Haemophilus influenzae responds to glucocorticoids used in asthma therapy by modulation of biofilm formation and antibiotic resistance

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Abstract

Glucocorticosteroids are used as a main treatment to reduce airway inflammation in people with asthma who suffer from neutrophilic airway inflammation, a condition frequently associated with Haemophilus influenzae colonization. Here we show that glucocorticosteroids have a direct influence on the behavior of H. influenzae that may account for associated difficulties with therapy. Using a mouse model of infection, we show that corticosteroid treatment promotes H. influenzae persistence. Transcriptomic analysis of bacteria either isolated from infected mouse airway or grown in laboratory medium identified a number of genes encoding regulatory factors whose expression responded to the presence of glucocorticosteroids. Importantly, a number of these corticosteroid-responsive genes also showed elevated expression in H. influenzae within sputum from asthma patients undergoing steroid treatment. Addition of corticosteroid to H. influenzae led to alteration in biofilm formation and enhanced resistance to azithromycin, and promoted azithromycin resistance in an animal model of respiratory infection. Taken together, these data strongly suggest that H. influenzae can respond directly to corticosteroid treatment in the airway potentially influencing biofilm formation, persistence and the efficacy of antibiotic treatment.

Keywords antibiotic resistance; asthma; biofilm; Haemophilus influenzae; steroids

Subject Categories Microbiology, Virology & Host Pathogen Interaction; Pharmacology & Drug Discovery; Respiratory System

Introduction

Asthma is a chronic inflammatory condition of the airways, frequently distinguished by abnormal immune responses to environmental antigens and microbes, which leads to recurrent episodes of cough, wheezing and breathlessness (Wenzel, 2006, 2012). An estimated 300 million people worldwide suffer from asthma. Up to 30% of these patients suffer from neutrophilic asthma, which is characterized by substantial increases in airway neutrophils. Chronic colonization by bacteria is evident in the airways of patients with neutrophilic asthma, with Haemophilus influenzae being the species most frequently isolated.

Inhaled glucocorticosteroids, through their potent anti-inflammatory action, are the foundation of asthma therapy (Ito et al, 2006). However, in a very high proportion of cases, neutrophilic asthmatics respond poorly to glucocorticosteroid treatment (Essilfie et al, 2011, 2012). Chronic bacterial infection has been associated with steroid-resistant neutrophilic asthma, although the mechanisms producing treatment resistance in such infections are poorly understood (Beigelman et al, 2014). The occurrence of Haemophilus spp., Streptococcus spp. or Moraxella catarrhalis in the neutrophilic asthmatic airway has been positively correlated with sputum neutrophilia and lower FEV1. The presence of H. influenzae in particular has been associated with the activation of airway inflammation pathways in those asthmatics with relative steroid resistance (Green et al, 2014). H. influenzae infection has been shown to contribute in part to allergic airways disease through alterations in IL-17 (Simpson et al, 2006; Berry et al, 2007). Furthermore, a strong relationship between chronic H. influenzae infection and the development of steroid-resistant neutrophilic asthma has been suggested using murine models of ovalbumin (OVA)-induced allergic airway disease (Essilfie et al, 2011, 2012). In this model, the combination of infection and allergic airways disease promotes bacterial persistence leading to the development of a phenotype

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similar to steroid-resistant neutrophilic asthma. These findings indicate that targeting bacterial infection in steroid-resistant asthma may have a therapeutic benefit.

One aspect of the pathogenesis and therapy of neutrophilic asthma that has not received consideration is the potential direct influence of glucocorticosteroids on the behavior of H. influenzae. There are no reports of a direct antibacterial action of glucocorticosteroids; nevertheless, an impact on bacterial functions that promote persistence and tolerance to antibiotics might impinge on the efficacy of therapy. In this context, it is noteworthy that the severity of asthma appears to be increased in patients with bacterial infections who have received prolonged therapy with glucocorticosteroids.

Here we have examined the impact of glucocorticosteroid treatment on H. influenzae during respiratory infection and neutrophilic asthma, as well as investigating impacts of this therapeutic in vitro on H. influenzae biology. Using a mouse model of acute infection, we show that the presence of glucocorticosteroids promotes H. influenzae persistence without influencing the host inflammatory response. Comparative transcriptional analysis of H. influenzae grown under standard laboratory conditions in the absence and presence of beclomethasone revealed that this glucocorticosteroid induces altered expression of genes implicated in biofilm formation and host colonization. Furthermore, the majority of these genes showed similar alterations in expression when transcriptomes of bacteria grown in medium without glucocorticosteroid were compared with those of bacteria isolated from the airway of infected mice. Importantly, many of the H. influenzae genes with expression that was responsive to corticosteroid in vitro also had altered expression in bacteria within sputum samples from asthma patients undertaking inhaled steroid treatment. In parallel, we examined the influence of glucocorticosteroids on H. influenzae behavior by addressing the effects on biofilm formation and resistance to azithromycin, a frontline drug prescribed to asthma patients. Addition of glucocorticosteroids changed the architecture and increased the tolerance to azithromycin of H. influenzae biofilms developed in flow cells. Finally, we developed a mutant screen that allowed the identification of a potential role for the RpoE-MclA sigma factor (HI0629) as a mediator of this glucocorticosteroid response. Taken together, these findings indicate that H. influenzae can respond directly to glucocorticosteroid treatment in the lung where it may influence biofilm formation, persistence and the efficacy of antibiotic therapy.

Results

Glucocorticosteroids promote H. influenzae persistence in a mouse model

Mouse models of H. influenzae have been rarely reported since it is difficult for this bacterium to infect mice (Vallee et al., 1992; Wu et al., 1997). Here, we pursued a new mouse model of lung infection in order to determine whether glucocorticosteroids have the ability to modulate H. influenzae infection. We used 4-week-old C57BL/6 mice to assess the effects of supplementation of H. influenzae with beclomethasone, a model glucocorticosteroid used widely in the clinic (van den Berge et al., 2011), on the bacterial load in the lung. Generally, young immature mice are more susceptible to bacterial infection than fully grown mice. In addition, the mice were pretreated intraperitoneally with cyclophosphamide to induce granulocytopenia. When cyclophosphamide-pretreated mice were intranasally inoculated with 1 × 10^9 CFU of H. influenzae, the bacteria resided in the lungs of the mice at more than 10^5 CFU for up to 3–4 days post-inoculation.

Next, the cyclophosphamide-treated C57BL/6 mice were infected with H. influenzae and treated by inhaling PBS with or without 50 μM beclomethasone, a clinically relevant dose based on the weight of the mice used (Daley-Yates et al., 2001). The lung and spleen bacterial load was determined at 1, 3, 5 or 7 days post-infection. C57BL/6 mice infected with H. influenzae with PBS cleared almost all bacteria from the lungs within 5 days (Fig 1A). However, with the addition of beclomethasone, bacteria were still present in substantial numbers at 7 days (Fig 1A), with ~1,000-fold more bacteria present in the beclomethasone-treated mice versus control. Similar patterns were seen in the bacterial loads in the spleen, where after 7 days the numbers of bacteria in beclomethasone-treated mice were significantly higher (~1.5 log higher) than in untreated mice (Fig 1B). To extend this study, we also examined the influence of mometasone and prednisolone, two other glucocorticosteroids in clinical use, on H. influenzae survival in the cyclophosphamide-mouse model. Treatment with prednisolone (50 μM) gave a similar increased persistence phenotype as was observed for beclomethasone treatment (Supplementary Fig S1). Mometasone (50 μM) also appeared to promote H. influenzae persistence, although its influence was considerably less than the other two steroids tested.

The effects of beclomethasone on H. influenzae persistence were also examined in C57BL/6 mice that did not receive the cyclophosphamide treatment. The same trend was observed where beclomethasone treatment enhanced H. influenzae persistence in the airway, although in this case, no dissemination to the spleen was seen (Supplementary Fig S2). Taken together, these data indicate that treatment with beclomethasone enhanced H. influenzae persistence in the airway and systemically in this model of infection.

Numerous previous studies have demonstrated H. influenzae infection of the murine airway induces the recruitment of leukocytes and other inflammation markers, which mirrors in part what is seen in a clinical setting (Hansen et al., 1988; Essilfie et al., 2011, 2012). In the current study, the inflammatory response of challenged mice was examined in terms of total leukocyte recruitment in the airways (see Materials and Methods). In the first set of experiments, mice were pre-treated with cyclophosphamide. At 3 days post-infection, the cell numbers that influx into the airways (including neutrophils, lymphocyte and eosinophils) were similar in beclomethasone-treated mice and mice that were treated with PBS only (Fig 1C). By 7 days post-infection, however, neutrophil numbers in the mice treated with beclomethasone remained at the level seen at 3 days and were significantly higher than those seen in PBS alone (Fig 1D). In contrast, overall lymphocyte numbers were similar in mice treated with beclomethasone compared with mice treated with PBS alone (Fig 1D). The effects of beclomethasone on the inflammatory response induced by H. influenzae in C57BL/6 mice that did not receive the cyclophosphamide treatment were also examined. In this case, more neutrophils were recruited on day 3 as with the cyclophosphamide-treated mice (Supplementary Fig S2), but this elevation returned to normal levels by day 4.
The observed continued recruitment of neutrophils at day 7 in the cyclophosphamide-mouse model of \textit{H. influenzae} infection was unexpected. However, this observation is not unprecedented in the clinical setting; examination of neutrophilic asthma patients showed neutrophil numbers increase in those patients undergoing inhaled corticosteroid treatment (see Simpson \textit{et al}, 2006). Overall, our results suggest that the presence of beclomethasone increases the capacity of \textit{H. influenzae} to persist in mice but these findings do not establish whether this is a direct effect of the glucocorticosteroid on the bacteria or whether this is an indirect effect, mediated through an influence on the host, including recruitment of immune cells.

Glucocorticosteroids induce specific changes in \textit{H. influenzae} gene expression in culture

As an approach to understanding the possible direct influence of glucocorticosteroids on \textit{H. influenzae}, we examined the impact of beclomethasone on gene expression of bacteria using high-throughput cDNA sequencing techniques. For these experiments, bacteria were grown in complex sBHI medium, which is brain–heart infusion medium supplemented with hemin and NAD (see Materials and Methods). RNA was derived from bacteria grown in the presence and absence of beclomethasone (50 \textmu M) and, following RNA depletion, the remaining RNA was fragmented, reverse-transcribed into cDNA and sequenced using the Illumina platform. Between 20 and 30 million reads were derived from each sample, which were aligned to non-rRNA sequences in the \textit{H. influenzae} genome, comprising the 1,788 annotated ORFs (Supplementary Table S1). The correlation of technical replicates was very high, suggesting that variations introduced during library construction and sequencing do not significantly contribute to differences in gene expression between samples. A total of 61 genes were significantly differentially expressed by at least threefold (\textit{P}_{\text{adj}} < 1 \times 10^{-5}) during growth of \textit{H. influenzae} in sBHI in the presence or absence of beclomethasone (see Materials and Methods). Of the 61 genes regulated by beclomethasone, 29 genes were up-regulated and 32 genes were down-regulated (Fig 2A and B and Supplementary Table S2).

Those genes whose expression was increased by beclomethasone treatment included those with protein products involved in adaptive responses such as iron uptake (HI0994), biofilm formation (HI1344), stress response (HI0628) and antimicrobial resistance (HI1275) as well as the \textit{yfe} operon (HI0359–HI0362), which encodes...
an ABC transporter putatively involved in metal ion uptake and previously implicated in *H. influenzae* virulence regulation, adherence to host cells and host immune evasion (Whitby et al., 2006; Jalalvand et al., 2013; Su et al., 2013).

The effect of beclomethasone on the level of transcript was validated by quantitative reverse-transcription polymerase chain reaction (qRT–PCR). The genes selected for these analyses represented those from diverse functional classes with some previously implicated in virulence and biofilm regulation in *H. influenzae* with a fold change of three or higher (Fig 2C). Importantly, this subset of those genes that showed a response to beclomethasone showed a similar alteration in expression when *H. influenzae* was cultured in the presence of prednisolone, another glucocorticosteroid taken by asthmatics (Supplementary Figs S3 and S4). In contrast, many of these genes showed no alteration in expression in response to dehydroepiandrosterone, an unrelated steroid that is found abundantly in human tissue (Supplementary Fig S3).

**Genes showing specific changes in expression during *H. influenzae* infection include a subset that is influenced by glucocorticosteroids in culture**

The effects of glucocorticosteroids on gene expression of *H. influenzae* in culture raised the issue of whether similar alterations in gene expression occur in the mouse model treated with glucocorticosteroids. As with other opportunistic pathogens, *H. influenzae*...
modulates its gene expression upon colonization of its mammalian host. To gain understanding of this adaptation of *H. influenzae* to the host environment (in the presence of beclomethasone treatment), we systematically cataloged the transcriptomes of bacteria grown *in vivo*, using high-throughput cDNA sequencing techniques. RNA was derived from organisms isolated directly from the lung homogenates of infected mice and, following RNA depletion, the remaining RNA was fragmented, reverse-transcribed into cDNA and sequenced. Illumina-based RNA-seq was used for the characterization of bacteria within the lung tissue, which reach densities of $10^5$ CFU/ml. We chose to profile the infection 3 days post-inoculation because this represents the midpoint of the trajectory of the infection.

A total of 35-40 million reads were derived from murine samples and were aligned to non-rRNA sequences in the *H. influenzae* genome (Supplementary Table S1). To identify genes that are differentially expressed during murine infection and in sBHI medium with or without glucocorticoid, we compared the RNA-seq data for these conditions using DESeq, a differential expression analysis package for RNA-seq data that presumes that abundance of reads can be modeled by a negative binomial distribution (An et al., 2013). These analyses revealed that expression of 129 (7.2%) of the 1,788 annotated *H. influenzae* ORFs was significantly altered (≥3-fold, $P_{adj} < 1 \times 10^{-5}$) in the mouse model of infection by comparison with bacteria grown in culture without glucocorticoids; expression of 58 genes (3.2%) was up-regulated, whereas expression of 71 genes (4.0%) was down-regulated (Fig 2A and B and Supplementary Table S2).

Comparison of these alterations in the transcriptome with those induced by the presence of beclomethasone in culture revealed a significant overlap (Fig 2A and Supplementary Table S2). Nevertheless, a large number of genes ($n = 82$) whose expression is altered in bacteria in the host are not regulated by glucocorticoid in culture, consistent with the contention that these are responses of *H. influenzae* to other aspects of the host environment. While the majority of these differentially expressed genes were annotated as hypothetical proteins, several have recently been shown to encode factors required by *H. influenzae* for growth and/or colonization of the host. These included HI0174 (mmnA), HI0274 (glxX), HI0479 (atpD), HI0629 (mcaL), HI1547 (aroG) and HI1548 (loLE) (Gawronska et al., 2009). Additional regulated genes encoded factors that have been previously reported to contribute to *H. influenzae* virulence: HI1544 which encodes a NAD(P)H oxidoreductase and HI1707 which encodes the sensor kinase, FisS (Steele et al., 2012).

To assess the reliability of RNA-seq data in determining the relative abundances of individual transcripts in the presence of beclomethasone, we used the same total RNA samples determined by qRT–PCR: the mRNA levels of five up-regulated genes (HI0075, HI0095, HI0628, HI1275 and HI1677) and four down-regulated genes (HI0127, HI0811, HI1177 and HI1431) (Fig 2D). The ratios of the transcripts from samples determined by RNA-seq to those obtained by qRT–PCR were in concordance.

Transcript levels of glucocorticosteroid-responsive *H. influenzae* genes in sputum from asthma patients

The above findings suggest that glucocorticosteroids may influence the expression of specific *H. influenzae* genes in asthma patients. In order to test this hypothesis, the transcript level of three corticosteroid-responsive genes (HI0359, HI0628 and HI0994) was established by qRT–PCR on sputum samples collected from twenty-four asthma patients. A comparison of the demographics and asthma characteristics of these patients are shown in Table 1. There were no significant differences in gender, smoking history (defined as % current and past smoker), obesity (defined as BMI $\geq 30$ kg/m$^2$), nasal disease, atopy and serum IgE. All patients were taking standard inhaled glucocorticosteroid therapy using beclomethasone or mometasone routinely.

Inhaled beclomethasone is prescribed much more frequently (in 90% of cases) than mometasone, probably because it is effective but of lower cost than mometasone (Friedman et al., 2010). However, mometasone only needs to be administered once every 24 h, whereas beclomethasone is administered two or three times in the same period. The clinical choice between beclomethasone and mometasone is informed by cost, administration frequency as well as past experience (Friedman et al., 2010).

Patients had a significant load of pathogenic bacteria in their sputum as detected by culture methods. The bacteria detected included *H. influenzae*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Methicillin*-resistant *S. aureus* (MRSA), *Streptococcus pneumoniae*, *Moraxella catarrhalis*, *Achromobacter xylosoxidans*, *Klebsiella oxytoca* and *Stenotrophomonas maltophilia* (Table 1). *H. influenzae* was identified in 20 of the 24 sputum samples with *P. aeruginosa* and *S. aureus* being even more commonly found. All patients had more than one bacterial species cultured.

Total RNA was isolated from the 24 sputum samples obtained from these asthma patients. Contaminating DNA was degraded, total RNA was quantified, and equal amounts were subjected to qRT–PCR. Overall, 20 of the 24 sputum samples from patients tested positive for the expression of the selected corticosteroid-responsive genes HI0359, HI0628 and HI0994. There was a direct correlation between the presence of a qRT–PCR amplicon and the presence of *H. influenzae* in sputum as revealed by culture but no correlation with the presence of any other pathogenic bacteria. Notably, the transcript level of these target genes was increased in patients who were currently using beclomethasone compared to those who were using mometasone (Table 1).

Clinical isolates of *H. influenzae* retain the ability to respond to glucocorticosteroids

Although an elevated level of expression of corticosteroid-responsive genes in *H. influenzae* strains in sputum from asthma patients is consistent with a direct response to beclomethasone, the findings do not exclude the possibility that clinical isolates have intrinsically higher levels of expression of these genes. To address this issue, the ability of a panel of seven *H. influenzae* clinical isolates to respond to glucocorticosteroids was assessed by measurement of the expression of *yfe* operon (HI0359–HI0362) and HI0628 and HI0994 by qRT–PCR. Addition of beclomethasone or prednisone to the *H. influenzae* isolates led to the up-regulation of *yfe* operon (HI0359–HI0362) and HI0628 and HI0994 in all strains, although to varying degrees (Supplementary Table S3). However, the level of alteration in expression in response to mometasone was considerably reduced (Supplementary Table S3). Taken together, the findings indicate that clinical isolates of *H. influenzae* retain the ability to respond to beclomethasone.
Identities of genes that mediate the response of *H. influenzae* to glucocorticosteroids

We next sought to understand the mechanism by which beclomethasone impacts bacterial gene expression. As outlined above, the addition of beclomethasone to *H. influenzae* cultures led to increased expression of *HI1677*, which encodes an iron-sulfur cluster repair protein (Fig 2D). This observation formed the basis of a screen for genes involved in the beclomethasone response. A reporter strain was constructed in which the *luxCDABE* reporter fusion was isolated, and following a rescreening to identify genes that mediate the response of a screen for genes involved in the beclomethasone response. A reporter strain was constructed in which the *luxCDABE* fusion was isolated, and following a rescreening to identify genes that mediate the response of a screen for genes involved in the beclomethasone response. 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membrane-associated anti-sigma factor, act to transduce signals perceived outside the cell membrane into a transcriptional response. On the basis of their putative action in the perception of extracellular signals, subsequent work focused on the potential role of the RpoE (HI0628) in the response of *H. influenzae* to glucocorticosteroids.

**RpoE regulates the expression of a subset of the genes influenced by glucocorticosteroids**

Previous studies demonstrated that *rpoE* (HI0628) is part of an extracytoplasmic stress operon that is required for intracellular survival of *H. influenzae* (Craig et al., 2001, 2002). HI0629 (*mclA*), which is immediately downstream of HI0628, encodes an anti-sigma factor that modulates the action of RpoE. To examine the extent of the overlap between those genes regulated by glucocorticosteroids and those regulated by *rpoE* or *mclA*, we first established the effect of deletion of *rpoE* or *mclA* on the global gene expression patterns. The transcriptomes of *rpoE* and *mclA* deletion mutants (constructed as described in Materials and Methods) were compared with the wild-type *H. influenzae* using RNA-seq.

Comparative transcriptome profiling of the *rpoE* deletion mutant and the wild-type parent established that expression of 68 genes was significantly influenced (> 3-fold change) by the loss of the sigma factor (Fig 3A, Supplementary Table S2). This analysis revealed that HI0628 controls expression of genes associated with a range of biological functions that include bacterial motility and attachment, stress tolerance, virulence, regulation, transport, multidrug resistance, detoxification and signal transduction. Genes associated with virulence and the formation of biofilms that are regulated by HI0628 include *yfe* operon (HI0359–HI0362), argR (HI1209) and potD (HI1344).

Inactivation of *mclA* led to significant alteration in the expression of 40 genes, the majority encoding hypothetical proteins. McIA and RpoE influenced expression of many of the same genes. For the majority of these genes, regulation was in opposite direction, which is consistent with the notion that McIA is a negative regulator of RpoE activity (Fig 3B). Nevertheless, RpoE and McIA regulated a small number of genes in the same direction (Fig 3B). The alteration in expression as revealed by the RNA-seq analysis was confirmed for selected genes by qRT–PCR (Fig 3B).

Comparisons of the effect on the transcriptome profile of *rpoE* (HI0628) mutation and the addition of exogenous corticosteroid revealed a number of genes (*n* = 66) whose expression appeared to be co-regulated (Fig 3A, Supplementary Table S2). Several transcriptional changes in co-regulated genes caused by *rpoE* mutation and corticosteroid addition to *H. influenzae* were confirmed by qRT–PCR (Fig 3C). As outlined above, McIA influenced many of these genes in the opposite directions to RpoE. Taken together, these findings are consistent with the contention that the RpoE–McIA system is modulated by glucocorticosteroids leading to altered expression of a specific subset of genes; however, our data also indicate that a subset of genes modulated by glucocorticosteroid addition are impacted independently of RpoE.

**Glucocorticosteroids can influence biofilm formation and antibiotic tolerance by *H. influenzae in vitro***

The influence of glucocorticosteroids on expression of genes implicated in biofilm formation and antibiotic tolerance in *H. influenzae* prompted us to examine the effect of beclomethasone on these phenotypes. For these experiments, *H. influenzae* was grown in μ-well chambers with sBHI medium and the bacteria were visualized with SYTO9 (see Materials and Methods). When grown alone, *H. influenzae* formed flat biofilms with little heterogeneity (Fig 4A(ii)). The addition of 1 μM glucocorticosterone to the sBHI medium promoted the development of a biofilm with a similar biomass to the bacteria grown without addition, although the structure showed less dense packing of cells (Fig 4A(iii)). This alteration in biofilm formation was not seen when dehydroepiandrosterone, a non-corticosteroid, was used in the assay (Supplementary Fig S5).

Previous studies have shown that *H. influenzae* biofilms cultured in sBHI medium are extremely tolerant to antibiotic treatment, mimicking to an extent what is seen during infection (Swords et al., 2004; Starner et al., 2008). To examine the influence of beclomethasone on antibiotic tolerance, *H. influenzae* biofilms generated in the presence and absence of 1 μM beclomethasone for 24 h were treated with azithromycin, an antibiotic often prescribed to asthma patients, at 150 μg/ml, which is a concentration measured in the lungs of patients (Starner et al., 2008). After 24 h of growth, the presence of azithromycin had substantially inhibited biofilm formation, with significantly decreased biofilm biomass and maximal thickness compared to the untreated control (Fig 4A(iii) and B). The presence of 1 μM beclomethasone decreased the effect of azithromycin on *H. influenzae* biofilms, as indicated by a lesser effect on biofilm biomass (Fig 4A(iv) and B). In contrast, the addition of dehydroepiandrosterone, which is not a glucocorticoid, did not alter the effect of azithromycin on *H. influenzae* biofilms (Supplementary Fig S5). These data suggest that glucocorticoid treatment of *H. influenzae* biofilms results in an increase in the tolerance to azithromycin. Importantly, *H. influenzae* strains grown planktonically in the presence and absence of beclomethasone showed no difference in tolerance to azithromycin (Supplementary Fig S6).

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**Table 2. Location of transposon insertions that influence activation of the *H. influenzae* HI1677::lux reporter by beclomethasone.**

<table>
<thead>
<tr>
<th>Disrupted gene</th>
<th>Polar effect possible&lt;sup&gt;a&lt;/sup&gt;</th>
<th>Hits of individual transposon mutants&lt;sup&gt;b&lt;/sup&gt;</th>
<th>Gene product</th>
</tr>
</thead>
<tbody>
<tr>
<td>HI0354</td>
<td>Y</td>
<td>2</td>
<td>CTP pyrophosphokinase, RelA</td>
</tr>
<tr>
<td>HI0628</td>
<td>Y</td>
<td>1</td>
<td>RNA polymerase sigma factor, RpoE</td>
</tr>
<tr>
<td>HI0910</td>
<td>N</td>
<td>1</td>
<td>Mutator protein, MutT</td>
</tr>
<tr>
<td>HI0999</td>
<td>Y</td>
<td>2</td>
<td>Ribonuclease P, RnpA</td>
</tr>
<tr>
<td>HI1275</td>
<td>Y</td>
<td>1</td>
<td>Tellurite resistance protein, TehB</td>
</tr>
<tr>
<td>HI1501</td>
<td>N</td>
<td>1</td>
<td>Hypothetical protein</td>
</tr>
<tr>
<td>HI1605</td>
<td>Y</td>
<td>1</td>
<td>Hypothetical protein</td>
</tr>
</tbody>
</table>

<sup>a</sup>None of these gene disruptions affect bacterial growth in complex media and minimal media.

<sup>b</sup>Possibility of Tn5 insertion affecting expression of other (downstream) genes. Y: yes; N: no.

<sup>c</sup>Number of different Tn5 insertion mutations mapped to the same gene.
The role of RpoE and MclA on *H. influenzae* biofilm formation and antibiotic tolerance was also investigated by the examination of biofilm grown in *l*-well chambers with sBHI medium. The *rpoE* and *mclA* mutant showed development of a biofilm with a similar biomass to the wild-type, although the bacteria within the structure were slightly less densely packed (Fig 5A(i–iii)). Interestingly, mutation of *rpoE* led to the *H. influenzae* biofilm being more tolerant to azithromycin treatment compared to wild-type (Fig 5A(iv–v) and B, Supplementary Fig S7). Similarly, mutation of *mclA* mutant led to an increase in azithromycin tolerance (Fig 5B, Supplementary Fig S7). Complementation restored these phenotypes toward wild-type (Supplementary Fig S7).

Glucocorticosteroids reduce the efficacy of azithromycin treatment against *H. influenzae* colonization in the mouse airway

There have been only a handful of reports addressing the effectiveness of antibiotic treatment against *H. influenzae* during respiratory infection (Vallee *et al.*, 1992; Sekiya *et al.*, 2008).
Therefore, to build on our observations that beclomethasone increases the capacity of *H. influenzae* to tolerate azithromycin in an *in vitro* model, we wished to assess the effect of beclomethasone on the efficacy of azithromycin treatment in a mouse model of infection.

Using a slight modification of the mouse model described above (see Materials and Methods), the C57BL/6 mice were infected with $1 \times 10^8$ CFU of *H. influenzae* and treated by inhaling PBS with or without 50 μM beclomethasone. Azithromycin was administered at a concentration of 100 μg/kg/24 h, a dose reported from several studies (Azoulay-Dupuis et al., 1991; Girard et al., 2005). The lung and spleen bacterial load was determined 3 days post-infection. C57BL/6 mice infected with *H. influenzae* with PBS exhibited considerable colonization (Fig 6A and B). Azithromycin appeared to be very effective in eradicating *H. influenzae* from mice treated with PBS alone (Fig 6A and B). However, with the addition of beclomethasone, bacteria appear to be present even after the mice had received 3 days of azithromycin treatment (Fig 6A and B).

The role of RpoE in modulation of the efficacy of azithromycin treatment during airway infection of mice was also investigated by studies of the clearance of the treatment during airway infection of mice was also investigated by studies of the clearance of the treatment during airway infection of mice. Addition of beclomethasone to the antibiotic treatment during airway infection of mice was also investigated by studies of the clearance of the treatment during airway infection of mice. However, with the addition of beclomethasone, bacteria appear to be present even after the mice had received 3 days of azithromycin treatment (Fig 6A and B).

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**Figure 4. Addition of corticosteroids affects biofilm formation and antibiotic tolerance of *H. influenzae*.**

*H. influenzae* biofilms were developed after 24 h in μ-well chambers in sBHI medium with and without corticosteroid and were then treated with the antibiotic azithromycin as specified.

A. (i) *H. influenzae* wild-type with DMSO (solvent control); (ii) *H. influenzae* wild-type treated with 1 μM beclomethasone (BEC); (iii) *H. influenzae* wild-type treated with 150 μg/ml azithromycin (AZO); and (iv) *H. influenzae* wild-type treated with 1 μM beclomethasone (BEC) and 150 μg/ml azithromycin (AZO). For these experiments, *H. influenzae* was visualized with SYTO9 (green strain), as described in Materials and Methods. Scale bars = 20 μm. Images shown are representative of 12 images from five independent experiments.

B. The biofilm biomass after treatments was quantified using COMSTAT. Data are presented as the average of five replicates, with error bar representing the standard deviation of the data. Statistical significance by two-tailed Student’s t-test is indicated: **P < 0.01.

**Discussion**

The work in this paper suggests that glucocorticosteroids such as beclomethasone have a direct and specific effect on *H. influenzae*, influencing expression of a subset of genes that underpin alterations in phenotypes, which include biofilm architecture and tolerance to antibiotic treatment *in vitro*. In a mouse model, beclomethasone increased the persistence of *H. influenzae* and reduced the efficacy of azithromycin in clearing the infection. These latter findings are consistent with previous observations using an infant mouse model of bacterial meningitis, where dexamethasone was shown to enhance the persistence of *H. influenzae* in blood and cerebral spinal fluid from mice undergoing treatment with the oral antibiotic cefuroxime (Rodriguez et al., 1991). The effects of glucocorticosteroid on the behavior of *H. influenzae* in mice may also be mediated by influences on the host as well as by direct effects on the bacterium. Indeed, it is now appreciated that the action of glucocorticoids can be more complex than simply acting as anti-inflammatory agents (reviewed in Cruz-Topete & Cidlowski, 2015). For example, glucocorticoids synergistically enhance the expression of TLR2 by *H. influenzae* in cultured human epithelial cells (Shuto et al., 2002).

Extrapolations from these models of infection to the asthma airway should be made cautiously; nevertheless, several lines of evidence support the notion that beclomethasone affects the behavior of *H. influenzae* in the asthma airway. Analysis of sputum taken from patients with asthma demonstrated elevated transcript level of three glucocorticosteroid-responsive genes (HI0359, HI0628 and HI0394), which was strongly correlated with the use of beclomethasone in patients colonized by *H. influenzae* (Table 1). In contrast,
the transcript level of these target genes was lower in patients who were currently using mometasone (Table 1). Furthermore, testing of a panel of *H. influenzae* clinical isolates showed that each had a similar response to beclomethasone as the model strain in altered transcription of HI0359, HI0628 and HI0994 (Supplementary Table S3). These findings indicate that these clinical isolates do not have an intrinsically higher level of expression of these target genes and support the conclusion that the pattern of gene expression of bacteria in sputum is, at least in part, a response to beclomethasone. These similarities to the behavior of the model strain further suggest that the presence of beclomethasone makes a contribution to the enhanced ability of *H. influenzae* to persist during antibiotic treatment for asthma.

Glucocorticosteroid treatments of asthma patients are associated with anti-inflammatory properties, but this contrasts with the response observed in our mouse model following bacterial infection. In challenged mice, glucocorticosteroid treatment showed similar increase in neutrophils and other immune cells comparable to mice that did not receive treatment. The anti-inflammatory activities of glucocorticosteroids in this situation may be counterbalanced *in vivo* by enhanced bacterial persistence. Furthermore, as mentioned above, glucocorticoids can have actions other than as anti-inflammatory agents, for example, in synergistic enhancement of the expression of TLR2 by *H. influenzae* (Shuto et al, 2002).

The detailed mechanisms by which beclomethasone exerts its influence on *H. influenzae* gene expression and phenotypes such as...
biofilm formation and antibiotic tolerance remain obscure. Currently, no glucocorticoid receptors have been identified in bacterial cells. Our mutant screen coupled with comparative transcriptomics indicates that some of the effects of beclomethasone may be exerted through an influence on the regulation of the ECF sigma protein, RseB. Under certain stress conditions, lipopolysaccharides (LPS) and outer membrane proteins (OMPs) are not incorporated into the outer membrane and accumulate in the periplasm. Periplasmic LPS binds RseB, freeing RseA to be cleaved by the OMP-activated protease DegS. This initiates further RseA degradation by the protease RseP, resulting in the release of RpoE into the cytosol (Barchinger & Ades, 2013; Lima et al., 2013). Over-expression of RseB down-regulates the RpoE pathway. In addition to this post-translational regulation, transcription of the rpoE gene is positively auto-regulated. It is highly likely that H. influenzae possesses a similar mechanism for the regulation of RpoE as in E. coli, although rpoE is essential in E. coli but not in H. influenzae. The overlapping effects on the transcriptome and phenotypes of the addition of beclomethasone, mutation of the sigma factor (rpoE) and mutation of the anti-sigma factor (mclA) genes are not consistent with a model in which glucocorticosteroids activate the RpoE stress response, but suggest they act to suppress the action of RpoE. Consistent with this contention, beclomethasone had no effect on the profile of outer membrane proteins of wild-type H. influenzae (Supplementary Fig S9). Suppression of RpoE action could involve direct binding of glucocorticosteroids to the sigma factor. To address this possibility, we determined the ability of purified RpoE to bind beclomethasone by isothermal titration calorimetry (Supplementary Fig S10). The experimental data show no binding and therefore do not support a direct binding model. These experiments do not rule out other mechanisms of beclomethasone action that include an inhibition of the regulated proteolysis of McIA/RseA or an influence on the RpoE::McIA balance by differential influences on transcription.

Our data show that the H. influenzae rpoE mutant biofilms were more tolerant of antimicrobial treatment than the wild-type. In contrast, rpoE mutants of other Gram-negative bacteria such as Salmonella enterica serovar Typhimurium and Vibrio cholerae have reduced survival in the presence of antimicrobials and attenuated virulence in various in vitro models (Humphreys et al., 1999; Osborne & Coombes, 2009). Furthermore, the H. influenzae mclA mutant biofilms showed similar tolerance to antibiotic treatment than the wild-type. These findings support the emerging view that biofilm formation in most bacteria instigates a completely different range of regulatory events to govern antimicrobial susceptibility than those activated during planktonic growth (Anderson et al., 2008; Osborne & Coombes, 2009).

Although the anti-inflammatory clinical benefits of glucocorticosteroid treatment are undeniable in many respiratory diseases, several recent studies have implicated such therapies in the development of bacterial pneumonia in asthma and COPD (Singanayagam et al., 2010). In addition, chronic bacterial infections of neutrophilic asthma Airways that involve H. influenzae are connected to the development of airway disease that is steroid resistant (Essilfie et al., 2012). Our studies point to the need to consider the impact on bacterial behavior as one factor in the choice of which glucocorticosteroid to be used and in design of the treatment regime. For example, prednisolone triggered similar alterations in gene expression of H. influenzae to those seen with beclomethasone, whereas mometasone had little effect (Supplementary Fig S4). Would the use of mometasone therefore be preferential to other glucocorticosteroids for patients also being treated with azithromycin? Would stopping the glucocorticosteroid treatment before antibiotics are applied promote the antibacterial effect? While several clinical trials have
reported an increased risk of bacterial pneumonia with the use of glucocorticosteroids in asthma and COPD patients, only specific patient trials designed to assess the above questions will inform clinicians. Overall, our data suggest the requirement for further studies to examine the action of glucocorticosteroids on bacteria that colonize the airway of individuals who rely on these therapeutic agents.

**Materials and Methods**

**Bacterial strains, growth conditions and media**

Strains and plasmids used in this study are described in Supplementary Table S4. *H. influenzae* strains were grown (overnight at 37°C) on brain–heart infusion agar plates supplemented with 10 μg/ml of hemin and 10 μg/ml of NAD (referred to as sBHI). *Escherichia coli* was grown on Luria-Bertani (LB) broth or LB agar plates at 37°C. When appropriate, the following concentrations of antibiotics were used: 50 μg/ml of kanamycin (Kan), 100 μg/ml of erythromycin (Em) and 150 μg/ml of azithromycin. Antibiotics were purchased from Sigma-Aldrich.

**DNA manipulations**

Molecular biological methods such as isolation of plasmid and chromosomal DNA, PCR, plasmid transformation as well as restriction digestion were carried out using standard protocols (Sambrook et al., 1989). PCR products were cleaned using the PCR purification kit (Qiagen), and DNA fragments were recovered from agarose gels using QiAquick minielute gel purification kit (Qiagen). Oligonucleotide primers were purchased from Sigma-Genosys.

**Construction of mutants in *H. influenzae* strains**

Mutants in *H. influenzae* strains were constructed using a modified protocol of the one described previously (Morey et al., 2013). Genes HI0628 and HI0629 were amplified separately in two parts by PCR with Taq polymerase (Promega™) using Rd KW20 genomic DNA as the template. Primers were designed based on the genome sequence of *H. influenzae* Rd KW20 and detailed in Supplementary Table S5. The first part of each gene was amplified to include ~200 bp of the region upstream of the predicted open reading frame, while the second part of the gene included ~200 bp downstream of the predicted stop codon. As restriction sites external to these flanking regions, internal SmaI sites were incorporated onto each ampiclon. The two separately amplified sequences were re-assembled in pBluescript and cloned into *E. coli* DH5a. Restriction digest using SmaI allowed the integration of an erythromycin cassette, which was taken from pBSLErm (Allen et al., 2005). The construct was linearized and used to transform chemically competent Rd KW20 using standard protocols. Transformants, which had successfully undergone recombination, were selected on sBHI containing 10 μg/ml Em. Complementation of mutant *H. influenzae* strains was carried out by inserting the relevant gene into open reading frame (ORF) HI0601.1; this ORF contains a frameshift in *H. influenzae* Rd KW20. The approach has been deployed successfully in a previous study (Morey et al., 2013). Copies of HI0628 and HI0629 genes were used to complement respective mutants (Supplementary Table S4).

**Construction of chromosomal reporter fusions**

The protocol used for the construction of the lux reporter fusion for HI1677 was a modification of the RED recombination protocols previously described by Lesic and Rahme (2008) and McCarthy et al. (2010). The HI1677 gene was amplified by PCR using forward and reverse primers HI1677-F and HI1677-R to include the region 250 bp upstream of the gene and was cloned into pGLuc. The HI1677::lux fusion was removed by restriction digest using HindIII and XbaI and cloned into pME6032-RedS cut with the same enzymes. This construct was electroporated into *H. influenzae* wild-type. Transconjugants were grown in sBHI to an optical density at 600 nm of 0.4 at 37°C, and recombination was induced by the addition of 0.2% L-arabinose for 1.5 h. The correct integration of the reporter cassette was confirmed by colony PCR using a reverse primer specific to the reporter and a forward primer specific to the upstream region of the target gene.

**Transposon mutagenesis and screening**

A library of mutants in the *H. influenzae* strain carrying the HI1677::lux fusion was constructed using EZ::Tn<KAN-2> Tnp transposome (Epiconcept technologies) as directed by the manufacturer. Briefly, 100 ng of transposon-containing plasmid was electroporated into newly prepared electrocompetent *H. influenzae* cells. Strains carrying the transposon insertion were identified by selection on Kan. The library of mutants was screened for loss of responsiveness of HI1677::lux expression to exogenous beclomethasone (50 μM). Strains were inoculated into microtiter wells containing sBHI medium with 50 μM beclomethasone by using a Qpix robot (Genetix™). The luciferase activity lysates of bacteria from each well were quantified as described previously (Deiwick et al., 1999). Briefly, equal amounts of bacterial cells as adjusted by the determination of optical density at 600 nm (OD600) were harvested by centrifugation and lysed. Luciferase activity in bacterial cell lysates was assayed using Luciferase Assay Kit (Promega™) and quantified in black microtiter plates by a Wallac Victor 21420 Multilabel Counter plate reader (Perkin Elmer™).

**Identification of transposon insertion sites**

Genomic DNA was extracted from transposon mutants of interest as previously described (Sambrook et al., 1989). To identify the genes that were interrupted by the EZ::Tn transposon, the random amplification of transposon ends (RATE) PCR method of Ducey and colleagues (Ducey et al., 2005) was utilized. Amplicons were sequenced using the Inv-specific primers (Supplementary Table S5). Sequence data generated were examined with blastn and blastx (http://www.ncbi.nlm.nih.gov/BLAST/) software.

**Enrollment of subjects and sputum sample collection**

Sputum samples from 24 asthma patients (January 2012–September 2013) were collected from Cork University Hospital. All study participants provided written consent. The Clinical Research Ethics
Committee of the Cork Teaching Hospitals (CREC) granted full approval to the project. All sputa were analyzed and then frozen at −80°C in 1-ml aliquots for further study. Patient clinical parameters were also recorded including the participant’s age, lung function, pulmonary administered steroids or antibiotics, and colonization by microorganisms identified by standard clinical laboratory cultivation techniques.

Ethics statement

Animal experiments were conducted in compliance with a protocol (# 16-051-11) approved by The Animal Experimentation Ethics Committee (AEEC) of University College Cork or Cork University Hospital. The Minister for Health accredits the University College Cork for conducting animal experiments. AEEC is guided by legislative requirements, in particular the Cruelty to Animals Act as amended and supplemented by the European Communities.

Infection and treatment of animals

Mouse infection was performed with modification of the procedures described by Sekiya et al (2008) and Wu et al (1997). Four-week-old female C57BL/6 mice (Charles River) were injected intraperitoneally with cyclophosphamide at 3 days pre-infection and on the day of infection at a dose of 66 mg/kg of body weight. Sample size was always five unless otherwise stated. Bacterial strains used for the intranasal challenge were grown in sBHI broth to an optical density (600 nM) of approximately 0.25. Subsequently, 20 μl of culture to have a final inoculum of 1 × 10^8 colony-forming unit (CFU) was administered to each mouse. After every 24-h period, animals were treated with 100 μl of PBS or PBS containing beclomethasone (50 μM) was pipetted into the nares and involuntarily inhaled. Five mice were sacrificed by carbon dioxide asphyxiation at days 1, 3, 5 and 7 post-challenge. Bronchoalveolar lavage (BAL) fluid (100 μl) and blood (75 μl) were collected from each mouse. After exposure of the trachea, the nasopharynx was washed with 1 ml of buffer (0.5% trypsin, 0.02% EDTA in sterile PBS) by insertion of a 26-gauge needle sheathed in tubing into the tracheal end of the upper respiratory tract. Buffer was allowed to drip into the nasopharynx slowly and was collected from the nose, with each wash taking approximately 40 s. Both lungs and spleen were entirely removed, rinsed twice in PBS to remove excess blood, weighed and placed in 2 ml of sterile PBS. The lungs and spleen were then homogenized at 10,000 g for approximately 10 s. All blood, lung, spleen and BAL washout samples were then serially diluted and plated on agar to determine the number of viable bacteria. Total cells present in the BAL were counted, and a differential cell count was performed on cytospins stained with Diff Quick.

For animal experiments examining the effectiveness of azithromycin treatment against *H. influenzae* during respiratory infection, mice were intranasally inoculated with 20 μl of the bacterial suspension in PBS (1 × 10^8 CFU/mouse). Each mouse was administered azithromycin once daily over the course of infection. On day 3 after infection, the lung and spleen were removed, homogenized with PBS and plated on agar to determine the number of viable bacteria.

**RNA extraction**

*H. influenzae* Rd KW20 strains (including mutants) were inoculated at an OD_{600} of 0.1 in sBHI [with 50 μM beclomethasone dipropionate (Sigma-Aldrich) if used]. Cultures were harvested during mid-log phase (OD_{600} = 0.7), and RNA was extracted using the High Pure RNA Isolation Kit (Roche). For the in vivo RNA samples, infected animals as described above were euthanized < 72 h post-infection. RNA was isolated from airway homogenate pellets using TRizol according to the manufacturer’s instructions. Samples were treated with DNase, and then RNA was removed from 1 to 5 μg of total RNA using the Ribo-Zero kit for Gram-negative bacteria (Epigen). rRNA-depleted samples were concentrated by EtOH precipitation.

**Gene expression profiling experiments**

RNA quality was assessed on a Bioanalyser PicoChip (Agilent), and RNA quantity was measured using the RNA assay on QuBit fluorometer (Life Technologies). Ribosomal RNA was depleted with Ribo-Zero™ rRNA Removal Kits for Gram-negative bacteria (Epigen). The percentage of rRNA contamination was checked on a Bioanalyser PicoChip (Agilent).

The rRNA-depleted sample was processed using the Illumina TruSeq RNA v2 sample preparation kit. In brief, the sample was chemically fragmented to ~200 nt in length and the cleaved RNA fragments were primed with random hexamers into first-strand cDNA using reverse-transcriptase and random primers. The RNA template was removed, and a replacement strand was synthesized to generate ds cDNA. The ds cDNA was end-removed to preserve the overhangs from the fragmentation into blunt ends. A single “A” nucleotide was added to the 3’ ends on the blunt fragments, which is complementary to a “T” nucleotide on the 3’ end of the Illumina adapters. At this stage, adapters containing 6-nt barcodes were used for different samples to allow the pooling of multiple samples together. The resulting bar-coded samples were enriched by 10 cycles of PCR to amplify the amount of DNA in the library. The final cDNA libraries were sequenced on an Illumina HiSeq2000 as per the manufacturer’s instructions.

The fluorescent images were processed to sequences using the Pipeline Analysis software 1.8 (Illumina). Raw sequence data obtained in Illumina FASTQ-format were first separated by their barcode sequence by comparing the first six bases with the expected barcode sequences. Successfully detected barcodes were removed from the sequence leaving paired-end reads of 30 nt in length, while reads containing no recognizable barcode sequence were discarded.

Reads for each sample were aligned to the *H. influenzae* Rd KW20 GCA_000027305.1 genome assembly (Ensembl bacteria genome database) using Bowtie version 2.0 with default parameters and randomness which when the program is faced with a sequence that aligns to multiple parts of the genome equally well, chooses one region randomly and the others are discarded. Transcript abundance was determined using the feature counts program to estimate the level of transcription for each gene, and the number of reads that mapped within each annotated coding sequence (CDS) was determined.

Differential expression was assessed using DESeq2, which estimates variance-mean dependence in read counts and uses negative binomial distribution to test for differential expression. The F-value
for fold change is calculated and adjusted to remove the effects of repetition. The entire dataset has been deposited in the European Bioinformatics Institute (EBI) European Nucleotide Archive site under accession number ERG003569.

Quantitative real-time PCR assays

The effect of HI0628 or HI0629 mutation or the addition of 50 μM of various steroids [beclomethasone dipropionate, prednisone, mometasone, dehydroepiandrosterone (Sigma-Aldrich)] to H. influenzae strains (including clinical isolates) on expression of genes was monitored by qRT–PCR. RNA was isolated from cultures of wild-type strain, wild-type supplemented with 50 μM steroid or mutant grown to an OD600 of 0.7, converted to cDNA using AMV Reverse Transcriptase (Promega) using conditions specified by the manufacturer. The quantitative PCR was carried out using Platinum® SYBR® Green qPCR SuperMix-UDG (Invitrogen). The primers used to amplify the genes are listed in Supplementary Table S2. As a control, RT–PCR was similarly applied to analyze expression of the 16S rRNA gene. The reverse transcription and PCR protocols were performed as described previously. The amplified products were subjected to electrophoresis on 2.5% agarose gels and stained with ethidium bromide. RT–PCR analysis was repeated at least twice for each gene tested.

Cultivation and image analysis of biofilms

H. influenzae strains were allowed to form biofilm in static μ-well chambers (Ibidi-tTreat) containing sBHI media incubated at 37°C as previously described (Jurcisek et al, 2011). These chambers have a physically treated cycloolefin polymer exterior with a surface energy of around 72 mN/m. When required, steroid at a concentration of 1 or 10 or 50 μM was added during initial biofilm formation. Biofilm antibiotic susceptibility testing was carried out on 24-h-old biofilms of H. influenzae strains grown as described above (in the presence or absence of steroid as required) and then treated with 150 μg/ml azithromycin for 3 h before visualization and quantification.

Biofilms were stained and visualized using SYTO 9 to color live biofilm cells green and propidium iodide stain (Life Tech), a normally cell-impermeable stain, to color dead cells red. All microscopic observations and image acquisitions were performed on a Zeiss LSM780 confocal laser scanning microscope equipped with an argon–krypton laser and with detectors and filter sets for monitoring SYTO 9 and for the recording of reflection (light) images. Images were obtained using a 63×/1.4 Plan-APoChromat differential interference contrast objective or a 40×/1.3 Plan-Neofluor oil objective. Multichannel simulated fluorescence projection (SFP) images, vertical xz sections through the biofilms and simulated three-dimensional (3D) images were generated using the IMARIS software package (Bitplane). Biofilm images were obtained to quantify biomass as described previously using COMSTAT software.

Statistical analysis

Significant differences between the means plus or minus standard deviations (SDs) of different groups were examined using a two-tailed unpaired Student’s t-test. A P-value of less than 0.05 was regarded as statistically significant. All variables remained significant after multiple testing.

The paper explained

Problem

Glucocorticosteroids are used as a main treatment to reduce airway inflammation in the majority of asthma patients. However, a large proportion of asthmatic patients that receive prolonged corticosteroid treatment develop chronic Haemophilus influenzae infection along with reduced responsiveness to steroid therapy. One aspect of the pathogenesis and therapy of asthma that has not received consideration is the potential direct influence of glucocorticosteroids on the behavior of H. influenzae. In particular, whether glucocorticosteroids have a direct impact on bacterial functions that promote persistence and tolerance to antibiotics remains an open question that we address in this paper.

Results

We have examined the impact of glucocorticosteroid treatment on H. influenzae during respiratory infection and neutrophilic asthma, as well as investigating impacts on H. influenzae biology in vitro. We show that the presence of beclomethasone promotes H. influenzae persistence without influencing the host inflammatory response in a mouse model of acute infection. Comparative transcriptional analysis of H. influenzae grown under standard laboratory conditions in the absence and presence of beclomethasone revealed that this glucocorticosteroid induces altered expression of genes implicated in biofilm formation, host colonization and survival in vivo. Importantly, examination of sputum samples from asthma patients undertaking inhaled steroid treatment showed that many of the H. influenzae genes with expression that was responsive to corticosteroid in vitro also had altered expression in bacteria during infection. Clinical isolates of H. influenzae showed similar alteration in the expression of specific target genes in response to beclomethasone or prednisone in vitro. A mutant screen and transcriptome profiling identified rpoE (HI0628) as an element in the corticosteroid response that acts to regulate a subset of the genes influenced by glucocorticosteroids. Mutation of rpoE or addition of corticosteroid to H. influenzae led to alteration in biofilm formation and enhanced resistance to azithromycin, an antibiotic often prescribed to asthma patients. Furthermore, in an animal model of respiratory infection, the presence of corticosteroid or mutation of rpoE promoted azithromycin resistance.

Impact

These results reveal a previously unrecognized contribution of glucocorticosteroid treatment to bacterial airway infections particularly in the context of asthma. Specifically, the findings suggest that glucocorticosteroid treatment influences H. influenzae behavior in the airway affecting biofilm formation, persistence and the efficacy of antibiotic therapy. These observations may inform clinical practice in the use of glucocorticosteroids in the treatment of asthma. In particular, the work points toward the need to consider the impact on bacterial behavior as one factor in the choice of which steroid to be used and in design of the treatment regime in the context of respiratory disease.

Supplementary information for this article is available online: http://embomolmed.embopress.org

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Author contributions
CSE and RPR are responsible for the concept and design of the study. CSE, TWK, SA, SM, YM, JC, JMD, LY, GAO and RPR are responsible for data and laboratory analyses. JW contributed to data analysis and interpretation. CSE, TWK, SA, SM, YM, JG, JMD, LY, GAO and RPR are responsible for data and interpretation. CSE, TWK, SA, SM, YM, JG, JMD, LY, GAO and RPR are primarily responsible for writing the manuscript. All authors contributed to manuscript editing and approval.

Conflict of interest
The authors declare that they have no conflict of interest.

References


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