#### A Cluster-Randomized Trial of Hydroxychloroquine as Prevention of Covid-19 Transmission and

#### 2 Disease

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### **ABSTRACT**

49 Background

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- 50 Current strategies for preventing severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)
- 51 infections are limited to non-pharmacological interventions. Hydroxychloroquine (HCQ) has been
- 52 proposed as a postexposure therapy to prevent Coronavirus disease 2019 (Covid-19) but definitive
- evidence is lacking.
- 54 Methods
- We conducted an open-label, cluster-randomized trial including asymptomatic contacts exposed to a
- 56 PCR-positive Covid-19 case in Catalonia, Spain. Clusters were randomized to receive no specific therapy
- 57 (control arm) or HCQ 800mg once, followed by 400mg daily for 6 days (intervention arm). The primary
- 58 outcome was PCR-confirmed symptomatic Covid-19 within 14 days. The secondary outcome was SARS-
- 59 CoV-2 infection, either symptomatically compatible or a PCR-positive result regardless of symptoms.
- Adverse events (AEs) were assessed up to 28 days.
- 61 Results
- 62 The analysis included 2,314 healthy contacts of 672 Covid-19 index cases identified between Mar 17 and
- 63 Apr 28, 2020. A total of 1,198 were randomly allocated to usual care and 1,116 to HCQ therapy. There
- was no significant difference in the primary outcome of PCR-confirmed, symptomatic Covid-19 disease
- 65 (6.2% usual care vs. 5.7% HCQ; risk ratio 0.89 [95% confidence interval 0.54-1.46]), nor evidence of
- beneficial effects on prevention of SARS-CoV-2 transmission (17.8% usual care vs. 18.7% HCQ). The
- 67 incidence of AEs was higher in the intervention arm than in the control arm (5.9% usual care vs 51.6%
- 68 HCQ), but no treatment-related serious AEs were reported.
- 69 Conclusions

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- 70 Postexposure therapy with HCQ did not prevent SARS-CoV-2 disease and infection in healthy
- 71 individuals exposed to a PCR-positive case. Our findings do not support HCQ as postexposure
- 72 prophylaxis for Covid-19.
  - ClinicalTrials.gov registration number: NCT04304053

**INTRODUCTION** 

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Coronavirus 2019 disease (Covid-19) is a rapidly emerging infection caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The rate of new cases among contacts (secondary attack rate) has been estimated as 10 to 15%. 14 The current infection control strategy is based on social distancing and isolation of cases and contacts.<sup>5</sup> The effectiveness of the latter depends on the promptness of the intervention, level of contact tracing, and level of isolation compliance. Unfortunately, real-world constraints for implementing full effective measures have resulted in SARS-CoV-2 spread in many countries. Postexposure prophylaxis of healthy contacts is among the measures used for outbreak control of several infectious diseases, for example, in pandemic influenza. No agent is known to be effective in preventing SARS-CoV-2 infection or disease, but several drugs have shown antiviral activity in the laboratory, including the aminoquinolines hydroxychloroquine (HCQ) and chloroquine.<sup>8</sup> In-vitro results showed that these drugs block the SARS-CoV-2 viral spread in cell cultures<sup>9-11</sup> and that HCQ was more effective at impairing SARS-CoV-2 viral replication compared to chloroquine. <sup>11</sup> To date, only one RCT has reported on HCQ for postexposure prophylaxis for Covid-19.12 However, concerns have been raised about the trial design, primarily because most participants were diagnosed with an influenza-like illness based on symptoms alone, and only 20% of their Covid-19 outcome was confirmed with PCR. We investigated the efficacy and safety of HCQ to prevent secondary PCR-confirmed symptomatic Covid-19 (confirmed Covid-19) and SARS-CoV-2 infection in contacts exposed to a PCR-positive Covid-19 case during the outbreak in Catalonia, the region with the second highest number of Covid-19 cases in Spain.

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(called rings) of healthy individuals (contacts) epidemiologically linked to a PCR-positive Covid-19 case

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visit and laboratory methods for SARS-CoV-2 identification and quantification (Fig. S2) are provided in the Supplementary Appendix. **OUTCOMES** The primary outcome was the onset of a confirmed Covid-19 episode, defined as symptomatic illness (at least one of the following symptoms: fever, cough, difficulty breathing, myalgia, headache, sore throat, new olfactory and taste disorder(s), or diarrhea) and a positive SARS-CoV-2 RT-PCR test. The primary outcome was assessed in all asymptomatic individuals, irrespective of the PCR result; in a post hoc analysis, we explored the outcome in individuals with positive and negative PCR separately. Time-toevent was defined as the number of days from the date of randomization/exposure to the confirmed date of the onset of symptomatic illness. The secondary outcome was the incidence of SARS-CoV-2 infection, defined as either the RT-PCR detection of SARS-CoV-2 in a nasopharyngeal specimen or the presence of any of the aforementioned symptoms compatible with Covid-19. The rationale for this outcome was to encompass definitions of Covid-19 used elsewhere 12,15 and all possible viral dynamics. We, therefore, assumed that if clinical suspicion is high, infection should not be ruled out based on a negative PCR alone—particularly early in the course of infection. 15 Participants who were hospitalized or died and whose hospital/vital records listed Covid-19 as the main diagnosis (including PCR confirmation) were also considered for the primary and secondary outcomes. We also measured serological positivity (IgM/IgG) of contacts at day 14. Safety outcomes included the frequency and severity of adverse events (AE), serious AE (SAE), and AE of special interest (e.g., cardiac) up to 28 days from treatment start. Causality was assessed by an external panel of pharmacovigilance consultants. STATISTICAL ANALYSIS With an enrollment target of 95 clusters per trial group 16 —15 participants per cluster and intraclass

correlation of 1.0— the initial design yielded 90% power to detect a difference of 10% in the incidence,

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with expected incidence of 15% in the control arm. Owing to the limited information available by March 2020 regarding the cluster size and the incidence of Covid-19 after exposure, the protocol prespecified a sample-size re-estimation at the interim analysis. This re-estimation was aimed at maintaining the ability (80% power) to detect a reduction from 6.5% to 3% of the primary outcome, yielding 320 clusters per trial group with 3.5 participants per cluster. The primary efficacy analysis was performed on the intention-to-treat (ITT) population, which included all randomized subjects with complete outcome data. We decided not to impute outcome data to participants with missing measurements because this approach would have biased the incidence of secondary Covid-19 events. Sensitivity analyses were performed with the per-protocol (PP) population in participants who completed the trial according to the protocol. The safety population included all participants who received any trial intervention, including usual care. The cumulative incidence in primary, secondary, and safety outcomes was compared at the individual level using a binomial regression model with robust sandwich standard errors to account for clustering within rings.<sup>17</sup> We defined a generalized linear model with a binomial distribution and a logarithm link function to estimate the relative risk (RR) as a measure of effect. 18 The individual-level variables we adjusted for are age, gender, region, and time of exposure. We did additional pre-specified analyses to assess the consistency of treatment effects in subgroups defined according to the viral load of the contact at baseline, viral load of the index case, place of exposure, time of exposure to the index case. Survival curves by study groups on time-to-event outcomes were compared using a Cox proportional hazards model with a cluster-level frailty term to adjust for clustering. <sup>19</sup> The significance threshold was set at a two-sided alpha value of 0.05, unless otherwise indicated, and all statistical analyses were conducted in R version 3.6.2.<sup>20</sup>

**RESULTS** 

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CHARACTERISTICS OF STUDY PARTICIPANTS Between Mar 17 and Apr 28, 2020, we assessed 754 Covid-19 index cases for eligibility; 672 of them were selected for defining the corresponding clusters, which included 4,399 contacts (Fig. 1), 1,874 (42.6%) of the 4,399 contacts were not enrolled because of at least one exclusion criteria, including contacts presenting Covid-19-like symptoms before enrolment (n = 537). Additionally, 211 (8.4%) of 2.525 enrolled contacts were excluded from ITT analysis because of screening failure or missing PCR results on day 14, yielding an ITT population of 2,314 contacts. During follow-up, 64 participants had a protocol deviation regarding the intervention (PP population of 2,250 contacts). The demographic, clinical, and epidemiological characteristics of participants at baseline were similar in the two study arms (Table 1, PP analysis in the Supplementary Appendix). The mean age of contacts was 48.6 years (SD 19.0) and the PCR test at baseline was negative in 87.8% of them (2,000 of 2,314). Overall, 55.6% of the participants (1,287 of 2,314) reported chronic health conditions. The median length from exposure to enrolment was 4.0 (IQR 3.0-6.0) days. The size of clusters was similar in both arms (median 2.0 vs. 2.0; P = 0.25). Exposure was predominantly from an index case with moderate-to-high viral load shedding (460 of 549 [83.8%] index cases with available viral load assessment). Health care workers and nursing home workers accounted for 60.3% (1,395) of the participants; 27.7% (640) were enrolled as household contacts, and 12.7% (293) as nursing home residents. Overall, 67.2% (1,555) of participants reported routine use of masks at the time of exposure, and 6.2% (144) of contacts continued to sleep in the same room as the index case. PRIMARY OUTCOME During the 14-day follow-up, 138 (6.0%) of 2,314 participants experienced a PCR-confirmed, symptomatic Covid-19 episode. The primary outcome was similar in the control arm (6.2%; 74/1,198)

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participants who became PCR-positive during follow-up, 30 (24.0%) were seropositive on day 14 (Fig S4).

#### ADHERENCE AND SAFETY

Full adherence for the trial intervention was 97.5% (1,268 of 1,300) in the control arm and 95.1% (1,138 of 1,1197) in the intervention arm. In the safety population, 77/1,300 (5.9%) participants in the control arm and 671/1,197 (51.6%) in the intervention arm experienced at least one AE during 14 days of follow-up (Table 3). The most frequent treatment-related AEs among participants given HCQ were gastrointestinal (diarrhea, nausea, and abdominal pain) and nervous system disorders (drowsiness, headache, and metallic taste) (Tables S4). Thirty-one SAE were reported, 17 in the control arm and 14 in the intervention arm, none of them related to HCQ (Table S5). Six AEs of special interest were observed, including five episodes of self-limited palpitations potentially related to treatment (Table S6). Relevant safety data listings are provided in the Supplementary Appendix.

### **DISCUSSION**

Postexposure prophylaxis with HCQ did not prevent Covid-19 disease or SARS-CoV-2 infection in asymptomatic contacts exposed to a PCR-positive index case. In our cohort, the overall attack rate for the PCR-confirmed symptomatic Covid-19 was 6.0%, excluding subjects that were not enrolled because had symptoms before the baseline assessment. HCQ did not decrease the incidence of confirmed Covid-19 disease among contacts (6.2 vs. 5.7%). Our trial tested two possible effects of postexposure therapy: prophylaxis in contacts with negative PCR at baseline, and preemptive therapy in contacts with positive PCR at baseline (i.e., prevent progression of asymptomatic infection to disease). This dual scenario mirrors a real-life setting, where the PCR result of people exposed to a known Covid-19 case is usually not available immediately. Among PCR positive contacts at baseline (12% of subjects), the intervention had no apparent efficacy as early preemptive therapy. Of note a baseline positive PCR result significantly

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reported in the control, non-placebo group), but it did not affect the attrition numbers in the control arm.

However, it is worth mentioning that the laboratory staff who performed PCR tests remained unaware of the allocation of each sample.

Despite the promising in-vitro results that placed HCQ among the leading candidates for Covid-19 treatment and prophylaxis, <sup>23–25</sup> to date there is no strong argument to suggest that HCQ is effective. We provide high-quality evidence on the lack of efficacy of postexposure prophylaxis therapy with HCQ to prevent Covid-19 disease or SARS-CoV-2 infection. The data presented in this report is particularly valuable for the scientific community and policymakers involved in controlling the pandemic at the population level. Our findings encourage directing efforts to other antiviral candidates for postexposure prophylaxis.

## **CONTRIBUTORS**

- 296 OM, LB, BC, CV, RMV, JC, CGB, MVM conceived, designed and wrote the manuscript,
- 297 MU, AA, CS, MC, PA, CA, AET, PL, SN, AN, JP, CO, FMV, NRM, AS, CS, GFM, AF, GC, NP, NN
- 298 contributed to the recruitment, clinical care, and follow-up of patients,
- 299 CT, AT, CL, EM, JP JR, AS, JZ, EM, JRU, SS analyzed and managed data
- JA, JMA, JC, RF, MF analyzed data and reviewed the manuscript
- 301 EB, PC, ERM, LR Did all laboratory tests
- 302 JM, MC, MS, SG directed and managed the planning and execution of the project
- 303 All authors reviewed and approved the final version of the manuscript

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- 308 Laboratorios Rubió also contributed to the study with the required doses of hydroxychloroguine
- 309 (Dolquine®).

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### **CONFLICTS OF INTEREST**

We declare no conflicts of interest

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Figure legends Figure 1. Flow diagram of individual selection and allocation. Legend. The safety population (n=2,497; 1,300 in the control arm and 1,197 in the intervention arm) included all individuals in the ITT population (except 28 not receiving any dose of study medication) plus 211 participants that received medication but were excluded from ITT because of screening-failure, or missing PCR results on Day 14. Figure 2. Association of baseline viral load of participants and viral load of their index case with breakthrough Covid-19 (ITT population) Legend. Panels A and B show the association of the participant's viral load at baseline (A) and viral load of the index case (B) with the likelihood of developing PCR-confirmed symptomatic Covid-19 in the overall intention-to-treat population (aggregated data for the control and intervention arms). The dots are participants with (=1) or without (=0) the primary outcome of PCR-confirmed Covid-19. Panel C shows the viral load increase from baseline in participants who developed or did not develop Covid-19 (details are provided in Table S2, Supplementary Appendix). Figure 3. Subgroup analyses for the primary outcome according to risk of exposure factors (ITT population)

# **Tables**

**Table 1.** Baseline characteristics of study participants (contacts) included in the intention-to-treat population (N=2314).

	Control	Intervention	
	arm	arm	
Individuals' characteristics	(N=1,198)	(N=1,116)	
	40.7 (10.2)	40 € (10.7)	
Age (years), mean (SD)	48.7 (19.3)	48.6 (18.7)	
Gender (female), n (%)	875 (73.0%)	813 (72.8%)	
PCR result at baseline, $n$ (%) (N=2279) *	1015 (00 5)		
Undetectable (< 10 <sup>4</sup> copies/mL)	1042 (88.5%)	958 (86.9%)	
$10^4$ - $10^6$ copies/mL	88 (7.5%)	78 (7.1%)	
$10^7 - 10^9$ copies/mL	42 (3.6%)	58 (5.3%)	
$10^{10}$ - $10^{12}$ copies/mL	5 (0.4%)	8 (0.7%)	
Coexisting disease			
None	547 (45.7%)	480 (43.0%)	
Cardiovascular disease	178 (14.9%)	130 (11.6%)	
Respiratory disease	47 (3.9%)	64 (5.7%)	
Metabolic disease	94 (7.8%)	99 (8.9%)	
Nervous system disease	170 (14.2%)	170 (15.2%)	
<b>Characteristics of clusters</b>			
Number of days of exposure before enrollment, median (IQR)	4.0 (3.0, 6.0)	4.0 (3.0, 6.0)	
Number of days of exposure before the intervention, N (%)			
≤3 days	411 (34.3%)	440 (39.4%)	
4-6 days	668 (55.8%)	551 (49.3%)	
≥7 days	119 (9.9%)	125 (11.2%)	
Size of clusters, <i>median (IQR)</i>	2.0 (1.0, 3.0)	2.0 (1.0, 3.0)	
Viral load of the index case, $n$ (%) (N=549)	, , ,	, , ,	
Undetectable (< 10 <sup>4</sup> copies/mL) †	47 (16.2%)	42 (16.2%)	
$10^4$ - $10^6$ copies/mL	85 (29.3%)	68 (26.3%)	
10 <sup>7</sup> -10 <sup>9</sup> copies/mL	125 (43.1%)	129 (49.8%)	
$10^{10}$ - $10^{12}$ copies/mL	33 (11.4%)	20 (7.7%)	
Type of contact with index case, $n$ (%)	(111.70)	20 (11170)	
Household contact	338 (28.2%)	302 (27.1%)	
Healthcare worker	130 (10.9%)	131 (11.7%)	
Nursing home worker	584 (48.7%)	550 (49.3%)	
Nursing home resident	160 (13.4%)	133 (11.9%)	
Routine use of mask, $n$ (%)‡	100 (13.470)	155 (11.770)	
Yes	825 (68.9%)	730 (65 4%)	
No		730 (65.4%)	
	256 (21.4%)	251 (22.5%)	
NA	117 (9.7%)	135 (12.1%)	
Sleeping in the same room as the index case, $n$ (%)	(( (E E 10/ )	70 (6 000/)	
Yes	66 (5.51%)	78 (6.99%)	
No	951 (79.4%)	834 (74.7%)	
NA	181 (15.1%)	204 (18.3%)	

- \* Baseline PCR result was not available for 21 participants in the control arm and 14 participants in the intervention arm.
- † Pre-screening PCR was positive at the designated hospital lab prior to enrollment, but the result was negative (undetectable  $< 10^4$  copies/mL) at the research lab from the swab collected on day 1.
- ‡ Routine use of mask refers to use at the time of exposure.

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**Table 2.** Outcomes of hydroxychloroquine prophylaxis against Covid-19 (intention-to-treat population).

	Control	Intervention	
	arm	arm	~ * (0 <b>~</b> 0 ( C <b>~</b> )
	Events (%)	Events (%)	RR* (95% CI)
Primary outcome	N=1198	N=1116	
Overall ( $N = 2,314$ )	11-11/0	14-1110	
PCR confirmed symptomatic Covid19	74 (6.2%)	64 (5.7%)	0.89 (0.54, 1.46)
Clinical and laboratory criteria	60 (5.0%)	49 (4.4%)	0.05 (0.5 1, 1.10)
Hospital or vital records criteria	14 (1.2%)	15 (1.3%)	
<b>PCR</b> (-) at baseline (N =2000)	N=1042	N=958	
PCR-confirmed symptomatic Covid19	45 (4.3%)	29 (3.0%)	1.45 (0.73, 2.88)
Clinical and laboratory criteria	37 (3.6%)	24 (2.5%)	
Hospital or vital records criteria	8 (0.8%)	5 (0.5%)	
PCR (+) at baseline (N=314)	N=156	N=158	
PCR-confirmed symptomatic Covid19	29 (18.6%)	35 (22.2%)	0.96 (0.58, 1.58)
Clinical and laboratory criteria	23 (14.7%)	25 (15.8%)	
Hospital or vital records criteria	6 (3.9%)	10 (6.3%)	
Secondary outcomes (N= 2,000) †	N=1042	N=958	
Covid19 either symptomatically			
compatible or PCR positivity	185 (17.8%)	179 (18.7%)	1.04 (0.77, 1.41)
regardless of symptoms	67 (6 40 <u>()</u>	<b>5</b> 0 (6 10()	
Laboratory criteria ‡	67 (6.4%)	58 (6.1%)	
Clinical criteria	150 (14.4%)	144 (15.0%)	
Hospital or vital records criteria	8 (9.7%)	5 (0.5%)	
Serology positivity on day 14	91 (8.7%)	137 (14.3%)	1.6 (0.96, 2.69)
IgM positivity	70 (6.7%)	100 (10.4%)	
IgG positivity	82 (7.9%)	118 (12.3%)	

**RR**: Risk ratio. **CI**: confidence interval.

<sup>\*</sup> Risk ratios are adjusted for contact-level variables (age, gender, region, and time of exposure).

<sup>†</sup> Excluding PCR positive at baseline.

<sup>‡</sup> PCR confirmed either symptomatic or asymptomatic.

<sup>☐</sup> Symptoms compatible with Covid-19 regardless of PCR result

The components of the primary and secondary outcomes are not mutually exclusive.

	Control arm N=1,300	Intervention arm N=1,197	P-value
Reported full adherence to trial intervention	1,268 (97.5%)	1,138 (95.1%)	
Adverse events	1,208 (97.5%)	1,130 (73.170)	
Any AE	77 (5.9%)	671 (51.6%)	< 0.001
Cardiac disorder (palpitations)	1 (0.1%)	5 (0.4%)	<0.001
Gastrointestinal disorder (diarrhea, abdominal	1 (0.170)	3 (0.470)	
	22 (2.50/)	510 (42 60/)	
pain, and vomiting)	33 (2.5%)	510 (42.6%)	
Nervous system disorder (headache, taste	22 (2.50()	2(0 (21 70/)	
change, dizziness)	32 (2.5%)	260 (21.7%)	
General disorder (myalgia, fatigue, malaise)	10 (0.8%)	103 (8.6%)	0.001#
Intensity			<0.001*
Grade 1	44 (3.4%)	573 (44.1%)	
Grade 2	14 (1.1%)	68 (5.2%)	
Grade 3	2 (0.2%)	13 (1.0%)	
Grade 4	10 (0.8%)	11 (0.8%)	
Grade 5	7 (0.5%)	6 (0.5%)	
Serious AE †	17	14	
Hospitalization	12	11	
Deaths	8	5	
Treatment-related Serious AE	0	0	
AE of special interest (cardiac) ‡	1	5	

<sup>\*</sup> overall p-value for grading

<sup>†</sup> None of the serious adverse events (SAE) were adjudicated as related to HCQ by the pharmacovigilance consultants.

Death and hospitalization were not mutually exclusive; five deaths occurred at the hospital while other participants died at a nursing home.

<sup>‡</sup> Cardiac disorders were all palpitations episodes; 3 of 5 events in the intervention arm were adjudicated as possibly related to the study drug by the independent pharmacovigilance consultants. Details are provided in Table S6 (Supplementary material).





