Polyethylene glycol rinse solution: An effective way to prevent ischemia-reperfusion injury

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Abstract

AIM: To test whether a new rinse solution containing polyethylene glycol 35 (PEG-35) could prevent ischemia-reperfusion injury (IRI) in liver grafts.

METHODS: Sprague-Dawley rat livers were stored in University of Wisconsin preservation solution and then washed with different rinse solutions (Ringer’s lactate solution and a new rinse solution enriched with PEG-35 at either 1 or 5 g/L) before ex vivo perfusion with Krebs-Heinseleit buffer solution. We assessed the following: liver injury (transaminase levels), mitochondrial damage (glutamate dehydrogenase activity), liver function (bile output and vascular resistance), oxidative stress (malondialdehyde), nitric oxide, liver autophagy (Beclin-1 and LCB3) and cytoskeleton integrity (filament and globular actin fraction); as well as levels of metalloproteinases (MMP2 and MMP9), adenosine monophosphate-activated protein kinase (AMPK), heat shock protein 70 (HSP70) and heme oxygenase 1 (HO-1).

RESULTS: When we used the PEG-35 rinse solution, reduced hepatic injury and improved liver function were noted after reperfusion. The PEG-35 rinse solution prevented oxidative stress, mitochondrial damage, and liver autophagy. Further, it increased the expression of cytoprotective heat shock proteins such as HO-1 and HSP70, activated AMPK, and contributed to the restoration of cytoskeleton integrity after IRI.

CONCLUSION: Using the rinse solution containing PEG-35 was effective for decreasing liver graft vulnerability to IRI.

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Key words: Liver washout; Liver transplantation; Rinse solution; Ischemia-reperfusion injury; Polyethylene glycol 35; Nitric oxide; Adenosine monophosphate-activated protein kinase; Heme oxygenase 1; Heat shock protein 70; Metalloproteinases

Core tip: Research into optimal rinse solutions for graft washout is limited, and their clinical application...
is dependent on surgeon preference. We present a new rinse solution containing polyethylene glycol 35 (PEG-35) that is not only suitable for washing liver grafts after cold preservation, but also provided good graft protection against reperfusion injury. Using PEG-35 in the rinse solution resulted in less hepatic injury, a significant induction of cytoprotective proteins, and the preservation of cytoskeletal integrity. Thus, PEG-35 supplemented rinse solutions may contribute to liver graft protection against ischemia-reperfusion injury.

**INTRODUCTION**

Liver transplantation (LT) has had a profound impact on patient outcomes in end-stage liver disease, representing the most effective treatment for many patients with acute or chronic liver failure\(^1\). Ischemia-reperfusion injury (IRI) is an inherent risk of LT, and is often responsible for early graft failure within the first week of surgery\(^2,4\). IRI is initiated when the liver is recovered from the donor and placed in cold storage solution; it continues when the graft is re-warmed prior to LT, and persists at graft revascularization after LT\(^3,4\). Research has identified several strategies to reduce the impact of these multifactorial processes on graft function.

Maintaining organ viability during cold storage (i.e., preservation) is an important prerequisite for a successful outcome after LT\(^4,5\). For this reason, the composition of organ preservation solutions is crucial; during cold storage, the solution must prevent cell swelling, impaired energy metabolism, acidosis, and the accumulation of precursors of reactive oxygen intermediates\(^1,3\). Currently, the University of Wisconsin (UW) solution is the one most commonly used for LT\(^6,7\). However, several studies have reported that its composition is limited by: (1) the high concentration of K+ ions in preserved grafts that could cause cardiac arrest in the recipient at reperfusion\(^8\); (2) the oncotic agent, hydroxyethyl starch (HES), which confers high viscosity with incomplete distribution of the UW solution in the liver graft, particularly between the intravascular space and liver parenchyma; and (3) the hyper-aggregating effects of HES on erythrocytes, which may hamper liver graft reperfusion\(^9\). These limitations have led physicians to rinse grafts before revascularization to remove the K+ ions, HES, and toxins that accumulate during preservation, and to ensure optimal conditions for graft revascularization and viability.

Current studies on rinse solutions for organ washout are limited. Ringer’s lactate solution (RLS) was initially used, before a more effective alternative was proposed by Adam et al\(^10\) who used a macromolecular albumin solution to restrict reperfusion damage. Later, the Carolina rinse solution was shown to prevent IRI\(^11,13\), but it has a complex composition and contains HES, which induced red blood cell aggregation and incomplete washout\(^11\). Despite some reductions in liver injury, the optimal washout solution has yet to be established and current practice depends mostly on physician preference.

In previous studies, we have used polyethylene glycol (PEG) 35 as an oncotic agent in Institut Georges Lopez (IGL-1) preservation solutions for liver graft conservation\(^11-16\). PEG-35 is a non-toxic, water-soluble polymer that prevents red blood cell aggregation when compared to HES\(^11,13\). PEG has shown protective effects in different organs and can reduce oxidative stress through the preservation or restoration of membrane integrity\(^19\). Moreover, several studies have demonstrated the efficiency of PEG in kidney\(^20,24\), heart\(^21\), liver\(^22\), pancreas\(^23\), and small bowel\(^24\) preservation in experimental models and clinical studies.

In the present study, we investigated the efficacy of liver washout with a new PEG-35 rinse solution after graft cold preservation in UW solution.

**MATERIALS AND METHODS**

**Animals**

Male Sprague-Dawley rats (250 g body weight) were anesthetized under isoflurane inhalation according to European Union regulations (Directive 86/609 EEC), and surgery was performed as previously reported\(^23\). Animals were randomly distributed into groups as described below.

**Liver washout**

After 24 h cold storage in UW solution, the liver grafts were subjected to normothermic washout with different rinsing solutions (Table 1 and Table 2) and then re-perfused for 2 h at 37 °C. The experimental groups were as follows: Group 1, Ringer’s lactate solution (RLS) (n = 8) as shown in Table 1; the liver grafts were flushed with RLS (15 min; room temperature) and then re-perfused for 2 h at 37 °C. Group 2, Base solution (BS) (n = 8); same as Group 1, but flushed with the BS, as indicated in Table 2. Group 3, (BS + PEG5) (n = 8); same as Group 1, but flushed with BS supplemented with PEG-35 at 1 g/L (Table 2). Group 4, (BS + PEG5) (n = 8); same as Group 1, but flushed with BS supplemented with PEG-35 at 5 g/L (Table 2).

**Model of isolated perfused rat liver**

After cold storage in UW solution, the liver grafts were rinsed at room temperature for 15 min using one of the rinse solutions indicated above. Then livers were connected via the portal vein to a recirculating perfusion...
system for 2 h at 37 °C. Time zero was the point at which the portal catheter was satisfactorily connected to the circuit. As previously reported, during the first 15 min of perfusion (initial equilibration period), the flow was steadily increased until we achieved stabilization of the portal pressure at 12 mm Hg (Pressure Monitor BP-1; World Precision Instruments, Sarasota, Florida). The flow was controlled by a peristaltic pump (Minipuls 3; Gilson, France)26,27. The reperfusion liquid consisted of a cell culture medium (William’s medium E; Bio Whittaker, Barcelona, Spain) with a Krebs-Heinsleit-like electrolyte composition enriched with 5% albumin for oncotic pressure28,29. Before entering the liver, the buffer was exposed to a mixture of 95% O2 and 5% CO2, a heat exchanger (37 °C), and a bubble trap. During normothermic reperfusion lasting 120 min, the effluent was collected at 30 min intervals to measure the liver aminotransferase levels and the liver function (bile, vascular resistance). Biochemical parameters were measured 2 h after reperfusion.

Biochemical determinations

Transaminase assay: Hepatic injury was assessed by measuring transaminase levels using commercial kits from RAL (Barcelona, Spain). Briefly, 200 μL of effluent perfusate was added to the substrate provided by the commercial kit and the levels of aspartate aminotransferase (AST) and alanine aminotransferase (ALT) were determined at 365 nm with an ultraviolet spectrometer and calculated according to the manufacturer’s instructions27,28.

Bile Output: Liver function was assessed by measuring bile production. Bile was collected through a cannulated bile duct and output was reported as microliter per gram of liver (μL/g liver)28.

Vascular resistance: Liver circulation was assessed by measuring perfusion flow rate and vascular resistance. The perfusion flow rate was assessed continuously during reperfusion (expressed as mL/min/g liver). Vascular resistance was defined as the ratio of portal venous pressure to flow rate (expressed as mmHg/min/g liver/mL)28.

Glutamate dehydrogenase activity: The mitochondrial enzyme glutamate dehydrogenase (GLDH) was used as an indirect measure of mitochondrial damage as previ-

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<th>Table 2 Composition of the different rinse solutions: BS, BS+PEG35 at 1g/L (BS+PEG1) and BS+PEG35 at 5g/L (BS+PEG5)</th>
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BS: Base solution; BS + PEG1: BS with PEG-35 at 1 g/L; BS + PEG5: BS with PEG-35 at 5 g/L.

Lipid peroxidation assay: Lipid peroxidation in the liver was used as an indirect measure of the oxidative injury induced by ROS. Lipid peroxidation was determined by measuring the formation of malondialdehyde (MDA) with the thiobarbiturate reaction28.

Determination of nitrates and nitrates: Nitric oxide (NO) production by the liver was determined by measuring tissue accumulation of nitrates and nitrates, as previously reported29.

Western blot analysis

Liver tissue was homogenized as previously described28. Total protein was loaded in Laemmli buffer onto a SDS-polyacrylamide gel in a Mini Cell (Bio-Rad). The proteins were transferred to polyvinylidene difluoride membranes and blocked in 1 × phosphate buffered saline (PBS)/0.05% Tween 20/5% non-fat dry milk. Membranes were immunoblotted with antibodies directed against phospho-AMPK (adenosine monophosphate-activated protein kinase) (Thr172), total AMPK, Beclin-1, heat shock protein (HSP) 70 (BD Transduction Laboratories, Lexington, Kentucky); and β-Actin, actin, and heme oxygenase-1 (HO-1; Sigma Chemical, St. Louis, Missouri). The secondary antibody was added for 1 h and the membranes were developed using enhanced chemiluminescence reagents from Bio-Rad (Hercules, California) and quantified by scanning densitometry.

Zymography

Frozen tissue samples were homogenized with a lysis buffer and centrifuged as described elsewhere30. Supernatants were used for extraction of gelatinolytic activity with Gelatin-Sepharose 4B (Amersham Biosciences, Uppsala, Sweden). Extracted liver samples were used to perform gelatin zymography using gelatinase zymography standards. The gels were stained in 0.1% amido black in a 1:3:6 ratio of acetic acid:methanol:water for 30 min.
Statistical analysis

Data were expressed as mean ± SE, and were compared statistically by variance analysis, followed by the Student-Newman-Keuls test (Graph Pad Prism software). $P < 0.05$ was considered significant.

RESULTS

Liver injury

Effluent fluid was collected to determine ALT and AST levels after 2 h of reperfusion as a predictor of organ damage after cold IRI. Figure 1 shows the AST and ALT profiles of the liver grafts subjected to washout with RLS, BS, BS + PEG1, and BS + PEG5 solutions (Table 2). Use of the BS solution supplemented with PEG-35 prevented AST and ALT release after 2 h of reperfusion when compared to both the RLS and BS solutions. No differences were found when BS + PEG1 (1 g/L) and BS + PEG5 (5 g/L) solutions were compared.

Liver function

Liver function was assessed by measuring bile production and vascular resistance. As indicated in Figure 2A, a significant increase was observed in bile production after 2 h of reperfusion in liver grafts flushed with BS + PEG1 and BS + PEG5 rinse solutions when compared to RLS and BS alone. These results were consistent with a reduced vascular resistance after 2 h of reperfusion, as shown by the profiling studies reported in Figure 2B.

Oxidative stress and mitochondrial injury in the liver

To evaluate the effect of PEG-35 rinse solutions in oxidative stress and mitochondrial damage, we measured levels of MDA, a lipoperoxidation marker. We observed a significant MDA reduction with the PEG-35 rinse solutions when compared to RLS. These results were consistent with liver mitochondrial...
damage measured by GLDH activity in liver perfusate at the end of the 2-h reperfusion period. Livers rinsed with RLS showed the highest GLDH activity when compared to those rinsed with BS alone (Figure 3B). PEG-35 (either 1 g/L or 5 g/L) added to BS significantly reduced GLDH levels when compared to RLS and BS alone. No differences were observed between the PEG-35 groups.

**Cell signaling pathways implicated in liver protection**

We evaluated the cytoprotective cell signaling pathways involved in liver grafts by assessing the effect of PEG-35 rinse solutions on AMPK phosphorylation. We found a significant increase in phosphorylated AMPK levels in liver grafts rinsed with PEG-35 containing solutions when compared to RLS and BS (Figure 4A). This was concomitant with increases in nitrite/nitrate levels and eNOS activation (Figures 4B and C).

In addition, we examined the effect of PEG-35 rinse solutions on the induction of heme oxygenase-1 (HO-1) and HSP70 (known cytoprotective proteins involved in the reduction of liver damage after IRI). The highest HO-1 protein levels were observed in livers rinsed with PEG-35 solution when compared to RLS and BS alone. Major differences were observed between the 5 g/L and 1 g/L concentrations of PEG-35 (Figure 5A). The HSP70 protein expression pattern was similar to that described for HO-1 expression (Figure 5B).

**Liver cytoskeleton alteration**

Next, we evaluated the impact of PEG-35 rinse solutions on liver cytoskeleton distribution by assessing changes in filamentous actin (F-actin) and globular actin (G-actin). Our results demonstrated that the greatest G-actin fraction was observed in livers rinsed with the RLS when compared to BS and PEG-35 solutions (Figure 6). Conversely, the F-actin fraction was higher in the PEG-35 solution than in either RLS or BS alone (Figure 6). This was consistent with the metalloproteinase (MMP) activation shown in Figure 7. In fact, we observed a significant reduction in MMP9 activity in livers flushed with PEG-35 solutions when compared to those flushed only with RLS or BS. No differences were found between the PEG-35 solutions.
solutions. In addition, we observed an increased MMP2 activity only when BS was used. However, no differences were found between the PEG-35 solutions and RLS (Figure 7B). The alterations in the actin cytoskeleton resulted in changes in cell shape and adhesiveness: we observed sinusoidal shape changes in livers rinsed with RLS as opposed to a normal hexagonal morphology in livers rinsed with BS as opposed to a normal hexagonal morphology in livers rinsed with RLS.

Liver autophagy

In liver grafts subjected to 24 h of UW cold preservation and 2 h of reperfusion, we evaluated the incidence of liver graft autophagy by measuring the levels of established liver autophagy markers. We found that liver autophagy was significantly increased in livers flushed with BS + PEG5 compared to RLS and BS (Figure 4A). The expression of autophagy-related proteins, such as tubulin and e-NOS, was also increased in livers flushed with BS + PEG5 (Figure 4B). These results suggest that the PEG-35 solution induces a more robust autophagic response in liver grafts compared to RLS, which may be beneficial in reducing liver injury during reperfusion.

Liver regeneration

To assess the regenerative capacity of liver grafts under different rinse solutions, we evaluated the expression of liver regeneration markers, such as HSP70 and HO-1. We found that the expression of HSP70 and HO-1 was significantly increased in livers flushed with BS + PEG5 compared to RLS and BS (Figure 5A and B). These results suggest that the PEG-35 solution promotes liver regeneration in liver grafts compared to RLS, which may be beneficial in improving liver function after reperfusion.
lived markers, Beclin-1 and LCB3. As evidenced in Figure 9, Beclin-1 and LCB3 levels fell significantly in livers washed with PEG-35 rinse solutions compared to those washed with either RLS or BS alone.

DISCUSSION

Several rinse solutions have been proposed for the efficient washout of liver grafts before transplantation. In this paper we demonstrate that the washout step is necessary for both the removal of remaining preservation solution, and also for protecting the liver graft against IRI. Following our experience in the use of PEG-35 for fatty liver preservation,[17,28,29] we have explored its use as a rinse solution. Due to the fact that PEG-35 is the oncotic agent at low concentrations in the IGL-1 preservation solution, we compared rinse solutions supplemented with PEG-35 at 1 g/L and 5 g/L.

PEG polymers are water-soluble, biocompatible, nontoxic materials that are commercially available at different molecular weights.[1,19] PEG is approved for use in humans by the FDA, and its applications range from use as an excipient in drug formulations, cosmetics, and food preparations to use as a conjugating polymer for therapeutic protein delivery.[31] To date, the use of PEG in preservation solution has been associated with several advantages, but it has not yet been tested in rinse solutions. In this study, we demonstrated that the PEG-35 rinse solution prevented liver injury after 2 h of reperfusion when compared to the grafts flushed with either RLS or BS alone. This effective protection was concomitant with a subsequent improvement in hepatic function, as reflected by bile production[16,20,28] and a significant reduction in vascular resistance. These results are consistent with previous reports evidencing the protective role of different PEG molecules for organ preservation[16,20,28].

A growing body of evidence indicates that mitochondrial dysfunction is a critical pathological process in liver IRI. Impaired mitochondrial function results in defective energy use and excessive reactive oxygen species generation[32]. Here we demonstrated that the addition of PEG-35 to a rinse solution prevented mitochondrial damage and oxidative stress, when compared to either RLS or BS solutions. Our results are in line with previously reported data demonstrating the effective antioxidant role of PEG, through the suppression of lipid peroxidation, after rewarming cold-stored hepatocytes[33]. This prevention was also accompanied by increases in HSP70 and HO-1 expression. Overexpression of both HSPs, well known markers of graft survival after transplantation[34], was more relevant for PEG-35 at 5 g/L, when compared to 1 g/L suggesting that the higher concentration was more suitable for increasing liver graft tolerance to IRI.

In our study, the PEG-35 rinse solution increased phosphorylated AMPK levels. AMPK is an enzyme involved in cellular energy balance that regulates the downstream signaling pathways towards an energy-conserving state[35]. AMPK activation before or during organ preservation helps to limit organ injury and maintain graft qua-
We have previously reported that AMPK inducers ameliorated fatty liver graft preservation when added to preservation solutions. We have now demonstrated that PEG-35 rinse solutions contribute to AMPK activation; furthermore, rinsing liver grafts with solutions containing PEG-35 resulted in activation of constitutive eNOS and subsequent NO generation. NO is a gaseous vasodilator that protects liver endothelial cells against IRI. Its activation is consistent with the observed decreases in vascular resistance after washing out with PEG-35 rinse solutions, which are associated with NO generation and contribute to preventing microcirculation alterations after liver graft revascularization.

Changes in cytoskeletal structure and cell morphology occur in the liver following IRI that can ultimately lead to graft dysfunction. We have now demonstrated that PEG-35 rinse solutions contribute to AMPK activation; furthermore, rinsing liver grafts with solutions containing PEG-35 resulted in activation of constitutive eNOS and subsequent NO generation. NO is a gaseous vasodilator that protects liver endothelial cells against IRI. Its activation is consistent with the observed decreases in vascular resistance after washing out with PEG-35 rinse solutions, which are associated with NO generation and contribute to preventing microcirculation alterations after liver graft revascularization.

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In experimental models of hepatic IRI, inhibiting MMP2 and MMP9 has also reduced tissue damage[49,50]. In this study, we demonstrated that the PEG-35 rinse solutions inhibited MMP9 activity, suggesting cytoskeletal stability compared to either RLS or BS. This fact is consistent with the reduction of morphological alterations on confocal microscopy. Specifically, we observed that liver grafts rinsed with RLS or BS acquired a slightly deformed round shape, while those washed with PEG-35 rinse solutions demonstrated normal morphology.

Our results suggest that cytoskeletal integrity is better preserved by the presence of PEG-35 in rinse solutions. This is consistent with another study where high-molecular-weight PEG physically bound to cardiac myocyte plasma membranes was observed to activate signaling pathways that protect against hypoxia-reoxygenation associated cell death[49]. It has also been reported that PEG joins various regulatory elements of the endothelial cell barrier, thus providing beneficial effects on the architecture of the endothelial cytoskeleton[51].

Autophagy is associated with the turnover of long-lived proteins, cytosolic components, or damaged organelles. It is a highly regulated process involving the formation and delivery of autophagosomes to lysosomes for degradation. Based on growing evidence linking autophagy to IRI[52,53], we evaluated its potential involvement during the liver graft washout process. Indeed, autophagy has long been recognized to occur in organs under stress conditions such as IRI[52,53], although its precise role remains unclear and controversial. Although we know that the activation of autophagy during ischemia is essential for cell survival and maintaining organ function, through AMPK dependent mechanisms, its role during reperfusion could be detrimental[52,54,55]. Autophagy in reperfusion is accompanied by a robust up-regulation of Beclin-1, which in turn is exacerbated by the generation of reactive oxygen species, leading to a massive degradation of vital molecules and autophagic cell death[55,56].

In this study, we demonstrated that liver graft washout using a rinse solution containing PEG-35 prevented liver autophagy. This is demonstrated through diminished Beclin-1 and LC3B levels, similarly to that reported for post-conditioning in a rat brain model[57]. The data reported here are consistent with studies carried out by Gotob et al[58], who implicated autophagy in the initiation of graft dysfunction after rat liver transplantation. Thus, we can speculate that the prevention of mitochondrial damage and ROS production by PEG-35 could explain the decreases in Beclin-1 and LC3B after liver graft washout. The overall benefits of using PEG-35 as a rinse solution are summarized in Figure 10.

In conclusion, we have demonstrated that the use of a new rinse solution containing PEG-35 protects rat liver grafts against IRI and it could therefore be a useful clinical tool for increasing liver graft protection against reperfusion injury.

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COMMENTS

Background
Ischemia-reperfusion injury (IRI) is a determinant factor of graft function during and after liver transplantation. IRI is a complex process accompanied by oxidative stress, loss of cell membrane integrity, and cell death. Liver graft washout prior to revascularization is an obligatory step to remove any remaining preservation solution; however, this practice is dependent on individual surgical practices. Liver graft washout strategies are not standardized and have not been investigated in detail. Here, the authors propose a new rinse solution containing polyethylene glycol (PEG) 35 as suitable for liver graft protection against IRI. In addition, the underlying mechanisms are investigated.

Research frontiers
PEG is a non-toxic, water soluble polymer that has been associated with beneficial effects after various insults, including IRI. PEG is known to decrease reactive oxygen species, to protect liver mitochondria, to protect against cell death, and to help preserve cell membrane integrity. The presence of PEG-35 (35000 k-daltons) in the novel Institut Georges Lopez 1 preservation solution (as an oncotic agent) has been associated with the prevention of hepatic IRI. The benefits are due, in part, to adenosine monophosphate protein kinase and endothelial nitric oxide synthase activation. Thus, the authors added PEG-35 to a rinse solution to evaluate the potential benefits in washing-out and increased graft protection against IRI.

Innovations and breakthroughs
The authors provide evidence that washing out the liver grafts prior to reperfusion with a rinse solution that contains PEG-35 is an effective tool for providing a more effective protection against IRI. This is confirmed by decreases in hepatic injury and oxidative stress, ameliorated hepatic function, and more efficient preservation of liver endothelial integrity.
New rinse solution for preventing IRI

Applications
Liver graft washout with a PEG-35 rinse solution is a useful strategy for efficient graft rinsing and provides superior prevention before graft revascularization in clinical practice.

Terminology
Rinse solution is used for removing the remaining preservation solution and any toxic agents produced during cold storage of the graft. The use of rinse solution favors the most suitable graft revascularization and survival after transplantation.

Peer review
In this study, the authors studied a new rinse solution containing PEG-35 for preventing IRI in the liver graft. Using biochemical determinations, Western Blot Analysis, zymography and confocal fluorescence microscopy, they studied the function of PEG-35 in the processes of liver injury, liver function, oxidative stress, mitochondrial injury, liver cytoskeleton alteration and liver autophagy. While the role of PEG-35 in the protection against IRI is not surprising, I believe that there are merits in this study because it may give some clues for future research and clinical application in LT.

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