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**Polybromodiphenyl ethers in mothers and their newborns
from a non-occupationally exposed population (Valencia,
Spain)**

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33 **Abstract**

34

35 Polybromodiphenyl ethers (PBDEs) were analyzed in blood serum of pregnant
36 women and in cord blood serum of their newborns from a general population cohort (n
37 = 174; Valencia, Spain). The most abundant PBDE congeners identified were BDE 47,
38 BDE 99, BDE 153, BDE 154 and BDE 209. Their cord blood serum concentrations
39 were about 45% of those in maternal serum but after lipid normalization median of total
40 PBDEs was 9.6 ng/g lipid in cord serum (concentrations encompassing between not
41 detected and 140 ng/g lipid) and 9.6 ng/ lipid in maternal serum (concentrations covering
42 between not detected and 120 ng/g lipid). The distributions of these compounds were
43 dominated by BDE 47 in both cases. In cord blood serum the decreasing order of
44 abundance was BDE 47 > BDE 99 > BDE 209 > BDE 153 > BDE 154. The congener
45 composition in maternal serum followed a similar trend: BDE 47 > BDE 153 > BDE
46 154 > BDE 209 > BDE 99. The congener concentrations exhibited a higher degree of
47 correlation in cord blood than in maternal serum. Use of the maternal determinants for
48 categorization of the observed maternal and fetal PBDE concentrations only showed
49 significant associations for the levels in umbilical cord. Neonates from rural areas
50 exhibited statistically significantly lower concentrations than those from urban, semi-
51 urban or metropolitan sites. Maternal serum also showed this difference but the higher
52 dispersion of the concentrations in maternal serum did not afford its recognition with
53 statistical significance. The lower qualitative and quantitative variability in the PBDE
54 concentrations of cord blood serum than maternal serum suggest that the latter is
55 reflecting PBDE contributions from a wider diversity of sources than the former
56 whereas cord blood sera seems to represent the long term standing stock of these
57 compounds accumulated in the maternal tissues.

58 **1. Introduction**

59

60 Polybromodiphenyl ethers (PBDEs) are a group of brominated flame retardants
61 (BFRs) commonly used to reduce flammability of polymers and plastics. They have
62 been added to many types of commercial and household products. PBDEs have similar
63 properties to organochlorine compounds. They are persistent, highly lipophilic,
64 accumulate in organisms and biomagnify through the food chain. Accordingly, they
65 have become ubiquitous in the environment and in human population (Hites 2004).

66 Three technical PBDE mixtures have been produced commercially. They are
67 known by their average bromine composition. Penta-BDE, mainly pentabromodiphenyl
68 congeners, was mainly used in flexible polyurethane foam for soft furnishing. Octa-
69 BDE, mainly octabromodiphenyl congeners, was used in acrylonitrile butadiene styrene
70 resins. Deca-BDE, mainly decabromodiphenyl ether, is used in a variety of polymeric
71 materials (Alaee et al., 2003). Due to health concerns and their widespread occurrence in
72 environmental and human samples, the pentaBDE and octaBDE technical mixtures
73 were banned by the European Union (EU) in 2004 and their production ceased in
74 North America. Recently, the Stockholm Convention on Persistent Organic Pollutants
75 (SCPOPs) decided to include the following mixtures in their list: tetraBDE (defined as
76 BDE 47), pentaBDE (defined as BDE 99), hexaBDE (defined as BDE 153 and BDE
77 154) and heptaBDE (defined as BDE 175 and BDE 183) (SCPOPS,2010). Production
78 and use of decaBDE has continued although its use was restricted in Europe last year
79 (EBFRIP, 2009).

80 Human exposure to these compounds is of concern due to their widespread
81 occurrence and potential toxicity. PBDEs have been described to interfere on natural
82 hormone activity causing neurotoxicological and negative reproductive effects
83 (Eriksson et al., 2006; Legler, 2008). These toxic effects are potentially more harmful
84 during brain development in the prenatal period than in the adult life. Endocrine
85 disruption can lead to serious deficits in neuropsychological functions in infants (Weiss,
86 2000). Recent studies have shown neurodevelopment deficits related to background
87 prenatal BDE levels (Herbstman et al., 2010; Roze et al., 2009). Moreover, other
88 negative effects such as cryptorchidism in newborn boys (Main et al., 2007) and lower
89 birth weight and length (Chao et al., 2008) have been associated to exposure to low
90 PBDE doses.

91 The studies on PBDE concentrations in human tissues have been reviewed
92 recently (Frederiksen et al., 2009a). Some of them concern both mothers and newborns
93 (Antignac et al., 2009; Bi et al., 2006; Gomara et al., 2007; Kawashiro et al., 2008;
94 Mazdai et al., 2003; Meironyte Guvenius et al., 2003). However, in some cases the
95 number of subjects studied was small and many of them were focused on the lower
96 brominated BDE congeners. Data of BDE 209 in prenatal exposure is scarce, probably
97 due to analytical difficulties (Stapleton, 2006). In addition, these previous studies have
98 shown dissimilar conclusions. In some cases, the same PBDE concentrations were
99 found in mother and infant sera (Mazdai et al., 2003) and in others these concentrations
100 were significantly different (Bi et al., 2006; Gomara et al., 2007; Meironyte Guvenius et
101 al., 2003). Exposure to PBDEs is attributed to a combination of diet and indoor
102 environment (Wilford et al., 2005). However, more information is needed on the
103 influence of maternal determinants on PBDE accumulation.

104 Accordingly, the present study is addressed to investigate the occurrence of
105 PBDEs, including low and high brominated congeners, in maternal and umbilical cord
106 serum. The transfer of these compounds between mother and fetus is evaluated. The
107 influence of demographic determinants such as maternal age, previous lactation, pre-
108 pregnant body mass index (BMI), residence site, education level and others on PBDE
109 concentrations have also been considered.

110

111 **2. Material and Methods**

112

113 *2.1. Population and study design*

114

115 The study sample was drawn from a cohort established in Valencia as part of the
116 INMA (Environment and Childhood) study, a Spanish multicenter mother-child cohort
117 study that analyzes the influence of prenatal environmental exposures on growth,
118 development and health from early fetal life until childhood. The study design is
119 reported elsewhere (Ribas-Fito et al., 2006). The inclusion criteria for mothers in the
120 cohort were: at least 16 years old, singleton pregnancy, no assisted conception, no
121 chronic hypertension, delivery foreseen at the reference hospital and no communication
122 handicap. In addition, mothers receiving TH supplements or anti-TH drugs were
123 excluded. The study protocol was approved by the Ethics Committee of the reference

124 hospital and informed consent was obtained for every participant. 855 women were
125 enrolled in the study during 2003-2005. Maternal blood samples (n=806) were collected
126 during the first trimester of gestation (median= 12 weeks; range= 10-13 wks). Women
127 who withdrew, were lost to follow-up, had induced or spontaneous abortions and fetal
128 deaths were excluded. A total sample of 787 women was followed until delivery
129 between May 2004 and February 2006. 527 cord blood samples were successfully
130 collected. For logistical reasons and due to budget limitations, we present data on the
131 first consecutive 174 maternal and cord serum samples. No differences in maternal BDE
132 concentrations are expected during pregnancy (Meijer et al., 2008).

133

134 2.2. PBDEs analysis

135

136 The laboratory analytical methods and quality control procedures have been
137 described elsewhere (Vizcaino et al., 2009). A total of 14 PBDE congeners were
138 analyzed: BDE 17 and BDE 28 (tribromo), BDE 47, BDE 66 and BDE 71 (tetrabromo),
139 BDE 85, BDE 99 and BDE100 (pentabromo), BDE 153, BDE 154 and BDE 138
140 (hexabromo), BDE 183 and BDE 190 (heptabromo) and BDE 209 (decabromo).

141 Briefly, 1 ml of serum was spiked with the surrogate standard of
142 decachlorobiphenyl (PCB 209) and vortex stirred for 30 s at 2,000 rpm. n-Hexane (3
143 ml) was added, followed by concentrated sulfuric acid (2 ml). After reaction, the
144 mixture was stirred for 30 s and the supernatant n-hexane phase was separated by
145 centrifugation. The remaining sulfuric acid solution was re-extracted two times with 2
146 ml of n-hexane (each by 30 s stirring and centrifugation). The combined n-hexane
147 extracts (7 ml) were additionally cleaned with sulfuric acid (2 ml, stirring 30 s). Then,
148 the n-hexane phase was separated by centrifugation and reduced to a small volume
149 under a gentle nitrogen stream. The extract was transferred to gas chromatography (GC)
150 vials using four 25 µl rinses of isooctane. BDE 118 (20 µl) and [¹³C]-BDE 209 (10 µl)
151 were added as internal standards before injection.

152 PBDEs were analyzed using an Agilent 6890N GC coupled to a 5975 mass
153 spectrometer (Agilent Technologies, Palo Alto, CA, USA) operating in negative
154 chemical ionization mode (NICI). The instrument was equipped with a low bleed SGE-
155 BPX5 MS fused silica capillary column (15 m long, 0.25 mm internal diameter and 0.10
156 µm film thickness). Sample batches encompassed 9, 15 or 19 samples, depending on

157 laboratory material availability. One procedural blank was included in each sample
158 batch. PBDE levels in blanks were negligible with exception of BDE 47, BDE 99 and
159 BDE 209. In this case, blank levels were extracted from the corresponding sample
160 batch. On average, they accounted for 2.6%, 10% and 11% of BDE 47, BDE 99 and
161 BDE 209 of median concentrations. BDE compounds in the samples were considered as
162 “non detected” if the corresponding blank in the batch was equal or higher than 30% of
163 the compound measurements. Method detection limits (MDLs) were calculated as three
164 times the standard deviation of the procedural blank levels. Instrumental detection limits
165 were used for the congeners not detected in the procedural blanks. They were calculated
166 by injection of standard solutions as three times the value of the signal-to-noise ratio
167 (S/N). Detection limits ranged between 0.0006 and 0.006 ng/mL depending on the
168 PBDE congener. PBDEs identification was based on retention time and mass spectral
169 information. Quantification was performed by reference to linear calibration lines and
170 correction by the surrogate and injection standards (Vizcaino et al., 2009). Percent
171 recoveries of PCB 209 ranged between 41% and 101% (mean \pm standard deviation = 64
172 \pm 9.5). Final validation was made by analysis of reference material obtained from the
173 Arctic Monitoring and Assessment Program (AMAP). We participate regularly in the
174 AMAP Ring Test Proficiency Program for POPs in human serum (Centre de
175 Toxicologie Institut National de Santé Publique du Québec, Québec, Canada) and the
176 laboratory results usually were within 20% of the consensus values, including BDE 209
177 concentrations.

178

179 *2.3. Lipid determination*

180

181 Total cholesterol and triglycerides were determined using colorimetric
182 enzymatic methods in the General Biochemistry Laboratory of Hospital La Fe. Total
183 serum lipid concentrations were calculated as described by Phillips et al. (1989).

184

185 *2.4. Demographic variables*

186

187 Information on residence (urban, metropolitan, semiurban, rural), country of birth
188 (Spain, other countries), education (up to primary school, high school, university),
189 maternal age (<25, 25-29, 30-34, \geq 35 years), pre-pregnancy BMI (underweight, normal,

190 overweight, obese) and previous lactation (<6, >6 months) were obtained from a
191 questionnaire administered at 10-13 weeks of gestation. Maternal blood samples were
192 collected at this time.

193

194 2.5. Data analysis

195

196 Descriptive statistics were calculated for concentrations of PBDE compounds in
197 maternal and umbilical cord serum. PBDE levels were expressed in pg/mL or were
198 lipid-adjusted (ng/g), dividing serum residue levels by total serum lipid concentrations
199 for comparison with the literature but statistical calculations were performed on fresh
200 weight PBDE concentrations (pg/mL). Values of half detection limits were introduced
201 in the database when measurable quantities of the analytes were not detected. Only
202 congeners found above quantification level in more than 30% of the samples analyzed
203 were considered. PBDE concentrations were not normally distributed, they were right-
204 skewed even after log-transformation. They did not show normal distribution so
205 eventually we did not use any transformation. Normal distribution was examined
206 according to the Kolmogorov-Smirnov method. Spearman correlations were used to
207 examine associations between maternal and cord serum levels. Kruskal-Wallis and
208 Mann-Whitney U tests were used to evaluate associations between PBDE levels and
209 sociodemographic variables. Statistical significance was fixed at $p < 0.05$ (two sided).
210 Statistical analysis was done with the Statistical Package for Social Sciences version
211 15.0 (SPSS Inc., Chicago, IL, USA).

212

213 3. Results and Discussion

214

215 3.1. Characteristics of the population included in the study

216

217 Six determinants of the mothers participating in the study are shown in Table 1.
218 More than 90% of the total population was originally born in Spain. The proportion of
219 those living in rural areas was small (2%). About 32% had a primary school degree,
220 39.1% had secondary degree and 25.9% an university degree. The mean age at delivery
221 was 30.1(4.8). 48% were multiparous and 20% had previously breastfed for more than 6

222 months. Standardized BMI categories showed that 24.1% of the mothers were
223 overweight and 10.9% were obese.

224

225 3.2. PBDEs concentrations in mothers and newborns

226

227 BDE 17, BDE 66, BDE 71, BDE 85 BDE 138 and BDE 190 were not detected
228 in any of the samples analyzed. BDE 28 (LOD = 0.0006 ng/mL), BDE 100 (LOD =
229 0.0004 ng/mL) and BDE 183 (LOD = 0.0012 ng/mL) were found above limit of
230 detection in less than 10% of the samples. These congeners were therefore not included
231 in the following sections. Mean, median and concentration ranges of the most abundant
232 PBDEs, BDE 47, BDE 99, BDE 153, BDE 154 and BDE 209, are shown in Table 2.
233 Total PBDEs encompassed between not detected and 140 ng/g lipid in cord serum and
234 between not detected and 120 ng/g lipid in maternal serum. BDE 47 was the dominant
235 congener in both, cord and maternal serum accounting for 28% and 45% of total PBDEs
236 respectively. Congener concentrations in the cord serum samples tended to decrease at
237 higher number of bromine substituents except in the case of BDE 209 (Fig. 1) which
238 was the third most abundant congener.

239 BDE 47 was also the predominant congener in maternal serum but BDE 153 and
240 BDE 154 were present in higher concentrations than BDE 99. Serum PBDE
241 distributions with BDE 47 predominance and higher relative proportion of BDE 153
242 than BDE 99 (but lower concentration of BDE 154 than BDE 99) have been found in
243 Stockholm (Meironyte Guvenius et al., 2003), Kashiva (Japan; Kawashiro et al., 2008)
244 and Guangzhou (Bi et al., 2006). In contrast, distributions with predominance of BDE
245 99 over BDE 153 and BDE 154 have been found in Indiana (Mazdai et al., 2003),
246 Salinas Valley (Bradman et al., 2007) and Madrid (Gomara et al., 2007). In some cases,
247 BDE 153 has been found to dominate in the PBDE distribution (Groningen; Meijer et
248 al., 2008). These differences in composition can be interpreted to reflect diverse
249 contributions of the above described PBDE commercial mixtures. In addition, the
250 dominance of BDE 47 may reflect contributions from environmentally transformed
251 mixtures in which this congener becomes predominant (Keum and Li, 2005; Eriksson et
252 al., 2004; Robrock et al., 2008).

253 The concentrations found in the present cohort are similar to those reported in
254 other Spanish cohorts, e.g. Madrid (mothers, n = 61, median 12 ng/g lipid; newborns, n
255 = 44, median 17 ng/g lipid; Gomara et al., 2007), Menorca (newborns, n = 92; 6.2 ng/g

256 lipid; Carrizo et al., 2007), as well as in other European sites, e.g. Toulouse (n = 93; 8.8
257 ng/g lipid in mothers and 12 ng/g lipid in newborns; Antignac et al., 2009), or in Asian
258 locations such as Guiyu (n = 102; 14 ng/g lipid in newborns; Wu et al., 2010). They are
259 higher than in Stockholm (n = 15; 1.9 ng/g lipid in mothers and 1.3 ng/g lipid in
260 newborns; Meironyte Guvenius et al., 2003), Groningen (n = 90; 3.3 ng/g lipid in
261 mothers and 1.9 ng/g lipid in newborns; Meijer et al., 2008), Guangzhou (n = 27; 3.9
262 ng/g lipid; Bi et al., 2006), Chaonan (n = 51; 5.2 ng/g lipid in newborns; Wu et al.,
263 2010), Kashiwa (n = 16; 4.6 ng/g lipid; Kawashiro et al., 2008) and Japan (n = 89; 2.9
264 ng/g lipid; Inoue et al., 2006). On the contrary, the concentrations from the Valencian
265 cohort were much lower than concentrations reported in populations from north
266 America, e.g. Indianapolis (n = 12; 37 ng/g lipid in mothers and 39 ng/g lipid in
267 newborns; Mazdai et al., 2003), Salinas Valley (n = 24; 21 ng/g lipid in mothers;
268 Bradman et al., 2007), Baltimore (n = 297; 27 ng/g lipid in newborns; Herbstman et al.,
269 2007) and Manhattan (n = 210; 19 ng/g lipid in newborns; Herbstman et al., 2010).

270 In any case, there is a large variation of PBDE concentrations in the samples
271 analyzed. A group of highly exposed mothers could be identified, 16 participants were
272 in the highest decile of Σ PBDEs and their concentrations were five times higher than the
273 average values of the other cohort participants (Table 3). This high variability has been
274 observed in previous studies (Kawashiro et al., 2008). The group of the highest decile
275 exhibits concentration values that are higher than those in the upper concentration range
276 of previously described cases. This group of highly exposed individuals reflect specific
277 PBDE sources since it exhibits a distribution also dominated by BDE 47 but higher
278 concentrations of BDE 99 than BDE 153 and BDE 154. This distribution is different
279 from the previously described average PBDE composition in the mothers (Table 2).

280

281 *3.3 PBDE composition in umbilical cord vs maternal serum*

282

283 All congener concentrations are lower in umbilical cord than in maternal serum
284 when reported on fresh weight basis (pg/ml; Table 2). On average PBDEs in cord blood
285 are about 45% of those in maternal serum. However, normalization of these
286 concentrations on lipid basis provided quite similar levels in both matrices for all
287 congeners (Table 2). It is important to highlight that the fresh weight concentrations of
288 the congeners are not correlated with total lipid serum content (data not shown).

289 Accordingly, fresh weight concentrations were used for the calculations of correlations
290 and other tests.

291 In qualitative terms, similar distributions are found both in maternal and cord
292 sera. Thus, even BDE 209, which is characterized by a high molecular size due to its ten
293 bromine substituents (Sölder et al., 2009), is found in pre-natal children in average
294 concentrations that are about half those found in maternal serum. However, these
295 concentrations are even higher in cord blood serum when normalized to lipid content
296 (Table 2). High concentrations of this compound have also been found in placenta
297 (Frederikssen et al., 2009b). BDE 209 has also been found in cord serum in previous
298 studies, e.g. Guiyu (median 4.2 ng/g lipid; Bi et al., 2006), Chaonan (2.5 ng/g lipid; Bi
299 et al., 2006) and Toulouse (27 ng/g lipid; Antignac et al., 2009). Anyhow, taking into
300 account the short life of BDE 209 in humans (Thuresson et al., 2006) it seems that
301 mothers must be exposed to it continuously to keep the observed serum concentrations
302 and transfer to the fetus.

303 Significant correlation coefficients between the concentrations of the different
304 congeners in both mothers and newborns can be established (Table 4). In newborns all
305 congeners except BDE 209 are correlated with a high degree of significance ($p < 0.01$;
306 Table 4) although in some cases the coefficients are not very high. BDE 209 is
307 correlated with BDE 47 and BDE 99 but not with BDE 153 and BDE 154. In maternal
308 serum, significant correlations ($p < 0.01$) are found again between all PBDE congeners
309 except BDE 209. In this group of samples BDE 209 exhibit a more dissimilar trend than
310 in newborns which likely reflect a larger diversity of sources contributing to the PBDE
311 composition in the former than in the latter.

312 We only found statistically significant correlations between BDEs concentration
313 in maternal and cord serum for BDE 209 ($r^2 = 0.152$, $p < 0.05$). Some authors found
314 strong correlations between paired cord and maternal concentrations ($n = 12$; Mazdai et
315 al., 2003), others only found weak correlations and not for all congeners ($n = 21$, Bi et
316 al., 2006; $n = 16$, Kawashiro et al., 2008) while others did not find any ($n = 72-90$,
317 Antignac et al., 2009; $n = 44$, Gómara et al., 2007). According to these antecedents,
318 significant correlations between paired mother-fetus BDE concentrations were only
319 found when the number of cases was small. The lack of correlation at larger sample
320 numbers could reflect different factors. Placenta could prevent the free pass of PBDEs
321 into the fetal compartment leading to different accumulation patterns of these
322 compounds (Frederikssen et al., 2009b). Differences between mother and fetus for

323 congener metabolism could also contribute to the lack of correlation since fetus do
324 not have their detoxification mechanisms fully developed (Olsen, 2000). We think that
325 this issue is still open.

326

327 *3.4 Maternal determinants of prenatal PBDE exposure*

328

329 Maternal socio-economic characteristics such as residence site, educational
330 level, age, BMI and previous lactation were assessed in order to know their influence on
331 PBDE concentrations. Significant associations were found for total PBDEs and
332 residence site and BDE 153 and age in umbilical cord but not in maternal serum (Table
333 5). The lack of statistically significant correlation with BMI, lactation or educational
334 level has already been observed in other studies (Antignac et al., 2009; Gomara et al.,
335 2007; Mazdai et al., 2003; Meironyte Guvenius et al., 2003; Bradman et al., 2007).
336 However, there is one previous study reporting one association between PBDE cord
337 serum concentrations and BMI, previous lactation and education level (Herbstman et al.,
338 2007).

339 Geographic differences have been found for PBDE concentrations in cord
340 serum. Neonates from rural areas have lower concentrations than those born in urban,
341 semi-urban or metropolitan sites (Table 5; Fig. 2). Although these data must be
342 interpreted cautiously since the number of cases from rural areas was small (n = 4).
343 These differences were also observed in breast milk and maternal serum from Japan
344 (Inoue et al., 2005). In the cohort of Valencia the difference is observed in cord serum
345 but not in maternal serum. PBDEs in maternal serum probably reflect contributions
346 from a higher diversity of sources and therefore higher variability which hinders the
347 observation of differences such as location. In contrast, cord serum likely records PBDE
348 inputs from maternal sources that result from larger time period averages involving
349 lower dispersion of concentrations and composition. This lower dispersion of PBDE
350 concentrations in cord serum facilitates the observation of long term geographic
351 pollution differences. Thus, PBDEs from newborns of mothers living in rural sites
352 exhibit significant lower values than in urban, semi-urban or metropolitan sites whereas
353 higher dispersion in the PBDE concentrations of the mothers does not afford a
354 statistically significant identification of this difference (Fig. 2).

355

356

357 **4. Conclusions**

358

359 The most abundant PBDE congeners in both newborns and their mothers are
360 BDE 47, BDE 99, BDE 153, BDE 154 and BDE 209. The summed concentrations of
361 these congeners in cord blood serum are about 45% of those observed in maternal
362 serum. However, when these measurements are normalized by lipid content about the
363 same concentrations are observed.

364 In qualitative terms, the distributions of these major PBDEs are similar in both
365 types of samples being dominated by BDE 47. In cord blood serum this distribution
366 exhibits a progressive decay from this less brominated congener until BDE 154
367 involving relative concentration decreases at higher degree of bromination. This trend is
368 not followed by BDE 209 that was the third most abundant congener. The congener
369 composition in maternal serum follows a similar trend but BDE 153 is found in higher
370 concentration than BDE 99. The concentrations between congeners exhibit a higher
371 degree of correlation in cord blood than in maternal serum. These differences may
372 indicate that maternal serum is reflecting PBDE contributions from a wider diversity of
373 sources than cord blood serum which seems to represent the long term standing stock of
374 these compounds accumulated in the maternal tissues.

375 Categorization of the observed PBDE concentrations by maternal determinants
376 has only shown some significant associations for the levels in umbilical cord but not in
377 maternal serum. Neonates from rural areas exhibit statistically significantly lower
378 concentrations than those born in urban, semi-urban or metropolitan sites. Maternal
379 serum also shows this difference but the higher dispersion of the concentrations in this
380 type of samples does not afford its recognition with statistical significance.

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508 FIGURE CAPTION

509 Figure 1: Median concentrations (pg/mL) of the major BDE congeners found in
510 maternal and umbilical cord serum.

511

512 Figure 2: Relationship between PBDE levels in cord (a) and maternal (b) serum and
513 residence site in the INMAValencia cohort 2004-2006. Points refer to geometric means
514 and error bars represent 95% CI (n = 174; urban = 22, metropolitan = 82, semiurban =
515 66; rural = 4).