

1 **Bacterial diversity of the Colombian fermented milk “Suero Costeño” assessed by**
2 **culturing and high-throughput sequencing and DGGE analysis of 16S rRNA gene**
3 **amplicons**

4 **Abstract**

5 “Suero Costeño” (SC) is a traditional soured cream elaborated from raw milk in the
6 Northern-Caribbean cost of Colombia. The natural microbiota that characterizes this
7 popular Colombian fermented milk is unknown, although several culturing studies have
8 been previously attempted. In this work, the microbiota associated to SC from three
9 manufacturers of two regions, “Planeta Rica” (Córdoba) and “Caucasia” (Antioquia),
10 was analysed by means of culturing methods in combination with high-throughput
11 sequencing and DGGE analysis of 16S rRNA gene amplicons. The bacterial ecosystem
12 of SC samples was revealed to be composed by lactic acid bacteria belonging to the
13 *Streptococcaceae* and *Lactobacillaceae* families, varying the proportions and genera
14 among manufacturers and region of elaboration. Members of the *Lactobacillus*
15 *acidophilus* group, *Lactococcus lactis*, *Streptococcus infantarius* and *Streptococcus*
16 *salivarius* characterized this artisanal product. In comparison with culturing, the use of
17 molecular in deep culture-independent techniques allows a more realistic picture of the
18 overall bacterial communities residing SC. Besides the descriptive purpose, these
19 approaches will facilitate the rational strategy to follow (culture media and growing
20 conditions) for the isolation of indigenous strains for the standardization in the
21 manufacture of SC.

22

23 **Keywords:** Suero Costeño; fermented milk; bacterial diversity; *Streptococcus*
24 *infantarius*.

25

26

27 **1. Introduction**

28 Fermentation is one of the most traditional ways to transform raw foods
29 worldwide, which confers to the matrix special features, such as desirable sensorial
30 characteristics, functional properties and prolonged shelf-life, given by the dynamics of
31 the microbial community living there (Leroy and De Vuyst, 2004). “Suero Costeño”
32 (SC) is an artisanal soured cream produced in the Northern-Caribbean coast of Colombia.
33 It is widely produced by the rural population in the regions of Córdoba, Sucre and
34 Bolívar, and represents a gastronomic heritage of Colombian cuisine (Simanca et al.,
35 2010). Due to its specific organoleptic properties, similar to a moderate acid soured
36 cream with a salty taste, SC is usually used as a dressing accompanying most meals.
37 The artisanal product is usually obtained by the natural fermentation (between 12-24 h
38 depending of the manufacturer’s practices and the desired viscosity) at ambient
39 temperature (~30°C) of raw-cow milk, which is initiated through continuous
40 reutilization of fermentation containers, such as calabash (for example “Totumo” seed
41 *Crescentia cujete*) or plastic vessels. The high environmental humidity (greater than
42 74%), together with the high microbial load in raw milk, as well as the inoculation from
43 the containers and the surrounding air, favours this natural fermentation. During
44 fermentation a characteristic liquid-solid two phase system is formed, the whey is
45 removed and the cream like thickness phase (precipitated casein curd) is mixed and
46 salted. The final product is an acidic, soured and salty fermented-milk with a creamy
47 consistency (Chaves-López et al., 2014).

48 Until now very little information is available about the microbiota inhabiting this
49 particular Colombian fermented dairy product. Previous works, by culturing techniques,
50 have reflected the poor hygienic-sanitary conditions in the elaboration due to the
51 presence of elevated numbers of enterobacteria, coliforms and staphylococci (Chams et

52 al., 2012; Chaves-López et al., 2014; Grandos-Conde et al., 2012). Manufacture
53 standardization, through the utilization of pasteurized milk and commercial dairy
54 cultures, would reduce the sanitary problem but, unfortunately, this will lead to losses in
55 the typical sensorial properties of SC. Cueto and co-workers (2007) have carried out
56 preliminary culture analyses about the occurrence of indigenous lactic acid bacteria
57 (LAB) in this product, with the identification of *Lactobacillus* species as being the
58 predominant LAB members. However, a description of the whole bacterial composition
59 present in the fermented product has not been undertaken to date. This should be the
60 starting point to the search for and to isolate autochthonous LAB that could form part of
61 a specific designed SC starter, helping to maintain the sanitary conditions and particular
62 organoleptic properties of this product.

63 Culture-dependent methods must be used to isolate new strains with potential
64 interest, but they are rather unreliable to investigate the overall diversity of the
65 microbial communities present in a fermented food ecosystem. In the last decade,
66 culture-independent molecular techniques, such as denaturing gradient gel
67 electrophoresis (DGGE), real-time quantitative PCR (qPCR) or the construction and
68 analysis of 16S rRNA gene libraries, have contributed to the description of the
69 microbial ecology of dairy products (Aldrete-Tapia et al., 2014; Jany and Barbier, 2008;
70 Liu et al., 2015; Quigley et al., 2011). With the development of high-throughput
71 sequencing (HTS) technologies, a new era in microbial ecology applied to food systems
72 has been initiated (Bokulich and Mills, 2012). Most of the investigations performed
73 until now allowed the identification of the bacterial communities through the massive
74 sequencing of 16S rRNA gene amplicons, which makes achievable in depth studies of
75 complex communities (Ercolini, 2013; Mayo et al., 2014).

76 In this work, we have combined the application of culture-independent
77 techniques (DGGE and HTS analysis of 16S rDNA amplicons) for the whole bacterial
78 characterization of artisanal SC, together with culturing methods in order to confirm the
79 presence of viable taxa, as well as to isolate representative strains with potential
80 technological interest for the standardization in the elaboration of this product.

81 **2. Material and methods**

82 **2.1. “Suero Costeño” fermented milk samples**

83 Six artisanal SC productions, made by three manufacturers (named as P1, P2 and
84 P3) from two Caribbean regions of Northern Colombia, “Planeta Rica” in Córdoba and
85 “Caucasia” in Antioquia (Figure 1 and Suppl. 1), were studied during February-March
86 2015. In the case of “Caucasia” producer (P1), the milk was inoculated with a portion
87 (30%) of a previous batch using the back-slopping technique, whereas the fermentation
88 occurred spontaneously in the SC elaborated by producers P2 and P3 from “Planeta
89 Rica”. The pH of the milk before and after fermentation was measured and time for
90 fermentation (12 h for P1, 16 h for P3 and 24 h for P2) was considered when the
91 isoelectric point of the caseins was reached (around pH 4.6) causing the coagulation of
92 milk. Two different batches (A and B) manufactured in different days were obtained
93 from each producer. Samples of SC were collected from different fermentation
94 containers (plastic vessels or “Totumo” seed) and transported to the laboratory, located
95 at Medellin (about 286 km far), under refrigerated (4°C) conditions.

96 **2.2. Culturing**

97 **2.2.1. Sample analysis and microbial counts in different media**

98 The refrigerated samples (10 g) were homogenized in 90 mL of 2% sodium
99 citrate (Merck, Darmstadt, Germany) and serial decimal dilutions were made on
100 peptone water solution (Merck). These dilutions were plated, in duplicate, on the surface

101 of the different agar-media as follows: i) “Plate Count Agar” (PCA, Merck) for total
102 aerobic counts, ii) “Man, Rogosa, and Sharpe” (MRS, Merck) and M17 (Merck) with
103 1% lactose (M17L) for counts of LAB, in particular lactobacilli and lactococci
104 respectively, and iii) “Baird Parker” (BP, Merck) for staphylococci counts. All plates
105 were incubated in aerobic conditions at 32°C for 24-48 h. For yeast and molds counts,
106 samples were plated on Oxytetracycline-Glucose-Yeast Extract (OGYE, Merck) and
107 incubated in aerobic conditions at 25°C for 120 h. Additionally, the presence of *Listeria*
108 spp. was determined on “Listeria Selective Oxford Agar Base” (Oxoid, Thermo Fisher
109 Scientific Inc., Waltham, MA. USA) after incubation at 37°C for 48 h. The most
110 probable number (MPN) of total coliforms and *Escherichia coli* was also evaluated in
111 “Fluorocult LMX” broth (Merck) using 3 tubes of media for three different dilutions of
112 each sample of study. After incubation at 37°C for 24 h the tubes that presented color
113 alteration from the normal yellow to greenish blue were considered positive for total
114 coliforms, whereas the tubes with fluorescence were considered positive for *E. coli*. The
115 MPN was determined using the corresponding table (Swanson et al., 2001).

116 Finally, a portion (10 ± 0.5 g) of the fermented SC samples obtained from the
117 three manufacturers (2 batches each) was lyophilised in a Labconco® (Kansas City,
118 MO, USA) lyophilizer before being delivered to “Instituto de Productos Lácteos de
119 Asturias - Consejo Superior de Investigaciones Científicas” (IPLA-CSIC), in Spain, for
120 molecular analysis.

121 2.2.2. LAB isolation and identification

122 Colonies, representatives of all morphologies and sizes from the MRS and M17L
123 counting plates, were randomly picked and consecutively streaked in plate twice in the
124 same isolation medium. Then, a single colony was inoculated in the corresponding
125 liquid medium and incubated for 24 h at 32°C. The grown cultures were preserved at -

126 80°C in each specific medium with 20% glycerol, and lyophilised in skim milk
127 (reconstituted at 11%) to be sent to IPLA-CSIC in Spain.

128 In order to obtain DNA for bacterial identification, the isolates were cultured in
129 liquid media (MRS or M17) and 1 mL of each overnight culture was processed using
130 the GenElute™ Bacterial Genomic DNA Kit (Sigma-Aldrich, Sigma Chemical Co., St.
131 Louis, MO). Total DNA was employed as template to amplify by PCR a segment of the
132 16S rRNA gene. Amplifications were performed with the universal prokaryotic primers
133 Y1 and Y2, which flanked a portion of approximately 350 bp including the variable
134 regions V1 and V2 (Young et al., 1991), with the 5' Prime Taq polymerase (VWR
135 International, Radnor, PA. USA) and the following conditions: 95°C for 5 min, 35
136 cycles of 94°C for 30 s, 50°C for 45 s, 72°C for 2 min, and a final extension step at
137 72°C for 5 min. Additionally, for a proper identification of streptococci at species level,
138 amplification and sequencing of *sodA* gene was done. PCR reactions for an internal
139 fragment (438 bp) of the *sodA* gene, encoding the manganese-dependent superoxide
140 dismutase, were accomplished with the degenerate primers *d1* and *d2* described
141 elsewhere (Poyart et al., 2000) and the following conditions: 95°C for 3 min, 30 cycles
142 of 95°C for 30 s, 42°C for 60 s, 72°C for 60 s, and a final extension step at 72°C for 7
143 min. Amplicons were sent for sequencing by cycle extension in an ABI DNA sequencer
144 to the company Macrogen (Seoul, Rep. of Korea). Sequences were compared against
145 databases of NCBI using the BLAST program (Camacho et al., 2009) and the
146 Ribosomal Database Project (RDP) (Wang et al., 2007); those with a percentage of
147 nucleotide identity equal or higher than 99% were assigned to species level.

148 2.2.3. Statistical analysis

149 Counts of the different microbial groups were statistically analysed using the
150 IBM SPSS Statistics for Window Version 23.0 (IBM Corp., Armonk NY). One-way

151 ANOVA and the SNK (Student-Newman-Keuls) mean comparison test was used to
152 determine differences among the three manufacturers ($p < 0.05$).

153 **2.3. Culture-independent bacterial analysis**

154 *2.3.1. DNA extraction of “Suero costeño” samples.*

155 The six lyophilised samples of SC were reconstituted 1/10 in 2% sodium citrate.
156 An additional 1/10 dilution was made in Maximum Recovery Diluent (MRD, Scharlab
157 S.L., Spain) before the extraction of total DNA, which was performed using the
158 QIAamp DNA stool kit (Qiagen, GmbH, Hilden, Germany) following an optimized
159 protocol for isolation of total microbial DNA from milk (Delgado et al., 2013). DNA
160 obtained from SC samples was resuspended in 50 μ L of molecular-biology grade water
161 (Sigma-Aldrich) and stored at -20°C until use. DNA concentration and quality was
162 determined in an BioTek Epoch™ spectrophotometer system (Thermo Fisher
163 Scientific).

164 *2.3.2. PCR-denaturing gradient gel electrophoresis (DGGE) analysis.*

165 Extracted DNA from the SC samples was used as template for amplification by
166 PCR of the variable region V3 of the bacterial 16S rRNA gene, using the universal
167 primers F357-GC and R518 as reported by Muyzer and collaborators (1993). PCR
168 conditions were as follows: 95°C for 2 min, 35 cycles of 95°C for 30 s, 56°C for 40 s,
169 72°C for 1 min, and a final step at 72°C for 5 min.

170 Isolates from SC samples of the species *Lactobacillus plantarum*, *Enterococcus*
171 *faecium*, *Streptococcus infantarius* and *Lactococcus lactis* were used to construct a
172 DGGE ladder. Genomic DNA from these strains was obtained with the GenElute
173 Bacterial Genomic DNA kit (Sigma-Aldrich) and subsequently employed in
174 amplifications involving the DGGE primers, as above mentioned. Amplicons were

175 purified using GenElute PCR Clean-Up columns (Sigma-Aldrich) and mixed in equal
176 amounts to obtain the DGGE ladder.

177 DGGE was performed as previously described using a DCode system (Bio-Rad,
178 Richmond, CA, USA), employing 8% polyacrylamide gels with a urea-formamide
179 denaturing range of 40-60% (Leite et al., 2012). Electrophoresis was performed at 75 V
180 for 16 h at 60°C. Bands were visualized under UV light after staining with ethidium
181 bromide, and DGGE gels were captured with a GBox system (Syngene, Cambridge,
182 UK) equipped with the GeneSys image acquisition software (Syngene). Representative
183 bands were excised from the acrylamide gels and their DNA eluted overnight in 50 µL
184 of sterile molecular grade water at 4°C. DNA was then re-amplified using the same
185 primer pair without the GC-clamp. Purified amplicons were sequenced, as indicated
186 above, and the identity of the bands (at the lowest possible taxonomic range, i.e. species
187 or genus level) was established by comparison with the previously mentioned databases.

188 *2.3.3. High-throughput 16S rDNA sequencing and analysis*

189 Partial 16S rRNA gene sequences were amplified from the extracted DNA of the
190 SC samples using the primer's pair Probio_Uni and /Probio_Rev, which target the
191 variable region V3 of the bacterial 16S rRNA gene, as previously described (Milani et
192 al., 2013). Samples were submitted to 2 x 250 bp paired-end sequencing by means of an
193 Illumina MiSeq System (Illumina, San Diego, CA, USA) at the DNA sequencing
194 facility of GenProbio S.R.L. (Parma, Italy). Sequence reads were filtered by the
195 Illumina software to remove low quality sequences. All Illumina quality-approved,
196 trimmed and filtered sequences (average read length 194 bp) were processed using a
197 custom script based on the QIIME software suite (Caporaso et al., 2010). After paired-
198 end reads joining using the fastq-join software (Aronesty, 2013), the quality control
199 phase retained sequences with a mean sequence quality score >20 and a length between

200 140 and 400 bp. Sequences with homopolymer regions >7 bp and those with
201 mismatched primers were omitted. In order to calculate downstream diversity measures,
202 16S rDNA sequences were clustered into operational taxonomic units (OTUs), defined
203 at $\geq 97\%$ sequence similarity using the UCLUST tool (Edgar, 2010). All sequences
204 were classified to the lowest possible taxonomic rank using QIIME and the SILVA
205 database as reference (Quast et al., 2013). Similarity of the bacterial communities
206 between samples was calculated by the unweighted UniFrac method (Lozupone and
207 Knight, 2005).

208

209 **3. Results and discussion**

210 ***3.1. Culturing analysis and LAB isolation***

211 The microbial characterization of SC sour cream from two regions of North
212 Colombia was initially investigated by culturing. The pH of the samples ranged from
213 3.8 (from P1) to 4.4 (from P2). Figure 2 shows the mean counts, and the corresponding
214 statistical analysis, of the different microbial groups analysed in the SC samples from
215 three different manufacturers. The overall bacterial load of the final products was
216 significantly lower in SC samples from P1 of the “Caucasia” region. The total
217 cultivatable aerobic counts in PCA, as well as LAB numbers in MRS and M17L, were
218 statistically lower, i.e., from two to three logarithmic units, than those obtained from
219 samples of the other two producers. It is worth mentioning that producer P1 used a
220 back-slopping technique and the time of fermentation for the elaboration of SC was
221 shorter (12 h) than in P2 and P3 from “Planeta Rica” (Figure 1). Back-slopping
222 technique involves inoculating milk with a portion of a previous successful fermentation
223 to the new batch, thus seeding the milk. The success of such fermentations depends on
224 the particular blend of microorganisms present in the previous batch (Parente and

225 Cogan, 2004). The typical manufacture of SC from producers of “Planeta Rica” region
226 is non-inoculated; this means that a natural fermentation occurs by leaving the raw milk
227 at ambient temperature and fermentation occurred through the activity of the
228 autochthonous microorganisms present in milk and the ambient surrounding.
229 Accordingly, numbers of staphylococci were significantly higher in SC from this region
230 ($\sim 10^4$ CFU/mL), in comparison to producer P1 ($\sim 10^2$ CFU/mL), and presence of
231 coliforms and *Listeria* spp. was also noticed at a high level (Table S1). We assume that
232 this could be due to the fact that in these cases fermentation occurred naturally by
233 indigenous microorganisms present in milk or contaminants from manufacturing tools
234 and environment, meanwhile in P1 a 30% re-inoculum is used which might seed the
235 milk and compete and overpass the microbiota present. The activity of successful
236 favourable dairy LAB types produced lactic acid which improves safety by inhibiting
237 spoilage and pathogenic microorganisms. Staphylococci, coliforms and pathogens
238 (*Staphylococcus aureus*, *Bacillus cereus*, *Listeria monocytogenes*) are occasionally
239 found in other natural fermented milks in warm countries (Gonfa et al., 2001), stressing
240 the need for improving the microbial quality and safety of these artisanal dairy products.
241 The methods employed in our case only revealed the presence of *Listeria* spp. by
242 culturing. Muñoz et al. (2011) reported the presence of *Listeria monocytogenes* in this
243 type of products in retail outlets and open markets in Bogotá, with a higher prevalence
244 in fresh cheese made with raw milk. In the case of BP media, staphylococci counts
245 obtained in our study represent minor population if comparing with total counts in PCA
246 and MRS/M17L with numbers varying from 10^6 - 10^8 CFU/mL (Figure 1). The highest
247 counts were retrieved in SC samples from P2 (up to 10^8 CFU/mL), in which a natural
248 seed (“Totumo”) container was utilized and, thus, it could ultimately contribute to the
249 contamination of the milk substrate. The highest counts in OGYE were obtained in P3

250 products from “Planeta Rica” and according to some authors, yeasts can have an effect
251 on fermentation of SC (Cueto et al., 2007). Then, we have identified 5 different types of
252 isolates growing in OGYE plates by amplification and sequencing the flanking internal
253 transcribed spacer (ITS) region using primers ITS4 and ITS5 (White et al., 1990). With
254 this approach, presence of *Candida parapsilosis*, *Pichia kudriavzevii* and
255 *Saccharomyces cerevisiae* were revealed in these samples (data not showed).

256 For the identification of LAB recovered in MRS and M17L plates, between 10
257 and 15 representative colonies of each SC samples were picked, purified by sub-
258 culturing and typed by the Repetitive extragenic palindromic (REP)-PCR method, using
259 primer BoxA2R (data not showed). On the basis on this approach 20 isolates were
260 selected for PCR amplification and sequencing. The identification was initially obtained
261 using the hypervariable regions V1-V2 from the 16S rRNA gene and, in some particular
262 cases, further confirmation with the *sodA* gene was needed. Only four different species
263 were identified, including *Lactobacillus plantarum* (99 % identity) in P1, *Enterococcus*
264 *faecium* (100 % identity) in P2 and P3, *Lactococcus lactis* (99 % identity) in P1 and P3
265 and *Streptococcus infantarius* in P2 and P3. This last species was impossible to be
266 distinguished from *Streptococcus lutetiensis* and *Streptococcus equinus* by sequencing
267 only the 16S rDNA. The use of *sodA* gene allowed undoubtedly the allocation of these
268 isolates to the *S. infantarius* species (100 % identity). The partial sequences obtained
269 were deposited in the GenBank nucleotide sequence database under accession numbers
270 KX904823 to KX904826. The *Streptococcus bovis/S. equinus* complex (SBSEC) is a
271 group of human and animal derived streptococci that include commensals and food-
272 associated types, as well as opportunistic pathogens. This complex consists of the
273 species *S. infantarius*, *S. lutetiensis*, *Streptococcus gallolyticus*, *Streptococcus*
274 *alactolyticus* and *S. equinus*, the latter still frequently referred to as *S. bovis* (Jans et al.,

275 2015). Meanwhile some members of this complex (*S. bovis*) have been linked with
276 infectious diseases, such as bacteremia and endocarditis (Herrera et al., 2009) or even
277 colonic cancer development (*S. gallolyticus*) (Abdulmir et al., 2011), *S. infantarius* has
278 been associated with traditional dairy and plant-based food fermentations. In fact, *S.*
279 *infantarius* is the predominant LAB in traditionally fermented milk products from
280 Africa, reaching levels of 10^8 CFU /mL with a wide distribution and presumably long
281 history of use (Jans et al., 2013; Jans et al., 2017). In Asia, potential *S. infantarius*
282 branch members were detected as predominant species in fermented “Dahi” milk
283 (Rashid et al., 2009). To our knowledge, this is the first time that *S. infantarius* isolates
284 from artisanal milk fermentations in South American are reported. Although less known
285 than other LAB members in dairy foods, the ability of *S. infantarius* to ferment milk is
286 supported by the presence of the *gal-lac* operon directed to lactose metabolism which
287 allows the adaptation of this bacterium to the milk environment (Jans et al., 2013; Jans
288 et al., 2017).

289 Respect to the other cultivatable members identified in the SC, *L. lactis* is
290 described as dominant in other natural fermented milks (Alegría et al., 2010; Gonfa et
291 al., 2001). On the other hand, *Enterococcus* species may be present in relevant numbers
292 in fermented milk products and have been reported in the production of “Kumis”
293 elaborated in Colombia (Chaves-López et al., 2011). In dairy products manufactured
294 from raw milk it is also common to identify species of mesophilic lactobacilli, such as
295 *L. plantarum* and *Lactobacillus casei*. In warm geographical areas other lactobacilli,
296 such as *Lactobacillus helveticus*, *Lactobacillus fermentum* or *Lactobacillus acidophilus*,
297 are also habitually detected (Alegría et al., 2010; Gonfa et al. 2001). None of these last
298 species were isolated in the SC samples analysed, although its presence was detected by
299 DNA molecular techniques as will be described below.

300 3.2. Culture-independent analysis

301 3.2.1. PCR-DGGE analysis.

302 The bacterial community structure and dominant populations in the SC samples
303 was further investigated by culture-independent methods. Initially, PCR-DGGE with
304 universal primers for the variable region V3 of the 16S rRNA gene was the approach
305 used. The diversity observed with this technique was rather simple with few
306 predominant bands and higher number of faint bands (Figure 3). Fingerprints of the
307 bacterial communities were different among manufacturers but with minimal sample-to-
308 sample variations in P1 and P3. Clearer differences were detected in the DGGE patterns
309 obtained from the two SC batches of producer P2. Identification of bands was
310 performed by matching with the species present in the DGGE ladder and further
311 confirmed by band excision from the gels, amplification and sequencing. This double
312 strategy allowed allocating most of the more intense bands to four different groups of
313 microorganisms. After sequence comparison against the GenBank and RDP databases,
314 identification at species level ($\geq 99\%$ similarity) was obtained only for *Streptococcus*
315 *salivarius* (band 2, Figure 3) presents in SC samples from P1 and P2, and *L. lactis* (band
316 4, Figure 3) revealed in samples from the three manufacturers, but with a more intense
317 band in sample P2A. Some bands present in the two batches from P3, and with a lower
318 intensity in P2A, matched in the databases with sequences of the species *S.*
319 *infantarius/S. equinus/S. lutetiensis* (band 3, Figure 3). As mentioned above, due to the
320 small size in length of the amplicon sequenced (~ 130 bp) and the similarities displayed
321 in the 16S rDNA sequences by the SBSEC *Streptococcus* group (Hinse et al., 2011), it
322 was not possible to distinguish among these species. However, the migratory distance in
323 the gels, in comparison with the position of *S. infantarius* in the ladder (band c, Figure
324 3), and the isolation of this species by culturing, suggests that band 3 corresponds with

325 this particular species. The same problem, to reach optimal species level identification,
326 happened for bands present in SC samples from P1 and P3, whose sequences matches
327 with closest relative of *Lactobacillus crispatus*/*Lb. helveticus*/*Lb. acidophilus* (band 1,
328 Figure 3).

329 3.2.2. High-throughput 16S rDNA sequencing analysis.

330 To obtain a more complete picture of the bacterial communities present in the
331 Colombian fermented milk SC, DNA samples were subjected to HTS of PCR-generated
332 16S rRNA gene amplicons. A total of 469,307 raw reads were obtained by paired-end
333 Illumina sequence technology. Of these, a mean of 76,853 high-quality partial 16S
334 rDNA sequences of the variable region V3 per sample were retrieved (Table S2). All
335 raw data obtained with this technique were deposited in the Sequence Read Archive
336 (SRA) of the NCBI (<http://www.ncbi.nlm.nih.gov>) under accession numbers
337 SRR4342055 to SRR4342060.

338 The bacterial diversity estimated by the Shannon index (H) at 97 % similarity
339 level revealed similar values for the SC samples analysed (H ~2) except for sample P2B
340 which showed a reduced diversity (H =0.92) in comparison with the others.

341 Sequences were classified, using QIIME and SILVA database, to the lowest
342 possible taxonomic rank, i.e. genus level. Sequences were assigned to four different
343 phyla, including *Firmicutes* (which retrieved more than 90 % of sequences),
344 *Proteobacteria* (with a percentage of assigned sequences ~8 % and presenting
345 differences among samples) and, in minor proportion, *Actinobacteria* and *Bacteroidetes*
346 with less than 1% of assigned sequences in all samples. Bacterial composition of the
347 different SC samples studied at the family levels is represented in Table 1. Two
348 different families, *Streptococcaceae* and *Lactobacillaceae*, were predominantly found.
349 The first one was most abundant in non-inoculated SC samples, those from producers of

350 “Planeta Rica” region (P2 and P3), while members of *Lactobacillaceae* clearly
351 dominate in samples from P1 of “Caucasia” region who used the back-slopping
352 technique. At lower relative abundance, sequences belonging to other taxa of the
353 *Lactobacillales* order, such as *Leuconostocaceae* (only in samples from P2) and
354 *Enterococcaceae*, were detected. *Staphylococcaceae* and even *Bifidobacteriaceae* were
355 detected in some samples with relative abundances lower than 1%. Similarly, three
356 families of Gram-negative bacteria of the phylum *Proteobacteria* appeared at low
357 percentages; these comprised *Acetobacteraceae* family (in samples from P3 producer),
358 *Aeromonadaceae* (in P1) and *Enterobacteriaceae* (present in all samples).
359 Enterobacteria were also reported previously in SC fermentation (Cueto et al., 2007)
360 and sequences belonging to different genera of *Proteobacteria* (such as *Acinetobacter*
361 and *Pseudomonas*) were observed, by HTS techniques, to be predominant in milk in
362 some cases resulting from environmental contamination (Mayo et al., 2014). The
363 taxonomic composition at genus level is displayed in Figure 4, where clear differences
364 in the bacterial profiles between the two batches from P2 were observed, as previously
365 revealed the PCR-DGGE technique. The genus *Lactobacillus* (85 % of sequences
366 assigned), and to minor extent *Aeromonas* (10 %), predominated in the samples from
367 P1; whereas, *Streptococcus* was the dominant genus in samples from P2 and P3, with
368 higher abundances in the producer that use the “Totumo” seed container. In samples
369 from P3, *Lactobacillus*, together with *Streptococcus*, predominated in the SC, followed
370 by members of *Lactococcus* and *Acetobacter* genera. The presence of the latter,
371 belonging to the acetic bacteria group, was not disclosed by the other techniques used in
372 this study, however, has been described in other artisanal fermented and dairy products
373 such as kefir (Leite et al., 2012) contributing to the organoleptic properties of the final
374 product. Sequences of other bacterial members that are not usually associated (or

375 detected by conventional techniques) with artisanal fermented dairy products, such as
376 *Bifidobacterium*, were also revealed (Figure 4). The occurrence of this genus was also
377 detected in some traditional cheeses and kefir grains after the application of 16S rDNA
378 HTS techniques (Alegría et al., 2012; Leite et al., 2012).

379 In an attempt to assign the most abundant OTUs at the species level, manual
380 sequence comparisons of representative reads were performed against the GenBank
381 database. This approach allowed confirming i) the presence of *S. salivarius* at high
382 abundance in samples from P2, ii) the existence of closest relatives to the *Lb.*
383 *acidophilus* group in both P1 and P3 elaborations and iii) OTUs matching SBSEC
384 members predominated in P3 (data not shown).

385 Finally, the Unifrac method was used to compare the bacterial communities
386 among samples based on their phylogenetic relationship. Principal coordinates analysis
387 (PCoA) confirmed the similarities between batches of the same producer, and the
388 differences among the bacterial composition in SC elaborations depending on the
389 producer (Figure 5). The samples from P1 of “Caucasia”, who uses a re-inoculum for
390 the fermentation, were located at a considerable distance apart from the two producers
391 of the “Planeta Rica” region. The bacterial communities from the samples elaborated
392 from these two producers, even if they used different recipients and produced the SC
393 through natural fermentation, were more closely related. The use of back-slopping
394 technique in the elaboration of SC in “Caucasia” region possibly contributes to
395 constraint the bacterial growth and determines the final populations of the product
396 which, as observed by culture-independent PCR-based techniques, was enriched in
397 sequences representatives of the *Lb. acidophilus* complex. Members of this group were
398 not recovered from the SC samples, at least with the culture media and growing
399 conditions used in this work. Additionally, regarding the detection in SC of *S.*

400 *salivarius*, which was neither recovered by culturing in this study, its presence has been
401 previously reported in raw camel milk and fermented dairy products from Africa (Jans
402 et al. 2017). In fact, members of the genus *Streptococcus* (including *S. thermophilus* and
403 *S. salivarius*) are regularly present in dairy products worldwide. Although, *S. salivarius*
404 is a human commensal closely related to *S. thermophilus*, only the species *S.*
405 *thermophilus* is currently approved for use in dairy fermentations by the European Food
406 Safety Authority (EFSA, 2016). Standardization in the elaboration of SC could be
407 reached with the use of pasteurized milk and controlled fermentations by means of
408 adapted strains specifically isolated from this artisanal product. Our study revealed that
409 the characteristic microbiota of SC fermentation is a result of a combination of factors,
410 including the warm temperature conditions in the Caribbean region, as well as the
411 traditional containers used (calabashes as Totumo”) and handling techniques.

412 **4. Conclusions**

413 Altogether our data suggest that the bacterial ecosystem in the Colombian
414 fermented sour-cream “Suero Costeño” depends not only of the origin and quality of the
415 milk, but also on the practices of the manufacturers, such as the type and material of the
416 recipients regularly used for the fermentation of the milk. Although limited by the small
417 number of samples/manufacturers analysed, it seems that re-inoculation of the milk with
418 a portion of the previous batch is the main driver determining the fermentation and
419 bacterial composition of “Suero Costeño”. Major contamination and lack of
420 reproducibility between batches, such as those encountered with the use of “Totumo” as
421 vessel for fermentation, difficult the search and isolation of adapted representative
422 strains typical from this product. Even so, autochthonous *Streptococcus infantarius*
423 isolates (previously associated to warm climates) from this traditional milk fermentation
424 were obtained.

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433

434 **FIGURE CAPTIONS**

435 **Figure 1.- Diagram outline of “Suero Costeño” elaboration.**

436 Overview of sampling, producers and regions for the manufacture of “Suero Costeño”
437 Colombian fermented milk analysed in this study.

438

439 **Figure 2.- Mean microbial counts of two batches from “Suero Costeño” from**
440 **different producers.**

441 P1, P2 and P3 represent the three producers. Counts are expressed as Log₁₀ of colony
442 forming units per millilitre (CFU /mL). Abbreviations for media are as follow: PCA for
443 mesophilic bacteria, MRS for lactobacilli, M17L for lactococci, BP for staphylococci
444 and OGYE for yeast and moulds. Data were analysed by means of one-way ANOVA
445 and the SNK (Student-Newman-Keuls) mean comparison test. Values that in the same
446 medium do not share a common letter are statistically different ($p<0.05$).

447

448 **Figure 3.- Denaturing gradient gel electrophoresis (DGGE) showing the bacterial**
449 **diversity present in “Suero Costeño” samples.**

450 M: DGGE ladder comprises the species: a) *Lactobacillus plantarum*, b) *Enterococcus*
451 *faecium*, c) *Streptococcus infantarius* and d) *Lactococcus lactis*. Bands identified by gel
452 excision and PCR sequencing are indicated by numbers; 1) *Lactobacillus*
453 *crispatus/Lactobacillus helveticus/Lactobacillus acidophilus*, 2) *Streptococcus*
454 *salivarius*, 3) *S. infantarius/Streptococcus equinus/ Streptococcus lutetiensis* and 4)
455 *Lactococcus lactis*. The two different batches of the three producers (P1, P2 and P3) are
456 referred as A and B.

457

458 **Figure 4.- Bacterial composition at the genus level of the “Suero Costeño” samples.**

459 Composition is represented as the relative abundance. Only genera contributing >0.5 %
460 of the total abundance in at least one sample are showed. P1, P2 and P3 refer to the
461 three different producers, meanwhile letters A and B refer to the two batches analysed.

462

463 **Figure 5.- Clustering of operational taxonomic units (OTUs) at a 97 % similarity**
464 **level of “Suero Costeño” samples.**

465 Principal Coordinate Analysis (PCoA) plot; percentages shown in the axes represent the
466 proportion of dissimilarities. P1, P2 and P3 refer to the three different producers,
467 meanwhile letters A and B refer to the two batches analysed

468

469

470

Table 1.- Family composition (in relative abundance) of different batches and producers of “Suero Costeño” fermented milk as revealed by high-throughput 16S rDNA sequencing analysis (only families with a percentage > 0.3% are showed). Shadow numbers represent the relative abundances higher than 1%.

Families	Relative abundance (%)					
	P1A ¹	P1B ¹	P2A ¹	P2B ¹	P3A ¹	P3B ¹
<i>Streptococcaceae</i>	0.09	1.40	87.97	92.49	65.63	50.88
<i>Lactobacillaceae</i>	89.91	83.51	0.30	3.80	24.99	41.67
<i>Leuconostocaceae</i>	0.00	0.00	2.12	2.86	0.00	0.00
<i>Enterococcaceae</i>	0.03	0.09	0.35	0.06	0.29	0.21
<i>Staphylococcaceae</i>	0.02	0.06	0.70	0.01	0.03	0.05
<i>Bifidobacteriaceae</i>	0.05	0.04	0.60	0.00	0.00	0.00
<i>Acetobacteraceae</i>	0.00	0.01	0.00	0.00	5.12	5.97
<i>Aeromonadaceae</i>	8.64	11.44	0.71	0.30	0.00	0.00
<i>Enterobacteriaceae</i>	0.50	2.58	6.89	0.21	2.80	0.11

¹: P1A (producer 1, batch A); P1B (producer 1, batch B); P2A (producer 2, batch A); P2B (producer 2, batch B); P3A (producer 3, batch A); P3B (producer 3, batch B)

«Suero Costeño» manufacture

Raw (unpasteurised) cow milk

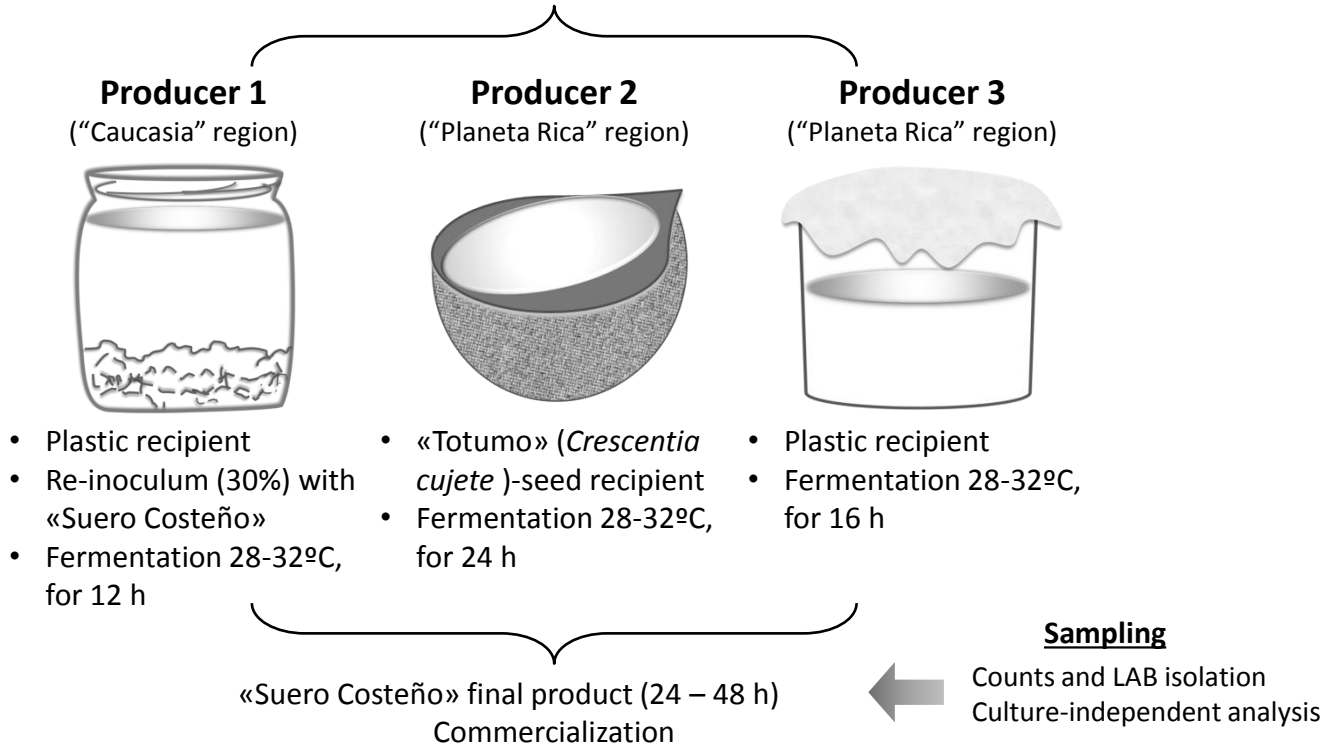


Figure 1

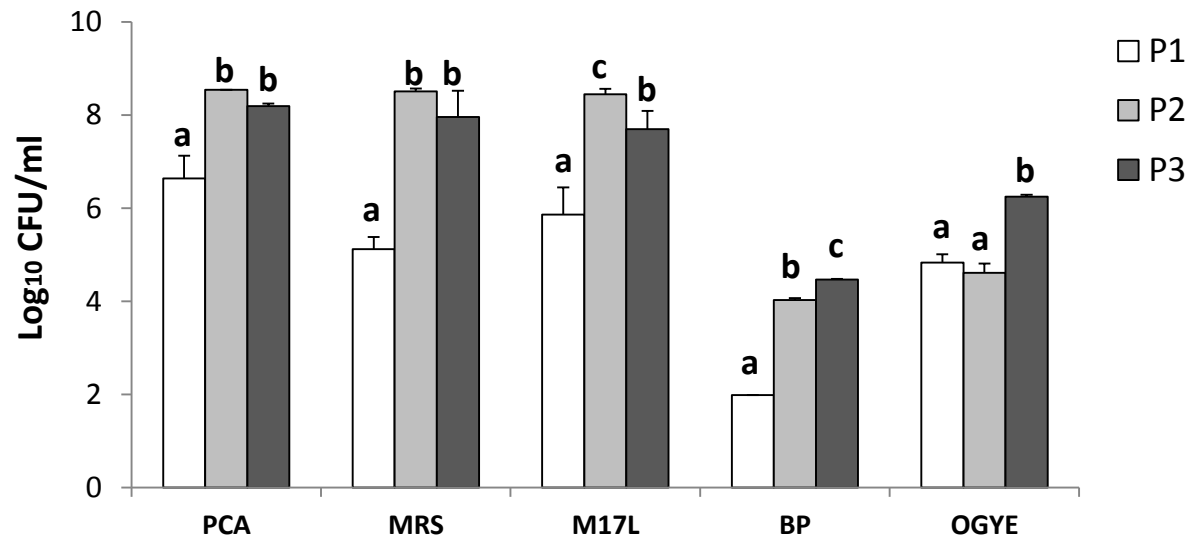


Figure 2

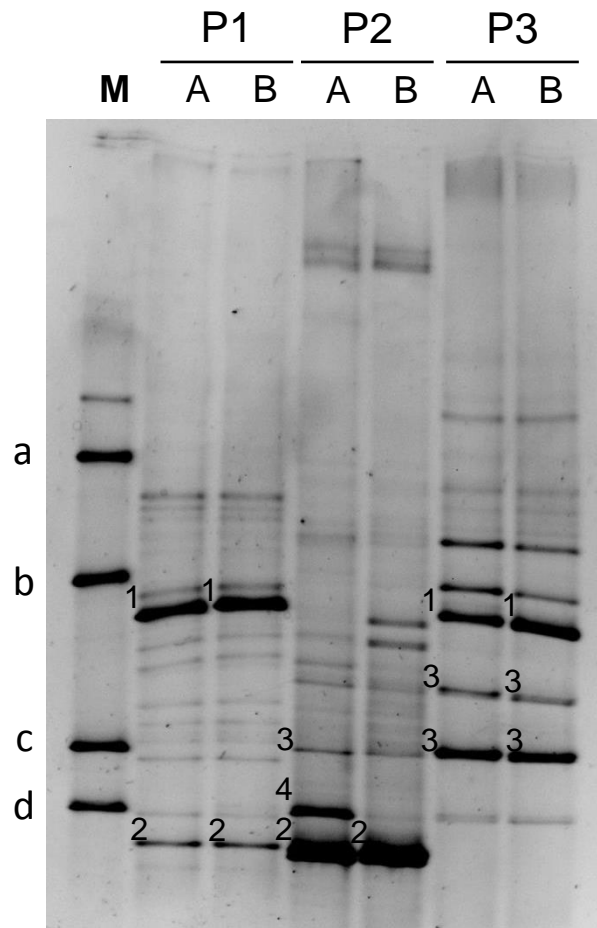


Figure 3

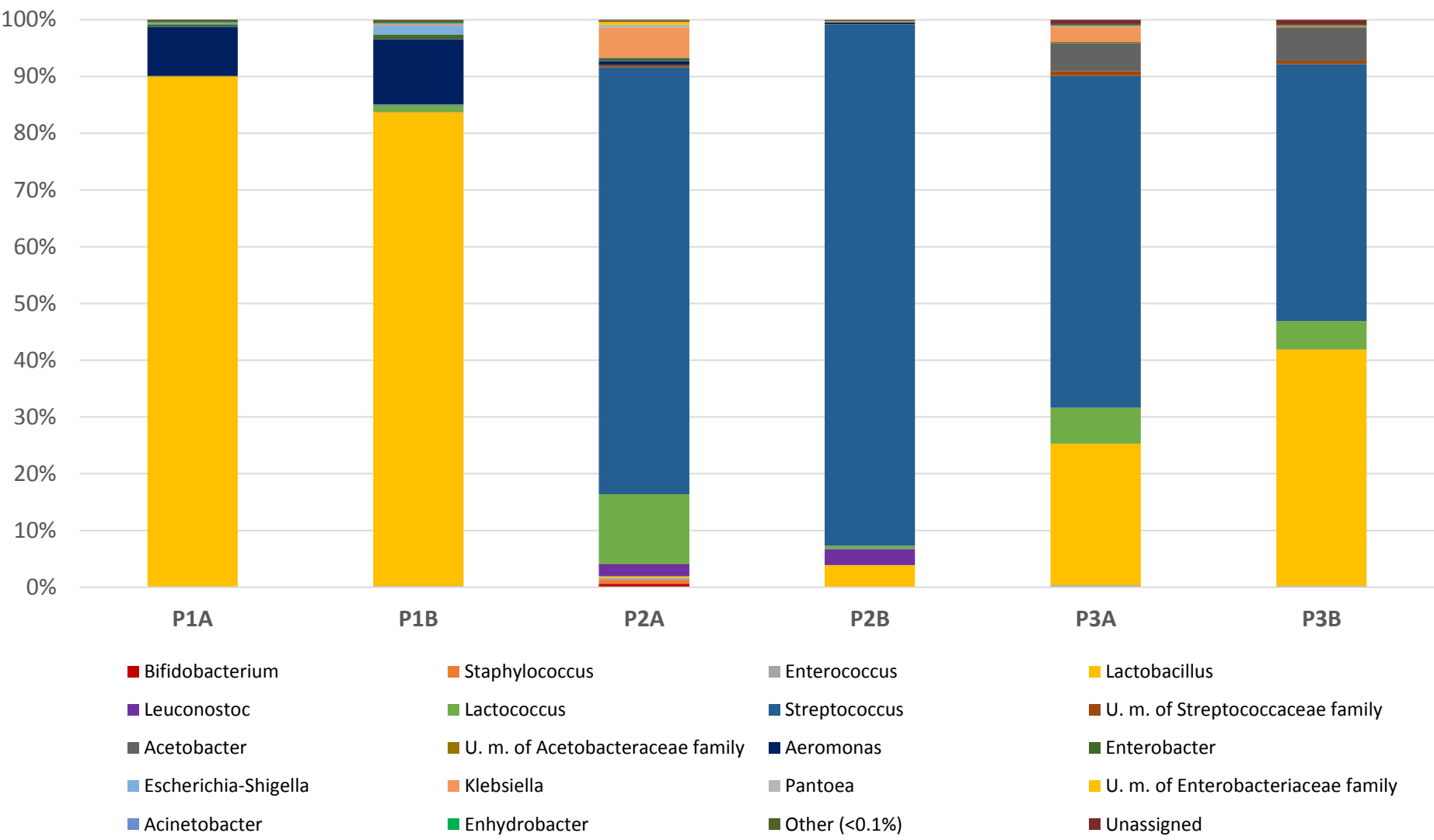


Figure 4

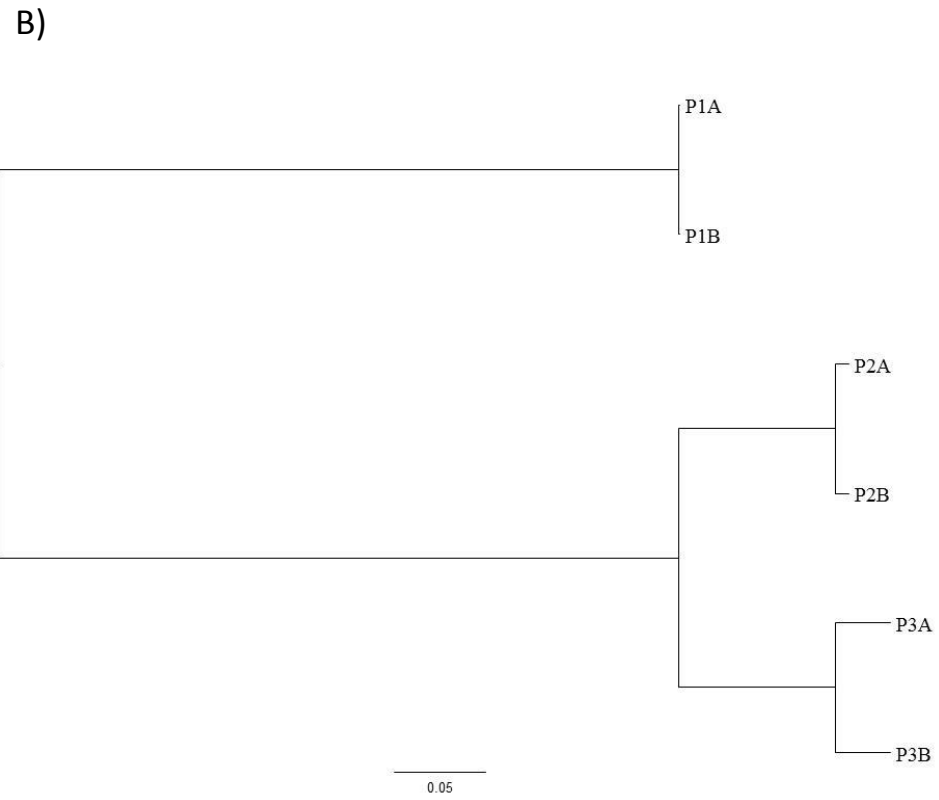
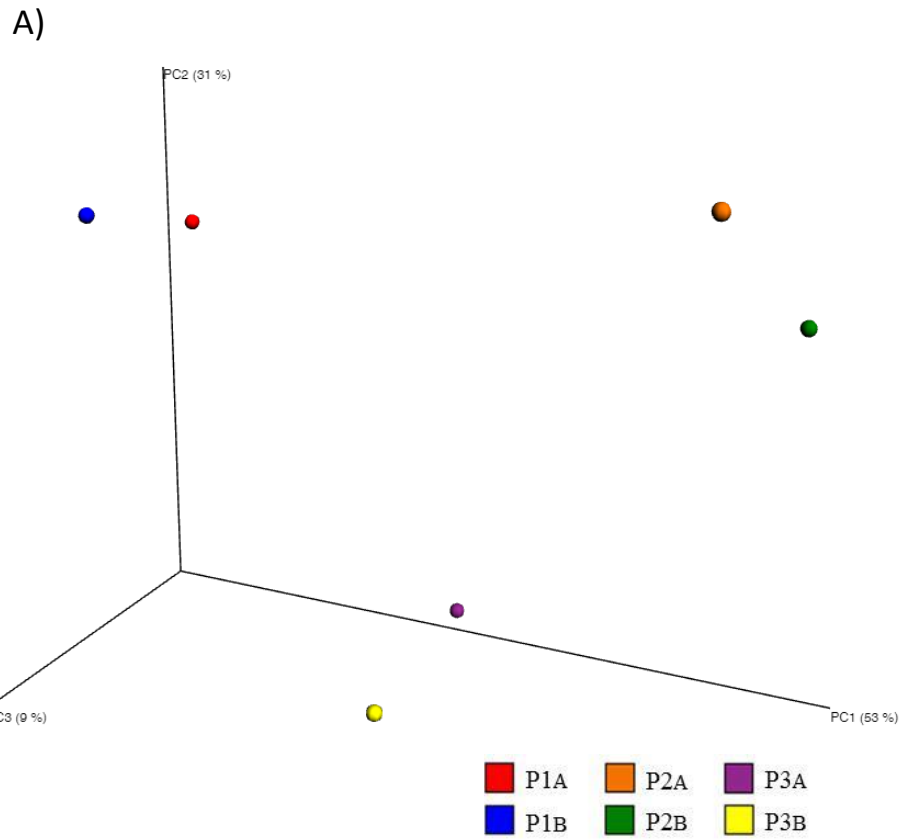


Figure 5

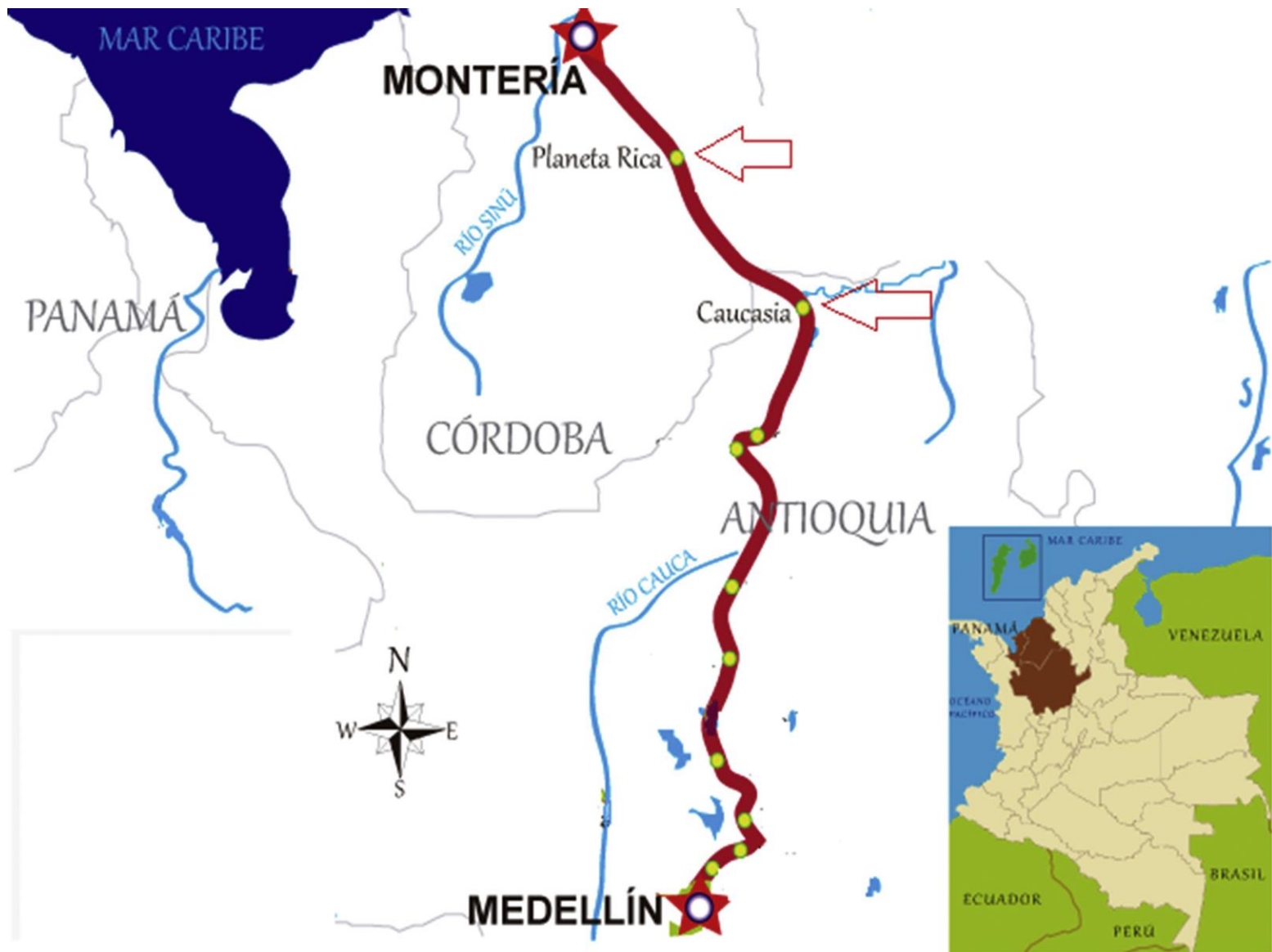


Fig. S1. Representation of the route followed from the laboratory located in Medellín to the two Colombian regions (“Caucasia” in Antioquia and “Planeta Rica” in Córdoba) where “Suero Costeño” was sampled. The illustration includes a small map of Colombia in which the departments of Antioquia and Córdoba are both marked in brown colour. The departments of Sucre and Bolívar are situated towards the northeast in the Caribbean coast of Colombia.

Table S1.

Producer	MPN		Presence/absence
	Coliforms	<i>E. coli</i>	<i>Listeria spp.</i>
P1	23/23	2/2	0/1
P2	1101/1101	1101/1101	1/1
P3	1101/1101	1101/1101	1/1

Table S2.

Band	Sequence length	Closed relatives	% Sequence similarity	Sequence	E-value
1	130	<i>Lactobacillus acidophilus</i>	100%	GAGTGAAGAAGGTTTTCGGATCGTAAAGCTCTGTTGTTGGTGAAGAAGGATA	3e-60
		<i>Lactobacillus crispatus</i>		GAGGTAGTAACTGGCCTTTATTTGACGGTAATCAACCAGAAAGTCACGGCTAAC	
		<i>Lactobacillus helveticus</i>		TACGTGCCAGCAGCCGCGGTAATA	
2	120	<i>Streptococcus salivarius</i>	100%	GTTTTCGGATCGTAAAGCTCTGTTGTAAGTCAAGAA	1e-54
				CGAGTGTGAGAGTGGAAAGTTCACACTGTGACGGTAGCTTACCAG AAAGGGACGGCTAACTACGTGCCAGCAGCCGCGGTAATA	
3	129	<i>Streptococcus infantarius</i>	100%	TTTCCACTCTCACACACATTCTTCTTACAACAGAGCTTTACGATCCGAAAA	4e-59
		<i>Streptococcus alactolyticus</i>		CCTTCTTCACTCACGCGGCGTTGCTCGGTCAGGGTTGCCC CCATTGCCGAAGATTCCCTACTGCTGCCTCCCGTAA	
4	133	<i>Lactococcus lactis</i>	100%	CGTGAGTGAAGAAGGTTTTCGGATCGTAAAACCTCTGTTGGTAGAGAA GAACGTTGGTGAGAGTGGAAAGCTCATCATGTGACGGTAACTACCCAGAAA GGGACGGCTAACTACGTGCCAGCAGCCGCGGTAAT	6e-58

Table S3.

Sample	Number of reads	Number of reads removed because of:						Final reads number	Average reads length
		Outside bounds (100-400)	Ambiguous bases	Mean quality <25	Homopolymer runs >7bp	Primer mismatch >1	Reverse primers not found		
P1A	71,722	0	0	1	1	1,047	11	70,662	193.8
P1B	78,422	0	0	0	0	1,231	32	77,159	193.8
P2A	95,975	0	0	0	0	1,982	47	93,946	194.7
P2B	74,005	0	0	0	0	1,241	32	72,732	194.9
P3A	74,484	0	0	0	0	1,216	14	73,254	193.3
P3B	74,699	0	0	0	2	1,315	18	73,364	192.9