

1 **Among-individual variation in pollen limitation and inbreeding**

2 **depression in a mixed-mating shrub**

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14 **Running-head:** *Individual variation in pollen limitation and inbreeding depression*

15

1 *Background and Aims.* Variation in inbreeding depression (δ) among individual plants
2 is considered to play a central role on mating system evolution and population genetics.
3 Moreover, such variation could be linked with individual susceptibility to pollen
4 limitation (PL) because those individuals strongly affected by δ for seed production will
5 require more outcross pollen for setting a given number of fruits or seeds. However,
6 there is a lack of studies testing explicitly for associations between PL and δ at the
7 individual plant level. This study assess the extent of the among-individual variation in
8 PL and δ , the consistency of δ across life stages and the relationships between
9 individual PL and δ in the mixed-mating shrub *Myrtus communis*.

10 *Methods.* Controlled hand-pollinations were performed in a natural *M. communis*
11 population. Marked flowers were monitored until fruit production and a greenhouse
12 experiment was conducted with the seeds produced.

13 *Key results.* Compared to selfing, outcross-pollination enhanced the seed number per
14 fruit, germination rate and seedling growth, but did not enhance fruit set. Only seed
15 number per fruit was pollen limited and, thus, cumulative pollen limitation depended
16 more on pollen quality (outcross pollen) than on quantity. The effects of δ varied
17 considerably across life stages and individual plants. Cumulative δ was high across
18 individuals (mean $\delta = 0.65$), although there was not positive correlations between δ
19 values at different life stages. Interestingly, maternal plants showing stronger δ for seed
20 production were more pollen limited, but they were also less affected by δ for seedling
21 growth because of a seed size/number trade-off.

22 *Conclusions.* Results show a general inconsistency in δ across life stages and
23 individuals, suggesting that different deleterious loci are acting at different stages. The

1 association between δ and PL at the individual-level corroborates the idea that pollen
2 limitation may be ‘genotype-dependent’ regardless of other factors.

3

4 **Key words:** Inbreeding depression, family-level, mixed-mating systems, *Myrtus*

5 *communis*, pollen limitation, progeny performance, seed number/seed size trade-off,

6 seed production

7

1 INTRODUCTION

2 Seed production in plants may be compromised by pollen limitation, defined as
3 insufficient pollen receipt in terms of quantity and/or quality (e.g. self- or cross-
4 pollination; Burd, 1994; Ashman *et al.*, 2004; Knight *et al.*, 2005; Aizen and Harder,
5 2007). Pollen limitation can be influenced by several ecological factors such as plant
6 size (Dudash, 1993), flowering phenology (Santrandreu and Lloret, 1999), floral
7 neighbourhood (Jakobsson *et al.*, 2009) and pollinator visits in the case of animal-
8 pollinated species (González-Varo *et al.*, 2009b).

9 In hermaphroditic plants with mixed mating strategies, sexual reproduction
10 occurs by either self-fertilization (selfing) or mating with other individuals (outcrossing;
11 see Goodwillie *et al.*, 2005). Selfing offers the opportunity to ensure reproduction in
12 environments where outcross-pollen availability is unpredictable (Knight *et al.*, 2005;
13 Morgan and Wilson, 2005); however, it entails the problem of inbreeding depression,
14 i.e. the reduction in fitness of selfed progeny relative to outcrossed progeny (Schemske
15 1983; Dudash, 1990; Holsinger, 1991; Byers and Waller, 1999). A higher frequency of
16 deleterious recessive alleles occurring in homozygosis in the selfed progeny has been
17 outlined as the cause of inbreeding depression (Dudash and Carr, 1998; Charlesworth
18 and Charlesworth, 1999; Fox *et al.*, 2008). Because of this conflict, inbreeding
19 depression plays a central role in the evolution of self-fertilization in plants, and it is
20 considered as a main selective force in the maintenance of mixed-mating systems
21 (Goodwillie *et al.*, 2005; Harder *et al.*, 2008).

22 Inbreeding depression seems to vary between populations (Goodwillie and
23 Knight, 2006), life-history stages (Husband and Schemske, 1996) and maternal families
24 (Sakai *et al.*, 1989; Holtsford, 1996; Dudash *et al.*, 1997; Mutikainen and Delph, 1998),

1 i.e. between seeds/seedlings belonging to the same mother plants. Nevertheless,
2 variation at the family-level (also called individual-level) has captured just a modest
3 attention in studies about inbreeding depression in plants (Byers and Waller, 1999).
4 Extant theoretical and empirical studies (most based on data from herbs) have suggested
5 that values of inbreeding depression at the individual-level may be as relevant as
6 population values to mating system evolution and population genetics, and have called
7 for further studies on this issue (Holtsford, 1996; Mutikainen and Delph, 1998;
8 Fishman, 2001; Picó *et al.*, 2004; Oakley and Winn, 2008; Waller *et al.*, 2008).
9 Differences among plants in their genetic load (i.e. number of deleterious alleles) would
10 explain among-individual variation in inbreeding depression (Dudash *et al.*, 1997;
11 Fishman, 2001; Picó *et al.*, 2004). Moreover, possible variation in inbreeding
12 depression among plants (genotype-dependent) is expected to be linked with individual
13 differences in pollen limitation because those individuals showing high levels of
14 inbreeding depression for seed production should be more prone to pollen limitation in
15 terms of quality; i.e. they will require more outcross pollen for setting a given number
16 of fruits or seeds (see Aizen and Harder, 2007; Harder and Aizen, 2010). However,
17 there is a lack of studies testing explicitly for associations between pollen limitation and
18 inbreeding depression at the individual plant level, which is the most relevant level from
19 an evolutionary perspective.

20 Inbreeding depression is also of major concern in conservation biology since
21 small populations are becoming increasingly common due to the pervasive effects of the
22 loss and fragmentation of natural habitats (Ellstrand and Elam, 1993; Dudash and
23 Fenster, 2000, Ouborg *et al.*, 2006). The among-individual variability in inbreeding
24 depression could safeguard population persistence from such threats if some individuals

1 are able to cope with inbreeding depression (Picó *et al.*, 2004). Thus, evaluating the
2 extent of the among-individual variation in inbreeding depression across different life
3 stages is also an essential tool for understanding the demographic and genetic factors
4 that may threaten the persistence of small populations (see Ouborg *et al.*, 2006).

5 In this paper we evaluate the extent of the among-individual variation in pollen
6 limitation and inbreeding depression, the consistency of individual inbreeding
7 depression across life stages, and the relationships between pollen limitation and
8 inbreeding depression at the individual-level in the Mediterranean shrub *Myrtus*
9 *communis* (commonly named myrtle). For this purpose, we performed controlled self-
10 and cross-pollinations and conducted a greenhouse experiment with the seeds produced.
11 Myrtle is insect-pollinated and self-compatible, although the number of seeds per fruit
12 strongly depends upon outcross pollen (González-Varo *et al.*, 2009b). Mating system
13 analyses using allozyme markers have revealed a mixed-mating system across
14 populations (González-Varo *et al.*, 2010), showing that seed crops in myrtle are
15 generated by a mixture of self- and cross-fertilization events (mean outcrossing rate [t_m]
16 = 41% in five populations; González-Varo *et al.*, 2010).

17 We expect to find consistency in inbreeding depression effects at the individual-
18 level across life stages if the deleterious alleles responsible for inbreeding depression
19 are roughly the same. Moreover, if seed production is strongly pollen limited in terms of
20 quality (i.e. outcross-pollen limited), then we expect that the level of pollen limitation of
21 individual plants should be related to their susceptibility to inbreeding depression for
22 seed production.

23

24

MATERIALS AND METHODS

1 *The plant species*

2 The Mediterranean myrtle (*Myrtus communis*) is a common sclerophyllous shrub and
3 the sole representative of the Myrtaceae in the Mediterranean Basin. It grows up to 4 m
4 in height, and occurs as main component of late successional woodlands in fertile soils
5 and warm habitats. It blooms massively during July in the study area. Myrtle flowers
6 are hermaphrodite, with a white open dish corolla up to 3 cm in diameter and a life span
7 of 1–3 days, they have one style, many stamens (>50) and contain ca. 70 ovules
8 (González-Varo *et al.*, 2009b). A single individual can produce over 30,000 flowers
9 although only ~15% are open simultaneously (Sofia Nora, unpubl. data). Insects, mostly
10 hymenopterans and dipterans, visit myrtle flowers in search of pollen (González-Varo *et*
11 *al.*, 2009b). The fruits are dark blue berries 7.9 ± 0.6 mm (mean \pm SD) in diameter when
12 ripen in November, that contain 7.7 ± 3.8 seeds weighing 6.6 ± 2.1 mg each in the study
13 population ($n_{\text{plants}} = 12$, $n_{\text{fruits}} = 233$, $n_{\text{seeds}} = 223$). Endozoochorous seed dispersal is
14 carried out by frugivorous passerine birds and carnivorous mammals (Traveset *et al.*,
15 2001; González-Varo, 2010).

16

17 *Study population*

18 We studied a myrtle population located in Binifaldó (39°50' N, 2°54' E, Mallorca,
19 Balearic Islands), at 530 m a.s.l. in the Sierra de la Tramuntana. The climate of the
20 region is Mediterranean, with a mean annual temperature of 17 °C and rainfall (1000–
21 1200 mm) concentrated between autumn and spring. The landscape is mostly covered
22 by mixed forest of Aleppo pines (*Pinus halepensis*) and helm oaks (*Quercus ilex*) with
23 the understory dominated by the shrubs of *Erica multiflora* and *Myrtus communis*. The
24 myrtle population is large (> 1,000 individuals) and shrubs grow densely in the moistest

1 soils. In this site, the main myrtle pollinator is the honeybee (*Apis mellifera*), accounting
2 for 56% of insect visits, while dipterans (32% of visits) and other bee species (12% of
3 visits; mainly the bumblebee *Bombus terrestris*) account for the remaining (42 censuses,
4 each of 5-min observation period; J.P. González-Varo and A. Traveset, unpubl. data).

5

6 *Controlled pollinations*

7 We conducted controlled hand-pollinations in July 2008 over 10 flowering individuals
8 of similar size (ca. 2 m height) and flower crop. On each plant, we applied three
9 pollination treatments: (1) ‘Self-pollination’: flowers were bagged and hand pollinated
10 with pollen from other flowers of the same plant; (2) ‘Cross-pollination’: open flowers
11 were hand pollinated with outcross pollen (without bagging); and (3) ‘Control’: flowers
12 were left to be naturally pollinated by insects. Each treatment was replicated on 20–22
13 flowers per plant, over 2–4 branches per treatment. Branches were covered with gauze
14 bags (20 × 40 cm, < 0.1 mm mesh light) for the bagging treatment (Self-pollination).
15 Flowers were pollinated by gently touching the stigma with anthers from other flowers
16 of the same plant or from two distant (≥ 20 m) myrtles in the population, depending on
17 the treatment (Self-pollination and Cross-pollination, respectively). Bags were removed
18 one week after hand pollinations when stigmas were dry. The flowers used for Cross-
19 pollination were recently opened (identified by the light colour of the anthers) and hand
20 pollinated in the morning. Flowers used as Controls were floral buds chosen the day
21 before opening, aiming to avoid flower alteration, e.g., fallen petals, when marking
22 them with plastic rings. Overall, 622 flowers were marked (207–208 flowers per
23 treatment) with plastic rings in the flower pedicel and regularly monitored until fruit
24 production.

1

2 *Fruit and seed production*

3 In September 2008, all developed unripe marked fruits were noted to obtain the fruit set
4 for each plant and treatment. In early November, ripe fruits were collected and dissected
5 in the laboratory, and the number of seeds per fruit was counted. At this date, fruit loss
6 due to fruit consumption by frugivores was negligible (2.4% of marked fruits). Once
7 dissected, we weighed all the seeds of each marked fruit ($n = 1\text{--}23$ seeds per fruit) to the
8 nearest 0.1 mg. Overall, 540 marked fruits were noted, 527 of which were collected and
9 dissected, and 3,528 seeds were weighed (mean individual seed mass within each fruit
10 was calculated for data analyses).

11

12 *Progeny performance*

13 Progeny performance, measured as seed germination and seedling growth, was
14 evaluated in a greenhouse experiment by sowing seeds from controlled pollinations. In
15 total, we sowed 300 seeds: 10 individuals \times 3 pollination treatments \times 10 seeds per
16 treatment and individual. We used only one (randomly selected) seed per fruit ($n_{\text{fruits}} =$
17 300). In late November 2008, seeds were individually and randomly planted in trays of
18 60 pots (5×5 cm). Each pot was filled with horticultural mixture in which the seeds
19 were planted at a depth of ~ 0.5 cm. Trays were watered twice a week to ensure
20 permanent humidity, and their position in the greenhouse was randomized fortnightly.
21 Seed germination and survival were monitored every 3–5 days until the day 102, when
22 monitoring started to be weekly until the end of the experiment in June 2009 (day 231
23 after sowing). We considered that seed germination had taken place when cotyledons
24 were fully emerged. At the end of the experiment, all seedlings (except 30 that were left

1 alive) were harvested and dried at 60°C during 72 h to obtain seedling dry biomass. We
2 calculated a biomass ‘growth rate’ (g day^{-1}) for each seedling by dividing its dry
3 biomass by its growth time ($t_{\text{growth}} = t_{\text{total}} - t_{\text{emergence}}$; being t_{total} the total number of days
4 of the experiment and $t_{\text{emergence}}$ the number of days until seedling emergence). Although
5 absolute seedling biomass and biomass growth rate were highly correlated ($r^2 = 0.97$, p
6 < 0.0001), we used the latter to control for the among-seedling differences in emergence
7 date.

8

9 *Data analyses*

10 *Variation in fruit/seed production and progeny performance.* The effects of pollination
11 treatment (T), individual (I) and their interaction ($T \times I$) on seed production (fruit set,
12 seed number per fruit and seed mass) and progeny performance measurements
13 (germination rate and biomass growth rate) were tested with Generalized Linear Models
14 (hereafter, GLMs; GLZ procedures of STATISTICA 6.0, StatSoft, 2005). Because
15 seedling mortality was very low (4.5%, $n = 176$ germinated seedlings) and only
16 occurred in five out of the ten families studied, we excluded the life stage ‘seedling
17 survival’ from these analyses and also from the subsequent inbreeding depression
18 analyses. Binomial distribution and logit-link function were used for modelling fruit set
19 and germination rate, Poisson distribution and log-link function for seed number per
20 fruit, and normal distribution and identity-link function for seed mass and biomass
21 growth rate. To control for the effect of seed size on progeny performance, we included
22 seed mass in the models of germination rate and seedling growth rate as a continuous
23 covariate. The importance of the pollination treatment and individual plant on seed
24 production and progeny performance was evaluated using the deviance quotients

1 (percentage of relative variance) provided by GLMs (e.g. García *et al.*, 2005). All
2 sample sizes are given in Table S1 (Supplementary material).
3
4 *Pollen limitation.* For each individual plant, fruit set and mean number of seeds per fruit
5 obtained in Control and Cross-pollination treatments were used to calculate a pollen
6 limitation index (PL) expressed as: $PL = 1 - C/X$, where C and X represent the fruit set
7 or seeds per fruit of treatments Control and Cross-pollination, respectively (following
8 Tamura and Kudo, 2000). This standard index has a straightforward biological
9 interpretation (e.g., Lázaro and Traveset, 2006; González-Varo *et al.*, 2009b), ranging
10 from zero (when both treatments produce the same fruit set and/or seeds per fruit, i.e. no
11 pollen limitation) to one (when natural pollination does not produce seeds and hand-
12 pollination does it, i.e. maximum pollen limitation); a negative value means that
13 naturally pollinated flowers received more and/or better pollen than hand-pollinated
14 ones. We calculated the pollen limitation of the population by averaging the individual
15 PL values. At the individual level, a PL value was considered significant if fruit set
16 and/or seed number per fruit differed significantly among C and X treatments at $p <$
17 0.05 (using GLMs, t -tests or Mann-Whitney U -test, depending upon sample size and the
18 distribution of the response variable; see above). At the population level, significant
19 pollen limitation was tested by means of a t -test against zero. To estimate the
20 multiplicative pollen limitation throughout fruit set and seeds per fruit, we calculated
21 the cumulative pollen limitation index in each individual as $PL_{\text{cumulative}} = 1 - (C_{\text{fruit set}} C_{\text{seeds per fruit}}) / (X_{\text{fruit set}} X_{\text{seeds per fruit}})$ (see González-Varo *et al.*, 2009b).
22
23

1 *Inbreeding depression*. Inbreeding depression coefficient (δ) was calculated for each
2 life stage and individual mother plant as $\delta = 1 - (w_s/w_x)$, where w_s and w_x are the fitness
3 of selfed and outcrossed progeny, respectively (according to Ågren and Schemske,
4 1993). Positive δ values indicate that outcrossed progeny are more fit than the selfed
5 progeny, whereas negative δ values mean the opposite. We estimated the inbreeding
6 effects for: (1) fruit set, (2) seed number per fruit, (3) seed germination and (4) biomass
7 growth rate. For each life stage, we calculated the inbreeding depression of the
8 population by averaging individual δ values. At the individual level, a δ value for a
9 given life stage was considered significant if w_s and w_x were significantly different at p
10 < 0.05 (GLMs, t -tests or Mann-Whitney U -test). At the population level, significant δ
11 for each stage was tested by means of a t -test against zero. We finally calculated the
12 predispersal δ (across fruit set and seed number per fruit), the postdispersal δ (across
13 germination and seedling growth) and the cumulative δ (across all life stages studied) of
14 each maternal plant by multiplying fitness values (w_s and w_x) across life stages and then
15 applying the formula above (following Ågren and Schemske, 1993; see also Harder *et*
16 *al.*, 2008). Predispersal and postdispersal inbreeding depression differ biologically
17 between them in the degree of dependency on maternal resources, being complete in the
18 first and partial (indirect through seed size) in the later (Harder *et al.*, 2008).

19 We used Spearman's correlations (using individual means as replicates) to
20 examine correlation between pollen limitation and inbreeding depression values at
21 different life stages.

22

23

RESULTS

24 *Fruit and seed production*

1 Fruit set was very high across pollination treatments (85–89%) and did not differ
2 significantly between them (see Fig. 1, Table 1). However, fruit set differed among
3 individuals (68% of variance) and between pollination treatments within them ($T \times I$).
4 Seed number per fruit differed significantly between pollination treatments and
5 individuals, and there was also a significant interaction $T \times I$. This was higher for Cross-
6 pollination (mean = 7.8 seeds per fruit), intermediate for Control (mean = 6.1) and
7 lower for Self-pollination (mean = 5.5; see Fig. 1). Seed mass was also significantly
8 different between pollination treatments and individual plants, being different the effect
9 of treatments across the different individuals ($T \times I$). Conversely to seed number per
10 fruit, seed mass was higher for Self-pollination (mean = 7.1 mg), intermediate for
11 Control (mean = 6.6 mg) and lower for Cross-pollination (mean = 6.0 mg; see Fig. 1).
12 These results revealed the existence of a trade-off between seed number and average
13 seed mass within myrtle fruits (log regression: $r = -0.66$, $p < 0.001$, $n = 527$ fruits).
14 Total seed mass per fruit was, however, higher for Cross-pollination (mean = 41.8 mg)
15 than for Self-pollination and Control, which showed similar mean values (35.0 and 34.5
16 mg, respectively). Most variance in seeds per fruit and seed mass was accounted by
17 individuals (61–75%), while the interaction (16–22%) and pollination treatments (9–
18 17%) accounted for a lower variance (see Table 1).

19

20 *Progeny performance*

21 Percent germination was significantly higher for seeds from Cross-pollination (79%)
22 than for seeds from Self-pollination and Control, which showed very similar
23 percentages (52% and 45%, respectively; see Table 1, Fig. 1). Moreover, germination
24 rates differed significantly among families (i.e. seeds belonging to the same individual;

1 41% of variance), being the effect of treatments different across families ($T \times I$; 30% of
2 variance) (Table 1, Fig. 1). Seed mass had a negative, but small (5% of variance) effect
3 on germination. Pollination treatments also produced significant differences in seedling
4 growth rate (21% of variance), which was higher for Cross-pollination ($0.0129 \text{ g day}^{-1}$),
5 intermediate for Control ($0.0115 \text{ g day}^{-1}$) and lower for Self-pollination ($0.0101 \text{ g day}^{-1}$)
6 (see Fig. 1); mean \pm SE seedling dry biomass was $2.52 \pm 0.10 \text{ g}$ for Cross-pollination,
7 $2.28 \pm 0.16 \text{ g}$ for Control and $1.98 \pm 0.09 \text{ g}$ for Self-pollination seedlings. Seedling
8 growth rate also varied significantly among families (27% of the variance) and between
9 treatments across the different families ($T \times I$; 36% of the variance) (Table 1, Fig. 1). In
10 this case, seed mass showed positive effects on growth rate, although it accounted for
11 only 6% of the variance.

12 We acknowledge that we might have somewhat underestimated germination in
13 the Control treatment (see Fig. 1) because some fruits within this treatment were not
14 fully ripe when collected, but bluish green. This was probably due to a lapse of time (of
15 a few days) in fertilization date among treatments since, while self- and cross-
16 pollination flowers were hand-pollinated the same day, flowers marked as Control
17 (buds) depended on pollinator visits (1–5 days after). As expected, seedling growth was
18 clearly higher in Control treatment than in Self-pollination (Fig. 1).

19

20 *Pollen limitation*

21 Fruit set did not appear to be pollen limited, either at the population or individual level
22 (Fig 2). At the population level, mean $PL_{\text{fruit set}} = 0.01$, and values ranged from -0.21 to
23 0.15 among individuals (Fig. 2). By contrast, seed number per fruit was pollen limited
24 at both levels, with 60% of plants (6 out of 10) showing significant pollen limitation. At

1 the population level mean $PL_{\text{seeds per fruit}} = 0.19$, and values ranged from -0.42 to 0.50
2 among individuals (Fig. 2). Finally, cumulative pollen limitation was not significant at
3 the population level ($PL_{\text{cumulative}} = 0.20$) and values ranged from -0.68 to 0.57 among
4 plants (Fig. 4a).

5 Pollen limitation for fruit set ($PL_{\text{fruit set}}$) and seeds per fruit ($PL_{\text{seeds per fruit}}$) were
6 not significantly correlated (Spearman's $r_s = 0.382$, $p > 0.28$, $n = 10$). However, the
7 cumulative pollen limitation ($PL_{\text{cumulative}}$) was correlated with both $PL_{\text{fruit set}}$ ($r_s = 0.648$,
8 $p = 0.043$) and $PL_{\text{seeds per fruit}}$ ($r_s = 0.879$, $p < 0.001$), but more strongly with the latter.

9

10 *Inbreeding depression*

11 At the population level, inbreeding depression (δ) for fruit set was not significant, and
12 only one individual showed a significant $\delta_{\text{fruit set}}$ value (Fig. 3). The average across
13 individuals was $\delta_{\text{fruit set}} = 0.04$, ranging from -0.15 to 0.28 (Fig. 3). Seed number per
14 fruit, percentage of seed germination and seedling growth rate were affected by
15 inbreeding depression (δ) both at the population- and individual-level. Six out of ten
16 plants showed significant $\delta_{\text{seeds per fruit}}$ values. At the population level, mean $\delta_{\text{seeds per fruit}}$
17 $= 0.22$, ranging from -0.35 to 0.55 across individuals (Fig. 3). Three out of ten plants
18 showed significant $\delta_{\text{germination}}$ values. At the population level, mean $\delta_{\text{germination}} = 0.34$,
19 ranging from -0.14 to 0.75 across individuals (Fig. 3). Finally, three out of nine plants
20 showed significant $\delta_{\text{seedling growth}}$ values, all of them showing positive values (see Fig. 3).
21 At the population level, mean $\delta_{\text{seedling growth}} = 0.26$, and values ranged from 0.13 to 0.45
22 across individuals (Fig. 3).

23 Besides the strength of inbreeding depression effects, life stages also differed in
24 the heterogeneity of such effects across the different individuals. As shown by the

1 coefficient of variation ($CV = SD \times 100 / \text{mean}$), both seeds per fruit ($CV_{\delta} = 138\%$) and
2 germination rate ($CV_{\delta} = 99\%$) showed much more variability in inbreeding depression
3 effects across mother plants than seedling growth ($CV_{\delta} = 45\%$; see also Fig. 3). Also, it
4 is worth noting that seeds per fruit and germination showed negative inbreeding
5 depression values (yet non-significant), while all $\delta_{\text{seedling growth}}$ values were positive.

6 The magnitude of predispersal inbreeding depression ($\delta_{\text{predispersal}} = 0.20$, range =
7 -0.73 to 0.61 ; Fig. 4b) was non-significant at the population level and mean value was
8 2.4-fold lower than the highly significant mean value of postdispersal inbreeding
9 depression ($\delta_{\text{postdispersal}} = 0.47$, range = -0.02 to 0.80 ; Fig. 4c). Moreover, the effects of
10 inbreeding depression were much more heterogeneous at predispersal ($CV_{\delta} = 229\%$)
11 than at postdispersal stages ($CV_{\delta} = 61\%$; see Fig. 4b, 4c). Regarding the cumulative
12 inbreeding depression, it was highly significant at the population level ($\delta_{\text{cumulative}} =$
13 0.65), with all plants showing high positive values (range = 0.44 – 0.89 ; Fig. 4d). Thus,
14 the cumulative effects of inbreeding depression showed a relatively low variability
15 among mother plants ($CV_{\delta} = 23\%$).

16

17 *Relationships in inbreeding depression between life stages*

18 In general, inbreeding depression was not consistent among individuals and life stages,
19 as shown by the multiple non-significant correlations found (see Table 2). Interestingly,
20 there was a rather strong and negative correlation between $\delta_{\text{seeds per fruit}}$ and $\delta_{\text{seedling growth}}$
21 (Spearman's $r_s = -0.817$, $p = 0.007$), indicating that those plants that suffered a higher
22 inbreeding depression for setting seeds had a lower inbreeding depression for seedling
23 growth. These correlations also showed that $\delta_{\text{cumulative}}$ was mainly determined by $\delta_{\text{germination}}$
24 ($r_s = 0.689$, $p = 0.04$).

1

2 *Relationships between inbreeding depression and pollen limitation*

3 Cumulative pollen limitation (PL_{cumulative}) of mother plants was positively and highly
4 significantly correlated with their degree of inbreeding depression for seed production
5 ($\delta_{\text{predispersal}}$: $r_s = 0.794$, $p = 0.006$; Fig. 5). Moreover, individual pollen limitation for
6 seed number per fruit (PL_{seeds per fruit}) was near-significantly correlated with individual
7 inbreeding depression at this stage ($\delta_{\text{seeds per fruit}}$: $r_s = 0.612$, $p = 0.060$). These results
8 indicated that those plants more sensitive to inbreeding depression for setting seeds
9 exhibited higher levels of pollen limitation.

10

11

DISCUSSION

12 The finding that open pollinated myrtle flowers produced intermediate results between
13 the Self-pollination and Cross-pollination treatments across life stages indicated that
14 these flowers received a mixture of self and outcross pollen, as occurs in other
15 populations of this species (González-Varo *et al.*, 2010). Compared to selfed progeny,
16 outcross-pollination enhanced seed number per fruit, germination rate and seedling
17 growth rate. Interestingly, we detected a trade-off between seed number and seed size
18 that depended on pollination type: outcrossed flowers set more seeds per fruit than
19 selfed flowers, but the former were ~20% lighter. The significant effects of the
20 interaction between pollination treatment and individual across life stages showed that
21 mother plants responded differently to pollination treatments. Moreover, the fact that
22 61–75% of the variation in seed production measurements (i.e. fruit set, seed number
23 per fruit and seed mass) was accounted for by the mother plant suggested that maternal

1 effects are playing an important role in generating fitness differences among families in
2 response to pollination (Roach and Wulff, 1987).

3

4 *Among-individual variation in pollen limitation and inbreeding depression across life*
5 *stages*

6 While fruit set in *M. communis* is mostly limited by pollen quantity, seed number per
7 fruit is constrained by pollen quality because it strongly depends on outcross pollen
8 (González-Varo *et al.*, 2009b; this study). Our results indicated that the study population
9 and most target individuals were much more pollen limited in quality (i.e. outcross-
10 pollen limited) than in quantity (Aizen and Harder, 2007). Besides the likely differences
11 among plants in outcross pollen receipt, differences among individuals in such ‘quality-
12 pollen limitation’ seem to depend on their susceptibility to inbreeding depression for
13 setting seeds. This fact could even explain the finding of negative pollen limitation
14 values for seeds per fruit (see next sections).

15 With the exception of fruit set, all life stages studied showed significant
16 inbreeding depression values both at the population and individual level. Germination
17 rate, in particular, was critically affected by inbreeding depression, with half plants
18 showing values of $\delta_{\text{germination}} > 0.5$. The small number of plants showing significant $\delta_{\text{germination}}$
19 and $\delta_{\text{seedling growth}}$ despite their high and positive values possibly reflected the
20 smaller sample size for these life stages (seeds or seedlings per individual and
21 treatment). Seed number per fruit, germination rate and seedling growth not only varied
22 in the strength of inbreeding depression effects (δ -values) but also in the heterogeneity
23 of such effects across the different individuals. Among-individual variation in
24 inbreeding depression at different life stages could reflect differences in either the

1 number or type of deleterious mutations. Two main types of deleterious mutations are
2 usually considered responsible for inbreeding depression: (1) deleterious mutations of
3 large effect (lethal), typically found in a few loci, and (2) mildly deleterious mutations
4 in many loci across the genome (Husband & Schemske 1996; Charlesworth &
5 Charlesworth 1999; Fox *et al.*, 2008). While deleterious alleles of strong effect might be
6 responsible for the non-viability of selfed embryos and thus prevent seed production
7 (seeds per fruit) and/or germination, the additive effect of multiple mildly deleterious
8 alleles might deteriorate the development (metabolism and physiology) of selfed
9 progeny, thus lowering seedling growth (Husband and Schemske, 1996; Charlesworth
10 and Charlesworth, 1999). The fact that some individuals had such deleterious alleles of
11 large effect and others did not could explain the higher among-family variation found
12 for $\delta_{\text{seeds per fruit}}$ and $\delta_{\text{germination}}$ (Koelewijn, 1998; Fox *et al.*, 2008). This mechanism
13 could also explain the negative inbreeding depression values observed if any of the two
14 pollen donors chosen for the Cross-pollination treatment shared these lethal/harmful
15 alleles with any of the target plants (i.e. biparental inbreeding; see Dudash, 1990; Waser
16 and Price, 1994). Conversely, mildly deleterious alleles in many different loci should be
17 more homogeneously distributed across plants, as they might be more difficult to purge
18 due to their smaller effects (Charlesworth and Charlesworth, 1999; see also below the
19 effect of the trade-off seed number/size on $\delta_{\text{seedling growth}}$). Hence, this type of alleles
20 might explain the general positive $\delta_{\text{seedling growth}}$ values across plants as well as the lower
21 among-individual variability in $\delta_{\text{seedling growth}}$.

22 The cumulative inbreeding depression in myrtle was very high both at
23 population- and individual-level (mean = 0.65), with all mother plants showing positive
24 values and most of them showing values of $\delta_{\text{cumulative}} > 0.5$ (see Fig. 4b). These results

1 are striking because our study species shows high selfing rates (an average of 65% in
2 two large populations; González-Varo *et al.*, 2009a) and theoretical models predict that
3 when inbreeding depression values are larger than 0.5, selection favours complete
4 outcrossing (see Lande and Schemske, 1985; Husband and Schemske, 1996; but see
5 Goodwillie *et al.*, 2005; Morgan and Wilson, 2005). Likewise, when considering only
6 postdispersal stages ($\delta_{\text{postdispersal}}$), inbreeding depression was ~ 0.5 , and a recent model
7 developed by Harder *et al.* (2008) predicts that selection favours for complete
8 outcrossing when $\delta_{\text{postdispersal}} \geq 0.5$. Since it is difficult to detect strong inbreeding
9 depression effects under non-stressful conditions, such as those in the greenhouse, we
10 would expect stronger inbreeding depression effects under field conditions (Dudash,
11 1990; Ramsey and Vaughton, 1998; Koelewijn, 1998; Hayes *et al.*, 2005), where
12 selection for higher outcrossing rates should be even stronger. Finally, the distribution
13 of cumulative inbreeding depression among individuals contrasts with other studies
14 reporting either positive or negative cumulative values (e.g. Mutikainen and Delph,
15 1998; Picó *et al.*, 2004), suggesting that selection will tend to favour outcrossed
16 progenies across life stages.

17

18 *Correlation between inbreeding depression values: the effect of the trade-off seed*
19 *number/seed size*

20 We found a general lack of consistency among individuals in inbreeding depression
21 across life stages. The single exception was the negative correlation between $\delta_{\text{seeds per fruit}}$
22 and $\delta_{\text{seedling growth}}$. However, it is worth mentioning that this relationship was an indirect
23 effect because $\delta_{\text{seedling growth}}$ was highly negatively correlated with the difference in seed
24 mass (seed number-dependent) between selfed (heavier) and outcrossed (lighter) seeds:

1 the higher the difference, the lower the $\delta_{\text{seedling growth}}$ (Spearman's $r_s = -0.90, p < 0.001$;
2 see Fig. S1 in Supplementary material). Thus, by compensating selfed seeds with a
3 larger size, the trade-off between seed number and seed size seems to counteract a
4 component of predispersal inbreeding depression ($\delta_{\text{seeds per fruit}}$) at a postdispersal stage
5 ($\delta_{\text{seedling growth}}$). These results disagree with the theoretical model developed by Sakai and
6 Ishii (1999), which predicted an opposite trade-off between seed number and seed size,
7 i.e. few large outcrossed seeds vs. many small selfed seeds.

8 We found that cumulative inbreeding depression ($\delta_{\text{cumulative}}$) was mainly
9 determined by $\delta_{\text{germination}}$, the life stage with the highest δ values. Hence, germination
10 resulted to be the most critical stage in terms of susceptibility to inbreeding depression.
11 This finding is consistent with the results of a recent study reporting that percent
12 germination was the life stage most correlated to the outcrossing rates in fragmented *M.*
13 *communis* populations (53% and 73% in the most selfed and outcrossed populations,
14 respectively; González-Varo *et al.*, 2010).

15

16 *Linking pollen limitation to inbreeding depression*

17 To our knowledge, this is the first study explicitly testing for correlations between
18 pollen limitation and inbreeding depression at the individual plant level. As expected,
19 we found that pollen limitation ($PL_{\text{cumulative}}$) of individual plants was positively
20 associated with their susceptibility to inbreeding depression ($\delta_{\text{predispersal}}$ or $\delta_{\text{seeds per fruit}}$).

21 We acknowledge that ten mother plants seem to be a modest sample size to achieve
22 robust conclusions. However, and in spite of a lower statistical power, results show a
23 clear and significant relationship between the magnitude of pollen limitation of
24 individual plants and their genetic load (inbreeding depression; see Fig. 5). Pollen

1 limitation is a phenomenon that depends on several ecological factors, either intrinsic or
2 extrinsic to the plants (Ashman *et al.*, 2004; Knight *et al.*, 2005). Our results show that
3 pollen limitation may be ‘genotype-dependent’ regardless of other intrinsic individual
4 plant characteristics such as plant size (Dudash, 1993), flower size (Totland *et al.*, 1998)
5 or flowering phenology (Santrandreu and Lloret, 1999), which may depend on age or
6 resources (see Campbell and Halama, 1993). Although our study focuses on a self-
7 compatible species, it is not difficult to guess that biparental inbreeding could contribute
8 in a same way (i.e. qualitatively) to pollen limitation in self-incompatible species
9 (Dudash, 1990; Waser and Price, 1994).

10

11 *Concluding remarks*

12 Our study shows that the effects of inbreeding depression in *M. communis* vary
13 considerably across life stages and individuals, some life stages showing a greater
14 among-individual variation in inbreeding depression (seed number per fruit and
15 germination) than others (seedling growth). Although cumulative inbreeding depression
16 was high across plants, we found a general inconsistency in inbreeding depression
17 across life stages, suggesting that different deleterious loci are acting at the different
18 stages. Interestingly, a trade-off seed number/size in *M. communis* was found to buffer
19 the effects of inbreeding depression on emerged seedlings ($\delta_{\text{seedling growth}}$) in those plants
20 in which selfed seeds are much larger than outcrossed ones (i.e. with high $\delta_{\text{seeds per fruit}}$).
21 Finally, our study also shows that variation in pollen limitation among plants may be
22 partly explained by differences among plants in inbreeding depression (genetic load).
23 Hence, maternal plants suffering from strong inbreeding depression for seed production

1 were more pollen limited but less affected by inbreeding depression at postdispersal
2 stages ($\delta_{\text{seedling growth}}$).

3 From an ecological and evolutionary viewpoint, our study empirically
4 contributes to the understanding of what factors and mechanisms maintain high selfing
5 rates given that selfed offspring should be so infrequently recruited into the adult
6 population. Spatiotemporal variation in selective pressures imposed by either abiotic
7 conditions (e.g. rainfall) or biotic interactions (e.g. herbivory) may differentially filter
8 the selfed progenies of different individuals depending on the life stage mostly affected
9 by a given selective pressure.

10

11 SUPPLEMENTARY MATERIAL

12 Supplementary material consists of the following table and figure: Table S1: sample
13 sizes (n) for the different life stages studied (per pollination treatment and individual
14 mother plant). Fig. S1: Relationship between the magnitude of inbreeding depression
15 (δ) for seedling growth and the difference in mean seed mass among selfed and
16 outcrossed seeds in the mother plants studied.

17

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5

6

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TABLE 1. Results of generalized linear models (GLMs) testing for the effects of pollination treatment, individual plant and their interaction ($T \times I$) on seed production and progeny performance measurements. Seed mass was included as covariate in models of progeny performance measurements. In each Chi-square, subscripts denote degrees of freedom. The percentage of relative variance (RV) derived from GLMs is also shown. n = flowers, fruits, seeds or seedlings.

LIFE STAGE	n	Treatment			Individual plant			$T \times I$			Seed mass		
		χ^2_2	p	RV	χ^2_9	p	RV	χ^2_{15-18}	p	RV	χ^2_1	p	RV
<i>Seed production</i>													
Fruit set	622	1.8	ns	1.7	73.9	***	68.1	32.8	**	30.2	–	–	–
Seeds per fruit	527	84.2	***	16.9	307.1	***	61.4	108.7	***	21.7	–	–	–
Seed mass†	527	45.9	***	8.5	406.5	***	75.2	88.2	***	16.3	–	–	–
<i>Progeny performance</i>													
Germination	300	33.7	***	31.9	35.5	***	33.6	31.4	*	29.7	5.0	*	4.8
Growth rate	134	21.2	***	31.2	18.5	*	27.2	24.2	*	35.6	4.1	*	6.0

* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; ns, no significant effects.

† Mean individual seed mass of each fruit was calculated for data analyses (total = 3,528 seeds weighed).

TABLE 2. Spearman's correlation coefficients between inbreeding depression (δ) values at different life stages in *Myrtus communis* families, and also between the values at each stage and the cumulative inbreeding depression across all the stages. For clarity, significant correlation coefficients are in bold.

LIFE STAGE	n families	Fruit Set	Seeds per fruit	Percentage germination	Biomass growth rate
Fruit set	10	-			
Seeds per fruit	10	0.345 ^{ns}	-		
Percentage germination	10	-0.476 ^{ns}	-0.146 ^{ns}	-	
Biomass growth rate	9	-0.467 ^{ns}	-0.817 ^{**}	0.227 ^{ns}	-
CUMULATIVE	9	-0.200 ^{ns}	0.500 ^{ns}	0.689 [*]	-0.267 ^{ns}

*, $p < 0.05$; **, $p < 0.01$; ns, no significant correlation.

FIG. 1. Mean fruit set, number of seeds per fruit, seed mass, percentage of seed germination and seedling growth rate in the different pollination treatments both at the population level and for each individual plant (family). Vertical bars denote standard errors.

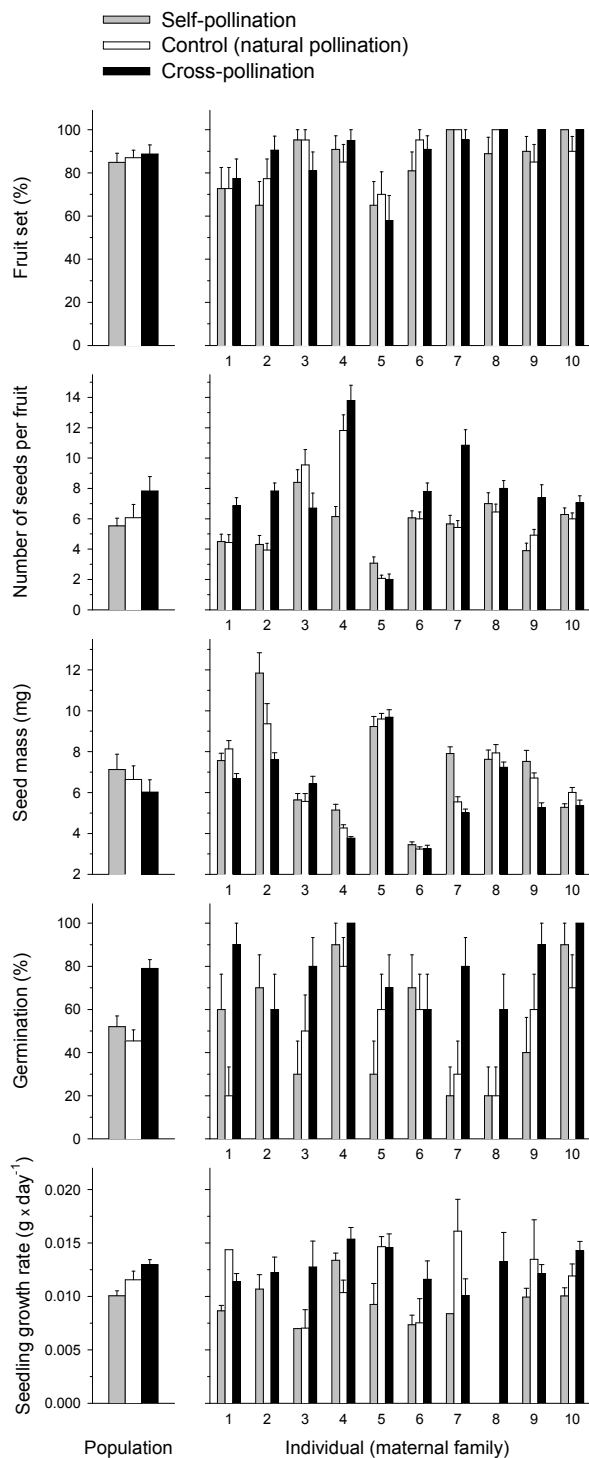


FIG. 2. Pollen limitation (PL) values for fruit set and seed number per fruit at the population level (mean \pm 95% CI) and for each individual studied. Positive values indicate that hand-pollinated (i.e. ‘Cross-pollination’) flowers produced more fruits/seeds than those naturally pollinated (i.e. ‘Control’), whereas negative values indicate the opposite. At the population level, p -values testing significant differences from zero (t -tests) are shown. At the individual level, black bars indicate that ‘Control’ and ‘Cross-pollination’ treatments significantly differed from one another ($p < 0.05$).

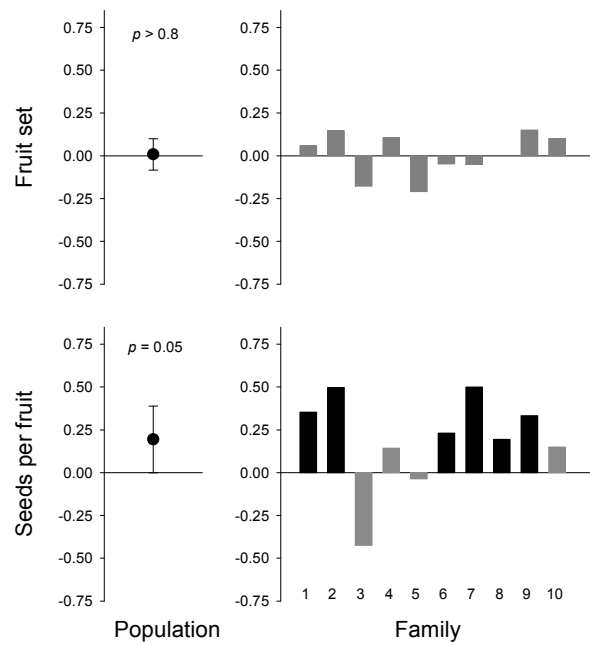


FIG. 3. Inbreeding depression coefficients (δ) for different life stages at the population level (mean \pm 95% CI) and for each individual studied. Positive values indicate that outcrossed progeny outperformed selfed progeny whereas negative values indicate the opposite. At the population level, p -values testing significant differences from zero (t -tests) are shown. At the individual level, black bars indicate that selfed and outcrossed progeny significantly differed from one another ($p < 0.05$). na: data not available due to the lack of selfed seedlings.

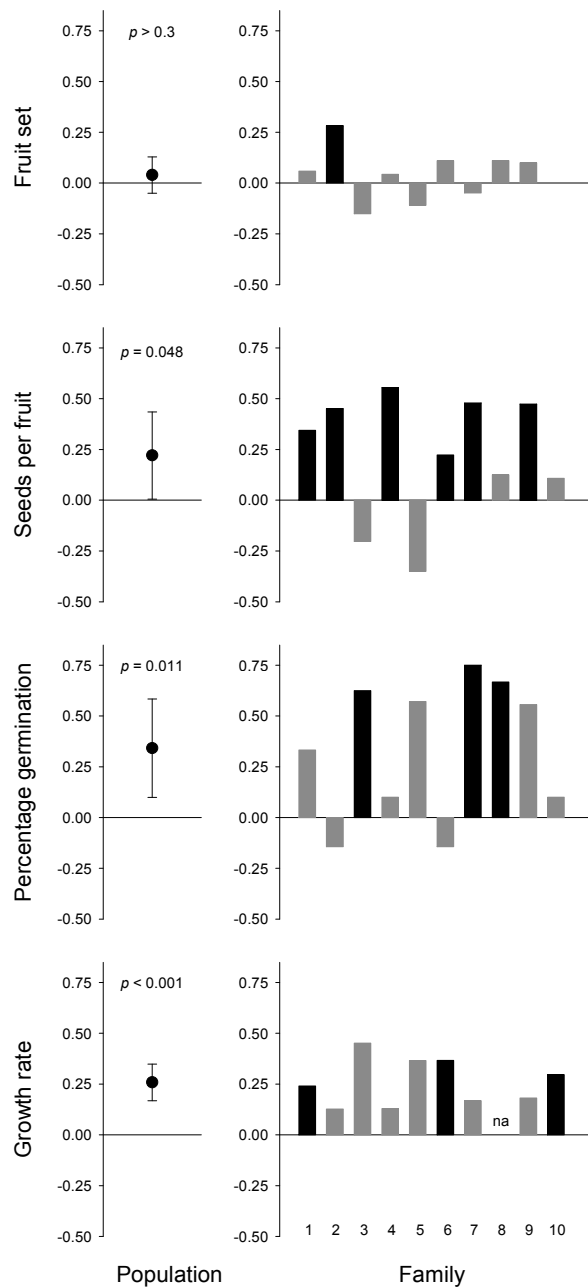


FIG. 4. Population (mean \pm 95% CI) and family values for (a) cumulative pollen limitation (cumulative PL across fruit set and seed number per fruit); (b) predispersal inbreeding depression (cumulative δ across fruit set and seed number per fruit); (c) postdispersal inbreeding depression (cumulative δ across germination and seedling growth); and (d) cumulative inbreeding depression (cumulative δ all life stages studied; see text for details). At the population level, p -values testing significant differences from zero (t -tests) are shown. na: data not available due to the lack of selfed seedlings.

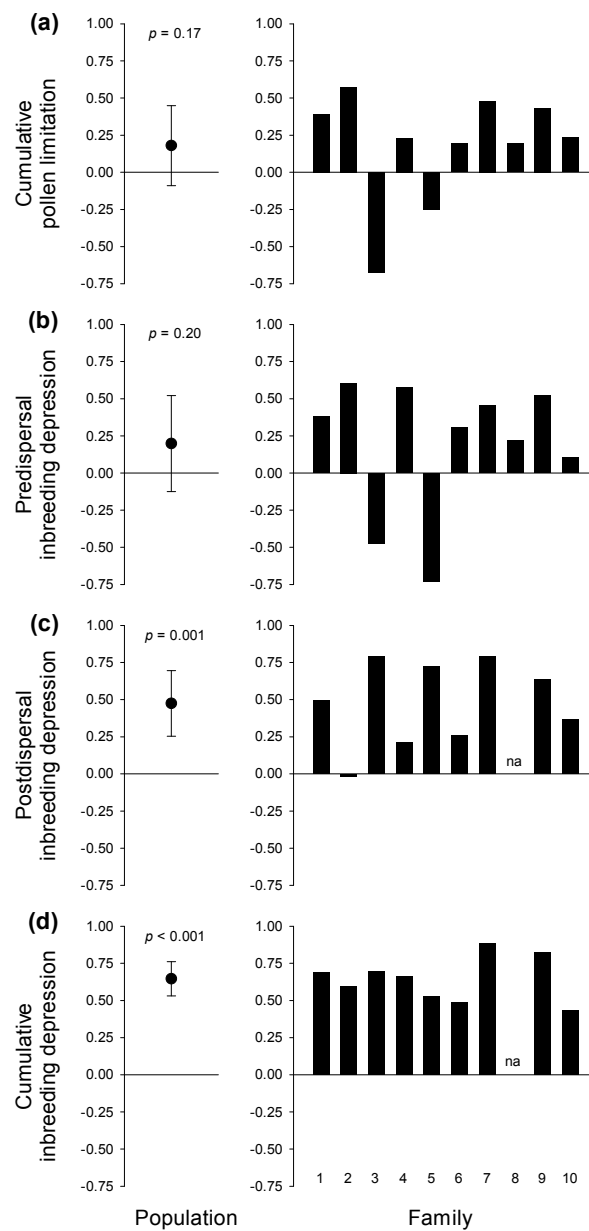


FIG. 5. Relationship between the magnitude of inbreeding depression coefficient for seed production ($\delta_{\text{predispersal}}$) and the cumulative pollen limitation index ($PL_{\text{cumulative}}$) in the ten *Myrtus communis* mother plants studied. Both parameters were calculated as the product between values (δ and PL , respectively) of fruit set and seed number per fruit.

