

1 **Environmental, human health and socioeconomic impacts of *Ostreopsis***  
2 **spp. blooms in the NW Mediterranean**

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25 impacts, management

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28 **Highlights:**

29 - *Ostreopsis* blooms are addressed with a coupled natural - human systems

30 perspective.

31 - Recurrent exposure to *Ostreopsis* blooms may have chronic effects on human health.

32 - Beach monitoring and surveillance in summer effectively prevent human health

33 impacts.

34 - Confirmed alert thresholds are  $3 \cdot 10^4$  cells L<sup>-1</sup> water or  $2 \cdot 10^5$  cells·g FW<sup>-1</sup> macroalgae

35 - The occurrence of *Ostreopsis* blooms and their effects are poorly known by the

36 general public.

37 - Potential economic impacts of increasing *Ostreopsis* blooms cannot be projected yet.

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48 **ABSTRACT**

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50 This paper summarizes the research conducted by the partners of the EU co-funded  
51 CoCliME project to ascertain the ecological, human health and economic impacts of  
52 *Ostreopsis* (mainly *O. cf. ovata*) blooms in the NW Mediterranean coasts of France,  
53 Monaco and Spain. This knowledge is necessary to design strategies to prevent,  
54 mitigate and, if necessary, adapt to the impacts of these events in the future and in  
55 other regions.

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57 *Ostreopsis* proliferations in the Mediterranean have been related to massive  
58 mortalities of benthic organisms and to symptoms of respiratory and cutaneous  
59 irritation in humans. A six-year epidemiologic study in a *Ostreopsis* hot spot in  
60 Catalonia and the accumulated experience of the French Mediterranean National  
61 *Ostreopsis* Surveillance Network confirm the main effects of these blooms on human  
62 health in the NW Mediterranean. The impacts are associated to direct exposure to  
63 seawater with high *Ostreopsis* cell concentrations and to inhalation of aerosols  
64 containing unknown irritative chemicals produced under certain circumstances during  
65 the blooms. A series of mild acute symptoms, affecting the entire body as well as the  
66 ophthalmic, digestive, respiratory and dermatologic systems have been identified. A  
67 main remaining challenge is to ascertain the effects of the chronic exposure to toxic  
68 *Ostreopsis* blooms.

69

70 Still, the mechanisms involved in the deleterious effects of *Ostreopsis* blooms are  
71 poorly understood. Characterizing the chemical nature of the harmful compounds

72 synthesized by *Ostreopsis* as well as the role of the mucus by which cells attach to  
73 benthic surfaces, requires new technical approaches (e.g., metabolomics) and realistic  
74 and standardized ecotoxicology tests. It is also necessary to investigate how palytoxin  
75 analogues produced by *O. cf. ovata* could be transferred through the marine food  
76 webs, and to evaluate the real risk of seafood poisonings in the area. On the other  
77 hand, the implementation of beach monitoring and surveillance systems in the  
78 summer constitutes an effective strategy to prevent the impacts of *Ostreopsis* on  
79 human health.

80

81 In spite of the confirmed noxious effects, a survey of tourists and residents in Nice and  
82 Monaco to ascertain the socioeconomic costs of *Ostreopsis* blooms indicated that the  
83 occurrence of these events and their impacts are poorly known by the general public.  
84 In relationship with a plausible near future increase of *Ostreopsis* blooms in the NW  
85 Mediterranean coast, this survey showed that a substantial part of the population  
86 might continue to go to the beaches during *Ostreopsis* proliferations and thus could be  
87 exposed to health risks. In contrast, some people would not visit the affected areas,  
88 with the potential subsequent negative impacts on coastal recreational and touristic  
89 activities. However, at this stage, it is too early to accurately assess all the economic  
90 impacts that a potentially increasing frequency and biogeographic expansion of the  
91 events might cause in the future.

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## 96 1. Introduction

97 "Toxic and harmful blooms cause negative impacts and economic losses in many parts  
98 of the world. ... Broadly speaking, there are four categories of deleterious effects,  
99 including risks to human health, loss of natural or cultured resources, impairment of  
100 tourism and recreational activities, and damages to non-commercial marine resources  
101 and wildlife (GEOHAB 2001)." This text from the Introduction of the GEOHAB program  
102 Science Plan applies in all senses to *Ostreopsis* blooms, which constitute a particular  
103 emerging challenge and paradigm of Harmful Algal Blooms (HABs).

104

105 Unicellular microalgae of the genus *Ostreopsis* grow in relatively shallow and well  
106 illuminated waters, mainly attached to benthic surfaces (macroalgae, corals, rocks,  
107 sands, ...). This dinoflagellate genus, initially reported in tropical areas has expanded its  
108 biogeographic distribution to temperate latitudes (see revision by Tester et al., 2020),  
109 especially in the Mediterranean coasts, which centre the study presented here. In this  
110 region, most harmful blooms are caused by *O. cf. ovata*, although *O. cf. siamensis* and  
111 *O. fattorussoi*, have also been identified (Penna et al., 2014; Tartaglione et al., 2016;  
112 Chomérat et al., 2019; 2020) in some beaches.

113

114 *Ostreopsis* can be defined as tychoplanktonic, having three different life stages (Figure  
115 1): (i) benthic cells attached to living or inert substrates (Figure 1A, B, C), (ii) planktonic  
116 cells swimming in the water column (Figure 1D), and (iii) aggregated cells floating on  
117 the water surface (Figure 1E). Epiphytic or epibenthic cells attach to biotic or abiotic  
118 substrates by a self-produced mucilaginous matrix in which *Ostreopsis* cells aggregate  
119 (Honsell et al., 2013; Escalera et al., 2014). The benthic stage constitutes the reservoir

120 or stock of *Ostreopsis* cells that determines the duration and maintenance of the  
121 blooms. Under certain combinations of biological processes and physical forcings, cells  
122 can detach from the substrate and become part of the plankton community or  
123 aggregate at the water surface, forming the so-called "sea-flowers", "fleurs d'eau" in  
124 French (Mangialajo et al., 2011; Pavaux et al., 2021). Planktonic cells and aggregates  
125 facilitate the dispersion of the bloom and the colonization of new sites. The three life  
126 stages have different roles in the interactions of *Ostreopsis* with the environment and  
127 on the impacts of its proliferations on humans and the marine ecosystem, as will be  
128 explained in this paper.

129

130 The main concern posed by *Ostreopsis* spp. blooms, is that some species synthesize  
131 toxins (e.g., Usami et al., 1995; Lenoir et al., 2004; Rossi et al., 2010) with a chemical  
132 structure very close to that of palytoxin (PLTX). PLTX was named after the tropical soft  
133 coral genus *Palythoa*, from which it was first isolated in 1971 (Moore and Scheuer,  
134 1971). PLTX-contaminated seafood (fish and crustaceans) was probably the cause of  
135 fatalities in the tropics (e.g., Kodama et al., 1989; Onuma et al., 1999; Mahmud et al.,  
136 2000; see details and references in Deeds and Schwarz, 2010 and Tubaro et al., 2011)  
137 and some studies suggested that *Ostreopsis* was the biogenic origin of the toxins  
138 involved in the foodborne poisonings (e.g., Taniyama et al., 2003). However, as  
139 discussed by Tubaro et al. (2011) this link has not been clearly established yet. Details  
140 of the intracellular content of different PLTX analogues (ostreocins, mascarenotoxins  
141 and ovatoxins) produced by *Ostreopsis* species reported in the literature can be found  
142 in the revisions by Ciminiello et al. (2011) and Pavaux et al. (2020a) while new families

143 of toxins are discovered due to continuous methodological progresses (Ternon et al.,  
144 2022).

145

146 In the Mediterranean coasts, different ovatoxins (OVTXs) and isobaric PLTX have been  
147 reported in mussels, sea urchins and omnivorous or herbivorous fish (Aligizaki et al.,  
148 2008; Amzil et al., 2012; Biré et al., 2013; 2015; see literature data in Table 3 of Pavaux  
149 et al., 2020a) at concentrations exceeding the safety alert threshold of 30 µg of PLTX-  
150 equivalent per kg of fresh flesh recommended by the European Food Safety Authority  
151 (EFSA, 2009). Luckily, no cases of seafood poisoning have been reported yet in the  
152 Mediterranean region.

153

154 However, in the last 20 years, blooms of *Ostreopsis* have become recurrent in certain  
155 beaches, and in some cases, they have been associated with mild acute respiratory  
156 illness and skin and mucosa irritation in humans (summarized in Table 2 of Pavaux et  
157 al., 2020a). PLTX-like compounds have been postulated as the toxins causing these  
158 problems although their direct implication has not yet been demonstrated. In any  
159 case, the potential health risks posed by *Ostreopsis* blooms stimulated the regular  
160 monitoring of these events in some areas, leading to occasional beach closures (Lemée  
161 et al., 2012; Funari et al., 2015). Some blooms have also been linked to massive  
162 benthic fauna mortalities (e.g., Sansoni et al., 2003; Vila et al., 2008; Shears and Ross,  
163 2009). The overall risk posed by *Ostreopsis* blooms on human health and the  
164 environment is likely to impair socioeconomic activities on the Mediterranean coast.

165

166 The CoCliME project, *Co-development of Climate services for adaptation to changing*  
167 *Marine Ecosystems*, included the investigation of the past, present and future effects  
168 of *Ostreopsis* blooms on the environment, human health and the economy in Europe.  
169 This knowledge is necessary to design strategies to prevent, mitigate and, if necessary,  
170 adapt to the impacts of these events in the future. The NW Mediterranean coast is a  
171 densely populated area for which tourist and recreational use of the coast constitutes  
172 an important source of well-being. From a socioeconomic point of view, a relevant  
173 question is whether the *Ostreopsis* blooms have now or will have sufficiently  
174 significant health and socioeconomic effects to justify the implementation of specific  
175 new public policies. These policies would represent an additional financial and material  
176 burden for the society and therefore would compete with other public priorities  
177 requiring additional financial effort from taxpayers.

178

179 This paper summarizes the background and results of the research conducted by the  
180 CoCliME partners to ascertain the impacts of *Ostreopsis* blooms in the NW  
181 Mediterranean coasts of France, Monaco and Spain. The ecological impacts, poorly  
182 known and difficult to address, are only briefly reported here (see the recent review by  
183 Pavaux et al., 2020a, for more details). The effects of *Ostreopsis* blooms on human  
184 health will be presented at two different levels: a small-scale epidemiological study in  
185 a hot spot and a wider overview of the clinical perspective, considering the links with  
186 the dynamics of the blooms and the cell life stages. Finally, a first step in the complex  
187 investigation of the potential socioeconomic impacts of *Ostreopsis* proliferations in the  
188 future is described.

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191 **2. Materials & Methods**192 **2.1. Background**193 **2.1.1. Effects of *Ostreopsis* blooms on the environment.**

194 The review by Pavaux et al. (2020a), conducted as part of the CoCliME project,  
195 provides a comprehensive picture on how *Ostreopsis* interacts with aquatic  
196 microorganisms, fauna and flora, in part depending on its cellular life stages (benthic,  
197 planktonic and aggregated at the water surface) shown in Figure 1. Pavaux et al.  
198 (2020a) details the interactions of *Ostreopsis* (mainly *O. cf. ovata*) with other marine  
199 organisms and the negative impacts of the exposure to the microalga. The main  
200 highlights of that review, a summary of the aspects focused on the Mediterranean Sea  
201 and some experimental research conducted under the CoCliME umbrella (Gémin,  
202 2020; Pavaux et al., 2019, 2020b; Ternon et al., 2018) are briefly presented and  
203 discussed here.

204

205 **2.1.2. Effects on Human Health. Case study: Epidemiological studies on exposure to**  
206 **toxic aerosol in Sant Andreu de Llaveneres (Catalonia, NW Mediterranean coast of**  
207 **Spain); temporal link between the bloom and the human health impacts.**

208 The first health problems associated to an *Ostreopsis cf. ovata* proliferation were  
209 reported in 2004 (Àlvarez et al., 2005; Vila et al., 2008) and affected 200 people  
210 inhabiting apartments in the shoreline of Sant Andreu de Llaveneres (NW  
211 Mediterranean, located about 40 km North of Barcelona, 41°33'07", 3°11'55"). Since  
212 then, the blooms have been recurrent as well as the impacts on humans exposed to  
213 the aerosols during these events. It was observed, that the health problems occurred

214 for only a few days, when the *Ostreopsis* cell proliferation persisted for more than two  
215 months in the area. A parallel study of epidemiology and ecology conducted in 2013  
216 (Vila et al., 2016) pointed to a complex combination of mechanisms involving  
217 meteorological and oceanic conditions, the physiology of *Ostreopsis* cells and the  
218 particular sensitivity of the affected people. A major open question was whether this  
219 pattern could be repeated or even get worse in the future, given the expansion of  
220 *Ostreopsis* in temperate coastal areas in the last 20 years (e.g., Tester et al., 2020). For  
221 this reason, similar studies were conducted from 2014 to 2018 in the same hot spot.  
222 The data of the 2013 study published in Vila et al., 2016 are included in the present  
223 paper, as part of the 6-year survey.

224

### 225 ***2.1.3. Effects on Human Health. The French Mediterranean National *Ostreopsis**** 226 ***Surveillance Network.***

227 In the summer of 2006, following previous outbreaks of respiratory irritation in France  
228 between 2003 and 2005 (Appendix 1), the health authorities set up the French  
229 National *Ostreopsis* Surveillance Network (Kermarec et al., 2008), which is still  
230 operative. Its goal is to prevent human health problems by detecting and responding  
231 to *Ostreopsis* bloom events in recreational waters along the French Mediterranean  
232 coast. Here we describe the consolidated structure of this Network and the criteria for  
233 diagnosing the clinical symptoms associated with the different life cycle stages of the  
234 microalga. A brief history of how the clinical symptoms were untangled based on the  
235 experience of the Marseille Poison Control Centre is presented in Appendix 1.

236

### 237 ***2.1.4. Socioeconomic effects.***

238 To carry out an overall socioeconomic appraisal of the effects of *Ostreopsis* blooms, it  
239 is necessary to evaluate the more or less visible economic losses (e.g., healthcare  
240 expenditures) associated with the health problems, and to ascertain the well-being  
241 costs inflicted to the affected people. It is also necessary to analyze the economic  
242 value linked to the different uses of the coastline that are impacted now by these  
243 blooms. In addition, since *Ostreopsis* blooms could be a more widespread human  
244 health problem in the future, a forecast analysis must be considered. Such a  
245 comprehensive economic assessment requires the complex evaluation of the loss of  
246 current and future economic value associated with a decrease in tourist activities, as  
247 well as the potentially noxious effects of *Ostreopsis* proliferations on non-commercial  
248 marine species and habitat biodiversity (essential for carbon storage and climate  
249 change mitigation, Mitra and Zaman 2015). Adams et al. (2018) propose a  
250 comprehensive literature review on the assessment of the economic consequences of  
251 HABs.

252

253 Following the methodology used by Morgan et al. (2010) to study the harmful effects  
254 of *Karenia brevis* blooms on marine-based activities in Florida based on observed  
255 behaviours, we implemented a partial and preliminary *ex ante* socioeconomic analysis  
256 focusing on current beachgoing behaviour for residents and tourists and its expected  
257 future variation (Figure 2). Beachgoing represents the key indicator at the core of the  
258 economic valuation of tangible and intangible effects due to *Ostreopsis* blooms.  
259 Tangible economic effects are those that have a visible impact on economic activity, or  
260 additional expenditures in the healthcare sector. Conversely, the intangible economic  
261 effects mean the loss of well-being of the human population affected by *Ostreopsis*:

262 these effects must be assessed by specific economic valuation methods, knowing that  
263 these populations can express a positive Willingness to Pay to avoid the effects of  
264 *Ostreopsis* blooms. If beach-goers keep going to the beach, they will be exposed to  
265 health risks which will result for some of them in more or less severe symptoms.  
266 Depending on how serious they are, the concerned users will have to seek medical  
267 care (meaning tangible costs) and will also experience a loss of well-being due to the  
268 pain, discomfort or stress (i.e., intangible costs) associated with the symptoms. As a  
269 result, they may reduce or stop beach-going, which will lead to other tangible and  
270 intangible economic losses. As a consequence, if these people stop going or go less  
271 often to the beach, they will suffer a loss of well-being (intangible costs) linked to a  
272 restriction of their recreational activities. If they are tourists, this negative experience  
273 could jeopardize how long they will stay in the area and their subsequent return,  
274 which could lower the number of future tourist visits (tangible costs). However, the  
275 importance of the effect mentioned above must be measured according to the priority  
276 they set on beach-going, among the reasons why tourists stay in the concerned city or  
277 region. Likewise, the decrease in beach-going could also go hand in hand with a decline  
278 in some additional commercial activities such as the bars, cafés or restaurants located  
279 near the beaches (tangible costs). It is therefore quite relevant to know exactly how  
280 heavily beach-going is impacted according to the population, be it tourist or resident  
281 and to determine the explanatory factors of these variations, especially with regard to  
282 the user groups most exposed to the risks associated with *Ostreopsis* blooms.

283

284 Before this, we wanted to ascertain if tourists and residents currently perceive the  
285 risks associated with *Ostreopsis* blooms, and whether these blooms represent an

286 existing socioeconomic problem deserving the mobilization of public and private  
287 resources to avoid or reduce their consequences. Therefore, we explored the level of  
288 dissemination and credibility of scientific information about the human and  
289 environmental health effects of *Ostreopsis* blooms among tourists and residents. The  
290 knowledge would weigh on) the main tangible and intangible economic costs of  
291 *Ostreopsis* blooms on the recreational uses of beaches (Figure 2). For instance, health  
292 costs could be very low if, upstream, public measures or individual self-protection  
293 measures restricted access to the beaches or discouraged people from going. .  
294 Similarly, the net tangible cost in terms of loss of economic activity could be limited if  
295 the economic sector as a whole adapted by shifting to alternative activities less  
296 impacted by the *Ostreopsis* blooms (e.g., development of a form of tourism oriented to  
297 facilities such as museums or amusement parks).

298

299

## 300 **2.2. Methodology**

### 301 **2.2.1. Effects on Human Health. Case study: Ecological and epidemiological studies**

#### 302 **on exposure to toxic aerosol in Sant Andreu de Llavaneres (Catalonia, NW**

#### 303 **Mediterranean coast of Spain)**

304 **Ecological study.** *Ostreopsis* cf. *ovata* proliferates yearly in the shallow rocky beach  
305 heavily colonized by macroalgae from shoreline to at least 5-7 m depth. In front of this  
306 beach and along a 500 m longitudinal distance, a restaurant and several residences are  
307 located. During the six-year study period, the bloom was monitored as described in  
308 Vila et al. (2016). In front of the restaurant and the apartments, water and macroalgal  
309 samples were taken to estimate the *Ostreopsis* cf. *ovata* cell abundances in the

310 plankton (cells L<sup>-1</sup>) and in the benthos (cells per gram of macroalgae fresh weight<sup>-1</sup> -  
311 cells gFW<sup>-1</sup>). Different biological, biochemical (toxins) and physical parameters were  
312 also measured and will be presented elsewhere. Samples were taken once or twice per  
313 week in July and August, twice per month in June, September and October, and  
314 monthly in November and December. Additional samples were collected when  
315 necessary in the fall. The data series for each year was organized by Julian days. To  
316 identify general trends in the six-year period and to smooth data variability, average  
317 Julian day cell concentrations were calculated first and subsequent 7-day moving  
318 averages were estimated.

319

320 **Epidemiological study.** The restaurant staff and the residents constituted the target  
321 populations invited to participate in the epidemiological surveys, which covered the  
322 entire period that *Ostreopsis* is found in that beach, that is, from June to December. In  
323 the restaurant, that opens from 10:00 am to 01:00 am, workers were exposed to  
324 marine aerosols during their 8 h worksheet time. The restaurant staff contributed to  
325 the study from 2013 to 2018. The residents of the apartments affected by the 2004  
326 blooms (mentioned above) were incorporated into the epidemiological survey from  
327 2015 to 2018; their exposure could occur over 24 h.

328 At the beginning of the summer season, daily self-administered questionnaires were  
329 distributed to the target populations, which were also regularly contacted during the  
330 study. In 2013, the epidemiological questionnaire contained a list of 18 *Ostreopsis*-  
331 related symptoms (Supplementary Table 1 in Vila et al., 2016) similar to that in Tubaro  
332 et al. (2011). Other symptoms that became apparent in later years were incorporated

333 in the questionnaire along the study, resulting on 27 *Ostreopsis*-related symptoms in  
334 2018 (see 3.2.1. Results section).

335

336 In addition, the questionnaires recorded additional information about personal health  
337 background and asked whether people had required medical attention and treatment.

338 All participants expressed their consent to contribute to the epidemiological

339 surveillance following the ethical procedures of the Public Health Surveillance System

340 from the Autonomous Government in Catalonia and the Spanish Research Council

341 (CSIC).

342

343 **2.2.2. Effects on Human Health. Epidemiological and clinical studies in France: French**

344 ***Mediterranean National Ostreopsis Surveillance Network***

345 The French Mediterranean National *Ostreopsis* Surveillance Network operates on an

346 active basis during the blooming period from June 15 to September 15. It includes a

347 wide range of actors from the scientific, medical and public health (with all authorities

348 levels, namely, town halls, departments, regions and nation) sectors. The French

349 Mediterranean National *Ostreopsis* Surveillance Network integrates:

350 a) **Health surveillance** to detect suspected cases induced by exposure to *Ostreopsis*

351 through direct contact with contaminated seawater or inhalation/contact with

352 contaminated sea spray. Diagnosis and medical management of the poisoned patients

353 are conducted by clinical toxicologists and experts on natural toxins of the Marseille

354 Poison Control Centre (24/7 activity zone covering the whole French Mediterranean

355 coast where blooms can occur).

356 b) **Environmental monitoring** of *Ostreopsis* by visual observation of recreational  
357 waters and by testing water samples on a routine and alert basis.

358 c) General Health Administration **Coordination** with other environmental and health  
359 surveillance agencies; publication of recommendations regarding *Ostreopsis* bloom  
360 control and management.

361

362 **Alerts** can be raised in two ways:

363 i) Through the Marseille Poison Control Centre after detecting at least two patients in  
364 the same locality with clinical symptoms (see below) compatible with exposure to  
365 *Ostreopsis* contaminated seawater.

366 ii) Through routine analyses detecting *Ostreopsis* levels above the threshold of  $3 \cdot 10^4$   
367 cells  $L^{-1}$  of seawater (no benthic samples are taken in the framework of the official  
368 French monitoring).

369 For both alert processes, the General Health Administration issues specific guidelines.

370 When a proven hazard for the population is confirmed, a crisis team is formed by all  
371 network members to define adequate measures, which can include prohibiting access  
372 to contaminated beaches and/or consumption of shellfish and fish. Serial sampling and  
373 estimation of *Ostreopsis* cell concentrations in seawater by microscopy constitute the  
374 reference point, and protective measures are maintained until results confirm that the  
375 bloom is over.

376

### 377 **2.2.3. Socioeconomic surveys in Nice and Monaco**

378 An extensive face-to-face socioeconomic survey on the impact of *Ostreopsis* blooms on  
379 beach-going behaviour during the summer period was conducted between June 15



380 and August 15, 2019 in the city of Nice (France) and in the Principality of Monaco. Nice  
381 is located by the Mediterranean Sea in the south-east of France and is the fifth largest  
382 city in France (340,017 inhabitants, Insee 2017). The Principality of Monaco is located  
383 about 20 kilometers east of Nice with 38,350 inhabitants (IMSEE, 2020). These cities  
384 were selected because of the possible presence of *Ostreopsis* blooms on their coasts  
385 during the summer, their particular interest for the research on *Ostreopsis* (conducted  
386 also within the CoCLiME project, e.g. Drouet et al., 2022) as well as their coverage by  
387 the RAMOGE Agreement ([www.ramoge.org](http://www.ramoge.org)) dedicated to the prevention and fight  
388 against pollution of the Mediterranean marine environment. The survey encompassed  
389 residents of the two cities (selected using the quota sampling method, Moser, 1952;  
390 Moser and Stuart, 1953) and tourists visiting Nice. For Monaco, a preliminary literature  
391 review (Direction du Tourisme et des Congrès Monaco, 2010) had shown that beach  
392 attendance was not among the main reasons to visit it, which made the survey on  
393 tourists irrelevant. In order to avoid an on-site sampling that could lead to an over-  
394 frequentation bias, people were, as much as possible, interviewed in the two cities  
395 away from the beaches. Thus, a survey of how often beach-goers actually went to the  
396 beach was made possible as well as one of those who did not go to the beach during  
397 the summer. Tourists were also asked whether they had already visited Nice in the  
398 past and whether walking activities or beach-going were the main motivation for  
399 coming to Nice. Also, the sociodemographic profile of the interviewed people was  
400 collected.

401

402 The questionnaire included additional concise scientific information on the events and  
403 related symptoms (e.g., <https://ramoge.org/wp->

404 [content/uploads/2022/01/algue\\_ostreopsis\\_fr.pdf](content/uploads/2022/01/algue_ostreopsis_fr.pdf)). Next, two hypothetical scenarios,  
405 based on realistic scientific assumptions developed in collaboration with biologists,  
406 were presented to the surveyed beachgoers only:

407 - Hypothetical scenario 1: Occurrence in a near future (summer 2019 for tourists;  
408 summer 2020 for residents) of *Ostreopsis* blooms causing moderate effects (i.e., cold  
409 and cough) disappearing four hours after leaving the beach;  
410 - Hypothetical scenario 2: Occurrence in a near future (summer 2019 for tourists;  
411 summer 2020 for residents) of *Ostreopsis* blooms causing more severe effects,  
412 including more symptoms (i.e., cold, cough, conjunctivitis, nausea, skin irritation, mild  
413 fever) that could last up to 48 hours after leaving the beach.

414

415 Consequently, throughout the questionnaire, respondents were asked about:

416 i) their knowledge of toxic algae prior to the survey,  
417 ii) their reactions towards the additional scientific information, including their  
418 perceived credibility of the scientific information, their perception of the potential  
419 negative socioeconomic consequences (tourists leaving the place, population panic),  
420 the severity of the various symptoms associated with *Ostreopsis*, and  
421 iii) their reactions towards the hypothetical scenarios regarding future *Ostreopsis*  
422 blooms, including the degree of credibility attributed to the scenarios and their  
423 perception of a potential threat to their health which could possibly affected their  
424 future beach-going.

425

426 In order to explain the attitude of beach-goers to the additional scientific information  
427 about *Ostreopsis blooms* provided and their resulting risk perception, Probit type

428 econometric models were used for each of the three sub-populations of respondents  
429 (residents of Nice and Monaco and Nice tourists). Probit models were also used in  
430 order to explain and predict the potential effects of a future growth of *Ostreopsis*  
431 blooms on beach-going . Among the explanatory variables, demographic and  
432 socioeconomic characteristics usually used in socioeconomic surveys (e.g., age,  
433 gender, education; e.g., Morgan et al., 2010) were also included. These characteristics  
434 are supposed to explain attitudes and recreational behaviours in the face of health  
435 risks related to *Ostreopsis*. For example, having children under 15 in a household can  
436 partly explain a stronger perception of symptom severity and a higher rate of stopping  
437 beachgoing. All the estimates in this paper take into account the heteroscedasticity of  
438 errors.

439

440

### 441 **3. Results**

#### 442 ***3.1. Effects of *Ostreopsis* blooms on the environment***

443 As a benthic dinoflagellate attached to biotic or abiotic surfaces by a sticky  
444 mucopolysaccharide matrix, *Ostreopsis* sp. can favour or inhibit the colonization of the  
445 substrate by other benthic microorganisms. The temporal monitoring of the  
446 microbenthic community during *Ostreopsis* blooms showed a succession of different  
447 microalgal taxa over time (Accoroni et al., 2016), including other dinoflagellates (*Coolia*  
448 spp., *Prorocentrum lima*, *Amphidinium* spp.), and also centric and pennate diatoms.  
449 This succession could be modulated by interactions among these species and  
450 *Ostreopsis*, involving allelopathic activity and competition for nutrients, surface  
451 substrate type and light. Also, particular bacterial assemblages (Bellés-Garulera et al.,

452 2016; Vanucci et al., 2016) are shown to be associated with different phases of the  
453 *Ostreopsis* proliferation development, presumably due to the use of organics excreted  
454 by *Ostreopsis* and the whole microalgal carpet, possibly in combination with growth  
455 inhibition of some bacterial taxa. Documented effects of exposure of other microalgae  
456 to the presence of *Ostreopsis* include alteration of their growth (García-Portela et al.,  
457 2016), photosynthetic activity (Ternon et al., 2018), swimming speed (Yoo et al., 2015),  
458 cellular integrity (Pichierri et al., 2017), and adherence capability (García-Portela et al.,  
459 2016).

460

461 The nature of the chemical signals involved in *Ostreopsis* interactions with other  
462 marine organisms remains poorly understood (Pavaux et al., 2020a), although the first  
463 metabolomic studies are starting to shed light on this issue (Ternon et al., 2018;  
464 Gémin, 2020) and suggest the involvement of toxic compounds different from the  
465 known ovatoxins. Also, the critical role of the mucus is increasingly insinuated  
466 (Giussani et al., 2015; Ternon et al., 2018; Pavaux, 2020). This mucilaginous matrix  
467 could facilitate the retention of chemical compounds (including toxins), leading to  
468 increased *Ostreopsis* competitiveness with other microalgae and bacteria (Ternon et  
469 al., 2018). It could also constitute a defence against *Ostreopsis* predators by  
470 embedding them into this mucus, or by avoiding dilution of (toxic) chemicals in the  
471 environment and allowing their ingestion in high quantity by predators (Barone 2007;  
472 Giussani et al., 2015; Pavaux, 2020). In addition, the mucus could act as a deterrent  
473 agent against macroalgal grazers, thus resulting in a benefit for the benthic host.

474

475 If ingested, benthic and planktonic *Ostreopsis* and the floating aggregates enter into  
476 the food webs, and toxins can be potentially transferred to and bioaccumulated in  
477 upper trophic levels, posing a risk of seafood poisoning in humans. Indeed, high  
478 concentrations of *Ostreopsis*-derived toxins (PLTX analogues as ovatoxins) have been  
479 quantified in benthic macroorganisms, such as filter feeders, in herbivorous fish  
480 feeding on *Ostreopsis* sea-flowers and in carnivorous and omnivorous fauna (Amzil et  
481 al., 2012; Biré et al., 2013; 2015; Brissard et al., 2014; Gorbi et al., 2012; 2013; Milandri  
482 et al., 2010; Faimali et al., 2012; Pezзолesi et al., 2012; Giussani et al., 2016; see Table 3  
483 of Pavaux et al., 2020a). Often, negative impacts on these vector organisms have not  
484 been apparent. As an example, experimental tests have proven that the benthic  
485 harpacticoid *Sarsamphiascus* cf. *propinquus*, which co-occurs with *Ostreopsis* cf. *ovata*  
486 in summer, is highly resistant to the presence of the microalga (Pavaux et al., 2019),  
487 suggesting some kind of acclimation or resistance mechanisms developed by the  
488 copepod. However, both *in situ* and experimental studies have suggested strong toxic  
489 effects on the reproduction of some organisms, leading to a clear decrease in the  
490 number of copepod nauplii of the epiphytic community accompanying *Ostreopsis*  
491 (Guidi-Guilvard et al., 2016) and in the fecundity and fertility ratios of *Sarsamphiascus*  
492 cf. *propinquus* (Pavaux et al., 2019). Impairments in reproduction ability and early-  
493 stage development have already been described for other marine organisms such as  
494 sea urchins (Neves et al., 2018; Migliaccio et al., 2016). Mass mortalities of some  
495 macrofauna (mussels, sea urchins, cephalopods, cirripeds) have been documented in  
496 the Mediterranean concurrently to *Ostreopsis* blooms (as reviewed by Pavaux et al.,  
497 2020a). A combination of oxygen limitation, high temperatures and direct toxic effects  
498 from the exposure to the microalga appear the most plausible cause. The particular

499 sensitivity of certain species, such as *Artemia franciscana*, when exposed to *Ostreopsis*  
500 cells, cell filtrates and toxin extracts, postulate them as relevant model organisms for  
501 ecotoxicological studies (Pavaux et al., 2020b). Indeed, the high sensitivity, the  
502 reproducibility and the low cost of the bioassay involving this model organism are  
503 major benefits in favour of its use for routine evaluation of the toxicity of *Ostreopsis*  
504 spp. in the field.

505

506

507 **3.2. Effects on Human Health. Case study: Epidemiological studies on exposure to**  
508 **toxic aerosol in Sant Andreu de llavaneres (Catalonia, NW Mediterranean coast of**  
509 **Spain); the temporal link between the bloom and the human health impacts.**

510 The number of questionnaires distributed and answered varied each year of the study  
511 (Table 1). In 2013 and 2014, 16 and 14 questionnaires were dispensed, respectively,  
512 and all were answered and returned (100 %). In 2017, the highest number of  
513 questionnaires (n = 118) were distributed; however, only 22 were answered (18.6 %).  
514 The people with *Ostreopsis*-related symptoms, identified based on the answered  
515 questionnaires, ranged from 5 to 22, with a prevalence rate oscillating from 35.7 % (in  
516 2014) to 100 % (in 2017 and 2018).

517

518 Overall, a high variety of symptoms were reported in the six-year study (Table 2). In  
519 2013 and 2014, when the cohorts only included the staff of the restaurant, seven  
520 clinical symptoms were registered. With the incorporation of the apartment residents  
521 from 2015 onwards the experienced symptoms increased up to 25. Three symptoms  
522 were noticed over the six-year period (Table 2): malaise, runny nose and sore eyes.

523 Headache and nose irritation were identified in five out of the six years. The rest of the  
524 symptoms had a highly variable presence and were reported between one and four  
525 years. Nausea and vomiting were never indicated.

526

527 The prevalence rate of the different symptoms (Table 2) was variable along the study  
528 period. As an example, and focusing on the most common health problems reported in  
529 all six years, the values varied between 3.1 % and 13.1 % for malaise, 2.6 % and 45.9 %  
530 for runny nose, and 2.3 % and 9.7 % for sore eyes. The numbers for headache and nose  
531 irritation were 0 % to 13.6 % and 0 % to 45.9 %, respectively. Interestingly, shortness  
532 of breath, reported by some residents, had a stable prevalence rate around 3 % from  
533 2015 to 2018. The acute symptoms of workers and beach users usually went away,  
534 with or without minor medication, when people returned home and ended the  
535 exposure to marine aerosols. In the case of the apartment residents exposed the  
536 whole day to marine aerosols, the symptoms were relieved by closing windows and  
537 using air conditioning. In general, symptoms lasted for 3-4 days, rarely for up to 7  
538 days. Only a few participants in the survey required occasional medical treatment,  
539 consisting on the administration of common use antihistaminic, analgesic and anti-  
540 inflammatory drugs.

541

542 The periods when people reported *Ostreopsis*-related symptoms exhibited a temporal  
543 pattern, with different intensity along the microalgal blooms and with certain  
544 interannual variability (Figure 3). Taking the benthic *Ostreopsis* cell concentrations as  
545 indicator of the physiological phase of each bloom (continuous line in Figure 3),  
546 symptoms (plotted with dashed lines and highlighted by arrows in Figure 3) started to

547 be noticed at the beginning of the exponential phase of the bloom (in particular, at the  
548 end of June and the first week of July in 2015, 2017 and 2018), when cell abundances  
549 were increasing and approaching  $2 \cdot 10^5$  cells·gFW<sup>-1</sup>. The peak of health problems  
550 coincided with the early stationary phase (specially in the second half of July and the  
551 first week of August, in 2013, 2014, 2016 and 2017), when cell concentrations were  
552 established and fluctuated around the mentioned values or even higher (up to  $6.9 \cdot 10^6$   
553 cells·gFW<sup>-1</sup>). Thereafter, when the blooms remained somehow in a stationary phase  
554 with relatively high cell abundances, less symptoms were reported. The described  
555 symptomatology pattern also applied when considering the dynamics of the *Ostreopsis*  
556 plankton cell concentrations in the water (dotted lines in Figure 3), although this  
557 parameter exhibits higher variability than the cell concentration in the benthos. The  
558 concentrations in the water increased up to ca.  $3 \cdot 10^4$  cells·L<sup>-1</sup> during the early  
559 exponential phase, and reached ca.  $1 \cdot 10^5$  cells·L<sup>-1</sup> in the stationary, with  $1 \cdot 10^7$  cells·L<sup>-1</sup>  
560 in some floating aggregates.

561

562 In terms of seasonality, *Ostreopsis*-related symptoms were noticed as early as the  
563 middle of June, around Julian day 160, when the bloom started early in the year, as  
564 was the case in 2017. Otherwise, July and August were the months when clinical  
565 symptoms were most often reported. A general picture, integrating the interannual  
566 variability, can be drawn from the moving average on the pooled six-year data (Figure  
567 4). Overall, health problems tended to increase sharply approximately after Julian day  
568 187, and the number of people with potential *Ostreopsis*-related symptoms reached a  
569 maximum around Julian day 195 (July 14th). Thereafter the symptoms might decrease  
570 sharply, although they could remain along August and September, depending on the



571 duration of the annual bloom. In certain years (2013, 2014, 2015) when *Ostreopsis* was  
572 still present in the water in the fall, isolated cases of persons presenting some health  
573 problems occurred between the end of September and the end of October.

574

575

### 576 **3.3. Effects on Human Health. Epidemiological and clinical studies in France: French**

#### 577 ***Mediterranean National Ostreopsis Surveillance Network***

578 During bloom periods, the high *Ostreopsis* cell densities embedded in the brownish  
579 mucus form a biofilm or "carpet" visible at naked eye covering benthic substrates  
580 (Figure 1A, B, C). This carpet makes a slippery ground to beach users. When high  
581 *Ostreopsis* cell numbers detach from the substrate and become part of the plankton  
582 and the floating aggregates at surface (Figure 1D, E), bathers in direct contact with  
583 *Ostreopsis* cells can experience skin or eye irritations. In addition, seawater retained in  
584 snorkel tubes and diving regulators (Pavaux and Lemée, pers. comm.) increases the  
585 exposure to the toxic compounds produced by this microalga. The acute clinical  
586 symptoms associated to the exposure of *Ostreopsis* in different life stages (benthic,  
587 plankton, floating aggregates described in the Introduction of this paper, Figure 1) and  
588 concentrations along the bloom are shown in Table 3. They have been identified from  
589 the experience of the Marseille Poison Control Centre attending people potentially  
590 exposed to *Ostreopsis* blooms as well as aquarists in contact with PLTX-producing  
591 corals (as described in Appendix 1). These symptoms agree with those of other  
592 reported cases in Italy, Spain, France, and Algeria (see Table 2 in Pavaux et al., 2020a).

593

594

595 **3.4. Socioeconomic surveys in Nice and Monaco. Perception and reaction to current**  
596 **and future *Ostreopsis blooms***

597 **3.4.1. Sampled populations.** The selected sample was composed of 449 people: 161  
598 residents of Nice (including 118 beachgoers, 73.3 %), 64 tourists in Nice (including 44  
599 beach-goers, 68.8 %) and 224 residents of Monaco (including 176 beachgoers, 78.6 %).  
600 The sociodemographic structure of the people surveyed was similar for both residents  
601 of Monaco and Nice, with a lower percentage of men than women and a prevalence of  
602 people with a higher education being observed. It was also noticed that a majority of  
603 tourists going to the beach declared that they had already stayed in Nice in the past  
604 (72.7 %). Almost half (45.5 %) of them said that walking activities or beach-going were  
605 the first motivation for visiting Nice (see Supplementary Table 1).

606

607 **3.4.2. Prior knowledge of people on *Ostreopsis blooms* and their health effects.**

608 Before the scientific information provided by the questionnaire, prior knowledge on  
609 *Ostreopsis* was low among the residents and tourists: only 17.8 % (80) of the  
610 respondents, with a significant difference at the 0.05 level of risk (Chi-squared test)  
611 between the Nice residents (24.8 %) and the other populations (i.e., Monaco residents  
612 - 13.8 % - and tourists of Nice - 14.1 % -), and with no significant difference between  
613 beachgoers (18.0 %) and non-beachgoers (17.1 %). For the few people who had heard  
614 of *Ostreopsis*, only a small proportion (24 respondents, 5.3 % of the total population  
615 surveyed) knew about the health risks associated with this microalga. The symptoms  
616 most cited by respondents were skin irritation (45.8 %), cough and respiratory tract  
617 damage (25.0 %), runny nose and sneezing (16.7 %) and eye irritation (16.7 %)

618

619 **3.4.3. Beach-goers attitude towards additional information on *Ostreopsis* blooms**  
620 **and their resulting risk perception.**

621 Most beachgoers (83.4 %) considered that the scientific information provided by the  
622 questionnaire was not overstated with a significant difference (at 0.05 level of risk)  
623 between people (tourists and residents) of Nice and residents of Monaco (Table 4). It is  
624 worth taking into account the fact that 22.2 % of the residents of Monaco considered  
625 that scientists overstate these risks. Moreover, 20.7 % of respondents stated that this  
626 scientific information could create an unnecessary panic and 53.3 % of respondents  
627 considered that it could scare away tourists.

628

629 Concerning the hypothetical future *Ostreopsis* scenarios, it was observed that they  
630 were credible for a majority of respondents (83.7 % for scenario 1, 81.7 % for scenario  
631 2), with a substantial difference in the evaluation of whether these scenarios would  
632 represent a health threat (64.2 % for scenario 1 and 79.0 % for scenario 2). For a fairly  
633 large number of people (35.8 %), symptoms described in the first scenario do not really  
634 deter them, but this proportion falls (21.0 %) when the symptoms become more  
635 severe in scenario 2. Regarding specifically scenario 1, there were also significant  
636 differences at the 0.05 level of risk between tourists of Nice (50.0 %) and the residents  
637 of the two cities (39.0 % for Nice and 30.1 % for Monaco). When it comes to the  
638 perception of the severity of the symptoms associated with scenario 1 (i.e., sneezing /  
639 runny nose and cough), 56.2 % consider that these are not at all serious.

640

641 Regarding the perception of the severity of symptoms, there were no significant  
642 factors for residents of Monaco, while for residents of Nice, this perception was more

643 acute among women, among people with a higher degree (i.e., above the  
644 baccalaureate) and among those with at least one child under 15 living in their  
645 household. Conversely for the tourists of Nice, having at least one child under 15  
646 impacted on the perception negatively (Supplementary Tables 2, 3 and 4).

647

648 Regarding the judgments on the overall scientific information provided on the  
649 *Ostreopsis* blooms (including hypothetical scenarios), the probability that a resident of  
650 Monaco considers that scientists overstate the risks associated with *Ostreopsis*  
651 increases with age and decreases with a higher education degree, while for the Nice  
652 residents, there is no statistically significant explanation. For the tourists of Nice, this  
653 probability increases with a prior knowledge of the symptoms related to *Ostreopsis*.  
654 For the residents of Monaco, the probability that a respondent considers scenario 1 to  
655 be credible decreases for ages over 60. Likewise, for residents of Nice, age also  
656 significantly and negatively impacts the perceived credibility of the scenario  
657 concerning *Ostreopsis* blooms. In the case of the Nice tourists, age did not affect this  
658 probability, however, being a man impacted the perception of this credibility  
659 positively.

660

661 Regarding the consequences associated with the information provided on *Ostreopsis*,  
662 for the residents of Monaco, the probability to perceive scenario 1 as a threat to their  
663 health increased when the scenario was considered to be credible (hypothesis of  
664 exogeneity in the variable "Credibility" not rejected at 0.05 level of risk,  $p = 0.31$ ). For  
665 the residents of Nice, this probability increased when the symptoms associated with  
666 *Ostreopsis* were perceived as quite severe or very severe (hypothesis of exogeneity in

667 the variable "Severity" not rejected at 0.05 level of risk,  $p = 0.24$ ). Conversely, for the  
668 tourists of Nice, there were no significant factors explaining the perception of a threat  
669 to health associated with scenario 1. Furthermore, for the residents of Monaco and  
670 Nice, the probability that scientific information was perceived as scaring tourists away  
671 increased when the person considered the scenario to be credible (hypothesis of  
672 exogeneity in the variable "Credibility" not rejected at 0.05 level of risk in the case of  
673 residents of Monaco,  $p = 0.70$  and residents of Nice,  $p = 0.40$ ). However, in the case of  
674 the residents of Nice, this perception decreased when respondents had at least one  
675 child under 15, while no statistically significant explanatory factor was observed for the  
676 tourists of Nice.

677

678 Finally, we observed that, for the residents of Monaco and for the tourists of Nice, the  
679 probability to perceive scientific information as likely to create unnecessary panic  
680 increased when people thought that scientists overstated the risks (hypothesis of  
681 exogeneity in this factor not rejected at 0.05 level of risk in the case of residents of  
682 Monaco,  $p = 0.95$  and tourists of Nice,  $p=0.81$ ). This probability decreased along with  
683 the perception of the severity of the symptoms in the case of the residents of Monaco  
684 and the residents of Nice (hypothesis of exogeneity in the variable "Severity" not  
685 rejected at 0.05 level of risk in the case of residents of Nice,  $p = 0.13$ ). In addition, for  
686 the latter, the probability decreased with age and with having at least a child under 15  
687 in the household.

688

689 **3.4.4. Potential effects of a future development of blooms on beach-going.**

690 Overall, a majority of residents will stop going to the beach and, in the case of Nice,  
691 this lower attendance is much stronger when the symptoms are more severe  
692 according to scenario 2 (Table 5). In Nice, in the case of scenario 1, the number of  
693 former beachgoers that will not go to the beach any more is significantly higher for  
694 residents (54.2 %) than for tourists (40.9 %). However, the difference between tourists  
695 and residents' behavior disappears in the case of scenario 2.

696

697 Furthermore, the fact that 44.1 % of people (17.3 % in the case of scenario 2) would  
698 not completely stop going to the beach indicates that, in the absence of suitable public  
699 measures (e.g., in terms of information on sites or even beach closures), future blooms  
700 could expose a substantial part of the residents and tourists to health risks. This  
701 exposure would ultimately cause tangible economic losses (e.g., healthcare  
702 expenditures) as well as intangible losses (e.g., suffering and stress of people with  
703 symptoms). At the same time, staying away from the beach for a majority of the  
704 population (respectively 55.9 % and 82.7 % for scenarios 1 and 2) would also produce  
705 tangible future economic losses (e.g., impacts on tourist activity) and intangible losses  
706 (e.g., loss of well-being due to the free leisure activity being made impossible in  
707 particular for the residents) in addition to the economic losses associated to  
708 healthcare. However, it should be highlighted that, in the case of Monaco (scenario 1),  
709 52.3 % of people declaring that they would no longer go to the beach because of  
710 *Ostreopsis* said they would replace this free activity by market activities (e.g., going to  
711 swimming pool).

712

713 In order to highlight the determinants that may explain why people would stop beach-  
714 going under scenario 1 for the three populations studied, Probit type econometric  
715 models were implemented (Table 6). Whatever the population considered, the test  
716 shows that at 0.05 level of risk the hypothesis of exogeneity in explanatory variables is  
717 not rejected. The goodness of fit and the proportion of correct prediction of the three  
718 econometric models shows that the decision to stop beach-going is explained  
719 satisfactorily (Table 6).

720

721 It is important to notice that the perception of a threat to health significantly and  
722 positively explains the probability of stopping beach-going, whatever the population  
723 considered. For tourists of Nice, no sociodemographic variable can directly explain the  
724 decrease in attendance. Conversely, the two factors specific to tourists (i.e., previous  
725 stay in Nice and walking or going to the beach as the main reasons for the tourist stay)  
726 explain the probability of stopping going to the beach (positively for the former and  
727 negatively for the latter) (Table 6). In contrast, these two factors have no effect on the  
728 tourists' attitudes and reactions to the information on *Ostreopsis* (Supplementary  
729 Table 4).

730

731 In the case of the Nice and Monaco residents, some of the sociodemographic  
732 characteristics explain why they no longer go to the beach. Thus, the probability of not  
733 going increases with age and with having at least one child under 15. Conversely, this  
734 probability decreases when the person lives with his / her parents in the case of  
735 residents of Monaco and with being a man in the case of people residing in Nice. These  
736 results confirm that it is possible to identify groups that may be more or less exposed

737 than others to the health risk due to *Ostreopsis*. We can also observe that the  
738 credibility of the scenario (for the residents of Nice) and the perception of how serious  
739 the symptoms are (for the residents of Monaco) makes stopping going to the beach a  
740 more likely option.

741

742

#### 743 **4. Discussion**

##### 744 **4.1. Effects of *Ostreopsis* blooms on the environment**

745 The effects of *Ostreopsis* blooms have been studied in different organisms, using  
746 different approaches, indicators and parameters to identify the potential damage. A  
747 general conclusion to be drawn is that these works are challenged by technical  
748 limitations that hinder the setup of ecologically realistic studies. Future steps to  
749 understand the interactions and impacts of *Ostreopsis* on other marine organisms  
750 include (i) clarification of the role of the mucus in these ecological interactions and  
751 impacts, (ii) investigation of the potential transfer of toxic compounds through the  
752 food web and (iii) elucidation of the variety of toxic compounds produced by  
753 *Ostreopsis* species and affecting other marine organisms. Technical improvements,  
754 specially concerning detection and identification of chemical compounds and  
755 standardization of ecotoxic tests, are required. Monitoring the effects of *Ostreopsis*  
756 blooms in the environment constitutes a major challenge as well.

757

758

##### 759 **4.2. Effects of *Ostreopsis* blooms on human health.**



760 The two perspectives presented converge and complement offering a comprehensive  
761 vision of the impacts of *Ostreopsis* blooms on human health. The details of the small-  
762 scale case study conducted in Catalonia will be discussed first, and its results will then  
763 be integrated in the more general perspective provided by the French Mediterranean  
764 National *Ostreopsis* Surveillance Network.

765

766 For the first time, a six-year epidemiological survey was conducted simultaneously  
767 with the monitoring of recurrent, annual *Ostreopsis* cf. *ovata* blooms in a hot spot in  
768 the NW Mediterranean. During the study, the blooms exhibited a consistent temporal  
769 pattern, described earlier in the studied site and in the NW Mediterranean in general  
770 (Mangialajo et al., 2011; Vila et al., 2016). The period with health impacts covered  
771 mainly July and August, and coincided with the highest yearly abundances of  
772 *Ostreopsis* cf. *ovata* in the area. Overall, the results contribute to support the  
773 hypothesis that *Ostreopsis* blooms are associated to mild acute symptoms in humans  
774 exposed to marine aerosols, as suggested by previous studies (Ciminiello et al., 2006;  
775 Vila et al., 2016).

776

777 The analysis was conducted in an open human cohort directly exposed to marine  
778 aerosols for eight to 24 hours daily. Many of the individuals had already experienced  
779 *Ostreopsis*-related symptoms in previous years (Àlvarez et al., 2005; Vila et al., 2016).  
780 Along the six years, the participation in the epidemiological study in terms of number  
781 and percentage of questionnaires answered, was variable and, sometimes, even very  
782 low. This circumstance has been already described in applied epidemiology (Hartge  
783 and Cahill, 1998). In 2017 and 2018, the persons that answered the questionnaires

784 reported *Ostreopsis*-related clinical symptoms; however, other people noticed some  
785 symptoms but did not return the questionnaires. For this reason, unfortunately, the  
786 self-administered questionnaires do not allow to determine the real prevalence rate  
787 per year.

788

789 In spite of these limitations, some trends concerning human symptoms associated to  
790 acute and repeated exposure to *Ostreopsis* blooms were confirmed. The dysfunctions  
791 affect the entire body as well as the otorhinolaryngic, ophthalmic, digestive,  
792 respiratory, dermal and cardiac systems. A total of 25 different symptoms potentially  
793 associated to *Ostreopsis* blooms were identified by survey participants. Many of them  
794 were also indicated in previous studies (Tubaro et al., 2011; Tichadou et al., 2010), and  
795 identified by the French Mediterranean National *Ostreopsis* Surveillance Network, but  
796 this work suggests that the *Ostreopsis*-related symptom profile may be broader in  
797 people recurrently exposed to the blooms of the microalga.

798

799 Five symptoms (malaise, headache, runny nose, nose irritation, sore eyes) were  
800 present in five or six of the years, and shortness of breath was consistently prevalent in  
801 the last four years of the study (2015 to 2018). Overall, these observations indicate  
802 that, despite the low prevalence of mild-moderate acute symptoms reported so far,  
803 the continuous exposure to *Ostreopsis* blooms can have some chronic health effects,  
804 as pointed out by the French Mediterranean National *Ostreopsis* Surveillance Network.  
805 Analogous observations has been noted concerning exposure to aerosolized  
806 brevetoxin during *Karenia brevis* outbreaks and to microcystins produced by  
807 cyanobacteria in freshwater lakes (Backer and Fleming, 2008). In general, there is a

808 lack of information about chronic exposure and health effects related to harmful algal  
809 blooms, with most studies being concerned only with the acute symptomatology  
810 (Young et al., 2020). Future research should focus on this point. Furthermore, new  
811 studies should address the severity and interannual variability of the symptoms, which  
812 were not considered here.

813

814 During the 2013 *Ostreopsis* bloom (Vila et al., 2016), the health problem occurred  
815 mainly during a time window coinciding with the transition from the exponential to  
816 the stationary phase of the proliferation. The 2013-2018 data confirmed this trend.  
817 This finding suggests that the toxic substances responsible for the observed symptoms  
818 are produced under particular physiological conditions of the *Ostreopsis* cells.

819

820 From a management point of view, the six-year study stresses the need to monitor  
821 both the benthic and planktonic *Ostreopsis* cf. *ovata* populations, in order to  
822 appropriately alert for potential exposure and health effects. Establishing *Ostreopsis*  
823 abundance alert thresholds is not straightforward (Giussani et al., 2017). Former  
824 studies (Funari et al., 2015; Lemée et al., 2012; Mangialajo et al., 2017) suggested  
825 threshold alert values at  $2 \cdot 10^5$  cells·g FW<sup>-1</sup> of macroalgae and  $3 \cdot 10^4$  cells·L<sup>-1</sup>, in the  
826 benthos and the plankton, respectively, and were also considered by the French  
827 Mediterranean National *Ostreopsis* Surveillance Network (Table 3). The six-year study  
828 confirms that these approximate values could be taken as reference, although  
829 symptoms were noticed sometimes when cell concentrations were below these  
830 numbers.

831

832 The real problem during acute exposures is not qualitative but quantitative: while it is  
833 easy to treat one patient exposed to *Ostreopsis*, it is much more complex to take care  
834 of several hundred alarmed patients attending simultaneously and collapsing hospital  
835 or primary health care emergency facilities, which was often the case in Italy (Gallitelli  
836 et al., 2005; Brescianini et al., 2006) and Algeria (Illoul et al., 2012).

837

838 Repeated and chronic exposure may occur on people living or working near beaches  
839 or inlets where blooms develop during the summer season, conducting aquatic sports  
840 (swimming, surfing) in such areas or involved in seawater sample collection during  
841 *Ostreopsis* blooms and/or subsequent laboratory manipulation. In these last  
842 professional activities, efficient personal protection systems including hoods, gloves  
843 and masks (the same equipment is recommended to people exposed to marine  
844 aquaria with PLTX-producing soft corals) are recommended. Some patients repeatedly  
845 exposed and poorly protected have presented immune system problems (atopy,  
846 eczema, non-specific bronchial hyper-reactivity) with at least one case of respiratory  
847 impairment lasting for several years, after three seasons of contaminated seawater  
848 sampling (non-specific asthma evoking a reactive airways dysfunction syndrome; De  
849 Haro, unpublished). However, in the current state of knowledge it is difficult to assess  
850 the exact risks induced by chronic exposure to *Ostreopsis*.

851

852 In the Mediterranean, two differential pathologies can be erroneously attributed to  
853 exposure to *Ostreopsis* blooms. First, erythema and itching without respiratory  
854 symptoms may be due to the endemic cercarial dermatitis or swimmer's itch induced  
855 by the avian schistosome *Microbilharzia variglandis* (Horák et al., 2015), a common

856 parasite of the Laridae family (gulls and sterns). The aquatic larvae of the bird parasite  
857 can penetrate human skin although they won't develop in humans. Second,  
858 dermatological signs accompanied by mucosal irritation (eyes, nose, and throat) during  
859 or after a sea bath can also be caused by exposure to blooms or presence of certain  
860 marine cyanobacteria (*Lyngbya*, *Schizothrix*, *Oscillatoria*, *Symploca*; Greillet et al.,  
861 2020), small pelagic molluscs with pointed shells (Gasteropoda, Thecosoma) or small  
862 cnidarians, which produce cytotoxins causing a clinical picture very similar to that  
863 presented by exposure to *Ostreopsis* blooms (De Haro, unpublished).

864

865 From a therapeutic point of view, exposure prevention and protection are key for  
866 protection against *Ostreopsis*-related health problems. Since beaches of the French  
867 coasts are closed during blooms and strictly supervised, poisoning of the general public  
868 is less frequent today. In addition, all professionally exposed workers should be  
869 protected with adapted devices. During a proven or suspected exposure,  
870 decontamination by a shower is always recommended. Experience in Europe and  
871 Algeria with several hundred cases (Illoul et al., 2012) shows that symptomatic  
872 treatment is effective for acute *Ostreopsis* poisonings: anti-inflammatory drugs and, if  
873 necessary, bronchodilators must be administered. The six-year epidemiology study  
874 also revealed that the reported acute symptoms usually disappeared when people  
875 decreased or stopped the inhalation of the marine aerosols; interestingly, air  
876 conditioning palliated the symptoms, as described in the case of *Karenia brevis* blooms  
877 (Fleming et al., 2011). However, we have no experience of the treatments that could  
878 be effective for the health problems induced by chronic *Ostreopsis* exposure.

879

880 More studies are required to improve our knowledge of the ultimate and direct  
881 involvement of the microalga in human health problems. Concurrent epidemiologic  
882 and ecologic studies along a whole year should be conducted. However, investigating  
883 the symptoms in humans outside the summer period is complex because the  
884 occupation of the site and beach activity are much lower and the effects of exposure  
885 to *Ostreopsis* can be misdiagnosed or confused with other seasonal diseases. This is  
886 the case when symptoms are reported in the fall, a typical flu period. The availability of  
887 specific biomarkers could help to clarify this question. Finally, it is necessary to explore  
888 whether symptoms similar to those caused by *Ostreopsis* occur when the microalga is  
889 not present, pointing out the responsibility of other organisms and/or abiotic  
890 conditions. In this context, it is necessary to determine the nature of the chemical  
891 compounds involved in the reported symptoms. Although PLTX analogues have been  
892 suggested and have shown respiratory effects in experiments with mice (Poli et al.,  
893 2018), they have been rarely found in the natural aerosol (Ciminiello et al., 2014).  
894 Complex interactions between biological processes and air-sea aerosol production  
895 dynamics seem to be involved in the aerosolization of *Ostreopsis*-produced toxins as  
896 recently observed using an aerosol producing incubation tank in the laboratory  
897 (Medina-Pérez et al., 2021). It is also possible that other biological compounds,  
898 fragments of cells and mucus could be at play (Casabianca et al., 2013). In association  
899 with an *Ostreopsis* bloom, involved ecological processes occurring within the benthic  
900 and planktonic food web (section 2) could also directly or indirectly affect humans. It is  
901 also unclear whether the chemicals affecting humans, which may be different from  
902 those with negative effects on marine organisms, remain intracellular or whether they  
903 are released to the water and/or retained by the mucus as well. As an example, in

904 laboratory experiments, Giussani et al. (2015) reported PLTX-equivalent  
905 concentrations below detection limit in the dissolved fraction and less than 10 % in the  
906 mucus, with most toxin being intracellular. Concerning cells aggregated in sea-flowers  
907 at the surface water (Figure 1E), they provide an unpleasant aspect to the coast, and  
908 could be the major source of human respiratory intoxication on beach users and  
909 people working or living near *Ostreopsis* hot spots.

910

911

### 912 **4.3. Socioeconomic consequences**

913 The current and future socioeconomic consequences of *Ostreopsis* blooms depend  
914 first of all, on how much people, especially beach-goers, currently know about the risk  
915 and how they react to the new information they receive. Our results from the  
916 socioeconomic survey show that most people currently ignore the *Ostreopsis* issue and  
917 that a quite high proportion of beachgoers faced with new scientific information  
918 considers that scientists overstate these risks and even that the information could  
919 create an unnecessary panic and could scare away tourists. It was also observed that  
920 the attitude towards new scientific information and towards *Ostreopsis* health related  
921 risks differs according to sociodemographic and geographic characteristics.

922

923 Consequently, these results should be taken into account for future public  
924 communication strategies on health risks related to *Ostreopsis* blooms. For instance,  
925 due to a difference in risk perception, targeting various populations differently (e.g.,  
926 tourists as opposed to residents) should be considered. Moreover, scientists and public  
927 authorities should be aware that a health risk communication based public policy,

928 however much desirable it may be from a public health stand point could come up  
929 against a set of obstacles at the local level due to fear about its possible negative  
930 impact on the economy (e.g., on tourism activity).

931

932 Following the two hypothetical scenarios for *Ostreopsis* blooms in a near future, our  
933 results show that an increase in the associated health risks would entail various costs,  
934 depending first on how public authorities and beachgoers will react to the presence of  
935 these blooms and to the subsequent public rules set up about beach access. This is the  
936 very reason why, among other things, we have not yet assessed all these potential  
937 costs in monetary terms. In order to conduct such a valuation, the methodology would  
938 consist in distinguishing tangible from intangible costs in the valuation process.

939 Tangible costs, such as costs of illness, could be calculated starting from the expected  
940 number of beachgoers suffering from symptoms due to *Ostreopsis* and using standard  
941 unit costs to treat these symptoms. For intangible costs, well-being losses (due to an  
942 expected decrease in access to the beaches and to an expected discomfort for those  
943 planning to keep going to the beach and for those affected by the symptoms) would  
944 have to be converted into money with specific economic valuation methods (e.g.,  
945 Contingent Valuation Method, Choice Experiment Method) based on the Willingness  
946 to Pay concept.

947

948

949

950 **5. General conclusions**



951 The aim of this paper was to summarize the knowledge concerning the impacts of  
952 *Ostreopsis* (mainly *O. cf. ovata*) blooms on the ecosystems, human health and the  
953 economy in the Mediterranean coasts.

954

955 Although some studies have documented massive mortalities of benthic organisms  
956 concurrent to proliferations of *Ostreopsis cf. ovata* in the Mediterranean,  
957 understanding of the involved deleterious mechanisms is poor. Field studies ought to  
958 be conducted, but they are complex and challenging. Laboratory experiments can help  
959 to shed light on the issue, but require more realistic and standardized design. There is  
960 a clear need to homogenize experimental setups and ecotoxicological approaches, and  
961 to explore the species-specific sensitivity and responses to the presence of *Ostreopsis*.  
962 New methods, such as metabolomics, can help to clarify the chemical compounds  
963 involved in the interactions of the microalga with other marine organisms. While the  
964 role of the *Ostreopsis*-synthesized mucus seems very relevant, addressing its study is  
965 also difficult. It is also mandatory to investigate the factors determining the  
966 physiological state of and the dynamics of toxin production by *Ostreopsis* cells, the  
967 potential transfer of toxic compounds through the food web up to humans, and the  
968 actual risk of food poisoning due to ingestion of PLTX-contaminated seafood in the  
969 Mediterranean.

970

971 The public health studies conducted in the NE Mediterranean are instrumental in a  
972 better understanding of the effects of the direct and acute exposure to seawater  
973 containing *Ostreopsis* cells and of inhaled aerosolized compounds during its blooms.

974 The two experiences presented here are complementary and consistent, and they

975 prove the relationship between the *Ostreopsis* blooms and impacts on human health.  
976 Still, further multidisciplinary research is required to clarify the cause-effect links.  
977 Among others, appropriate human biological markers and tests with human culture  
978 tissues will help to characterize the health problems. A major conclusion is that  
979 addressing the effects of chronic exposure on human health is mandatory. This would  
980 require retrospective and prospective epidemiological studies with tests, face-to-face  
981 (or directed) interviews and preferably with larger human cohorts, stratified according  
982 to different levels of exposure to the ecological conditions.

983

984 Meanwhile, the implemented surveillance networks and strategies have proven  
985 efficient to prevent further impacts on human health and the potentially failing of the  
986 health care system. From a management point of view (Table 3), we suggest to  
987 monitor both the benthic and planktonic *Ostreopsis* cf. *ovata* populations, in order to  
988 appropriately alert to potential exposure and health effects. Threshold alert values at  
989  $2 \cdot 10^5$  cells·g FW<sup>-1</sup> of macroalgae and  $3 \cdot 10^4$  cells·L<sup>-1</sup> in the water, respectively, as  
990 suggested in former studies seem to be appropriate, although symptoms can also be  
991 identified below these numbers.

992

993 Still, because the symptoms of acute exposure are mild and the chronic effects are  
994 unknown, the general public is poorly aware of the *Ostreopsis* blooms and its human  
995 health as well as socioeconomic risks associated, as revealed by the intensive survey  
996 conducted on residents and tourists in Nice and Monaco. As a consequence, blooms of  
997 *Ostreopsis* are not currently perceived as a risk or a real socioeconomic problem, thus  
998 making it premature to define adaptation strategies. That is the reason why,

999 implementing a monitoring and public information system for the population seems to  
1000 be a first priority. However, the effectiveness of such an approach, will depend on how  
1001 the different population categories will react to this type of information, as revealed  
1002 by the socioeconomic survey. In particular, the perceived severity of symptoms and  
1003 the credibility granted to the scientific information and to the future risk scenarios  
1004 varied significantly depending on the sociodemographic characteristics of the  
1005 individuals. Therefore, the communication strategy on the risks associated with  
1006 *Ostreopsis* blooms must be carefully designed, taking into account the target  
1007 audiences, in particular the least receptive, as well as the alarm generated by the  
1008 provided information on various economic activities (e.g., economic impact of lower  
1009 tourist activity)). The socioeconomic survey clearly shows that the *Ostreopsis* blooms  
1010 could become a major socioeconomic issue in the future. Indeed, these blooms may  
1011 have a significant impact (even for moderate symptoms) on how often tourists and  
1012 residents alike could consider going to the beach. All these consequences may lead  
1013 therefore to future tangible (e.g. decrease in some market activities) and intangible  
1014 (loss of wellbeing) economic effects.

1015

1016 Nowadays, understanding the complexity of the *Ostreopsis* bloom dynamics is  
1017 therefore fundamental in order to anticipate these events in future climate change  
1018 scenarios and in other areas. Furthermore, not only global warming but also the role of  
1019 multiple anthropogenic forcings such as coastal habitats destruction, must be  
1020 considered as drivers of the increase and expansion of *Ostreopsis* blooms in temperate  
1021 coastal areas. *Ostreopsis* is the paradigm of the dependence of Human Health on  
1022 Oceans Health, which requires to be approached by a holistic, One Health vision, as

1023 intended by the CoCliME project. This paper is an example of how the transdisciplinary  
1024 collaboration between specialists in marine ecology, applied field epidemiology, and  
1025 socioeconomy, can contribute to working out strategies to prevent and mitigate the  
1026 impacts of *Ostreopsis* blooms in the Mediterranean and other regions (such as in the  
1027 Bay of Biscay, North-East Atlantic, where harmful *Ostreopsis* spp. occurred in 2020 and  
1028 2021; Chomérat et al., 2022), as well as to designing potential adaptation tools. This  
1029 particular approach also applies to other Harmful Algal Blooms.

1030

1031

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1473 **8. Figure Legends**

1474 **Figure 1.** Different images of an *Ostreopsis* cf. *ovata* roliferation. Benthic cells form  
1475 the brownish mucilaginous carpet covering pebbles (A) and macroalgae (B, C).  
1476 Detached from the bottom, high planktonic cell abundances are visible in the water  
1477 column (D) and aggregates are also found floating at the sea surface (E) forming “sea-  
1478 flowers” or "fleurs d'eau" in French. A, B, C and D pictures from  
1479 Rochambeau, Villefranche-sur-mer, France; E photo taken in Sant Andreu de  
1480 Lllavaneres, Catalonia, Spain.

1481

1482 **Figure 2.** Conceptual approach to initiate the evaluation of the main tangible and  
1483 intangible socioeconomic impacts of *Ostreopsis* blooms. Source: from authors.

1484

1485 **Figure 3.** Temporal dynamics (from June 1st, Julian day 150, to the end of December,  
1486 Julian day 360) of the monitored *Ostreopsis* cf. *ovata* blooms and the number of  
1487 people reporting *Ostreopsis*-related symptoms in each studied year (2013 to 2018) in  
1488 Sant Andreu de Lllavaneres. Epidemiological data are represented by dashed lines and  
1489 highlighted by arrows, with units (0-20) in the first left Y-axis. *O.* cf. *ovata* cell  
1490 concentrations in the benthos (continuous line, second left Y-axis) and in the plankton  
1491 (dotted lines, right Y-axis) are presented in logarithmic scale. The two horizontal lines  
1492 indicate alert thresholds for cell abundance, respectively,  $2 \cdot 10^5$  cells gFW<sup>-1</sup> of  
1493 macroalgae (continuous line) and  $3 \cdot 10^4$  cells L<sup>-1</sup> of water (dotted line) used in some  
1494 management procedures (see Discussion).

1495

1496 **Figure 4.** Temporal variation of the number of people (dotted line, left Y-axis)  
1497 reporting *Ostreopsis*-related symptoms and the *Ostreopsis cf. ovata* cell concentration  
1498 (continuous line, right Y-axis) in the benthos (upper graph) and in the plankton (lower  
1499 graph) in Sant Andreu de Llavaneres. The plotted data correspond to the mobile  
1500 average (every 7 days) of the epidemiologic and *Ostreopsis* abundance data obtained  
1501 for each Julian day along the 6-year study. In each graph, dashed horizontal lines  
1502 indicate cell abundance alert thresholds, respectively,  $2 \cdot 10^5$  cells·g FW<sup>-1</sup> of macroalgae  
1503 and  $3 \cdot 10^4$  cells·L<sup>-1</sup> of water, used in some management procedures (see Discussion).

1504

1505

#### 1506 **9. Declaration of Competing Interest and Authors contributions**

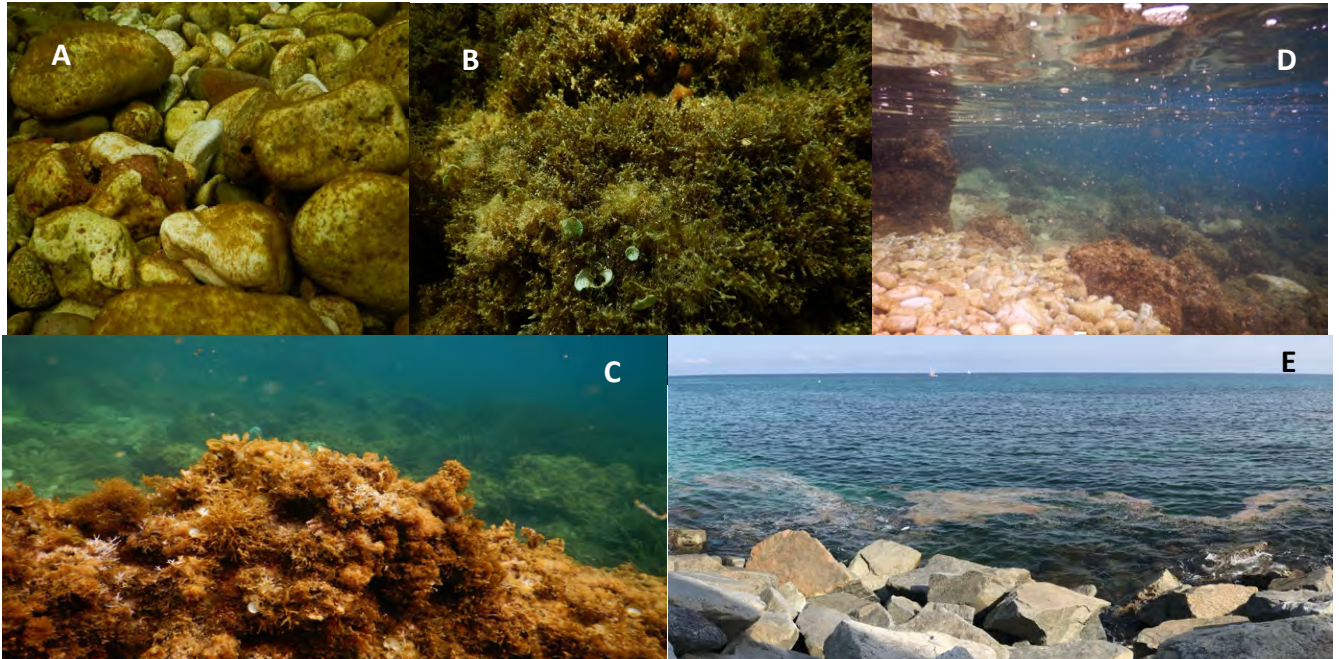
1507 All authors declare that they have no known competing financial interests or personal  
1508 relationships that could have appeared to influence the work reported in this paper.

1509 All authors contributed to the writing and approved the final version. In particular, R.L.  
1510 and A.-S.P. were in charge of the environment impacts section; E.B., R.A.-H., N.I.M.-P.,  
1511 M.V. and L.V. conducted the environmental and epidemiology studies in Catalonia;  
1512 L.d.H. and R.L. coordinated the human health studies in France; M.T., G.A. and J.T.  
1513 conducted the socioeconomic studies; E.B., B.K. and R.L. coordinated the overall study  
1514 within the CoCliME project.

1515

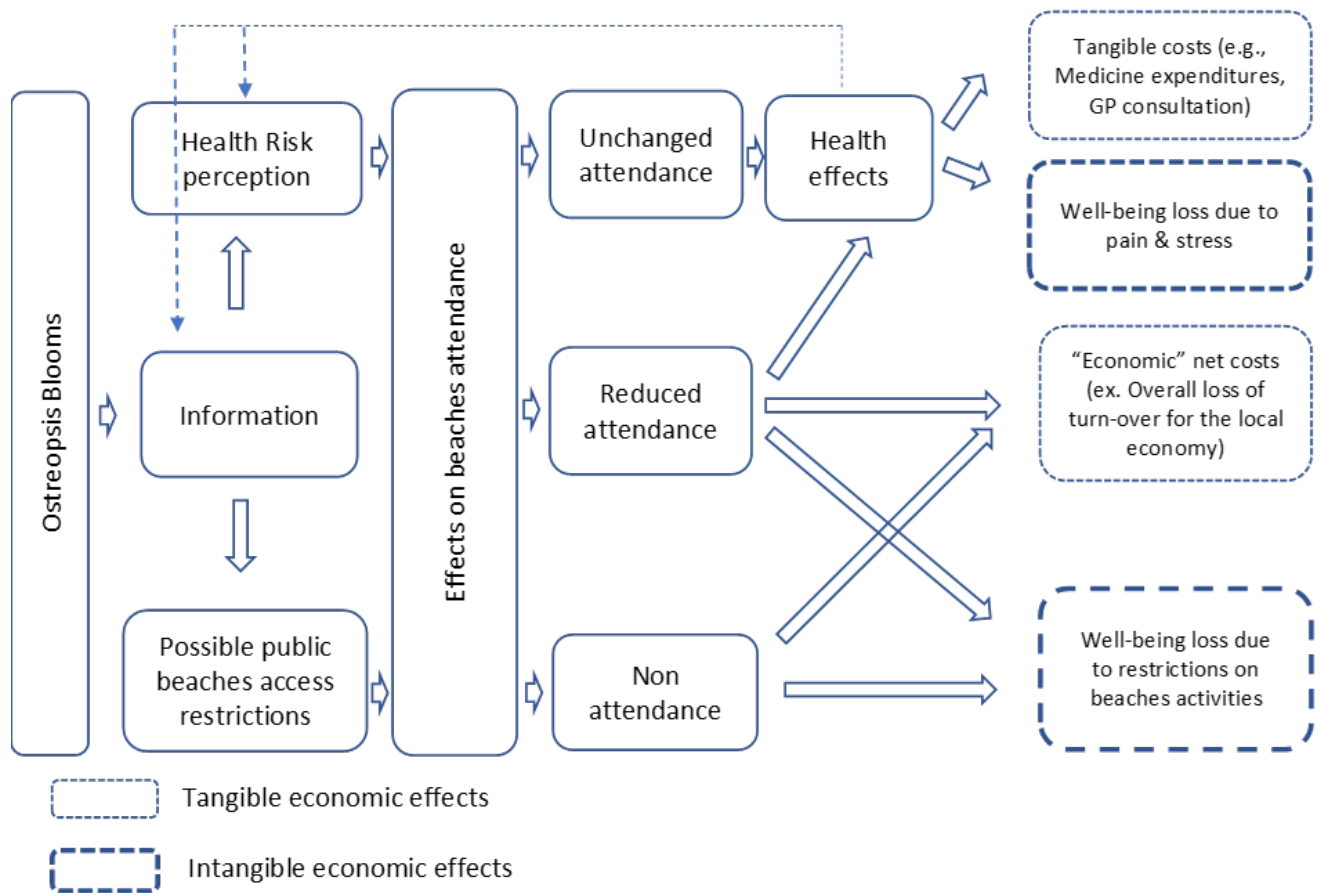


1516 **Figure 1.**  
1517



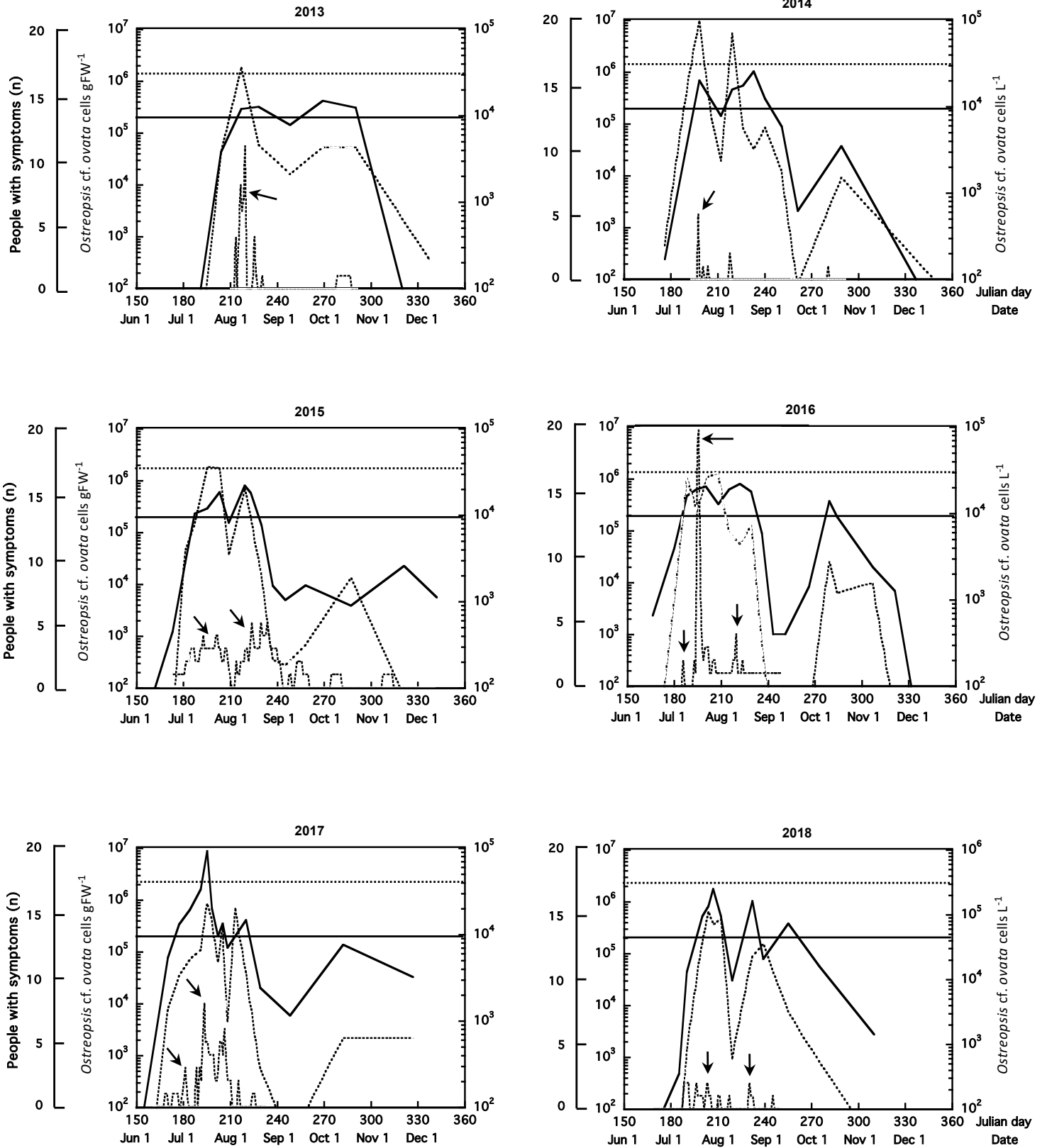
1518  
1519

1520 **Figure 2.**  
1521



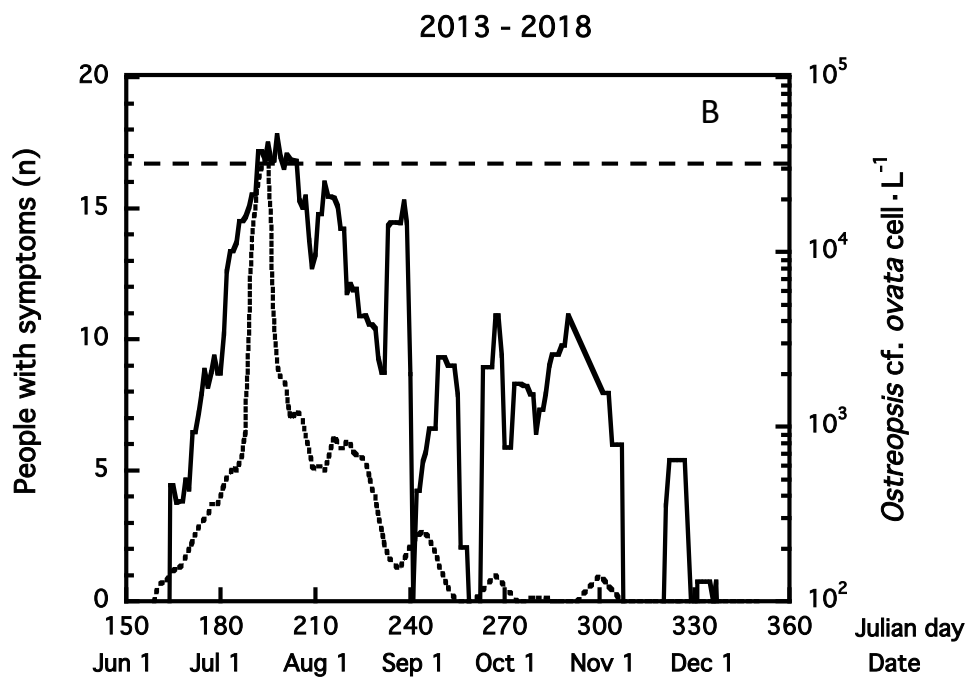
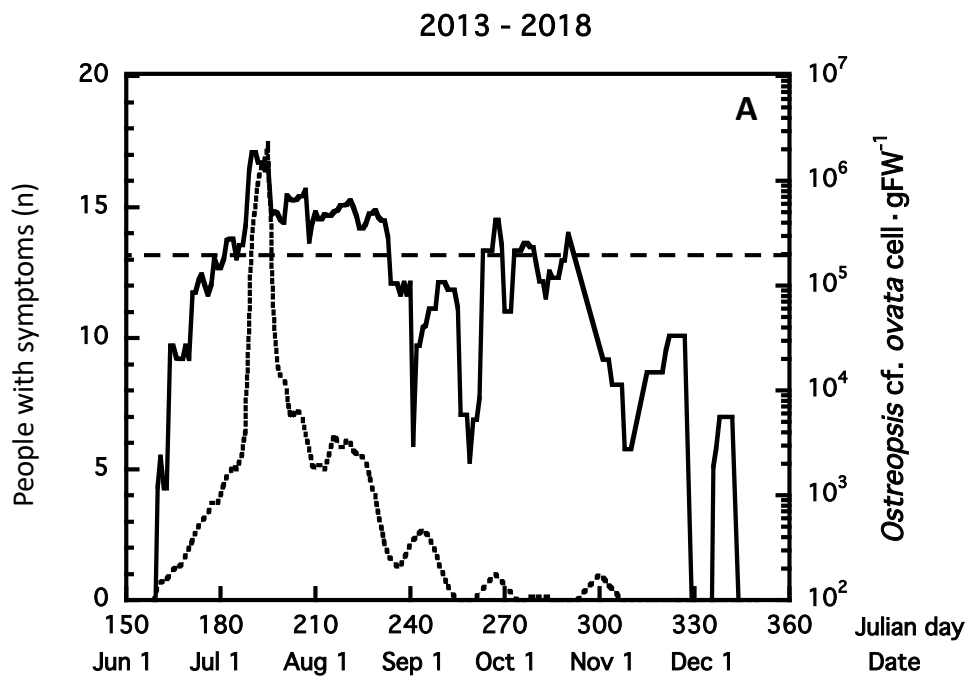
1522  
1523

1524 **Figure 3.**  
1525



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1527 **Figure 4**  
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1529

1530 **Table 1.** Basic information concerning the distributed questionnaires per year. The prevalence rate (%) is defined as the percentage  
 1531 of people that presented symptoms in the answered questionnaires.

1532

Year	2013	2014	2015	2016	2017	2018
<b>Questionnaires distributed (n)</b>	16	14	68	68	118	43
<b>Questionnaires answered (n)</b>	16	14	29	28	22	5
<b>Questionnaires answered (%)</b>	100	100	42.6	41.2	18.6	11.6
<b>People with symptoms (n)</b>	13	5	13	21	22	5
<b>Prevalence rate (%)</b>	81.3	35.7	44.8	75	100	100

1533

1534 **Table 2.** Prevalence rate (in %) of the different symptoms registered in questionnaires every year. Symptoms are listed alphabetically within  
 1535 the corresponding human organ system. Empty cells indicate that the particular health problem was not reported.  
 1536

<b>Organ system</b>	<b>Symptoms</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
<b>General</b>	Chill				1.6	3.7	1.3
	Fever			3.1	1.1		
	Headache		13.1	13.6	8.8	9.6	3.5
	Leg cramps			0.2		7.1	3.1
	Malaise	5.9	13.1	8.7	8.0	4.2	3.1
	Muscular pain			7.5	1.9	9.0	5.3
	Somnolence					0.4	2.6
	Tiredness				0.8	1.5	4.4
<b>Otorhinolaryngologic</b>	Loss of voice				1.1		3.1
	Nose irritation	45.9	39.5	0.3	7.4		1.3
	Runny nose	45.9	2.6	13.7	16.1	10.7	17.2
	Sneezes		21.1		4.5		11.9
	Sore throat			9.0	8.3	10.1	4.4
<b>Ophthalmologic</b>	Sore eyes	2.3	5.3	8.1	9.7	7.4	2.6
	Weeping eyes			12.6	8.2	7.6	2.6
<b>Digestive</b>	Diarrhoea					1.0	
	Metallic taste			3.6	2.7	7.4	9.3
	Nausea						
	Vomiting						
<b>Respiratory</b>	Cough			13.0	13.2	11.4	7.5
	Hoarseness			1.0	1.1	0.9	
	Mucus in the throat		5.3		0.5		11.5

	Shortness of breath	3.8	3.4	3.6	3.1
	Wheezing		1.1		2.2
<b>Dermatologic</b>	Itching skin		0.5	0.9	
	Red skin (rash)	0.1			
<b>Cardiac</b>	Irregular	1.7		3.5	

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**Table 3.** Acute symptoms related to exposure to *Ostreopsis* along the bloom and relationship with the life stage of the cells, based on the experience of the French Mediterranean National *Ostreopsis* Surveillance Network. Reference cell abundances in the benthos (B), plankton (P) and floating aggregates (A), based on the experience in France, Italy (Funari et al., 2015) and the data presented in the 6-year epidemiology-ecology study in Catalonia (section 3.2.1); values in brackets are maximum numbers shown in Figure 3.

Stage	<i>Ostreopsis</i> abundance	<i>Ostreopsis</i> bloom / life stage	ACUTE SYMPTOMS
1	B: $2 \cdot 10^4 - 2 \cdot 10^5$ cells·gFW <sup>-1</sup> P: $< 3 \cdot 10^4$ cells·L <sup>-1</sup>	Pre-bloom conditions, early exponential phase. Large cell concentrations mostly in the benthic stage.	Skin irritations only after direct contact with the benthic substrate (macrophyte, rocks).
2	B: $2 \cdot 10^5$ to $\geq 5 \cdot 10^5$ (6.9 $10^6$ ) cells·gFW <sup>-1</sup> P: $\geq 3 \cdot 10^4$ ( $1 \cdot 10^5$ ) cells·L <sup>-1</sup>	Bloom conditions, exponential and early stationary phase. Well established benthic as well as planktonic populations.	Cutaneous signs become more important, including mucosal symptoms: eye irritation from conjunctivitis to keratitis, rhinorrhoea, bronchorrhoea with dyspnoea and cough; characteristic sign of metallic taste.
3	A: $> 1 \cdot 10^6$ ( $1 \cdot 10^7$ ) cells·L <sup>-1</sup>	Stationary bloom conditions. Well established benthic as well as planktonic populations. Floating aggregates containing high cell concentrations found at the sea surface, especially under windy conditions.	More severe general signs even without direct contact with seawater, mainly by inhalation of contaminated aerosols and in people without a previous respiratory history (i.e., walkers, residents). Irritation symptoms as in stage 2: fever, myalgia, arthralgia, digestive symptoms, bronchospasm with asthma attack. Most serious cases reported in high-risk populations (children or elderly people with asthma or respiratory deficiency) or under special circumstances (e.g., divers exposed to contaminated droplets condensed in the air tanks regulator).

1545



1546 **Table 4.** Attitude and reactions (in %) towards obtaining additional information on *Ostreopsis* blooms. Source: from authors.

1547

	<b>Monaco resident</b>	<b>Nice resident</b>	<b>Nice tourist</b>	<b>Total</b>
<b>Not overstated scientific information</b>	77.8	88.1	93.2	83.4
<b>Unnecessary panic</b>	23.9	19.5	11.4	20.7
<b>Scare away tourists</b>	50.0	56.8	56.8	53.3
<b>Credibility of scenario 1</b>	85.2	85.6	72.7	83.7
<b>Credibility of scenario 2</b>	83.5	80.5	77.3	81.7
<b>Threat to the health (scenario 1)</b>	69.9	61.0	50.0	64.2
<b>Threat to the health (scenario 2)</b>	79.0	79.7	77.3	79.0
<b>Severity of the symptoms</b>	46.0	42.4	38.6	43.8

1548

1549 **Table 5.** Potential attendance to the beach (in %) in the two future scenarios described in section 2.3. Source: from authors.  
 1550

	Scenario 1			Scenario 2		
	No more attendance	Reduced attendance	Unchanged attendance	No more attendance	Reduced attendance	Unchanged attendance
<b>Monaco resident</b>	60.8	16.5	22.7	-	-	-
<b>Nice resident</b>	54.2	27.1	18.7	83.1	11.0	5.9
<b>Nice tourist</b>	40.9	29.5	29.5	81.8	13.6	4.6
<b>Overall</b>	55.9	21.9	22.2	82.7	5.6	11.7

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1554 **Table 6.** Highlighted determinants of stopping beach-going (scenario 1). Source: from authors.  
 1555

	<b>Monaco resident</b>	<b>Nice resident</b>	<b>Nice tourist</b>
<b>Constant term</b>	-1.280*** (0.490)	-1.997*** (0.634)	-1.467* (0.768)
<b>Age (years)</b>	0.015** (0.007)	0.022** (0.009)	
<b>With people under 15 in the household (1 if yes, 0 if no)</b>	0.877*** (0.251)	0.709*** (0.271)	---
<b>Gender (1 if male, 0 if female)</b>	---	-0.611** (0.260)	---
<b>Living with his /her parents during the survey (1 if yes, 0 if not)</b>	-1.052** (0.427)	---	---
<b>With a higher education degree (1 if post baccalaureate degree, 0 otherwise)</b>	---	---	---
<b>Prior knowledge of <i>Ostreopsis</i> (1 if knowledge of the symptoms related to the blooms of <i>Ostreopsis</i>, 0 if no)</b>	---	---	---
<b>Overstated information (1 if yes, 0 if no)</b>	---	---	---
<b>Severity of symptoms (1 if the symptoms associated with <i>Ostreopsis</i> are considered quite severe or severe, 0 otherwise)</b>	0.373* (0.218)	---	---
<b>Credibility of scenario 1 (1 if yes, 0 if no)</b>	---	0.755** (0.379)	---
<b>Threat to health (1 if yes, 0 if no)</b>	0.744*** (0.241)	0.972*** (0.266)	0.847* (0.444)
<b>Previous tourist stay in Nice (1 if yes, 0 if no)</b>	----	----	1.472** (0.644)

<b>Walking or beach-going is the main reason for the tourist stay (1 if yes, 0 if not)</b>	----	----	-0.805* (0.433)
<b>Pseudo R<sup>2</sup></b>	0.22	0.18	0.26
<b>Correctly classified</b>	77.3 %	70.3 %	70.5 %
<b>Number of observations</b>	176	118	44

1556

1557 Note: Each number (e.g., 0.015) corresponds to the estimated coefficient of the variable used to  
 1558 explain the probability of stopping beach-going. The standard errors of the estimated coefficient are  
 1559 indicated in brackets.

1560 \*\*\*, \*\*, \* indicates significance at 0.01, 0.05 and 0.1 level of risk; --- : indicates not significance at the  
 1561 10 % level of risk.

1562 **APPENDIX 1**1563 **Deciphering the clinical and epidemiological symptoms associated to exposure to**1564 ***Ostreopsis* blooms in the case study in Catalonia and in the Mediterranean French coast.**

1565 At the beginning of the 21<sup>st</sup> century, the international experience about the effects of  
1566 *Ostreopsis* blooms on human health was very limited and confusing. The taxon had been  
1567 linked to severe foodborne poisonings in the tropics, because some *Ostreopsis* species were  
1568 found to produce PLTX analogues; however, no *Ostreopsis* blooms had been reported in  
1569 these tropical areas. The PLTX contaminated seafood consisted on either particular pelagic  
1570 fish species (that feed on plankton) or crustaceans and benthic fish species living in coral  
1571 reefs (see e.g., review by Tubaro et al., 2011), pointing to both a planktonic and a benthic  
1572 source of the toxin. The clinical picture of the foodborne poisonings in the tropics started by  
1573 a metallic taste, followed by discomfort accompanied by digestive symptoms, and very  
1574 quickly the appearance of neurological and especially cardiovascular problems sometimes  
1575 threatening the vital prognosis. Still, the toxicity of PLTX and analogues in humans was  
1576 poorly known, and no PLTX-analogues analyses were conducted at that time.

1577

1578 In Europe, the first health problems attributed to exposure to *Ostreopsis* toxins consisted on  
1579 respiratory and cutaneous irritations and, fortunately, did not resemble these dramatic  
1580 tropical case reports following seafood ingestion. However, during the first episodes of  
1581 *Ostreopsis* proliferations in Europe, clinical toxicologists who cooperated with the  
1582 emergency workers on the front lines had no experience of the potential clinical features  
1583 that could be induced by these events. There was no model or equivalent pathology to rely  
1584 on from a clinical point of view. The first isolated and confirmed cases of respiratory  
1585 symptoms in people exposed to sea spray were reported in 2003 in Italy (Gallitelli et al.,

1586 2005) with suspected human cases since 1998 in Tuscany (Sansoni et al., 2003) and in 2004  
1587 in Spain (Vila et al., 2008). In 2005, the Italian city of Genoa in Liguria, neighbouring the  
1588 French Riviera, was concerned by respiratory problems observed in approximately 200  
1589 people who inhaled contaminated sea spray in one single day (Brescianini et al., 2006), with  
1590 many patients treated in the local hospital emergency units.

1591 On August 4th-10th, 2004, an epidemic outbreak of upper respiratory irritation symptoms  
1592 occurred in Sant Andreu de Llavaneres (Catalonia, Spain, NW Mediterranean; Àlvarez et al.,  
1593 2005; Vila et al., 2008). About 200 people inhabiting the apartments in the shoreline were  
1594 affected. The main reported symptoms and the corresponding prevalence rates were runny  
1595 nose (74.2 %), nose irritation (66.1 %), sore throat (62.9 %), cough (59.7 %), expectoration  
1596 (51.6 %), sore eyes (41.4 %) and headache (40.3 %). Exposure to anthropogenic toxic  
1597 chemicals (e.g., pesticides, fertilizers, industry products, ship spills, ...) was discarded.  
1598 Seawater analyses detected the presence of *Ostreopsis* spp. at concentrations of ca.  $2.3 \cdot 10^4$   
1599 cells·L<sup>-1</sup> within the outbreak period. This event, similar to those reported in Italy (Gallitelli et  
1600 al., 2005; Brescianini et al., 2006), was also attributed to the *Ostreopsis* presence in the  
1601 water in relatively high concentrations as the most plausible cause of the respiratory signs.

1602

1603 The first poisonings in France occurred in 2006. In the Frioul Island (Marseille), four divers  
1604 with no previous relevant medical history, experienced mucosal irritation, breathing  
1605 difficulties and systemic symptoms (fever, headache, diarrhoea and asthenia) after  
1606 exploring a beach closed to the public during an important *Ostreopsis* bloom (cell densities  
1607 of  $2.5 \cdot 10^4$  -  $90 \cdot 10^4$  cells L<sup>-1</sup>; Tichadou et al., 2010).

1608

1609 Concurrently to these irritative symptomatology, a completely new phenomenon appeared  
1610 into the scene: the tropical reef tanks (Schmitt and De Haro, 2013). This was a new aquarist  
1611 practice of maintaining, in private home aquariums, small artificial reefs containing soft  
1612 corals (*Palythoa*, *Protopalythoa*, *Zoanthus*). These three genera, as well as other related  
1613 taxa, are known to contain high quantities of PLTX in their tissues. Soft corals are sometimes  
1614 intentionally introduced into aquariums, but more often they are invaders that have been  
1615 brought inadvertently in the form of larvae attached to another invertebrate or to a mineral  
1616 substrate. The aquarist who then wants to get rid of intruders must be very careful. If the  
1617 tissues of these soft corals are damaged, they release large amounts of PLTX, not only into  
1618 the water but also into the atmosphere, due to the contamination of micro-droplets formed  
1619 by the aeration system of the tank. Then, humans in the same room can present skin  
1620 injuries (from simple irritation to bullous and necrotic lesions), metallic taste in the mouth,  
1621 mucosa irritation with rhinorrhoea, conjunctivitis (or even keratitis due to direct contact  
1622 with the water), respiratory distress, fever, myalgia, and digestive symptoms. Several cases  
1623 of ocular sequelae with definitive decline in visual acuity and / or post corneal ulcer  
1624 opacifications have been reported (Schmitt et al., 2018; Calon et al., 2019). These clinical  
1625 features were somehow similar to those reported during *Ostreopsis* blooms.

1626

1627 European clinical toxicologists were thus confronted with human exposures to marine toxins  
1628 causing cutaneous and respiratory symptoms: i) amateur or professional aquarists exposed  
1629 to large amounts of PLTX contained in soft corals, and ii) swimmers, divers or waterside  
1630 walkers and residents exposed during *Ostreopsis* proliferations to probably similar toxins.  
1631 The data accumulated from the aquarists experiences and from many *Ostreopsis* blooms in  
1632 the Mediterranean coasts (see Table 2 in Pavaux et al., 2020a) that have generated several

1633 hundred cases in Italy, Spain, France and Algeria (Illoul et al., 2012; Iddir-Ihaddaden et al.,  
1634 2013; where the Marseille Poison Control Centre is involved), allowed to draw a clinical  
1635 picture of acute *Ostreopsis* poisoning. This picture depends on the *Ostreopsis* bloom phase  
1636 at the time of contact and is presented in Table 3 of this paper).

1637

1638 The existence of a plausible biological link between the proliferations of this toxic  
1639 dinoflagellate and health impacts was supported by the first prospective epidemiological  
1640 follow-up conducted simultaneously with the monitoring of the microalgal dynamics (Vila et  
1641 al., 2016). In 2013, 81 % of the followed human cohort, composed by the staff of a  
1642 restaurant in front of the hot spot, experienced at least one *Ostreopsis*-related symptom  
1643 (eye irritation, nose irritation, runny nose or malaise). Since that study, epidemiology  
1644 surveys in the same population in parallel to ecological studies continued to be conducted in  
1645 the hot spot, and are presented in this study (sections 2.1.2, 2.2.1, 3.2, 4.2).

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**SUPPLEMENTARY INFORMATION**

Supplementary Table 1. Sociodemographic characteristics of the interviewed people. Source: from authors.

	Monaco residents			Nice residents			Nice tourists		
	Non beachgoers	Beachgoers	Total	Non beachgoers	Beachgoers	Total	Non beachgoers	Beachgoers	Total
<b>Age (average)</b>	64.2	44.6	48.8	62.1	42.4	47.6	52.3	40.3	44.4
<b>With people under 15 in the household (%)</b>	27.1	40.3	37.5	11.6	38.1	31.1	45.0	43.2	43.8
<b>Gender (% of males)</b>	31.3	44.3	41.5	41.9	51.7	49.1	60.0	50.0	53.1
<b>Living with his / her parents during the survey (%)</b>	0.0	13.1	10.3	0.0	9.3	6.8	0.0	9.1	6.3
<b>With a higher education degree (%)</b>	29.2	60.2	53.6	41.9	67.8	60.9	55.0	86.4	76.6
<b>Tourist who has already stayed in the city of Nice (%)</b>							85.0	72.7	76.6
<b>Tourist whose main reason for staying is to walk or go to the beach (%)</b>							35.0	45.5	42.2

1652

1653 Supplementary Table 2. Econometric estimations for the residents of the Monaco Principality. Source: from authors.  
1654

	Prior knowledge of <i>Ostreopsis</i>	Overstated information	Tourists leaving the place	Panic	Severity	Credibility	Threat
Constant term	---	-1.222*** (0.335)	-0.396 (0.254)	-0.702*** (0.150)	---	1.198*** (0.144)	-0.097 (0.247)
Age	---	0.017*** (0.006)	---	---	---	---	---
Over 60 years old	---	---	---	---	---	-0.489** (0.249)	---
With people under 15 in the household	---	---	---	---	---	---	---
Gender (Male)	---	---	---	---	---	---	---
Living with his /her parents during the survey	---	---	---	---	---	---	---
With a higher education degree	---	-0.603*** (0.221)	---	---	---	---	---
Prior knowledge of <i>Ostreopsis</i>	---	---	---	---	---	---	---
Overstated information	---	---	---	0.596** (0.242)	---	---	---
Severity	---	---	---	-0.373* (0.216)	---	---	---
Credibility	---	---	0.463* (0.274)	---	---	---	0.740*** (0.271)
Threat	---	---	---	---	---	---	---

<b>Pseudo R<sup>2</sup></b>	---	0.096	0.012	0.044	---	0.026	0.035
<b>Correctly classified</b>	---	79.0 %	54.6 %	76.1 %	---	85.2 %	71.0 %
<b>Number of observations</b>	176	176	176	176	176	176	176

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1656 Note: Each number (e.g., 0.017) corresponds to the estimated coefficient of the variable (in row) used to explain the probability of observing the phenomenon  
 1657 studied (in column). The standard errors of the estimated coefficient are indicated in brackets.

1658 \*\*\*, \*\*, \* indicates significance at 0.01, 0.05 and 0.1 level of risk respectively. ; --- : indicates no significance at the 0.1 level of risk.

1659 Supplementary Table 3. Econometric estimations for the residents of Nice. Source: from authors.  
 1660

	Prior knowledge of <i>Ostreopsis</i>	Overstated information	Tourists leaving the place	Panic	Severity	Credibility	Threat
<b>Constant term</b>	-1.811*** (0.316)	---	-0.521 (0.343)	0.262 (0.408)	-0.457* (0.246)	2.174*** (0.485)	0.074 (0.152)
<b>Age</b>	---	---	---	-0.015* (0.008)	---	-0.024** (0.010)	---
<b>Over 60 years old</b>							
<b>With people under 15 in the household</b>	---	---	-0.633*** (0.244)	-0.838** (0.350)	0.501** (0.255)	---	---
<b>Gender (Male)</b>	0.690* (0.376)	---	---	---	-0.569** (0.244)	---	---
<b>Living with his /her parents during the survey</b>	---	---	---	---	---	---	---
<b>With a higher education degree</b>	---	---	---	---	0.506* (0.270)	---	---
<b>Prior knowledge of <i>Ostreopsis</i></b>		---	---	---	---	---	---
<b>Overstated information</b>			---	---	---	---	---
<b>Severity</b>		---	---	-0.806** (0.325)		---	0.509** (0.243)
<b>Credibility</b>		---	1.087*** (0.349)	---	---	---	---
<b>Threat</b>		---	---	---	---	---	---

<b>Pseudo R<sup>2</sup></b>	0.055	---	0.097	0.146	0.086	0.074	0.028
<b>Correctly classified</b>	91.5 %	---	64.4 %	79.7 %	66.1 %	85.6 %	61.0 %
<b>Number of observations</b>	118	118	118	118	118	118	118

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Each number (e.g., 0.690) corresponds to the estimated coefficient of the variable (in row) used to explain the probability of observing the phenomenon studied (in column). The standard errors of the estimated coefficient are indicated in brackets. \*\*\*, \*\*, \* indicates significance at 0.01, 0.05 and 0.1 level of risk respectively. ; --- : indicates no significance at the 0.1 level of risk.

1665 Supplementary Table 4. Econometric estimations for the tourists of Nice. Source: from authors.

1666

	Prior knowledge of <i>Ostreopsis</i>	Overstated information	Tourists leaving the place	Panic	Severity	Credibility	Threat
Constant term	---	-1.668*** (0.335)	---	-1.453*** (0.296)	0.151 (0.255)	0.230 (0.273)	---
Age	---	---	---	---	---	---	---
Over 60 years old							
With people under 15 in the household	---	--	--	--	-1.154*** (0.444)	--	--
Gender (Male)	--	--	--	--	--	0.867** (0.435)	--
Living with his /her parents during the survey	---	---	---	---	---	---	---
With a higher education degree	---	---	---	---	---	---	---
Prior knowledge of <i>Ostreopsis</i>		1.668* (0.957)	---	---	--	--	---
Overstated information			---	1.883** (0.813)	---	---	---
Severity		---	---	---	---	---	---
Credibility		---	---	---	---	---	---
Threat		---	---	---	---	---	---
Previous tourist stay in Nice	---	---	---	---	---	---	---

<b>Walking or beach-going is the main reason for the tourist stay</b>	---	---	---	---	---	---	---
<b>Pseudo R<sup>2</sup></b>	---	0.14	---	0.19	0.13	0.08	---
<b>Correctly classified</b>	---	93.2 %	---	90.9 %	68.2 %	72.7 %	---
<b>Number of observations</b>	44	44	44	44	44	44	44

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Each number (e.g., 1.668) corresponds to the estimated coefficient of the variable (in row) used to explain the probability of observing the phenomenon studied (in column). The standard errors of the estimated coefficient are indicated in brackets. \*\*\*, \*\*, \* indicates significance at 0.01, 0.05 and 0.1 level of risk respectively. ; --- : indicates no significance at the 0.1 level of risk.