoso et al., 2001). In 2010 and 2011 we supplied 240 kg ha⁻¹ of N and K, 90 kg ha⁻¹
223 of P, and 150 kg ha⁻¹ of B and Fe. In 2012 fertilizer supplies were increased by 30%, to
224 account for the increase in leaf area (LA) (see the ‘Crop performance’ section).

225

226 Plant measurements

227

228 Midday stem water potential (Ψ_{stem}) was measured once every two weeks during the whole
229 irrigation season of every experimental year. On each measurement day of 2010 we
230 sampled one leaf per tree from two representative trees per plot of each RDI treatment. In
231 the FI plot we sampled two leaves per tree from four trees. In 2011 and 2012 we sampled

232 one leaf per tree from two representative trees per plot of each treatment. Leaf sampling
233 was always made at 12.00-13.00 GMT. The leaves, taken from the inner part of the
234 canopy, were wrapped in aluminium foil ca. 2 h before the measurement of Ψ_{stem} with a
235 Scholander-type pressure chamber (PMS Instrument Company, Albany, Oregon, USA).
236 Measurements of stomatal conductance were made on the same days and in leaves of the
237 same trees, but at 08.00-09.00 GMT, the time for maximum daily stomatal conductance
238 ($g_{s,\text{max}}$) in olive (Fernández et al., 1997). We sampled the same number of leaves for $g_{s,\text{max}}$
239 than for Ψ_{stem} . We used a Licor LI-6400 portable photosynthesis system (Li-cor, Lincoln
240 NE, USA) with a 2 cm \times 3 cm standard chamber, to measure $g_{s,\text{max}}$ in the 4th-5th leaf from
241 the apex of current-year shoots from the outer part of the canopy facing S-E, at ca. 1.5 m
242 above ground. Measurements were made in sunny days, at ambient light (1100 to 1500
243 $\mu\text{mol m}^{-2} \text{s}^{-1}$) and CO_2 (370-400 $\mu\text{mol mol}^{-1}$) conditions. Measurements of leaf area (LA)
244 were made at dawn on the days when Ψ_{stem} and $g_{s,\text{max}}$ were measured, with a LAI-2000
245 Plant Canopy Analyzer (LI-COR, Lincoln, NE, USA). See Cuevas et al. (2012) for details.
246 After each LA measurement we recorded the occurrence of fruit shriveling, leaf rolling and
247 reductions in the angle of the leaf with the stem, main visual symptoms of severe water
248 stress in olive (Schwabe and Lionakis, 1996; Greven et al., 2009).

249 Leaf samples were taken for nutrient analysis in July each experimental year. About
250 200 leaves were sampled from the middle portion of current-year shoots all around the
251 canopy of the eight central trees per plot, at ca. 1.5 m above ground. Samples were washed
252 in distilled water, dried at 70 °C until constant weight, ground and passed through a 500
253 mm stainless-steel sieve. N concentration was determined by Kjeldahl method. Other
254 mineral nutrients (P, K, Ca, Mg), Na, and trace elements (Mn, Zn, Cu and B) were
255 extracted by wet oxidation with 4 mL of concentrated HNO_3 (65% w/w) under pressure in
256 a microwave digester. Analysis of all elements were determined by Inductively Coupled
257 Plasma-Optical Emission Spectrometry (ICP-OES) using a VARIAN ICP 720-ES and
258 expressed on a dry weight basis. The accuracy of the analytical methods was assessed
259 through BCR analysis (Community Bureau of Reference).

260 Fruit and virgin olive oil (VOO) yields were derived from fruit samples taken from
261 central trees of each plot, on each year's harvesting day. The trees were manually
262 harvested, and total fruits per plot were weighted separately. Immediately after harvesting
263 we took 0.5 kg fruit samples per plot to determine the pulp/stone ratio. Pulp weight was
264 determined as the difference between fruit and stone weights. We also took a 2 kg fruit

265 sample per plot for oil extraction with an Abencor system (Commercial Abengoa S.A.,
266 Seville, Spain) (Martinez et al., 1975).

267 The recorded fruit and VOO yields together with the total IA supplied to each
268 treatment allowed us to calculate water productivity (WP) values as the amount of
269 marketable product per hectare per unit of supplied water. This does not agree with the
270 standard definition of WP, where the amount of water considered is the actual ET_c (Kijne
271 et al. 2003). We, however, did not record the actual ET_c , since water losses by drainage
272 that could have occurred in the experimental plots were not evaluated. Likely, however, the
273 water lost by drainage in the RDI treatments was low.

274

275 Soil and weather measurements

276

277 We estimated the volumetric soil water content (θ_v) in every plot from measurements with
278 a Profile probe (Delta-T Devices Ltd, Cambridge, UK) and two access tubes per plot, at ca.
279 0.5 m from the tree trunk. One of the access tubes was at 0.1 m from a dripper, i.e. in the
280 soil volume wetted by irrigation. The other was at 0.4 m from the dripper, i.e. in drying soil
281 during the irrigation season. In each access tube we measured θ_v at 0.1, 0.2, 0.3, 0.4, 0.6
282 and 1.0 m depths, 1-2 times per week, all along the irrigation seasons. In 2010 we had six
283 access tubes in the FI plot, at the same distances from the tree trunk and from the drippers
284 as in the RDI plots. The Profile probe was calibrated *in situ* by Fernández et al. (2011).
285 From the estimated θ_v values we calculated the relative extractable water (REW) in the
286 root zone as $REW = (R - R_{min}) / (R_{max} - R_{min})$, where R (mm) is the actual soil water content,
287 R_{min} (mm) the minimum soil water content measured during the experiments, and R_{max}
288 (mm) is the soil water content at field capacity. Additional θ_v measurements were made
289 every 10 min, all along the three irrigation seasons, by four Profile probes connected to a
290 CR1000 Campbell datalogger (Campbell Scientific Ltd., Shepshed, UK). These probes
291 were in a 60RDI and a 30RDI plot, at 0.1 m and 0.4 m from a dripper on each case.

292 The daily FAO-56 Penman-Monteith ET_o values required for calculating ET_c were
293 collected from a nearby standard weather station belonging to the Agroclimatic
294 Information Network of the Junta of Andalusia. Main weather variables in the orchard
295 were monitored by a Campbell weather station (Campbell Scientific Ltd., Shepshed, UK)
296 that we installed at the beginning of 2010 in the centre of the area covered by the
297 experimental plots, at 40 m from the closest edge of the orchard. We used a pole for

298 installing all meteorological sensors between 2 m and 3 m above the canopies. The station
299 recorded 30 min average values of wind speed (u), air temperature (T_a), air humidity (RH_a),
300 global solar radiation (R_s), net radiation (R_n), photosynthetically active radiation (PAR),
301 and P .

302

303 Statistical analysis

304

305 We used linear mixed models (LMM) to analyze the effects of the irrigation treatment
306 (fixed factor) on REW, LA, Ψ_{stem} , $g_{s,\text{max}}$, fruit and VOO yield, and pulp/stone ratio as
307 dependent variables for each day of measurements. We used leaf identity within plot as the
308 random factor structure in the Ψ_{stem} and $g_{s,\text{max}}$ analyses to describe appropriately our
309 experimental design and deal with the non-independent nature of the spatial experimental
310 design. For fruit and VOO yield analyses we used the sample number within plot as the
311 random factor structure. In REW, LA and pulp/stone ratio analyses the random factor was
312 not necessary as we only have one measurement per plot. When no normal and
313 homocedastic residuals were obtained, appropriate transformation of the variable was used.
314 The model parameters were determined using the restricted maximum likelihood (REML)
315 approach. These analyses were conducted with the R package 'nlme R' (Pinheiro et al.
316 2011).

317

318 **Results**

319

320 Atmospheric demand, water and nutrient supplies and soil water status

321

322 Weather conditions during the experimental years were as usual in the area, with the
323 highest ET_o values from mid-June to late August and decreasing ET_o values from the
324 beginning of September onwards throughout autumn (Fig. 2a). The highest R_s values were
325 recorded in June (Fig. 2b). Most of the days of the irrigation seasons were clear-sky days.
326 The greatest temperatures were recorded from mid-July to mid-August (Fig. 2c). Total ET_o
327 and P values, both for the three experimental years and the three irrigation seasons, are
328 given in Table 2. The year 2010 was unusually wet, while both 2011 and 2012 were years
329 on which P values were below the average in the area. The three irrigation seasons were
330 mostly dry. In 2010 and 2012, the first rainy events after the dry season were recorded

331 from late September, as usual in the area. In 2011 the first significant rainfall event
332 occurred on October 24 (DOY 297). Table 2 shows the total IA per year and treatment,
333 which fitted quite well the aimed % IN on each treatment. Details on the IA applied to each
334 treatment all along the three irrigation seasons are given in Fig. 3a,b,c.

335 Values of REW for the FI plots show soil water conditions close to field capacity,
336 all along the three irrigation seasons (Fig. 3d,e,f). A similar situation was observed in all
337 the RDI plots on period 2 (June, Fig. 1). Decreasing REW values were observed in the
338 plots of the two tested RDI treatments between period 2 and period 3, i.e. from early July
339 to late August, in agreement with the reduced IA supplied on that period. For the three
340 experimental years, the IA supplied to the 60RDI plots from the beginning of period 3 (late
341 August) to harvesting was enough to cover IN, which explains the similarities on the REW
342 values calculated for the FI and the 60RDI plots on that period. The 30RDI plots, however,
343 were irrigated on the same period to replace ca. 30% IN, so REW values for that treatment
344 remained below those in the FI and 60RDI plots.

345 The water holding capacity of the soil layer explored by the roots, calculated as the
346 difference between the soil water contents at the soil matric potentials of -0.03 MPa (field
347 capacity) and -2.5 MPa (wilting point for olive according to Dichio et al., 2003) was 49.5
348 mm. The growing cycle began around mid-February each year. Soon after, when both the
349 atmospheric demand and water uptake by the trees were moderate, water in the root zone
350 was depleted to levels close to the readily available water (RAW) in ca. 5 days (Fig. S1a).
351 We assumed a RAW value equivalent to 75% depletion of the soil water holding capacity
352 (Orgaz and Fereres, 2001). In late July, when the greatest atmospheric demand and water
353 uptake activity were recorded, the soil water of the RDI plots was depleted to the RAW
354 level in ca. 1 day after each irrigation event (Fig. S1b).

355 The nutrient concentrations in leaves of the three treatments were within the
356 optimum ranges for olive on the three experimental seasons, for all the analysed elements
357 (Table S1). Fertilization, therefore, was enough to avoid any nutrient deficiency in the trees
358 of all treatments.

359

360 Plant water status and stomatal conductance

361

362 Both midday Ψ_{stem} and $g_{s,\text{max}}$ have been reported as sensitive indicators of water stress in
363 olive (Moriani and Fereres, 2002; Gómez-del-Campo, 2007; Ben-Gal et al., 2010). Except

364 for some days in August and early September 2010, midday Ψ_{stem} values in the FI trees
365 were always over -1.4 MPa, the threshold level for water stress reported for olive trees
366 with high crop load (Moriani et al., 2012) (Fig. 4a,b,c). The recorded θ_v profiles suggested
367 occasional water losses by drainage in the FI plots, since θ_v values at the bottom of the root
368 zone were sometimes close to field capacity (data not shown). This agrees both with the IA
369 supplied to the FI trees being slightly over IN (Table 2) and with the sandy nature of the
370 soil. Measurements of midday Ψ_{stem} in the 60RDI and 30RDI trees showed increasing
371 water stress between periods 2 and 3 (Fig. 1), in agreement with the reduced IA and the
372 decreasing REW values recorded between both periods (Fig. 3). The IA supplied to the
373 60RDI plots during period 3, similar to those supplied to the FI trees, was enough for the
374 trees to recover from water stress from early September. In the 30RDI trees, however, IA
375 supplied on period 3 was ca. 30% only of that supplied to the 60RDI trees, which explains
376 the significant levels of water stress observed in the 30RDI trees in September and
377 October. Altogether, the seasonal dynamics of midday Ψ_{stem} recorded on the three
378 irrigation seasons (Fig. 4a,b,c) agreed quite well with those of the IA and REW values (Fig.
379 2).

380 In the FI trees, $g_{s,\text{max}}$ was most of the time between 0.2 and 0.3 mol m⁻² s⁻¹ (Fig.
381 4d,e,f). This agrees with values reported by Diaz-Espejo et al. (2006) for ‘Manzanilla’
382 olive trees of an orchard nearby when growing under non-limiting environmental
383 conditions. In the RDI treatments $g_{s,\text{max}}$ decreased with the reduction on IA after period 2
384 (Fig.1), and increased soon after the increase on IA in period 3. Still, $g_{s,\text{max}}$ showed a
385 slower recovery in period 3 than Ψ_{stem} . At the end of the irrigation season of 2010 and
386 2011, $g_{s,\text{max}}$ recovered in the 60RDI trees, but not in the 30RDI trees. Only in 2012, a year
387 on which heavy rains were recorded from some one month before harvesting (Fig. 3c),
388 trees of all treatments eventually showed similar $g_{s,\text{max}}$ values.

389 In 2010 and 2011, the 60RDI and 30RDI trees showed fruit shrivelling, leaf rolling
390 and reductions in the angles of the leaf with the stem, all visual symptoms of severe water
391 stress, from mid-July, i.e. from ca. 4 weeks after the end of period 2. This agrees with the
392 periods of minimum Ψ_{stem} values recorded in those trees (Fig. 4,a,b,c). In 2010, these
393 visual symptoms were observed in the 60RDI trees until 3 weeks after the beginning of
394 period 3. In 2011 the symptoms disappeared 1 week after the beginning of period 3. In the
395 30RDI trees, however, the symptoms remained all along period 3 and later, until the
396 occurrence of the first rainfall events in late September (2010) or early October (2011). In

397 2012, visual symptoms of water stress were observed in the 60RDI trees in mid-August
398 only, from ca. DOY 222 to DOY 234, in agreement with the significant increase on tree
399 water stress recorded on those days (Fig. 4c). The 30RDI trees showed symptoms of water
400 stress in 2012 from some 2 weeks after the end of period 2 (DOY 192) to some two weeks
401 after the beginning of period 3 (DOY 254).

402

403 Crop performance

404

405 Trees of all treatments showed a similar LA after pruning, but differences between
406 treatments appeared soon after the beginning of the irrigation season (Fig. 5). In 2010 and
407 2011 the FI trees grew all along the irrigation season. The canopies of the RDI trees,
408 however, showed a reduced or null growth at midsummer (Fig. 5a,b), between periods 2
409 and 3 (Fig. 1). In 2011, the LA of the 60RDI trees increased markedly after resuming
410 irrigation in period 3. On the three experimental years, LA of the 30RDI trees remained
411 constant from June (2012) or July (2010 and 2011), being not affected by the increase in
412 LA in period 3. In 2012 all the trees reached maximum LA values at the beginning of June
413 (Fig. 5c), independently of the treatment. At the end of each irrigation season, LA was
414 usually greater in the FI trees than in the RDI trees. Differences in LA between the 60RDI
415 and 30RDI trees were not significant, except in the autumn of 2011, when a marked
416 growth was observed in the 60RDI trees but not in the 30RDI trees.

417 The orchard was highly productive during the experimental years, and no alternate
418 bearing was observed (Table 3). Fruit yield increased with the irrigation treatment, except
419 in 2012, when fruit yield was greater in 60RDI than in 30RDI but the difference was not
420 significant. For all treatments, the yearly increase in fruit yield was in accordance to that of
421 LA. We found, in fact, a similar value of the yield of fresh fruits / LA ratio in all treatments
422 (Table 4). The WP values for the fresh fruits increased as the irrigation supplies decreased,
423 being more than double for the 30RDI treatment than for the FI treatment (Table 4).
424 Contrarily to the fruit yields, the VOO yields were surprisingly low, for all treatments
425 (Table 3). The percentages of VOO yield, expressed as % of the VOO yield as compared to
426 that of the fresh fruits, were, in fact, quite below the ca. 18% usually reported for
427 'Arbequina' olives (Pastor et al., 2006a; de la Rosa et al., 2006). Values of the pulp/stone
428 ratio were also lower than those normally reported for the Arbequina cultivar, which range
429 between ca. 3.5 and 4.5 (Rallo 1995; Tous et al., 1998). The FI trees produced more VOO

430 than the RDI trees. No differences in VOO yield were found between 60RDI and 30RDI.
431 The greatest VOO yield / LA value was found in the 30RDI treatment (Table 4). As for the
432 fruit yield, the WP values for the VOO yield also increased as IA decreased.

433

434 **Discussion**

435

436 The RDI strategy: severity of water stress

437

438 The IA supplied to the 60RDI (2959 m³ ha⁻¹ on average) and 30RDI trees (1366 m³ ha⁻¹ on
439 average) (Table 2) must be very close to those actually consumed by the trees during the
440 irrigation seasons, because of the low water retention capacity of the orchard soil. The
441 greater irrigation supplies in the 60RDI treatment increased fruit yield and LA, as
442 compared to the 30RDI treatment. No differences, however, were found in VOO yield
443 between the two RDI treatments. This was due, at least in part, to a lower oil extractability
444 in the 60RDI trees (data not shown), likely because of a greater fruit water content. It is
445 known that the olive tree usually shows an inverse relationship between fruit water content
446 and oil extractability (Gómez del Campo, 2011; Ramos and Santos, 2010). Over the three
447 years of our study, reductions in fruit and VOO yields, as compared to FI, were 23% and
448 29% for 60RDI and 40% and 26% for 30RDI, respectively (Table 3). This agrees with
449 results normally reported for olive, which show a greater impact of reduced irrigation on
450 fresh fruit yield than on VOO yield (Lavee et al., 2007). Results for different olive
451 cultivars for oil production, including Arbequina, are quite consistent on showing oil yield
452 reductions of ca. 20% with ca. 50% DI strategies (Moriana et al., 2003; Iniesta et al., 2009;
453 Caruso et al., 2013). It has to be taken into account, however, that the physiological and
454 productive responses of olive trees to reduce irrigation depend on the cultivar and
455 environmental conditions, among other factors. This was clearly illustrated by Tognetti et
456 al. (2007; 2008) and Fernández et al. (2008) who compared the behaviour of Italian and
457 Spanish olive cultivars under DI, from olive orchards under contrasting environmental
458 conditions.

459

460 We found relatively constant values of fresh fruits per m² LA between treatments.
461 This agrees with findings by Caruso et al. (2013), who found similar fruit yield efficiencies
462 based on tree size in 'Frantoio' trees under different irrigation treatments. Our values of
463 fresh fruits per m² LA were more than double than those previously reported for

463 ‘Arbequina’ trees belonging to a SHD olive orchard in central Italy, with the same tree
464 density than our orchard (Proietti et al., 2012). This suggests high radiation interception by
465 the canopies and a good nutritional status of our experimental trees. The size of our trees,
466 in fact, matched recommendations for SHD olive orchards (Tous et al., 2010), and leaf
467 analyses showed optimum nutritional levels (Table S1). The amounts of supplied fertilizers
468 were greater than needed (Tous et al., 2010), to avoid nutritional deficiencies during the
469 experiments.

470 The WP values recorded in our orchard for fresh fruits (Table 4) were greater than
471 those found by most authors. Correa-Tedesco et al. (2010) reported 16 kg of fresh fruits ha⁻¹
472 mm⁻¹ in a 7-year-old ‘Manzanilla fina’ olive orchard in La Rioja (Argentina), with 317
473 trees ha⁻¹. Fereres (2012) mentioned WP values of up to 30 kg of fresh fruits ha⁻¹ mm⁻¹ in
474 ‘Picual’ olive orchards in areas of Spain with rainfall close to 500 mm, as in our orchard
475 area, and with seasonal irrigation supplies of 100-150 mm. Tognetti et al. (2007) worked in
476 an olive orchard with 555 trees ha⁻¹, located in a sub-humid area of central Italy. When
477 supplying a total IA per season of ca. 100 mm, they found WP values close to 70 and 64 kg
478 of fresh fruits ha⁻¹ mm⁻¹ in ‘Leccino’ and ‘Frantoio’ trees, respectively. The fact that values
479 of WP, both for fresh fruits and VOO, increased as the irrigation supplies decreased is
480 expected for olive (Centritto et al., 2005; Iniesta et al., 2009; Ramos and Santos, 2010),
481 and for other fruit tree crops. For VOO, however, our WP values were lower than those
482 usually found in the literature. Thus, Iniesta et al. (2009) worked in a 8–10-year-old
483 ‘Arbequina’ olive orchard in Córdoba (Spain) and reported 4.5-5.0 kg of olive oil ha⁻¹ mm⁻¹
484 for fully irrigated trees and 13-17 kg of olive oil ha⁻¹ mm⁻¹ for RDI trees receiving 25% of
485 the maximum potential ET_c. Tognetti et al. (2007) reported ca. 15 and 13 kg of olive oil ha⁻¹
486 mm⁻¹ for the ‘Frantoio’ and ‘Leccino’ trees, respectively, of the experiment mentioned
487 above, when irrigated at 66% of the maximum potential ET_c. Ramos and Santos (2010),
488 who worked in an over 80-year-old ‘Cordovil’ olive orchard in Alentejo (Portugal) with a
489 very low tree density (69 trees ha⁻¹), reported a WP of 2.2 kg of olive oil ha⁻¹ mm⁻¹ for
490 trees under SDI receiving 60% of the maximum potential ET_c. That value is lower but
491 close to the WP value we found in our 60RDI trees (Table 4). We should have obtained a
492 greater value, because of our greater tree density.

493 From our data of 2011 and 2012 (2010 was unusually wet, Table 2) we estimated
494 an average ET_c value in our orchard of 731 mm year⁻¹. For this ET_c value, the relationships
495 between fruit and oil yields vs. ET_c widely accepted for olive (Moriani et al., 2003;

496 Fereres, 2012) predict 10510 kg fresh fruits ha⁻¹ and 2055 kg olive oil ha⁻¹. The mentioned
497 relationships were derived for olive orchards with different cultivars and tree densities
498 between ca. 350 and 500 trees ha⁻¹. For a SHD olive orchard, fresh fruit yields of up to ca.
499 12 t ha⁻¹ (León et al., 2007; Tous et al., 2010) or more (Pastor et al., 2006b) can be
500 expected on the 4th to 7th years after plantation. These results show that, while the fresh
501 fruit yields in our orchard were greater than expected, VOO yields were lower. The low
502 values of the pulp/stone ratio found in fruits of all treatments could have contributed to the
503 low VOO yields (Table 3). This aspect is analysed in the next section, since we believe it
504 has to do with the timing of irrigation.

505 The aforementioned results show that, from the two tested RDI treatments, 30RDI
506 was closer to an optimum level of irrigation reduction for achieving a sustainable balance
507 between water saving, tree vigour and oil production. The level of irrigation reduction
508 applied to the 30RDI trees between periods 2 and 3, i.e. in the mid-summer period of high
509 atmospheric demand (Fig. 1), was greater than those applied by most authors. Thus,
510 Goldhamer (1999) suggested, for ‘Manzanilla’ olive trees, a reduction of 25% on
511 irrigation. Fregapane et al. (2010) worked in a ‘Cornicabra’ olive orchard and obtained the
512 best results when replacing with irrigation 48 % of the maximum potential ET_c. Motilva et
513 al. (2000), however, worked with ‘Arbequina’ trees and found that the best results were
514 obtained with an irrigation reduction of 75%. Grattan et al. (2006) and Berenguer et al.
515 (2006) worked with a SHD olive orchard of similar characteristics than our orchard,
516 although in California and with SDI, and reported that oil yields were maximized over a
517 broad range of applied water, from 40% to 89% ET_c, while good quality oil was obtained
518 with irrigation levels of 33% to 40% ET_c. Gómez-del-Campo (2010) tested several
519 irrigation approaches, including RDI, in a ‘Cornicabra’ SHD olive orchard, on the first
520 three years after planting. The best results were obtained when applying significant
521 irrigation reductions from mid-August until September 30th, which amounted to over 75%
522 of IN in the last experimental year. In another experiment made in a mature SHD
523 ‘Arbequina’ orchard, the most effective RDI strategy consisted on irrigating in July with
524 30% of the water applied in a treatment on which the soil water content was maintained
525 over -0.03 MPa from spring until August 15th and over -0.06 MPa from August 15th to the
526 end of the irrigation season (Gómez-del-Campo et al., 2011).

527 Our results also show that FI is not a good strategy for well-established SHD olive
528 orchards. The required IN, (4701 ± 14.7 m³ ha⁻¹ in our case, is unaffordable in most olive

529 growing areas, and the high levels of available soil water promotes plant vigour, as shown
530 by our LA data (Fig 5). This could be convenient on the first 3-4 years of the orchard, to
531 reach an optimum canopy size as soon as possible. Once the orchard is established,
532 however, excessive vigour will cause difficulties on keeping a suitable tree size (Connor
533 2006; León et al., 2007). In addition, FI could reduce oil quality, as compared to a DI
534 strategy (Tovar et al., 2002; d'Andria et al., 2004; Servili et al., 2007).

535

536 The RDI strategy: timing of water stress

537

538 The high crop performance of the RDI trees, despite the significant reduction on the
539 irrigation supplies, shows that the timing for irrigation adjustment depicted in Fig. 1 was
540 quite in accordance with the sensitivity of the olive tree to water stress. Still, recent
541 findings on the effect of water stress on olive fruit development suggest possible
542 improvements for our RDI strategy. Thus, Hammami et al. (2011), among others, reported
543 that the beginning of olive fruit development is characterized by active cell division, a
544 quick increase of the endocarp area and a slow but increasing growth of the mesocarp area.
545 They observed, in six olive cultivars, that the endocarp size was strongly correlated with
546 fruit size, and that the fruit size was mainly due to cell number, and not to cell size. All
547 cultivars showed that some two thirds of the final cell number was produced in the first 8
548 weeks AFB. These findings show that excessive water stress in the first 8 weeks AFB may
549 reduce cell number in olive fruits. This suggests that irrigating between periods 1 and 2, in
550 case the rainfall supplies are far from replacing the crop water needs, could be necessary to
551 avoid limiting the final fruit size.

552 The low pulp/stone ratios observed in our orchards (Table 3) could have been due,
553 in fact, to excessive water stress in our experimental trees between periods 1 and 2. As
554 shown in Figs. 1 and 3, no irrigation was made between those two periods. Rainfall
555 amounts collected in the orchard in May were 12.8 mm in 2010, 4.7 mm in 2011 and 7.6
556 mm in 2012. These low water supplies, together with the low water holding capacity of the
557 soil (Fig. S1) could have caused severe tree water stress between periods 1 and 2, which
558 could have had a negative impact on fruit development. This includes cell number, which
559 cannot recover even if enough water is supplied later on the year. It is known, in fact, that
560 predawn leaf water potential values between -2 MPa (Costagli et al., 2003) and -3 MPa
561 (Rapoport et al., 2004) in the first ca. 8 weeks AFB may reduce cell number and cell size

562 in olive fruits. Stress levels within that range can be easily achieved in our experimental
563 orchard (Fernández et al., 2011). We, however, did not measure the development of the
564 different fruit tissues along our irrigation seasons, and have no information on the IA
565 required between periods 1 and 2 to avoid a negative impact on fruit cell number and cell
566 size. We can speculate that a total IA between period 1 and 2 of 20% IN, which amounts to
567 $238 \text{ m}^3 \text{ ha}^{-1}$ would avoid those effects, but this is still to be tested.

568 Another possible improvement of our RDI strategy is related to the irrigation
569 supplies in period 3. Our results on Ψ_{stem} and $g_{\text{s,max}}$, and the fact that visual symptoms of
570 water stress were still observed in the 30RDI trees during period 3 over the experimental
571 years, show that IA on period 3 was not enough for the 30RDI trees to fully recover from
572 water stress. A greater increase on IA on this period could be profitable, since the olive tree
573 shows an outstanding capacity to produce new assimilates for fruit growth after
574 midsummer, provided enough water in the soil is available on that phase of the crop cycle
575 (Lavee and Wodner, 1991; Moriana et al., 2003). Our records shows that the difference
576 between the average IA actually applied to the 30RDI trees on period 3 and that required to
577 replacing IN on that period amounts to $480 \text{ m}^3 \text{ ha}^{-1}$. The two calculated amounts for the
578 supposedly improved RDI strategy, added to the average IA supplied to the 30RDI trees
579 over the three experimental years ($1366 \text{ m}^3 \text{ ha}^{-1}$) yields a total IA of $2084 \text{ m}^3 \text{ ha}^{-1}$, i.e. 44%
580 of the average IN calculated for the FI treatment over the three experimental years. But
581 both the amount and frequency of irrigation between periods 1 and 2 and the overall effect
582 of the supposedly improved RDI strategy on crop performance remains to be tested in
583 future experiments.

584

585 **Conclusions**

586

587 From the three tested irrigation treatments, 30RDI was the closest to an optimum irrigation
588 management for oil production in our orchard. It required a total IA of $1366 \text{ m}^3 \text{ ha}^{-1}$, which
589 meant 29% of IN. It led both to high WP values and reduced tree vigour, which is positive
590 for keeping a suitable tree size for mechanical harvesters and for getting enough radiation
591 interception at the base of the canopies. Our results, therefore, show that the 30RDI
592 treatment is appropriate for a sustainable irrigation management in SHD olive orchards of
593 similar characteristics than our olive orchard. Still, our results, together with recent
594 findings on the effect of water stress on olive fruit development, allowed us to suggest

595 possible improvements on the RDI strategy, based on IA increases both between periods 1
596 and 2 and on period 3. As a total, this supposedly improved RDI strategy would require a
597 total IA of ca. 2100 m³ ha⁻¹. However, both the amount and frequency of irrigation
598 between periods 1 and 2 and the overall effect of the suggested RDI strategy on crop
599 performance are still to be tested.

600

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610

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831

832 **Fig. 1** Regulated deficit irrigation strategy applied in the experimental orchard for the
833 60RDI treatment. The figure shows the three periods at which we considered the olive tree
834 is most sensitive to water stress. The 30RDI strategy was similar, but in periods 2 and 3 the
835 irrigation supplies amounted to 60% and 30% of the irrigation needs (IN) only. Also,
836 between period 1 and period 2 the 30RDI trees were irrigated with 10% of IN. Other
837 details, including the frequency of irrigation, are given in the Materials and methods
838 section. See The Discussion Section for possible improvements of the irrigation strategy.
839 Dates for the different phenological stages may change depending on the year, location,
840 cultivar and management practices, among other factors. The dates shown in the figure
841 correspond to our orchard on the three experimental years. The depicted curves of shoot
842 growth, fruit growth and oil accumulation are typical curves for olive trees growing under
843 non limiting soil water conditions. The shape of these curves may change under different
844 soil and atmospheric water conditions, among other factors. The shown harvesting date
845 agrees with those in the three experimental seasons. ET_c = crop evapotranspiration; P_e =
846 effective precipitation; AW = available water in the soil; w. AFB = weeks after full bloom
847

848 **Fig. 2** Time courses, for the three irrigation seasons, of the FAO56 Penman-Monteith
849 potential evapotranspiration (ET_o) collected from a nearby standard weather station
850 belonging to the Agroclimatic Information Network of the Junta of Andalusia (A). Also
851 shown are the seasonal courses of solar global radiation, R_s (B) and maximum ($T_{a,max}$) and
852 minimum ($T_{a,min}$) air temperature recorded by the weather station in the orchard (C). The
853 lines represent the average values for the three irrigation seasons, 2010 to 2012. The points
854 represent the maximum and minimum values. DOY = day of year
855

856 **Fig. 3** Seasonal courses both of the irrigation amount (IA) supplied to the each treatment
857 and precipitation (P) collected in the orchard (A,B,C). The seasonal courses of the relative
858 extractable water (REW) derived from the soil water contents measured in the plots of each
859 treatment are also shown (D,E,F). Different letters indicate significant differences between
860 treatments, at $p < 0.05$. Letters are not shown when no differences were found. REW
861 values for the FI treatment in 2010 were not considered in the statistical analysis because
862 they correspond to one plot only. DOY = day of year
863

863
864

865 **Fig. 4** Seasonal courses of midday stem water potential, Ψ_{stem} (A, B, C), and maximum
866 stomatal conductance, $g_{s,\text{max}}$ (D, E, F), measured during the irrigation periods of the three
867 experimental years in representative trees of each treatment. Each point represents the
868 average of eight leaf measurements per treatment. The error bars represent \pm the standard
869 error. Different letters indicate significant differences between treatments at $p < 0.05$.
870 Letters are not shown when no differences were found. Values for the FI treatment in 2010
871 were not considered in the statistical analysis because they correspond to one plot only.
872 DOY = day of year

873

874 **Fig. 5** Seasonal courses of leaf area (LA, $n = 4$) for each irrigation treatment and season.
875 Vertical bars represent \pm the standard errors. Different letters indicate significant
876 differences between treatments at $p < 0.05$. Letters are not shown when no differences
877 were found. Values for the FI treatment in 2010 were not considered in the statistical
878 analysis because they correspond to one plot only. DOY = day of year

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881

882 **Electronic Supplementary Material**

883

884 **Table S1** Concentrations of main nutrients in leaves from trees under the three studied
885 water treatments. These results correspond to the leaf samples taken in July 2012. Results
886 from the 2010 and 2011 analyses also showed all the values to be within the optimum
887 levels range.

888

889 **Fig. S1** Time courses of the amount of water in the soil close to a dripper of a 60RDI and
890 a 30RDI tree. The top graph shows data between two rainfall events recorded in early
891 March, a period of low atmospheric demand (average ET_o for the shown period = 3.3 mm)
892 (A). The bottom graph shows data for irrigation events occurring on late July, the period of
893 the year with the greatest atmospheric demand (average ET_o for the shown period = 8.2
894 mm) (B). The dashed line shows the readily available water in the orchard soil

895

896

Table 1. Values of main physical and chemical variables determined from soil samples taken in the orchard in March 2010. The shown values are average values of six locations randomly chosen in the 0.346 ha covered by the experimental plots. The soil samples were taken from the top 0.0-0.6 m soil layer.

Variable (unit)	value	Variable (unit)	value
Coarse sand (%)	66.4	C/N	6.79
Fine sand (%)	11.3	O. organic matter (%)	0.28
Silt (%)	2.2	O. organic carbon (%)	0.16
Clay (%)	20.1	Organic N (%)	0.025
ρ (Mg m ⁻³)	1.73	Kjeldahl-N (%)	0.044
θ_v (m ³ m ⁻³) at $\Psi_m = -0.03$ MPa	0.18	Available P (mg kg ⁻¹)	2.95
θ_v (m ³ m ⁻³) at $\Psi_m = -2.50$ MPa	0.07	Available K (mg kg ⁻¹)	90
K_{sat} (cm day ⁻¹)	40.7	Available Ca (mg kg ⁻¹)	1885
EC _e (mS m ⁻¹)	25	Available Mg (mg kg ⁻¹)	394
pH	6.34		

ρ = dry bulk soil density; θ_v = volumetric soil water content; Ψ_m = soil matric potential; K_{sat} = hydraulic conductivity in the range near saturation; EC_e = ; C/N = Carbon/Nitrogen ratio; O. = oxidizable.

Table 2. FAO-56 Penman-Monteith potential evapotranspiration (ET_o) calculated from data provided by a nearby standard weather station belonging to the Agroclimatic Information Network of the Junta de Andalucía.

Precipitation (P) collected in the orchard, and irrigation amounts (IA) supplied to the trees of each treatment.

Values in % next to the IA values correspond to the percentage of the irrigation needs (% IN) actually supplied

by irrigation. See text for details on the treatments. All data are in millimeters. AVG = average. DOY = day of year.

	2010		2011		2012	
	Whole year	Irrigation period (DOY 138-306)	Whole year	Irrigation period (DOY 158-297)	Whole year	Irrigation period (DOY 157-296)
ET_o	1466.5	997.5	1473.6	796.4	1598.2	914.8
P	912.0	119.0	477.0	55.0	404.6	86.0
IA in FI		502.0 (101 % IN)		477.2 (107 % IN)		478.7 (102 % IN)
IA in 60RDI		308.0 (62 % IN)		288.3 (65 % IN)		291.3 (63 % IN)
IA in 30RDI		148.0 (30 % IN)		127.3 (29 % IN)		134.6 (29 % IN)

Table 3. Fruit and virgin olive oil (VOO) yields, and pulp/stone ratio for each year and treatment. Values between brackets refer to the VOO yield expressed as percentage of the fresh fruits weight. Different letters indicate significant differences between treatments at $p < 0.05$. Values of the FI treatment in 2010 were not considered in the statistical analyses, because of the lack of replications.

Year	Treatment	Fruit yield (kg ha ⁻¹)	VOO yield (kg ha ⁻¹)	Pulp/stone ratio
2010	FI	15606.9	998.4 (6.4%)	3.3
	60RDI	12678.6 b	913.3 (7.2%) a	3.2 b
	30RDI	9183.5 a	867.3 (9.4%) a	2.3 a
2011	FI	19760.8 c	1270.0 (6.4%) b	3.5 c
	60RDI	14477.4 b	860.4 (5.8%) a	2.9 b
	30RDI	9729.4 a	931.4 (9.8%) a	2.4 a
2012	FI	23612.1 b	1291.6 (5.4%) b	4.2 b
	60RDI	18275.8 a	740.2 (4.0%) a	4.0 b
	30RDI	16227.0 a	828.3 (5.1%) a	3.0 a

Table 4. Yield of fresh fruits and virgin olive oil (VOO) per unit of leaf area (LA), and water productivity in terms of fresh fruit and VOO, for each irrigation treatment. Data are the average \pm standard deviation of the three experimental years.

Treatments	Yield / LA (kg m ⁻²)		Water productivity (kg ha ⁻¹ mm ⁻¹)	
	Fresh fruits	VOO	Fresh fruits	VOO
FI	1.104 \pm 0.024	0.067 \pm 0.005	40.61 \pm 9.14	2.45 \pm 0.40
60RDI	1.181 \pm 0.236	0.066 \pm 0.178	51.37 \pm 10.83	2.83 \pm 0.25
30RDI	1.088 \pm 0.237	0.084 \pm 0.020	86.34 \pm 30.49	6.44 \pm 0.77

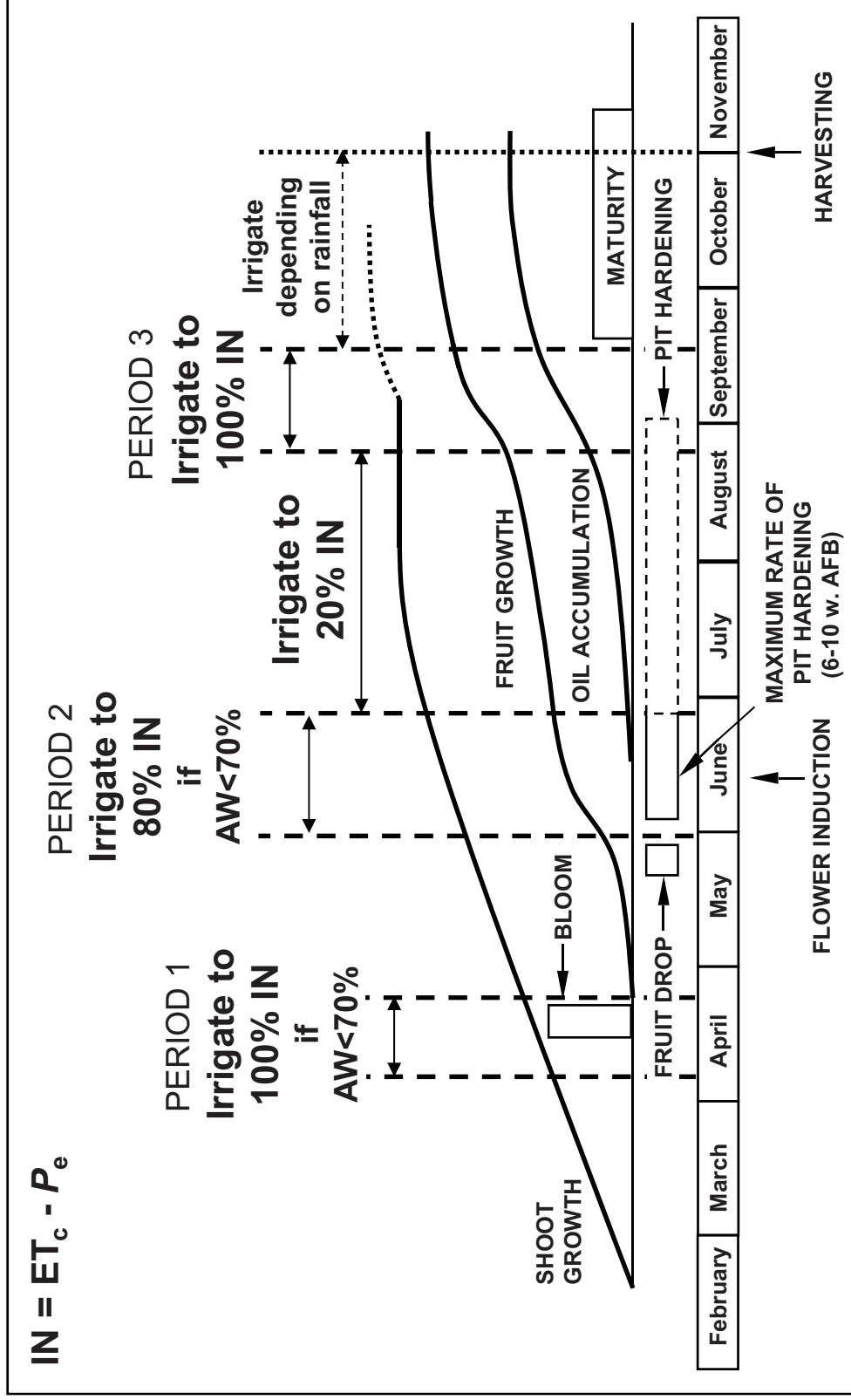
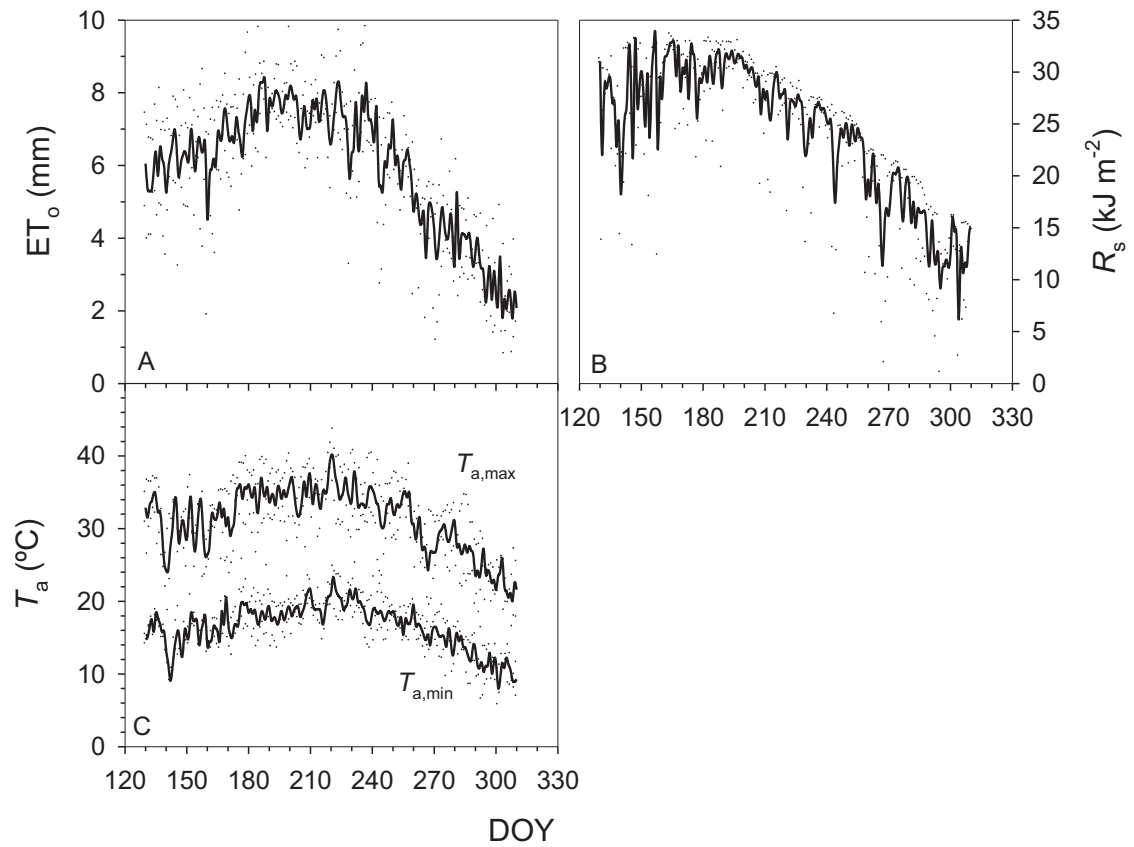


Fig 2

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(For 2010 and 2011, DOY 120 = April 30; for 2012, DOY 120 = April 29)

Fig 3

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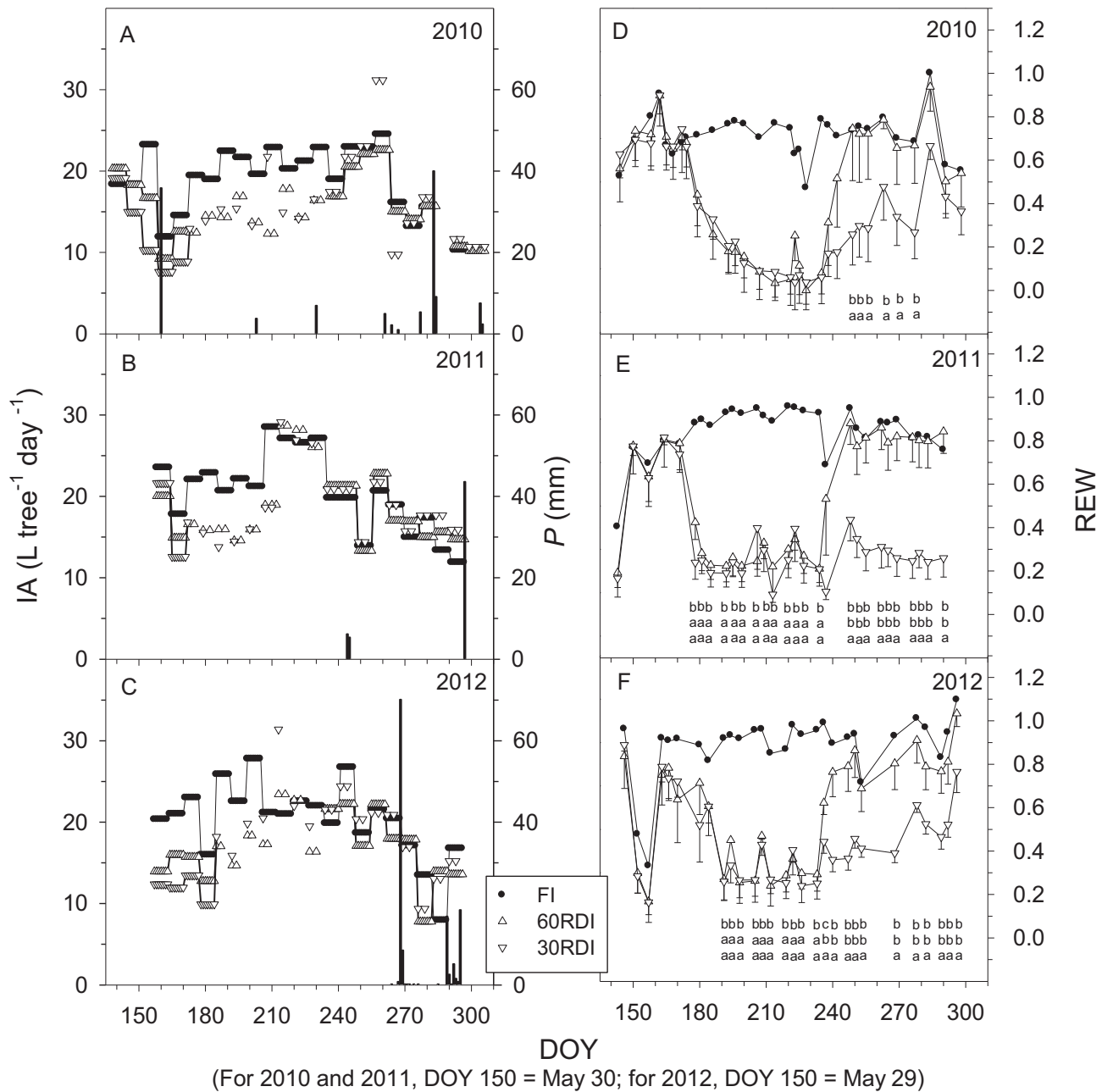
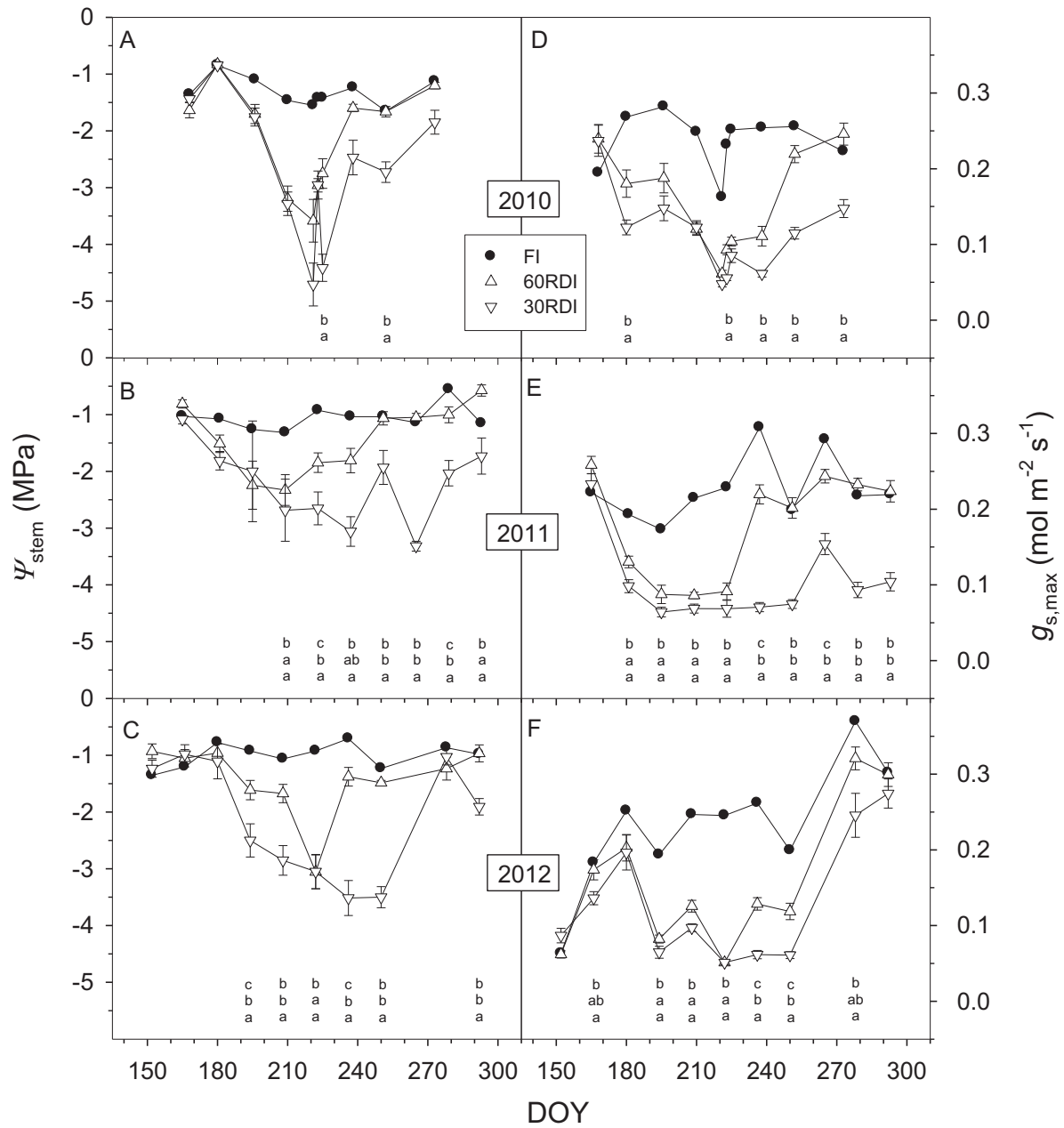


Fig 4

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(For 2010 and 2011, DOY 150 = May 30; for 2012, DOY 150 = May 29)

Fig 5

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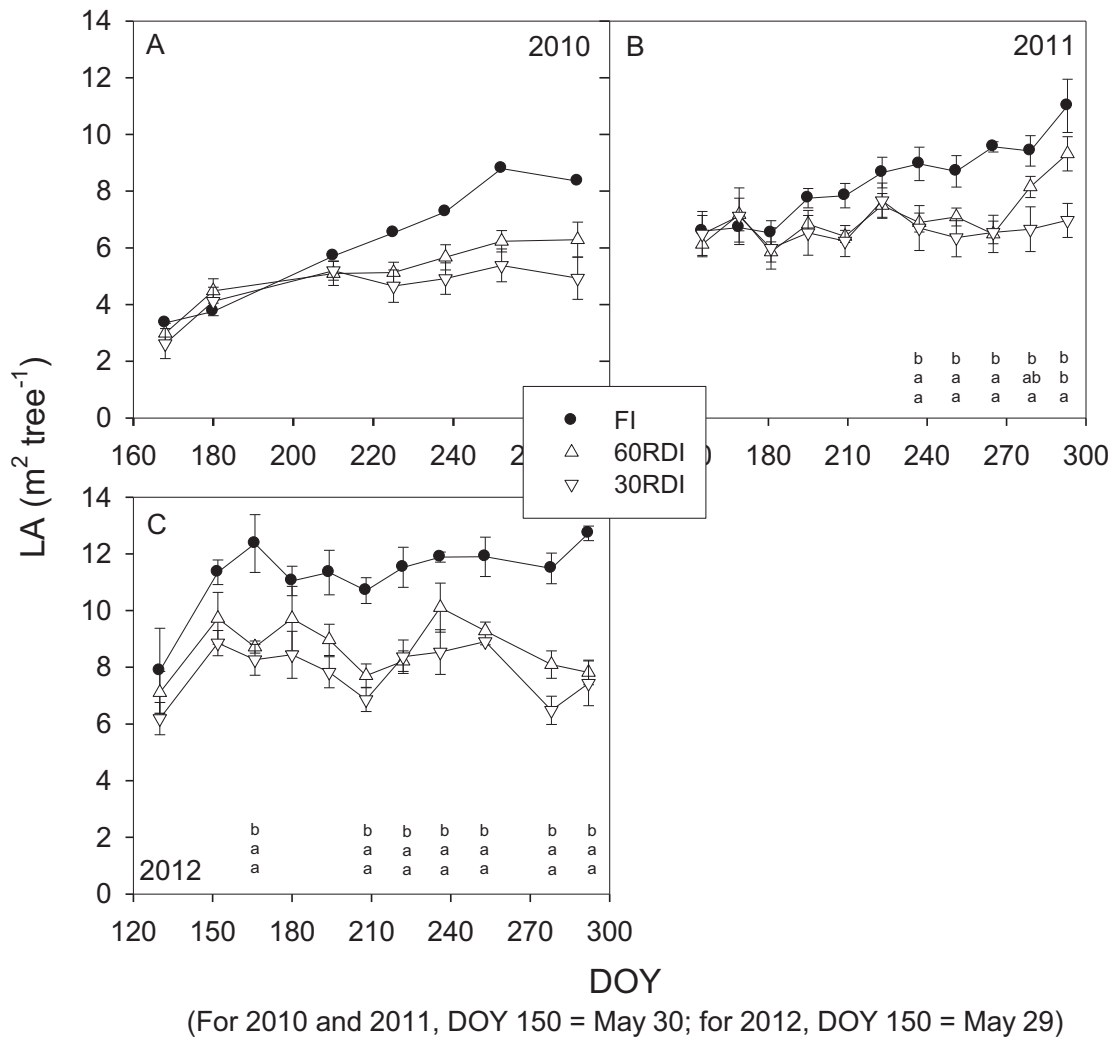


Table S1

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Fig S1
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